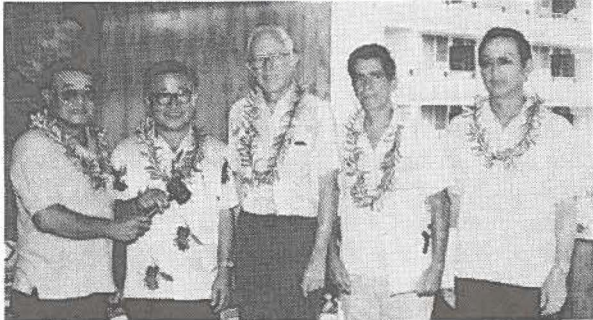


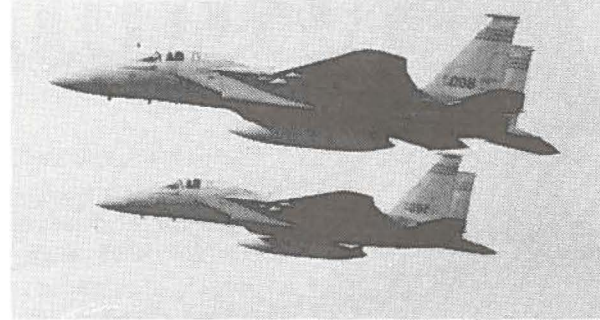
On the Inside



Retirees group formed, page 4



Hawaii Military Week, page 6



Eagles deploy to Philippines, page 7

HAWAII DEPARTMENT OF DEFENSE

PUPUKAHI

Pupukahi: "Harmoniously United"

VOL. 24, NO. 2

3949 DIAMOND HEAD ROAD, HONOLULU, HAWAII 96815-4495

APRIL-JUNE 1989

Calendar

July 15-29
HIARNG Annual Training at various locations on Oahu and the Big Island.

July 26-28
HIANG Commanders/Operations Planning Conference, Hotel King Kamehameha, Kailua-Kona.

July 29-30
HIANG State Softball Tournament, Waimea Valley Park, Kauai.

August 3-17
Company B (Medical), 29th Support Battalion, HIARNG deployment to Guatemala.

August 6, Sunday
Family Day, Company D, 2nd Battalion, 299th Infantry

August 7, Monday
HIANG Golf Tournament, Mamala Bay Golf Course

August 10-13
National Guard Association of the United States Executive Council Meeting, Washington, D.C.

(continued on page 12)



Stephen M. Lum

CUSTOMS CHECK—U.S. Customs Inspector Eugene R. Relacon and Sgt. 1st Class Glenn T. Sales inspect the contents of a food products cargo container.

Hawaii National Guard assists U.S. Customs in drug enforcement

The Hawaii National Guard is expanding its support to Federal and county drug enforcement agencies in the State.

Currently, 10 Hawaii Army National Guard soldiers are on active duty to provide assistance to the U.S. Customs Service in the interdiction of drugs coming into the State of Hawaii.

One officer and nine enlisted soldiers have been working with customs inspectors since June 1 in the examination and search of cargo containers, aircraft, postal mail and packages arriving from foreign countries. The soldiers work in teams, headed by customs inspectors, at

the Honolulu Harbor, the Honolulu International Airport and the U.S. Postal Service's Main Honolulu Office at the Airport.

So far, the soldiers have not been involved in any drug cases but have been directly responsible for three major commercial fraud seizures totalling \$52,000.00.

The assistance being provided by the State to the U.S. Customs Service is part of a Federally-funded program to expand the role of the National Guard in drug enforcement support. In late March, Hawaii received more than \$247,000 from the Federal Government

to assist in stemming the flow of illegal drugs into the State.

Under this expanded program, Hawaii National Guard personnel are placed on active duty under State control in accordance with Title 32, United States Code. The code also provides them protection under the Federal Torts Claims Act. The guard personnel are paid full pay and allowances, receive military medical and incapacitation pay benefits, and are credited with one retirement point for each day of active duty.

(continued on page 3)

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Maj. Gen. Alexis T. Lum
The Adjutant General

Command Notes

This past quarter has been a characteristically busy one for the department. We have been involved in a number of readiness exercises to test our ability to respond and perform our various State and Federal missions.

The Air Guard participated in two major exercises in May and

June. "Combat Sage" in the Philippines and "Sentry Tigre" in Hawaii provided air and ground crews of the 154th Composite Group with training opportunities in all phases of air combat operations. In "Combat Sage," our pilots had their first opportunity to use their own F-15 Eagles in a simulated combat environment and to fire various types of live missiles against drone targets. Ground support and maintenance crews had their hands full with keeping the aircraft in mission-ready status to meet the various simulated combat scenarios that had to be flown. The weapons handlers were also vital players in the success of each mission because missiles had to be properly tested, loaded and armed before the F-15s could be a complete weapons system. The effectiveness of the total team effort was evident by the remarkable number of "kills" experienced during the exercise.

"Sentry Tigre," which was conducted in the skies around Hawaii, was a test of not only the pilots and the ground support elements in generating aircraft to meet the incoming "aggressor" threat but also of the warning, tracking and aircraft control systems. In this exercise, the capability of the 154th Composite Group was tested and validated as wave after wave of "aggressor" aircraft were detected, properly engaged and destroyed. In both of these exercises, the Group performed extremely well and again demonstrated that it is one of the outstanding Air Guard units in the nation.

This Spring, units of the 201st Combat Communications Group were again involved in providing vital base communications links and working critical forward base airfield control missions for exercise "Team Spirit" in Korea. Although the situations during this exercise were simulated, the communications requirements and challenges of weather and terrain were real. The same thing applied to the aircraft that were handled at the forward base airfields. Untrained or unprofessional airfield control could have meant real disaster in the crowded airspace as the simulated battle was intense in the forward area. As usual, the units of the

201st Combat Communications Group received high marks for their professionalism, technical ability and dedication to mission accomplishment.

The Army Guard's 29th Infantry Brigade (Separate) participated in a command post exercise called "Cascade Peak" at Schofield Barracks in April. This was followed by a rigorous field training exercise on Molokai in May. The infantry and support units met their training objectives, and the entire command benefitted from the opportunity to execute their tactical plans over unfamiliar terrain.

The Hawaii Army Guard was pressed into service to support the U.S. Customs Service this past June in the increasing National Guard role in the national "war on drugs." Ten soldiers were placed on Federal paid status under State control (Title 32) and have been teamed with U.S. Customs inspectors to check sea-lift containers, incoming watercraft and airplanes, and U.S. Mail. Their involvement has more than doubled the inspection coverage normally available to the Customs Service.

Additionally, there are plans for increased roles involving the Hawaii Army and Air National Guard in missions far different from the "Green Harvest" operations of the past. Some of these roles will involve Hawaii Guard members in situations where their military skills will be utilized to the maximum, especially those skills and special equipment not available to the law enforcement agencies. I am not at liberty to discuss these new roles, but it will give us the chance to show our professionalism. At the same time, it will aid in reducing one of America's major problems. I consider our full support of the drug interdiction and eradication program another opportunity to exhibit the **Citizen Soldiers at their best.**

State Civil Defense was also busy this quarter. They conducted various types of disaster response training for State and County agencies and many organizations in the private sector. The major event was the coordination of a Statewide tsunami exercise on May 31 that involved not only the normal Federal, State and County agencies but also the military and many non-government entities.

State Civil Defense also made great strides in reviewing and improving their many plans. Considerable results were also obtained in upgrading their computer systems to improve data collection, analysis and distribution, which are vital to assist in the decision-making process. During disasters or emergency situations, time is critical if lives are to be protected; therefore, these enhancements will be invaluable. Currently, State Civil Defense is geared up and prepared to monitor any

potentially hazardous weather condition during this year's hurricane season.

The months of July and August will prove to be equally demanding. Currently, the majority of Army Guard units are involved in a mobilization exercise called "Island Warrior '89." This is, by far, the most comprehensive test of our readiness to mobilize, deploy and conduct sustained operations in a wartime scenario.

As a part of the "Island Warrior" exercise, the majority of the 29th Infantry Brigade and Troop Command units will deploy to the Pohakuloa Training Area starting on July 15. The troops will go directly to the field and conduct unit level training. This training will be culminated by an intensely challenging field exercise run around-the-clock from July 22 to 25.

Additionally, two of the Army Guard units will perform their annual training out-of-state. Company B (Medical) of the 29th Support Battalion will deploy to Guatemala during the period of August 3-17. The troops will participate as 15-person Medical Civic Action Program (MEDCAP) teams and will be involved in providing much needed medical services to the natives in rural villages of Guatemala. These troops will have an opportunity for some hands-on medical training and provide a real service to the people of the host country.

The second unit of the Army Guard to train out-of-state will be the 2nd Battalion, 299th Infantry from Hawaii. The members of this unit undoubtedly have had more opportunities to train at the Pohakuloa Training Area than any other unit in the 29th Infantry Brigade. I have been told that some of the troops of the 2nd Battalion know the terrain so well that they don't use maps. As a matter of fact, they give directions and report locations by names they have given to particular lava rocks or bushes. That won't be the case this year because during the period August 19 to September 2, the 2nd Battalion will be training at Camp Rilea in the State of Oregon. I hope they sharpen up their map-reading skills before then because *this will be really new terrain* for all the soldiers.

As you can see, our training and operations continue to be fast-paced, very realistic and above all demanding. I again would like to stress the importance of safety and professional risk management in all that we do. Each of us shares in the responsibility of practicing and enforcing safety standards. As such, I expect each soldier and airman to be fully committed to being safety conscious at all times. I further expect that all officers and noncommissioned officers totally support my goal of ensuring that all of our soldiers and airmen return home safely to their loved ones and families after every operation or training period.

Military News

Citizenship required for reenlistment

Guard members who are not U.S. citizens need to be naturalized before they can reenlist under an Army-wide policy effective this summer.

After seven years of service, aliens cannot reenlist unless they become U.S. citizens. There are some exceptions designed to allow aliens time to gain citizenship.

Those who enlisted before Jan. 1, 1986 can extend or reenlist with a new separation date of Dec. 31, 1992. Those with more than seven years of service must show proof that they have filed for a U.S. citizenship and are awaiting a court date.

"Space-A" information is available

A new pamphlet is available at all Military Airlift Command (MAC) terminals and it covers everything anyone would need to know about space-available travel.

Pamphlet 76-4 contains information on who can use Space-A travel, how to sign up, luggage limitations and suggestions on how to improve chances for travel.

In Hawaii, MAC flights are available at Hickam Air Force Base.

You can receive a copy of the pamphlet by writing HQ MAC/TRPO, Attn: "Space Available Information," Scott AFB, Ill, 62225-5001.

Reduced airfare travel available

Hawaiian Airlines has reduced airfare available for Guard soldiers and airmen from Jan. 16 through Dec. 31.

The fare is intended to alleviate the financial burden to Guard members who are required to travel inter-island for military training. Travel is limited only from the member's island of residence to the island on which his/her military unit is located as well as the return trip.

Hawaiian Airlines Military Reservists Certification Forms are available from and are the responsibility of each unit headquarters, major subordinate command or

separate unit.

The requests are submitted to the Transportation Office of the U.S. Property & Fiscal Officer, at least one month prior to the training date.

Commanders will control and monitor the issuance and use of all certification forms. The commander is also responsible for abuse prevention.



pupukahi

Department of Defense State of Hawaii

Pupukahi: Harmoniously United

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 HIANG PAO: MAJ. RICHARD K. SHIMOMURA
 COMMANDER, 117TH PAD, HIARNG: MAJ. WILLIAM S. BOWLES
 EDITOR/ART DIRECTOR: STAFF SGT. STEPHEN M. LUM

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Shigezawa receives his general's star



Sgt. Lance Kamisugi

HAWAII'S NEWEST GENERAL—Maj. Gen. Alexis T. Lum (left), state adjutant general, and Mrs. Ruth Shigezawa, place the insignia of rank on Brig. Gen. Haruo Shigezawa, deputy commander of the Hawaii Army National Guard's State Area Command and assistant adjutant general, Army.

By Capt. Gary M. Tsuji

Brig. Gen. Haruo Shigezawa received his one star insignia of rank during ceremonies held at Fort Ruger, May 21.

Shigezawa, 54, was confirmed as a brigadier general by the U.S. Senate, May 11. He serves as the assistant adjutant general, Army and deputy commander of the State Area Command, Hawaii Army National Guard.

Shigezawa was born in Wailuku, Maui, and attended the University of Hawaii. He received his Bachelor of Arts degree in History and his officer's commission through the Reserve Officers Training Corps program in 1958.

He joined the Hawaii Army National Guard in 1961 after completing his reserve officer active duty tour.

Shigezawa served another tour on active duty beginning in April 1968 when the 29th Infantry Brigade was called into Federal service. He served in the Republic of Vietnam as a logistics officer and company commander through December 1969.

He is a graduate of the Army's Command and General Staff College and War College. Shigezawa also holds a Master of Business Administration degree from Pepperdine University, Calif.

Shigezawa works full-time as the administrator of the City Finance Department's central purchasing and contracts administration agency.

He is married to the former **Ruth Chung**. They have four children: a son, **Glenn**, and daughters, **Jodie**, **Nadine** and **Dawn**.

CUSTOMS — continued from page 1

Besides assistance to the U.S. Customs Service, the National Guard is providing four other categories of support to law enforcement agencies:

(1) Personnel and equipment to provide logistical support to law enforcement agencies or out-of-state National Guard units.

(2) Ground radar tracking of low-flying aircraft using the radar systems assigned to the Hawaii Air National Guard (HIANG).

(3) Aerial reconnaissance or surveillance of suspicious watercraft using the C-130 aircraft assigned to the HIANG.

(4) Ground reconnaissance or surveillance of suspect drug activities using soldiers and sensors, night vision

devices, and other specialized equipment assigned to the 29th Infantry Brigade (Separate), Hawaii Army National Guard.

The Hawaii National Guard first became involved in drug enforcement support in 1977 with its participation in "Operation Green Harvest," the first such undertaking in the nation that involved the use of Hawaii Army National Guard equipment (UH-1 transport and/or OH-58 observation helicopters) and soldiers in a State active duty status to provide assistance to local law enforcement agencies in the identification, seizure, and destruction of domestically grown marijuana. The Guard was not involved in the arrest of

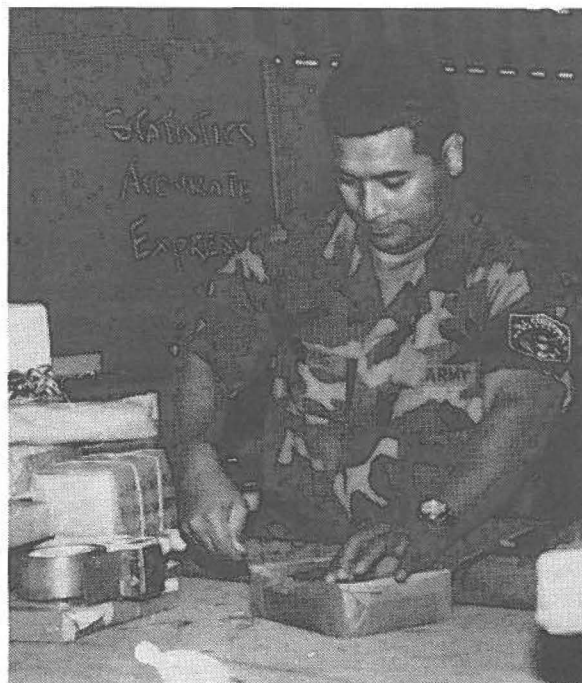
landowners or growers but merely provided transportation for local law enforcement officials, primarily in the area of helicopter, UH-1 and OH-58, support.

From 1977 to 1988, HIARNG conducted 97 Green Harvest operations at a total cost of \$1.1 million to the State. During this period, two million marijuana plants were destroyed (estimated street value of \$2 billion) or a cost per plant of \$.56.

The new Federally-funded program expands Hawaii National Guard support to other law enforcement agencies involved in combatting illegal drugs with the State maintaining control in all aspects of the operations.

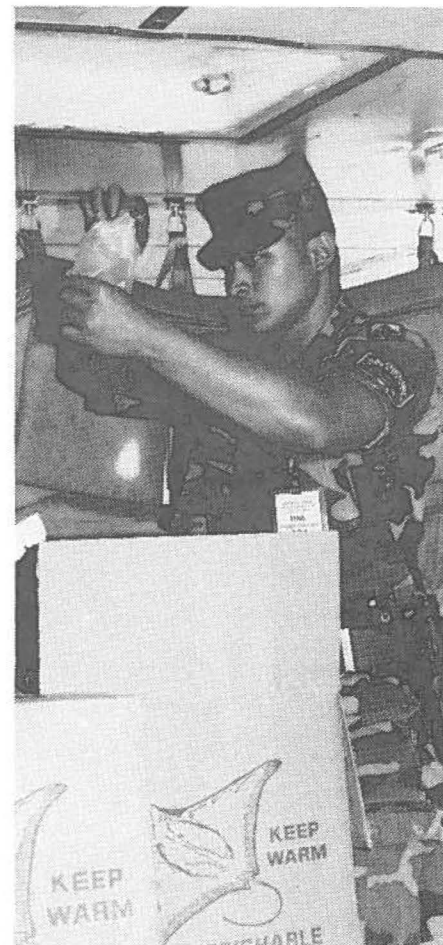


CHECKMATE—1st Lt. Thomas M. Tanaka inspects a chess set for illegal substances in a cargo container shipped from a foreign port.



Stephen M. Lum

FOREIGN SUBSTANCES—Pfc. Chester T. Ludwig inspects foreign mail for import violations.

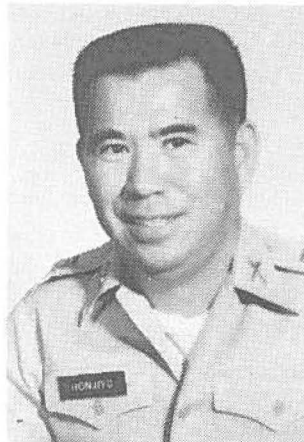


FISHY BUSINESS—Staff Sgt. Nicolas M. Sablan inspects a foreign shipment of tropical fish in an aircraft cargo hull.

Retirees keep busy in different ways

Honjiyo volunteers more time at church

Col. George T. Honjiyo was presented the Legion of Merit by Maj. Gen. Alexis T. Lum, state adjutant general, April 27. He retired as the Hawaii Army National Guard's assistant chief of staff for plans, operations, and training (G-3), after more than 33 years of military service.



Honjiyo

Honjiyo was born in Hanapepe, Kauai, and graduated from Waimea High School in 1952. He graduated from the University of Hawaii in 1956 and received his bachelor's degree in business administration and finance. He was also commissioned a second lieutenant of field artillery through the Reserve Officer Training Corps.

In December 1960, he joined the 298th Artillery Group, Hawaii Army National Guard, as a full-time operations assistant and drill status member.

Since then, he has thrived on the challenges of each position, especially the formation of the 1st Battalion, 487th Field Artillery in November 1965.

He was employed full-time as an administrative assistant and served in various drill-status capacities, including battery commander and battalion executive officer (XO). Honjiyo then moved to the 29th Infantry Brigade where he served as the XO and later was assigned to the 298th Engineer Detachment.

In 1987, Honjiyo was assigned to the Hawaii Army National Guard's headquarters unit and became the full-time assistant G-3. In April 1983 he was appointed as the G-3.

Honjiyo and his wife, the former Marjorie E.



Col. George T. Honjiyo and his wife, Marjorie, and Command Sgt. Maj. Mitsuo Hasegawa and his wife, Ethel, say Aloha to the Hawaii National Guard family at formal ceremonies honoring them.



Yamashiro, have a 27-year old son, Reid. Marjorie will also be retiring this year from the State Department of Education. Honjiyo said he will be volunteering more time to the Nuuanu Congregational Church and related activities.

Hasegawa takes to the ballroom dance floor

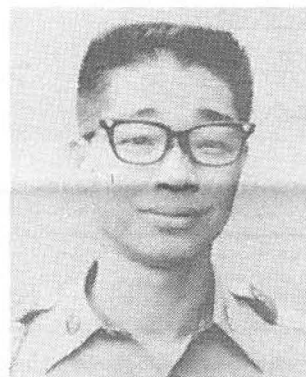
In 1956, 25-year-old Hilo resident Mitsuo Hasegawa was given the responsibility to develop Hawaii Army National Guard soldiers on the Big Island.

He took on the job and for the last 30 years, Command Sgt. Maj. Mitsuo Hasegawa, 2nd Battalion, 299th Infantry, has been molding young men and women into soldiers.

Hasegawa, who retired April 19 with more than 41 years of military

service, was honored during a formal banquet by the soldiers he helped train.

Hasegawa, 60, served as senior enlisted advisor on the Big Island for the last 22 years, advising the commanders on issues relating to the enlisted soldiers of the battalion.



Hasegawa

He joined the Hawaii Army National Guard in February 1948 after graduating from Hilo High School. He has served as supply sergeant, unit

administrator, sergeant major, and finally as the battalion's command sergeant major.

Hasegawa reflected on his career with the Hawaii Army National Guard during the banquet. In a speech to the attendees he remembered that in the early 1950's, his unit rode an interisland cargo freighter from Hilo to Honolulu for two days and rode a cattle truck to Schofield Barracks for annual training.

"Back in those days, a soldier was paid \$2.50 a day," Hasegawa told the attendees.

One could sense his pride when he talked about the 2,000-member 299th Regimental Combat Team of the 1950's, the forerunner of today's 600-member 2nd Battalion.

Concluding his speech, he urged full-time and drill-status Hawaii Army

National Guard soldiers to do their best. Using their 2nd Battalion motto, "E Makaala Kakou," Hawaiian for "Let's be Alert," Hasegawa challenged the Big Island soldiers to be ready to meet the challenges of the future.

He and his wife, Ethel, have three children, Reginald, Leila, and Earl. His immediate plans are to relax and enjoy his retirement and do more ballroom dancing, a hobby he's enjoyed for years.

Kunichika joins the Army National Guard

What does a retiring jet fighter pilot do after more than 31 years of flying with the Hawaii Air National Guard? Join the Hawaii Army National Guard? Col. Ritchie K. Kunichika, former deputy commander for operations at the 154th Composite Group, did just that. He joined the Army Guard as a fixed-wing aircraft pilot in May.

Now a chief warrant officer, Kunichika, serves as a drill-status member of the Headquarters, State Area Command.

Kunichika, 55, graduated from McKinley High School in 1952. He attended the University of Hawaii for two years and later enrolled in the U.S. Air Force's aviation cadet program.

His military career

started in the U.S. Naval Reserve, where he served for four years from 1952 to 1956. He then joined the Hawaii Air National Guard and started flying in 1958. He was involved in the last four of five Hawaii Air National Guard jet fighter aircraft conversions: in 1958, the F-86L Sabre All Weather Interceptor; in 1961, the F-102 Delta Dagger (Deuce); in 1976, the F-4C Phantom; and in 1987, the F-15 Eagle.



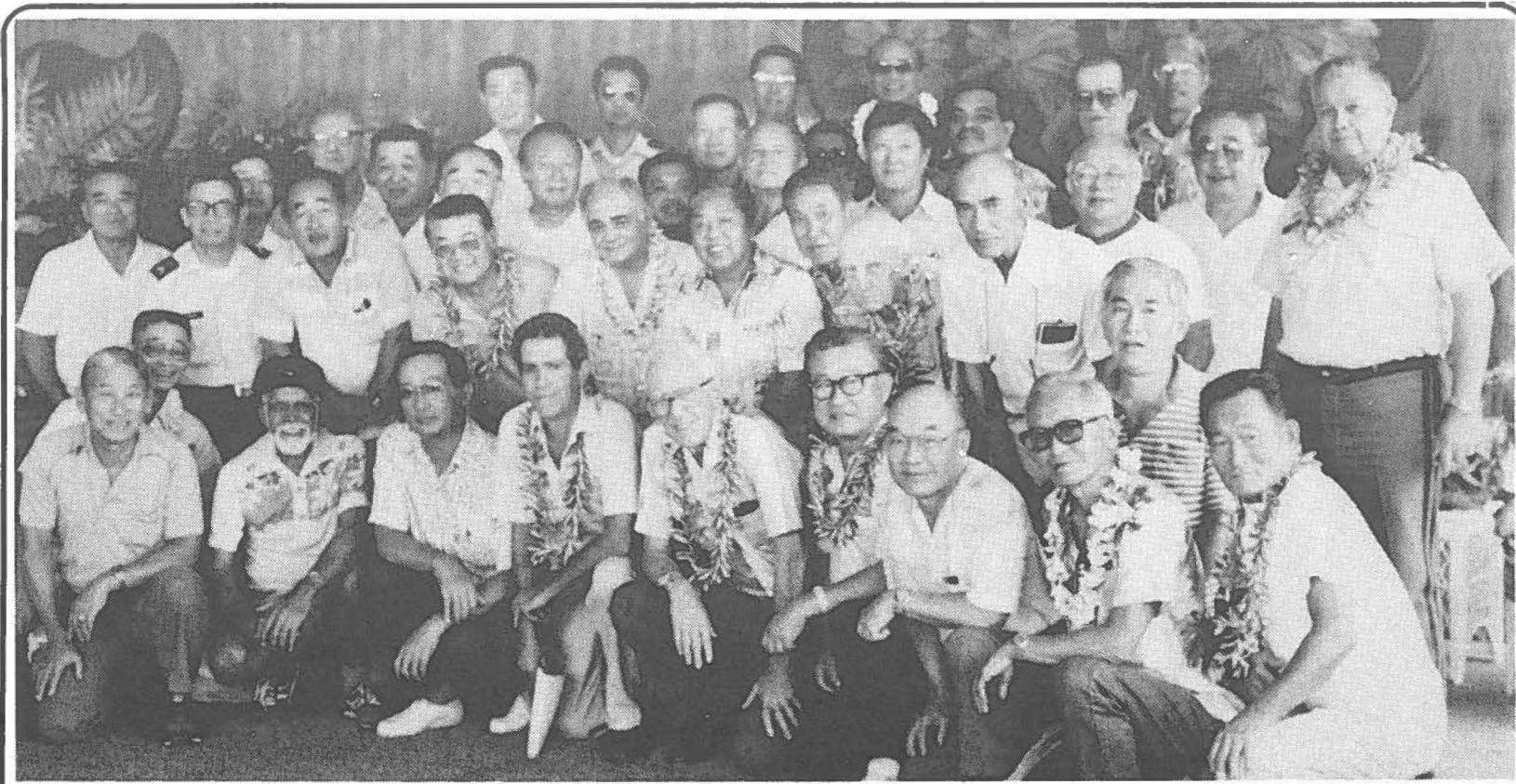
Kunichika

Kunichika flew the "Deuces" while on a 100-day active duty tour in the Republic of Vietnam in 1968. Hawaii Air National Guard pilots flew as escorts for U.S. Air Force B-52 bombers.

He retired from the Air Guard with more than 37 years of military service.

Kunichika was born in Lahaina, Maui. He and his wife, Hideko, raised their two children, Tracy, 26 and Heidi, 22, in Wahiawa.

Story and photos by Staff Sgts. Dennis Y. Fujii and Stephen M. Lum



BIG ISLAND NATIONAL GUARD RETIREES ASSOCIATION—The newly formed group posed with Maj. Gen. Alexis T. Lum, state adjutant general, at their first official meeting in May. The officers are: (kneeling, in the first row, beginning with the fourth person from right to left) President Roy T. Hinokawa, Vice President George S. McEldowney, Secretary Alexander E. Carvalho, and Treasurer Baron T. Nakatani.

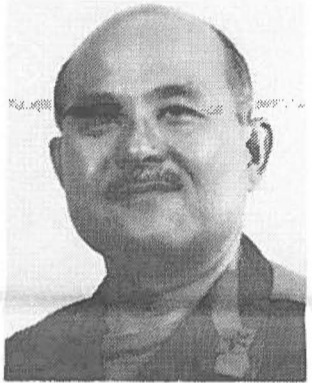
People

Command and key staff positions shift in the HIARNG



Miranda

Col. Louis N.H.M. Miranda Jr. is the Hawaii Army National Guard's new assistant chief of staff for plans, operations, and training (G-3) as of April 29. Miranda replaced Col. George T. Honjiyo, who retired.



Agena

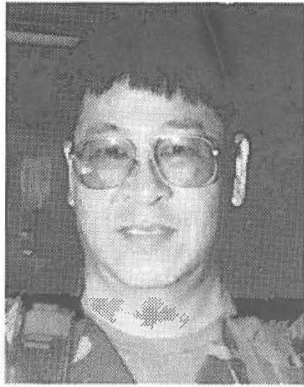
Col. Clarence M. Agena moved from the assistant chief of staff for logistics (G-4) to Miranda's old position of chief plans officer. Col. Robert A. Broderick, meanwhile, moved from commander, 297th Supply & Service Battalion to replace Agena as the G-4. Broderick commanded the 297th from June 6, 1986 and works full-time as the general service manager at Pacific Machinery.



Broderick

Lt. Col. Lincoln C. Yamashita assumed command of the 297th at ceremonies held at the Wahiawa Armory, May 21.

Yamashita, 46, will command 305 soldiers of the 297th Supply &



Yamashita

Service Battalion. The battalion is composed of a Headquarters & Headquarters Detachment, the 291st Maintenance Company and the 292nd Supply & Service Company.

Yamashita, a 1961 graduate of Farrington High School, attended Idaho State University. He received his bachelor of science degree and was commissioned a second lieutenant through the Reserve Officer Training Corps in June 1966. He earned a Masters of Education degree from the University of Hawaii in December 1971.

Yamashita's active duty included serving in Vietnam from December 1966 to 1969. He joined the Hawaii Army National Guard in March 1978.

After more than 18 years teaching at Kailua High School, he joined the full-time Hawaii Army National Guard staff as the training officer for the Troop Command in October 1988. (His vacated position at Troop Command is not filled at press time.)

He and his wife, the former Linda J. Davis of Washington, D.C., have three daughters: Christy Lee, 21, Jolyn Marie, 19, and Dawn Ahina, 17; and a son, Robert Dean, 15.

Guard members join the full-time staff

Staff Sgt. Douglas K. Pilares joins the 154th Composite Group's full-time staff as an aircraft ordnance systems mechanic. During drills, he is a Consolidated Aircraft Maintenance Squadron weapons load technician. Pilares' interests include metal and wood work, auto mechanics and restoration, dirt biking, and deep sea fishing. He and his wife, Marlene, have three children: Kanani, 6, Kamaile, 2, and Kealoha, 1.

Capt. Stanley J. Osserman Jr., the 154th Com-



Sgt. Darren M. Atabay checks vehicle fluid levels. Atabay was an honor graduate of a heavy equipment warskills proficiency class held in May.

Master Sgt. Ron Biho

Engineers excel at heavy equipment course

Honor graduate Sgt. Darren M. Atabay and five other airmen from the 154th Civil Engineering Squadron completed Heavy Equipment Warskills Proficiency Training in May.

Atabay, a member of the Hawaii Air National Guard for three years, excelled in all phases of heavy equipment operations. His 16-member class was open to Air Guard members from all states.

The one week course, held at Nellis Air Force Base, Nev., emphasized Rapid Runway Repair (RRR) techniques. The intense training included operating the latest Air Force construction equipment.

posite Group's public affairs officer is on a special assignment at the National Guard Bureau, Pentagon, Washington, D.C. His tour as strategic plans officer will end Sept. 1.



Partido

Sgt. Melvin Partido changed offices and uniforms to join the Hawaii Army National Guard's safety office as the occupational safety and health specialist. He was formerly an Air Guard drill-status ground safety non-commissioned officer and a civil service communications relay operator at the U.S. Naval Communications Center in Wahiawa. He and his wife, Julie, have one son, Melvin Jr., who will be attending the University of Hawaii in the Fall.

Hawaii Air Guard activates service flight unit

The 154th Services Flight, Hawaii Air National Guard, was activated April 7, with an authorized strength of 2 officers and 32 enlisted personnel. The unit will be subordinate to the 154th Civil Engineer Squadron. Capt. Kay Sgagias, 154th Mission Support Squadron executive officer, has been selected as the new commander.

Federal recognition to be withdrawn from ordnance unit

The Federal Recognition of the Hawaii Army National Guard's 628th Ordnance Detachment will be withdrawn Sept. 1. The nine-member detachment, recognized March 1, 1980, will transfer primarily to Company D, 29th Support Battalion.

The detachment's tube launched, optically tracked, wire guided (TOW) missile maintenance mission will be provided by Co. D.

State DoD holds women's career development seminar

More than 190 women employed by the State Department of Defense attended the Women's Career Development Seminar, May 19.

The seminar, held at the Outrigger Prince Kuhio Hotel, was developed to encourage positive changes in the women's careers and personal lives. Attending the seminar were State, Federal technician, and Active Guard/Reserve women from all islands.

Guest speakers and the topics presented were:

Margaret Mansfield - stress management

Loren Lasher - positive thinking

Larry Price - communication methods

P.J. Lindhal - physical fitness/back care

Pam Chambers - goal achievement

Maj. Gen. Alexis T. Lum, state adjutant general, said he commissioned the development of the seminar to promote cohesiveness and the well-being of all departmental employees. He

hoped the all-day session would have a positive effect on the entire organization.

Capt. Ford Chinen, equal employment manager, State Personnel Management Office, and his committee would like to thank all those who attended and contributed to the seminar.

New commander for 6010th Aerospace Defense Group

Col. James J. Bundschuh is the 6010th Aerospace Defense Group's new commander. The 6010th is the 154th Composite Group's active duty partner in the Hawaiian Islands' air defense mission.

He replaced Col. Robert R. Bartlett, commander of the unit since June 1986.

Bundschuh is no stranger to the 154th. His new position is a promotion from the vice commander and director of operations jobs he has held since 1986 with the 6010th and the "old" 326th Air Division.

Bartlett plans to retire and move to Tampa, Fla. with his wife, Joan.

In memory of Sgt. Maj. Sotero A. Bailado

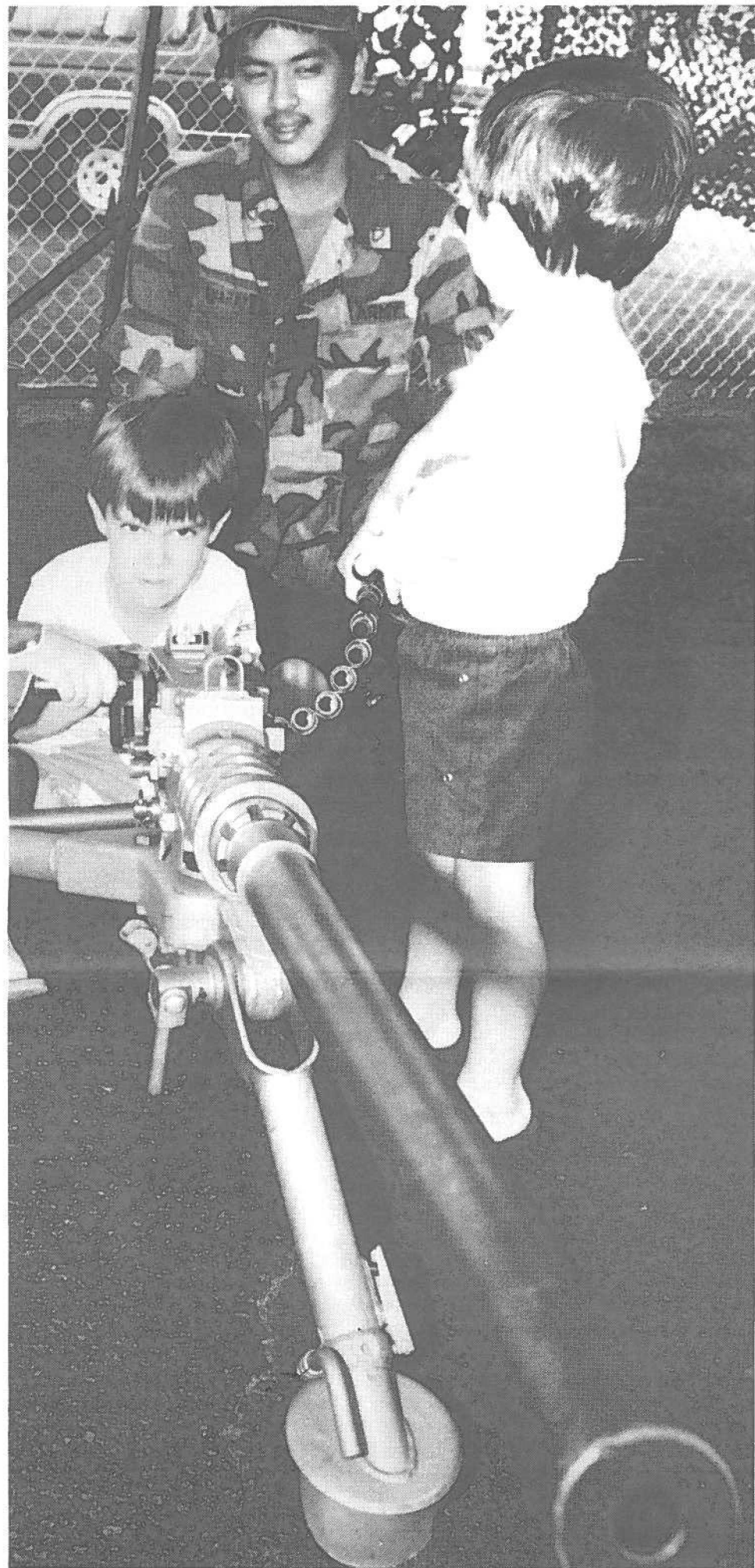
Sgt. Maj. Sotero A. Bailado, 65, the first sergeant major (E-9) in the Hawaii Army National Guard, passed away June 9 at Kona Hospital.

Bailado, of Honaunau, Hawaii, was drafted into the U.S. Army in 1944 and served in combat in the Philippines. He joined the Hawaii Army National Guard's 298th Artillery Group in July 1947 and worked full-time for the guard from 1948 until his retirement in 1968.

The Hawaii National Guard family is deeply saddened by Sgt. Maj. Bailado's passing and our sympathy goes out to his wife, Annie, and family.



Community Service



FUTURE GUNNER—Hilo's Pfc. Kyle Nakayama, looks on as Dominic Lopez simulates 50 caliber machine gun fire.

Hawaii Guard helps celebrate Hawaii Military Week

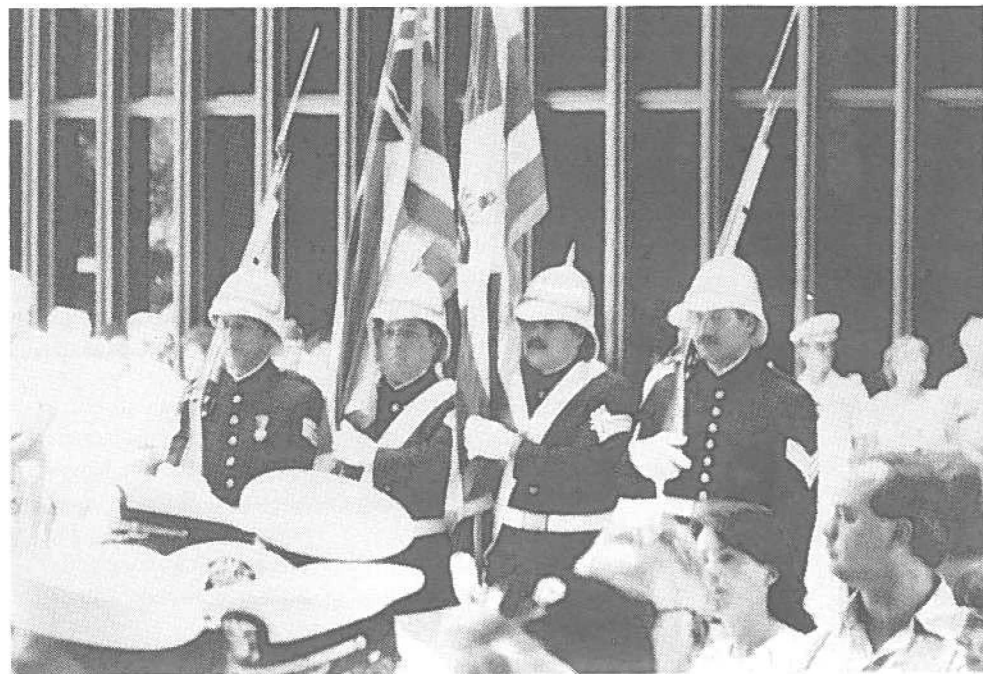
Hawaii National Guard soldiers and airmen from Honolulu and Hilo participated in Hawaii Military Week, May 15-21.

The Hawaii Air National Guard's ceremonial Royal Guard posted the national and State flags during a military week opening ceremony at the Hawaii State Capitol Rotunda.

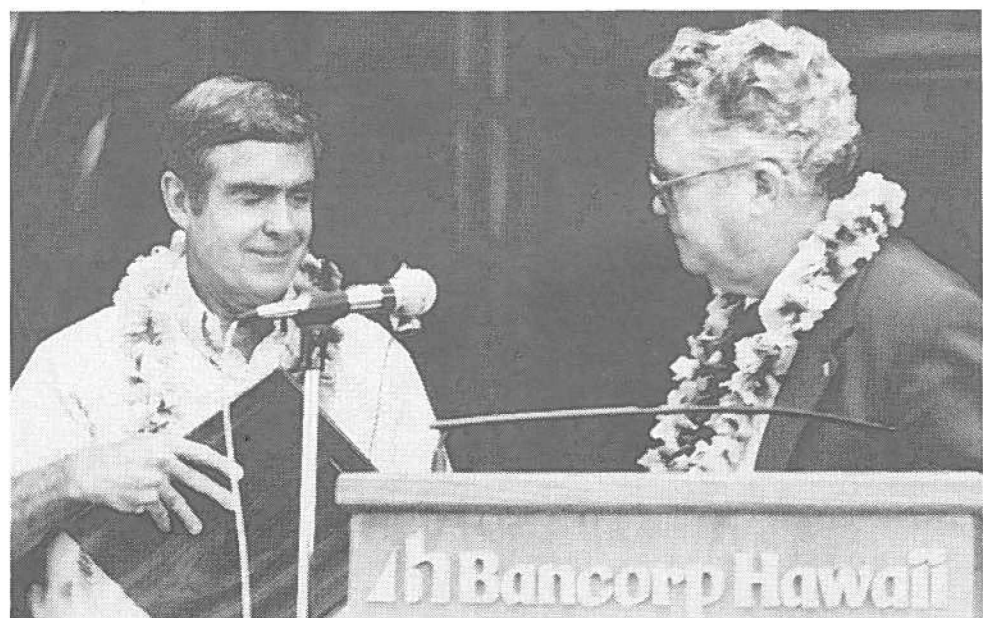
The Hawaii Committee for Employer Support of the Guard/Reserve (ESGR) presented the State Chairman's award

to Mr. Frank A. Manaut, retired president and chief executive officer of Bancorp Hawaii and Bank of Hawaii. The award recognized his outstanding support of the military reserve components in the State of Hawaii.

The "We are Family" and "Keep American Strong" themes were also promoted at annual Armed Forces Day activities at Hickam Air Force Base, Oahu and General Lyman Field on the Big Island of Hawaii.



ROYAL PERFORMANCE—The Hawaii Air National Guard's ceremonial Royal Guard performed at Hawaii Military Week opening ceremonies held at the State Capitol.



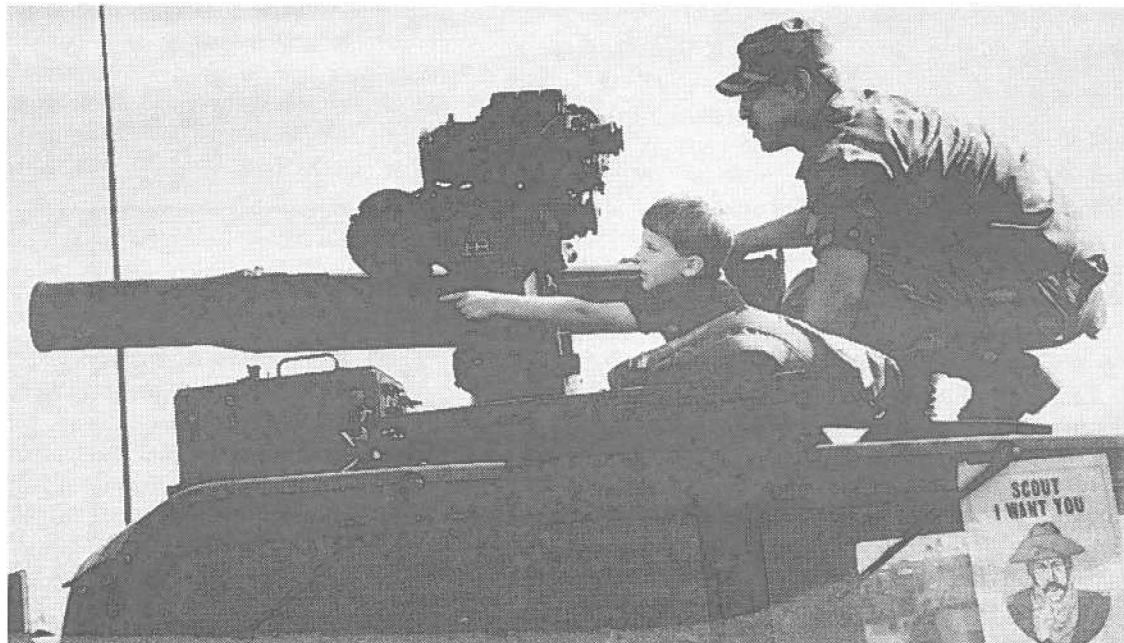
STATE CHAIRMAN AWARDEE—Mr. Frank A. Maunaut (left) is presented the Employer Support of the Guard and Reserve's State Chairman's award by Mr. Richard D. Davi, chairman of Hawaii Military Week.

Sgt. Lance Kamisugi

Stephen M. Lum

Stephen M. Lum

FRIENDLY FORCES—Troop E, 19th Cavalry's Spec. Louis Wallace informs Cameron Weidenbach how to use the aiming sight of the tube-launched, optically tracked, wire-guided (TOW) missile mounted on the high-mobility multi-purpose wheeled vehicle (HMMWV).



Sgt. 1st Class Wayne Iha



HIANG Hawaii Air National Guard

Exercises test readiness of Composite Group

Air Guard trains with Marine and Navy pilots

The Hawaii Air National Guard's F-15 Eagles recently took to the skies to train with F-16s, F-18s and A-4s during exercise "Sentry Tigre". The F-16 Falcons were from the Arizona Air National Guard, the F-18s from Kaneohe Marine Corps Air Station, and the A-4s from Barbers Point Naval Air Station.

During the exercise, the units emphasized dissimilar aircraft combat tactics (DACT) training. Pilots were exposed to five fighter units flying four different aircraft, three air weapons squadrons, and one tanker crew in the rigors of the DACT arena. Exercise areas included area defense, escorting strike, and basic fighter maneuvers.

The exercise began June 3 and continued through June 18. Four F-16s from Tucson, Ariz., and KC-135 tankers from the Phoenix ANG deployed to support the exercise, along with the Navy and Marine Corps fighter aircraft.

Some of the highlights include a simulated strike at Barking Sands, Kauai, which pitted four F-15s and four F-16s against 14 adversary aircraft (F-18s and A-4s); and a "high value asset protection" mission in which HIANG F-15s and 162nd Tactical Fighter Group F-16s escorted a KC-135 tanker along a 160 mile route while under "attack" by F-18s and A-4s.



FILL-IT-UP—An F-15 Eagle from the Hawaii Air National Guard is refueled from an Arizona Air National Guard KC-135 Stratotanker during Sentry Tigre.

Aircraft performance, weapons, and avionics capabilities vary and success in combat depends on the ability to optimize strengths against the enemy's weaknesses.

154th deploys for first time with F-15 Eagles

More than 125 officers and airmen from the

154th Composite Group participated in exercise "Combat Sage" in the Philippines. This was the Hawaii Air National Guard's first deployment with the F-15 Eagles.

Eighteen officers and 107 airmen trained at Clark Air Force Base, May 20 through June 1. Eight F-15s were flown to the base in two flights of

four. The fighters departed an hour apart. The Eagles flew directly to the Philippines and arrived in 10.5 hours.

The deployment enabled the 154th to test its fighting capabilities under live-fire field conditions. Air crews fired live AIM-7 "Sparrow" radar and the AIM-9 heat seeking missiles at drone targets.

The 199th Tactical Fighter Squadron also engaged in Dissimilar Air Combat Tactics (DACT) with U.S. Navy F-18 Hornets and A-4 Skyhawks.

Maintenance and support personnel faced daily logistical and planning challenges in terms of keeping up with the aggressive flying schedule

and hot, humid weather.

The flight crew and support airmen returned home safely after two weeks of hard work.

Stories by Capt. Stanley J. Osserman Jr. and Tech. Sgt. Charles T. Gravitt

In-house construction saves Hawaii Air National Guard more than \$120,000

In-house construction of the 292nd Combat Communication Squadron's mobility warehouse is saving the Hawaii Air National Guard more than \$120,000. The Kahului, Maui unit's storage facility is being assembled by the Hawaii Air National Guard's 154th Civil Engineering Squadron.

The construction started in late May and is scheduled for completion in September.

"This is the first time the engineers have undertaken a project like this," said Master Sgt. Joseph J. Kaaikaula, project supervisor.

More than 75 airmen were divided into smaller work crews and scheduled

on one or two week deployments to Maui.

In addition to assembling the prefabricated metal building, the engineers are grubbing and backfilling the grounds, laying in a concrete slab, building a concrete wall, and installing all the electrical and water lines.

The 154th Mission Support Squadron is providing three food service personnel with each crew deployed.

Completion of this warehouse will be a milestone for the 201st Combat Communications Group. All its units will have permanent facilities and warehouses, completing a construction cycle which started in 1969.



PERRY KEEPS ON MOVING—Michael W. Perry (right), Hawaiian Moving Company host and K-59 radio personality, is all smiles after completing F-15 Eagle jetfighter flying with Capt. Gaylord Dowson. Second-seater reactions were filmed for Perry's television show, broadcast July 2.

SCD State Civil Defense

Tsunami exercise tests emergency response

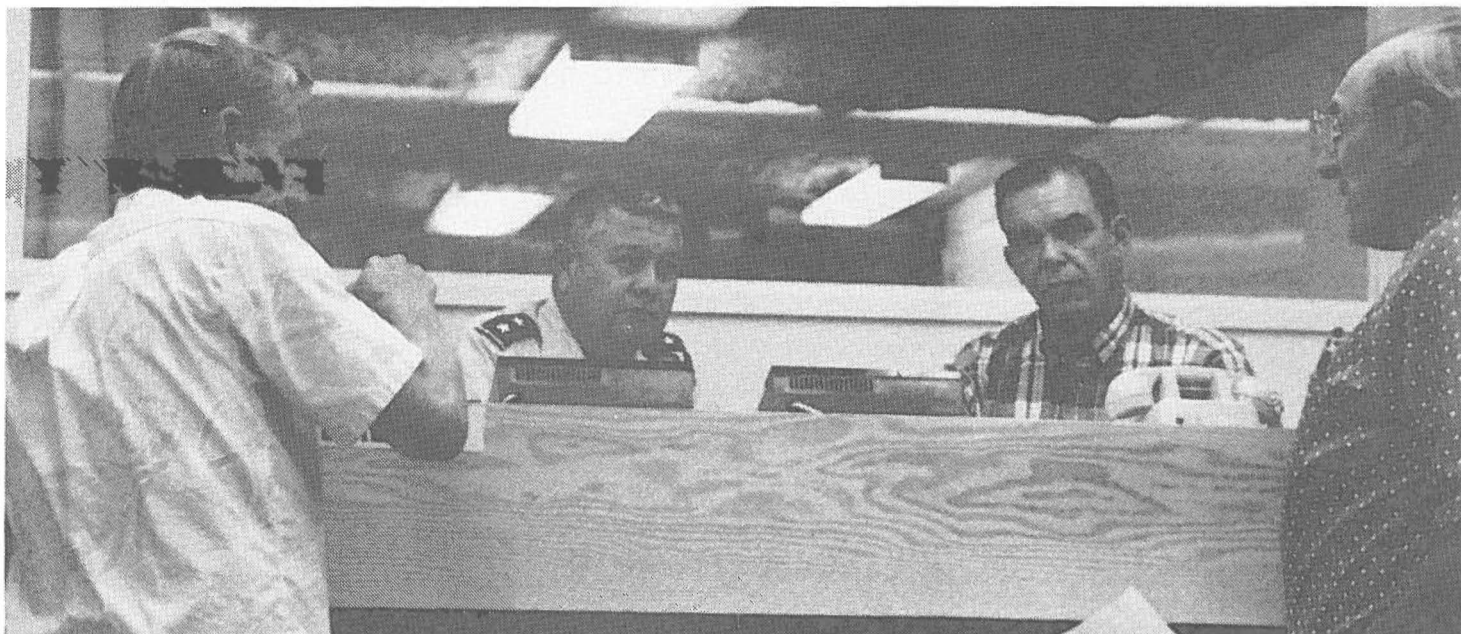
State Civil Defense sponsored a tsunami exercise, May 31. It involved hundreds of participants from State and County agencies, the Pacific Tsunami Warning Center, allied military services, volunteer organizations, and local businesses. Isle public schools also got involved by practicing tsunami evacuation drills.

While the tsunami exercise was built around a fictitious event, real-time staging was carefully planned around factual historical data. This is what emergency response officials encountered:

"It's 4:30 a.m. HST. An earthquake measuring 8.0 Richter magnitude is reported in the Kamchatka Peninsula, thousands of miles away from the Hawaiian Chain. Some 7 hours later, the series of shockwaves triggered by the quake will have raced along the sea floor destined for unprotected shorelines. Tsunami slams into the Islands with devastating force. . ."

The scene is not atypical. Tsunami have been present in the Pacific since the formation of the 'Rim of Fire', posing a threat as islands have become populated. For Hawaii, tsunami remains a force to be doubly reckoned with. They are generated by both distant and local earthquakes and can strike any time of the day or night. The worst case for emergency responders is a local tsunami, which gives little or no time for early warning.

May's tsunami exercise was inten-



TSUNAMI READINESS—Tom Brown, planner and Tom Batey, plans & operations chief (foreground) confer on exercise details with Maj. Gen. Alexis T. Lum, state adjutant general and state civil defense director and Roy Price, vice director.

Stephen M. Lum

tionally staged around a distant scenario to provide players and evaluators ample time to work through operations and procedures geared toward combating the threat of a Statewide tsunami. Simulated emergency actions centered on alerting the public, clearing areas at risk, setting up roadblocks, and opening up shelters to house evacuees.

Evaluation of the exercise is currently underway. Results will aid in keeping operations and procedures well-tuned for the time when Hawaii is faced with a real tsunami threat. Exercises are a part of ongoing training efforts aimed at

keeping the Hawaii civil defense system ready to act on any crisis — from a local emergency to a full scale disaster.

In addition to giving participants practical experience, May's tsunami exercise received wide media coverage on all islands, not only providing high visibility to civil defense efforts, but also focusing the community on the tsunami threat — what it is and how to deal with it.

Civil defense agencies constantly practice to make sure they are ready for the real thing. Are You? When a tsunami warning is announced, if your

office or home is not in danger, stay there. Don't add to traffic tie-ups or attempt to enter shoreline areas. If located in an evacuation area, leave. Cooperate with officials on the scene who are acting on your behalf. By all means, in the event of a severe local earthquake, don't wait for warning, head for high ground. Doing your part helps emergency officials do theirs.

By Barbara Hendrie

OVS Office of Veterans Services

NEWLY SWORN-IN STATE COMMISSION ON MEMORIALS FOR VETERANS OF THE KOREAN AND VIETNAM CONFLICTS — (seated) Gov. John Waihee and Alfred Los Banos, (standing left to right) First Circuit Court Judge Thomas K. Kaulukukui Jr., Mildred McColgan, Maj. Gen. Alexis T. Lum, state adjutant general, George Matsumoto, Yoshio Sugino, Donald E. Gillum, John Kelihoikoi, Lester Higa, vice-chairperson, and David H. Price, chairperson, pose for their first official group photograph as a State commission May 17. Judge Kaulukukui conducted the swearing-in and Gov. Waihee presented the members with certificates of appointment.

The commission was established by the 1988 Legislature and is tasked to plan and select works of art for memorials to the veterans of the Korean and Vietnam Conflicts.



K. Russell Ho, Office of the Governor



Wives' Auxiliary

Installation luncheon to be held at Kemoo Farms

The wives auxiliary will visit the 169th Aircraft Control & Warning Squadron facility followed by an installation luncheon on Saturday, Sept. 16, at Kemoo Farms.

A bus, leaving from Fort Ruger, will depart to the Wahiawa Hawaii Air

National Guard unit at 9:00 a.m.

The 169th's mission and the role of the Hawaii Air National Guard in the air defense of the Hawaiian Islands will be presented at the Wheeler Air Force Base facility.

Luncheon will follow the 169th tour. New-term officers being installed are: **Mary Ann Mau**, president, **Bernadette**

Franks-Ongoy, first vice-president, **Marsha Bise**, second vice-president, and **Regina Shimomura**, secretary. Other nominations will be accepted on the floor.

The \$10.00 lunch will include clam chowder, Mahimahi Alamadine, salad, and coffee or tea.

For further information, please call **Ruth Shigezawa** at 395-1382.

WE'D LIKE TO REMIND YOU THAT THE UNCENSORED CONTENT OF THIS NEWSPAPER IS MADE POSSIBLE BY THE CONSTITUTION OF THE UNITED STATES.

THE CONSTITUTION
The words we live by

To learn more about the Constitution write: Constitution, Washington, D.C. 20599. The Commission on the Bicentennial of The U.S. Constitution.



Family Action Program

Coordinator's corner

By David H. Price
State Family Program Coordinator



Summer and Annual Training are upon us. Now is the time for get involved with a Family Support Group (FSG) if you haven't already. Those of you who are still unsure of joining, take a chance. Call your unit for the name of the key

person in your FSG. Many thanks to those of you who have contributed so generously to our Family Action Program Skills Bank by sharing your talents via the recent survey we sent out. For those of you who haven't sent yours in yet, we'll still take it. It's a big help in making the Guard able to take care of its own. The FSG slogan and winner for our slogan contest will be announced in Pukupahi's next issue. Planning continues for our Family Action Conference in Waikiki Sept. 9-10. One hundred family members will receive valuable training and share pro-

gram ideas for FSG activities. Registration is limited to FSG participants. Liz Taga, our present state volunteer representative, will be leaving us in August. She has done so much for the Family Action Program during the past year and a half. Liz's replacement will serve a one-year term starting in September. That person has not been selected yet, so if you are interested in a year of hard work, training, and travel around the state and on the mainland, give me a call. We'll talk about it. Iris Kauhane of HIKI NO OHANA (487th FA), and Linda Nagai of KO-

KUA OHANA KOA (297th ATCF), just returned from the National Volunteer Conference in New Orleans, La. Both agree it was great to share ideas with other volunteers in the National Guard Family Program. Highlight of the conference was a keynote address by First Lady Barbara Bush. Volunteering is "in" America! Become a part of it. Join now! It's great being your coordinator. Let me know if I can be of assistance. Call 732-1823 (Oahu).

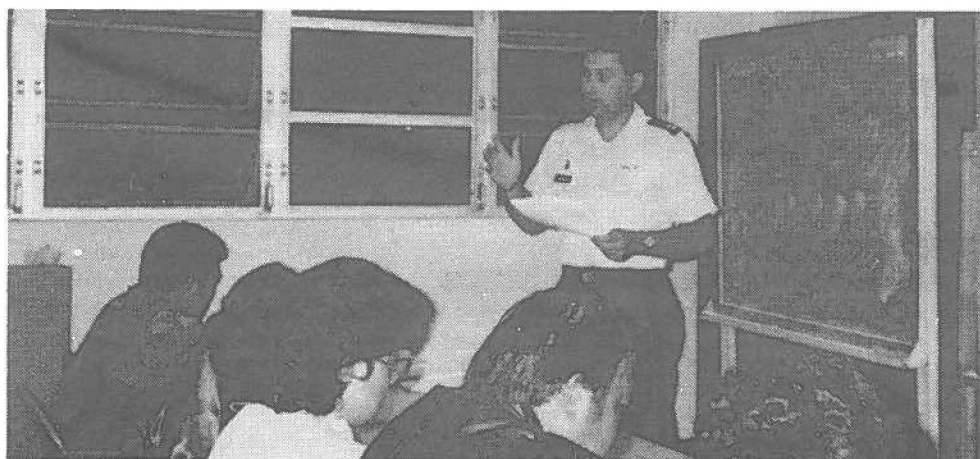
Family Support Groups

The following Family Support Groups have been authorized by the Adjutant General since the publication of the last Pukupahi.

Location	FSG Name	Affiliated Unit	Key Person & Alt
Oahu	KOKUA OHANA	297th Air Traffic Control Flight (HIANG)	Linda Nagai Caren Ferreira
Oahu	NA WAHINE KA KO'O	154th Security Police Flight (HIANG)	Maria Witt Gayle Miyamoto
Oahu	H.O.P.E.	HHC, 29th Support Battalion (HIARNG)	Emmarose Fredericks Sharon Ah Nee
Oahu	E PUU KAHI ME KEKUPA'A	129th Signal Detachment (HIARNG)	Donna Benzon Paula Villanueva
Kauai	TBA	298th Air Traffic Control Flight (HIANG)	Ginny K. Hori Joveen C.P. Acoba



Brig. Gen. Edward V. Richardson presents the official family support group charter on behalf of the adjutant general to Linda Nagai of KOKUA OHANA KOA. Alternate key person Caren Ferreira and Maj. Bert Kumabe, 297th Aircraft Control & Warning Squadron commander, look on.



Capt. Clarence Gunderson, judge advocate general (JAG) presents a wills/power of attorney workshop for Maui's three family support groups.



KAULELE ME KA ANELA received their charter on June 3 in a ceremony held at Wheeler Air Force Base. The group, led by Susan Mabe (front and center), is joined by the 1st Battalion, 193rd Aviation command staff and other family support group members.

CHAMPUS eligibility limited

If you're a member of the Army National Guard or U.S. Army Reserve, your family members are only eligible for CHAMPUS benefits under certain conditions. If you are called to active duty for more than 30 days, your family members become CHAMPUS-eligible on the first day of your active service. They remain eligible until you leave active duty. The period of active-duty time stated on your orders is the determining factor. If you should die while

on active duty, your surviving dependents will continue to be eligible for military health benefits, including CHAMPUS, under the same rules as would the survivors of any active duty soldier. After you've served long enough in the reserve component to qualify for reserve retirement (you've logged a total of 20 or more satisfactory years of service, then begin drawing retired pay and benefits at age 60), you and your family members (if they

qualify) will be eligible for CHAMPUS and other military health benefits on your 60th birthday. Your CHAMPUS eligibility will continue until you reach age 65 (or become eligible before age 65) and qualify for Medicare (Part A), which cost-shares hospital charges. Qualified family members will also keep their CHAMPUS eligibility until they become individually eligible for Medicare (Part A).



The Hawaii Air National Guard's 201st Combat Communications Group and 293rd Combat Communications Squadron family support groups received their charters from Maj. Gen. and Mrs. Alexis T. Lum in recent ceremonies at Hickam Air Force Base. Abby Looney of PUUWAI HAMAMA (201st) and Patti Kaneshiro of MALAMA O NA ULUKOA (293rd) display their new charter certificates.

Sports

Hawaii Guard runners complete marathon



May 7 was not a typical drill weekend for eight Hawaii National Guard soldiers and airmen. They spent more than three hours "pounding the pavement" at the 6th NGB Marathon Trials.

The Hawaii National Guard team competed in the race, which is held in conjunction with the Lincoln Nebraska Marathon, which promotes the fitness and combat readiness of National Guard members.

Hawaii National Guard marathon team members and their finishing times are as follows:

Spec. Lynn M. Kuda, HQ STARC, 3:15:34

Tech. Sgt. Owen K. Iha, 154th Mission Spt. Flt., 3:20:37

Maj. Lance Y. Okihara, HQ STARC, 3:21:35

Tech. Sgt. Gary A. Momohara, 154th Resource Mgt. Sq., 3:29:15

Sgt. Michael K. Masaki, Co. A, 29th Spt. Bn., 3:30:34

Sgt. Paula J. "PJ" Lindhal, HQ, 154th Composite Gp., 3:32:07

Tech. Sgt. Owen K. Iha, three-time Hawaii National Guard Marathon Team member, gets his "second wind." Iha finished second among Hawaii runners.

Sgt. Keith T. Arakaki, 111th Army Band, 3:35:03

1st Lt. Michael Y. Nakahara, 292nd S&S Co., 3:50:59

In the National Guard open women's division,

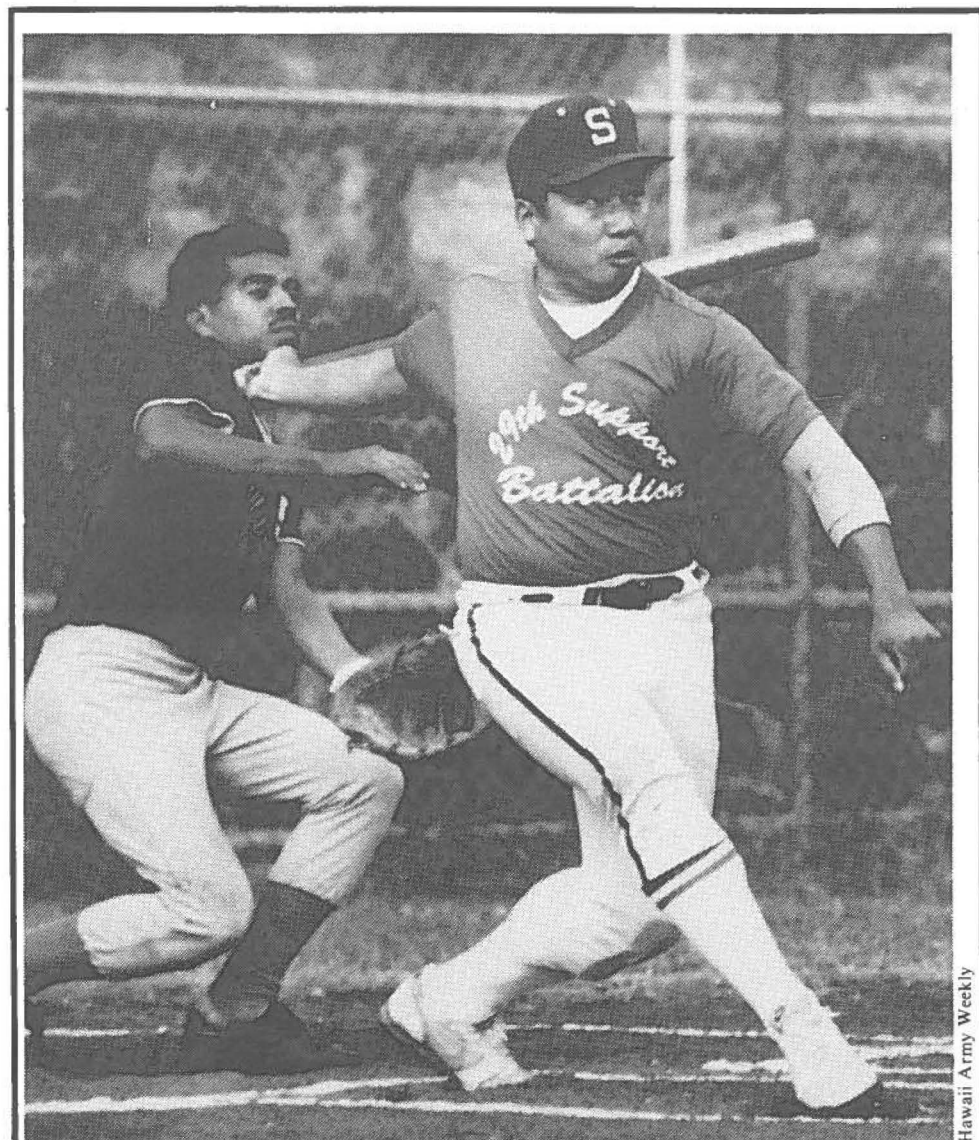
Kuda and Lindhal were the third and sixth finishers, respectively. Lindhal also placed second in the women's 35-39 age division.

Kuda and Lindhal qualified for the 50-member

All-Guard Marathon Team and will be among the 10 women on the NGB team. They will compete in Washington D.C. at the Marine Corps Marathon to be held in November.



HAWAII NATIONAL GUARD MARATHON TEAM — (Kneeling)— Spec. Lynn M. Kuda and Sgt. Paula J. "PJ" Lindhal. **(Standing)** Maj. Lance Y. Okihara, Tech. Sgt. Owen K. Iha, Tech. Sgt. Gary A. Momohara, 1st Lt. Michael Y. Nakahara (team captain), Sgt. Melvin K. Masaki, and Sgt. Keith T. Arakaki.



POWER HITTER—Maj. Kenneth Tenno, 29th Support Battalion team catcher, rips the ball to the outfield. The Hawaii Army National Guard team trounced the active duty 5th Transportation Company Islanders 13-0 in the Fort Shafter/Tripler Army Medical Intramural League game June 8.

Help Your Heart



Lower Blood Pressure

Aerobic exercise can control high blood pressure in some individuals, but to keep blood pressure at a normal level, exercise must become a way of life.

"In certain individuals, aerobic exercise may be a viable alternative to medication," says behavioral psychologist John E. Martin, Ph.D., "especially if the high blood pressure is detected early."

However, Martin warns, there is a problem when people whose high blood pressure is lowered by exercise believe they are cured and quit exercising. "They must realize that if they quit exercising, they need to take medication to maintain a normal blood pressure. And for some, it will take a small dose of medication in addition to exercise."

Aerobic exercise increases breathing and blood flow to working muscles. Done for an extended amount of time it can strengthen the heart, lungs and blood vessels. According to the American Heart Association, to be effective, aerobic exercise must be done for 15-30 minutes at least three times a week. The exercise must raise the heart rate to at least 65 percent of its maximum capacity. Exercising at too high an intensity can cause injuries or a burnout of motivation, Martin points out.

Some common aerobic exercises are cycling, brisk walking, lap swimming, jogging and aerobic dance.

Martin has conducted research at the Veterans Administration Medical Center in Jackson, Mississippi on the effects of exercise on blood pressure. "When effective, behavioral methods of controlling high blood pressure (such as aerobic exercise) appear to have distinct advantages over medication alone," says Martin. High blood pressure medication can cause negative side effects, such as weakness or impotence. Behavioral methods can create positive side effects by making the patient feel better physically, he explains.

But, after a patient feels better, there can be a problem of maintaining motivation to continue the aerobic exercise program. "Lack of symptoms encourages lack of compliance," Martin comments.

It is important to provide encouragement so a patient will continue the exercise program. "It is easier to just take a pill than to exercise, so we need to establish an 'effective comfort zone'." Martin explains that an effective comfort zone is a level of exercise that patients can enjoy without huffing, puffing and turning red. Scientists who work with Martin encourage other family members to exercise with the patients to make it as enjoyable an experience as possible.

All programs to control blood pressure through exercise must be done with medical supervision, Martin warns. Candidates in his program are screened to find any previous heart, kidney or vascular problems.

Awards

Members of the Hawaii Army and Air National Guard were recently presented with awards in recognition of their outstanding performance.

Meritorious Service Medal (First Oak Leaf Cluster):

Lt. Col. Robert A. Broderick, Headquarters & Headquarters Detachment, 297th Supply & Service Battalion

Meritorious Service Medal:

Master Sgt. Masao Ebe, Detachment 1, Headquarters, State Area Command, Troop Command

Master Sgt. Asher T. Suzuki, former member of Headquarters & Headquarters Company, 29th Support Battalion

Sgt. 1st Class Shigeto Takayama, Headquarters & Headquarters Company (-Det. 1), 1st Battalion, 299th Infantry, attached to Company B, 1st Battalion, 299th Infantry

Staff Sgt. Masayuki Watanabe, posthumous award, Company B (Med.) 29th Support Battalion

Sgt. Seifuku Nakayama, Company C (-Det. 1) 2nd Battalion, 299th Infantry

Hawaii National Guard Commendation Medal:

Command Sgt. Maj. Glendon H. Sidwell, United States Army Western Command

Master Sgt. Moses K. Akana, 297th Air Traffic Control Flight

Army Commendation Medal (First Oak Leaf Cluster):

Chief Warrant Officer 2 Clayton H. Mitsui, Headquarters, State Area Command (-Dets. 1 & 2)

Army Commendation Medal:

Sgt. Calvin K. Naipo Jr., Headquarters, State Area Command (-Dets. 1 & 2)

Spec. Sue Ann M. Taufasaau, Headquarters & Headquarters Detachment, 297th Supply & Service Battalion

Air Force Commendation Medal (Second Oak Leaf Cluster):

Senior Master Sgt. Robert T. Kamiyama, 297th Air Traffic Control Flight

Master Sgt. Lowell J. Agena, 298th Air Traffic Control Flight

Master Sgt. Elmer R. Looney, 201st Combat Communications Group

Air Force Commendation Medal (First Oak Leaf Cluster):

Senior Master Sgt. George I. Hayashi, 293rd Combat Communications Squadron

Master Sgt. Toshio Nagai, 297th Air Traffic Control Flight

Master Sgt. Stanley S. Shinsato, 169th Aircraft Control & Warning Squadron

Air Force Commendation Medal:

Senior Master Sgt. Robert T. Kamiyama, 297th Air Traffic Control Flight

Master Sgt. Jose V. Motas, 169th Aircraft Control & Warning Squadron

Tech. Sgt. Dennis C. Dalen, 297th Air Traffic Control Flight

Staff Sgt. Regina Aiken, 169th Aircraft Control & Warning Squadron

Staff Sgt. Raymond W. Chang Jr., 297th Air Traffic Control Flight

Air Force Achievement Medal (First Oak Leaf Cluster):

Chief Master Sgt. Leo S. Nakao, 201st Combat Communications Group

Master Sgt. Francis T. Takara, 298th Air Traffic Control Flight

Tech. Sgt. Lance J. Ginoza, 297th Air Traffic Control Flight

Tech. Sgt. Owen K. Nishimura, 297th Air Traffic Control Flight

Air Force Achievement Medal:

Tech. Sgt. Francis K. Kawahara, 297th Air Traffic Control Flight

Senior Airman Hidetaka J. Murakami, 297th Air Traffic Control Flight



Earning Expert Infantryman Badges on May 7, were (kneeling left to right) Capt. Matthew N. Nagasako, 2nd Lt. Bernard E. Au Jr., Sgt. 1st Class Warlito R. Galiciano, (standing) 2nd Lt. Stanley E. Toy, 1st Lt. Michael Q. Gallo, and Sgt. 1st Class Dunn R. Llego. The 29th Infantry Brigade (Separate) soldiers are from the 1st and 2nd Battalions, 299th Infantry. Gallo is from Company B, 1st Bn. and Toy is from Company B, 2nd Bn., while Nagasako, Au, Galiciano, and Llego are from Company C, 1st Bn.

Seventy-five soldiers, 66 from the 25th Infantry Division (Light) and nine from the 29th Infantry Brigade (Separate), enrolled in the intensive two week EIB class. Only 18 soldiers were in the class the day before graduation, including all nine from the Brigade.

To qualify for the prestigious award, soldiers must pass more than 25 stations, including weapons disassembly/assembly/trouble shooting, first aid, land navigation, and a 12-mile march with full field pack in less than three hours.



HNGA Hawaii National Guard Association

Association honors outstanding officers

The Hawaii Army National Guard Association (HNGA) honored four Hawaii National Guard officers for their outstanding military performance. The awardees were:

- Hawaii Air National Guard Lt. Col. Jeffrey H. Okazaki as the Outstanding Field Grade Commander.
- Hawaii Army National Guard Capt. Clara K. Furubayashi as the Outstanding Company Grade Commander.
- Hawaii Air National Guard 1st Lt. Myles M. Moriguchi as recipient of the James Y. Sato Memorial Award.
- Hawaii Army National Guard Chief Warrant Officer David Y. Lee as the recipient of the



Okazaki

As commander of the 293rd Combat Communications Squadron based at Hickam Air Force Base, Okazaki was described by Col. Ernest T. Shima, 201st Combat Communications Group commander, as an "outstanding commander; (and) a firm but fair manager and leader."

Furubayashi, is the commander of Headquarters & Headquarters

Hawaii National Guard Outstanding Officer Award.



Furubayashi

Detachment, 297th Supply & Service Battalion, based at Wahiawa. Lt. Col. Robert A. Broderick, former battalion commander, said she is, "a responsible and dedicated officer who receives outstanding support and respect from unit members because of her sincere concern for their welfare and her reserved style of leadership, which is still mission first."

The James Y. Sato Memorial Award is a perpetual trophy named in honor of former Maj.

James Y. Sato, operations staff officer, Headquarters, Hawaii Air National Guard. The award recognizes the Hawaii Air National Guard officer who demonstrates exceptional qualities of leadership; improvement in a unit's effectiveness, efficiency and ability to accomplish its mission; and for contributions which further



Moriguchi

the interests of the Hawaii Air National Guard and the community.

As the recipient of this

award, Moriguchi, 150th Aircraft Control & Warning Squadron (Fixed), is described by Maj. Randall G. Kim, squadron flight officer in charge, as possessing "superior knowledge and expertise in controlling fighter aircraft in air-to-air combat scenarios (which) have earned him the reputation as the 'best' in the squadron...he is assuredly a top notch performer."

As a Hawaii Army National Guard general safety officer, Lee has been praised for his efforts in coordinating and assisting the State safety officer and Hawaii Army National Guard commanders in field training safety requirements and accident prevention programs.

Col. Gerald J. Silva, Hawaii Army National Guard chief of staff, said Lee is, "an exceptionally dedicated officer. He

devotes a great deal of effort to maintaining a very high level of technical expertise. His sense



Lee

of responsibility is unequalled. This has led him to initiate and sustain one of the most highly regarded safety programs in the National Guard of the United States."

The officers were recognized during the HNGA's annual banquet at the Sheraton Waikiki Hotel in April.

Recruiting & Retention

HIANG wins retention award

The Hawaii Air National Guard (HIANG) received the Best Retention Loss Rate during Fiscal Year 1988 plaque May 11. The award was presented at the Recruiting and Retention conference in New Mexico.

Last year's 7.5 percent retention loss rate, was the lowest for a unit with 2,000 to 2,500 members. The retention rate refers to the percentage of members that leave the Guard during a designated period. Losses include members who transfer to units in other states.

Master Sgt. Iris Kabazawa, HIANG's career and education manager, credits the unit career advisors, commanders, supervisors, and Guard team members, for the success of the program. "Future success in the retention area is everyone's job," said Kabazawa. "By working together, we could end this year below the National goal of 10 percent and maybe win another award."

Air Force education programs available for officers and airmen

Officers and airmen are encouraged to enroll in the following classes available through Fiscal

Youngsters need to know what's in store for Reserve Component parents

Reserve component soldiers accept without question the duties characteristic of their role in national defense: attending monthly drill sessions, undergoing annual active duty for training, and remaining on call for immediate mobilization.

And, of course, those duties can affect the family routine of Guard and Reserve soldiers with children.

Unfortunately, too many of these children have no idea what their parents are doing when they go away on drill weekends or extended periods of training.

Young people find it natural to compare their family activities with those of their peers. Often, the reserve component youth feels isolated, since his or her friends' parents are non-military, have no idea

Year 1990:

Air Command & General Staff, Reserve Forces Course - captains and majors with secret clearance: July 17-28.

USAF Senior NCO Academy - senior NCOs (E-7 thru E-9) with secret or top secret clearance and one year of retainability after graduation: (six classes offered Oct. 24 - Dec. 13; in 1990, Jan. 9 - Feb. 28, Mar. 8 - Apr. 25, May 2 - June 20, June 27 - Aug. 15, or Aug. 28 - Oct. 17.

If you are interested in attending one of these courses, contact your supervisor or the Consolidated Base Personnel Office at 449-5701 for more details.

Education and Incentive Office opens

The Hawaii Army National Guard's Education and Incentive Office (EIO) was officially dedicated June 13.

Located in Building 306A, the EIO is now certified as a Defense Activity for Non-Traditional Education Support (DANTES) testing center.

A variety of nationally known educational tests can now be offered free of charge. Arrangements can be made with the EIO for testing of soldiers from neighbor island units or isolated armories.

Some of the programs offered include:

- College Level Examination Program (CLEP)
- DANTES Standard Subject Test (DSST)
- Standard Aptitude Test (SAT)

Tests are available through the educational vendors upon request and not stocked at the EIO.

Supportive counseling and preparation are recommended and provided through the EIO.

Those interested in exploring the full range of examination options should contact **Capt. Michael C.K. Wong**, civilian education officer, at 737-2295.

Civilian education requirements:

REMINDER: Army National commissioned officers must have an associate degree (two years of college) or 60 semester hours by Oct. 1, 1989.

Officers who fail to meet this educational requirement will lose their Federal recognition and their State appointments will be terminated. The National Guard Bureau has indicated that waivers will not be granted.

As of June, 20 Hawaii Army National Guard officers have not met this requirement.

Officers who are unsure of their status should contact **Capt. Michael C.K. Wong**, civilian education officer, at 737-2295.

When you do talk over the situation, express your love and reassurance so as to remove any doubts or fears that might be lingering about your reserve commitments. Encourage the child to express feelings about your soldierly status, and try to dispel any misconceptions. Whenever possible, include your children in those unit-sponsored activities like Family Day. Take them to visit your armory or reserve center so that they may see what happens on drill weekends, and perceive the overall role your unit plays in Army readiness.

Such a sharing-caring approach not only can help your children appreciate the importance of reserve component service; it also can help eliminate unnecessary stress on you and your family.

Army Guard recruiters revamp force

The Recruiting and Retention Office of the Hawaii Army National Guard has revamped its force. Career and location moves have affected more than a third of the staff.

Joining the recruiting team are **Sgt. 1st Class George P. Kuwada**, **Staff Sgt. Gordon K. Doo**, and **Sergeants Ross K. Cummings Jr.** and **David B. O'Neil**. Kuwada is a production recruiter at the Building 306A office, while Doo, Cummings, and O'Neil work at various stations on Oahu and Kauai.

Staff Sgt. Richard S. Fukushima left for a full-time position with the State Library System, but still drills with Company B, 1st Battalion, 299th Infantry in Kapaa.

Staff Sgt. Geri E. Heatherly moved to Washington, while **Sgt. Dennis M. Shimabuku** returned to the 29th Infantry Brigade (Separate) headquarters.

Up-to-date listing of recruiters, their work locations, and telephone numbers, are as follows:

Station 1 2nd floor of 29th Brigade Bldg. 22nd Ave.	Sgt. 1st Class Haines B. Rego Jr. 735-3822 Sgt. 1st Class Audrey L. Reyes 737-9825 Sgt. David B. O'Neil Sgt. 1st Class Charles L. Pieters..... 734-2860 career counselor
Station 2 Kaneohe, Windward City Shopping Ctr.	Staff Sgt. Herberto Quintana 235-8368 Staff Sgt. Ivan K. Huelsman..... 247-6242 Master Sgt. Thomas Chock, NCOIC
Station 3 Wahiawa Armory	Sgt. 1st Class Richard Anguay..... 622-3078 VACANT..... 622-4906
Station 4 Pearl City Armory (Waiawa)	Sgt. 1st Class Roy Espiritu 456-4637 Sgt. 1st Class Eugene E. Esteron 456-5426 Sgt. Ross K. Cummings Jr. Sgt. 1st Class Edward V. Llanos, NCOIC Sgt. 1st Class Raymond L. Ganotise..... 456-4165 career counselor
Station 5 2nd floor of Bldg. 306A	Staff Sgt. Lawrence J. Sagaysay 737-4814 Staff Sgt. P. Kaye Rivers 737-8388 Master Sgt. Wesley Seril, NCOIC 735-2921
Station 6 Hilo Honokaa/Kona	Staff Sgt. Calvin K. Naipo Jr. 935-1787 Staff Sgt. Brian A. Heidenfeldt 935-8477 Staff Sgt. Randolph B. Nakoa ... 775-9971/323-3149
Station 7, Wailuku Kahului	Sgt. 1st Class Stephen R. Maglente..... 242-4137 Sgt. Aaron B. Lanet..... 871-6081
Station 8, Kapaa	Sgt. Gordon K. Doo 822-7350

Calendar

(continued from page 1)

August 18, Friday
Admissions Day, State holiday only

August 19-September 2
2nd Battalion, 299th Infantry, HIARNG deployment to Camp Rilea, Ore.

August 20, Sunday
HIARNG Officer Candidate School Graduation, Hawaiian Regent Hotel.

August 27-31
18th Annual Enlisted Association of the National Guard of the United States, Reno, Nevada.

August 29-November 9
Aloha United Way Campaign

September 1, Friday
State DoD Retirement/Service Awards Luncheon, Hale Koa Hotel.

September 4, Monday
Labor Day, Federal & State holiday

September 9-10, Saturday-Sunday
Family Action Conference, Waikiki

September 10, Sunday
Family Day, 1st Battalion 299th Infantry; Company A, 2nd Battalion, 299th Infantry

September 21-23
111th National Guard Association of the United States General Conference, Detroit, Michigan.

October 1, Sunday
Army National Guard Officers must meet civilian education requirements.

Training Schedule

	July	August	September
HQ, STARC, Hawaii Army National Guard	8-9	12-13	16-17
29th Infantry Brigade	8-9	12-13	16-17
1st Bn, 487th Field Artillery	8	5,12-13	16-17
1st Bn, 299th Inf.	8-9	12-13	9-10
2nd Bn, 299th Inf.	21-23	5-6	9-10
29th Spt. Bn.	-	12,26-27	16-17
Co. B, 29th Spt. Bn.	8,9,29		
Troop Command	8-9	26-27	16-17
298th Engineer Det.	29-30	5-6	9-10
1st Bn, 193rd Aviation	8-9	12-13	9-10
297th Supply & Service Bn.	8-9	26-27	16-17
Headquarters, Hawaii Air National Guard	15-16	5-6	16-17
154th Composite Group	15-16	5-6	16-17
201st Combat Communications Group	29-30	5-6	16-17
199th Weather Flight	8-9	5-6	16-17