

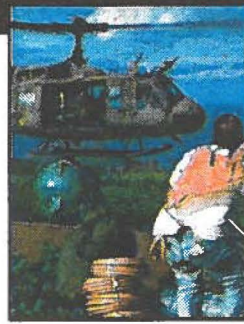
People

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Hawaii State Department of Defense

pupukahi

pupukahi: "harmoniously united"

Vol. 37, No. 1

3949 Diamond Head Road, Honolulu, Hawaii 96816-4495

January-March 2002

Calendar

April 26, Friday
Dedication and blessing of Company D, 1st Battalion, 207th Aviation's new UH-60L Black Hawk helicopters...

May
Hawaii Military Appreciation Month activities:
May 17, Friday, 6 p.m., opening ceremonies, USS Missouri.
May 18, Saturday, 5:30 p.m., Combined Military Band Concert, Hawaii Theatre.
May 19, Sunday, 10 a.m., Family Day, Bishop Museum.
May 2, Monday, 9 a.m., spouses reception, Iolani Palace.
May 22, Wednesday, 1:30 p.m., luncheon, Hilton Hawaiian Village.
May 22-24, Buy Hawaii Exposition, Hickam Air Force Base.

May 27, Monday
Memorial Day, federal and state holiday. Ceremonies held at various veterans cemeteries around the state, including the National Memorial Cemetery of the Pacific at Punchbowl and the Hawaii State Veterans Cemetery in Kaneohe.

June 9, Sunday
Basic NCO Course graduation, 298th Regional Training Institute, Bellows Air Force Station.

June 15, Saturday
Youth CHalleNGe Academy graduation, Pearl City Cultural Center, 10 a.m.

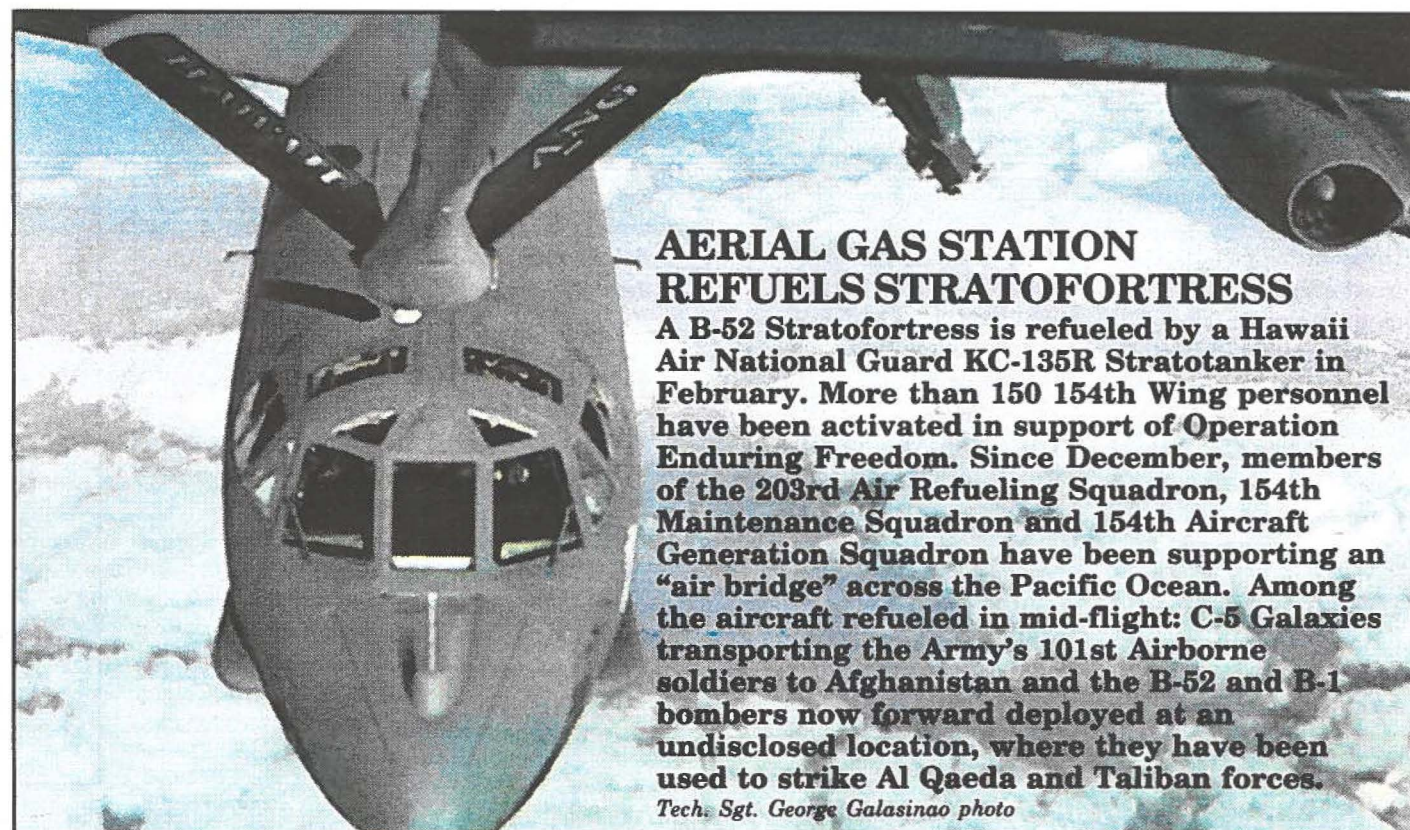
Guard helps law enforcement turn off Big Island "pipeline"

By Maj. Charles J. Anthony
A few days before Christmas 2001, the Hawaii Army National Guard and its Counterdrug Office assisted Hawaii County, state and federal law enforcement agencies breaking a major heroin ring on the Big Island. The operation was dubbed Operation PIPELINE.
The year-long U.S. Customs Service investigation was supported by Hawaii National Guard Counterdrug intelligence analysts who compiled critical information that resulted in search warrants being served in Hilo, Kona and Honolulu. Officials seized 20 pounds of Mexican brown and black tar heroin with a street value of more than \$1.6 million. According to the U.S. Attorney's office, the heroin was produced in Mexico, smuggled across the U.S. border, then flown aboard commercial airlines by couriers to Hilo, where it was distributed to drug buyers.
"We're always willing to support our local, state and federal agencies in limiting the amount of drugs coming into Hawaii," said Capt. Robin Lau, counterdrug operations officer.
On the day that law enforcement agents swooped in to serve their ar-



OPERATION PIPELINE GOING DOWN -- Big Island police and U.S. Customs agents lead 10 suspects at Hilo's Lyman Aiport to a Hawaii Army National Guard CH-47D Chinook helicopter headed for Honolulu. The suspects were arrested during Operation PIPELINE.
Tim Wright, Honolulu Advertiser photo

rest warrants and take the suspects into custody. There were about 24 National Guard soldiers and airmen supporting the operation. The operation netted more than 20 suspects, 10 of whom were transported via Hawaii Army Guard CH-47D Chinook helicopters from Hilo to Oahu, where they were placed in federal detention. In addition to providing intel analysts and air transportation, the Hawaii National Guard assisted with command and control support, OH-58 Kiowa helicopter aerial reconnaissance, ground transportation and miscellaneous support.



AERIAL GAS STATION REFUELS STRATOFORTRESS
A B-52 Stratofortress is refueled by a Hawaii Air National Guard KC-135R Stratotanker in February. More than 150 154th Wing personnel have been activated in support of Operation Enduring Freedom. Since December, members of the 203rd Air Refueling Squadron, 154th Maintenance Squadron and 154th Aircraft Generation Squadron have been supporting an "air bridge" across the Pacific Ocean. Among the aircraft refueled in mid-flight: C-5 Galaxies transporting the Army's 101st Airborne soldiers to Afghanistan and the B-52 and B-1 bombers now forward deployed at an undisclosed location, where they have been used to strike Al Qaeda and Taliban forces.
Tech. Sgt. George Galasinao photo

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Command Notes

**Maj. Gen. Edward L. Correa Jr.
The Adjutant General**

We've recently passed the six-month anniversary of the Sept. 11th terrorist attacks — more than six months of protecting Hawaii's airports, airspace and critical infrastructure.

Proactive protection

I want to say thank you to the soldiers and airmen of the Hawaii National Guard and the men and women of State Civil Defense who have been working hard to protect Hawaii since Sept. 11th. I know I've said that before in previous columns, but I cannot say it enough. Just in the last several months, we've completed vulnerability assessments of critical civilian facilities in Hawaii to ensure that we can protect those assets. We also were on hand at Aloha Stadium during the Pro Bowl game, to assist authorities with security. On Mar. 12th, Tom Ridge, the nation's Homeland Security Director, unveiled a new color-coded security implementation plan for civilian first responders, law enforcement and government officials. That color-coded matrix, now used nationally, had its genesis here in Hawaii, at State Civil Defense. So we have been assisting with security issues in some rather profound ways as well as some

on a smaller scale — but all contributions are important. You don't have to be on the frontlines of Afghanistan, firing at an Al Qaeda trained terrorist, to be making a valuable contribution. For instance, on Mar. 6th, I was privileged to have flown with a flight crew from the 203rd Air Refueling Squadron, as they refueled an Air Force B-52 on its way to within striking distance of Afghanistan. I can assure you that you will not find a better trained, more professional tanker crew in the nation. But it's not just the flight crews who are doing a great job. It's the men and women on the flightline, the airman in the supply chain, the soldier cutting the orders, the planner at Civil Defense. Everybody wants to contribute to the total effort, and everybody counts. We are a great nation, because we have the freedom to pursue great things and to worship or not worship as we see fit. We have that freedom because we have safety and security. We have that safety and security because of you.

Leadership thoughts

I want to leave with you my thoughts on leadership. The following is from a presentation I made at the Hawaii Air National Guard's Senior NCO Conference in February. I'd like to share these thoughts with all of you: "Leadership is the heart of everything we do and every success we experience.

First and foremost, leadership begins with a commit-

ment to excellence. If striving for excellence is not up front and personal, you're just going through the motions — you're just wasting time.

All that we do has to have meaning to you and relevance to the guy next to you. In the military, our top priority, our nonnegotiable contract with the people of America, is to fight and win our nation's wars and our contract with the people of Hawaii is to protect them from harm in the event of a natural or human-caused disaster. This is an awesome responsibility.

Readiness

Readiness is our product and everyone counts. All that you do and how you do it is important and will have a profound impact on our ability to defend our nation. It's about saving lives, protecting property and maintaining our freedom.

Values

At the heart of leadership is your values. It is the foundation from which you draw your purpose, direction and character. It is your compass, dressed in principles of moral courage and discipline, to do what is right and treat others with dignity and respect.



BOOMER'S EYE VIEW -- Maj. Gen. Edward L. Correa Jr., the adjutant general, watches boom operator Tech. Sgt. Paul Stankiewicz refuel a B-52 bomber in March.



SAFETY NET -- Tech. Sgt. Mark Sindiong, briefs TAG on safety issues before flying in the KC-135 Stratotanker. 203rd Air Refueling crewmember, Lt. Col. Robert Mosteller looks on.

It includes doing the little things.

If values are the ingredients, character is the cake. For me, character is when values become a habit and therefore, define who you are. It takes hard work and perseverance. It's not always easy. Ultimately, it is a positive answer to the most important question in any relationship — "can I trust you, if your subordinates answer yes, then you are on the right path?"



WELCOME RELIEF -- Jozet J. Yoshitake, HING Federal Credit Union manager presents a check to the TAG for the Hawaii Guard's Morale Welfare Recreation fund.

Departmental News

Fort Shafter commissary closure announced

By Nancy O'Neil

McCLELLAN, Calif. — The Fort Shafter commissary in Hawaii will close its doors to customers for the last time on Friday, May 31.

The closure follows a thorough review to make sure the commissary benefit continues to be delivered in the most effective and efficient manner. The review considered the number of active-duty members, the nearest commissary, the future installation mission, commissary sales, and operating costs and facility conditions. Closure of this store will help DeCA reduce and reapply appropriated funds and improve the overall benefit.

The affected military service, the Commissary Operating Board — whose members represent each of the services, the Department of Defense staff and Congress were consulted. After approval was granted by DOD, Congress was notified, as well as store employees and union officials.

Commissary shoppers are encouraged to use the five other military commissaries in Hawaii located at Hickam Air Force Base, Pearl Harbor Naval Base, Schofield Barracks, Kaneohe Bay Marine Air Corp Base and Barbers Point. Other valuable information on each commissary can be found at the website:

www.commissaries.com.

Fort Shafter was established as an Army post and named the Kahauiki Military Reservation in 1899. It was re-

**Attention all
Hawaii National Guard
members; the
Hawaii National Guard
Youth CHALLENGE Academy**

needs your help.

If you know of any potential Corpsmembers who may be interested in joining our program and meet the following criteria:


- 16-18 years old
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- Willing to volunteer for a challenging and highly disciplined, 22 week residential program to get their lives back on track

Please call Capt. Chris Slavens, YCA program coordinator, at: 673-7530, ext. 220 to set up an interview.

named Fort Shafter in 1907. The first documented commissary began operation in 1934. The building housing the current store was constructed as a warehouse

in 1917 and became a commissary in 1954.

Editor's note: Fort Shafter's newly renovated PX has an expanded grocery section, check it out.

 **pupukahi**

State of Hawaii Department of Defense
pupukahi: harmoniously united

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Clowning around, not just another job

By Staff Sgt. Curtis H. Matsushige

After full-time duties with the Hawaii Army National Guard, Sgt. Ronald Batula Jr. sheds his military regalia to don headgear, facial camouflage and a uniform of another sort.

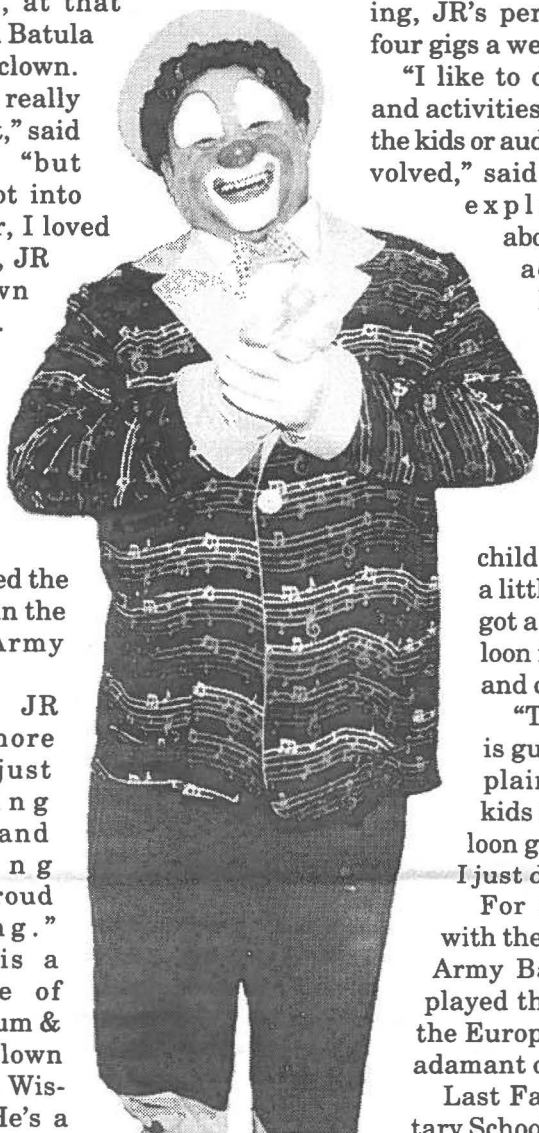
The transformation from Hawaii Army Guard soldier to *JR the Clown*, happens as smoothly and as swiftly as Clark Kent to Superman, but this wasn't always the case.

Years ago, Batula worked at the youth center on Hickam Air Force Base; and, the clown for a special event wasn't going to show. His boss, at that time, told Batula to be the clown.

"I was really against it," said Batula, "but once I got into character, I loved it." Thus, JR the Clown was born.

"It's JR because I'm a junior," said Batula, who played the trumpet in the 111th Army Band.

Being JR takes more than just clowning around and wearing "loud, proud clothing." Batula is a graduate of the Barnum & Bailey Clown School in Wisconsin. He's a



member of the World Clown Association and locally, a member of the Paradise Clown Club.

At monthly clown meetings, fellow clowns share ideas and practice skills such as ventriloquism.

JR the Clown specializes in clown magic, balloon animals and clown aerobics. He's been clowning around since 1994. If the band's not playing, JR's performing four gigs a weekend.

"I like to do tricks and activities that get the kids or audience involved," said Batula, explaining about clown aerobics.

He also gets a kick and a challenge

out of unusual animal requests. One child requested a pig. It took a little thought, but the child got a pig. He also makes balloon flowers in balloon vases and centerpieces.

"The one thing I don't do is guns," said Batula. "I explain to the parents that kids sometimes request balloon guns, and it's something I just don't do."

For a soldier who served with the active component's 1st Army Band in Germany, and played the trumpet throughout the European theater, Batula is adamant on the gun issue.

Last Fall, a Waikale Elementary School student, interested in



BALLOONY TOYS -- Young and old stand in line for balloon toys made by Sgt. Ronald Batula Jr., during an impromptu performance for the residents of the remote Alaska fishing village, in 1997. The 111th Army Band was in Alaska performing at the Native American convention, who's theme was saluting military veterans.

magic and clowns, e-mailed Batula. He responded by taking vacation leave from his full-time job to talk to the class and treated them to a mini-performance. The students sent him a booklet of illustrative thank you cards. His visit was the talk of the campus for days. We like the youngsters to be able to interact with the community and business. "Using e-mail, inquiry writing, in-person question and answer sessions, how to behave with a guest speaker, and how to write a thank you letter were some of the practical learning opportunities our students were afforded with Ron's visit," said Debora Lum, the school librarian.

He joined the Hawaii Guard in 1983 as a fire support team member of the 1st Battalion, 487th Field Ar-

tillery. He left for an active duty tour with the Army Band in 1986 and returned to the Guard in 1994. He joined the Guard's active force in 1995, back with the 487th, later with the 111th Army Band, and is now with the Headquarters, 103rd Troop Command.

One of his honors, privileges and additional duties as trumpet player and full-time soldier is being on-call to play *Taps* at military memorial services when unit members are unavailable.

Batula credits his parents for his interest in music. His mother and father both play music.

"I enjoy what I'm doing," said Batula. "Making kids laugh and feel happy, I love it."

Airman competes in Miss Aloha Hula

By Maj. Charles J. Anthony

Senior Airman Jorena Lehuanani Young started dancing hula 10 years ago to get back in touch with her Hawaiian heritage. Her quest to reconnect with her roots has now led the full-time life support technician with the 199th Fighter Squadron to the Merrie Monarch competition. This April, Young will be representing her halau, Kea-li'ika'apunihonua Ke'ena A'o Hula, and the Hawaii Air National Guard during the Miss Aloha Hula competition.



Young

Army. When she was just a toddler, Young left Hawaii, with her family, for postings that included the mainland and Germany. She returned a decade later, glad to have experienced living around the world, but she quickly realized that she had also missed out on growing up in Hawaii. "I was born here, but I didn't know anything about the Hawaiian culture," said Young.

Hula competition

The Merrie Monarch, spanning three nights, is the premier hula festival in the State. The various kumu hula (instructors) handpick the candidate they feel best represents their halau to compete for the title of Miss Aloha Hula on the first night of the festival.

Young's father was a helicopter pilot for the U.S.

"The very first thing I wanted to do after returning to the islands, was to learn more about it."

Her grandmother, Joan "Auntie Pudgie" Young, a singer with the Kodak Hula Show, introduced Young to her kumu, Leimomi "Auntie Momi" Ho. Young learned quickly and honed her skills dancing at the Ilikai Hotel, the Kodak Hula Show, aboard the Navatek, and at Paradise Cove. While in high school, Young competed at the Merrie Monarch with her halau, but this

will be the first time that she will be competing solo. "I'm very proud and honored, not only to be representing my halau, but the Hawaii Air Guard as well," said Young. "I'm a little nervous, but I feel the members of the Guard are behind me 100 percent. The love and support of others help to carry me through this kind of competition."

Hawaii airman Air National Guard supply superintendent of the year

Just before going to press, *pupukahi* received word of a Hawaii Air National Guard member winning a national-level award. Congratulations go to Senior Master Sgt. David Wilkinson, from the 154th Logistics Squadron, who has been named the Air National Guard's Supply Superintendent of the Year for 2001. Nominations for this award focused on performance of duties and contributions to improving supply operations.

Wilkinson was instrumental in developing the first ever Munitions Accountable Systems Officers (MASO) webpage within PACAF (Pacific Air Force) and he created the Logistics Squadron's webpage. He also developed the unit's program that monitors performance indicators in supply, contracting and transportation. Wilkinson, having demonstrated that he is tops in the ANG, will now have his awards packet submitted for competition among all Supply Superintendents Air Force wide.

Hawaii's civil support team being accredited

By Cadet Wendy R. Cook and
Sgt. 1st Class Stephen M. Lum

September 11th and other terrorist acts have brought the use of weapons of mass destruction and terrorist activities to the forefront of American minds. It has become apparent that the U.S. has to become more proactive in combating and reacting to terrorism within its own boundaries. After the Oklahoma City bombings, there was a Presidential Directive to create quick reaction teams for response to the use of weapons of mass destruction. These teams were to be embedded within the communities throughout the United States and act as the crisis response.

Hawaii Army National Guard's 93rd Civil Support Team (Weapons of Mass Destruction) completed their final evaluation in January and is awaiting the Department of Defense announcement of their certification.

Hawaii's 22-member 93rd CST, one of the 32 National Guard teams nationwide, completed its final evaluation last month with flying colors.

The 93rd's full-time active Guard/Reserve (AGR) members from the Hawaii Army and Air National Guard exceeded the standards and created a new bar of excellence.

The evaluation, held at Kalaeloa on Oahu, tested their mission, which is to support civil authorities responding to weapons of mass destruction situations by providing rapid assessments and initial WMD agent deduction capability. Observer/controllers from the 5th and 1st Army teams evaluated the 93rd's eight-week training cycle, which capitated in a week-long biochemical terrorism simulation exercise.

"Now the challenge is to maintain the level of response capabilities, facilitate and maintain readiness," said Lt. Col.

Stanley E. Toy, unit commander. "Soon, we can be integrated within the local first responder team. We already integrate much of our training with local first responders, the fire and police departments, as well as EOD (Explosive Ordnance Disposal) teams."

Unit trains for multiple scenarios

"We have to do a lot of innovative thinking; we think outside of the box because the terrorists are unpredictable," said Toy.

The Hawaii Guard soldiers and airmen training includes participating in numerous exercises with federal, state, and county agencies and organizations from the private sector.

Hawaii's CST has routinely, on purpose, conducted training with other branches of the military, government agencies and the private sector.

Naval scenario

The team has already completed an integrated exercise with not only local responders but the U.S. Navy, as well. In December, the first biochemical exercise to be held on a Navy ship was conducted with all elements of emergency re-

NAVAL RECON -- 93rd Civil Support Team reconnaissance personnel probe the laundry room of the USS Hopper for the traces decontaminates at the Pearl Harbor dock and later rinse off on-shore.



Sgt. 1st Class Stephen M. Lum photos

sponse working together. The scenario: a mystery substance is discovered to be affecting crewmembers of the USS Hopper, which is being restocked

with supplies while docked at Pearl Harbor. The exercise was a first with the U.S. Navy and a Guard CST.

They have also taken

part in pre-stage response status for large events held in the islands such as the Pro Bowl. The team looks forward to its future training exercises,

as well as any real world responses. They are in constant readiness and training to ensure the state is prepared to respond if a crisis occurs.

Civil support teams created

The choice to make these Civil Support Teams from members of the National Guard was a logical one; the citizen soldiers are members of local communities and already hold the necessary skills and qualifications to apply for the teams. The initial teams were based on the nine Federal Emergency Management Agency (FEMA) regions, however, the need for quicker reaction and deployment time has demonstrated that each state should maintain their own team. Nearly all states have looked into or actually created a team within their state. Although they are a detachment within the National Guard, the Civil Support Teams are not institutionalized within the Army yet, as they are fairly new.

Mission

The mission of these teams is to support civil authorities at a domestic chemical, biological, nerve and radiological incident by identifying the agents or substances, assessing current and projected consequences, advising on response measures and assisting with appropriate requests for additional state support.

The teams are on a continual standby status and can deploy within three hours of notification. They work on scene with the local incident commander to assess nuclear, biological, chemical and radiological threats. Being versatile, they can work for and alongside the local, fire, medical and law enforcement responders. Most often, they have and will be used in an advisory role rather than actual execution; they advise based on their capabilities and expertise and facilitate closure by bringing in subject matter experts. However, when needed, they can work fully encapsulated within the hot zone in full hazardous material gear.

Assets

The team also has another valuable asset that most local emergency responders do not, new high-tech equipment. Each team has and is trained to use specialized detection equipment. They have portable meters to detect substances or agents providing an on-scene analysis. Rather than sending it off to a lab, as the local emergency responders currently have to do, the meters can identify about 75,000 unknown chemical compounds within fifteen to thirty minutes. This greatly speeds up the counteractions performed by the emergency responders. In many cases, time is the most critical element in preventing the spread of such deadly weapons.

Personnel

The teams themselves are made up of 22 full time National Guard personnel. It's a widely varied unit; within the detachment they run command, decontamination, administrative, logistical, communication, medical and survey operations. To apply one must have a chemical, medical, communication or Explosive Ordnance Disposal (EOD) background. One unique element of the team is that members have to go through a competitive selection process with high standards not only on their working background, but interviews, and a minimum 250 APFT score (the current average of the team is 287). After they are accepted, each member must complete 600 to 900 hours of additional training which can take one and a half to two years.

One of the negative aspects of the job is that, like other emergency response careers, it's typically in a high stress environment. Because the teams are so small and constantly on a standby status, the burnout rate of individuals could eventually take its toll on the strength of the unit.

Schools' self-help projects expanding to neighbor islands

By Lt. Col. Fred Fogel

Volunteers from the Hawaii Army and Air National Guard partnered with Hawaii's public schools and local vendors to complete \$12,000 of self-help (now called "community outreach") projects in 2001. The Joint Venture Education Forum, a coalition of State Department of Education, military personnel and institutions with a stake in public education administers the money, which is available through the efforts of U.S. Sen. Daniel K. Inouye.

Funding expanded for 2002

Twenty-four thousand dollars is allocated to Hawaii National Guard volunteers in 2002, with approximately \$180,000 designated for active components and the reserves. Other related funding in 2002 includes \$425K for playgrounds, \$475K for textbooks, \$600K for H3R (Repair, Remodel and Restore in schools with high percentages of military dependents), \$1.3M for

repair and maintenance (emphasizing health and safety), and \$2.0M for information technology (emphasizing infrastructure).

Projects help 14 schools

The Guard's community outreach projects in 2001 covered the gamut of repair and maintenance projects in 14 public schools on Oahu. Air conditioning was installed at Waianae High School. Nanakuli and Kalaheo High Schools Junior ROTC classrooms were refurbished with floor tiles. A concrete platform for the JROTC rifle range was constructed at Kailua High School, and another similar project is ongoing at Kahuku High School. Ground cover was purchased and planted at Webling Elementary. Classrooms were painted at Ewa Beach Elementary. Campbell

High School received materials to repaint their JROTC classroom. Historical exhibit and the traditions wall were completed at McKinley High School. Junior ROTC rifle ranges were improved at Farrington High School, and an outdoor exercise station was constructed at Castle High School.

Guard members, families and friends volunteer time and skills

Volunteers came from across the Guard. Over the year, members from the 154th Civil Engineer Squadron, 154th Maintenance Squadron, 154th Aircraft Generation Squadron, 29th Separate Infantry Brigade and 103rd Troop Command freely gave of their time. Capt. Onesimo "Buddy" Francisco III, 12th Personnel Service Detachment commander, coordinated the effort and

is now looking for a few good projects in 2002.

Neighbor island schools included

In the coming year, the National Guard's efforts will focus on neighbor island schools as well as schools in the Honolulu district. Project lead and coordination should rest with school personnel. The Guard augments the labor force and provides monetary assistance. If you know of a school with a small project that could use a few extra hands and a few extra bucks, please contact either Capt. Francisco via email (onesimo.francisco@hi.ngb.army.mil), Lt. Col. Fred Fogel at 733-4248, or Lt. Col. Mike Wong at 733-4216. They will need the name of the school, the project coordinator, and a rough estimate of how much you want to spend on what. "Needy" schools receive first consideration. One thing is for sure, if you don't surface the project, the Guard can't help.

School self-help now called "community outreach" project

Mālama i Ka 'Āina Koa

"Preserving the soldier's land"

No. 10

Hawaii Army National Guard Environmental Office

January-March 2002



RESTORING ENDANGERED SPECIES -- Hawaii Army National Guard Environmental Office's Operation 'OHAI established three 'ohai tree populations at Kanaio Training Area, Maui. The first insert shows a Hawaii Army Guard vintage UH-1H Iroquois "Huey" helicopter sling-loading a 125-gallon tank of water to Kanaio. The second shows Maui District Forester Bob Hobby planting the 'ohai. *Melissa Dumaran photos*

Hawaii Guard reforest 'ohai in Kanaio, Maui

By Cadet Wendy R. Cook and
Sgt. 1st Class Stephen M. Lum

Hawaii Army National Guard's natural resources program and aviation division, and various partners banded together to plant 'ohai trees in Maui's Kanaio Training Area, in late January.

Partners from the government and private sector donated labor, in-kind services and materials.

Proactive environmental mission

One of the Hawaii Army Guard Environmental Office missions is to maintain the native habitat for the plants, trees and animals of each of the Guard's training areas. Compounding the difficulty is that Hawaii houses the highest number of endangered species in the United States, according to a 1998 study by the U.S. Fish and Wildlife Service. Of those endangered species, 263 are plants.

As outlined in the Endangered Species Act of 1966, congress requires all Departments of Interior, Agriculture and Defense to protect listed endangered species. All federal agencies are required to undertake programs for the conservation of endangered and threatened species. They are also prohibited from destroying or modifying a species "critical habitat."

"The Hawaii Guard natural resources program's area of responsibility includes 28 locations in Hawaii," said Melissa Dumaran, natural resources coordinator. "Kanaio is one of seven areas we manage directly."

Kanaio is a remote rocky and arid wind swept area on the island of Maui. The area has suffered in the "interest of progress." Damage created by deer, goats and weeds introduced into the area have contributed to the condition of Kanaio.

Reeducation, changing the mindset of our leaders and soldiers is another mission of the Environmental Office. With the help of the local community, the National Guard and other organizations, will preserve these lands for future generations.

One of the most endangered species found at the National Guard's Kanaio Training Area is the 'ohai tree. The Environmental Office's goal: to prevent the extinction of endangered dry forest 'ohai tree (*Sesbania tomentosa* var. *arborea*).

The 'ohai tree is a beautiful, silvery plant with red flowers, known only from two locations in the world, Maui and Molokai. The tree, which can grow to nearly 10 feet tall and has a life of about 20 years, was down to just seven species on Kanaio, Maui and small populations on two other sites on Molokai. The small tree is usually a very durable plant but due to drought, fire, invasive weeds and grazing by deer and goats, the tree population had diminished over the years.

Plan to propagate sprouted

Over the past five years, the Hawaii Guard and their partners have assisted with the recovery of this species through seed collection, greenhouse plant propagation, construction of fenced preserves to keep animals out of the 'ohai habitat, and the scattering of 60,000 seeds of 18 different coastal and dry forest species. This current out-planting effort adds 15 times the number of individuals occurring in the wild.

Project coordinator Dumaran began work on the restoration of the tree several years ago, but lack of funding delayed the project until now.

Plan becomes reality

In late January, Dumaran and fellow coordinator Jordan Jokiel finally had a chance to help restart the 'ohai population on Maui. Nearly 150 new seedlings were planted in five areas. Fences and a watering

system were also erected to help protect the growing seedlings until they can get a foothold back on the hillside. Dumaran now feels confident that the trees have a better chance of survival and reproduction.

Coordinating the project was no small feat with all the participating groups:

- ◆ Ho'olawa Farms provided greenhouse-nurtured 'ohai seedlings.

- ◆ Hawaii Army National Guard UH-1H Iroquois "Huey" utility helicopter sling-loaded 150 endangered 'ohai trees and five 125-gallon tanks of water (weighing 1000 pounds each). Use of the Wheeler Army Airfield-based UH-1H, better known as

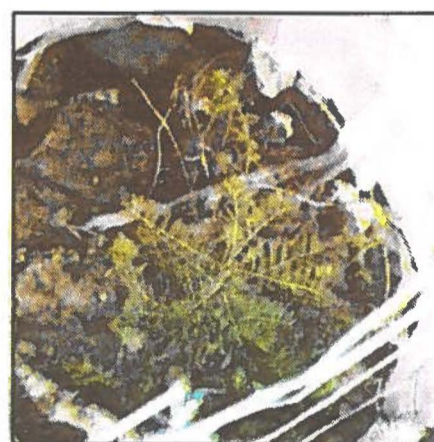
the Vietnam-era Huey, was coordinated in conjunction with a mission on Maui already on the schedule.

- ◆ Ulupalakua Ranch provided manpower and 750 gallons of water, use of roads, irrigation lines, camping shelters and technical expertise.

- ◆ Haleakala National Park's Exotic Plant Management Team, Nature Conservancy, Maui Invasive Species Committee, and Forestry and Wildlife Division of the State Department of Land and Natural Resources provided personnel, water jugs and Global Positioning System-mapped locations of 96 out-planted endangered plants.

- ◆ University of Hawaii Botany Department provided labor and technical support.

- ◆ Other contributing organizations were the Emergency Environmental Work force, U.S. Geological Survey Biological Resources Division, and UH student volunteers.



Sports Corner

By Lt. Col. Fred F. Fogel

Special services schedule updated

The Hawaii National Guard's Special Services Board postponed the basketball tournament, originally scheduled for December, until early 2002. The Board also plans to adjust the "windows" for future tournaments to be more in line with the customary sports seasons. Basketball will move from late in the year to the January-March time-frame. Softball will be in the May-July time frame, and volleyball in September-November. December will remain free for other family activities. The HING Softball tournament will also be rescheduled in 2002.

Basketball in progress

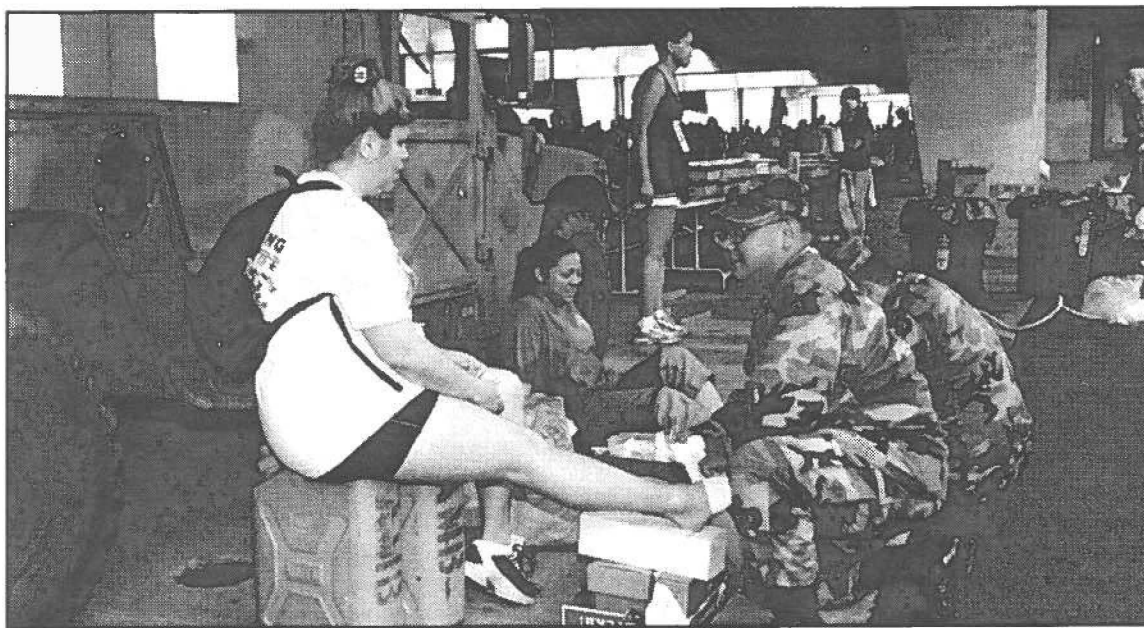
Kalaeloa gym has seen a lot of action lately. Both the Hawaii Army and Air National Guard basketball tournaments started in February. The intramural format will take the tournaments through the end of March. The following Air Guard units are represented: 154th Logistics Group, 154th Services, 154th Communications Flight, 154th Fuels, 154th MPF, 154th Civil Engineer Squadron, 169th Aircraft Control & Warning Squadron, 201st Combat Communication Group, and HQ, 154th Wing. Army Guard teams came from: 227th Engineer Company, 29th Separate Infantry Brigade, HQ State Area Command, 1st Battalion, 487th Field Artillery; 1st Battalion, 193rd Aviation; and 12th Personnel Service Detachment. These teams are vying for a place in the HING (State) tournament, April 10-14. The State tournament will also include teams from the neighbor islands. There should be something for everyone, with four divisions: open, coed, masters and golden masters (45+). Come out and support the athletes from your favorite unit. See flyers for details. HING tournament chairperson

is Tech. Sgt. Richard Costa, 448-7662.

According to Capt. Onesimo "Buddy" Francisco, the HIARNNG has a basketball team in the Schofield tournament, and they are doing well. Unfortunately, he has yet to provide any details. Perhaps, next issue.

18th Great Aloha Run volunteers thanked

Master Sgt. Joseph Spatola II, event organizer, reports that 110 Guard volunteers from 12 units supported five stations along the route from Aloha Tower to Aloha Stadium. Volunteers from the 154th Aircraft Generation Squadron, spearheaded by Tech. Sgt. Peter Kwok, kept the crowd in control at the starting line. Master Sgt. Greg Ng led Aid Station #1, staffed with volunteers from the 154th AGS, HQ HIANG, 169th ACWS, 154th Logistics Support Flight, 201st CCG, and 154th OS Flight. Aid Station #2, with volunteers from HQ HIANG and the 201st CCG, was led by Master Sgt. Vivian Tsutsumi. Corpsmembers from the Youth CHal-leNGe Academy also provided support at several water tables. Aid Station #3, led by Master Sgt. John Lind and staffed with volunteers from the 154th Maintenance Squadron, was the last aid station before Aloha Stadium. Inside the stadium, volunteers from 154th LSF, 293rd Combat Communications Squadron, and the 154th MXS, along with the 154th Honor Guard led by Master Sgt. Mark Coulborne, provided support. Six medics from Company C, 29th Support Battalion with three ambulances provided first aid at the Pu'uloa Street overpass. Battery C, 1st Battalion, 487th Field Artillery provided the big guns and eight gunners. In addition to the volunteers, many Guard members and their families participated in the run. Thank you and congratulations to all.



FIRST AID -- Cpl. Ron Martin and Spc. Rory Yamasaki, from Co. C, 29th Support Battalion, treat Great Aloha Runners for leg injuries during the February President Day held event. Sgt. 1st Class Wayne T. Iha photo

Ahi tournament in June

The fifth annual 154th Air Control Squadron Surfrider Ahi Tournament launches 20 June, from Port Allen, Kauai. A luau after the two-day tournament will be at the Port Allen Boat House. Entry fee of \$300 per boat must be submitted by May 12 to avoid late fees. Anglers must be members of the Hawaii National Guard or affiliated with the Guard. This year, skippers who are guard members may also be anglers. The Army Guard has offered the Hanapepe Armory as a place to stay at no cost. Cots to be provided by the 154th ACS. However, individuals must bring their own sleeping gear. See unit flyers for details and local POCs. Additional information available for Air Guard personnel on the following website: <https://154web.ang.af.mil/154acs/AhiTournament.htm>. The tournament chairperson is Maj. Myles Moriguchi (355-4120, x264).



bers and guests followed a little, dimpled white ball from divot to divot and pond to pond. When the grass and water settled, Staff Sgt. Martin Kim claimed a 64 and took home the \$100 first prize. Other winners were: Lt. Col. Keith Kunichika (67), Don Wilson (RCAS) (68), and Staff Sgt. Ben Madamba (69). The event recognized the sponsors that helped the Guard throughout the year. Representatives from the following organizations participated: JDR Solutions, Boeing, GM Defense, Camelbak, RCAS and Booz Allen. Door prizes were provided by: Boeing, Camelbak, Ala Moana Hotel, MMI-Federal Marketing Services and Gor-Tex. A final mahalo to CPT Taison Tanaka and all the organizers who helped make the tournament a great success.

Haleiwa Metric Century bike ride in April

The Haleiwa Metric Century bicycle ride, sponsored by the Hawaii Bicycling League, starts 7:30 a.m. at Kaiaka State Park on April 21. Cost is \$20 for HBL members, \$13 for children 14 and under, and \$25 for non-members. Entry fee due

by April 8. This is a fun ride, not a race. The 25K turnaround is at Ehukai Beach Park. The 50K turnaround is at Kahuku High School, and the 100K turnaround is at Swanzy Beach Park. Snacks, drinks, medical and mechanical support provided along the route. Finish festival is at the North Shore Marketplace in Haleiwa. Visit the HBL website at www.hbl.org or call 735-5756 for registration forms or additional information. Registration forms also available from Lt. Col. Fogel.

National Guard Marathon runners wanted

Runners from the Hawaii National Guard will compete in the Lincoln Marathon, May 5. The National Guard Bureau is covering travel and per diem.

The Hawaii Guard can field up to five runners in one of three divisions.

The Open Division is for men under age 40 who cover the 26+ miles in under four hours. The Masters Division is for men over 40 with a max time of 4 hours and 15 minutes. The Women's Division is for any woman who runs faster than 4 hours 30 minutes. One slot is reserved for a new runner. Coordinator is Maj. Wesley Tanji, 733-4115.

Stay active, alert and alive! Aloha.

Award ceremonies held for Hawaii Guard Association, Air Guard

Hawaii National Guard Association awards

The officers' association held its annual business meeting awards ceremony earlier this year.

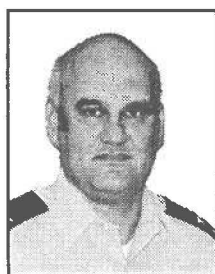
A highlight of the meeting was the presentation of awards to:

Outstanding Warrant Officer of the Year:
Chief Warrant Officer James Kinoshita, HHC, 29th Support Battalion

Outstanding Company Grade Officer of the Year: Capt. Spencer Napoleon, 154th Aircraft Generation Squadron
Outstanding Officer of the Year:

Col. Raymond Jardine Jr., HHC, 29th Separate Infantry Brigade
Outstanding Field Grade Officer of the Year:

Lt. Col. Keith Tamashiro, 1st Battalion, 487th Field Artillery



Jardine



Kinoshita



Tamashiro

Hawaii Air National Guard Launa Ole Awards

The Hawaii Air National Guard held its annual awards ceremony in March. The program, held inside Hangar 35, was a departure from awards ceremonies of the past. For starters, it was held during a drill weekend. By holding the ceremony during drill, in a large setting, more of the outstanding award winners could be recognized in front of their peers. Other changes to the program included greater recognition of traditional Guard members, by adding separate categories.

Outstanding Full-Time Airman of the Year:

Senior Airman Kristen M. Higgins, 154th Communications Flight
Senior Airman Jessica Y. Yokoyama, 154th Operations Support Flight



Higgins



Yokoyama



Dela Cruz



Molina

Outstanding Traditional Airman of the Year:

Senior Airman Lee M. Dela Cruz, 297th Air Traffic Control Squadron

Outstanding Full-Time NCO of the Year:

Tech. Sgt. Dominador O. Molina, 154th Aircraft Generation Squadron
Tech. Sgt. Kelly J. Wilkinson, 154th Logistics Squadron

Outstanding Full-Time Senior NCO of the Year:

Senior Master Sgt. Denise M. Jelinski-Hall, 297th Air Traffic Control Squadron

Outstanding Traditional Senior NCO of the Year:

Senior Master Sgt. Richard K. Shoda, 154th Maintenance Squadron

HNGA, HIANG — continued on page 7



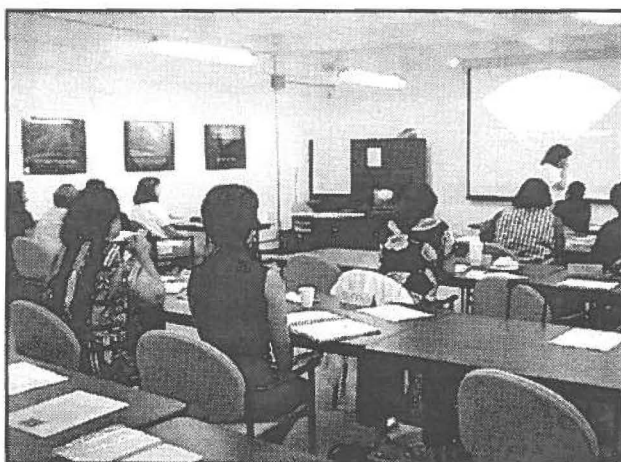
Hawaii National Guard Family Program

Lt. Col. Martha "Marty" Wong
State Family Support Coordinator

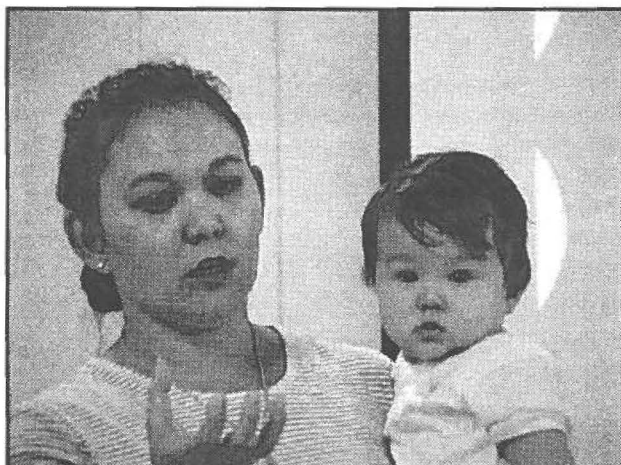
Happy Spring-time from the Hawaii National Guard Family Program!

Volunteer training

Training for our Family Program Volunteers is so very important . . . getting the basic tools needed to ensure you know what support is available and how you can best support the program, your unit and your Guard family. Jan 26-27, Key Volunteer Training was conducted at the State Family Assistance Center and a whole lot of training, networking and fun were going on!! Contact the Family Program office for how you, too, can get this vital volunteer training.



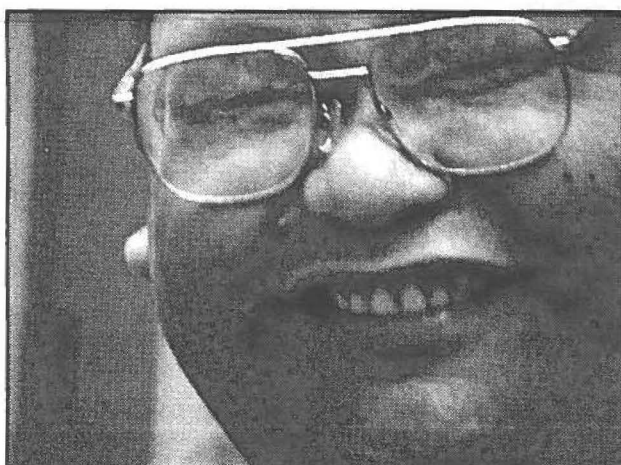
CLASS IN SESSION -- JoJo Correa and Sheena Miyamoto listen from the back of the classroom to tips on being a Family Readiness Group Key Volunteer.



FAMILY BRIEFING -- TamahLani Noh (and her son Cody) talk to the volunteers about the Drug Demand Reduction Programs that can interact with the Family Program.

Upcoming events on-line

Don't forget to visit the State Family Program website at www.dod.state.hi.us/family for more Family Program information about programs affecting families and the Guard and upcoming events. This is where you can download your registration form for the Sept. 14-15, State Family Program Conference. Look for the soon to come on-line Registration Packet for the 2002 Youth Training Event, June 7-10.



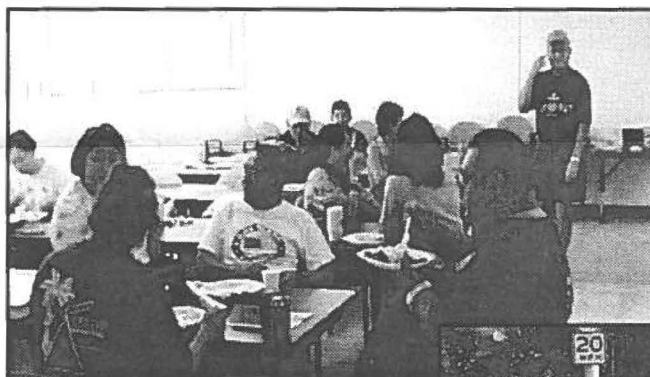
HAPPY CAMPER -- Now, that's what I call a happy volunteer . . . Kimo Palakiko!



A GOOD LOOKING BUNCH OF KEY VOLUNTEERS -- JoAnne Yamamoto, Harriet Kuni, Barb Petti, Joni Ishiki, Les Yamamoto, Jean Dobashi, Loretta Hales, Lorna Souza, Sheena Miyamoto, Brian Leong, Laura Wheeler, JoAnn Gomes, Marty Wong, Missy Vincent and Liz Taga enjoyed their lunch break and were ready to get back to more training

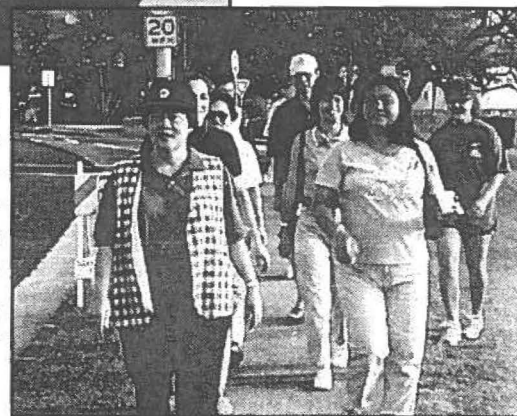


THE LOVE CONNECTION -- During the evening networking time, volunteers created the centerpieces for the February HNGA Sweethearts Ball. This one was the favorite of Leonard Wong, Myra Hethcote, Barb Petti, Liz Taga and Harriet Kuni.



COMMAND REVIEW (left) -- Brig. Gen. Myron N. Dobashi, Hawaii Air National Guard commander, looks on during a break in training.

WATER WINGING (right) -- Jean Dobashi leads a hike to the ocean as the kick-off to the second day of Key Volunteer Training. Following were Harriet Kuni, Sheena Miyamoto, Laura Wheeler, Missy Vincent, Leonard Wong, Barb Petti, and Lorna Souza.



HNGA, HIANG -- continued from page 6

Outstanding Full-Time Company Grade Officer of the Year:

Capt Basil M. Badley, 154th Communications Flight

Outstanding Traditional Company Grade Officer of the Year:

2nd Lt. Robert H. Millmann, 154th Logistics Squadron

Outstanding Full-Time Field Grade Officer of the Year:
Maj. Jan Sue Heverly, 154th Aircraft Generation Squadron

Winning Team Award:

Asynchronous Transfer Mode (ATM) Migration Team, 154th Communications Flight; team leader Staff Sgt Victor Talamo Jr.; team members: Capt B. Badley, Master Sgt. A. Beddow, Jr., Master Sgt. J. Botelho, Tech. Sgt. S. Ferreira, Tech. Sgt. R.



Wilkinson



Jenkins-Hall



Shoda

Hoyohoy, Tech. Sgt. W. Iwaki, Staff Sgt. R. Carvalho, Staff Sgt. J. Kurosawa, and Senior Airman D. Akana

Service Team Award:

Munitions Team, 154th Maintenance Squadron, team leader: Senior Master Sgt. B. Oshiro; team members: Master Sgt. R. Matsuoka, Master Sgt. A. Umeda, Tech. Sgt. J. Amarin, Tech. Sgt. C. Kikuna, Tech. Sgt. C. Oi, Tech. Sgt. P. Tadaki, Tech. Sgt. D. Tsubota, Staff Sgt. M. Beardeaux, Staff Sgt. G. Higa, Staff Sgt. N. Keaulii, Staff Sgt. S. Kim-Bustillos, Staff Sgt. S. Komatsu, Staff Sgt. K. Matsumoto,



Dela Cruz



Badley



Millmann



Hevery

Staff Sgt. E. Sproat, Jr., Staff Sgt. M. Vidaurri, Airman 1st Class V. Cole, and Airman 1st Class J. Soria

Outstanding Unit Award:
154th Communications Flight, unit commander: Capt Basil M. Badley

AWARDS -- continued from page 8

Hawaii National Guard Commendation Medal
Senior Master Sgt. Richard K. Shoda, 154th Maintenance Squadron
Tech. Sgt. Dominador Molina, 154th Aircraft Generation Squadron

Tech. Sgt. Kelly L. Wilkinson
154th Logistics Squadron
Senior Airman Kristen M. Higgins, 154th Communications Flight
Senior Airman Jessica Y. Yokoyama, 154th Operations Support Flight

Senior Airman Lee M. Dela Cruz, 297th Aircraft Traffic Control Squadron
Senior Airman Kristen M. Higgins, 154th Communications Flight
Senior Airman Jessica Y. Yokoyama, 154th Operations Support Flight

Awards and Recognition

Members and units of the Hawaii Army and Air National Guard were recently presented with awards in recognition of their outstanding performance.

Aviation Intermediate Maintenance: AVIM Battalion: Bn. Battery: Btry. Combat Support Team (Weapons of Mass Destruction): CST (WMD) Company: Co. Detachment: Det. Hawaii Air National Guard: HIANG Headquarters: HQ Headquarters & Headquarters Company: HHC Headquarters & Headquarters Service Battery: HHSB National Guard Bureau: NGB Oak Leaf Cluster: OLC Reconnaissance & Intrastate Detachment: RAID Regional Training Institute: RTI State Area Command: STARC Squadron: Sqd. 25th Infantry Division (Light), Detachment-Rear Operation Center: 25th ID(L), D-ROC

Meritorious Service Medal

Lt. Col. Edward Chun-Fat, 103rd Troop Command (1st OLC)
Lt. Col. Benedict H. Franks-Ongoy, HQ STARC (1st OLC)

Lt. Col. Daniel R. Oshiro, 103rd Troop Command (3rd OLC)
Lt. Col. Norman Y. Saito, HQ STARC (1st OLC)
Maj. Brooks T. Akana, 103rd Troop Command (1st OLC)
Maj. Wesley H. Tanji, 12th Personnel Service Detachment
Maj. Melissa Y.J. Zen, 154th Service Flight
Capt. Joseph C. Laurel, Co. C, 193rd Aviation (2nd OLC)
Command Sgt. Maj. Arnold R. Galacia, 2nd Bn., 298th Regiment, RTI (2nd OLC)
Sgt. Maj. Leighton Y.C. Siu, HQ STARC (1st OLC)
Chief Master Sgt. Gary L. Witt, 154th Security Force Squadron
1st Sgt. Paul P. Kamau, Btry. A, 1st Bn., 487th Field Artillery
Sgt. 1st Class Reynaldo V. Hufana, Btry. A, 1st Bn., 487th Field Artillery
Sgt. 1st Class Tim Marshall, 2nd Bn., 298th Regiment, RTI
Sgt. 1st Class Leonard H. Ventura, Btry. A, 1st Bn., 487th Field Artillery
Staff Sgt. Arnel C. Antonio, Co. B, 29th Support Bn.
Staff Sgt. Rae Dean M. Ibarra, Co. A, 29th Support Bn.
Staff Sgt. Balentin Meza, Det. 4, HQ STARC
Staff Sgt. Margaret U. Tatum, HQ STARC (1st OLC)

Army Commendation Medal

Chief Warrant Officer Louis M.P. Prescott, Co. B (-Dets. 1 & 2), 193rd Aviation
Master Sgt. Elizabeth K. Kenui, HHD, 103rd Troop Command (2nd OLC)
Sgt. 1st Class Alan J. Kahanu, HQ STARC (2nd OLC)
Sgt. 1st Class Ailao L. Mataia, 298th Regiment, RTI
Sgt. 1st Class Mark T. Shiraiishi, HQ STARC (3rd OLC)
Staff Sgt. Sanford H. Masada, 111th Army Band
Staff Sgt. Elva A. Schaben, Co. B (1 Dets. 1 & 2), 193rd Aviation (2nd OLC)
Sgt. James M. Kimoto, 111th Army Band (2nd OLC)
Staff Sgt. Philip Umali, Co. D, 2nd Bn., 299th Inf.
Sgt. Anita A. Denson, HQ STARC
Sgt. Jason M. Higa, HHD, 103rd Troop Command
Sgt. Frank W. Lonnon Jr., 298th Regiment, RTI
Spc. Edwin A. Davis Jr., 12th Personnel Service Det.

Army Achievement Medal

Maj. Alike G. Watts, HHC, 29th Support Bn.
Capt. Paul B. Lohmann, Co. C, 2nd Bn., 299th Inf.

Capt. Matthew T. Mitsui, HHC, 29th Support Bn.
Capt. Henry N. Sakata, HHC, 29th Support Bn. (1st OLC)
Capt. Christopher M. Slavens, Co. B, 29th Support Bn. (2nd OLC)
Capt. Tyson Yoshio Tahara, Co. A, 29th Support Bn.
Capt. Keith N.S. Yoshida, HHC, 29th Support Bn. (2nd OLC)
1st Lt. Kenneth H. Asahan, Co. B, 29th Support Bn.
1st Lt. Robert G. Miller, Co. B, 29th Support Bn.
1st Lt. Fernando E. Nelson, HHC, 29th Support Bn. (3rd OLC)
1st Lt. Sean K.N. Omatsu, Co. A, 29th Support Bn. (1st OLC)
2nd Lt. Doreen Y. Puana, Co. A, 29th Support Bn. (1st OLC)
Chief Warrant Officer Michael D. Silva, Co. B, 29th Support Bn. (1st OLC)
Chief Warrant Officer Owen M. Takenaka, HHC, 29th Support Bn.
1st Sgt. Leslie C. Souza, Co. B, 29th Support Bn.
Master Sgt. Mervin E. Anguay, 298th Regiment, RTI
Sgt. 1st Class Kathryn L. Arizo, 298th Regiment, RTI (6th OLC)
Sgt. 1st Class Armell Armstead Jr., HHC, 29th Support Bn. (1st OLC)
Sgt. 1st Class Damaso R. Bastatas Jr., Co. B, 29th Support Bn. (1st OLC)
Sgt. 1st Class Myron M. Hamasaki, HHC, 29th Support Bn. (1st OLC)
Sgt. 1st Class Parker K. Kaneakua, 298th Regiment, RTI (3rd OLC)
Sgt. 1st Class Virgine A. Kanoa, HHC, 29th Support Bn. (4th OLC)
Sgt. 1st Class Thomas K. Kawachi, Co. B, 29th Support Bn.
Sgt. 1st Class Kenneth D. Manual, Co. C, 2nd Bn., 299th Infantry (5th OLC)
Sgt. 1st Class Mel S. Sakamoto, Co. B, 29th Support Bn.
Sgt. 1st Class Francis L. Stone, HHC, 29th Support Bn. (1st OLC)
Sgt. 1st Class Clyde M. Tabata, HHC, 2nd Bn., 299th Inf.
Staff Sgt. Danilo P. Abadilla, Co. A, 2nd Bn., 299th Infantry (2nd OLC)
Staff Sgt. Arnel C. Antonio, Co. B, 29th Support Bn. (2nd OLC)
Staff Sgt. Michael W. Gregg, HHC, 1st Bn., 216th Air Defense Artillery
Staff Sgt. Peter M. Hope, 25th ID(L), D-ROC (3rd OLC)
Staff Sgt. Howard I. Kaai, Co. B, 29th Support Bn.
Staff Sgt. Lemuel Mangayam, HHC, 2nd Bn., 299th Inf.
Staff Sgt. Mark N. Mihara, HHC, 2nd Bn., 299th Inf.
Staff Sgt. Eric T. Ogata, Co. C, 193rd Aviation (2nd OLC)
Staff Sgt. Elijah Ring, Combat Service Support Group 3, 3rd Force Service
Staff Sgt. Leroy R. Tacut, HHC, 2nd Bn., 299th Inf. (Initial, 1st OLC)
Staff Sgt. Cory A. Vierra, HHC, 2nd Bn., 299th Inf.
Sgt. Johnny C. Agoo, Co. D, 2nd Bn., 299th Inf.
Sgt. Shon K. Antolin, Co. D, 2nd Bn., 299th Inf. (4th OLC)

Sgt. Alfredo B. Buccat, HHSB, 1st Bn., 487th Field Artillery (1st OLC)
Sgt. David Y. Choe, Co. B, 29th Support Bn. (3rd OLC)
Sgt. Gary A. Costales, Co. B, 193rd Aviation (1st OLC)
Sgt. Alvin L. Domingo, Co. B, 29th Support Bn. (1st OLC)
Sgt. Junito C. Gador, Co. B, 29th Support Bn.
Sgt. Louis K. Houpo, Co. C, 2nd Bn., 299th Inf.
Sgt. Keoni K. Kaholoa'a, Det.-1, 227th Engineer Co.
Sgt. Robert McDonnell, Co. C, 2nd Bn., 299th Inf.
Sgt. Noel B. Melchor, Co. A, 2nd Bn., 299th Inf.
Sgt. Ifeanyi F. Nwobi, Co. C, 29th Support Bn. (2nd OLC)
Sgt. Gilbert C. Pascua, Co. B, 193rd Aviation (1st OLC)
Sgt. Norman L.K. Peleholani, Co. A, 29th Support Bn. (2nd OLC)
Sgt. Thaddeus Y. Randolph, Co. B, 193rd Aviation (3rd OLC)
Sgt. Mark D. Rivera, Co. D, 1st Bn., 207th Aviation (2nd OLC)
Sgt. Ryan J.K. Ruiz, Co. B, 193rd Aviation (1st OLC)
Sgt. Thierry G. Sawa, HHC, 29th Support Bn.
Sgt. Dennis L. Sin, HHC, 2nd Bn., 299th Inf. (2nd OLC)
Sgt. Herbert Vierra, Co. A, 29th Support Bn. (1st OLC)
Cpl. Benedict K. Leeloy, HHC, 2nd Bn., 299th Inf. (1st OLC)
Cpl. Paul R. Moritz, HHC, 1st Bn., 216th Air Defense Artillery
Spc. Justin Aeto, Co. B, 29th Support Bn.
Spc. Dustin J. Amaral, HHC, 2nd Bn., 299th Inf. (1st OLC)
Spc. Efrén D. Antonio, Co. B, 29th Support Bn.
Spc. Whitney L. Arkle, Co. B, 193rd Aviation
Spc. Mario A. Cabigon, Co. B, 29th Support Bn.
Spc. Eddie Cardines Jr., HHC, 2nd Bn., 299th Inf. (2nd OLC)
Spc. Leopoldo G. Clemente, Co. B, 29th Support Bn.
Spc. Francis H. Fau, Co. B, 193rd Aviation (1st OLC)
Spc. Faustino E. Gani, HHC, 2nd Bn., 299th Inf.
Spc. David T. Hirano, 111th Army Band (1st OLC)
Spc. David K. Hosea, Co. B, 29th Support Bn.
Spc. Jamie T. Imai, HHC, 2nd Bn., 299th Inf. (1st OLC)
Spc. Christopher P.H. Iokepa, HHC, 2nd Bn., 299th Inf. (1st OLC)
Spc. Noel D. Jovenal, Co. B, 193rd Aviation (1st OLC)
Spc. Keola M. Kosuga, Co. C, 2nd Bn., 299th Inf. (1st OLC)
Spc. Kenneth A. Lorenzo, HHC, 2nd Bn., 299th Inf. (2nd OLC)
Spc. Lovell F. Manes, Co. B, 193rd Aviation
Spc. Roel O. Mansilungan, Co. C, 29th Support Bn. (2nd OLC)
Spc. Widelito Manuel, HHC, 2nd Bn., 299th Inf.
Spc. Melanie G. Mencias, Co. B, 193rd Aviation
Spc. Mark S. Mochida, HHC, 2nd Bn., 299th Inf.
Spc. Patrick W. Naughton Jr., Co. D, 2nd Bn., 299th Inf. (2nd OLC)
Spc. Kathleen C. Nicholson, Co. B, 193rd Aviation
Spc. Brant C. Parangan, Co. A (-Det. 1), 2nd Bn., 299th Inf. (1st OLC)

Spc. Michael Perez, HHC, 2nd Bn., 299th Inf.
Spc. Neil Shiroma, HHC, 2nd Bn., 299th Inf. (1st OLC)
Spc. Kehau Sproat, HHSB, 1st Bn., 487th Field Artillery (1st OLC)
Spc. Shane Stone, Co. B, 29th Support Bn. (1st OLC)
Spc. Brian K. Teixeira, Co. D, 2nd Bn., 299th Inf. (1st OLC)
Spc. Gavin T. Tsukamoto, Co. B, 29th Support Bn.
Spc. Roylan T. Ulep, Co. B, 29th Support Bn.
Spc. Marife L. Villalon-Amodo, Co. B, 193rd Aviation (1st OLC)
Spc. Henry H. Waiau Jr., HHC, 29th Support Bn. (2nd OLC)
Spc. Anthony T. Warren, Co. B, 29th Support Bn.
Spc. Tony William, Co. A, 29th Support Bn. (1st OLC)
Spc. Byron L. Wolfe, Co. B, Support Bn.
Spc. Byong Won, HHC, 29th Support Bn.
Spc. Edward Yamamoto, HHC, 2nd Bn., 299th Inf. (1st OLC)
Spc. Efrén A. Yanos, Co. A, 2nd Bn., 299th Inf. (1st OLC)
Spc. Loretta L. Yuen, Co. B, 29th Support Bn. (1st OLC)
Pfc. Joseph A.C. Agustin, Co. B, 29th Support Bn.
Pfc. Dane V. Antoque, HHC, 29th Support Bn.
Pfc. Namdoo Cho, HHC, 29th Support Bn.
Pfc. Larry Kawaahau, HHC, 29th Support Bn.
Pfc. Branon I. Kumalae, HHC, 2nd Bn., 299th Inf.
Pfc. Hoa Hue Ly, HHC, 29th Support Bn.
Pfc. Michael A. Silva, Co. D, 2nd Bn., 299th Inf.
Pfc. Stephanie K.A. Sylvester, Co. B, 29th Support Bn.
Pfc. Manu Taula, Co. A, 29th Support Bn.
Pfc. Tyson K. Wataride, HHC, 2nd Bn., 299th Inf.
Pfc. Lorena Williams, Co. B, 29th Support Bn.
Pfc. Clifford Wong, HHC, 29th Support Bn.
Pfc. Sommer K. Wright, HHC, 29th Support Bn.
Pvt. Jessica A. Fernandez, Co. B, 29th Support Bn.
Pvt. Theresa E. Gualdarama, HHC, 29th Support Bn.
Pvt. Francis K. Silva, HHC, 29th Support Bn.
Pvt. Sherry L.Y. Tochiki, Co. B, 29th Support Bn.
Pvt. Somchanh Vongsavath, HHC, 29th Support Bn.
Pvt. Earl J. Ventura, Co. B, 2nd Bn., 299th Inf.

Air Force Achievement Medal
Maj. Charles J. Anthony, HQ HIANG

Hawaii National Guard Commendation Medal
Maj. Jan Sue Heverly, 154th Aircraft Generation Squadron
Capt. Basil M. Badley, 154th Communications Squadron
2nd Lt. Robert H. Millmann, 154th Logistics Squadron
Senior Master Sgt. Denise M. Jelinski-Hall, 297th Aircraft Traffic Control Squadron

AWARDS — continued on page 7

Safety talk

Maj. Arnold Iaea
Safety Officer, Hawaii Army National Guard 733-4105/09

Holiday Weight Gain!

Forty percent of all Americans make diet and weight loss resolutions each year! Most people give up their goals by March. Set your goals one week at a

time to prevent unrealistic expectations. Start by cutting your fast-food intake by half! Prepare quick, healthy meals versus eating out. Stay positive and good luck!

Treadmill terror

In your battle to shed off those extra pounds on the treadmill, plastic surgeons at the Children's Hospital of Philadelphia have reported on 12 children, ranging in age from 14 months to seven years, have suffered serious hand injuries from the belt on the moving treadmill! Often, the injury occurs in the presence of an adult.

Tidbits

- Emergency room statistics indicate you're most likely to crash into a glass door in the late afternoon.
- One teaspoon of liquid nicotine or half an ounce of pure caffeine are considered lethal doses for a 150-pound man.

What Do Shopping and Doctors Visits Have In Common?

The answer is...by touching rented strollers, eating directly off high chair/tray at food court, or laying a child directly on a public diaper station can cause a serious health issue! Spray rented strollers with a portable disinfectant before strapping your child in. Never put a child's bare bottom on a public surface. This can spread E Coli, urinary tract infections, and the spread of other pathogens. One study found that 90 percent of the food trays tested positive for organisms contained in saliva, feces, grease, skin, and dirt.

Is Ergonomics So Bad?

The answer is NO! Ergonomics is an applied science concerned with designing and arranging things people use so that the people and things interact most efficiently and safely — also called *human-factors engineering*. Here are a few helpful hints that you can do to help make the workplace pain free...

- Move around If you are sitting posture for eight to 10 hours a day, day in and day out, you going to have a lot more pressure placed on those discs... than someone who gets up and down often and moves about.
- Also, one of the easiest ways to solve this and many other ergonomic problems is to drink more water! That gets people out of their chairs a lot more during the day. It's very simple, cost effective, and it also helps with a lot of other health issues, too.
- Don't use stress balls or vice grips. People tend to squeeze them too tightly. This is the type of motion that can put you at even greater risk for a carpal tunnel injury.

If you would like a color hard copy of this newsletter or prior newsletters, contact the State Safety and Occupational Health Office at 733-4105/4109 or 306-SAFE/SAF1/SAF2. Posting the newsletter on the bulletin board or in the break room would be an excellent way for traditional soldiers to learn more about safety.

We would love to hear from you! For questions or concerns regarding safety issues or ideas for the newsletter, contact the State Safety and Occupational Health Office.

Training Schedule

Listed below are the inactive duty training dates for all Hawaii Army and Air National Guard units. Dates for subordinate units are the same as their parent headquarters, unless otherwise indicated. All dates are subject to change.

| Hawaii Army National Guard | May | Jun | Jul |
|-----------------------------------|-------|------------|---------------|
| HQ, State Area Command | 4-5 | 1-2, 22-23 | 13-27 AT |
| 29th Separate Infantry Brigade | 3-5 | 1-2 | 13-27 AT |
| 227th Engineer Co. | 17-19 | 1-2 | 13-27 AT |
| HHC, 29th Support Battalion | 4-5 | 1-2, 22 | 13-27 AT |
| Company A, B, and C | 4-5 | 1-2 | 13-27 AT |
| HHSB, 1st Bn., 487th Field Arty. | 3-5 | 1-2, 29-30 | 13-27 AT |
| Battery A, B, and C | 3-5 | 1-2 | 13-27 AT |
| 103rd Troop Command | 4-5 | 1-2 | 6-7, 13-27 AT |
| Hawaii Air National Guard | | | |
| HQ, Hawaii Air National Guard | 4-5 | 1-2 | 6-7 |
| 154th Wing | 4-5 | 1-2 | 6-7 |
| 201st Combat Communications Group | 4-5 | 1-2 | 6-7 |