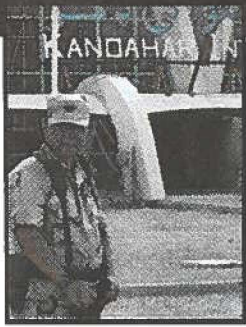


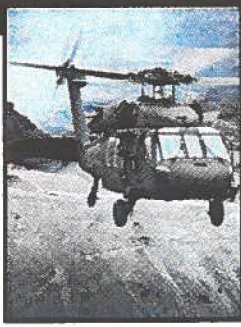
Frontline

Vincent joins war on terrorism page 3



Aviation

Aviator says farewell, Black Hawks welcomed page 5



Family

Guard youth camp at Timberline one last time pages 6-7



Hawaii State Department of Defense

pupukahi

pupukahi: "harmoniously united"

Vol. 37, No. 2

3949 Diamond Head Road, Honolulu, Hawaii 96816-4495

April - June 2002

Calendar

July 13-27

Hawaii Army National Guard annual training for most units.

August 9, Friday

Hawaii National Guard Officer/Enlisted Association Golf Tournament, Leilehua Golf Course, 12:30 p.m. shotgun start.

August 19-20

Hawaii Army National Guard Readiness Workshop, Hale Ikena, Fort Shafter.

August 16, Friday

Admissions Day, state holiday only.

September 2, Monday

Labor Day, federal and state holiday.

September 15, Sunday

Advanced NCO course graduation, 298th Regional Training Institute, Bellows Air Force Station

October 11, Friday

Discoverers' Day, federal holiday only.

November 5, Tuesday

Election Day, state holiday only.

November 12, Monday

Veterans' Day holiday for federal and state.

November 28, Thursday

Thanksgiving Day, federal and state holiday.

December 2, Monday

Governor's Inauguration ceremony, Iolani Palace grounds, 12 noon swear-in.

Combat Communications, Security Forces, support Enduring Freedom

By Maj. Charles J. Anthony and Tech. Sgt. Darlene Foote

Airmen from the Hawaii Air National Guard have been deploying overseas as part of the war against terrorism.

In March, 23 members of the 291st Combat Communications Squadron, based in Hilo, and in May, 39 personnel from the 154th Security Forces Squadron, based at Hickam Air Force Base, were called to active-duty as part of Operation ENDURING FREEDOM. Members of those units have been forward deployed or are in the process of being deployed to various undisclosed locations within Central Command's area of responsibility.

Before Sept. 11th, Tech. Sgt. Dawn Marie Tafaoa, was a drill-status member of the 154th Security Forces Squadron and a full-time Honolulu Police Department Officer, working in the Pearl City District. Now she will be providing security for U.S. military personnel as part of the war against terrorism. "I'm a little nervous. I really don't know what to expect as this is my first wartime mobilization," said Tafaoa. Before deploying for Operation ENDURING FREEDOM, many members of the security forces squadron were supplementing active-duty forces at Hickam AFB as part of Operation NOBLE EAGLE (Homeland Defense). Previous 154th Security



Tech. Sgt. Jimmy Kuwahara and Master Sgt. James Patao crimp a coaxial cable for a UHF antennae in a deployed location in support of Operation ENDURING FREEDOM.

Forces Squadron deployments include time at Incirlik Air Base, Turkey, as part of Operation NORTHERN WATCH (Northern no-fly zone of Iraq).

Master Sgt. James Patao and Tech. Sgt. Jimmy Kuwahara, both from the Hilo unit, are currently providing radio communication for the 40th Air Expeditionary Wing and 60th Air Expeditionary Group command and control. This includes repairing and maintaining radios, pagers, land mobile radios and Ultra High Frequency (UHF) air-to-ground systems.

"We must ensure reliable communications exist so aircrews, maintainers and those loading the bombs can coordinate efforts efficiently," said Patao. "I'm proud and happy to contribute to the effort to rid the world of terrorist aggression . . . the things that we do today will make the world better for our children tomorrow."

Tech. Sgt. Nan Proctor, was working full-time as a data processing analyst at Hilo Medical Center, when she received the call to active-duty. The 291st airman is now at another undisclosed location working in communications operations. "I feel it's an honor to be selected and support the mission, the HIANG and the U.S. Air Force," said Proctor.

Hawaii Guard turns over airport security mission



HIKI NO! (CAN DO) -- Soliders from the Hawaii Army National Guard's 1st Battalion, 487th Field Artillery turns over supplemental security mission to Transportation Security Administration in April. Sgt Scott J. McDonald photo

By *pupukahi* and Governor's staff

With the click of highly polished boots and a resounding *Hiki No!*, members of the Hawaii Army National Guard's 1st Battalion, 487th Field Artillery marched away from check-point #2 at Honolulu International Airport on April 15, bringing to a close one of the most visible missions in the war on terrorism. On that day, Honolulu International became the first major airport in the country to turn over supplemental security duties from the National Guard to Transportation Security Administration trained personnel. The Hawaii National Guard stood down its presence at airports on the neighbor islands on May 10.

"The Hawaii National Guard played an essential role in protect-

ing our State at a crucial time and performed their duties admirably," said Gov. Benjamin J. Cayetano. "The Guard's presence provided a strong sense of security and safety for our people and our visitors, who all rely on air travel to get around our island state."

On Sept. 11, 2001, Cayetano became the first state chief executive in the nation to order National Guard troops on State Active Duty to help secure an international airport in the wake of the terrorist attacks. Then, on Oct. 7, 2001, Pres. George W. Bush authorized the use of the National Guard to assist civil authorities with airport security, using federal funds.

"When the history of the war on terrorism is written, the National Guard presence at U.S. airports will be seen

as a major symbol of America's resolve to protect her people and our way of life," said Maj. Gen. Edward L. Correa Jr., state adjutant general and commander of the Hawaii National Guard. "I am very proud of all of Hawaii's citizen soldiers and airmen who were willing to take a stand against terrorism and ensure that our air transportation, the life-blood of our economy, was safe."

At its peak, more than 200 Hawaii National Guard soldiers and airmen were placed on federal active duty to help secure seven major airports across the state. "The majority of passengers, when they'd pass us, they'd say 'thanks for being here. We appreciate you being here. Keep up the good work,'" said Staff Sgt. Charles McDowell, one of the HIARNG soldiers who stood post at Honolulu International Airport.

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Command Notes

Maj. Gen. Edward L. Correa Jr.
The Adjutant General

I want to say thank you to all those who made this year's Hawaii Foodbank food drive such a huge success. First of all, I want to thank everyone who contributed either food or money. But, I especially want to thank our coordinators who helped the department set a new mark for the food drive. Our department collected more than 22,000 units (measured in pounds of food and dollars) shattering the previous mark. Outstanding!

Excellence recognition

Speaking of outstanding, I also want to recognize three members of our National Guard team who were named as the best of the best at the Excellence in Federal Government Awards luncheon, June 5.

Lt. Col. Edward K. Chun-Fat was named Military Officer of the Year. He is the executive officer at 103rd Troop Command, and he was recognized for considerably improving the combat readiness of HIARNG units.

Senior Airman Jessica Y. Yokoyama was recognized as the best in the category of Clerical and Assistant. She is an intelligence operations assistant with the 154th Operations Support Flight at Hickam Air Force Base.

Warrant Officer Candidate Rolando D. Domingo was the winner in the Trades and Crafts category. He is a material handler supervisor for Company B, 193rd Aviation Intermediate Maintenance at Wheeler Army Airfield. He helped his unit to two Army Chief of Staff Army Supply Excellence Awards in three years. Congratulations to all of our winners and nominees!

Tuition Assistance reminder

Our soldiers and airmen should be taking advantage of the tuition assistance pro-

grams currently available. Many of our National Guard members do not know that they can use Federal Tuition Assistance (FTA) to help fund their education. Personnel attending an accredited college or university may receive up to \$187.50 or 75 percent per credit. Funds are available for the summer and fall. FTA is a pay-up-front program.

Schools that have recently issued FTA include Chamaine University, Hawaii Pacific University, Heald College, University of Phoenix, and all of the colleges within the University of Hawaii system. You can also use FTA for accredited on-line courses leading to a degree.

State Tuition Assistance pays for credits successfully completed and is only for students attending schools within the University of Hawaii system. The maximum amount of credits funded is 12. For anyone attending college, I urge you to visit our education website at <<http://dod.state.hi.us/education>> to find out how to combine state and federal tuition assistance and maximize your existing benefits.

Veterans in our thoughts

I feel very strongly about paying homage to our veterans and I want to close this issue by sharing with you the remarks I delivered at the Hawaii State Veterans Cemetery on Memorial Day: "There is always a very strong sense of purpose and honor to pay our respects to our veterans who have passed on.

Their heartbeat had the greatest influence on the rhythm of this great country and indeed the world. We owe them so much, and events like this offer a constant look into a past that symbolizes the future.

Whether it's Adm. Dennis C. Blair, or now Adm. Thomas B. Fargo, or Gov. Benjamin J. Cayetano, Brig. Gen. Irvin K. Cockett, Bob Hamakawa, or Medal of Honor recipient Sgt. Maj. Allan Kellogg, they have pro-

vided reassuring and inspiring reminders of the tough challenges our veterans faced for freedom and democracy.

Some of the most indelible effects of their efforts were realized when the Berlin Wall fell in 1989, then when the sickle and hammer of the red Soviet flag was drawn down from atop the Kremlin's Council of Ministries Building on Christmas Day 1991.

There is also the raising of the Kuwaiti flag after the defeat of Iraq and Saddam Hussein and just last year, the removal of the Taliban flag from the capitol of Afghanistan.

We have all been touched by the sacrifices of our veterans.

These sacrifices are personified in a fictional account of World War II — in the film *Saving Private Ryan*. Those who have seen the movie know the story: three of four brothers are killed in combat and their mother is notified of their deaths in one heart-wrenching visit. The one remaining son — Pvt. Ryan — has jumped into France with the 101st Airborne Division. Actor Tom Hanks plays the part of a squad leader whose mission is to find Ryan and bring him to safety. After days of search. Ryan with just a handful of his fellow Airborne troopers, guarding a bridge to save it from a larger and more powerful German force. Capt. Miller, played by Tom Hanks, explains to Pvt. Ryan that all three of his brothers have been killed in combat and his orders are to bring the last remaining son home. When Ryan refuses, Miller asks him what are they supposed to tell his mother. Ryan replies: "tell



EXCELLENT CHOICES -- Hawaii National Guard's nominees for Excellence in Federal Government Awards were recognized at the annual June luncheon held at the Sheraton Waikiki. Nominees and winners (with plaques) are Lt. Col. Edward K. Chun-Fat, Warrant Officer Candidate Rolando D. Domingo, Chief Warrant Officer Oscar T. Nakamura, Joanne Yamamoto, Senior Airman Jessica Y. Yokoyama, Senior Master Sgt. Karen S. Cary, and Capt. B. Marcus Badley. The 93rd Civil Support Team (Weapons of Mass Destruction) represented by Lt. Col. Stanley E. Toy was also recognized. Master Sgt. Stephen M. Lum photo

her I was here . . . and I was with the only brothers I have left. There's no way I'm going to leave this bridge." Hanks' character dies at the end of a climactic battle — while Ryan survives. Just before he dies, the Hanks' character, Miller, tells Ryan "earn this." The movie ends with the elderly Ryan, visiting the gravesite of Miller at Normandy 50 years later. Choked with emotion, he says to his wife "tell me I've lived a good life — tell me that I've been a good man." What he wants is reassurance that he has earned their sacrifice.

I think the words of former Pres. George W. Bush represents what constitutes the true measure of our respect for our veterans, when he said "We are not the sum of our possessions. They are not


the measure of our lives. In our hearts we know what matters. We cannot hope only to leave our children a bigger car, a bigger bank account — we must hope to give them a sense of what it means to be a loyal friend, a loving parent, a citizen who leaves his home, his neighborhood and town better than he found it."

On this Memorial Day 2002, let us remember that our veterans have left our towns, neighborhoods and homes a better place and that growing veterans is the lifeblood of this country, because what we have is very fragile and requires constant vigilance. 9-11 is our latest reminder.

Thank you for coming. God bless all of our veterans and God bless America."

FIRST EAGLE -- Col. Kathleen F. Berg receives her eagle wings from her husband retired Maj. Steve Berg (right) and Maj. Gen. Edward L. Correa Jr., the adjutant general, in May. The Hawaii Air National Guard communications special staffer is the Hawaii National Guard's first female colonel. Staff Sgt. Curtis H. Matsushige photo





pupukahi

State of Hawaii Department of Defense
pupukahi: harmoniously united

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Vincent's ENDURING FREEDOM closeup

By Maj. Charles J. Anthony

Col. Edwin "Skip" Vincent, 154th Support Group commander, 154th Wing, has come face-to-face with captured Al Qaeda detainees and has seen the best the U.S. military has to offer.

For three months Vincent served as the principle advisor to the Joint Task Force-Southwest Asia and the Combined Forces Air Component commander for all matters concerning the force employment, health, morale, welfare and compensation of the reserve forces in Central Command's area of responsibility.

During that three-month period, Vincent estimates



FREEDOM ISN'T FREE -- Col. Edwin "Skip" Vincent at Kandahar Airport, Afghanistan.

he met almost 3000 Air National Guard and Air Force Reserve personnel in the Middle East.

"Operation ENDURING FREEDOM is the most successful Total Force partnership that I have experienced in my 28 year career," said Vincent. "It didn't make any difference to anyone whether the individual was active duty, Guard or Reserve. There are a lot of heroes out there. I've never been around so many professional, dedicated young

men and women. But these airmen serving in the war against terrorism in and around Afghanistan are just like the young men and women I see walking around the HIANG."

Much of what Vincent experienced and some areas that he visited remain close hold, but it can be revealed that he went inside the Al Qaeda detainee camp in Kandahar, Afghanistan.

"Contrary to some news reports, the detainees are being treated *very well*," said Vincent.

He also sent a few souvenirs from Hawaii to Al Qaeda terrorists. While on board a U.S. Navy aircraft carrier, Vincent placed some golf balls autographed by HIANG members into several 2,000-pound bombs. Presumably those autographed golf balls fell on Al Qaeda targets along with the 2,000-pound laser-guided ordnance. "I thought it would be pretty cool to have a little something from Hawaii to send a message," said Vincent.

HIANG unit runs world's busiest USAF control tower



ON SITE -- Staff Sgt. Jack Yuen, a 297th Air Traffic Control Squadron controller, scours the skies at the air control tower at Kalaeloa.

Story and photos by Maj. Charles J. Anthony

The Hawaii Air National Guard run control tower at Kalaeloa Airport has been named the busiest Air Force control tower in the world. That distinction is the result of changes made following the closure of Barbers Point Naval Air Station.

In July 1999, Barbers Point closed, becoming Kalaeloa, and the 297th Air Traffic Control Squadron, part of the 201st Combat Communications Group, became responsible for the operation of the control tower, one of 90 around the world controlled by an Air Force, Air Force Reserve or Air National Guard unit. About the same time, general aviation aircraft that had been using the airfield at Ford Island, began using Kalaeloa's airspace. "We are managing 16,000 operations per month," said Lt. Col. Craig Ishizaki, 297th commander. "Sometimes there are eight or nine aircraft in the mix at the same time."

There are 11 flight schools that currently use Kalaeloa as their primary training area. The Coast Guard has its search and rescue operations located at Kalaeloa and various U.S. military aircraft, including the Hawaii National Guard, use the runway there for "touch and goes." All of this activity results in between 500 and 800 operations per day. "It's exciting, a pretty cool thing to do, when it gets really busy — sequencing all of those aircraft safely," said Staff Sgt. Jack Yuen. Yuen, a drill-status member of the control squadron, spent 14 years with the 154th Maintenance Squadron before cross training into the air traffic controller field. "I'm glad I made the change," said Yuen. "It's a whole new challenge."

Those working the control tower at Kalaeloa represent an unusual mix for an Air Guard unit. Drill-status personnel must work far more than one weekend a month and two weeks per year. Yuen says he works five days a week at Aloha Airlines, and "as often as I can" at the 297th in order to maintain proficiency. The full-time controllers are comprised of six Title 32 Guard airmen and nine Title 5 civilians, who would continue operations in the event that National Guardsmen are mobilized.



COMPLACENCY NOT AN OPTION -- Senior Airman John Marker and Staff Sgt. Gilbert Lanai, radar approach controllers monitor their consoles.

Community Outreach program touches Maui County

By Spc. Brandon D. Bocanegra

Infantrymen from Company C, 2nd Battalion, 299th Infantry wrapped up seven months of service to our state with one weekend of service to the Maui community. Forty Hawaii Army National Guard soldiers picked up trash and painted the buildings of Wailuku's Baldwin High School in May, not just to revitalize the buildings but the spirit of the community as well.

After receiving the news of that fateful incident Sept. 11 last year, Charlie Company, as well as National Guard units state-wide, were called to defend their homes from further attacks. Maui's soldiers were sent throughout the county, pulling security at Maui, Lanai, and Molokai's airports. When not working as protectors, the infantrymen volunteered their off-duty hours on four community service projects. The Baldwin High improvement was the last project soldiers worked on while on the security activation.

First Lt. Paul Agena, Company C commander used the Federal funded Community Outreach program to make *home improvements* to Maui County public schools.

"I was given the freedom to coordinate the projects," said Agena, who teaches science at Kapolei Middle School on Oahu. "I made my choices based on the needs I saw at my civilian job."

"As a teacher, I realized the impact our assistance can make at our schools," said Agena. "A newly painted classroom and a clean campus make for a better learning environment."

"I chose projects that did not require the skills of our Army engineers, but needed a lot of good old fashioned hard work."

"Our infantrymen attacked the painting projects with the same energy they regularly put

into their soldiering missions." Local Maui businesses such as Service Rentals and Ameritone, also rallied around the effort, donating equipment and supplies, which made the federal dollars go further.

Community Outreach is funded through JVEF (Joint Venture Education Forum, a coalition of State Department of Education, military personnel with a stake in public education which administers the money, which is possible through the efforts of U.S. Sen. Daniel K. Inouye. Money is to be used for materials, supplies, equipment to support Guard personnel with "minor" repair maintenance projects.

"Where else but in the National Guard can we get to do so many jobs that help the community?" asked Sgt. Daniel Arrojo, who was a part of the Molokai security team. "We've been security guards, landscapers, and now painters."

The Charlie Company soldiers painted two portable classrooms and removed several truck loads of trash from the Baldwin High campus. Other projects they completed

throughout the last seven months included painting classrooms on Lanai, trimming hedges and lawn maintenance on Molokai and setting up an obstacle course for students at Kalama Intermediate School, also on Maui.

Agena said that the schools were very appreciative for the work and some even wrote letters of gratitude.

Agena said, "Lt. Col. Bruce Oivera, our battalion commander encouraged us to participate in the program and added that it might be good camaraderie-builder and he was right. The guys felt real good giving back to the community they live in."

Projects on the horizon

This year — we have identified and currently planning projects at the following schools:

Oahu: Kaimuki High, Ala Wai

Elementary, Kahuku High and Kalihi Waena)

Maui: Baldwin High/completed, Hana High/Elementary, Pukalani Elementary, King Kamehameha III Elementary, and Lahaina Luna High/Elementary

Molokai: Kaunakakai Elementary, and

Lanai: Lanai High/Elementary

Air or Army Guard units are needed to take projects, and or individual volunteers to participate and/or augment the labor force. Project dates will be scheduled from July through September. Exact project dates will be published via email as they become available.

Air or Army Guard units interested in using the community outreach program (Max grant per project is \$2400.00) as their community service for next TY(2003), please contact CPT Onesimo "Buddy" Francisco III — by Sept. 30 at (808) 733-4213 or email onesimo.francisco@us.army.mil

Col. "Pete" retires after 37-year career

By Lt. Col. Wayne N. Yoshioka and
Master Sgt. Stephen M. Lum

It was another typically hot and humid day in May 1970 in Hue Phu-Bai, Republic of Vietnam. Capt. Orlan L. Peterson Jr., was on his AH-1G Cobra attack helicopter orientation/standardization check ride to the Demilitarized Zone (DMZ). It was a rite of passage for all new pilots assigned to the 101st Airborne Division. It would change Peterson's life forever.

Peterson had joined the Hawaii Army National Guard two years after graduating from Castle High School in Kaneohe, Hawaii. He came from a family of HIARNG career soldiers, all noncommissioned officers with the Nike-Hercules missile program. He enlisted to become an aircraft mechanic with Company B, 29th Support Battalion, 29th Infantry Brigade. Shortly after graduating from technical school in 1965, he became an officer candidate at the Hawaii Military Academy.

29th Brigade call-up accelerates training

Like many HIARNG soldiers, Peterson heard the now famous broadcast by Honolulu's reigning disc jockey, "J Akuhead Pupule," that the 29th Brigade was being federally activated on May 13, 1968. The non-commissioned officer's career went into high gear. Within two years of the call up, he was promoted to captain, completed his basic branch, aviation flight training for the UH-1 utility helicopter, transition training for the AH-1 Cobra, maintenance test pilot course, and was on his way to Vietnam.

Vietnam tour of duty . . . reality check

Now, flying above the dense jungle canopy of Vietnam after only 12-days of in-country training and 12-days as a captain, Peterson was in the front seat of the AH-1 approaching the DMZ. The sound of enemy gunfire from the ground pierced the air conditioned cockpit. Peterson fired back with dual front-mounted guns.

"It was the first time I was ever shot at," Peterson recalls. "It was a revelation. For a young pilot who felt invincible, it was a wake-up call to realize that you can get hurt or lose your life. It changes you forever."

When Peterson was first assigned to C Troop, 2/17th Cavalry (Condors), 101st Airborne Division, he



Col. Orlan L. Peterson Jr.

had 250 hours of total flight time. By the end of his one-year tour, "Condor-2" as he was called, had clocked 500 hours of combat time in the AH-1, UH-1H, UH-1M, and the OH-6 Loach observation helicopter. He earned a Distinguished Flying Cross for heroism in 1971, destroying two anti-aircraft batteries in Lom Som 719, the only aviation campaign of the war. He earned 12 Air Medals with one for valor involving a hot extraction of a downed crew, and the Army Commendation Medal (with 1st oak leaf cluster) for valor during separate recovery missions in 1970 at Fire Base Ripcord.

Sustaining combat damage was not uncommon says Peterson. "After being shot down, you can't help feeling that the next one will be fatal. He recalls, "If you survive number three, you'd start all over again with a clean slate. Surviving those close calls gave me a sense of confidence. It changed my personality and made me feel that I was spared because I needed to get other things done. Looking back, I always felt I knew what I needed to get done in my life."

While in Vietnam, he also was in charge of the Troop's round-the-clock maintenance program for 30 aircraft. He supervised the maintenance team at night and flew during the day. His troop commander, Emil J. Hirsch, recalls of Peterson, "Those gun pilots just flew anywhere and beat up the aircraft. They came back with holes in them and some without skids. "I remember more than once, when Pete Peterson and the maintenance crew would go to work after supper and quit at breakfast after they gave me and opera-

tions more flyable aircraft." Capt. Peterson received a Bronze Star and Army Commendation for Achievement for maintaining the highest operational rate in I Corps RVN, from May 1970 to June 1971.

At home in Hawaii

After his tour in Vietnam, Peterson was assigned to the 25th Infantry Division at Schofield Barracks. In



Peterson, 1970s

1974, Maj. Gen. Valentine A. Sieferman, the adjutant general at the time, hired him for a full-time aviation technician position. Two years later, Maj. Gen. Sieferman presented Peterson with the Hawaii National Guard Association's outstanding company grade commander of the year award and the NGB Meritorious Service award for leading the 293rd Maintenance Company (Aircraft Maintenance) and sustaining the unit above 100 percent of NGB assigned goals.

He went on to serve as commander of Troop E, 19th Cavalry; commander, Command & Control Battalion; commander of the 193rd Attack Helicopter Battalion; commander of HIARNG's Wheeler Army Aviation Support Facility; aviation staff officer for Headquarters, State Area Command (HQ STARC) and State Army Aviation Officer for HING.

Last flight closes out military career

It is now May 4, 2002. Almost 32 years to that life-altering check ride in Vietnam and 37 years from the day he first served in the HIARNG. "I'm so glad I started in the HIARNG and am finishing my career in the HIARNG," says Peterson. "It's been one of the most rewarding experiences anyone could possibly have. I am so grateful to the Army and the HIARNG."

It is also the day that Col. "Pete" takes his last flight after more than 5,000 accident free flying hours at the controls of Army fixed wing and rotary wing aircraft. "This is my last opportunity to experience the freedom of flight," he said. "I plan to take some time off and work around the house." Once again, Peterson's life has been transformed forever.

New Big Island Black Hawks blessed

By Master Sgt. Stephen M. Lum

The Hawaii Army National Guard conducted induction and blessing ceremonies of the off-the-factory-line Sikorsky UH-60L Black Hawk utility helicopters at the Guard's Army Aviation Support Facility #2, Gen. Lyman Field in Hilo, Hawaii, in April.

Hawaii-born, Maj. Gen. Edward L. Correa Jr., the adjutant general, hosted the event. Also in attendance were Jennifer Goto-Sabas, Sen. Daniel K. Inouye's aide; Tom Nicolett, director of National Guard marketing at Sikorsky; Brig. Gen. Myron N. Dobashi, Hawaii Air National Guard commander; Brig. Gen. Clarence M. Agena, HIARNG commander and deputy adjutant general; and retiring Col. Orlan L. Peterson Jr., state army aviation officer.

Father George DeCosta of the Royal Order of Kamehameha I of Maia Puka Okalani Catholic Church did the invo-

cation and blessing. Music during the event was provided by Sgt. 1st Class Tommy Hirai, Spc. Samuel L. Hesch and Nanea (Lt. Col. Alike Watts, Maj. Kenneth Hara, and Capt. Jarad Sprout).

The four, soon to be eight, all-weather Black Hawks belong to Company D, 1st Battalion, 207th Aviation. The 35-member unit's mission is to provide command and control air transport of personnel and equipment for combat support, and combat service support. The aircraft is also used in search and rescue, as well as fire suppression missions. One of the twin-engine Black Hawks is the 2,500th produced by the Sikorsky Aircraft Company. More than 1,500 now serve the U.S. military and over 1,000 are in service 24 countries around the world.

The four-blade main rotor aircraft, like most of the Army's aircraft, is named after American Indians or tribes. The Black Hawks are named after the chief of the Sac-Fox Indian tribe.



NEW BLACK HAWK ERA -- Maj. Gen. Edward L. Correa Jr. and Brig. Gen. Clarence M. Agena untie the ceremonial Maile Lei, while retiring Col. Orlan L. Peterson Jr. looks on. Cadet Wendy R. Cook photo

ACTIVE DUTY SUPPORT -- Hawaii Army National Guard's CH-47D Chinooks fly 2nd Battalion, 3rd Marines, on an Air Ground Force Task mission from Schofield Barracks to Bellows Air Force Station. Company C, 193rd Aviation aircrews also sling-loaded hummers from Marine Corps Base Hawaii to Bellows AFS in April.

Capt. Joseph Laurel photos



UH-60L Black Hawk helicopter flies past Hawaii's Kilauea volcano.



Mālama i Ka 'Āina Koa

"Preserving the soldier's land"

No. 11

Hawaii Army National Guard Environmental Office

April - June 2002

Earth Day 2002 includes cleaning, planting

Ala Wai safety hazard removed

By Master Sgt. Stephen M. Lum and retired Lt. Col. Lincoln Yamashita

Earth Day 2002 activities were destined to be the usual cleanup and planting activities, but Mother Nature made cleaning up a winching task. A winter storm uprooted a tree in Manoa Valley and washed down to the calm waters of Waikiki's Ala Wai Canal. The obstruction in the middle of the canal, used daily by canoe and kayak paddlers, was an accident waiting to happen.

During the Ala Wai Watershed Association's stream clean up of the environment, volunteers collected assorted trash, bed frames, shopping carts and tires. The only major obstacle in their way was a tree stump stuck in the mud in the middle of the Ala Wai.

Community asks for help

The association asked their State Senator Les Ihara for help and direction. Barbara Natale, Ihara's legislative aide, and AWWA board member and special events chair, called the Hawaii National Guard and coordinated directly with Lt. Col. Ronald R. Swafford, the Hawaii Army National Guard's environmental protection specialist.

Reconnaissance done

Swafford said, "My preliminary assessment estimated the stump to be about 15 feet long, with roots sticking out about three feet. The tree was stuck in the middle of the canal, 60 feet from either side of the bank. With pictures and data in hand, I approached Chief Warrant Officer Paul N. Kahunahana and Master Sgt. Bruce H. Hidano, from the Combined Support Maintenance Shop in Diamond Head."

Kahunahana and Hidano did their own reconnaissance and determined what equipment and personnel would be needed to do the job. They decided a hummer with winch and a 5-ton wrecker with a winch would be the primary tools of implementation.

Swafford kept all concerned parties informed on the timetable, personnel, equipment and safety concerns.



ACCOMPLISHING THE MISSION -- (1) Sgt. 1st Class Damaso R.J. Bastatas and Lt. Col. Ronald R. Swafford keep the rope taut, while Sgt. Antonio R. Savella and Master Sgt. Samuel J. Lono paddle out to help retired Lt. Col. Lincoln Yamashita secure the other side of the line to the tree stump lodged in the middle of the Ala Wai Canal. (2) Master Sgt. Bruce H. Hidano and Bastatas use the hummer's winch to drag in the stump. (3) Master Sgt. Samuel J. Lono, Chief Warrant Officer Paul N. Kahunahana, Bastatas and Swafford remove chain from 5-ton wrecker's winch which pulled the Ala Wai log hazard on shore. Master Sgt. Stephen M. Lum photos



Additionally, armed with a flat bottom boat, a kayak, rope, steel cable, floats, chains, chainsaw and other miscellaneous items, the crew set off to the Ala Wai on April 19.

Engineering feat accomplished

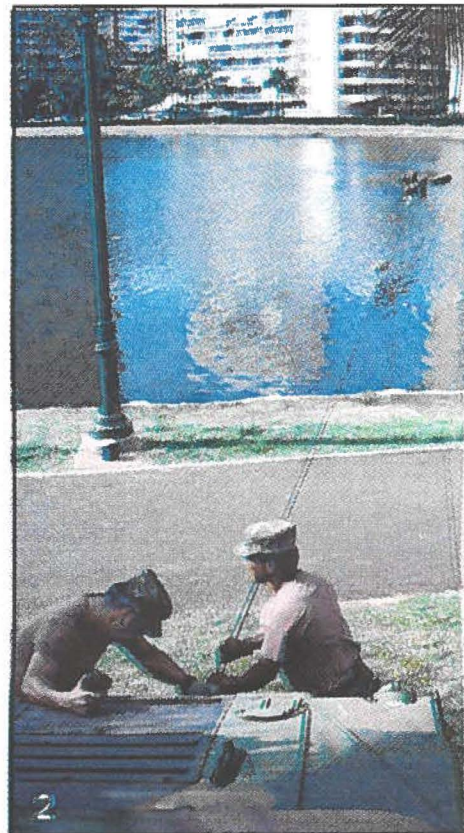
Master Sgt. Samuel J. Lono, Sgt. 1st Class Damaso R.J. Bastatas, Sgt. Antonio R. Savella, and retired Lt. Col. Lincoln Yamashita, joined Swafford, Kahunahana and Hidano at the canal.

The four and a half hour operation began with Lono, Savella and Yamashita paddling to the stump and figuring where to chain the stump.

During the execution phase, Yamashita said they found out that the monkey pod tree trunk and root structure was more like 30 feet long, 20 feet wide and 12 feet tall.

Yamashita fastened the chain near the four-foot width of the stump. Rope was attached to the cable, along with a float and towed by boat by Lono and Savella. Yamashita attached the cable to the chain.

Under the direction and watchful eyes of Kahunahana, the on shore team of Hidano and Savella used the hummer's winch to drag the stump in 50 feet, where it ran aground in the mud again.



Cables were then attached from the 5-ton wrecker, operated by Lono and Bastatas, as well as the hummer. They were able to drag the stump until it again got stuck in the mud near the edge of the bank.

The wrecker team attached the chain to the boom and lifted the stump partially out of the water.

Swafford used the chainsaw to dislodge an eight-foot root from the stump.

The wrecker and hummer crews attached the cable at better vantage points and pulled the stump close enough to cut another chunk of the stump. Between the wrecker's boom and the hummer's winch the stump was lifted on shore.

Honolulu City and County workers cut up the stump the next day and hauled it away.

The Hawaii Guard removal of what the Ala Wai Watershed Association has nicknamed "Log-Nessie", saved the taxpayers thousands of dollars, while giving the Guard soldiers practice training in dislodging debris from small scale natural "disasters."

Diamond Head facelift continues

Story and photos by Master Sgt. Stephen M. Lum

EarthDay 2002 presented the environmental staff with another opportunity to educate the public on the historical wonders of Battery Harlow and to get in touch with Hawaiian nature. One hundred students, advisors and volunteers from the Hawaii Sierra Club High School Hikers joined in a four hour field service project.

Earth Day, first celebrated April 22, 1970, is a national movement to protect and preserve the environment.

After a short tour of the Battery Harlow coast artillery facility the students were put to work. They assisted the Resource Program section of the Hawaii Army National Guard Environmental Office in the on-going hiking trail maintenance, tree-planting, weeding and mulching of Diamond Head State Park. The dry forest and coastal ecosystem restoration project is to remove non-native species and replace them with shrubs and trees that were there originally. Two-hundred sixty shrubs and 20 trees were planted.



TAKING CARE OF THE LAND -- Hawaii Army National Guard's Environmental Office staffer Ying "Joy" Zhang (left) and Leilehua High School 9th grader Maylene Macanas (right) plant and mulch indigenous fauna at Battery Harlow during April's Earth Day 2002. Macanas was among the 50 Hawaii Sierra Club High School Hikers club members who joined the Environmental Office's refurbishing of the Diamond Head monument.



Kauwale qualifies for All-National Guard Marathon team again

The Hawaii National Guard marathon team placed 15th in the National Guard marathon in Lincoln, Neb., May 5. All 50 states, three US territories and the District of Columbia send five team members each year to Lincoln to participate in the National Guard marathon time trials. For the second consecutive year, Staff Sgt. Jay Kauwale qualified for the Masters National Guard Marathon team.

Kauwale was additionally recognized for his second place team finish in the Marine Corps Marathon, Oct. 27,

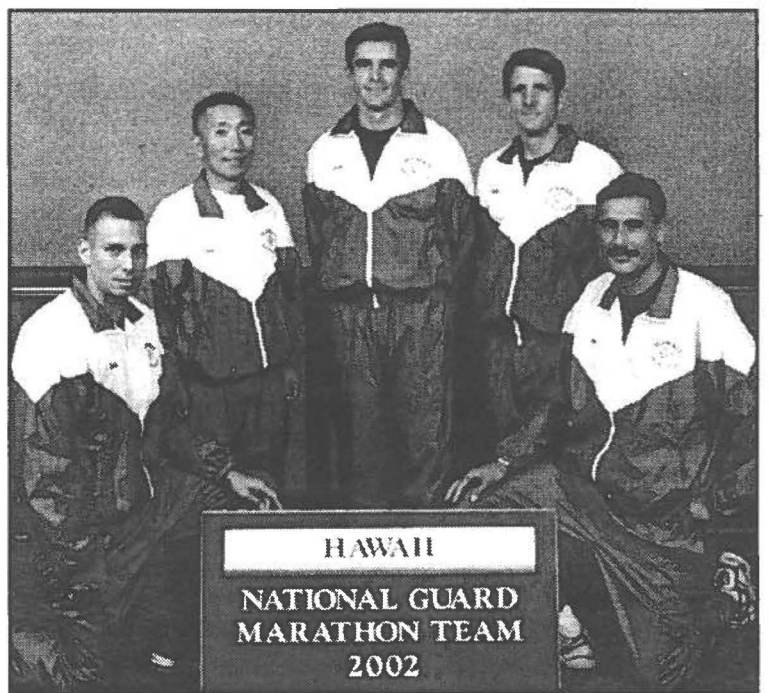
The finishing times were:

Staff Sgt. Jay Kauwale, HIARNG	2:58:52
Sgt. 1st Class Ron Li, HIARNG	3:31:48
Lt. Col. Mike Compton, HIANG	3:35:07
Maj. Scott Kimsey, HIANG	3:35:08
Sgt. Kelii Hayes, HIARNG	4:06:03

2001. As a member of the National Guard Masters Marathon Team, he will represent Hawaii and the National Guard in three major marathons across the country in 2002.

Team Captain, Lt. Col. Mike Compton, hopes a female athlete from Hawaii will qualify and join the team. "The National Guard marathon is an

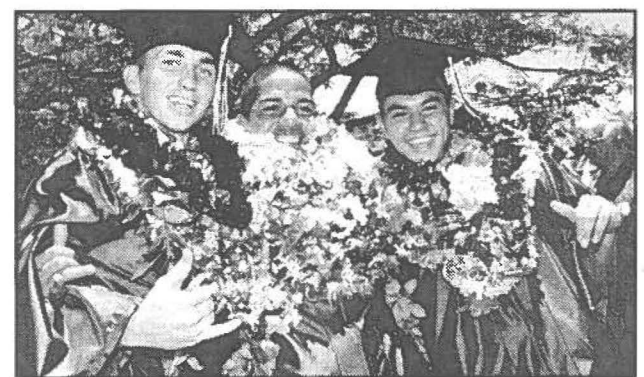
excellent event and we encourage all runners in the Hawaii National Guard to sign up for the Honolulu marathon and qualify for next year's National Guard marathon." The HING Special Services Board contributed \$300 towards the cost of the warm-up suits, which were personalized with "Hawaii National Guard" and the Hibiscus on the front and an embroidered "Hawaii" on the back. The National Guard Bureau covered most of the expenses. If you are interested in competing in the 2003 marathon, please contact Maj Wes Tanji at 733-4115.



HAWAII'S MARATHON MEN -- Sgt. Kelii Hayes, Sgt. 1st Class Ron Li, Maj. Scott Kimsey, Lt. Col. Mike Compton, and Staff Sgt. Jay Kauwale.
Nebraska Army National Guard photo

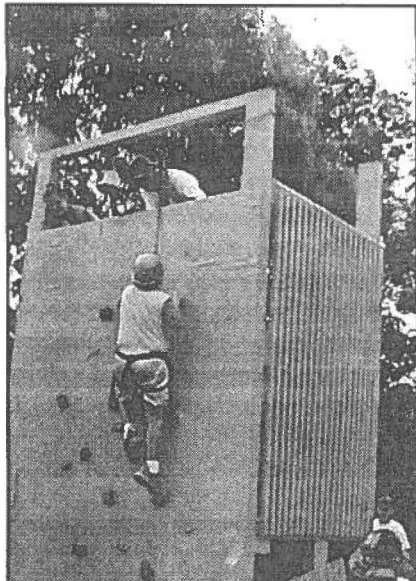


78 STUDENTS MAKE THE GRADE -- Patricia Hamamoto, Dept. of Education superintendent; Wallace Mitsui, HING YCA director; and Brig. Gen. (P) Clarence M. Agena, the deputy adjutant general and HIARNG commander, present certificates of completion to the 16th class of the Hawaii National Guard Youth CHalleNGe Academy in June. Recent graduates (right) celebrate outside the Pearl City Cultural Center. Sgt. 1st Class Wayne T. Iha photo



CAMP -- continued from page 7

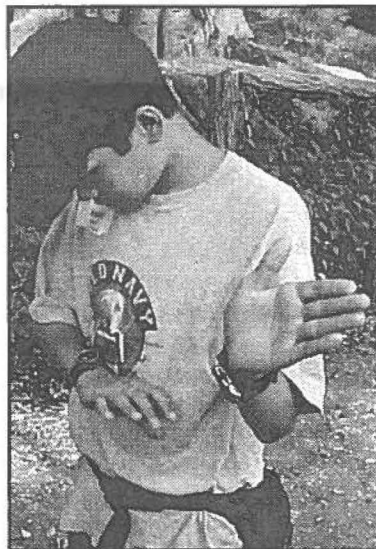
Day 3: Rapelling /Climbing Tower, Compass /Scavenger Hunt, Tie-dye craft and patriotic campfire.



△ Jaryn Lunasco (HQ Det. STARC) receives encouragement as he meets the challenge of "the wall."



△ Nicole Crozier (1-487FA) learns to trust her rapelling coaches after the climbing wall.



△ "According to my compass, we need to go that-away," indicates Basil Badley (154CF).



△ Eagle Scout Neil Yamamoto leads the flag retirement ceremony as Junior Leaders, Payton Souza and MayLee Agena and adult leader Kimo Palakiko assist at the Sunday evening campfire.

Day 4: Final reveille, craft activities, lunch at the beach, final drill and ceremony.



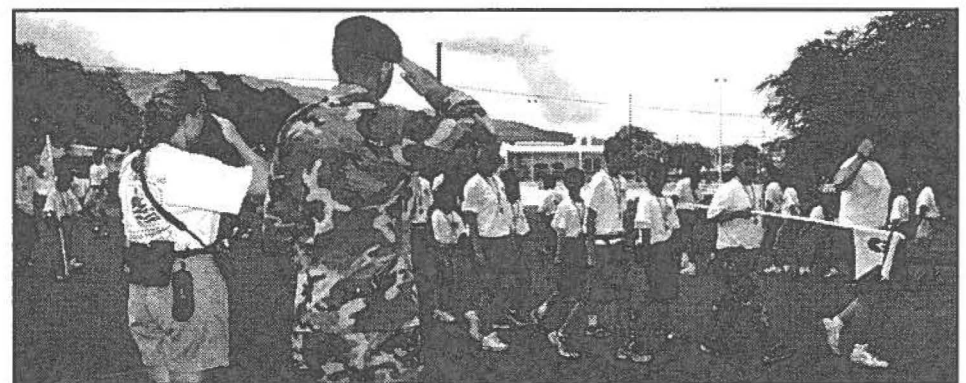
△ Final moments at Camp Timberline are spent getting a group shot at the mess hall.



△ Crystal Nobrega (154ACS) making a beaded flag during craft time.



△ Guidon bearers learn their important part in the campfire patriotic ceremony before they receive the "Body, Mind & Spirit" streamers.



△ Reviewing officer, Maj. Gen. Edward L. Correa Jr., the adjutant general, salutes the Youth Trainees as they Pass in Review.



Hawaii National Guard Family Program

Lt. Col. Martha "Marty" Wong
State Family Program Coordinator

www.dod.state.hi.us/family

Upcoming events on-line

Don't forget to visit the State Family Program website at www.dod.state.hi.us/family for more Family Program information about programs affecting families and the Guard and upcoming events. Look for the soon to come on-line Registration Packet for the 2002 State Family Program Conference, Sep 14-15.

Unit contacts

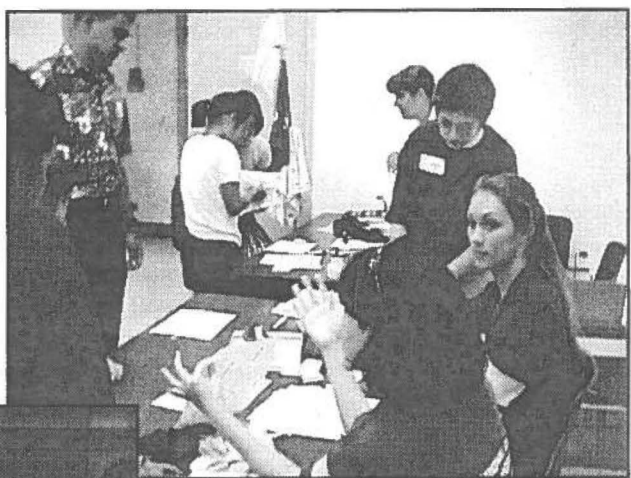
You, too, can make a difference with your unit Family Readiness Group. Contact your unit or a member of the HING state Advisory Team to help get you started on the road to readiness! Your Family

Program State Team Representatives are:
Marilyn Tolentino, Hilo-935-9648;
JoAnne Yamamoto, Oahu-235-1642;
Roberta Agena, Kauai-337-1144;
Bobbie Kito-Hong, Oahu-676-7256;
Harriet Kuni, Oahu-668-5185;
Kimo Palakiko, Oahu-239-2040;
Liz Taga, Retiree, Oahu-623-0487;
Barb Yadao-Petti, Oahu-674-0806;
Missy Vincent, Oahu-422-6380;
Gloria Duro, Oahu-486-0667
Lorna Souza, Oahu-235-8815
Loretta Hales, 154th Wing Family Readiness Coordinator-448-7282
LTC Marty Wong, State Family Program Coordinator-732-1823, 1-800-732-6964

Training, support and information is what the Family Program is all about...providing this to our HING youth is what Youth Training is all about. June 7-10, at Kalaeloa and Camp Timberline, HING Youth ages 8-14 supported by junior leaders, ages 15-21 and adult leaders from the Army and Air Guard and Family Support, learned what it means to be "Young Patriots 2002." Teambuilding, drill and ceremony, physical training, sports and fun were orders of the day during this annual youth training event. Pictures tell the story. Some of pictures will be on-line at

FIRST FRIDAY: Registration, movement by bus from Kalaeloa to Camp Timberline, set up cabins, mess hall, orientation and creation of Guidon flags.

Checking in youth trainees at Kalaeloa and answering parents questions are State Team volunteers Missy Vincent, Gloria Duro and Bobbie Kito-Hong with junior leader Jazmin Morrill (1-487FA). -----▷



◁----- "We're ready to have fun at camp!" Sisters Kehaunani and Hokulani Watson (229MI).



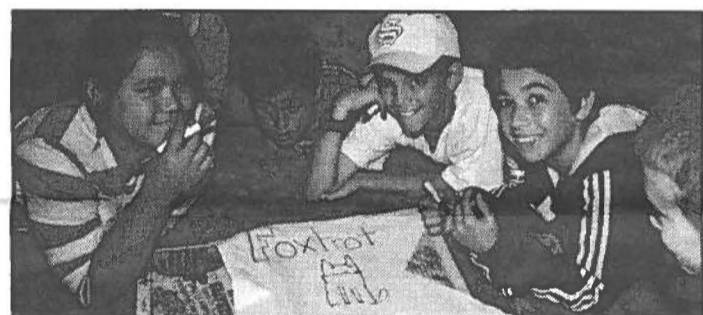
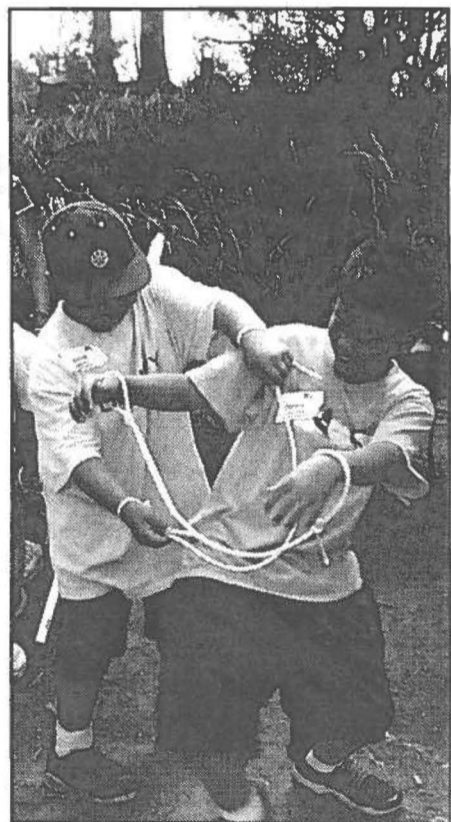
△ Charla Leshar (1-487FA) and Elizabeth Badley (154CF) and the other female trainees bunking in "the Stables" stand amazed at what the camp director is telling them..."We have bunk inspections every day!?"



△ Christopher Wong (154MDS) and Kenyatta Muhammad (D/2-299IN) help other HING youth off-load the buses at Camp Timberline.

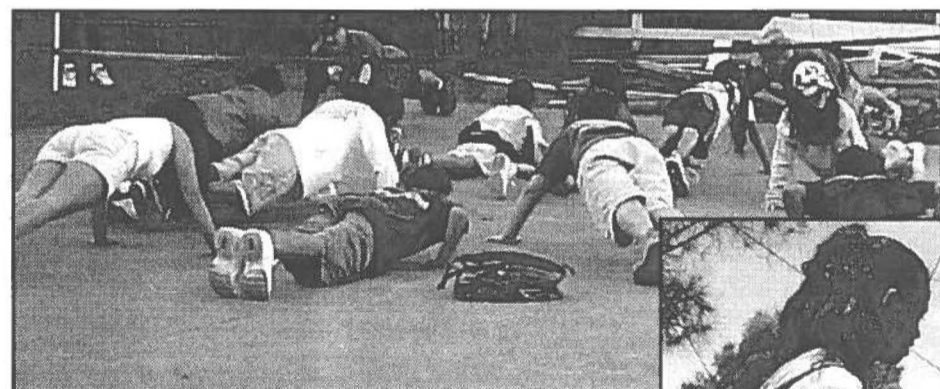
Micah Palakiko (154LG) and Chavis Nance-Yadao (154ACS) wonder if they are going to figure out the puzzle in this Team Challenge event. -----▷

"AJ" Mariani (154ACS) gets pulled through the "spider web" Team Challenge by his team. ▽



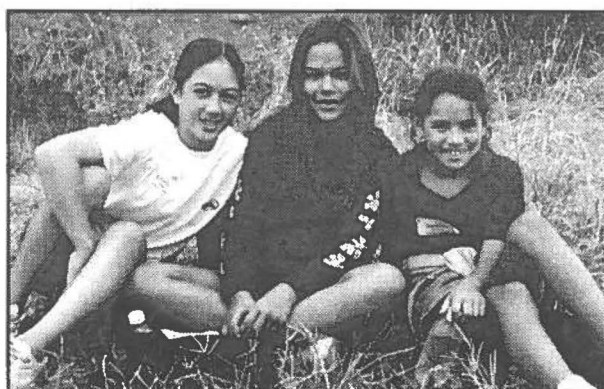
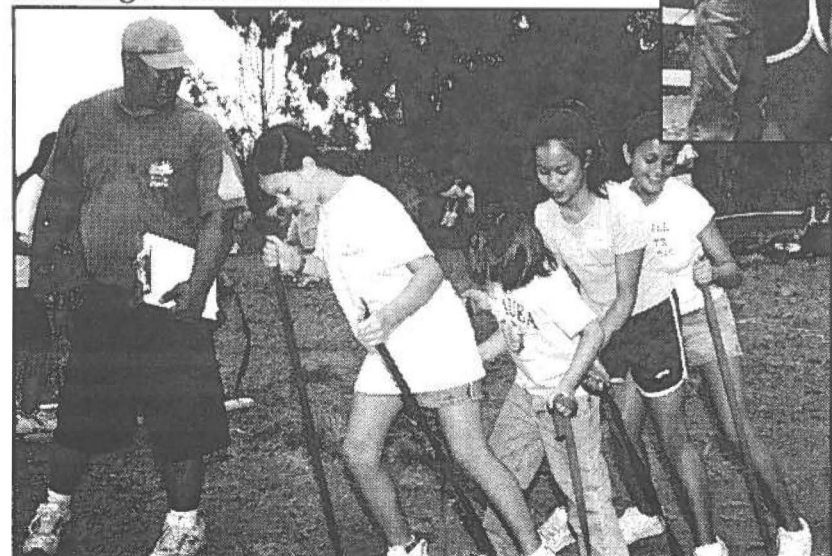
◁----- Ariel Aguil (298EN), Seth Wilkinson (154Wing) and Uriah Hose (291CBCS) are happy with the beginning creation of the Fox Trot Squad Guidon.

Day 2: 0545 reveille, physical training, Team Challenge events, swimming, sports, shaved ice, and skits by the campfire.



△ Adult leader Gilbert Nobrega (154ACS) leads "Echo Geckos" in squad push-ups.

Adult leader, Henry Waiiau (DDR) watches as Aja Cornella (291CBCS), Breanna Doria (B/2-299IN), Shastiana Madamba (C/2-299IN) and Zena Tapuro (Det 55, STARC) master the Team Challenge "ski walk" event. ▽



Editor's note: Public Affairs coverage was provided by Sgt. 1st Class Wayne T. Iha, Staff Sgt. Curtis H. Matsushige, Sgt. Daisy C. Bueno, Sgt. Nicholas D. Harris, and Sgt. Scott J. McDonald of the 117th Mobile Public Affairs Detachment and the HQ STARC PA Section. Unit designations are in military style acronyms. We apologize, but in the interest of space the shortened versions were used.

◁----- Developing friendships and sharing experiences is part of Youth Training, as Sasha Hose (291CBCS), Charla Leshar (1-487FA) and Desiree Norbrey (154CF) learn.

CAMP — continued on page 8

Awards and Recognition

Members and units of the Hawaii Army and Air National Guard were recently presented with awards in recognition of their outstanding performance.

Aviation Intermediate Maintenance: AVIM
Battalion: Bn.
Battery: Btry.
Combat Support Team (Weapons of Mass Destruction): CST (WMD)
Company: Co.
Detachment: Det.
Hawaii Air National Guard: HIANG
Headquarters: HQ
Headquarters & Headquarters Company: HHC
Headquarters & Headquarters Service Battery: HHSB
National Guard Bureau: NGB
Oak Leaf Cluster: OLC
Reconnaissance & Intrastate Detachment: RAID
Regional Training Institute: RTI
State Area Command: STARC
Squadron: Sqd.
25th Infantry Division (Light), Detachment-Rear Operation Center: 25th ID(L), D-ROC

Meritorious Service Medal

Lt. Col. Harry L. McIntosh Jr., HQ, Dept. of the Army, National Guard Bureau (4th OLC)
Lt. Col. Blaine O. Ogata, HHC, 29th Support Bn. (1st OLC)
Lt. Col. Stanley E. Toy, 93rd CST (WMD)
Maj. Kenneth S. Hara, 29th Separate Infantry Brigade (1st OLC)

Capt. Ronald Heim, 2nd Bn., 298th Regiment, RTI
Capt. Jeffrey D. Korando, 93rd CST (WMD)
Chief Warrant Officer Roy H. Okano, HQ, STARC (1st OLC)
Command Sgt. Maj. John W.K. Thompson, HHC, 2nd Bn., 299th Infantry
1st Sgt. Steven P. Young, HQ STARC
Master Sgt. Leroy D. Brack, HHC, 29th Support Bn.
Chief Master Sgt. Gregory C. Ing, 292nd Combat Communications Squadron
Master Sgt. Harry C. Miller, HQ STARC
Chief Master Sgt. Norman M. Uyechi, 293rd Combat Communications Squadron
Master Sgt. Ryan Y. Kawamoto, 292nd Combat Communications Squadron (1st OLC)
Sgt. 1st Class Linford M. Ramos, 93rd CST (WMD)
Sgt. 1st Class Bobby Sambrano, HQ, STARC
Master Sgt. Francisco R. Santos, 203rd Air Refueling Squadron
Master Sgt. Charles S. Tomlinson, 292nd Combat Communications Squadron
Master Sgt. Anthony H. Wong Jr., 204th Airlift Squadron
Sgt. 1st Class Alton L. Tatum, HHSB, 1st Bn, 487th Field Artillery
Sgt. 1st Class Robert R. Zavala, HQ STARC



SHINY NEW BARS -- New Hawaii Army National Guard second lieutenants Jason R. Henderson, Gavin S. Sakagawa, Byron N. Cadiz, Octavio J. Rivera-Fonseca, Wendy R. Cook, Stoddard F. Binder, and Wesley E. Fine are joined by Brig. Gen. Clarence M. Agena and Brig. Gen. Glen N. Sakagawa, Maj. Jeffrey Protacio and Maj. Eric Oh. The University of Hawaii Reserve Officer Training Corps program commissioned 21 cadets at the Fort DeRussey's historic Battery Randolph, in May. Binder, Cadiz and Henderson will return to the Hawaii Guard ranks, while six will pursue active duty commitments. (Vance M. Brunner and Travis W. Nelson were not present for the photo)

Sgt. 1st Class Wayne T. Iha photo

Staff Sgt. Warren Y. Imada, 111th Army Band
Tech. Sgt. Roy S. Iwamoto, HQ, HIANG
Staff Sgt. Thomas Odoardi, 93rd CST (WMD)
Staff Sgt. David M. Ogura, HQ, STARC

Army Commendation Medal

Lt. Col. Arthur J. Logan, HQ STARC (3rd OLC)
Lt. Col. Kent N. Tsutsumi, HHD STARC (1st OLC)
Maj. Kenneth S. Hara, 29th Separate Infantry Brigade (5th OLC)
Maj. Gavin P. Tomlinson, HHD STARC (4th OLC)
Maj. Suzanne Vares-Lum, HHD STARC (3rd OLC)
Capt. Onesimo R. Francisco III, 298th Engineer Det. (1st OLC)
Capt. Paul M. Takata, HHD STARC (2nd OLC)
1st Lt. William Flynn, 93rd CST (WMD) (1st OLC)
1st Lt. Keith K. Horikawa, Btry. A, 1st Bn, 487th Field Artillery (1st OLC)
1st Lt. Scot Mohr, 93rd CST (WMD) (2nd OLC)
Sgt. Maj. Kurtis T. Mabe, HHD STARC (4th OLC)
Master Sgt. Francis Smith, 93rd CST (WMD) (5th OLC)
Sgt. 1st Class Francis T. Aihara, HQ STARC (1st OLC)
Sgt. 1st Class Joshua Amano, 93rd CST (WMD)
Sgt. 1st Class Michael Machado, 93rd CST (WMD) (1st OLC)
Staff Sgt. Amy A. Aguil, 298th Engineer Det. (2nd OLC)
Staff Sgt. John W. Andoe, 93rd CST (WMD) (1st OLC)
Tech. Sgt. John Lacio, 93rd CST (WMD) (1st OLC)
Sgt. Edwin K. Among, HHC, 29th Separate Infantry Brigade
Sgt. Matthew B. Battle,

Company C, 193rd Aviation (2nd OLC)
Cadet (E5) Wendy R. Cook, HQ STARC
Sgt. Keith K. Kaania, 298th Engineer Det.
Cpl. Randy L.P. Malacas, HHD STARC
Spc. Rogelio B. Agcaoili Jr., HHC, 29th Separate Infantry Brigade
Spc. Gordon Mattos, 298th Engineer Det.
Spc. Mataifono Poto, HQ STARC
Spc. Lionel Villarmia, 298th Engineer Det.

Air Force Commendation Medal

Tech. Sgt. Guy T. Ishii, 292nd Combat Communications Squadron (1st OLC)
Tech. Sgt. Roy S. Iwamoto, HQ, HIANG
Tech. Sgt. Alfred K.W. Won, 293rd Combat communications Squadron
Capt. Leif E.T. Fautanu, HHSB, 1st Bn., 487th Field Artillery
Capt. Jared I. Sproat, Co. C, 193rd Aviation (1st OLC)
1st Lt. Timothy A. Wilson, Signal Platoon, HHC, 29th Separate Infantry Brigade
Master Sgt. Ivan S. Felix, HHSB, 1st Bn, 487th Field Artillery
Staff Sgt. Derek Kawamura, 298th Engineer Det.
Sgt. David Pimentel, 93rd CST (WMD) 2nd OLC
Sgt. Keith Yamasaki, Co. C, 193rd Aviation (1st OLC)
Sgt. Andrew J. Berky, Co. C, 193rd Aviation
Sgt. Alfredo B. Buccat, HHSB, 1st Bn, 487th Field Artillery (2nd OLC)
Spc. Matthew T.K. Dela Cruz, 298th Engineer Det. (2nd OLC)
Spc. Jonathan K. Funanilla, 298th Engineer Det. (2nd OLC)
Spc. Kirk K. Halemano, 298th

Engineer Det. (1st & 2nd OLC)
Spc. Jon E. Lacaille, 298th Engineer Det. (1st OLC)
Spc. Jesse M. Liu, 298th Engineer Det.
Spc. Lee M.E. Lleces, 298th Engineer Det. (1st OLC)
Spc. Christopher Ocreto, 298th Engineer Det.
Spc. Louis P. Race, 298th Engineer Det.
Spc. Bryan N. Tanudra, 298th Engineer Det.
Spc. Ryan K. Yamaguchi, HHSB, 1st Bn., 487th Field Artillery (1st OLC)
Pvt. Austin C.K. Kealoha, Btry. C, 1st Bn, 487th Field Artillery
Pvt. Colin D. Sasano, HHSB, 1st Bn., 487th Field Artillery

Hawaii National Guard Commendation Medal

Col. Orlan L. Peterson, HQ STARC (1st Bronze Kahili)
Lt. Col. Daniel R. Oshiro, HQ STARC
Lt. Col. Ronald R. Swafford, HQ STARC
Chief Warrant Officer John S. Hook, 1106th Aviation Classification Repair Activity Depot
Chief Warrant Officer Paul N. Kahunahana, HQ STARC (1st Bronze Kahili)
Command Sgt. Maj. Michael Windstead, 1st Bn., 184th Infantry (Air Assault)
Masters Sgt. Bruce H. Hidano, HQ STARC (2nd Bronze Kahili)
Chief Master Sgt. Gregory C. Ing, 292nd Combat Communications Squadron
Master Sgt. Samuel J. Lono, HQ STARC (1st Bronze Kahili)
Sgt. 1st Class Damaso R.J. Bastatas, HQ STARC
Staff Sgt. Alan A. Sniffen, Co. B, 193rd Aviation
Staff Sgt. David K. Vanburen, Co. C, 193rd Aviation
Sgt. Antonio R. Savella, HQ STARC (1st Bronze Kahili)



Safety talk

Maj. Arnold Iaea
Safety Officer, Hawaii Army National Guard 733-4105/09

Step up to ladder safety

You can prevent accidental falls, injuries, and disability by using these tips for ladder safety. These are tips that you've heard before, but may not have

stuck in your mind.

Everyone has used ladders from time-to-time. Whether at home or at work, your spouse or children have often used a ladder without you even considering the implications of an accident. In fact, you probably have more ladders in your home than you really imagined. And I'm not just talking about the one's that are stored in your garage or shed... but how about the one's in the kitchen, bathrooms, laundry rooms or closets?

So, you see? The exposure is a lot larger than you may have imagined. So the next time your spouse or children have the need to get to something that is high above reach, hope that they use a ladder and that they perform the activity safely. Here are a few tips...

Step Ladders

When working on step ladders, remember never to climb past the second rung from the top. Make sure that the spreaders are functional and locked in place before climbing the ladder. Strategically position your ladder. If your ladder is positioned by a door or walkway, make sure that the door is locked or the walkway barricaded to prevent collision. Inform building occupants of your activity. Do not overreach while working on a ladder. Instead, properly reposition the ladder to prevent leaning.

Straight Ladders

When working on straight ladders, use the four-to-one rule (4 to 1 Rule): position the ladder base 1 foot away from the wall for every 4 feet of ladder height (up to the support point). Never climb past the third rung from the top on a straight ladder. A straight ladder should extend at least 3 feet beyond its support point. Tie down your ladder as close to the support point as possible. Make sure that straight ladders have safety feet.

- Choose a ladder tall and strong enough for the job.
- Inspect the ladder before use to ensure that all parts are in good condition.
- Damaged ladders should be immediately repaired or discarded.
- Allow only one person on the ladder.
- Wear shoes with clean, nonskid soles.
- Face the ladder and hold both rails while climbing.
- Work with body centered on the ladder.

By using these tips for ladder safety, you can help prevent accidents. For more information, or if you have further questions, please feel free to call the State Safety and Occupational Health Office at (808) 733-4105/4109 or 306-SAFE.

Training Schedule

Listed below are the inactive duty training dates for all Hawaii Army and Air National Guard units. Dates for subordinate units are the same as their parent headquarters, unless otherwise indicated. All dates are subject to change.

Hawaii Army National Guard	Jul	Aug	Sep
HQ, State Area Command	13-27 AT	3-4	7-8
29th Separate Infantry Brigade	13-27 AT	3-4	7-8
227th Engineer Co.	13-27 AT	24-25	6-8
HHC, 2nd Bn., 299th Infantry	13-27 AT	24-25	6-8
Co. A, B, and C	13-27 AT	3-4	7-8
HHSB, 1st Bn., 487th Field Arty.	13-27 AT	3-4	7-8
Battery A	13-27 AT	3-4	6-8
103rd Troop Command	6-7, 13-27 AT		
Hawaii Air National Guard			
HQ, Hawaii Air National Guard	13-14	3-4	7-8
154th Wing	13-14	24-25	7-8
201st Combat Communications Group	13-14	3-4	7-8