

MANDATORY PACKING LIST

(Revised December 2016)

REQUIRED ITEMS FOR ALL CANDIDATES

To be worn:

___ White T-shirt, **Black** shorts, white over the ankle socks & **Black** Running Shoes

Additionally: Parents are required to purchase the YCA Physical Training clothing from the Super Threads vendor who will be onsite during in-processing. Cost is \$85 to be collected at in-processing via money order, cash or credit card. Payment will be accepted on in-processing day, 17 January for males & 18 January for females.

(You still need to show up in the Black Shorts and White T-Shirt)

To be hand-carried:

___ Hawaii ID card/driver's license

To be packed:

- | | |
|---|--|
| 1. ___ 5 Pr. Spandex Shorts, (White or Light Gray) | 13. ___ 2 Standard Combination Pad-Locks |
| 2. ___ 10 Pr. White Cotton Under wear * | 14. ___ 2, 1-Gallon bottles of Non-Scented, Hypoallergenic Liquid Laundry Detergent |
| 3. ___ 10 Pr. Plain White Ankle Socks | 15. ___ 2 Lrg Shampoo (<i>Conditioner optional</i>) |
| 4. ___ 10 Pr. White Boot Socks | 16. ___ 1 Nail Clippers, (<i>No file attached</i>) |
| 5. ___ 1 Pr. Extra Running Shoes (Black only) | 17. ___ Toothpaste & Toothbrush w/Holder |
| 6. ___ 1 Pr. Shower Slippers (Black, rubber) | 18. ___ Bath Bar Soap with Plastic Holder |
| 7. ___ 1 Black Shoe Polish kit, (3 cans polish) | 19. ___ 2 Pkg, 10 ct. Disposable Razor
NO SHAVING CREAM |
| 8. ___ Lined Letter Writing Paper | 20. ___ 2 Sticks of Deodorant (<i>Non-aerosol</i>) |
| 9. ___ 1 Box of Envelopes | 21. ___ Prescription Eye Glasses, (<i>if needed</i>)
NO CONTACT LENSES |
| 10. ___ Book of First Class Stamps (@ Register) | |
| 11. ___ Address Booklet with Mentor/Family Info | |
| 12. ___ 2 Bath Towels & 2 Washcloths: Blue color | |

*Under Wear: Males: Long briefs, white – **No Boxer Shorts**

Females: White panties. **No Thongs/Prints/Animal/Hearts/Bright or Lingerie types**

REQUIRED ITEMS FOR FEMALE CANDIDATES ONLY

- | | |
|---|---|
| 1. ___ 1 Black T-Shirt | 6. ___ 4 Pkg Hair Bands (<i>Match hair color</i>) |
| 2. ___ 5 Sports Bras: White, nude or light Gray | 7. ___ 1 Btl of Scalp Oil (<i>for textured hair</i>) |
| 3. ___ 1 Btl Uku (<i>Lice</i>) Shampoo | 8. ___ 1 Pkg Hair Barrettes (<i>Match hair color</i>) |
| 4. ___ Hair Gel (<i>non-alcohol, non-scented</i>) | 9. ___ 1 Large box of Pads and/or Tampons |
| 5. ___ 1 Hairbrush or Comb | |

RECOMMENDED but not mandatory

- | | |
|--|---|
| 1. ___ 1 Btl of Medicated Face Cream | 6. ___ 1 Btl of Medicated Foot Powder |
| 2. ___ 1 Btl of Unscented Body Lotion | 7. ___ Gel Insoles for Boots |
| 3. ___ Sunscreen = 1 Month Supply (<i>non-scented</i>) | 8. ___ 1 Spiritual or other Motivational Book |
| 4. ___ 1 Dental Floss (<i>non-flavored</i>) | 9. ___ Maximum of 4, Personal Photos (3 x 5) |
| 5. ___ 1 tube, Lip Balm (<i>non-flavored</i>) | (No Tobacco, Alcohol, Nudity, or Gang Signs) |

NOTE: DO NOT BRING CASH

NO ALCOHOL BASED PRODUCTS, SUCH AS MOUTH WASH, ASTRINGENT, ETC.

NO AEROSOL PRODUCTS (*Check bottom of container to make sure there is no rubber plug!*)

**All Contraband items will be returned to your parent or guardian immediately.

Bring ONLY the items on this packing list.

- NO JEWELRY, CELL PHONES or other TECHNOLOGICAL DEVICES.
 - Unauthorized items will be returned to your parent or guardian immediately.
- REMOVE ALL body piercings and earrings before arriving.
- Bring ALL of your items in a large STURDY plastic hefty bag. No suitcases, duffel bags, purses or wallets.
 - Neighbor island applicants may bring 1 suitcase.
- CLOTHING – SHOPPING TIPS:
 - New clothing items are not necessary
 - Do not buy expensive clothing.
 - Shirts and socks are to have no name brand logos showing on the outside of clothing.
 - *Small logos on Running Shoes and Shorts are allowed*
- Shorts are to be middle to lower thigh in length.
 - No short shorts or shorts below the knees are allowed. Overly BAGGY or TIGHT clothing is not permitted.

HAIRCUTS:

Males

- Arrive with their hair cut short. **DO NOT** shave your head. No block or cut lines.

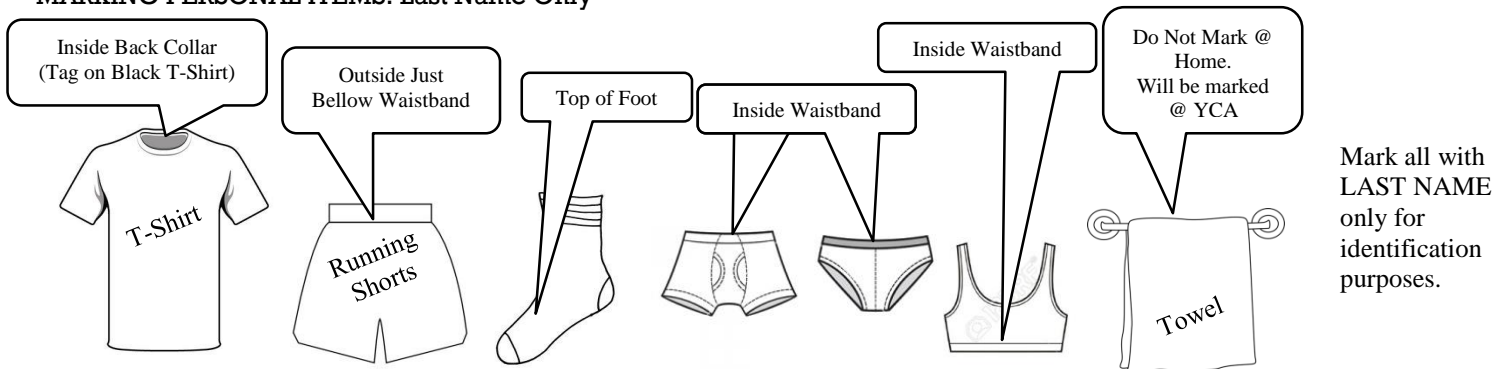
Females

- Have hair up in a bun or short enough so that it does not touch your collar.
 - Hair must be all one NATURAL color
 - No extensions or beads are allowed.

MEDICATIONS:

- If you are taking any medications, do not quit taking anything before arriving.
- Bring all of your medications with you in the original prescription bottle WITH YOUR NAME ON IT.
 - All medications will be checked and signed in at the Medical Aid Station.

MARKING PERSONAL ITEMS: Last Name Only



Approved by: John K. Cronin, Program Coordinator,
Hawaii Youth Challenge Academy Barber's Point

Academy uniforms and boots will be issued after you successfully complete the 2-week Acclimation phase.