



MANDATORY PACKING LIST-HILO CAMPUS

(Revised April 2022)

MALES

REQUIRED ITEMS FOR ALL CANDIDATES

To be worn:

___ White T-shirt, **Black** shorts, white over the ankle socks & **Black** Running Shoes

To Be Hand-Carried: ___ Hawaii ID card/driver's license

MARK ALL HYGIENE PRODUCTS ONLY WITH CANDIDATES LAST NAME

To be packed:

1. ___ 5 Plain White T-Shirt (**NO "V" NECK**)
___ Given to candidate
2. ___ 5 Pr. Black Athletic Shorts (**SEWN POCKETS**)
___ Given to candidate
3. ___ 5 Pr. Spandex Shorts (**BLACK OR GRAY ONLY**)
4. ___ 10 Pr. Cotton Under wear
(LONG BRIEFS, COLOR. NO BOXER SHORTS)
___ Given to candidate
5. ___ 10 Pr. White Mid-calf Socks **ONLY**
___ Given to candidate
6. ___ 1 Plain black or gray sweatshirt & sweatpants
(NO HOOD/POCKETS/ZIPPERS)
7. ___ 1 Pr. Extra Black Running Shoes
8. ___ 1 Black shoe polish (**NO LIQUID**)
9. ___ 1 Pr. Shower Slippers/Sliders
(BLACK RUBBER; NO CROCS)
10. ___ 2 Bath Towels (**SOLID COLOR ONLY**)
11. ___ 2 Washcloths (**SOLID COLOR ONLY**)
12. ___ Toothbrush
13. ___ Toothbrush Holder
14. ___ 2 Tubes of toothpaste

- 15 ___ 12 pk Bath Bar Soap (**NO BODY/GEL WASH**)
- 16 ___ Plastic Bar Soap Holder
17. ___ Toothbrush Holder
18. ___ 2 tube, lip balm (**NON-FLAVORED**)
19. ___ 2 sticks of Deodorant (**NON-AEROSOL**)
- 20 ___ Address Booklet with Mentor/Family Info
(NO SPIRAL)
21. ___ 1 Box of Envelopes
22. ___ Book of First-Class Stamps
23. ___ 4 #2 Pencils (**NO MECHANICAL PENCILS**)
24. ___ Lined Letter Writing Paper
- 25 ___ 2 Standard Dial Combination Padlocks
26. ___ 1 Jump Drive
27. ___ 5 Cloth Face Mask (**OPTIONAL**)
28. ___ Prescription Eyeglasses (**IF NEEDED**)
NO CONTACT LENSES

To be given to Nurse:

29. ___ Sunscreen = 1 month supply (**NON-SCENTED**)

RECOMMENDED but not mandatory

1. ___ 1 Btl of Medicated Face Cream
2. ___ 1 Btl of UNSCENTED Body Lotion
3. ___ 1 Btl of Medicated Foot Powder
4. ___ Gel Insoles for Boots

5. ___ 1 Spiritual or Motivational Book
6. ___ Maximum of 5, Personal Photos-3x5
(NO TOBACCO, ALCOHOL, NUDITY OR GANG SIGNS)
7. ___ 1 Box of 500 Q-Tips
8. ___ 2 Pump Btls of hand soap

SEE BACK

NO ALCOHOL BASED PRODUCTS, SUCH AS MOUTH WASH, ASTRINGENT, ETC.

NO AEROSOL PRODUCTS (*Check bottom of container to make sure there is no rubber plug!*)

****All Contraband items will be returned to your parent or guardian immediately.**

Bring ONLY the items on this packing list.

- a. NO JEWELRY, CELL PHONES or other TECHNOLOGICAL DEVICES & NO MONEY
 - i. Unauthorized items will be returned to your parent or guardian immediately.
- b. REMOVE ALL body piercings and earrings before arriving.
- c. Bring ALL of your items in a large STURDY plastic hefty bag. No suitcases, duffel bags, purses or wallets.
 - i. Neighbor island applicants may bring 1 suitcase.
- d. CLOTHING – SHOPPING TIPS:
 - i. New clothing items are not necessary--Do not buy expensive clothing.
 - ii. Shirts and socks are to have no name brand logos showing on the outside of clothing.
--Small logos on Running Shoes and Shorts are allowed
- e. Shorts are to be middle to lower thigh in length.
 - i. No short shorts or shorts below the knees are allowed. Overly BAGGY or TIGHT clothing is not permitted.

HAIRCUTS:

Females

- i. Have hair up in a bun or short enough so that it does not touch your collar.
- ii. Hair must be all one NATURAL color
- iii. No extensions or beads are allowed.

MEDICATIONS:

- a. If you are taking any medications, do not quit taking anything before arriving.
 - i. All medications will be checked and signed in at the Medical Aid Station
- b. Bring all your medications with you in the original prescription bottle WITH YOUR NAME ON IT.



MANDATORY PACKING LIST-HILO CAMPUS

(Revised April 2022)

FEMALES

REQUIRED ITEMS FOR ALL CANDIDATES

To be worn:

___ White T-shirt, **Black** shorts, white over the ankle socks & **Black** Running Shoes

To Be Hand-Carried: ___ Hawaii ID card/driver's license

MARK ALL HYGIENE PRODUCTS ONLY WITH CANDIDATES LAST NAME

To be packed:

1. ___ 5 Plain White T-Shirt (**NO "V" NECK**)
___ Given to candidate
2. ___ 5 Pr. Black Athletic Shorts (**SEWN POCKETS**)
___ Given to candidate
3. ___ 5 Pr. Spandex Shorts (**BLACK OR GRAY**)
4. ___ 10 Pr. Cotton Under wear (**SOLID COLOR ONLY**)
(**NO THONGS/PRINTS/BRIGHT OR LINGERIE TYPES**)
___ Given to candidate
5. ___ 10 Pr. White Mid-calf Socks **ONLY**
___ Given to candidate
6. ___ 1 Plain black or gray sweatshirt & sweatpants
(**NO HOOD/POCKETS/ZIPPERS**)
7. ___ 1 Pr. Extra Black Running Shoes
8. ___ 1 Black shoe polish (**NO LIQUID**)
9. ___ 1 Pr. Shower Slippers/Sliders
(**BLACK RUBBER; NO CROCS**)
10. ___ 2 Bath Towels (**SOLID COLOR ONLY**)
11. ___ 2 Washcloths (**SOLDI COLOR ONLY**)
12. ___ Toothbrush
13. ___ Toothbrush Holder
14. ___ 2 Tubes of toothpaste

- 15 ___ 12 pk Bath Bar Soap (**NO BODY/GEL WASH**)
- 16 ___ Plastic Bar Soap Holder
17. ___ Toothbrush Holder
18. ___ 2 tube, lip balm (**NO-FLAVORED**)
19. ___ 2 sticks of Deodorant (**NON-AEROSAL**)
20. ___ Address Booklet with Mentor/Family Info
(**NO SPIRAL**)
21. ___ 1 Box of Envelopes
22. ___ Book of First-Class Stamps
23. ___ 4 #2 Pencils (**NO MECHANICAL PENCILS**)
24. ___ Lined Letter Writing Paper
25. ___ 2 Standard Dial Combination Padlocks
26. ___ 1 Jump Drive
27. ___ 5 Cloth Face Mask (**OPTIONAL**)
28. ___ Prescription Eyeglasses (**IF NEEDED**)
NO CONTACT LENSES

To be given to Nurse:

29. ___ Sunscreen = 1 month supply (**NON-SCENTED**)

REQUIRED ITEMS FOR FEMALES ONLY

1. ___ 5 Sports Bras: White, Black or Gray
2. ___ 2 Btl Uku (*Lice*) Shampoo/Treatment
(**TO BE GIVEN TO NURSE**)
3. ___ Hair Gel (*non-alcohol, non-scented*)
4. ___ 1 Hairbrush or comb

5. ___ 2 Lrg Shampoo & Conditioner
6. ___ 4 Pkg Hair Bands (**MATCH HAIR COLOR**)
- 7 ___ 1 Btl of Scalp Oil (**FOR TEXTURED HAIR**)
8. ___ 1 Large box of Pads & or Tampons
9. ___ 1 Loose Rash Guard

RECOMMENDED but not mandatory

1. ___ 1 Btl of Medicated Face Cream
2. ___ 1 Btl of UNSENTED Body Lotion
3. ___ 1 Btl of Medicated Foot Powder
4. ___ Gel Insoles for Boots

5. ___ 1 Spiritual or Motivational Book
6. ___ Maximum of 5, Personal Photos-3x5
(**NO TOBACCO, ALCOHOL, NUDITY OR GANG SIGNS**)
7. ___ 1 Box of 500 Q-Tips
8. ___ 2 Pump Btls of hand soap

SEE BACK

NO ALCOHOL BASED PRODUCTS, SUCH AS MOUTH WASH, ASTRINGENT, ETC.

NO AEROSOL PRODUCTS (*Check bottom of container to make sure there is no rubber plug!*)

****All Contraband items will be returned to your parent or guardian immediately.**

Bring ONLY the items on this packing list.

- a. NO JEWELRY, CELL PHONES or other TECHNOLOGICAL DEVICES & NO MONEY
 - i. Unauthorized items will be returned to your parent or guardian immediately.
- b. REMOVE ALL body piercings and earrings before arriving.
- c. Bring ALL of your items in a large STURDY plastic hefty bag. No suitcases, duffel bags, purses or wallets.
 - i. Neighbor island applicants may bring 1 suitcase.
- d. CLOTHING – SHOPPING TIPS:
 - i. New clothing items are not necessary--Do not buy expensive clothing.
 - ii. Shirts and socks are to have no name brand logos showing on the outside of clothing.
--Small logos on Running Shoes and Shorts are allowed
- e. Shorts are to be middle to lower thigh in length.
 - i. No short shorts or shorts below the knees are allowed. Overly BAGGY or TIGHT clothing is not permitted.

HAIRCUTS:

Females

- i. Have hair up in a bun or short enough so that it does not touch your collar.
- ii. Hair must be all one NATURAL color
- iii. No extensions or beads are allowed.

MEDICATIONS:

- a. If you are taking any medications, do not quit taking anything before arriving.
 - i. All medications will be checked and signed in at the Medical Aid Station
- b. Bring all your medications with you in the original prescription bottle WITH YOUR NAME ON IT.