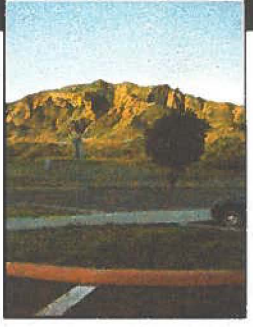


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Hawaii State Department of Defense

pupukahi

pupukahi: "harmoniously united"

Vol. 39, No. 1

3949 Diamond Head Road, Honolulu, Hawaii 96816-4495

April - September 2004

Calendar

October 11, Monday
Discover's Day, federal holiday only.

November 2, Tuesday
Election Day, state holiday only.

November 6, Saturday
Kauai Veterans' Parade, Kapaa, Kauai.

November 11, Thursday
Veterans' Day, federal and state holiday. Memorial services held at the National Memorial Cemetery of the Pacific at Punchbowl in the morning, Hawaii State Veterans Cemetery in Kaneohe in the afternoon, and at various locations throughout the state.

November 25, Thursday
Thanksgiving Day, federal and state holiday.

December 7, Tuesday
Pearl Harbor Remembrance Day. Hawaii Air National Guard F-15 Eagle jet fighters fly missing man formation.

December 18, Saturday
Hawaii National Guard Youth CHalleNGe Academy graduation, Pearl City Cultural Center, 11 a.m.

December 24, Friday
Christmas Day, federal and state holiday observed.

December 31, Friday
New Year's Day, federal and state holiday observed.

January 17, Monday
Martin Luther King Day, federal and state holiday.



Soldiers from the 29th Brigade Combat Team begin physical training with a motivation message from their commander, Brig. Gen. Joseph J. Chaves. Staff Sgt. Kenneth W. Denny photo

Brigade prepares to deploy as aviation unit returns

Brigade begins its activation

It was the dawn of a new day as Brig. Gen. Joseph J. Chaves, commander of the 29th Brigade Combat Team, assembled his soldiers dressed in Army PTs (physical training clothes) at Sills Field, Schofield Barracks, Aug. 20. It's the Brigade's first formation as federalized unit since the activation in May 1968 during the Vietnam War.

As daylight broke Chaves told his troops, "Beginning today, we will start to become warriors" and that over the next five months the soldiers will need to develop mental toughness and discipline. "You will have to become a team to prepare them for duty in Iraq," said Chaves. "And, the first step to becoming a warrior will be to do physical training six days a week."

The units participating in the formation included the 1st Battalion, 487th Field Artillery, 29th Support Battalion, 227th Engineer Company, 229th Military Intelligence Company, Company D of the 2nd Battalion, 299th Infantry, and the 100th Infantry Battalion. The 100th Infantry Battalion, the only infantry unit in the Army Reserve, serves as the Brigade's third infantry battalion. The rest of the Brigade's neighbor island units arrived later that day.

Active component welcomes Brigade

Col. Patrick T. Stackpole welcomed the soldiers to Schofield Bar-

racks on behalf of the U.S. Army, Pacific. Col. Jeffery Jarkowski, commander of the 196th Infantry Brigade (Training), presented a plaque to Chaves with the "Soldier's Creed" and pledged to help train and assist the Brigade.

Training plans

The Brigade is spending the next few months processing and training at Schofield Barracks and will then leave for Fort Bliss, Texas, for specialized training, and to Fort Polk, La., for evaluation.

The Brigade's other infantry battalion, the California-based 184th Infantry, reported directly to Fort Bliss.

The 29th Brigade is scheduled to deploy to Iraq in February 2005 to replace the Washington Army National Guard's 81st Brigade, whose major elements are in Balad, north of Baghdad.

Aviation maintenance unit swaps out teams deployed

Soldiers from Company B (Forward 1), 193rd Aviation returned home in late May, after passing the torch to Bravo Forward 2.

Maj. Margaret Rains and 1st Sgt. Ballie brought the team home without incident. The soldiers were greeted at Hickam Air Force Base by Lt. Gen. James L. Campbell, outgoing commanding general, U.S. Army Pacific Command, and Brig. Gen. Vern T. Miyagi, the Hawaii

Army National Guard commander.

From Hickam, the soldiers were whisked to their home base at Wheeler Army Air Field, where they quickly secured their sensitive items, received a debrief, and were released to their families for a weekend of bonding.

The unit outprocessed over the next few weeks and returned to their pre-activation lives.

Soldiers' service honored

The 193rd, along with other Hawaii National Guard soldiers and their families were honored at events like the Freedom Salute Campaign and the Hawaii Foodbank salute to the Hawaii National Guard.

Freedom Salute Campaign is one of the largest Army National Guard recognition endeavors in history, designed to publicly acknowledge Army Guard soldiers and those who supported them during the President's call to duty for Operations NOBLE EAGLE, ENDURING FREEDOM and IRAQI FREEDOM.

Each eligible soldier received an encased American flag, a sequentially numbered commemorative coin, a "Defender of Freedom" certificate signed by Lt. Gen. Roger C. Schultz, director of the Army National Guard, and CSM A. Frank Lever, III, 7th Command Sergeant Major, Army National Guard, and a lapel insignia. The soldier's spouse received a lapel insignia.

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Command Notes

Maj. Gen. Robert G.F. Lee
The Adjutant General

National Command Authority, U.S. Pacific Command (PACOM), and the governor ready forces to react to Civil Support Missions and other operational contingencies throughout the Pacific and to fully integrate the State of Hawaii, Department of Defense, through the Joint Forces Headquarters-Hawaii (JFHQ-HI) with the Joint Task Force-Civil Support, PACOM in order to plan contingency operations and missions. We are also planning to integrate as much as possible with Homeland Security elements such as first responders and organizations such as the Coast Guard, the FBI and the FAA. That's our vision—more to come in the future on these plans.

As we go to press, we are in the process of sending our Hawaii National Guard strategic plan to the National Guard Bureau (NGB). For the first time, the NGB is basing its own long-range strategic plan on inputs from the 54 states and territories, so the information or ideas that we provide could contribute to the strategic goals for the National Guard across the country. Our strategic thrusts are to provide the

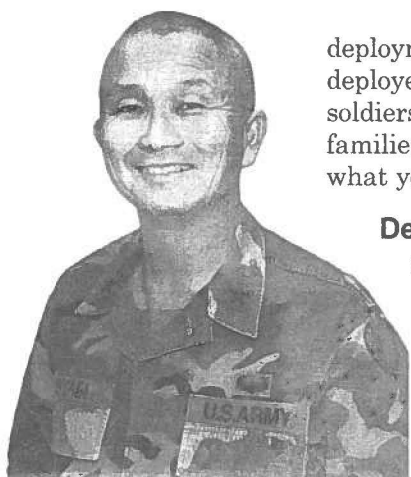
The Hawaii Air National Guard (HIANG) is poised to conduct training and exercises on a very large scale. Col. Pete Pawling, 154th Wing commander says the HIANG will be doing more in the next three months than our Airmen would ordinarily do in a full year. This is partly due to the increasing operations tempo in the Air Force. But it is also driven by the upcoming deployment of the 29th Brigade Combat Team. With the brigade going to Iraq,



STAR TREATMENT—Brig. Gen. Joseph J. Chaves receives his star in June, from his wife, Paulette (right), and his commander in chief, Gov. Linda Lingle. Chaves commands the Hawaii Army National Guard's 29th Brigade Combat Team scheduled to deployment to Iraq early next year. Photo by Master Sgt. Stephen M. Lum

more missions are being picked up by the HIANG. As the brigade prepares to go to Texas for training, Brig Gen. Vern Miyagi has a few words

to say to the troops. The following comments are his message to our deploying soldiers and their families:



Brig. Gen. Vern T. Miyagi's troop message

Aloha to all:

Quite frequently, people come up to me and, seeing my uniform, say thanks for what I am doing in the war against terrorism. I am proud to wear the uniform, however, I don't deserve this appreciation. My response is that the recognition must go to the thousands of men and women who are already deployed, or are preparing, for

deployment. To our deployed and deploying soldiers and their families – thanks for what you do!

Deployments, mobilizations

The Hawaii Army National Guard is fully engaged in both Operation ENDURING FREEDOM (Afghanistan) and Operation IRAQI FREEDOM (Iraq). This past July, our Co. B (Intermediate Aviation Maintenance), 193rd Aviation (Forward 1, 60 soldiers) led by Maj. Margaret Rains and 1st Sgt. James Ballie were welcomed home and honored in a formal ceremony at their armory. Presently, there are 60 Co. B, 193rd (Forward 2) soldiers in Afghanistan, led by Maj. Roger Pukahi and 1st Sgt. David Wallace and 200 Co. C (Heavy Lift), 193rd Aviation soldiers in Iraq, led by

Capt. Joe Laurel and 1st Sgt. John Gollero Jr. Both units are doing outstanding jobs. In August, the soldiers of the 29th Enhanced Separate Brigade, led by Brig. Gen. Joseph Chaves and Command Sgt. Maj. Robert Inouye were mobilized for duty in Iraq. The 29th was redesignated as the 29th Combat Team. This will be the largest call-up of the Hawaii Army Guard in the history of the state. Soldiers in the 298th Engineer Detachment and the 117th Mobile Public Affairs Detachment have also been alerted for mobilization.

Soldiers, families

There are a few things that I need to emphasize to our soldiers and their families. First, our soldiers are being mobilized, trained, and deployed as units. There will be some cross-leveling required

as most units are not up to 100 percent of their required personnel strength, however, our soldiers will arrive in theater with basically the same teams that they have trained with and comrades that they know. In the 1968 29th Brigade call-up, mobilized soldiers were individually levied as replacements to active component units already deployed to Vietnam. The 29th Brigade did not go to Vietnam as a unit.

It's our time

Second, it is Hawaii's turn. Thirteen of the 15 Army National Guard Enhanced Separate Brigades have already been mobilized for operations in Iraq. Other states have had more than 80 percent of their soldiers mobilized and other Army Guard soldiers are already on their second deployment to Iraq or Afghanistan. As one of the later deploying units, the

29th will benefit from the lessons learned by the many units and personnel that have served before us.

Third, as opinion polls reflect declining support for the war and movies, such as *Fahrenheit 911*, question our presence in Iraq, I ask that we understand the basic reason we are going there. *It is to provide security support to the legally formed interim government of Iraq so that they have time to organize, hold free elections, and establish a strong democratic*

government subject to the rule of law.

Take care each other

Finally, I ask all of our soldiers to focus on their mission, become experts in their specialties, take care of their teammates, support their leadership, and most of all, come back safely. There have been many noncombat casualties including vehicle and pedestrian accidents, accidental discharges, and even drowning deaths. Be safe.

To our soldiers and families – thank you for your commitment and service. We are so proud of you.

Departmental News

U.S. flag shoulder patch mandatory

All Soldiers should now be wearing the U.S. flag insignia on the right shoulder of their utility uniform, as a continued reminder that the Army is engaged in a war at home and abroad.

"The flag has been around for years to identify deploying troops. Now based on the Army's joint expeditionary mindset, the flag represents our commitment to fight the war on terror for the foreseeable future," said Sgt. Maj.

Walter Morales, the uniform policy chief for G1.

Enlisted Soldiers will not have to purchase the flags. They will be issued five flags from their assigned unit, and commanders will make arrangements for getting the insignia sewn on, Morales said. However, if Soldiers purchase the flags on their own, they will not be reimbursed, he added.

When purchasing the flag, the only ones authorized for wear on the uniform is the reverse field flag in red, white

and blue. Subdued flags and those in other colors are in violation of U.S. code, Morales said. Individuals should comply with Army Regulation 670-1, Wear and Appearance of the Army Uniform and Insignia.

The regulation still states that Soldiers are not authorized to wear the full-color cloth U.S. flag replica upon their return to home station. However, the latest change will be added to the regulation when it is revised sometime this year, Morales said.

Nothing has changed regarding the placement of the flag, Morales said. It is sewn 1/8 inch below the shoulder seam. If a combat patch is also placed on the right shoulder, the flag is sewn 1/8 inch below the combat patch.

"The flag is worn on the right shoulder to give the effect of the flag flying in the breeze as the wearer moves forward," Morales said. "This will serve as a vivid reminder that our nation is at war."



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Another Hara commands infantry battalion

By Spc. Benjamin T. Donde and Master Sgt. Stephen M. Lum

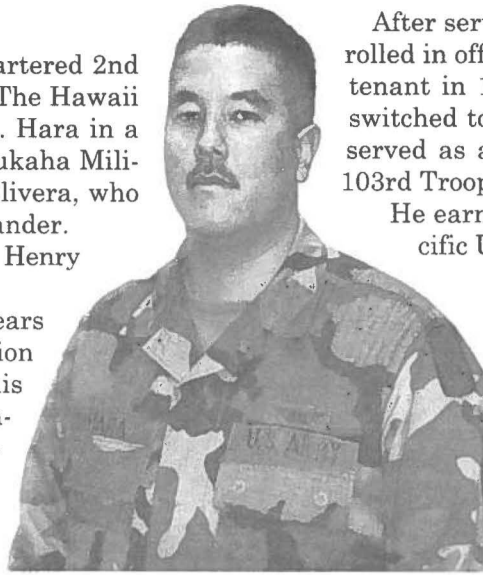
There's a new commander in town at the Hilo-headquartered 2nd Battalion, 299th Infantry, but the name's a familiar one. The Hawaii Army National Guard unit welcomed Lt. Col. Kenneth S. Hara in a change of command ceremony held in August at the Keaukaha Military Reservation armory. He replaces Lt. Col. Bruce E. Olivera, who joins the 29th Separate Infantry Brigade as deputy commander.

Hara takes command of the unit his father, retired Lt. Col. Henry S. Hara, led for 13 years, more than 16 years ago.

Some people never know what they want to do, but 20 years ago, at age 17, he joined the military. It was an easy decision to join the Hawaii Guard family, which included not only his father and uncle, retired Col. Horace S. Hara (former Hawaii Army Guard G4, logistics officer), but his three brothers.

Eldest brother, Gary, is the Hawaii Army Guard chief of staff. His second brother, Dennis, is the first sergeant for Company B, 1st Battalion, 168th Aviation. His brother, Larry, is the motor sergeant for Company C, 193rd Aviation. Larry is currently serving in Iraq along with his son, Ryan, an active army UH-60 Blackhawk helicopter crew chief with the 82nd Medivac Company.

"When I was a high school senior, I told my father that I was thinking about joining the Guard; I could just see his eyes light up," said Hara with a smile as he reminisced about the occasion. "And, in May 1984, my brother, Gary, swore me into the Hawaii Guard."



Hara

After serving three years as an enlisted helicopter mechanic, he enrolled in officer candidate school and was commissioned a second lieutenant in 1987. He started off as a pilot like his brother Gary, but switched to infantry for career progression. As an infantry officer he served as a staff officer in the 2nd Battalion, before moving to the 103rd Troop Command.

He earned his bachelors degree in Human Services at Hawaii Pacific University, in 1998.

He returns to the 2nd Battalion, after spending nine years in Pearl City, which include 103rd Troop Command headquarters detachment commander, 103rd physical security officer, commander of the Ordnance Training Brigade, Regional Training Site-Maintenance, finally as executive officer of the 103rd.

"I hope my experiences as an enlisted soldier to my last position in Troop Command which entailed getting Guard soldiers mobilized and down range without any incidents, will pay off," said Hara. "I've been practicing for 20 years to play in the big game and now it's my turn. It's my biggest challenge yet."

Hara joins his father and brothers in Hawaii Guard careers that includes full-time jobs and more than 20 years of service. Sharing his journey has been his wife, the former Myoung Park of the Republic of Korea, and his five children, Kristen, Julia, Nichole, Justin and Alicia.

"I credit most of my success to my wife and family," said Hara. "The job would have been impossible without their support."

Warrant officers wear branch insignias

On July 9th, across the nation and here at Sills Field, Schofield Barracks, the U.S. Army warrant officers participated in a historic insignia branch change ceremony. The date coincided with the 86th anniversary of the Warrant Officer Corps.

In Hawaii were four Chief Warrant Officer 5s, including Hawaii Army National Guard's Alfred Paulino, changed their CWO5 insignia to to what looks similar to a lieutenant bar with two black lines on either side of the bar. A second change for all warrants was the Warrant Officer Rising Eagle Insignia changing to whatever branch the individual is in (the same as the commissioned officers).



Chief Warrant Officer 5 Alfred Paulino receives the new CW05 rank insignia.



Hawaii Army National Guard warrant officers joining in the ceremony were CW2 Russell Fukeda, Co. B, 29th Support Battalion; CW2 Brian T. Sakai, HHC, 29th Support Battalion; CW5 Alfred Paulino, G4 HIARNG; WO1 Rolando Domingo, Co. B, 193rd Aviation; CW4 Wendell Windham and CW2 Gary Terashima, G1 HIARNG; CW3 Owen Takenaka, HHC 29th Support Battalion; CW2 Russell Bishop, Co. B, 193rd Aviation; CW4 Allen Sakamoto, 25th Infantry Division Detachment; CW3 James S. Kinoshita, HHC, 29th Support Battalion; CW3 Keith Kubota, G4 HIARNG (not in photo: CW2 Richard Hargraves, HIARNG Safety Office). Master Sgt. Stephen M. Lum photos

Balikatan exercise accomplishes tactical, humanitarian missions

By Chief Master Sgt. Samuel K.P. Wong
Loadmaster Superintendent,
204th Airlift Squadron

In February, a Hawaii Air National Guard C-130H cargo aircraft loaded with 154th Wing personnel, aircraft maintenance equipment and parts, medical supplies and a pallet full of elementary school books, left Hickam Air Force Base to participate in the Joint Combined Services/Combined Philippine and U.S. Exercise, Balikatan '04, in the Republic of the Philippines.

Maj. Robert Chowhoy led the team from the 204th Airlift, 154th Maintenance and 154th Aircraft Maintenance Squadrons. Their mission was to coordinate and expand access to training areas and facilities in advancement of theatre engagement plans and to continue development of our State Partnership Program with Hawaii, Guam and the Philippines.

After stops in Wake Island and Guam, the C-130 landed at Clark Air Base. After a few days of acclimatizing, the Hawaii airmen flew to Palawan island and accomplish their State Partnering mis-

sion by transporting 18,000 pounds of medical supplies and 2000 pounds of books. The medical supplies were used by U.S. medical personnel providing medical services to the people of the Philippines. The books

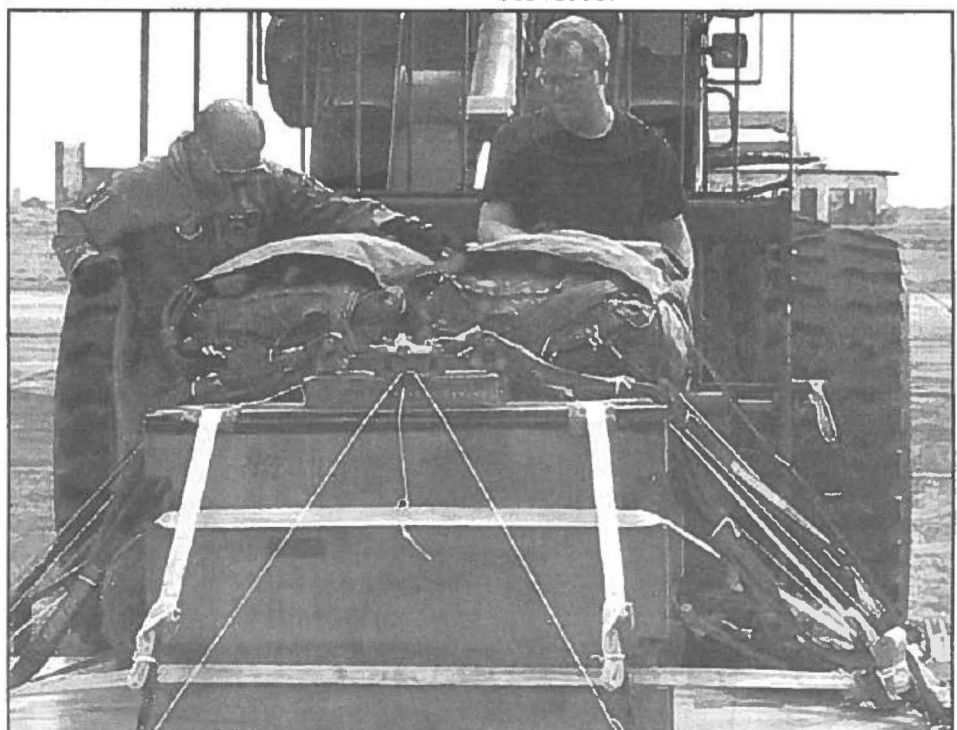
replenished and stocked the libraries of the various schools undergoing renovation by U.S. military construction personnel.

Our focus then shifted toward completing our tactical airdrop

training. This training gave our newer pilots and crew members the opportunity to conduct needed land navigation, fly over unfamiliar territory and to coordinate and plan with other participating military services.



GETTING IT RIGHT - Tech. Sgt. Kimo McKee and Staff Sgt. Garrick Hiramoto prepare their C-130H cargo aircraft for rigging the airdrop load. Hawaii Air National Guard photos



SECURING THE LOAD - Chief Master Sgt. Sam Wong and Master Sgt. Steve Lowery check the rigging on an airdrop load.

Doc (Col.) Mark C. Chun's journal forward deployed

June 2004

Location: Camp Andaconda, Iraq:

DAWN: The morning is cool, and the sun is just below the horizon so our morning run will be like being back home in Hawaii. SGT EXPERIENCE and I run a few miles . . . followed by a shower and morning chow at the dining facility (DFAC) . . . it is the start of a good day, at least we hope so.

MORNING: I have three patients from sick call. My military dental assistant and I perform routine and basic dentistry. In this environment, the routine includes erratic power sources, which affect air pressure and lighting. Routine dentistry is a physical and mental obstacle course.

The civilians and soldiers are grateful for the work we do for them, although most should have had the procedures done before deploying.

Last week, I started training my assistant on giving anesthetic injections and how to use the syringe for a local injection. It will prove to be fortuitous.

LUNCHTIME: EXPERIENCE stops by and asks if I want to head to lunch. We grab our weapons and Kevlars. It is very hot outside, 110+ degrees. EXPERIENCE decides he wants to eat at DFAC the aviators have, a much nicer dining facility. And it gives me a chance to say hello to some of the Hawaii Bravo, 193rd Aviators. After lunch we head back to the troop medical clinic for afternoon sick call.

AFTERNOON: As we return to the clinic, a suburban vehicle screams by us with his emergency light blinking. A second SUV immediately lays a cloud of dust in his tail, it is an MP. Both vehicles turn to the medical clinic as we do. The first thing I notice is all "the boxes" (ambulances) are gone from our clinic. A sergeant comes steaming up to our humvee and yells out that our vehicle is needed to carry the wounded to the combat surgical hospital and that there has been a mortar round which just hit the base. He tells us that there are wounded. I get out and head for the clinic. It is crowded with a mix of soldiers and civilians. Apparently, there was an ALARM that signaled an attack. The round that hit shattered windows.

Back in the clinic, I hear muffled screams and some boisterous ones. People move quickly to hardened shelters, often crowding the hallways.

I go to the operating rooms to see what I can do to assist. Spc. T stops me and says he has a wounded soldier that he is taking to X-ray and that one of his wounds is in the jaw. I note the soldier's obvious wound in his cheek and in a lot of pain. I return to my dental clinic to grab my surgical/dental instruments, dental anesthetic syringe, extra carpules and a battery light source since I will have to examine him laying face down.

In the operatory, the wounded soldier is getting secondary thorough examination, not by a physician but by Spc. T . . . I am impressed. I turn my attention to the soldier. I initially palpate his cheek and can feel nothing. I tell the soldier that I will numb him with localized anesthesia for our examination and debridement. The cheek has a two-centimeters deep wound shaped like a corner of a page. The edges are ragged and black with obvious debris in the

wound. I see my assistant, and I ask her to assist prepping for surgery. At this time, EXPERIENCE has returned to the operating room. I was hoping he would assist since this is "his lane" of expertise (civilian nurse, first assist, intensive care unit tech, surgical tech, emergency medical tech and paramedic). I know this is not my normal lane but I actually feel quite comfortable performing treatment.

My dental assistant sets up our sterile field. I learn later that she was one of the first people helping at the mass casualty site. It is ironic that just six days prior to this, we had a mass casualty exercise. At that time, she and I had been placed at the expectant area for those victims not likely to survive since we were "just dental."

Today, it is different, and it's for real.

Many thoughts race through the mind in a situation like this: anxiety at first followed by mission focus and application of acquired skills and knowledge.

Things are calm inside of me and concentration follows.

Our attention focuses on the facial wound. My hands do the surgery but it's EXPERIENCE in the operating room that guides me. The anesthesia takes effect, and we clean the wound. The next difficulty is closing the wound to allow the soldier to have a pretty scarless post-treatment wound. EXPERIENCE guides me through some internal and then external suturing techniques that leaves the patient with very nicely closed wound.

The x-ray results return, and it is negative for the cheek shrapnel; but, there is one in the scalp. The wound looks like a small bump on the scalp. I provide the local anesthetic with our dental syringes and achieve a good numbing to allow us to exam and debride. The patient has a little pain during our exploration. We stop and I ask my assistant to apply the anesthetic to the scalp since my hands are still sterile. Her previous week's anesthetic training pays off. She does not hesitate and proceeds to place that needle into the scalp. We locate and remove the shrapnel piece. It is like a broken knife tip, which had penetrated into the scalp. The wound is cleaned and washed then I get to close it with simple single knots. The suture needle is the biggest I have worked with but for an oral surgeon, it would be routine, I am sure. EXPERIENCE and I pause . . . exchange glances . . . we know are performing what we were sent to Iraq to do, and it makes us feel so satisfied that this patient is getting the best care possible under the circumstances.

The after action reports made and great credit was bestowed upon our young medics, especially a 24-year-old specialist, who just joined the Army, but came to us with seven years experience as a civilian paramedic. He took command in the field. What a great feeling to be around these folks under this kind of duress . . . you really get a dam patriotic feeling. Our unit correctly triaging the victims and prevent hospital overloaded, thus minimizing casualty deaths.

To bring our lives back to some sense of normality, we watched a movie, but many were so tired I think we dozed off. Some of us had a good nights rest, while some were still too hyped up on the adrenalin rush of the day's events.

The next day, the unit asks me how many patients I had seen on yesterday, I tell him, three dental and one medical. Now, how many dentists can say that? This has been my day of days.

Tomorrow, I look forward to going on a three-mile forced road march on post with my entire battle rattle, my weapon, and lots of water, just for the training and the Hoo-Ah.



(Editor note:
Dr. Chun is a member of the
Hawaii Army National Guard's Medical Command

Malama i Ka Aina Koa

"Preserving the soldier's land"

No. 18

Hawaii Army National Guard Environmental Office

April - September 2004

Maui's Kanaio Range cleanup on track

By Master Sgt. Stephen M. Lum

Since 1992, the Hawaii Army National Guard's Environmental Office has devoted much energy to remove ordnance and preserve the Kanaio Impact Range.

The rough A'a lava range on Maui was used as a live fire training area by the Hawaii Guard for years. As part of the Environmental Office's mission, a historical survey and an environmental assessment were made to start the cleanup process of the range. Live ordnance was found and safely detonated.

Resources cataloged

A second phase continued the re-

moval ordnance from the Department of Land and Natural Resources lands, of both live and spent rounds.

From August to November of 2003, 1,000 acres were surveyed by a five-person team, which included two unexploded ordnance personnel (UXO), a biologist, an archeologist, and the Environment's installation program restoration manager, William Rogers.

The biologist and archeologist were there to protect the cultural and natural resources, identify endangered species, and archival the site. Numerous, not previously identified burial sites and ceremonial platform terraces were charted.

Tons of ordnance removed

Ordnance found included 4.2 millimeter motar rounds, 81 millimeter practice rounds, 3.5 millimeter rocket rounds (bazooka) expended light antitank weapons (LAW), and parachute flare pieces. In November, the Department of Health was notified and gave permission to detonate on site three-high explosive 81 millimeter rounds and eight partial expended white phosphorous 81mm rounds. More than 2,500 pounds of demilitarized (demilled) certified scrap were helicoptered out of the zone. The recyclable metals dollars were used to offset the cost of the operation.

Visual survey most efficient

Due to the ferrous nature of the lava, metal/magnetic detector instrument would prove impractical to finding the ordnance, so the visual method was used. Of note, many of the survey team were not prepared for the roughness of the terrain and wore out more than five pairs of boots during the three-month mission.

The site is still used for missions like drug raid practice, but no live rounds are used and today the area is much safer. A third phase is set in early 2005.

National Public Lands Day Gardening at Bellows

Story and Photos by Shelly Y. Ichishita

On September 18th, a group of three volunteers and 14 Hawaii Army National Guard Environmental Office employees rolled their sleeves up and dug into the rocky soil near the 298th Regional Training Institute at Bellows Air Force Station as part of this year's National Public Lands Day. Their hard labor resulted in a sustainable garden that will provide shade and teach those who visit the garden about native plants.

The plants that make up the garden are: *kou* (Cordia subcordata); *pohinahina* (Vitex rotundifolia); *'a'ali'i* (Dodonea viscosa); and *naio* (Myoporum sandwicense). The *kou* is the only non-indigenous species among the four plants. The *kou* came to Hawaii with Polynesian settlers. The plants were chosen carefully by Kirsten Lawrence-Apfel and Stacy Prosser for their habitat preference (sunny with good soil drainage), ground cover and shade properties, and low water requirements.



Environmental employees and volunteers plant a sustainable native garden against the Koolaus.

An irrigation system was put in place to ensure the survival of the new plantings. The irrigation system will make sure that the effort put into the planning and planting of the garden will not go to waste. Lt. Col. Ron Swafford spent most of the morning a hundred yards away from the planting site clearing the water lines so that water could flow to the garden, while Harrison Sumida and Arthur Javier ran the drip lines that would feed the plants.

A lot of effort went into preparing the site for plantings because of the rocky terrain. Thanks to a grant from the National Environmental Education and Training Foundation (NEETF) that amounted to over five thousand dollars, the Environmental section was able to buy plants and irrigation supplies, and hire contractors to prepare the site. Even with the careful preparation, planting the garden took hard work. Gary Hashimoto and Alan

Katatoka were two of the employees tasked with making holes for the plantings.

The volunteers who joined the Environmental staff were: Ryan Enoch, Heather McDonald, and Devin Kuhns. Ryan Enoch took on the task of digging the holes for the *kou* trees, while Heather McDonald (daughter of Environmental employee Jade McDonald) and

Devin Kuhns both assisted in the planting. Their work went towards a service requirement at their school, Saint Anthony's. Other Environmental employees who participated in the National Public Lands Day were: Clarice Chung, Joy Zhang, Orlan Peterson, Roy Yamashita, Deborah McKinney, and Darryl Fujii.



Volunteer Ryan Enoch stands next to the *kou* tree he planted.



Gary Hashimoto uses his head and digs into the rocky soil with both hands.



Student Intern Joy Zhang cheerfully prepares to plant.



SHOW ME – Hawaii National Guard surfers Mike Matsuura (left) and Ronin Burke (above) show off their cuts at the U.S. Military Surfing Invitational (USMSI) at Kewalo Basin. Photos courtesy of Terry Reis www.SurfShooterHawaii.com

Guard surfers make waves at military meet

By Tech. Sgt. Wendall Villanueva

The third annual U.S. Military Surfing Invitational (USMSI) was held at Kewalo Basin on June 26-27. The Hawaii National Guard was well represented with one Army and 12 Air Guard members. In addition, one Air Guard dependent also competed. With over 32 military and civilian divisions/categories, the Guard and Reserve fielded the most participants.

The conditions were great for the contest. The surf was a consistent two to three feet, with an occasional four footer rolling in. Talent was visibly abundant as results posted after every heat revealed very close scores. Our Guard members proudly showcased their skills as nine of our very own advanced into the Finals. Opening heats were 15 minutes long with 20 minute heats set up for the finals.

All surfers were given participant packets with a T-Shirt, stickers, wax, sunscreen and coupons. Ten surfboards were given away as prizes, as well as over \$10,000 worth of surf merchandise and various services. A fun time was had by all, and everyone is looking forward to the next contest. USMSI Guard representative Wiba Villanueva thanked all the Guard members and their families for the support given to this event. Members surfing were Mike Matsuura (154 AMXS), Chad Stanley (154 MXS), Greg Pelayre (154 CF), Abe Beddow (154 CF), and Yul Matsumura (154 AGS). If you would like to see your fellow Guard members in action, you can view their photos at either <http://www.surfshooterhawaii.com/kalaeloa/index.shtml> or <http://chunsreef.net>.

Congratulations go out to the following for their performance in the Finals of their respective divisions.

Guard/Reserve Shortboard, 6th Shawn Caninero (154 AMXS)
 Air Force Shortboard, 6th Maui Quizon (HQ 154 WG)
 Womens Longboard, 5th Erin Godinez
 (dependent of Rex Godinez/154 AMXS)
 Guard/Reserve Shortboard, 3rd and
 Retirees Shortboard, 2nd Jamie Smith (154 CES)
 Womens Shortboard, 3rd Tulsu "Roxy Girl" Tamayo
 (HQ MEDCOM/Army Guard)
 Guard/Reserve Longboard, 3rd Wiba Villanueva (154 MXS)
 Guard/Reserve Longboard, 5th,
 Guard/Reserve Shortboard, 4th, and
 Guard/Reserve Bodyboard, 2nd Michael Vaughn (293 CBCS)
 Guard/Reserve Shortboard, 1st . . . Ronin Burke (203 ARS)
 Guard/Reserve Bodyboard, 1st Joe Castro (154 LRS)

Sports Corner

Bicycling

Come join a team of Hawaii National Guard bikers on the 2004 Honolulu Century Ride on Sept. 26. The ride starts at 6:15 a.m.

The Century Ride, Hawaii's oldest (since 1981) and largest cycling event, begins and ends at Kapiolani Park. Riders follow Oahu's eastern and windward shores. Participants have the choice of riding 20, 25, 50, 75 or 100 miles at their own pace. Sag wagons patrol the course looking for mechanical problems, and five-to-ten aid stations provide mechanical support and refreshments for riders. Finish area includes live entertainment, food, and booths.

Applications can be completed online at active.com, or downloaded and mailed in. The URL is www.active.com/event_detail.cfm?event_id=1141339

Once again, the Hawaii National Guard will enter an Iron Okole team. Anyone can join the team - member, family, friend. All you have to do is register for the event, and let me (Fred Fogel) know. We don't ride as a team, although some people park at Ruger parking to avoid the log jam around Kapiolani

Park. We're hoping for the biggest HING team ever this year. Come join the fun.

Bowling

The 2004-05 Hickam ANG league started June 17. League officials considered opening the league up to the green side. If you are interested in entering a team, contact Dan Kiyohiro (448-7388) or Carole Guerrero (448-7387).

Fishing

The Kauai Ahi Tournament, hosted by the Kauai Air Guard, was home ported from Port Allen, Kauai, in June. The awards banquet followed at Kekaha Neighborhood Center.

Running

Ronald Yi from Hawaii Army National Guard was selected as a member on the 2004-2005 elite "All Guard Marathon Team."

Michael Nii, 25th Inf Div Det DROC, participated in the Hawaii Senior Olympics held at the University of Hawaii Track and Field Stadium, in November 2003. He entered in the 100 and 200 meter dashes and the Long Jump in the 50-54 age group, placing 2nd in the 100, 3rd in the

200, and 2nd in the long jump.

For more information visit: www.hawaii.seniorolympics.com

Softball

Team A (Kilohana) finally lost a game (after the ORI) in the Hickam Intramural Softball league, but remains in first place. Team B is working on a winning season. (I'd tell you more if someone told me.)

The fundraiser at Oceans on May 30, for the HIANG national softball team drew a big crowd. Plenty of nice door prizes were given away. Thanks to everyone who contributed. The national tournament is Aug. 11-15, in St. Joseph, MO.

The Hawaii Air Guard's annual softball tournament will take place July 16-18, at the Hickam AFB softball complex in Area 61. If your unit is interested in entering a team, contact Wendell Au (448-8441/43) or e-mail: wendell.au@hihick.af.mil

Volleyball

Team A is doing a little better than Team B in the Hickam Intramural Volleyball League. The season ends mid July. Matches Monday through Thursday at the Hickam gym.

GRILLING SAFETY -- Continued from page 8

- Do not attempt to repair the tank valve or the appliance yourself. See a liquid petroleum gas dealer or a qualified appliance repair person.
- Always follow the manufacturer's instructions that accompany the grill. Consumers should use caution when storing liquid petroleum gas containers.
- Always keep containers upright. Never store a spare gas container under or near the grill or indoors. Never store or use flammable liquids, like gasoline, near the grill.
- To avoid accidents while transporting containers, transport them in a secure, upright position.
- Never keep a filled container in a hot car or car trunk. Heat will cause the gas pressure to increase, which may open the relief valve and allow gas to escape.
- Consumers should use extreme caution and always follow manufacturer's instructions when connecting or disconnecting containers.
- Grills manufactured after Oct. 1, 1995, are required to have three additional safety features to eliminate leak hazards: a device to limit the flow of gas in the event of hose rupture; a mechanism to shut-off the grill; and a feature to prevent the flow of gas if the connection between the tank and the grill is not leak proof. Consumers should consider purchasing grills that have these safety features.

Charcoal Grill Safety Tips

Charcoal produces carbon monoxide (CO) when it is burned. CO is a colorless, odorless gas that can accumulate to toxic levels in closed environments. Each year, about 30 people die and 100 are injured as a result of CO fumes from charcoal grills and hibachis used inside.

To reduce these CO poisonings, the Consumer Protection Safety Commission offers the following safety tips:

- Charcoal should never be used indoors, even if ventilation is provided.
- Since charcoal produces CO fumes until the charcoal is completely extinguished, do not store the grill indoors with freshly used coals.
- In April 1996, the U.S. Consumer Product Safety Commission voted to revise the label on charcoal packaging to more explicitly warn consumers of the deadly CO gas that is released when charcoal is burned in a closed environment. The new label reads, "WARNING...CARBON MONOXIDE HAZARD...Burning charcoal inside can kill you. It gives off carbon monoxide, which has no odor. NEVER burn charcoal inside homes, vehicles or tents." The new label also conveys the written warning visually with drawings of grills inside a home, tent, and vehicle. The drawings are enclosed in a circle with an "X" through it.



Hawaii National Guard Family Program

Lt. Col. Laura Wheeler, State Family Program Coordinator

facility in March. The awards went to:

Most Outstanding Military Family Support Group: Company B, 193rd Aviation and the 154th Aircraft Maintenance Squadron

Most Outstanding Military Point of Contact: Master Sgt. Clifford Duro (HIARNG) and Master Sgt. Shenna Miyamoto (HIANG)

Most Outstanding Volunteer: Cathy Ballie, Roberta Chang and Imelda Lum Ho (HIARNG) and Lorna Souza (HIANG)

Also, kudos to Leilani Kerr, key volunteer for the Co. C, 193rd Aviation (unit currently deployed in Iraq). She was honored as a Citizen of the Year for 2004 at the Federal Executive

Board Awards Luncheon held at the Waikiki Sheraton in June.

Youth training

Contemplating the joys of summer, some of our Guard youths had four extra days of 3Rs. In this case, Responsibility, Recreation and doing the "Right thing" at the annual Youth Training held at Kalaeloa.

Over 89 youth participants from Maui, Hawaii and Oahu, from both Hawaii Army and Air Guard families. The youths, from ages eight to 18 learn what it's like to be Kamali'i o Na Koa (Children of the Warriors). The success of

this event was made possible through the unselfish effort and support of many individuals and organizations to include the adult Guard family volunteers, Drug Demand Reduction/Counterdrug, 1st Battalion, 487th Field Artillery, 29th Support Battalion, HHC, 29th Separate Infantry Brigade, 103rd Troop Command, HIARNG, Youth CHALLENGE Academy, Waianae High School Junior ROTC, Honolulu Police Department, Japanese International Karate Center, Meadow Gold Dairies, and Family Program staff.

The 2003-2004 Hui Laulima Awards were presented during the Family Program Workshop held at the Hawaii Air National Guard's Hickam Air Force Base dining



STIRRING THE PURPLE STEW – Uncle Kimo Palakiko, State Team member and adult volunteer, leads everyone in a hip-moving lively bit of cheer.



DOING THE RIGHT THING – Hawaii Guard youths display their artistic talents in creating colorful posters which will be available on CD. Some of the posters will also be included in a calendar which will also be on sale soon.

How to reach us

Check out our website at www.dod.state.hi.us/family

If you have any questions or concerns relating to family matters. If you would like to be a part of a Family Readiness Group, contact your unit or call any of the following members of the Family Program State Advisory Team listed below:

<i>Kauai</i>	Barb Yadao-Petti 674-0806	Joanne Yamamoto, <i>Acting State Family Program Coordinator (while Lt. Col. Wheeler is deployed)</i>
Roberta Agena . . . 337-1144	Missy Vincent 422-6380	Call or e-mail: 732-1823, 1-800-732-6964 or Joanne.Yamamoto@hi.ngb.army.mil
<i>Hilo</i>	Gloria Duro 486-0667	
Marilyn Tolentino 934-0364	Lorna Souza 235-8815	
<i>Oahu</i>	Pua Duropan 421-1057	
Bobbie Kito-Hong 676-7256	Loretta Hales, <i>154th Wing Family Readiness Coordinator</i>	
Harriet Kuni . . . 668-5185	448-7282	
Kimo Palakiko 239-2040		



HI-YA – Youth participant Kehau Watson practices a kata (karate movement) under the watchful guidance of a Japan International Karate Center sensei.



"COMPANY, AH-TEN-HUT," orders Lt. Col. Laura Wheeler, as she briefs the youths each morning before they proceed to the mess hall for breakfast. *HING Family Program photos*

AWARDS – Continued from page 8

Air Force Achievement Medal

Staff Sgt. Derek A.D.E. Tang, 154th Security Forces Squadron
 Staff Sgt. Shon T. Uekawa, 154th Communications Flight (1st OLC)
 Staff Sgt. Clayton T. Ueshiro, 154th Communications Flight
 Staff Sgt. Ian P. Villafuerte, 297th Aircraft Traffic Control Squadron
 Senior Airman Bradley P.M. Beauchan, 154th Communications Flight
 Senior Airman James P. Cobb-Adams, 154th Aircraft Generation Squadron
 Senior Airman Jherson H. Arenas, 297th Aircraft Traffic Control Squadron
 Senior Airman William I.M. Chang, 297th Aircraft Traffic Control Squadron

Senior Airman Christopher O. Fabriga, 154th Communications Flight
 Senior Airman Jonathan C. Fukumoto, 154th Aircraft Generation Squadron
 Senior Airman Candee V. Garcia, 154th Maintenance Squadron
 Senior Airman Ivan D. Harris, 154th Security Forces Squadron
 Senior Airman Matthew R. Hoots, 297th Aircraft Traffic Control Squadron
 Senior Airman Justin A. Huett, 154th Communications Flight (2nd OLC)
 Senior Airman Andy D. Ito, 154th Communications Flight
 Senior Airman Kalani K. Kaikala, 154th Security Forces Squadron
 Senior Airman Kristenlee K. Kapaona, 154th Security Forces Squadron

Senior Airman Kaulana T.L.K. Kino, 292nd Combat Communications Squadron
 Senior Airman Shon K. Kele, 154th Security Forces Squadron
 Senior Airman Ribert M. Kim, 154th Security Forces Squadron
 Senior Airman Stephanie K. Kona, 154th Security Forces Squadron
 Senior Airman Matthew I. Mariano, 297th Aircraft Traffic Control Squadron
 Senior Airman John E. Martinez Jr., 154th Communications Flight
 Senior Airman Brandi K. McDowell, 297th Aircraft Traffic Control Squadron
 Senior Airman Jansen K. Medeiros, 292nd Combat Communications Squadron
 Senior Airman Kristian R. Mirafior, 154th Aircraft Generation Squadron

Senior Airman Emilio A. Placencia Jr., 297th Aircraft Traffic Control Squadron
 Senior Airman Henry J. Potts III, 293rd Combat Communications Squadron
 Senior Airman Jake K. Ross, 154th Communications Flight (1st OLC)
 Senior Airman Daniel B. Schaut, 292nd Combat Communications Squadron
 Senior Airman Corina S. Sialega, 154th Communications Flight
 Senior Airman Christopher O. Fabriga, 154th Security Forces Squadron
 Senior Airman John Y. Yano, 154th Communications Flight
 Airman 1st Class Joseph J. Corn, 154th Security Forces Squadron

Hawaii National Guard Distinguished Service Order
 Brig. Gen. James R. Carpenter, HIARNG Element
 Brig. Gen. Albert P. Richards Jr., 154th Wing

Hawaii National Guard Medal for Merit
 Master Sgt. Bert M. Ogasawara, Ordnance Training Company - Regional Training Site-Maintenance

Hawaii National Guard Commendation Medal
 Maj. Ryan T. Okahara, 292nd Combat Communications Squadron
 Maj. Taison K. Tanaka, 154th Wing
 Capt. James J. Kanoholani, Btry. C, 1st Bn., 487th Field Artillery
 Capt. Blaine H. Vilorio, 169th

Aircraft Control & Warning Squadron
 Command Sgt. Maj. Gordon K.L. Young, 9th Regional Support Command
 Master Sgt. Colosse Eliapo Jr., 154th Wing
 Master Sgt. Gary A. Momohara, 154th Wing
 Tech. Sgt. Kurt H. Kawachi, 292nd Combat Communications Squadron
 Staff Sgt. Leomer T. Domingo, 292nd Combat Communications Squadron
 Senior Airman Lanilio G. Baraoidan, 292nd Combat Communications Squadron

California National Guard Commendation Medal
 Maj. Jeffrey J. Protacio, HIARNG Recruiting & Retention Command
 Maj. Laura J. Soares, HIARNG Recruiting & Retention Command

Awards and Recognition

Members and units of the Hawaii Army and Air National Guards were recently presented with awards in recognition of their outstanding performance.

Legion of Merit
Sgt. Maj. Kurtis T. Mabe,
HQ STARC

Meritorious Service Medal
Lt. Col. Robert E. Freeburg,
HQ, 154th Wing (1st OLC)
Chief Master Sgt. Rolland F. Tang,
154th Communications Flight (1st OLC)
Sgt. 1st Class Danny V. Antoque,
Recruiting and Retention Division - Hawaii (1st OLC)
Senior Master Sgt. Geroge Y. Ganeko Jr.,
154th Aircraft Maintenance Squadron
Senior Master Sgt. Brian Tom,
HQ, 154th Wing
Master Sgt. Randal T. Hiyane,
HQ, 154th Wing (1st OLC)
Master Sgt. Eliapo Colosse Jr.,
HQ, 154th Wing

Army Commendation Medal

1st Lt. Grant M. Maeshiro,
Battery A, 1st Bn., 487th Field Artillery (1st OLC)
2nd Lt. Paulo Faleafine, HHC,
2nd Bn., 299th Infantry
Chief Warrant Officer Wade Kaneshiro, HHC, 2nd Bn. 299th Infantry
Master Sgt. Johan Soon Huin Huh,
HHSB, 1st Bn., 487th Field Artillery (3rd OLC)
Master Sgt. Elizabeth K. Kenui,
Joint Forces Headquarters, HIARNG (5th OLC)
Master Sgt. Shirley N. Bryant,
Joint Forces Headquarters, HIARNG (2nd OLC)
Sgt. 1st Class Paul A. Confer,
HHSB, 1st Bn., 487th Field Artillery (3rd OLC)
Sgt. 1st Class Lester J. Dacuag, HHC, 29th Support Bn. (3rd OLC)
Sgt. 1st Class William K. Kapana Jr., HHSB, 1st Bn., 487th Field Artillery (2nd OLC)
Sgt. 1st Class Paul T. Kobayakawa, HHSB, 1st Bn., 487th Field Artillery
Sgt. 1st Class Jeremiah S. Paraoan, HIARNG Recruiting and Retention Command (3rd OLC)
Sgt. 1st Class Gerardo Pascua, HHC, 29th Separate Infantry Brigade (1st OLC)
Staff Sgt. Dwayne A. Ambrose, HHSB, 1st Bn., 487th Field Artillery (1st OLC)

Staff Sgt. Shon K. Antolin,
Co. D, 2nd Bn., 299th Infantry (2nd OLC)
Staff Sgt. Belynn P. Aquino,
HHC, 29th Support Bn. (1st OLC)
Staff Sgt. Brandon Cabanilla,
Co. C, 2nd Bn., 299th Infantry (2nd OLC)
Staff Sgt. David L. Howard,
Btry. A, 1st Bn., 487th Field Artillery (1st OLC)
Staff Sgt. Damien R. Ragasa,
Co. D, 2nd Bn., 299th Infantry (1st OLC)
Staff Sgt. Ronald J. White,
Co. B, 2nd Bn., 299th Infantry (1st OLC)
Sgt. John J. Hada, Co. C, 2nd Bn., 299th Infantry (3rd OLC)
Sgt. John T. Ichikawa, Co. D, 2nd Bn., 299th Infantry (1st OLC)
Sgt. Daniel Moncada, Co. D, 2nd Bn., 299th Infantry (1st OLC)
Sgt. Richard Pratt, HHSB 1st Bn., 487th Field Artillery
Sgt. Sal K. Torres, Btry. C, 1st Bn., 487th Field Artillery
Cpl. Nelson E. Alma, Btry. B, 1st Bn., 487th Field Artillery
Spc. Kaleimakalii, Colburn, Co. D, 2nd Bn., 299th Infantry (1st OLC)
Spc. Noriyo B. Delumeau, Btry. C, 1st Bn., 487th Field Artillery
Spc. Joseleander R. Gaceta, Btry. C, 1st Bn., 487th Field Artillery
Spc. Benjamin Jury, HHSB, 1st Bn., 487th Field Artillery
Spc. Cory I. Shiraiishi, Btry. C, 1st Bn., 487th Field Artillery
Spc. Mary Rochelle T. Small, HHC, 29th Separate Infantry Brigade
Spc. Louis Viera, Co. B, 2nd Bn., 299th Infantry
Spc. Paytron O. Wiggins, Btry. C, 1st Bn., 487th Field Artillery (1st OLC)

Army Achievement Medal
Sgt. 1st Class Michael Yoshimura, HHC, 29th Separate Infantry Brigade (1st OLC)
Staff Sgt. Ferdinand B. Penaflo, Co. A (-Det. 1), 2nd Bn., 299th Infantry (3rd OLC)
Sgt. Felenora Belardo, Medical Command (2nd OLC)
Sgt. Ha H. Chi, Det. 1, HHC, 2nd Bn., 299th Infantry (4th OLC)
Sgt. Kenneth K. Nakagawa, Co. A (-Det. 1), 2nd Bn., 299th Infantry (2nd OLC)
Sgt. Robin M. Tuaniga, HHC, 29th Separate Infantry Brigade (1st OLC)
Pfc. Leonardo Millon Jr., HHC, 29th Separate Infantry Brigade

AWARDS -- continued on page 7

Yee tops federal government employees' nominations

Olivia S. Yee, a personnel systems assistant with the Hawaii Department of Defense Human Resources Office, beat out 18 other nominees as Federal Employee of the Year in the clerical and assistant category at the Excellence in Federal Government Awards Luncheon.

Yee, along with Maj. Jason T. Matsumura, Master Sgt. Colosse Eliapo Jr., Maj. Taison K. Tanaka, Leilani Kerr, and Company B, 193rd Aviation (Intermediate Aviation Maintenance), were among the 140 individuals and organizations recognized at the 48th annual event held in June at the Sheraton Waikiki Hotel.

Yee's nomination: She was a tremendous asset during the critical personnel system conversion. She tutored staff, modernized the web site, created automated forms and developed unique solutions. When two personnel clerks left, she effectively filled the void working pay and employee benefit actions that saved \$67,000 in technician pay.



Yee

Matsumura, Federal Manager of the Year nominee, Hawaii Army National Guard Mobilization Readiness Office: He was recognized for superior personnel in achieving high wartime readiness rates. As principal planner, he was responsible for the safety and productivity of hundreds of Hawaii Guard soldiers. His focus on accurate information, combined with remarkable foresight, ensured mobilized units were trained and rapid deployed.



Matsumura

Eliapo, Federal Employee of the Year, professional; technical, professional nominee, Hawaii Air National Guard: He annually kept over \$110



Eliapo

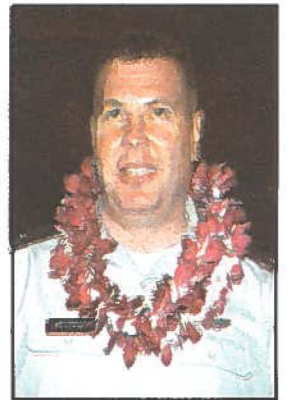
million in Operations and Maintenance, Military Personnel and Military Construction expenditure balanced with 100 percent accuracy. He also single-handedly ran the entire workday program for the Hawaii Air Guard, executing over 29,900 annual training and 16,700 special training workdays.



Tanaka

and travel pay; internal controls; quality assurance; reconciliation of financial accounting records and operations; and budgeting more than \$115 million.

Company B (AVIM), 193rd Aviation, Hawaii Army National Guard, Federal Organizational Excellence, 1st Lt. Douglas M. Westbrook accepting the certificate: The unit demonstrated the highest level of professionalism and aircraft expertise. The company significantly improved operational ready rates for active component Army aviation units, managed over \$1.2 million in repair parts and processed several million dollar worth of requisitions 2003.



Westbrook

Kerr, Citizen of the Year, Family Program Key Volunteer: She voluntarily took the responsibility of recruiting other volunteers to form a family readiness group to assist in preparing more than 200 Guard families to be self-sufficient and prepared for a lengthy separation. Through her tireless efforts and spirit of aloha, she has promoted a supportive network within the community. She embodies the true spirit of ohana as a citizen volunteer. She was one of four citizens recognized at the luncheon.



Kerr



Safety talk

Lt. Col. Arnold Iaea
Safety Officer, Hawaii Army National Guard 733-4105/09

Open flame grilling safety

Liquid petroleum gas or propane, used in gas grills, is highly flammable. Each year, about 30 people are injured as a result of gas grill fires and explosions.

Many of these fires and explosions occur when consumers first use a grill that has been left idle for a period of time or just after refilling and reattaching the grill's gas container.

To reduce the risk of fire or explosion, consumers should routinely perform the following safety checks:

- Check the tubes that lead into the burner for any blockage from insects, spiders, or food grease.
- Use a pipe cleaner or wire to clear blockage and push it through to the main part of the burner.
- Check grill hoses for cracking, brittleness, holes, and leaks. Make sure there are no sharp bends in the hose or tubing.
- Move gas hoses as far away as possible from hot surfaces and dripping hot grease. If you can't move the hoses, install a heat shield to protect them.
- Replace scratched or nicked connectors, which can eventually leak gas. Check for gas leaks, following the manufacturer's instructions, if you smell gas or when you reconnect the grill to the LP gas container. If you detect a leak, immediately turn off the gas and don't attempt to light the grill until the leak is fixed.
- Keep lighted cigarettes, matches, or open flames away from a leaking grill.
- Never use a grill indoors.
- Use the grill at least 10 feet away from your house or any building.
- Do not use the grill in a garage, breezeway, carport, porch, or under a surface that can catch fire. (Continued on page 6)

Training Schedule

Listed below are the inactive duty training dates for all Hawaii Army and Air National Guard units. Dates for subordinate units are the same as their parent headquarters, unless otherwise indicated. All dates are subject to change. Most Army Guard units perform their annual training (AT) in July.

	Oct	Nov	Dec
Hawaii Army National Guard			
HHD, Joint Forces HQ	2-3	6-7	4-5
298th Regional Training Institute	2-3	6-7	4-5
29th Brigade Combat Team			
Mobilization training			
103rd Troop Command	2-3	6-7	4-5
12th Personnel Service Det.	2-3	6-7	4-5
25th Infantry Division, D-ROC	2-3	6-7	4-5
111th Army Band	2-3	6-7	4-5
298th Engineer Det.	2-3	6-7	4-5
Co. B, 1st Bn., 168th Aviation	2-3	6-7	4-5
Co. B, 193rd Aviation	2-3	6-7	4-5
Co. B, 193rd Aviation (Fwd 2)			
Co. C, 193rd Aviation (Fwd)			
Hawaii Air National Guard			
HQ, Hawaii Air National Guard	2-3	6-7	4-5
154th Wing	2-3	6-7	4-5
201st Combat Communications Group	2-3	6-7	4-5