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HAWAII DEPARTMENT OF DEFENSE

PUPUKAHI

PUPUKAHI: "Harmoniously United"

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FORT RUGER, HAWAII

JULY-SEPTEMBER 1985

Spirit of Christmas travels "overseas"

HO, HO, HO! Christmas is in the air and the Hawaii Army National Guard's 111th Army Band will be taking the fourth annual Department of Defense Christmas Concert over the island waters to Maui and Kauai, in addition to its regular Oahu concert.

"We want to spread good cheer and share in the spirit of Christmas beyond the confines of our own island," said Chief Warrant Officer 4 J. David Castro, commander of the band and staunch backer of the annual project.

The annual Christmas concert has been presented by the state adjutant general, Maj. Gen. Alexis T. Lum, since 1982. Said Lum, "I recognized the outstanding talent in the band and wanted

to share this talent with many people as possible. The concert gives the troops and their families an opportunity to share this outstanding feature of our organization." The concert has been supported each year by the National Guard Women's Auxiliary, Na Kuhina Nui O Na Koa Hawaii.

The exciting evening of family fun will feature traditional musical favorites, participation by the young and old alike, and those always special surprises.

The band's versatility allows them not only to instrumentalize, but to **vocalize and dance as well**. Their choral renditions of harmony and movement have been show stoppers.

This year's concert will culminate Chief Warrant Officer J. David Castro's more than 39 years of service to the Guard and his country. The dedicated leader will be retiring in 1986.

All Hawaii National Guard members (current and retired), State Department of Defense employees, and their families and friends are welcome to attend the concert.

Free tickets for the event will be distributed by the various offices and units throughout the State Department of Defense.

Times and locations of the concert are as follows:

On Maui, the concert will be on Thursday, December 12, at the Baldwin

High School auditorium from 7-9 p.m.

The Kauai concert will be on Friday, December 13, at the Kauai War Memorial Convention Hall from 7-9 p.m.

The Oahu concert will be on Sunday, December 22 at the Neal S. Blaisdell Concert Hall from 4-6 p.m. Prelude music for the Oahu concert will be provided by the Hawaii Air National Guard Ohana at 3:30 p.m.; the Royal Guard, comprised of Hawaii Air National Guard members, will post and retire the colors.

Be sure to let your unit commander or office supervisor know early if you are planning to attend the concert—deadline is November 19, 1985. You wouldn't want to miss the event! Questions? Call 1st Lt. Virginia Brooks at 737-2218.

Hawaii hurricane season an active one in '85

Hurricanes a yearly threat

For the Islands, hurricane season normally runs from June through December every year. With very few exceptions, Hawaii has been remarkably untouched by hurricanes that routinely form in the North Pacific Hemisphere yearly. The exceptions, however, are grim reminders that Hawaii is indeed vulnerable to the destructive forces of a hurricane.

Hawaii not immune

Some residents will recall Hurricane Dot that struck Kauai in August 1969. Hurricane Iwa is still recent history, when on November 23, 1982, the storm brushed Kauai and Oahu causing an estimated \$234 million in property damage. Repair work, funded under state and federal disaster assistance claims, is still underway in some communities.

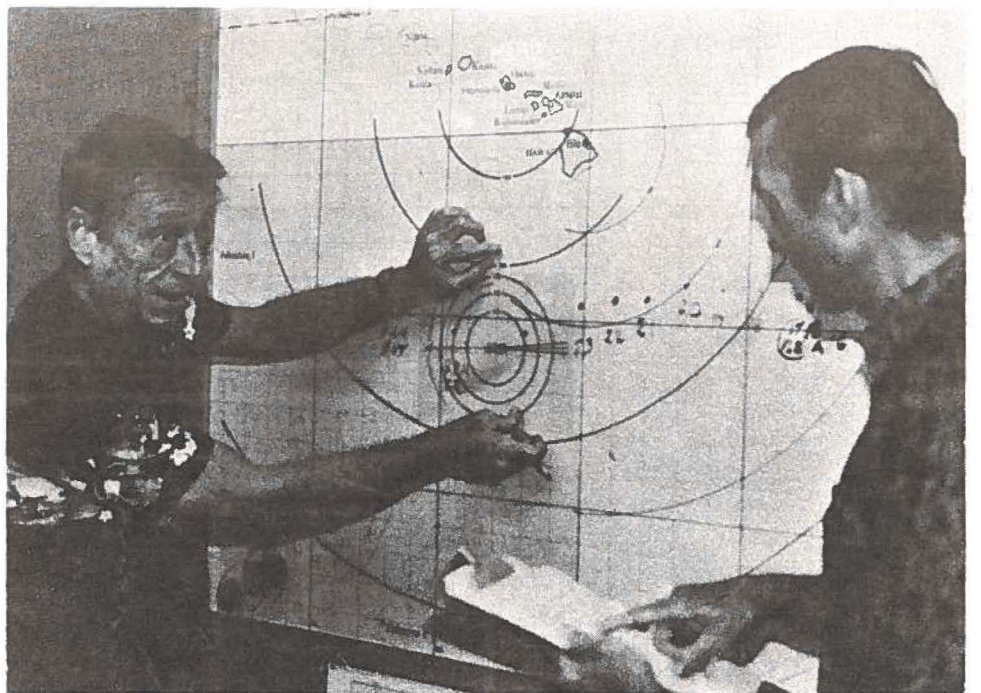
Iwa has taught some hard-learned lessons to everyone caught in her grip. Many people in the community were ill-

prepared when the storm severed utility services. Stores were jammed with last-minute shoppers trying to pick up supplies to tide them over. Store shelves emptied rapidly, and some people went home empty-handed. When electrical power was lost, radio stations went off the air, elevators stalled, and water supply was cut off. Homes settled into darkness, awaiting the outcome of the hurricane.

Faced with power and water shortages, Kauai and Oahu communities saw major disruption of conveniences normally taken for granted.

In the wake of Iwa, some people have learned to prepare before a hurricane strikes instead of attempting to assemble emergency supplies at the last minute. Should there be a next time, it won't be "too little too late."

In the next issue of PUPUKAHI, look for information on steps you and your family can take if a hurricane strikes.



HURRICANE WATCH—Civil Defense Planner Tom Brown and Intelligence Chief Norm Lamb track the progress of Hurricane Ignacio. State Civil Defense photo.

Military News

Uniform changes in Air and Army Guard

Air Force Uniforms

The Air Force Uniform Board has approved a new uniform when traveling by commercial airline, train or bus.

For men, the new uniform includes either the long or short sleeved light blue shirt with tie, and for women either the long or short sleeved blouse with tab.

Air Force members traveling by military aircraft may still wear any service uniform.

Also approved for commercial travel is a new uniform for pregnant women: the long or short sleeved maternity blouse with tab, but without the smock.

Other changes approved include:

- Wearing the old blue cardigan sweater or the nurses' white sweater with maternity uniform combinations. Wearing gloves outdoors with pull-over sweater.
- Tucking the flight cap into the left side of the belt between the first and second belt loops with the opening facing the rear. The hat must not protrude above the top of the belt.
- Tucking the bill of the fatigue hat into the back of the trousers when the fatigue shirt is tucked into the pants.
- Authorized outer garments are the all weather coat, overcoat, raincoat, and lightweight raincoat.

All changes are in accordance with AFR 35-10.

Army Uniforms

The new Army Guard standard position of wearing the female garrison cap is as follows:

The cap will be worn with the front vertical crease of the cap centered on the forehead in a straight line with the nose so that the lower portion of the cap will

be one-inch above the eyebrows (approximately the width of the first two fingers).

The top of the cap will be opened to cover the crown of the head.

The bottom of the rear vertical crease will fit snugly on the back of the skull.

Hair will not be visible on the forehead below the front bottom edge of the cap.

Enlisted personnel will wear their distinctive unit insignia (unit crest) and officers their rank insignia in accordance with AR-670-1.

Dial for information system

Voice of the Army Guard (VOAG) provides a dial-up information system for weekly updates on current/upcoming events concerning the ARNG.

Features of the VOAG system allows you to select the desired office/division message.

- 401—Info Management
- 402—Organ & Training
- 403—Logistics
- 404—Aviation
- 405—Plans Prog Anal & Eval
- 406—Surgeon
- 407—Comptroller
- 408—Mob & Readiness
- 409—Personnel
- 410—Manpower
- 411—Facilities

You may make a comment or leave a message at the end of our recording if

you so desire. Remember call 1-800-245-0055 and then dial one of the above 3-digit numbers. PPAE is 405.

NGG-ARA normally checks twice a week for messages left on this number, so if you have an idea concerning long-range planning, programming, future initiatives leave your thoughts at the end of our message. You can call the 800 number toll free from anywhere so it can be done any time day or night.

Let us know if our messages are good, bad, informative, or questions you might have on The ARNG Plan (1987-2001). If you leave a name, phone number, organization we can then get back to you or revise our message to provide a response for all to hear.



"We will be uniform!"

Army and Guard upgrade PT test

Beginning June 1, 1986, the standards of the Army Physical Readiness Test (PT test) will be increased.

Included are the requirements for those age 40 and above.

The Army and Guard are trying to stress the benefits of physical training and get rid of the notion that exercise is punishment.

Still exempt from portions of the PT test are those with medical conditions. Standardized alternate test will be required, for example: swimming, cycling or walking could be substituted for the two-mile run.

The new programs and changes are designed to reach more people, the other 90 percent that are not athletes.

HAWAII NATIONAL GUARD REUNION NOTES

The 298th Artillery Group (Air Defense) that operated the Nike Hercules anti-aircraft missiles around Hawaii from 1961 to 1970 will be holding its third annual reunion. They will celebrate this 15th year reunion on Saturday, October 12 from 5:00 p.m. at the 829th Maintenance Company/Hawaii Military Academy armory in Diamond Head Crater.

No-Host Cocktails: 5:00 p.m. (Low cost beer and wine)
Dinner: 6:00 p.m.

Hawaiian Luau Menu: Kalua pig, chicken long rice, squid luau, lomi salmon, poi, opihi, sweet potato, cake and haupia.

Aloha Attire Cost: \$10.00 per person

For more information call:

Les Nakaichi: 737-3355 Don Mochizuki: 732-3868
Mel Alencastre: 261-1100 K. "Sak" Sakamoto: 734-6471

A reunion commemorating the 45th anniversary of the Hawaii National Guard World War II activation is being held on Saturday, October 12 from 11:00 a.m. to 2:00 p.m. at the Pacific Beach Hotel in Waikiki.

All those who were called up on October 15, 1940 and all those who were members of the Hawaii National Guard during World War II (and spouses) are invited to participate.

Cost: \$10.00 per person, No-Host Cocktails

Menu: Japanese buffet luncheon

For more information call:

Manuel "Manny" DeMello: 737-6204

Francis Tom: 247-5420

Alfred Jay: 732-1595 Ted Wong: 839-4861

Adolph "Al" Lino: 734-3182

Army Physical Readiness Test (Implemented June 1, 1986)

AGE GROUP	PUSH-UPS		SIT-UPS		2-MILE RUN	
	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
17-21 min	42	18	52	50	15.9	18.9
max	82	58	92	90	11.9	14.9
22-26 min	40	16	47	45	16.6	19.6
max	80	56	87	85	12.6	15.6
27-31 min	38	15	42	40	17.3	21.0
max	78	55	82	80	13.3	17.0
32-36 min	33	14	38	35	18.0	22.6
max	73	54	73	75	14.0	18.6
37-41 min	32	13	33	30	18.7	23.6
max	72	53	73	70	14.7	19.6
42-46 min	26	12	29	27	19.2	24.9
max	66	52	69	67	15.2	20.0
47-51 min	22	10	27	24	19.6	24.5
max	62	50	67	64	15.6	20.5
52+ min	16	9	26	22	20.9	25.0
max	56	49	66	62	16.0	21.0



pupukahi

Department of Defense State of Hawaii

Pupukahi: Harmoniously United

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Community Service

Environmental enhancement project initiated

Seventy members of the Hawaii Army National Guard's two engineer units spent a weekend improving Hawaii's parks in Kona and Mauna Kea on the Big Island and Kalapapa on Molokai.

The members of the 298th Engineer Detachment and the 227th Engineer Company, both headquartered in Pearl City, participated in the Environmental Enhancement Project. The \$400,000 federal pilot program involves four states where National Guard soldiers are used to provide park maintenance. Hawaii was allocated \$100,000 for the project that was initiated by Sen. Spark Matsunaga.

At Mauna Kea State Park on the Big Island, 16 members of the 298th Engineer Detachment spent their Aug. 24-25 weekend drill on the slopes of the volcano Mauna Kea building campsites used by campers and hunters.

"The sites are two of four campsites that are located approximately one day's hike apart," said Warrant Officer Melvin K. Chock, officer in charge of the project. "The unit was given a list of projects that we could do. We chose building the campsites because we wanted to build something lasting that would benefit persons who used the park."

The Hawaii Army National Guard soldiers built grills and fireplaces at the two campsites.

More than 5,000 lbs. of men and equipment had to be trucked or helicoptered into the remote campsites that are located at the summit of the extinct volcano.

... 5,000 lbs. of men and equipment
... trucked or helicoptered in to remote campsites.

"Wow, you really get tired up here," said Spec.4 Lawrence Genobia after carrying several 80 lb. concrete bags at the high altitude campsite, 7,500 feet above sea level.

In Kailua-Kona on the Big Island, ten members of the Hawaii Army National Guard's 227th Engineer Company spent

three days reinforcing the rock barricade at the Old Kona Airport State Park.

The soldiers used two scoop loaders, a 10-ton tractor truck and a 5-ton dump truck to transport boulders from other parts of the area to the retaining wall.

"This new wall will keep the four-wheel drive vehicles from going onto the beach. The sunbathers were complaining about the presence of the vehicles," said "Ulu" LuVonne Riveira, caretaker of the park.

"We wouldn't have been able to do these projects without the Hawaii Army National Guard," said George Kanemoto, maintenance supervisor for state parks on the Big Island. "This assistance is a big help to us."

"We wouldn't have been able to do these projects without them."

Forty-four combat engineers of the 227th Engineer Company were deployed to Molokai's Kalapapa village Aug. 24-25, the site of Hansen's disease settlement, to erect wire fencing to protect several cemeteries from grazing animals.

The soldiers also erected fencing around an old Hawaiian stone wall located next to Father Damien's original chapel. The wall was knocked down over the years by horses, cattle and wild pigs.

Father Damien was the Belgium priest who cared for the Hansen disease patients abandoned on Molokai during the 1800s. Kalapapa today is a National Historic Park.

... the friendly people of the friendly isle, Molokai.

Molokai's nickname is the "Friendly Isle" and the residents of Kalapapa were no different. The local Lions club gave their leftover chicken, potato salad and rice to the engineers after their huli huli chicken sale. On Sunday, as the combat engineers were winding down and preparing for their return trip to Honolulu, residents of Kalapapa gathered at the community center pavillion and hosted a potluck luncheon for the Hawaii National Army Guard engineers in appreciation for their work to preserve the historic sites on the remote peninsula.



PULLING HARD—Sgt. Gregg Veal, 227th Engineer Company, HARNG, pulls a segment of wire fence taut at Kalapapa, Molokai. Photo by Staff Sgt. Dennis Fujii, 117th PAD, HARNG.



MAUNA KEA MIX—Spec.4 Lawrence Genobia (left) and Staff Sgt. Ray Asuncion, both from 198th Engineer Detachment, HARNG, mix concrete in preparation to build a barbecue broiler at the Mauna Kea

State Park. Photo by Sgt. 1st. Class Wayne Iha, 117th PAD, HARNG.

Hawaii DoD employees join in fundraising

Now is the time for all good people to dig deep in their pockets for the once-a-year voluntary fundraising efforts by the Aloha United Way and the Combined Federal Campaign (CFC).

"The more you help, the more we can help" campaign slogan of the State promoted Aloha United Way and the echoed "Your share helps!" slogan of the Federal's CFC sound the horn for your contributions that benefit more than 250,000 local residents in health and human care programs.

Both organizations ask full-time employees for donations that support many services: from health care and youth programs to rehabilitation and counseling.

And because of you, they are able to maintain these programs.

Campaign goals are as follows: AUV Division—\$9,444,000 (a 7.5% increase over last year's accomplishment) and CFC—\$2,560,000 (a 3.7% increase over last year's accomplishment).

The Aloha United Way proudly acknowledges that 91 cents of each dollar goes toward the support of the AUV agencies—one of the highest percentages in the country.

The Combined Federal Campaign contributions also distribute over 90% of moneys collected right here. CFC gives you the option of which certified agency you would like your tax deductible contribution to go to.

CFC YOUR SHARE HELPS

The campaigns are already in progress, but don't delay. The AUV wraps up the State collections October 30 and the CFC completes its Federal collections December 6.

Any questions may be forwarded to the following points of contact:

Aloha United Way
HARNG, Claude Ishida, 737-8850
SCD, Barbara Hendrie, 734-2161
ASO, Morio Takahashi, 737-8986
ENGR, Katsugi "Lefty" Nakamoto, 737-8761

The more you help, the more we can help.

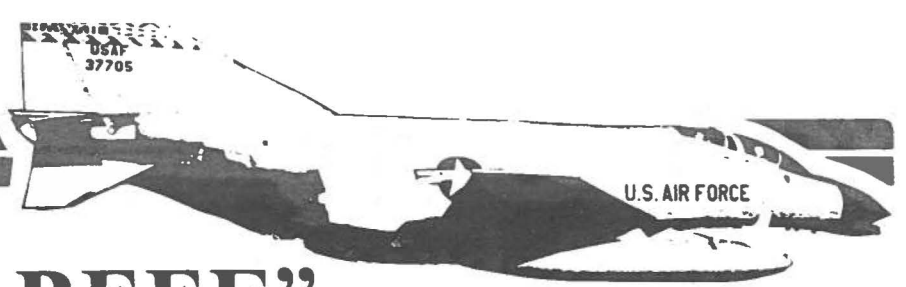


Aloha United Way



Combined Federal Campaign
HARNG, Claude Ishida, 737-8850
HANG, Terrel Hudson, 448-5176
USPFO, Melvin Ida, 732-1500

Air Guard



Flight Engineers "find the BEEF"

May 30, 1985 marked the beginning of another Air National Guard milestone as 35 members of the 154th Civil Engineering (CE) Flight's Prime BEEF (Base Engineer Emergency Force) team departed for the Pacific Air Force (PACAF) special combat engineering training site at Pusan Air Base, Korea. This was the first time Air Guard engineers integrated with regular Air Force Prime BEEFers for the specialized wartime training at the camp. During the rigorous five days of training, the 154th worked alongside 40 engineers from Misawa Air Base Japan's 432nd Civil Engineering Squadron (PACAF). The site is operated by

PACAF's 554th Red Horse Squadron and manned by cadre instructors who are highly experienced heavy equipment operators specially trained in base recovery after attack techniques.

The primary operational tasking of every USAF, ANG and AFRes Civil Engineering Prime BEEF unit is to provide specially skill manned and trained, fully equipped, rapid mobile engineering teams which can deploy to any war zone world-wide within 28 hours notice. On arrival, teams must rapidly setup living, messing and sanitation facilities then restore enemy bombed runways and taxiways to minimum operating condition so mission aircraft can be

launched. The next phase of the team's job is to reconstitute primary base support facilities, especially aircraft maintenance, command operating locations and utility systems.

The first day was busy as the team members, working under the direction of 154th deployment OIC, Capt Alvin Satogata and assisted by Capt Sid Keliipueole and Roy Tamashiro, constructed 13 hard and soft back tents for sleeping quarters, messing and sanitation facilities using WRM and Harvest Eagle kits identical to those prepositioned at all USAF theater bases in Korea and Europe. For the next two days, the engineers received instruction and hands-on training in expedient Rapid Runway Repair (RRR), airfield lighting systems, emergency power production, potable water plant assembly and use and short cut methods for building structural repair and utility system restoration. Practical training and field exercises were also given in explosive ordnance recognition and working in chemical warfare environments.

Before dawn on the fourth day, an all day wartime exercise began. As attack warning sirens sounded, the engineers donned gas masks and scrambled to shelters. Once the all clear sounded, field reconnaissance teams selected minimum operating strip locations from cratered runways and taxiways while the RRR teams began moving equipment and materials to command post directed locations. Within four hours, unexploded ordnance was cleared, major craters filled and AM-2 aluminum matting patches assembled and pulled into place over the filled craters.

The thumbs up to launch aircraft was given less than four hours after attack.

Cadre evaluators rated 154th performance outstanding in all areas, just as the rest of the unit had been at Eglin AFB six months earlier. Forty five other 154th members participated in a similar first ever ANG/USAF integrated Prime BEEF training deployment with Hickam's 15 CE Squadron (PACAF) to the Air Force's Special Training Center at Eglin AFB, Florida last December. Through the combination of intense home station training and the two deployments, the 154th attained mission capable Prime BEEF training status within the first nine months of receiving it's directed operational tasking. This major qualification milestone normally requires at least three years to achieve.

Unit commander, Maj Jeff Smith, explained the 154th's role and outstanding performance in these words: "Wartime engineering is our first order of business;

"wartime engineering is our first order of business."

our job is to fix the runway so the planes can get back in the air-fast. Obviously, all the variations that occur in wartime can't be taught academically; our success at solving wartime problems is the combined result of intense home station training, the exceptional initiative of each member of our unit and the pride we take in getting every job done fast and well. What makes all this happen though, are the unequalled leadership qualities and broad experience of our officers and NCOs. Simply put, they're the best I've seen and worked with anywhere!



HOISTING THE POLES—Members of the 154th Civil Engineering Flight and the 432nd Civil Engineering Squadron electricians hoist the exterior lighting poles into place. Hawaii Air National Guard photo.

Officer and enlisted opportunities in the Air Guard

Do you possess a college degree? If so, you may qualify for an officer appointment in one of several officer vacancies currently existing in the Hawaii Air National Guard.

Your college degree makes you eligible for a commission and could take you above and beyond your chosen career field. That means opportunities for advancement, leadership, and training. Several commissioning programs are available to qualified enlisted members interested in applying for an officer appointment.

Based on your specific degree and/or civilian work experience, your Consolidated Base Personnel Office (CBPO) can assist you in determining your qualifications and the appropriate commissioning program for you.

Officer vacancies currently available are for Air Weapons Controllers and Comm-Electronics Officers positions.

Prerequisites required to apply for these positions are as follows:

Air Weapons Controller: Four (4) year degree.

Comm-Electronics Officer:
Four (4) year degree to include 12

semester hours of computer science and 6 semester hours of calculus through differential calculus.

Why not check with our CBPO today, it might be the most rewarding decision you'll make for your future.

For more information call 449-5685.

On the neighbor islands call Maui 877-6255, Kauai 337-1871 and Hilo 961-6565.



A NEW TWIST—Representatives of the 202nd Air Traffic Control Flight, HANG, head toward the finish line during a recent 5 kilometer

(3.1 miles) Fun Run on Kauai. Although the flag bearers did not come in first they were all winners. Photo courtesy of the Kauai Times.



Civilian Ed Q & A

By Capt Michael C.K. Wong
HARNG Civilian Education Officer

"Can I Still Use The Old GI Bill With The HNG Tuition Waiver Program?"

The answer to this question changes each time we ask. The most recent answer is YES.

"If I Used The Old GI Bill, Can I Still Use The New GI Bill (NGIB)?"

The VA has a rule that any time you use two or more VA educational assistance programs, you are limited to a maximum of 48 months of full-time student benefits. The best bet is to call the VA Regional Office and find out how many months of the Old GI Bill you have used. They will let you know how many full-time student months you are eligible for under the NGIB.

"Will The VA Require Repayment If I Fail A Course?"

NO. While I am at it, the VA does not require you to keep a certain grade point average (GPA) either. However, be careful. A student receiving VA educational assistance is required to maintain "satisfactory progress and conduct" according to the standards set by the college being attended. If you do poorly and are kicked out by the college, you will be called in for VA counseling and will not be able to draw VA benefits.

"What Happens If I Fail To Complete A Course Or Withdraw From It?"

An incomplete (I), no credit (NC), or withdrawal (W) are considered by the VA as nonpunitive grades. This means that they do not count towards your GPA or graduation requirements. If you get such a grade, you may not get paid by the VA for that course. On top of that, you may end up repaying the VA for benefits received if withdrawing or failing to complete a course changes your student status.

However, if for some unanticipated or unavoidable reason (like serious illness/injury) you are unable to complete a course and are able to provide the VA with sufficient proof (doctor's note), repayment may not be required.

"Can I Take Only Those Courses Which Interest Me Under The NGIB?"

NO. You must be enrolled in a VA approved academic program of study that leads to a degree. The degree does not have to be a bachelor's and can be a certificate or associate's degree.

IMPORTANT REMINDER: As stated above, you must be in a program of study leading to a degree or what is called a "Classified" student to use NGIB benefits under Chapter 106. When you fill out your college application form, DO NOT check the block that states "Unclassified." This will make you ineligible for the NGIB and the courses that you register for will not be approved by the college for VA payment. You will also be ineligible for the HNG Tuition Waiver Program if you are an "Unclassified" student!

"If I A Working On An Associates's Degree And Finish It, Can I Go For Another Associate's Or Do I Have To Go For A Bachelor's Degree?"

According to the VA, you can go for another associate's degree. However, if too many of the credits of your first degree do not transfer to your new course of study, the VA will charge you with a program change. Too many program

changes and the VA will call you in for counseling.

Also keep in mind that Chapter 106 benefits terminate when you receive a bachelor's degree or equivalent. If all of your credits add up to a bachelor's degree equivalent, the VA may stop your benefits.

Lastly, why go for another associate's? You might as well go for a bachelor's degree and try to work the subject area of the second associate's degree into your program of study as a minor. Think about it.

"After I Sign My NOBE (DD Form 2384), What Do I Do?"

The first thing that you are to do is to call the VA Regional Office and ask for an NGIB (Chapter 106) application. The interim application consists of a modified Veterans' Educational Assistance Program (VEAP) application and a Commanding Officer's Certification. You are to complete the interim application as instructed.

When registering for your courses, turn in the completed interim application with your copy of the NOBE to the campus official in charge of veterans' affairs (often the campus VA counselor or registrar). The campus official will certify your classes and forward all information to the VA Regional Office. You should be getting your first VA check 4-6 week after the VA receives your forms.

"Does The Campus VA Counselor Work For The VA Regional Office?"

NO. The campus VA counselor is a college counselor who works for the college or university you are attending. This counselor specializes in veterans' affairs and is the link between the campus and the VA Regional Office. It is always a good idea to get to know your campus VA counselor since he/she will be an important person in advising you of what courses are VA approved or consistent with your individual program of study.

"On What Basis Will The VA Determine My Payments?"

First of all, the VA will base your payments on your student status (half-time, three-quarter time, or full-time). They will consider whether you are taking courses that are consistent with your declared program of study and the length of the academic term. The VA Regional Office and your campus VA counselor will be keeping individual file folders on each of you so keep in touch with both parties.

Your first check from the VA Regional Office will be determined by the first day of the academic term (your campus VA counselor will let you know this or the Date of Eligibility (Item #10) on your NOBE. The latter of the two dates will determine when your payments are started.

AN OPEN LETTER

In visiting HARNG units, I always get "moans and groans" on one particular eligibility criteria of the New GI Bill (Chapter 106): Prior service and inservice enlisted personnel must reenlist or extend to have six years remaining in the Selected Reserve. The common comment is, "Six years You must be kidding?" Let's, for a while, weigh this requirement against what you stand to gain.

First of all, through the New GI Bill you can get a college education. So... what can a college education do for you? Here are some considerations:

Personal Reasons. For some of you, college is a chance to conquer new challenges and set new goals. For others, college represents a chance to learn new things; things that you may have always wanted to study but never had the required resources. College will be whatever you want it to be; however, it is basically a chance for self-improvement and fulfillment.

Keeping Up. The world is rapidly changing and its in often difficult for us to keep up to date on what is happening. For instance, when I headed a special project at Farrington and Waianae High Schools, my staff and I helped high school students to graduate and make a successful transition into the world of work or higher education. As a result, I spent time tutoring students and do you know that this was one of the most difficult aspects of my project? Common high school mathematics has changed so much (they don't teach it the way I was taught) that I had to brush up on my math to be effective.

For those of you with children or grandchildren, what will you say when they come to you for help with their homework? Will you have the knowledge to help them understand what is being taught, or, will you tell them, "Go see mommy or daddy?"

Civilian Employment. Nearly all of you work for a living. A college education can help you in acquiring need or improved job knowledge or skills. For some, this will determine if you are considered qualified for that position you really want; for others, this means job advancement or more opportunities; and there are those who will use acquired education as a stepping stone for going into business for yourself.

Military Requirements. Like your civilian career, a college education can play an important role in your military career. The military is getting more complex with increasing demands each day. To ensure that it will be able to meet designated missions, the National Guard Bureau now requires that ARNG commissioned officers and OCS candidates meet a certain level of college education. You can rest assured that if NGB has raised the civilian educational standards for commissioned officers, it is a matter of time before those for warrant officers and senior NCOs will be upgraded. Table I-3, AR621-5, Army Continuing Education System, indicates the current civilian goals for the active Army and the Guard will probably follow suit. A college education will better enable you to meet current and future military requirements.

Simply put, a college education is an investment in yourself, civilian job, and military career. It is an investment which will pay future dividends to you and your loved ones.

Convinced? Maybe; however, six years is still a long time to commit to the Guard. Is it really? Let me ask you this simple question, "Why did you join or are still in the Guard?"

It can't be because you were required. The "draft" ended in 1972 (I should know, I was in the Basic Training when it ended). At this time, there is no requirement for you to be in any military branch of service. The plain and simple fact is that you joined or are still in because of a combination of the following reasons:

A Change of Pace. For some of you, the Guard is a break in your normal routine or a chance to get out of the house.

A Sense of Belonging. Some of you joined because your friends joined and stayed in because you made new friends through your Guard unit. The Guard provides all of us a sense of belonging... a sense of "ohana". Sure the Guard has its problems like any other family; but for the most part, we take care of our own.

Money Heaven forbid, some of you love your drill and AT checks. Let's face it, the Guard is not a bad part-time employer. You tell me what employer will pay you what the Guard does, for one weekend a month and two weeks during the summer. Guard money isn't bad spending money or an income supplement when you consider the actual time you put in.

Benefits. What employer will send you each summer on a two-week camping trip to such exotic places as "Area X", "Puu Keke", or "the Kahuku Foothills"? Or for that matter, provide you with such in-style clothing (free of cost) as the BDU? All levity aside, the Guard benefits are very good.

Through the Guard, you have the opportunity to travel to the mainland, Korea, and even Europe. What employer provides you with retirement after only 20 years of part-time service; 30 calendar days per year! Look at the bonuses, incentives, and benefits offered through the Guard. Do you realize that it is possible for an enlisted member to collect a cash bonus for enlisting, to have \$5,040 of educational assistance (three full-time years of college) paid for under the New GI Bill, to complete college on the HNG Tuition Waiver Program, to collect another cash bonus for reenlisting, and to have the Guard repay a student loan for graduate school up to a maximum of 90% (plus interest)? Not too shabby for being a member of the Guard.

Given all of the above, is six years too long to commit to the Guard? If you really think about it, most of you would have put in the time even if the New GI bill did not come along.

The New GI Bill is the first time that you, as a Guardmember, can draw VA educational benefits without having to serve active duty time. It is a non-contributory program and therefore costs you nothing. However, if you are thinking about using the New GI Bill, don't wait too long. The cost of college will be slowly raising over the next five years and your educational benefits will not stretch as far. You also have to realize the New GI Bill has a limited enrollment period: July 1, 1985 to June 30, 1988.

Like any benefit, it is up to you whether to use it or not. USE IT.

CPT Michael C.K. Wong
HARNG Civilian Education Officer

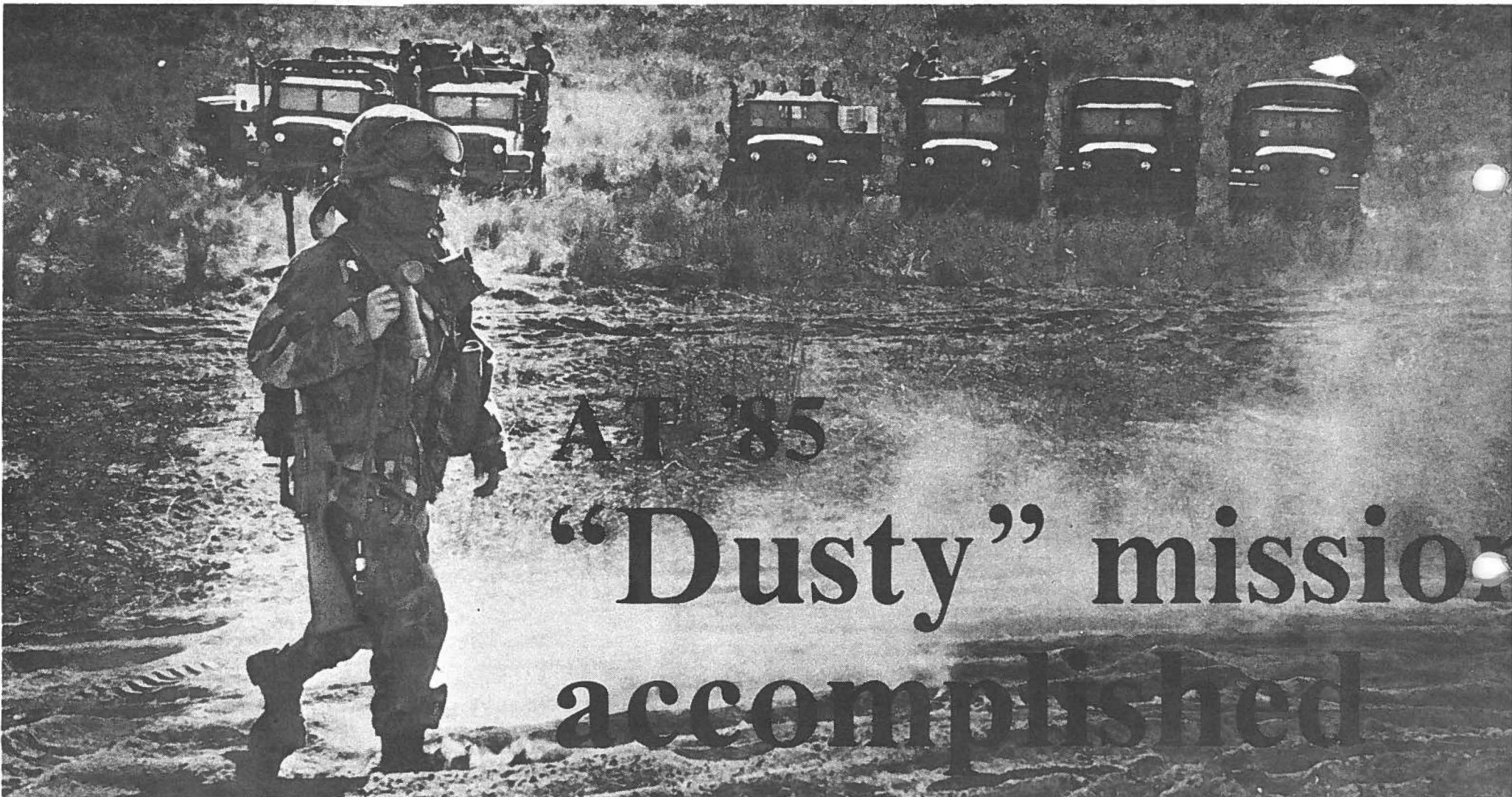
UPDATES

Spring Semester of 1986. If you missed the fall semester of 1985 or are planning to attend the spring semester of 1986, now is the time to begin your enrollment process. Understand that you must be accepted by the college/university you want to attend before you can register for courses and thereby collect NGIB benefits.

Call your college/university and obtain its application form. Many colleges require you to submit transcripts and to have a TB test before you will be accepted. Also, some colleges (like Honolulu Community College) are already accepting applications of the 1986 spring semester and will base your enrollment date on the date that you sub-

mit your application.

Civilian Education UPDATES: HARNG- members are directed to see their unit POC for his/her copy of the "Civilian Education UPDATES". UPDATES contain the latest information on what is happening in civilian education and a lot of answers to your questions.



A 1-85

“Dusty” mission accomplished

POWDER PUFF—1st. Lt. Florenda Batin, a member of the 1154th Maintenance Company, walks ankle-deep through volcanic silt in an area nicknamed the “Dust Bowl,” at PTA. Photo by Sgt. Ist.

Class Wayne Iha, 117th PAD, HARNG.



LEVELING THE MOTOR—Spec.4 Manuel Callejo (left) checks the leveling bubble of an 81mm motor while Spec.4 Jerrome Dotimas kneels ready to adjust the legs. Both men are members of Co. A 1/299th Infantry. Photo by Pvt. 2 Lance Kamisugi, 117th PAD, HARNG.



CLEANING UP “HIS ACT”—Spec.4 Julius Larosa of the 292nd Supply and Service Company places clothes in the field washing machine. Photo by Sgt. Ist. Class Wayne Iha, 117th PAD, HARNG.



POHAKULOA FACIAL TREATMENT—Pfc. Manuel Delos Santos of Kihei, Maui, a member of the 1/299th Infantry, uses a camouflage stick to paint his face in preparation for ground maneuvers with his unit. Photo by 1st. Lt. Curtis Matsushige, 117th PAD, HARNG.



UP IN STITCHES—Spec.4 Solomon Beaman of the 329th Field Service Company sews a patch on a set of BDU's. Photo by 1st. Lt. Curtis Matsushige, 117th PAD, HARNG.

Nearly 3,000 Hawaii Army National Guard soldiers from units on all major islands converged to train together at the Big Island's Pohakuloa Training Area during July 20 through August 3.

It's the most men and equipment fielded for a training exercise since the citizen soldiers were mobilized for duty in South Vietnam 17 years ago.

... the most men and equipment fielded for a training exercise.

Other units supporting the brigade included artillery, engineering, supply, maintenance, transportation, medical, and an air cavalry company.

During previous years, Army Guard units were headquartered at the Pohakuloa's base camp area with all the "comforts," but this year only a small supporting unit was there.

The majority of the units were operating out of tents in a tactical environment among the cinder cones.

The field exercises were highlighted by visits of Gov. George Ariyoshi, Rep. Daniel Akaka (his first visit), and members of the Civilian Advisory Group (CAG), accompanied by Maj. Gen. Alexis Lum, state adjutant general and Brig. Gen. Irwin Cockett, Jr., commander of the Hawaii Army National Guard.

The 25th Division Army evaluators said that Hawaii's citizen soldiers performed outstandingly during their 15 days in the rugged and dusty Pohakuloa Training Area.

The rocky and dusty volcanic conditions at PTA test the soldiers' stamina and patience, especially if they only got a few hours sleep after spending hours

trying to dig a four-foot foxhole in the lava cinders of PTA.

Pfc. Ricky Torres, a member of Company C from Kohala on the Big Island, said the training is good and agreed that the conditions really put you to the test. When asked what he plans to do when he gets a weekend off, he replied, "I'll sleep all day."

The cold and dusty environment at PTA may be trying to some folks, but not for Pfc. Manuel Delos Santos, of Kihei, on Maui. "I love it. This is my second home."

Maj. Gen. Lum noted that this year's two weeks of military active duty is the first time that almost all of the 3,853-member Hawaii Army National Guard will be at the Pohakuloa Training Area at the same time.

Brig. Gen. Cockett was impressed by the attitude and spirit of the soldiers.

"Professional soldiers doing what they've been trained to do and doing it well."

"During my visits, I've seen professional soldiers doing what they've been trained to do and doing it well. In the dust and dirt they are giving it all they've got," Cockett said.

Under the Army's Roundout program, the Hawaii Army National Guard's 29th Infantry Brigade will become the third brigade of the 25th Infantry Division and selected units of the Guard's Headquarters Installation Command will augment the division in the event of federal mobilization.

Following the completion of their two weeks of military training, soldiers of the Hawaii Army National Guard returned to their civilian status.



RIGHT ON TARGET—Capt. Alan Harada of the Big Island's Co. B, 2/299th Infantry assists Gov. George Ariyoshi in aiming the DRAGON (anti-tank weapon) Photo by Sgt. 1st. Class Wayne Iha, 117th PAD, HARNG.



GETTING FIRED UP—Spec.4 Stephen Mardonada of Anahola, Kauai, Co. B, 1/299th Infantry, sharpens his skills on a M-16 rifle at PTA. Staff Sgt. Lloyd Kurashima, 117th PAD, HARNG.



SHOWING THE WAY—Driver Sgt. Layton Nakao directs TOW gunner Spec.4 Jacob Kuni to the target area. Nakao from Honolulu and Kuni from Waianae are members of Combat Support (CSC) 1/299th Infantry. Photo by 1st. Lt. Curtis Matsushige, 117th PAD, HARNG.



CONGRESSIONAL VISIT—Rep. Daniel Akaka (right) receives a briefing by Capt. David Mau, a member of 1st Battalion, 487th Artillery. Photo by 1st. Lt. Curtis Matsushige, 117th PAD, HARNG.

People



Cmdr. Melvyn M.L. Yap

Commander Melvyn M.L. Yap has been named the Navy liaison for military support to the adjutant general.

Commander Yap's official title is Naval Representative to the Military Supports Plans Officer.

He is a member of the Naval Reserve Military Plans Support 1520, Naval Reserve Readiness Command, Region 20, San Francisco, California. Yap graduated from Roosevelt High School and the University of Hawaii. He received his law degree from Drake University Law School, Des Moines, Iowa.

In his civilian occupation Yap works for Dean Witter Reynolds Inc. as Vice President, Investments and Coordinator of Tax Advantaged Investments. He and his wife May have two sons, Michael, 16 years old and Mitchell, 14 years old.

Yap is a member of the Hawaii State Bar Association, Lions Club of Honolulu (President), and Child and Family Service Hawaii (Vice-Chairman Board).

Maj. Lloyd K. Sodetani assumed command of the Hawaii Army National Guard's 1st Battalion, 299th Infantry on Sunday, September 8, at the Wailuku armory.

Sodetani, 40, is with the Maui Realty Company.

He joined the U.S. Army as a private in 1968 and was commissioned a year later. Sodetani served on active duty until 1972 and then entered the U.S.



Maj. Lloyd K. Sodetani

Army Reserve. He rejoined the Hawaii Army National Guard in 1976.

Sodetani received his bachelor's degree in 1968 from Washburn University in Topeka, Kansas.

Cols. Gerald J. Silva and Myles M. Nakatsu of the Hawaii Army National Guard graduated from War College this summer after several "arduous years" of coorespondence courses.

Col. Silva is the HARNG Chief of Staff. Col. Nakatsu serves as the Executive Support Officer, Administrative Services Office.

Morio Takahashi, Fiscal Officer of the Hawaii Department of Defense's Administrative Services Office received the Adjutant General's Award for Distinguished State Service and was the department nomination for the Governor's Award.

He was honored in a ceremony at the Iolani Palace Bandstand which was followed by a reception at Washington Place.

Virginia H. Okamoto, was named the 1985 Woman of the Year by the Aloha Chapter of the American Business Women's Association.

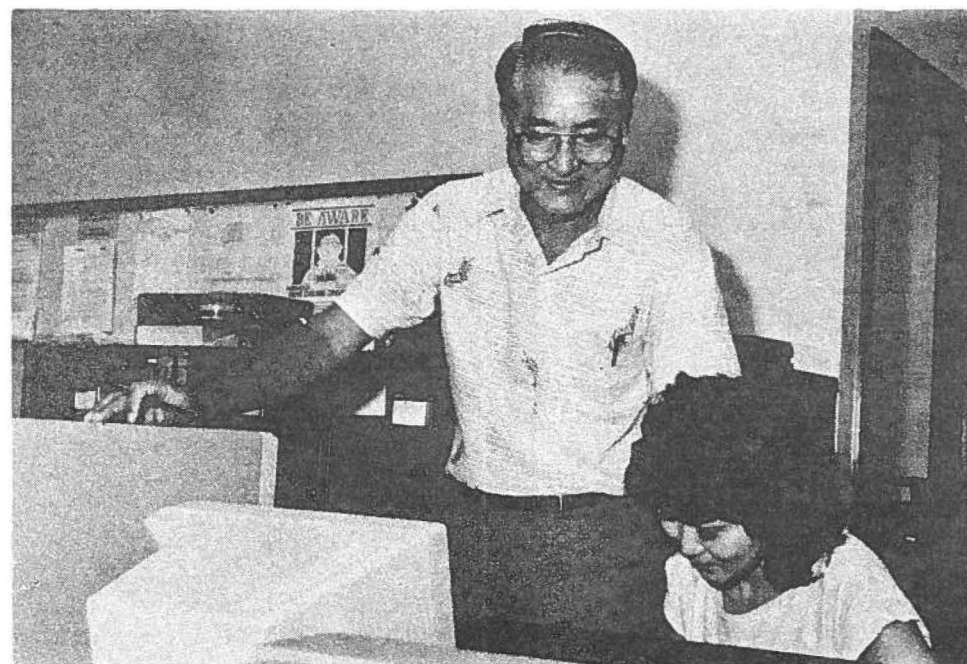
Okamoto is the Hawaii DOD's State Personnel Management Specialist in the Administrative Services Office.



Col. Gerald J. Silva



Col. Myles M. Nakatsu



LEARNING FROM THE "MASTER"—Fiscal Officer Morio Takahashi supervises Sue Tengan, account clerk, on the computer. HIPAO photos.

23rd HMA class

Thirteen Hawaii Army National Guard soldiers were commissioned on July 21 and received their gold second lieutenant bars during ceremonies held at the Hale Koa Hotel's DeRussey Hall. The new second lieutenants graduated from the Army Guard's Hawaii Military Academy Officer Candidate School.

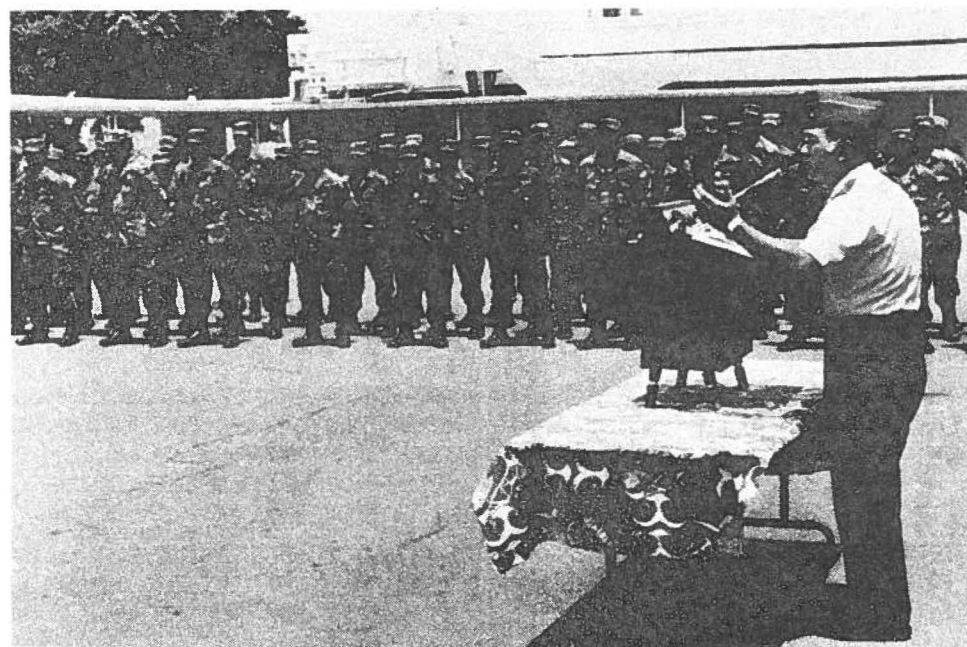
Lt. Eugene K. Aki, Company A, 2nd Battalion, 299th Infantry, headquartered on the Big Island was selected the Honor Graduate and was presented the Adjutant General's Award by Maj. Gen. Alexis T. Lum, state adjutant general. Additionally, Aki received the Erickson Trophy, a replica of a trophy kept at the National Guard Association Headquarters in Washington D.C. and two leadership awards presented by the Hawaii National Guard Association and the Association of the United States Army. Lt. Aki also maintained the highest academic average in the class and was presented the Academic Award.

The newly-commissioned officers, which included four women, successfully completed 13 months of military tactical, leadership and academic training in Hawaii as well as on the mainland. The officers attended four weeks of training over the past two summers in addition to attending 12 weekend drill sessions.

This graduating class marked the 23rd since the first graduation in 1962.

Lt. William E. Cox, 29th Infantry Brigade, was selected as the class speaker by his classmates and gave the valediction during the graduation and commissioning ceremony. After the oath of office was given by Brig. Gen Irwin K. Cockett, Jr., commander of the Hawaii Army National Guard, family members pinned the gold bars on the 13 new officers.

Music for the graduation and ceremony was provided by the Hawaii Army National Guard's 111th Army Band.



GRADUATING MESSAGE—Brig. Gen. Irwin Cockett address the Primary Noncommissioned Officers Course (PNCOC) graduation at Bruyeres Triangle, Ft. DeRussy on June 26, 1985. USAR photo.



RIFLE MARKSMEN—Front: 2nd. Lt. Matthew N. Nagasako and Spec.4 Richard W. Delapinia, back: Staff Sgt. Dunn R. Llego and 1st. Lt. Roberto R. Andrion, Jr. are members of Co. C 1/299th Infantry Combat Rifle Team.

Abregano Army Guard family experience

The Hawaii Army National Guard has become a family experience for the Abregano family.

Father Dominado "Don" Abregano and son Roland are working in perhaps the roughest of units in the Hawaii Army National Guard; Troop E, 19th Cavalry, nicknamed the "Blues."

The Abregano family tree involves Hawaii Army National Guard involvement through-out its many branches. Roland's cousin, Ron, is a company commander in the Hawaii Army National Guard's 291st Heavy Maintenance Company.

Another cousin, Paul, joined Troop E's communication section.

Roland had never met his cousin until he joined the unit. The two started talking and found that they had relatives in common.

Says Roland of his experience: "It's good to have family in the Hawaii Army National Guard. We get to share our accomplishments. I have always felt that my father is like a guardian to me, but this relationship has extended that and brought him much closer."

the "Blues" mission is reconnaissance.

The mission of Don and Roland's unit, the "Blues" is reconnaissance. It involves being airlifted, sometimes rappelled from helicopter to search out and destroy enemy positions. It is physically demanding to slide 60 feet down a rope, then to assault a position. For this reason, the "Blues" are known not only to encounter excitement, but to crave it. It takes that type of daredevil to join and endure in "the Blues".

Roland and his father, Don, became part of the "Blues" first reconnaissance platoon in the Hawaii Army National Guard's Air Cavalry, switching from their Army tanks to rappelling from helicopters. They learned to rappel together.

Gradually, as the years pass and the physically demanding missions continue, it is natural to expect members of the reconnaissance squads to leave the units and volunteer for less risky assignments. That is what happened with the Abregano father-son team. One member became a mechanic in the unit, leaving the more dangerous missions to youth.

One would imagine that Dad would leave. Not so. It was Ron Abregano who went to Troop E's motor pool after a 60-foot free fall from a helicopter and after taking a good look at his future.

"I wanted to fix trucks, because it comes in handy in civilian life," said Ron, now 33 years old and a motor sergeant.

His father didn't think of changing pace. In fact, he attended the Army's Air Assault School and became one of the first Hawaii Army National Guard graduates.

Today Abregano, now called "Pops", is still keeping the grueling pace with the younger recruits who join to meet the challenge and danger the "blues" offers. At age 59, he's the oldest in the unit and the most experienced, with over 30 years in the Hawaii Army National Guard.

Don Abregano joined the Hawaii Army National Guard Dec. 28, 1941, 21 days after the attack on Pearl Harbor. It was then known as the Hawaii Territorial Guard, a "Home Guard" that guarded bridges in Hawaii as well as box cars loaded with dynamite in a remote area on the island of Oahu called Kahuku. After the Territorial Guard merged into the regular Army, Don Abregano trained for 18 months in a commando course in Kaneohe on Oahu, then served in Guadalcanal with the 1st Battalion, 298th Infantry.

Don doesn't think that his father has slowed down much since then. "This rugged training is a real challenge to him. When things get rough, Dad likes to see how far he can test himself. He's the type that figures he can keep up with the younger ones."

Being in the Hawaii Army National Guard with his father for the last 12 years has also given Don a deep respect for his father. "The men really look up to him, and he teaches them the ropes."

he teaches them the ropes

Don, who will retire in October 1985, likes the father-son situation in the Hawaii Army National Guard. "It shows how a father and son can work together and watch over each other."

Though rewarding, both admit there is some father-son concern about the other's safety. Don always checks to see where his father is before he leaves drill



FAMILY INVOLVEMENT IN TROOP E—Staff Sgt. Roland Abregano (left) puts the finishing touches on one of the Troop E, 19th Cavalry vehicles, as his father, Staff Sgt. Don Abregano supervises. Photo by Capt. Bud Bowles, HI-STARC, HARNG.

for home. "Dad has a tendency to stay overnight in the field at a moments notice," he said. "He enjoys the rough life. So I often go home and tell Mom that Dad won't be home and assure her that he is well-cared for with his platoon."

Though both seem concerned with the other, they regard the danger they face for themselves as incidental. After Roland was injured rappelling, his father visited him at the hospital. "All I could say was 'I'm fine, don't worry about me, Dad. Just complete your mission.'" said Roland.

As members of a family of five boys and five girls, Roland and his father have a sizable audience in which to share

their drill experiences. "It's good sharing with the family," says Roland. "But the rest of the family just listen and laugh."

Roland also has fond memories of the past times when he and Dad accomplished training missions together. His most memorable was in 1975 during a field training exercise. Roland's squad chased aggressors right into his father's squad ambush.

"It felt great; all of the time the aggressors had been hitting us, then we were able to turn the tables on them and chase them into the hands of my father's squad. When Dad's M-60's opened fire, I knew we had won."

Howard and Howard: the doctor is in

"He's a doctor of people, I'm a doctor of machines," said Sgt. David Howard, a heavy-equipment mechanic with the 291st Maintenance Company, as he talked about his father, Col. Leonard R. Howard, the Army Guard Surgeon and himself.

Sgt. Howard and his father, Dr. Howard, have found that their Hawaii Army National Guard membership has built upon their common strengths, varying interests. Membership has also opened doors for communication and provided a link between the two "Doc" Howards.

"David has always been good with mechanics," said Col. Howard, "I respect that, and I'm happy about his choice of career. Even when David was a

kid, he liked to build model cars, planes and trains. We often worked on them together."

Sgt. Howard speaks with pride about his father's work on his home computer. "He makes that thing hum," describes Sgt. Howard. "Dad will spend hours tapping away on that thing."

Although it's obvious the younger Howard admires his father, he didn't miss a chance to poke a little fun, "I know more about medicine than he does about mechanics," Sgt. Howard mused.

"We are both problem solvers," offered Col. Howard. We also enjoy working with people and talking about the military and world affairs."

(continues on page 10)



ARMY GUARD FATHER AND SON—Dr. (Col.) Leonard R. Howard (left) and son, Sgt. David Howard discuss their family commitment to the Guard. Photo by Staff Sgt. Dennis Fujii, 117th PAD, HARNG.

ports



nis winners

2nd Place—Mako Akagi and Randy Tom

Class C

1st Place—Asher Suzuki and Clifford Rasquero

2nd Place—Larry Mun and Chris Jay

Novice

1st Place—Jim Kobashigawa and Stan Tada

2nd Place—Craig Iwase and Rolland Tang



Cockett (left) shakes hands with Larry Groth, 169 title, while partner Nick Sporik, 199 TFS, HANG,

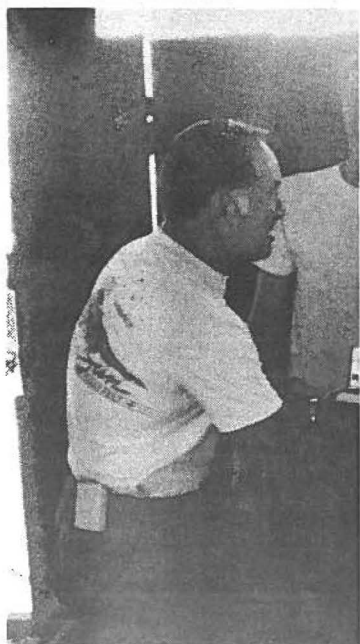
HNG te

by Lt Col Chris Jay and MasterSgt Larry Mun

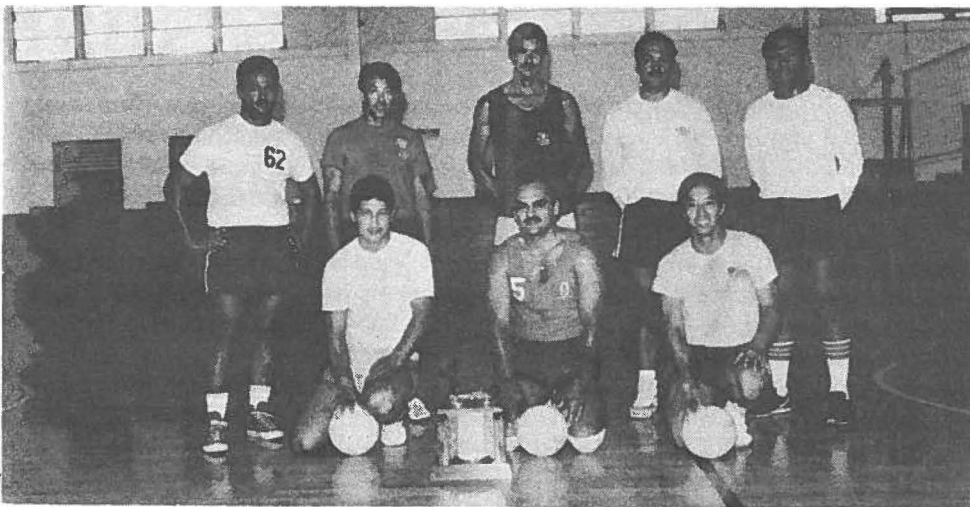
Powerful overheads, smooth strokes, and accurate volleys matchplay in the 4th Annual Hnis Tournament held at the Harbor Sub Base courts on Jul A total of 68 participants com HARNG; 42 HANG). In the Gen Irwin Cockett, Jr., Assis Army, presented trophies to ing doubles teams:

Class A/B

1st Place—Larry Groth and Nic



THE WINNING HAND—Brig. G AC&W, HANG for winning the C watches. HANG photo.



1985 HNG VOLLEYBALL TOURNAMENT CHAMPIONSHIP TEAM—Front (l-r) Airman Powell Velaco (HANG), Capt. Raymond Jardine, Jr. (HARNG/Team Capt.), and Capt. Powell Wong (HANG). Back (l-r) Sgt. Daryll Kepa (HARNG), Capt. Derrick Wong (HANG), Staff Sgt. Don Amandova (HANG), Warrant Officer John Mine (HARNG), and Staff Sgt. Louis "Moon" Kaukahi (HARNG). Missing coach Airman 1st Class Pedro Velasco (HANG). The team will play in the Armed Forces Championship on the Mainland later this year. HARNG photo.

WANTED: Marathon Runners

The 1986 National Guard Marathon will be held on May 4, 1986 in Lincoln, Nebraska. All Interested Army and Air Guard members should notify 1st Lt. Shirley Schmitt at 732-2006 (Army Guard members) or Tech. Sgt. Owen Iha at 488-6926 (Air Guard members).

Hawaii is allotted 10 entries. Qualifying criteria will be established by the Marathon Committee.

Individual National Guard runners will receive first, second and third place awards in three divisions: Open (men and women, any age), Masters (men 40 and over), and Women.

Teams of National Guard runners will receive first, second and third place

awards. Team scores will be based on the top three runners on each team.

All-Guard teams will be selected for men, women, and masters to represent the National Guard in other competitions (e.g. the Annual Marine Corps Marathon in Washington, D.C. in November).

The Hawaii National Guard will be sending three representatives to the November 3, 1985 Marine Corps Marathon. Lt.Col. (Dr.) James Gallup (HANG), 1st Lt. Shirley Schmitt (HARNG) and Staff Sgt. Tracy Maulioli (HARNG) are competing in the 26.2 mile run that ends near monument row in Washington, D.C. GOOD LUCK!

ard—from pa

Army during peacetime or in the event of war."

"I selected the HARNG because I knew my father was having such a great time with it," Sgt. Howard explained. "He had so many stories about his field training. It caught my interest and I wanted to join too."

"I am a mechanic at Butler Aviation Hawaii, Inc. near the Honolulu International Airport. The excellent heavy-equipment maintenance training I received in the Guard has been an asset to me in my civilian work. I can see where it has paid off, and so can my supervisor. There are many things I wouldn't know if it weren't for my Guard training, and as a result I'm a fairly good mechanic. I've learned to fix ground power units which has come in handy in my civilian job. My Army Guard supervisor, Chief Warrant Officer 3 Ralph Benito has also helped me out with advice when I've come across mechanical problem."

"I am in the best Army Guard unit there is, and the people I work with are the best in their field."

His enthusiasm for his Army Guard training is illustrated by an event his father, Dr. Howard recalls.

"One of my proudest moments occurred when David graduated from the first Guard/Reserve N.B.C. training course. He was the 'Distinguished Graduate.' I shook his hand and told him I was proud of him. It was a special event for both us. I had encouraged him all the way. N.B.C. is a rough course. I

Docs Hcge 9

"Our HARNG membership have a good idea of what he went my son and me a commonality through, and it was really great to be ences to share," commentethere as Hawaii Army Guard com-Howard. "Oftentimes, what is mander, Brig. Gen. Irwin Cockett pre- ing in the Guard becomes a parented my son with the 'Distinguished family discussions."

Adding to his fathers comme moment, I shared in David's pride." Howard said, "When our familie "Dad has helped me out a lot," admits together, in addition to the usual Sgt. Howard. "In the past, we've suffered my failures together. At one point, it affected the relationship I had with my dad and my family. It's such a relief to share successes together now — and especially since this is a field that I enjoy. I like being a mechanic, and working hard at the N.B.C. course was a challenge that I enjoyed."

The Howards decided to join waii Army National Guard beca are also men who enjoy challenge Howard has been an Army Gua ber just two years more than Since graduating from the N.B.C. He had been in private practic course, he has become the non-commis- sioned officer-in-charge of N.B.C. for U.S. Air Force as an obstetricia the 291st Maintenance Company. There have been other good things or 'succes- ses' happening in the life of Sgt. David Howard, too.

"The Guard has encouraged n Howard, too. pand my medical contacts and in other fields such as public surgery, immunizations and nut feel that the guard training a ticipating has broadened my standing of the other medica fields."

"When the Army National G fered me the position as State St jumped at it. I enjoy advising t mands about medical matters, ing medical records and de- medical training that pertain

He married Catherine Keileimaila-aniihaukamalia Major one year ago January.

"Her Hawaiian name means, 'The ocean wears a lei of calmness,' and I tell her that her name is most appropriate because she has brought a lei of calmness into my life."

"Dad and I often have National Guard drill weekends at the same time. My wife and mother often get together during those times and during annual training, they go to the commissary together. They keep each other company."

Col. Howard, the medical doctor and Sgt. Howard, the mechanical doctor have made the most of their strengths in problem solving in their works in the National Guard. They have also enhanced communication between themselves and their family as a result of their involvement in the Guard.

Sgt. Howard put it best when he said, "We've got a good thing going and we're going to stick with it."

The more you help, the more we can help.



Aloha United Way

Promotions

Congratulations are in order for the following Hawaii Army and Air National Guard members who have either received promotions, appointments or federal recognition.

Officers do not wear their new rank until they receive federal recognition.

HAWAII ARMY NATIONAL GUARD

Major:
George B. Garrett, HHD, 159th Maintenance Battalion

Captain:

Eugene C. Cabana, Combat Support Company (-Det. 1), 1st Battalion, 299th Infantry

Clara K. Furubayashi, HHD, 297th Supply & Service Battalion

Earl H. Iwamoto, HHB, 1st Battalion, 487th Field Artillery

Stanley R. Keolanui, Jr., HHB, 1st Battalion, 487th Field Artillery

Dennis H. Miyaki, Battery B, 1st Battalion, 487th Field Artillery

Walter A. Sullivan, Jr., HQ STARC, HARNG (-Det. 1)

Howard M. Takenaka, HHB, 1st Battalion, 487th Field Artillery

1st Lieutenant:

Jerry K. Freitas, Troop E (Air) 19th Cavalry

Bruce E. Fichtman, 227th Engineer Company

Maurice W. Pelletier, Company B, 1st Battalion, 299th Infantry

2nd Lieutenant:

Eugene Aki, Company B, 2nd Battalion, 299th Infantry

Thomas Carter, HHD, 299th Supply & Service Battalion

Brian K. W. Chang, Battery A, 1st Battalion, 487th Artillery

William Cox, Company C, 1st Battalion, 299th Infantry

Danielito Dagdagan, HHC, 29th Infantry Brigade

Albert Gardner, HHC, 2nd Battalion, 299th Infantry

Daniel Gleason, Troop E (Air) 19th Cavalry

Ruel Ibuos, Company C, 1st Battalion, 299th Infantry

Gary Littlefield, HHD, 297th Supply & Service Battalion

Karen O. Morinaga, 292nd Supply & Service Company

Lynne Nier, 329th Field Service Company

Melvin Porter, Company C, 1st Bn 299th Infantry

Susanne Scott, 12th Personnel Company

Chief Warrant Officer 4:
James M. Day, Jr., 1293rd Aviation Company (Cbt. Spt.) (-Det. 1)

Yoshiaki Kanekuni, HQ STARC, HARNG (-Det. 1)

Chief Warrant Officer 3:
Barry L. Baker, Troop E (Air) 19th Cavalry

Ralph U. C. Benito, 291st Maintenance Company

Keith Carson, Troop E (Air) 19th Cavalry

Harold A. Nishimura, HQ STARC, HARNG (-Det. 1)

Chief Warrant Officer 2:
Nicholas F. Harrington, Det. 1, 1293rd Aviation Company

Timothy K. Hurley, Troop E (Air) 19th Cavalry, Wheeler AFB

Allen Y. Sakamoto, 12th Personnel Service Company

Warrant Officer 1:
Thomas E. Holton, Troop E (Air) 19th Cavalry

First Sergeant, E-8:
Richard M. Ono, HQ STARC, HARNG (-Det. 1)

Master Sergeant, E-8:
John W.C. Seto, HQ STARC, HARNG (-Det. 1)

Sergeant First Class, E-7:
Allen Sakamoto, 12th Personnel Company

Staff Sergeant, E-6:
Tracy M. Mauliola, HQ STARC, HARNG (-Det. 1)

Staff Sergeant, E-6:
Tracy M. Mauliola, HQ STARC, HARNG (-Det. 1)

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Staff Sergeant, E-6:
Tracy M. Mauliola, HQ STARC, HARNG (-Det. 1)

Alan R. Ogata, 154th Civil Engineering Flight

Albert Yap, 201st Air Traffic Control Flight

Staff Sergeant, E-5:
Melvin Inouye, 201st Combat Information Systems Squadron

Takao Wada, 154th Consolidated Aircraft Control & Warning Squadron

Scott Weissman, 201st Air Traffic Control Flight

Senior Airman, E-4:
Tracy K. Bell, 154th Security Policy Flight

Wallace M. Horibata, 154th Combat Support Squadron

Mark S. Ikehara, 154th Consolidated Air Maintenance Squadron

Kyle R. Kobayashi, 154th Civil Engineering Flight

Stephen G. Lee, 154th Combat Support Squadron

Tracy N. Oyama, 154th Resource Management Squadron

Christopher S. Partika, 154th Consolidated Aircraft Maintenance Squadron

George T. Sumida, 154th Combat Support Squadron

George T. Sumida, 154th Combat Support Squadron

George T. Sumida, 154th Combat Support Squadron

Sergeant, E-4:
Pratt K. Lee, 154th Consolidated Aircraft Maintenance Squadron

Glenn K. Makua, 154th Consolidated Aircraft Maintenance Squadron

Clayton L. Nueva, 154th Resource Management Squadron

Daniel P. C. Tibayan, 154th Consolidated Aircraft Maintenance Squadron

Airman First Class, E-3:
Kevin M. Shiraki, 154th Consolidated Aircraft Maintenance Squadron

Airman, E-2:
Alexander A. Keaunui, 154th Consolidated Aircraft Maintenance Squadron

Irenio A. Mateo, 154th Resource Management Squadron

Peter R. Oakes, 154th Consolidated Aircraft Maintenance Squadron

Wendall K. Reyes, 154th Consolidated Aircraft Maintenance Squadron



Shining Smiles: 2nd Lt. Eugene K. Aki, Company A, 2/229th Infantry, HARNG receives the adjutant general's award from the Maj. Gen. Alexis T. Lum, state adjutant general at the July 21, 1985 Officer Candidate School graduation ceremonies held at the Hale Koa Hotel's DeRussey Hall. Photo by 1st Lt. Angela Murray, 117th PAD, HARNG.

Awards

Members of the Hawaii Army and Air National Guard were recently presented with awards in recognition of their outstanding performance.

Meritorious Service Medal:

Maj. Edwin E. Chung-Hoon, 154th Composite Group

Maj. Glenn I. Sakagawa, HQ STARC, HARNG (-Det. 1)

Chief Warrant Officer 4 Albert U. S. Chong, HHD, 297th Supply & Service Battalion

Army Achievement Medal:

Maj. Gilbert K. T. Tam, HQ STARC, HARNG (-Det. 1)

Sgt. Maj. Young Hi Ko, HQ STARC, HARNG (-Det. 1)

Master Sgt. Benjamin Almadova, HQ STARC, HARNG (-Det. 1)

Sgt. 1st Class Marcelino O. Sagon, HQ STARC, HARNG (-Det. 1)

Air Force Commendation Medal (Third Oak Leaf Cluster):

Maj. Melvin H. Asai, 154th Resource Management Squadron

Air Force Commendation Medal (Second Oak Leaf Cluster):

Maj. Clarence N. Fukumoto, 154th Resource Management Squadron

Air Force Commendation Medal (First Oak Leaf Cluster):

Chief Master Sgt. Howard A. Okita, 154th Resource Management Squadron

Senior Master Sgt. William M. Austin, 154th Consolidated Aircraft Maintenance Squadron

Senior Master Sgt. Cornwall K. S. Matsusaka, 154th Composite Group

Senior Master Sgt. Bert M. Sarne, 202nd Combat Information System Flight

Senior Master Sgt. Howard A. Sato, 154th Resource Management Squadron

Senior Master Sgt. Kenichi Sonan, 154th Composite Group

Air Force Commendation Medal:

Maj. Eric S. Kanja, 169th Aircraft Control & Warning Squadron

Capt. Norbert K. K. Luke, 169th Aircraft Control & Warning Squadron

Senior Master Sgt. Joseph R. Tibayan, 169th Aircraft Control & Warning Squadron

Master Sgt. James H. Hori, 154th Tactical Hospital

Master Sgt. Mitchell K. Shimabukuro, 154th Tactical Hospital

Tech. Sgt. James M. Bernaldes, 150th Aircraft Control & Warning Squadron

Tech. Sgt. Gilbert Cera, 154th Consolidated Aircraft Maintenance Squadron

Tech. Sgt. Robert Y. L. Chun, 154th Tactical Hospital

Tech. Sgt. Richard N. Edwards, 150th Aircraft Control & Warning Squadron

Tech. Sgt. Albert Y. F. Farm, 154th Tactical Hospital

Tech. Sgt. Dennis K. Takemoto, 150th Aircraft Control & Warning Squadron

Tech. Sgt. Richard C. L. Wong, 154th Resource Management Squadron

Staff Sgt. Norton K. Malina, Jr., 169th Aircraft Control & Warning Squadron

Air Force Achievement Medal:

Lt. Col. William D. Spillane, 199th Tactical Fighter Squadron

Maj. Thomas B. Chang, 154th Consolidated Aircraft Maintenance Squadron

Capt. William C. Benton, 199th Tactical Fighter Squadron

Capt. Mary C. P. Ooka, 169th Aircraft Control & Warning Squadron

1st Lt. David C. Snakenberg, 154th Tactical Hospital

Senior Master Sgt. Kenneth J. Camara, 154th Consolidated Aircraft Maintenance Squadron

Senior Master Sgt. Art T. Y. Lee, 154th Consolidated Aircraft Maintenance Squadron

Senior Master Sgt. Edward L. Schweitzer, 154th Resource Management Squadron

Master Sgt. Lennox R. Cockett, 154th Composite Group

Master Sgt. Alfredo Canopin, 154th Resource Management Squadron

Master Sgt. Nevin K. Harada, 154th Resource Management Squadron

Master Sgt. Baldwin I. Yamashiro, 154th Resource Management Squadron

Tech. Sgt. Jun J. Arconado, 201st Combat Information Systems Flight

Staff Sgt. Andrew M. Keaunui, Jr., 154th Consolidated Aircraft Maintenance Squadron

Staff Sergeant Marvin W. Salcedo, 201st Combat Information Systems Flight

Tech. Sgt. Clayton K. Chang, 154th Consolidated Aircraft Maintenance Squadron

Tech. Sgt. Bill D. Cruz, 154th Consolidated Aircraft Maintenance Squadron

Tech. Sgt. Raymond T. Kaneshiro, 154th Consolidated Aircraft Maintenance Squadron

Tech. Sgt. Damascio Ruiz, Jr., 150th Aircraft Control & Warning Squadron

Tech. Sgt. Walter W. Wauke, 154th Consolidated Aircraft Maintenance Squadron

Staff Sgt. Richard A. Ching, 154th Consolidated Aircraft Maintenance Squadron

Staff Sgt. Norman P. Eclarin, 154th Consolidated Aircraft Maintenance Squadron

Staff Sgt. Wayne G. Higashi, 154th Tactical Hospital

Staff Sgt. Stan W. Hong, 154th Consolidated Aircraft Maintenance Squadron

Staff Sgt. Marvin W. Salcedo, 201st Combat Information Systems Flight

Staff Sgt. Edward N. Sugai, 154th Consolidated Aircraft Maintenance Squadron

Hawaii National Guard Commendation Medal:

Brig. Gen. Jerry A. White, HQ 1st Infantry Brigade, 25th Infantry Division, Schofield Barracks

Master Sgt. Isamu Higa, 150th Aircraft Control & Warning Squadron

Master Sgt. Haruyoshi Watanabe, 150th Aircraft Control & Warning Squadron



THANKS FOR ALL YOU'VE DONE—Brig. Gen. Jerry A. White, HQ 1st Infantry Brigade, 25th Infantry Division, receives the Hawaii National Guard Commendation Medal for Maj. Gen. Alexis T. Lum, State Adjutant General. Photo by Staff Sgt. Stephen Lum, 117th PAD, HARNG.

Training Schedule

ARMY & AIR NATIONAL GUARD TRAINING SCHEDULES

Listed below are the inactive duty training dates for all Hawaii Army and Air National Guard units.
All dates are subject to change.

	October	November	December
HQ, STARC, HARNG (-Det. 1)	5-6	2-3	14-15
Selective Service	5-6	2-3	14-15
Hawaii Military Academy	5-6	2-3	21-22
117th Public Affairs Det.	5-6	2-3	14-15
HQ Installation Command	19-20	16-17	14-15
298th Engineer Det.	19-20	16-17	14-15
HHD, 159th Maintenance Bn.	19-20	16-17	14-15
12th Pers. Svc. Co.	19-20	16-17	14-15
291st Maint Co.	19-20	16-17	14-15
829th Maint. Co.	19-20	16-17	14-15
HHD, 297th S & S Bn.	19-20	16-17	14-15
229th Medical Co.	19-20	16-17	14-15
292nd S & S Bn.	19-20	16-17	14-15
329th Field Svc. Bn.	19-20	16-17	14-15
1154th Trans. Co.	19-20	16-17	14-15
Det. 1, HQ, STARC	26-27	16-17	14-15
227th Engr. Co.	26-27	16-17	14-15
1293rd Avn. Co. (-Det. 1)	19-20	16-17	21-22
Det. 1, 1293rd Avn. Co.	4-6	2-3	7-8
Trp. E (Air), 19th Cav.	26-27	23-24	14-15
HHC 29th Inf. Bde.	5-6	8-9	14-15
HHC, 1st Bn., 299th Inf.	5-6	2-3	7-8
Co. A, 1st Bn., 299th Inf.	5-6	1-3	7-8
Co. B, 1st Bn., 299th Inf.	5-6	2-3	6-8
Co. C, 1st Bn., 299th Inf.	4-6	2-3	7-8
CSC, 1st Bn., 299th Inf.	5-6	2-3	7-8
Det. 1, CSC, 1st Bn., 299th Inf.	5-6	2-3	7-8
HHC 2nd Bn., 299th Inf.	4-6	2-3	7-8
Co. A, 2nd Bn., 299th Inf.	5-6	1-3	7-8
Co. B, 2nd Bn., 299th Inf.	4-6	2-3	7-8
Co. C, 2nd Bn., 299th Inf.	4-6	2-3	7-8
CSC, 2nd Bn., 299th Inf.	5-6	1-3	7-8
HHB 1st Bn., 487th FA	19-20	16-17, 30	1
Btry. A, 1st Bn., 487th FA	19-20	16-17, 30	1
Btry. B, 1st Bn., 487th FA	19-20	16-17, 30	1
Btry. C, 1st Bn., 487th FA	19-20	16-17, 30	1
Svc. Btry., 1st Bn, 487th FA	19-20	16-17, 30	1
Headquarters, HANG	5-6	2-3	7-8
154th Composite Group	5-6	2-3	7-8
201st Combat Info. Systems	5-6	2-3	7-8
201st Combat Info. Systems Flight	5-6	2-3	7-8
202nd Combat Info. Systems Flight	5-6	2-3	7-8
201st Air Traffic Control Flight	5-6	2-3	7-8
202nd Air Traffic Control Flight	5-6	2-3	7-8
199th Weather Flight	5-6	2-3	7-8

Calendar

September 29
 Hawaii Army National Guard Organization Day in Diamond Head Crater.

October 12
 15th Year Reunion of the 298th Artillery Group (see page 2 for more details). Reunion commemorating the 45th anniversary of the Hawaii Army Guard World War II activation (see page 2 for more details).


October 21-22
 6th Army Area Management Conference, Montana.

December 12, Thursday
 Department of Defense Christmans Concert, featuring the 111th Army Band. Baldwin High School Auditorium, Maui, 7-9 p.m.


December 13, Friday
 Department of Defense Christmas Concert, Featuring the 111th Army Band. Kauai War Memorial Convention Hall auditorium, Kauai, 7-9 p.m.

December 22
 Department of Defense Christmas Concert, featuring the 111th Army Band. Neal Blaisdell Center concert hall, Oahu, 4-6 p.m.

Next time you feed your face, think about your heart.



Go easy on your heart and start cutting back on foods that are high in saturated fat and cholesterol. The change'll do you good.



American Heart Association
 WE'RE FIGHTING FOR YOUR LIFE

PLEASE FILL OUT TO REMAIN OR GET ON OUR MAILING LIST. MAIL OR RETURN BY NOV. 15th, SO LIST UPDATING IS COMPLETED BEFORE THE NEXT ISSUE OF PUPUKAHI.

<p>PLACE STAMP HERE</p>	<p><input type="checkbox"/> I would like to receive the Pupukahi</p> <p><input type="checkbox"/> I would like to continue to receive the Pupukahi</p> <p>My current mailing address is:</p> <p>Name _____ Rank/Position _____</p> <p>Unit/Office _____ Retired Y/N _____</p> <p>Address _____</p> <p>City _____ State _____ Zip Code _____</p>
<p>Pupukahi/Mailing List Update 3949 Diamond Head Road Honolulu, Hawaii 96816-4495</p>	

Office of the State Adjutant General
 Departments of the Army and Air Force
 National Guard of Hawaii
 3949 Diamond Head Road, Honolulu Hawaii 96816-4495

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