

MANDATORY PACKING LIST

(Revised December 2021)

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

REQUIRED ITEMS FOR ALL CANDIDATES

To be worn:

Males: Men's white button down short sleeve shirt (**No T-shirts**), black tie, black slacks, white underwear, dark colored belt, dark colored dress shoes & face mask.

Females: Black Slacks, (**No leggings or skirts**), white blouse with sleeves (**No see through or T-shirts**), white underwear, white sports bra, dark colored closed sandals/dress shoes and face mask.

Additionally: Parents are encouraged to purchase the YCA Physical Training clothing from the *Super Threads* vendor who will be onsite during in-processing. Cost is \$95 via money order, cash or credit card. There will also be a \$15 cost for a water Backpack (cash only for this item). Payment will be accepted on in-processing day.

To be hand-carried:

___ Hawaii State ID card/Driver's license or Drivers permit/Passport/Military ID card.

To be packed:

- ___ 5 Pr. Spandex Shorts, (**Dark Colors**)
- ___ 1 Gray Sweatshirt
(**No hoods & No logos**)
- ___ 10 Pr. White Cotton Underwear *
- ___ 10 Pr. White Crew Socks Only
- ___ 2 Pr. Running Shoes (**Dark Colors**)
- ___ 1 Pr. Shower Slippers (**All rubber**)
NO SLIDES or SANDALS
- ___ 1 Black Shoe Polish kit, (**3 cans polish**)
- ___ Lined Letter Writing Paper
- ___ 1 Box of Envelopes
- ___ Book of First-Class Stamps
- ___ Address Book (**Mentor/Family Info**)
- ___ 2 Bath Towels & 2 Washcloths
(**Dark Blue**)
- ___ 2 Standard Combination Padlocks
- ___ 2, 1-Gallon bottles of **Non-Scented, Hypoallergenic** Liquid Laundry Detergent
(**Oahu Residents Only - Item will not be returned**)
- ___ 2 Lrg Shampoo (**Conditioner optional**)
- ___ 1 Nail Clippers, (**No file attached**)
- ___ Toothpaste & Toothbrush w/Holder
- ___ Bath Bar Soap with Plastic Holder
- ___ 2 Pkg, 10 ct. Disposable Razor
NO SHAVING CREAM
- ___ 2 Sticks of Deodorant (**Non-aerosol**)
- ___ Prescription Eyeglasses, (**if needed**)
NO CONTACT LENSES
- ___ 2 White Plastic Hangers
- ___ Aloha Attire (**Males – Aloha Shirt & Females – Aloha Print Blouse**)

***Underwear:** Males: White Cotton Briefs – **No Boxer Shorts**

Females: White Cotton Panties. **No Thongs/Print/Bright or Lingerie types**

REQUIRED ITEMS FOR **FEMALE** CANDIDATES **ONLY**

- ___ 5 Sports Bras: (**White, Nude or Light Gray**)
- ___ 1 Bottle Uku (**Lice**) Shampoo
- ___ Hair Gel (**non-alcohol, non-scented**)
- ___ 1 Hairbrush or Comb
- ___ 4 Pkg Hair Bands (**Match hair color**)
- ___ 1 Btl of Scalp Oil (**for textured hair ONLY**)
- ___ 1 Pkg Snap hair clips (**Match hair color**)
- ___ 1 Large box of Pads and/or Tampons
- ___ 1 Shower cap & 1 white bath towel

RECOMMENDED but not mandatory.

- ___ 1 Btl. of Medicated Face Cream
- ___ 1 Btl. of Unscented Body Lotion
- ___ Sunscreen = 1 Month Supply (**non-scented**)
- ___ 1 Dental Floss (**non-flavored**)
- ___ 1 tube, Lip Balm (**non-flavored**)
- ___ 1 Btl. of Medicated Foot Powder
- ___ Gel Insoles for Boots
- ___ 1 Spiritual or another Motivational Book
- ___ Maximum of 4, Personal Photos (3 x 5)
(**No Tobacco, Alcohol, Nudity, or Gang Signs**)
- ___ \$10 Wristwatch (no expensive/apple watches)

NOTE: **DO NOT BRING CASH**

NO ALCOHOL BASED PRODUCTS, SUCH AS MOUTH WASH, ASTRINGENT, ETC.

NO AEROSOL PRODUCTS (Check bottom of container to make sure there is no rubber plug)!

**All Contraband items will be returned to your parent or guardian immediately or put back in their bag they came in with. **

Bring ONLY the items on this packing list.

- **NO JEWELRY, CELL PHONES or other TECHNOLOGICAL DEVICES.**
 - Unauthorized items will be returned to your parent or guardian immediately.
- REMOVE ALL body piercings and earrings before arriving.
- Bring ALL of your items in a duffle bag or suitcase. No purses or wallets.
 - Neighbor island applicants may bring 1 suitcase.
- CLOTHING – SHOPPING TIPS:
 - New clothing items are not necessary.
 - Do not buy expensive clothing.
 - Socks are to have **no name brand logos showing** on the outside of clothing.
 - *Small logos on Running Shoes are allowed.*
- FEMALES: **No fake nails or nail polish, no wigs or hair extensions no fake eye lashes.**

HAIRCUTS:

Males

- Arrive with their hair cut short. **DO NOT** shave your head Lowest to #1. No block or cut lines.

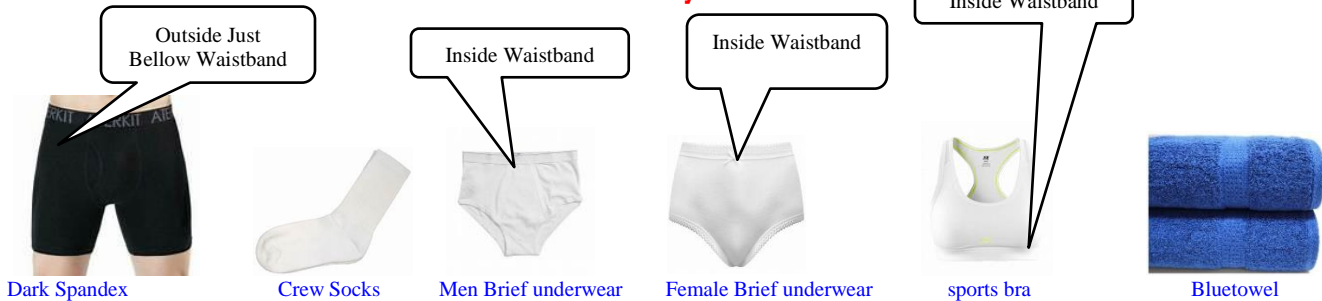
Females

- Have hair up in a bun or short enough so that it does not touch your collar.
 - Hair must be all one **NATURAL** color.
 - No extensions or beads are allowed.

MEDICATIONS:

- If you are taking any medications, do not quit taking anything before arriving.
- Bring all your medications with you in the original prescription bottle **WITH YOUR NAME ON IT.**
 - All medications will be checked and signed in at the Medical Aid Station.

MARKING PERSONAL ITEMS: **Print Last Name Only**



Mark items with **LAST NAME** only for identification

Academy uniforms and boots will be issued after you successfully complete the 2-week Acclimation phase.