

## Aviators help in Green Harvest



Hawaii Army National Guard helicopters transport police task force personnel in a recent Green Harvest operation. — Hawaii National Guard Photo.

Nearly 22,000 pounds of marijuana were confiscated on Maui, Molokai and Kauai during a recent phase of Operation Green Harvest. State and Federal law enforcement officials conducted the operation with logistical support from Hawaii Army National Guard aviators and flight crew members.

Local law enforcement agencies wanted to attack the drug problem on an economic basis by destroying marijuana wherever it was found. There were three separate search-and-destroy raids conducted: the first was on Maui and Molokai from Aug. 28 to Sept. 1; the second on Maui from Sept. 5 to 8; and the third on Kauai from Sept. 11 to 15.

At the request of Maui Mayor Elmer Cravalho and Kauai Mayor Eduardo Malapit, Gov. George R. Ariyoshi authorized a total of 29 Hawaii Army National Guard aviators and flight crew members on State active duty status to assist the police and Federal officials during the three raids. No more than 19 guardsmen were on duty each day.

Since many of the marijuana plants were believed to be cultivated on property highly inaccessible by land, the search and seizure of the illicit weed could only be accomplished with the use of helicopters.

Five Army National Guard helicopters, two OH-58s and three UH-1s were used in the raids which resulted in 15,185 pounds of marijuana confiscated on Maui and Molokai and 6,124 pounds on Kauai. Police estimated the street value of the confiscated goods at more than \$4.2 million.

Eleven weapons and two boats were seized during the marijuana raids. Fifteen persons were arrested.

The entire operation cost the State approximately \$32,000 with the bulk of the costs pegged at the salaries of the Army Guard aviators and the aviation fuel.

Two OH-58 helicopters were used to fly police spotters who were trained to locate the marijuana plants from the air.

As the situation required, the UH-1 helicopters were then used to transport police task force teams to the marijuana patches.

The police task force teams did the actual "harvesting" of the marijuana, while the guardsmen's job was to transport police teams and the plants.

According to Maj. Gen. Valentine A. Siefertmann, State adjutant general, "The operations were conducted in a highly organized and professional manner without any serious incident."

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## Philippine mission was a success

Forty-three Hawaii Air National Guardsmen and four F-4C Phantom jet fighters returned home Nov. 5, 1978 after successfully participating in a 10-day deployment mission to Clark Air Base in the Philippines.

Selected personnel from the 154th Tactical Fighter Group and the 150th and 169th Aircraft Control and Warning Squadrons, participated in the mission "Combat Sage," with the U.S. Air Force, under the command of Lt. Col. Lawrence Cabrinha.

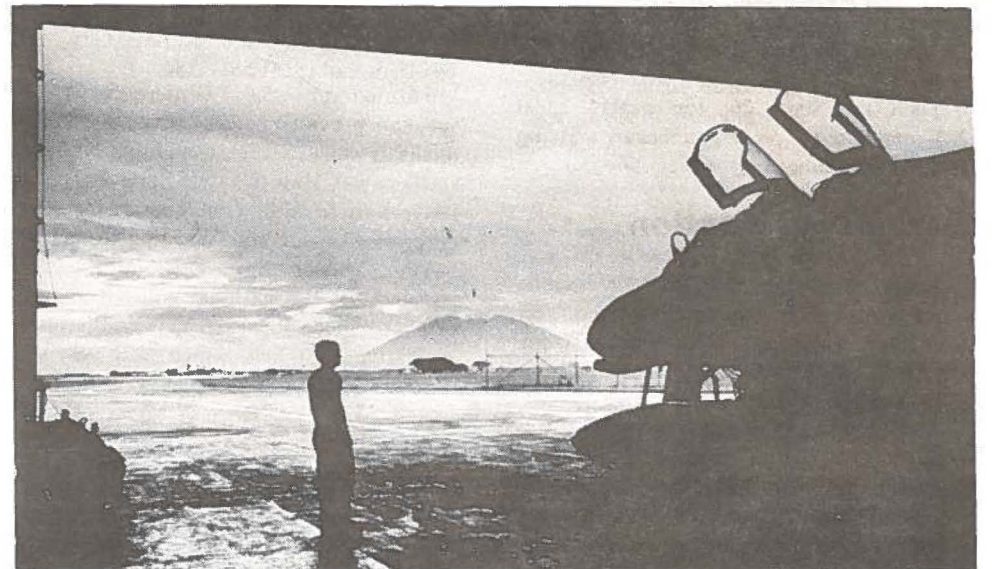
Hawaii Air National Guard aircraft left Hawaii on Oct. 27 for the Philippines. Part of the deployment mission required five mid-air refuelings en route to Guam and three additional mid-air refuelings to Clark Air Base with Air National Guard KC-135 tankers.

The objectives of the mission were to test the units' deployment capabilities, maximize the military's total force concept, to evaluate aircraft electronic weapon systems and to provide the participants with actual training in air-to-air missile employment in a realistic environment.

The deployment resulted in complete success, receiving excellent comments from U.S. Air Force personnel at Clark Air Base.

This success was due to the outstanding performance of all ground and support personnel in the preparation and launch of aircraft, and to the professionalism displayed by the aircrews in the firing of air-to-air missiles against drones simulated enemy aircraft.

Air guardsmen recently returning from Combat Sage in the Philippines, receive praise from PACAF commander in a letter to HANG commander. (printed on right)



A Hawaii Guard F-4C awaits vigil at Clark AB prior to a Combat Sage mission. Mt. Arayat, famous Philippine landmark, is pictured in the background. Photo by Tech. Sgt. Donald Ho.

DEPARTMENT OF THE AIR FORCE  
HEADQUARTERS PACIFIC AIR FORCES  
HICKAM AIR FORCE BASE, HAWAII 96853



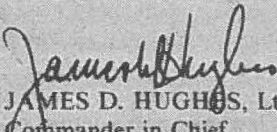
Dear General Ishimoto:

Congratulations on completion of the HIANG's first deployment to Combat Sage. Lt Colonel Alley, 1st Test Squadron/CC, has informed my Headquarters that your deployment was one of the most professional he has seen since PACAF commenced the air-to-air firing program.

The teamwork they exhibited and their outstanding maintenance accomplishments won the respect of all those associated with the Weapons System Evaluation Program.

Please extend my congratulations to your aircrews and maintenance personnel for a JOB WELL DONE!

Sincerely,

  
JAMES D. HUGHES, Lt General, USAF  
Commander in Chief

## Appreciation, holiday message expressed by AG

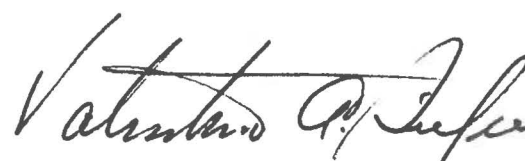
As we approach the holiday season, I look back at the year 1978 and am truly heartened by the progress we have made. I am especially mindful of the many individual contributions made by each of you on behalf of the Department. Of all the resources in the organization, you are what I value most. Without you we are an inanimate entity and would accomplish nothing.

Our Department has undergone many changes in the past year. Changes will continue as we face new challenges and seek new solutions to problems — both old and new.

Regardless of what the New Year brings, I am confident in the knowledge that you will continue to give your best in supporting our primary mission — that of being responsive to the needs of our community, State and Nation.

The future will, as always, be ever-changing, and I look forward, with your support, to rededicating our efforts towards developing a better organization.

I thank you for your kokua and wish each of you what you all so richly deserve — a Merry Christmas and a happy, healthy, and prosperous New Year.



VALENTINE A. SIEFERMANN  
Major General, HANG  
Adjutant General

# Enlisted association visits Hawaii

by Dennis Fujii  
Associate Editor

WAIKIKI, Hawaii — Nearly 2,000 National Guard delegates and family members converged on Hawaii recently to attend a four-day conference and, of course, to take in some of that good Hawaiian sun.

Delegates, representing the 50 states, the Virgin Islands, Puerto Rico and the District of Columbia, assembled in Honolulu for the 7th Annual Enlisted Association National Guard of the United States conference Sept. 26-29 held at the Princess Kaiulani Hotel.

Momentum began to build months earlier as preparation by the host, the Hawaii National Guard Enlisted Association, required countless hours of detailed planning. Convention shirts and muu mus, designed by local guardsmen, were manufactured and readied for the anticipated surge of business. Hotel reservations were made as the final confirmation reports were received.

Then on Sept. 26, the nearly 2,000 National Guard personnel began arriving with their families.

## Swings into action

The months of planning suddenly became a reality. The "Hawaii in '78" committee, headed by Master Sgt. Thomas Sato, swung into action as if the convention were a well-rehearsed routine.

The aloha spirit shined through as Command Sgts. Maj. Bill Duncan, Jr., program chairman, and Mits Shito, financial advisor, were seen directing delegates to their appropriate meeting rooms. Master Sgts. Donald Leong and Richard Ono, aided by Sgts. Joyce Rall and Vivian Toma, busily registered delegates.

The art of being a good host can be extremely taxing as Tech. Sgts. Bertram Narita and Gary Fujii can attest to. Besides coordinating the day's activities, many Hawaii guardsmen also escorted the visiting delegates for evenings out on the town.

In his opening remarks, Maj. Gen. Valentine Siefertmann, adjutant general of Hawaii, welcomed the delegates to Hawaii as well as wished them every success in their important endeavor.

## Deliberates on issues

During the day, delegates worked diligently in committee meetings and workshops, deliberating on National Guard matters. Committee meetings included such subjects as insurance for guardsmen, legislative procedures and the election of new officers.

Among the issues discussed or decided upon concerning all enlisted Guard personnel were:

1. A Survivor's Benefit Bill has been recently signed by President Carter. It enables the survivor of a deceased guardsman to receive a pro-rated annuity depending on which payment option he chooses. For more information, call your personnel office.

2. A move to seek employer support for guardsmen is under way so that supporters are given recognition.

3. The Uniform Service Benefit Association insurance is now at a lower rate for term insurance for non-flyers, 26 and under. The insurance is worth \$112,000 for \$8.90 per month. There will also be hospitalization insurance available for all members of term or life policies to be paid in either \$25 or \$50 per day, depending on the policy. For further information on any of these insurance benefits or policies, write to: Uniformed Benefits Services, Southwest Trafficway at 39th Street, P.O. Box 258, Kansas City, MO 64141 or call (816) 561-2134.

Throughout the conference, guest speakers provided news of national developments as well as several useful tips. One such speaker was Hawaii's own State Representative Ken Kiyabu, a member of the 169th Aircraft Control and Warning Squadron. Senior Master Sgt. Kiyabu, the first treasurer of the national enlisted association, provided some extremely useful tips on legislative approach, which were very well received by the delegates.

Also Maj. Gen. Richard Miller, adjutant general of Oregon and president of the National Guard Association of the United States, addressed the delegation on the national defense posture and recruiting/retention in the Guard. Both senior enlisted advisors from the National Guard

## Carter signs reservist survivor benefit bill

A new public law has been signed by Pres. Carter concerning survivor benefits for National Guardsmen, as well as Reservists.

This new law authorizes all current and former members who possess a 20-year eligibility letter to elect survivor benefit coverage prior to attainment of age 60.

Before the passage of this law, the surviving spouse of a Guard member who had earned retirement benefits payable at age 60 was not eligible for any annuity if the Guard member died before reaching 60.

The new law will give guardsmen three options with pro-rated annuity values.



National delegates are greeted and registered by a group of spirited enlisted Hawaii Guard personnel. Photo by Dennis Fujii.

Bureau also spoke at the conference. Representing the Army National Guard was Command Sgt. Maj. Donald R. Ingram. Chief Master Sgt. Lynn Alexander represented the Air National Guard.

Delegates to the conference had a royal treat when the ceremonial Royal Guard posted and retired the colors while the Guard's 111th Army Band provided the conference with a daily morning eye-opening musical selection. On the last day of the conference, impromptu Hawaiian entertainment was again provided by the 111th Army Band, in addition to a Hawaiian luau held at the Royal Hawaiian Hotel.


At the close of the conference, Sgt. Maj. Les Nakaichi and Senior Master Sgt. Kozen Kaneshiro were seen wiping the sweat off their eye brows.

Delegates could be heard, following the hectic conference, praising the conference organizers and the aloha spirit shown by all

members of the Hawaii National Guard Enlisted Association.

Visiting delegates would not only take home memories of Diamond Head and Waikiki, but more importantly, the newly acquired friendship of Hawaii's guardsmen.

Next year, Hawaii's delegation will be heading to Phoenix, Arizona for the 1979 conference.



**pupukahi**  
Department of Defense  
State of Hawaii

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**Pupukahi: Harmoniously United**

**GEORGE R. ARIYOSHI**  
GOVERNOR

**MAJGEN. VALENTINE A. SIEFERMANN**  
ADJUTANT GENERAL

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**Honolulu, Hawaii 96816**

## community service

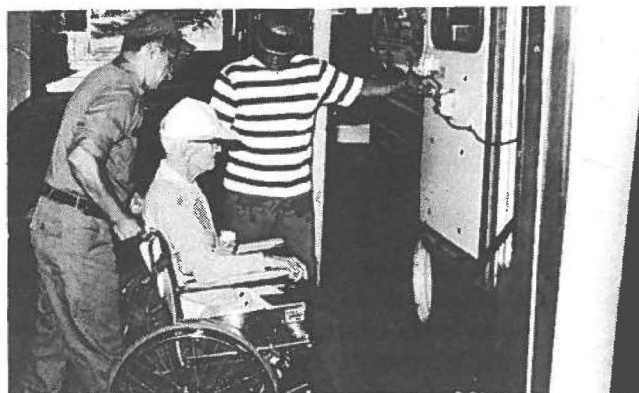
# USPFO aid handicapped

Full-time Federal technicians of the United States Property and Fiscal Office for Hawaii and the Combined Support Maintenance Shop #1 recently participated in a community service project.

The 11 Army Guard technicians assisted the staff of Leahi Hospital in the loading and unloading of 35 wheelchair patients so that the patients would be able to attend a special benefit concert performed by the Vienna Choir Boys during their recent tour in Hawaii.

Coordinator for the guardsmen was Chief Warrant Officer William Shea of the USPFO.

Guardsmen wheeled their Diamond Head neighbors from their hospital rooms down to the lobby then loaded them into special buses which transported the patients to the Waikiki Shell. Once at the Shell, the guardsmen then unloaded the patients from the buses and proceeded to wheel the patients to their special seating area.



Chief Warrant Officer William Shea assists in the loading of a Leahi patient into a van. Photos by Dennis Fujii.

It was an event in which many of the guardsmen took a special amount of pride since they were able to help their Diamond Head neighbors.



HELPING OUR NEIGHBORS — Sgts. 1st Class Benjamin Almadova and Ron Fukuhara wheel Leahi Hospital patients to awaiting vans during a recent community service project.

# Civil defense gives weather advice

by Bill Roome  
State CD

Hawaii is renowned for its refreshing rain showers and mesmerizing surf, but during the fall and winter months, these aesthetic attractions can develop into devastating forces causing severe damage and death. In fact, since 1965, flooding and high surf have caused approximately \$21 million in property damage and have claimed the lives of eleven people in Hawaii.

To insure that Department of Defense personnel are aware of the proper procedures to be taken during periods of heavy rains, flooding and high surf, State Civil Defense authorities would like to pass on several helpful tips.

Parents are urged to keep their children away from drainage canals, underground culverts, creeks, gullies, dry streambeds, ravines and low-lying areas, all of which frequently flood quickly and endanger lives. A close watch should also be maintained on rivers, reservoirs and streams which could overflow.

If you see any possibility of a flood occurring where you are, move immediately to higher ground. **Do not wait** for instructions to move, as there may be no time for an official warning specifically for your locale.

If you are not sure where to go in the event of a flood hazard, check with the county civil defense agency or the police department.

If you have to drive or walk during periods of heavy rains or flooding, remember to leave early enough so you will not be marooned by flooded roads, fallen trees or electrical wires. Also, after driving through a flooded area, pump your brakes to insure that they are working properly.

As you travel, keep listening to the radio for additional information on road conditions.

Everyone should also realize that there is an element of unpredictability about high surf. Although high surf warnings are usually issued well in advance by the National Weather Service, it is difficult to predict exactly what time the heavy surf will begin hitting the islands, precisely which

areas will be hit, how big the waves will be and how far inland they will travel. Several precautions should be taken during such periods.

Pay close attention to the wording of the warning which will be broadcast over the radio and television stations. In some cases, the alert may be only for swimmers and boatmen, while in other cases, the alert may be for those residing in shore areas that may be inundated by extremely heavy surf.

Finally, use extreme caution when driving along beach roads, as these roads, on occasion, are vulnerable to the onslaught of giant waves.

# Troop E receives aviation award

by SSgt. Kin Lo  
117th Pub. Aff. Det.

The Outstanding Reserve Component Aviation Unit of the Year award was presented to Troop E (Air), 19th Cavalry at the 20th Army Aviation Association awards banquet on Oct. 14, 1978 in Arlington, Virginia. Proudly accepting the award for their men were Maj. Bernard Watson, Troop E commander, and 1st Sgt. Richard Tabe.

From April 1, 1977 to Dec. 31, 1978, Troop E distinguished itself by setting an enviable standard of combat readiness, safety and community service for all Army National Guard aviation roundout units to strive for.

An aggressive training program has produced the most combat-ready roundout air cavalry troop in the entire National Guard. Troop E not only successfully completed all of its annual training requirements, but also received numerous commendable ratings.

As the only Army Guard unit in the Nation assigned AH-1G Cobras, Troop E can best utilize Hawaii's diverse terrains which range from the rain forests on the various islands to the high elevation training on the island of Hawaii.

As a roundout unit, Troop E would "round out" the 3d Squadron, 4th Cavalry of the 25th Infantry Division in the event of a national emergency requiring mobilization. During peacetime, the unit has provided air and ground reconnaissance support for the 29th Infantry Brigade. Under a recent command reorganization, Troop E is now assigned to Command Group A, the third battalion of the Headquarters Installation Command.

In September and October of 1977, elements of Troop E were called out for a unique and demanding mission. With lava flowing down the steep sides of Kilauea Crater toward Kalapana village, Troop E flew Civil Defense authorities and scientists so that they could determine how hazardous the eruption would be to the people of the town. As a result of these emergency flights, over 100 families were evacuated from their homes fronting the advancing lava.

Again in December of 1977 with predictions of another eruption threatening the city of Hilo, members of Troop E were called to duty to aid in the scientific monitoring activities. This mission was exceptionally trying in that aircraft were flown from sea level up to 13,000 ft. in close proximity of the volcano's wind-swept slopes.

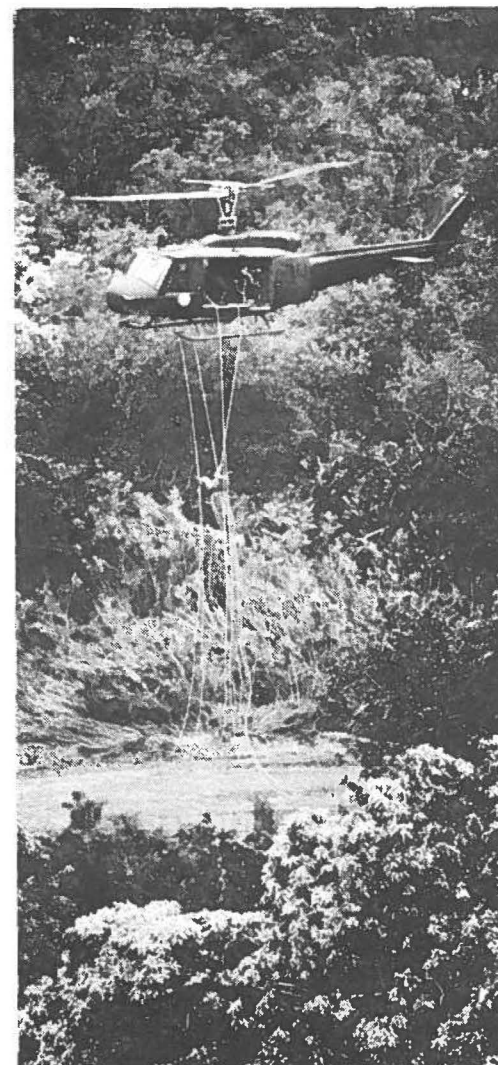
The success of Troop E can be attributed to their affiliation with the Army, realistic and demanding training, safety consciousness, strong administration and community involvement. Ever present has been the "cavalry esprit de corps" of all its personnel.

The men of Troop E are drawn together from all sectors of our community, including university professors, firemen, policemen, Federal Aviation Administration controllers, airline pilots, college students, as well as plantation managers, to name a few. This combination of experience has greatly contributed to the overall efficiency of the unit's diversified operation. Additionally, the unit has a rich store of combat veterans, with 90 percent of its enlisted personnel having served one or more tours of duty in Vietnam.

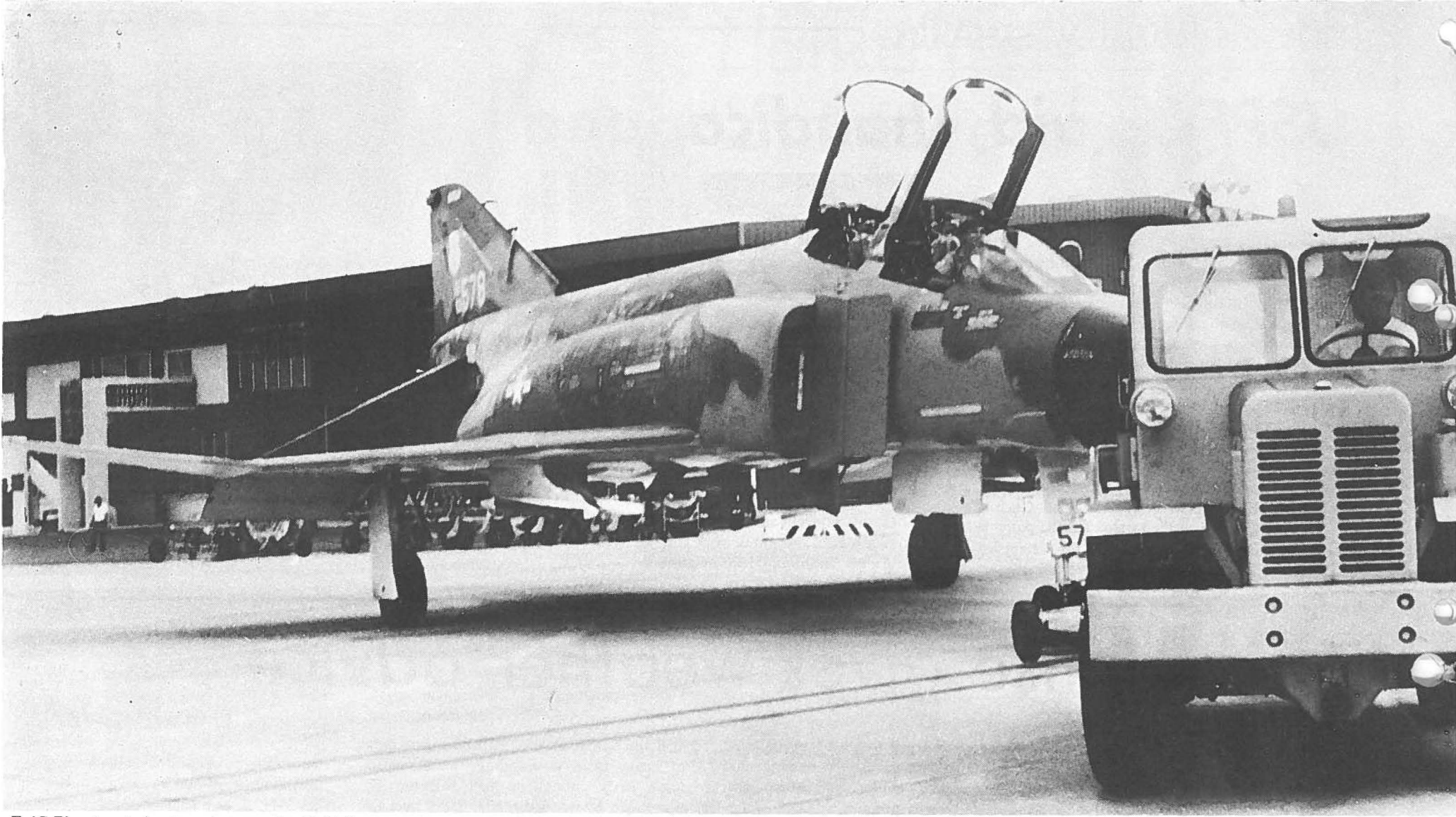
The accomplishments of Troop E are many and impressive. Their service to Hawaii and the country is unquestionable.



TIGHTENING UP — Sgt. Ted Endo tightens his rappelling rope belt before taking off. Photo by Spec. 5 John Atkinson.



HALF WAY THERE — A member of Troop E is half way down after rappelling from a Guard helicopter. Photo by Spec. 5 John Atkinson.



F-4C Phantom being towed across the flight line.

# 154th CAMRON: Air guardsmen maintenance

by Spec. 4 Beth Anderson  
117th Pub. Aff. Det.

NO KA'OI means "The Best." That's their motto and that is what they try to be. They are the men and women of the 154th Consolidated Aircraft Maintenance Squadron of the Hawaii Air National Guard.

The squadron is headquartered at Hickam Air Force Base. Approximately 393 personnel are assigned to 23 different job fields in support of the F-4C aircraft.

Senior Master Sgt. Richard W. Miles explained that the squadron essentially has four functions: **organizational maintenance** which is performed on the flight line, during scheduled aircraft inspections, and during aircraft alerts; **field maintenance** which is the repair of basic aircraft systems; **avionics maintenance** which is upkeep of the radar system, as well as communication, navigational, auto-flight control systems and flight simulator; and **munitions maintenance**, which includes the handling, loading, storing and repairing of the missiles and any other weapons used on the F-4C.

## Many jobs required

With 23 different job fields to support one type of aircraft, the squadron needs almost as many shops. For example, in the Jet Engine Shop, Tech. Sgt. Mel Ige explained that his job is to keep the Air Guard's F-4C engines working properly. "Every 1,200 flight hours these engines get completely overhauled," Ige said. The section also is kept busy with minor repairs and routine inspections to each aircraft.

At the Wheel and Tire Shop, Hawaii Air guardsmen are busy repairing or replacing the magnesium rims for the tires. When you consider that an aircraft weighs about 38,000 pounds, and that it lands on those tires at 150 to 170

miles per hour, then you realize they have to be pretty special tires and the men working on them special too.

There is an Environment Systems Shop which works to make sure that the pilot is able to breathe and is kept a comfortable temperature while in flight at high altitudes.

The Pneudraulic Shop is where all repairs are made on the aircraft's air or hydraulic fluid systems.

## Battery needed

The Electric Shop keeps the non-specialized electrical systems working. This shop insures that the Phantom's 24 volt nickel cadmium battery is fully operational. What, you didn't know that the F-4C had a battery?

The pilot needs that battery in case the rest of the systems lose power. The battery will provide seven minutes of electrical power so that the pilot should be able to radio his position and receive help.

The squadron also has an F-4C simulator, and Master Sgt. Benny Goo keeps it operational with a lot of help from Master Sgt. Gary Fujii and Tech. Sgt. Richard Kudo. "Every pilot has to come in and fly the simulator once a month," Goo said.

The F-4C simulator is designed to respond exactly like a jet and is used for the pilots to practice. The only difference is that if they crash, they just get out and walk away.

All information given to the pilot is fed to him on his instruments from a master control panel, and the instructor can really make things difficult. He has buttons that can make one of the engines fail or can have the pilot run out of fuel.

After the pilot is done in the simulator, his instructor will critique his

flight. If he can't fly the simulator, he won't fly the Air National Guard's F-4C's.

At the Non-Destructive Inspection Lab, Master Sgt. William Stern explained the different methods used to detect cracks or leaks in the structure or parts of the aircraft. There is a florescent penetrant that uses a black light to detect hairline cracks. Dyes, ultrasonic sound and X-ray are other tests used.

Stern explained that the room used to X-ray the structure of an aircraft was constructed out of lead-reinforced concrete. He said that the doors to the room were solid lead and weighed several hundred pounds.

The Munitions Maintenance Branch or Missile Shop is where all the missiles are stored and kept in operational readiness. Master Sgts. Leonard Tam and

Reginald Chūn explained that all of the missiles are stored in separate cubicles with concrete walls from 10 to 28 inches thick. In addition, a protective wall of concrete and dirt separates the missile cubicles from the runway at the airport.

At the alert pad, Master Sgt. Jose Rivera explained, "After the scramble horn sounds, it takes from eight to ten minutes to be in the air."

Staff Sgts. Gary Saito and Gary Kodani are assigned to the alert pad. They have to be fast and careful. They have less than five minutes from the time an alert scramble is initiated to have the missiles active and all safety locks and grounding wires away from the aircraft so it can taxi to the runway.

The pilots at the alert pad work eight-hour shifts and the mechanics work ten-hour shifts.

Capt. Pete Pav Guard pilot, said scramble horn goes an unidentified a Hawaii's air space. ten minutes to be middle of the nig blows, some fun sometimes you for plane is on," he sa

At the Fabrica Yvette Viernes working in the air job is to fix aircraft words, sheet metal her replacing aircra and a hammer. Th of this shop includ and a machine se facturers special p onents.

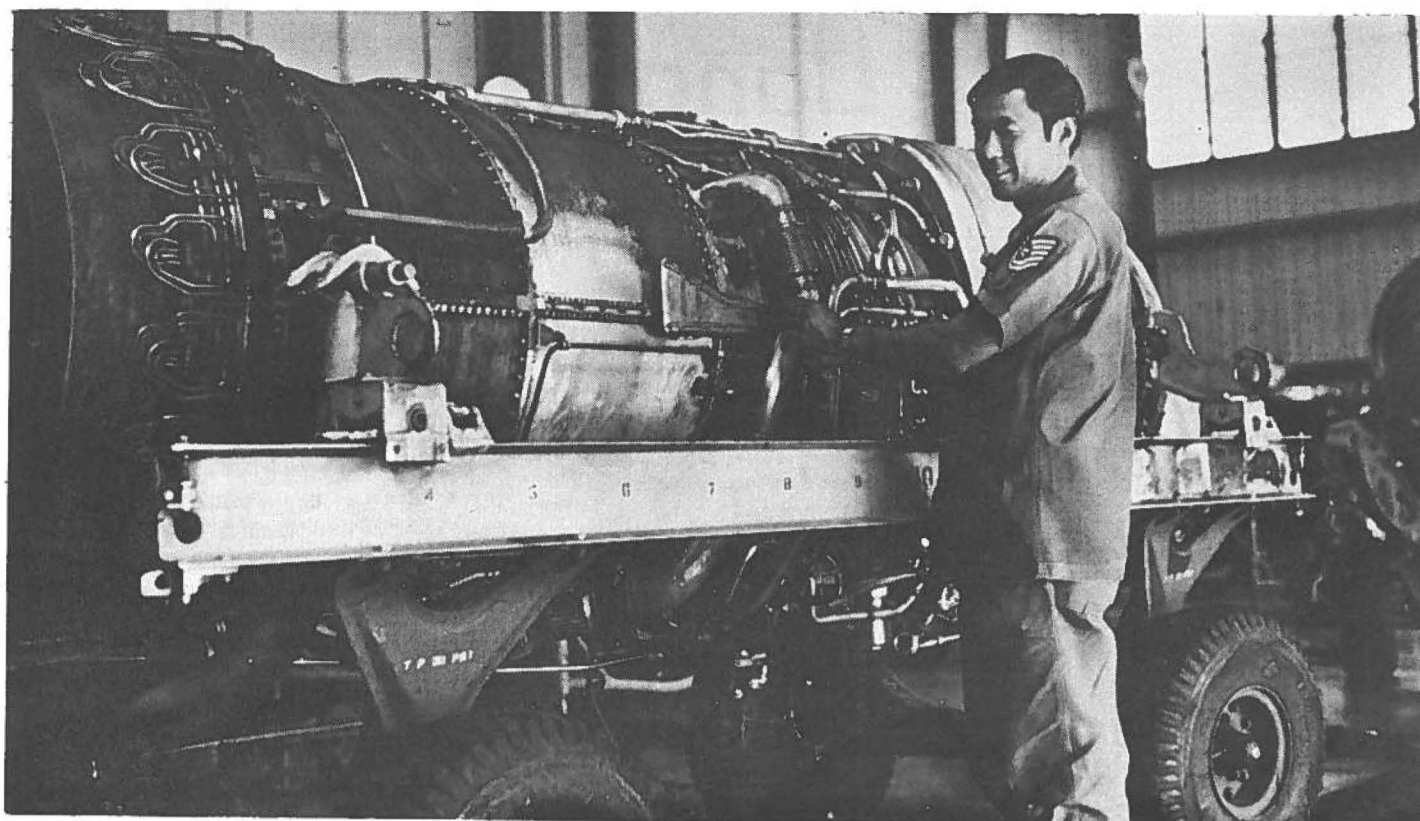
Tech. Sgt. Rex I



Master Sgt. Benjamin Goo operates the control panel for the flight simulator.



Staff Sgt. James maintenance control board



Tech. Sgt. Mel Ige checks F-4C jet engine.

Photos by  
Staff Sgt. Wayne Iha



Sgt. Anthony Lendio works on the avionics system for the F-4C.



Sgt. Gary Kodani checks the sidewinder air-to-air missiles.

## provide key air defense

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the Aircraft Instrument-Auto Flight Control Shop, explained that he works on the Inertia Navigation Systems. The Automatic Flight Control Systems are also repaired or replaced in this shop.

The radar or weapons control system function is also part of the avionics branch. Chief Master Sgt. Hiroshi Go and Air Force Advisor Don Johnson were working in this shop on a mockup of the aircraft's radar system. If an aircraft is found to have a questionable component, Sgt. Go will remove it and place it in the working mockup, making adjustments or replacing parts until the component works again and can be re-installed in the aircraft.

All in all, if it weren't for the work of the members of the 154th Consolidated Aircraft Maintenance Squadron, the F-4C's would not be guarding Hawaii's skies today.



(ft) and Master Sgt. Rudolph Luat work at the main-



Maintenance personnel on the F-4C silhouetted against Hawaii's skies.



Second Lt. Mary Ooka, assisted by Staff Sgt. Paul Peahu, operates the radar scope at Kokee AFS. Photo by Staff Sgt. Ernest Ho-a.

## Lady guides the blues

by 2nd Lt. Daniel Firestone  
150th ACW Sq.

Second Lt. Mary Ooka recently became the first woman officer in the Hawaii Air National Guard to become combat ready as a weapons controller.

Lt. Ooka was commissioned into the Hawaii Air National Guard earlier this year before she was sent off to attend the basic weapons controller school at Tyndall Air Force Base, Florida.

A native of Minnesota, she spent over eight years at the University of Minnesota where she worked as an electron-microscopist doing bio-medical research and teaching.

In her new job as a weapons controller, Lt. Ooka is responsible for controlling all types of aircraft from fighter jets to the refueling tankers. After participating in her first live air defense exercise, she remarked that, "the experience was very stimulating and challenging."

She is married to Dr. Jeri Ooka who is a plant pathologist at the University of Hawaii Agricultural Experiment Station, Kauai Branch.

Her future plans include pursuing a post graduate degree, and continuing in her new career field in the Air Guard.



# Local basketball star joins the Guard

by Spec. 4 Judy Lau  
117th Pub. Aff. Det.

There's a new first lieutenant aboard — someone with a very familiar name — JOHN PENEBAKER of basketball's "Fabulous Five" fame.

Standing at 6' 3", 170 pounds, he kind of stands out in the Hawaii Army National Guard.

While he holds the Race Relations/Equal Opportunity slot, primarily he will be assisting Lt. Col. Rudolph Thomas in recruiting and retention.

Penebaker is from Cincinnati, Ohio. He came to Hawaii with the Air Force and stayed. He enrolled at the University of Hawaii in 1969 where he garnered numerous athletic awards while maintaining a 3.0 cumulative average. He graduated with a B.A. in political science, even made the dean's list in his junior year.

In civilian life, he is the recreation and education specialist for the Hawaii Government Employees' Association. He finds time to be president of the Windward Volleyball Association, teaches coaching to kids at Central YMCA and does volunteer counseling.

"I play a lot of volleyball now because it's not as demanding physically as basketball. I wish I had started that game when I was younger," he said.

"The usual life span of a basketball player is about 10 years," the former basketball star said. "After age 32, it's a downhill slide."

The University of Hawaii "All Time Scorer" (1,561 points) notices more injuries on the basketball courts today.

"The players are more versatile. The big players can run just as fast as the smaller guys. They run into each other more," he said.



First Lt. John Penebaker confers with Lt. Col. Rudolph Thomas about recruiting and retention matters. Photo by Spec. 4 Judy Lau.

# Llanos gets 2nd award

by Spec. 4 Beth Anderson  
117th Pub. Aff. Det.

Sgt. 1st Class Edward V. Llanos, 38, Hawaii Army National Guard recruiter, received the Chief's 50 Award for the State of Hawaii because he recruited the largest number of personnel into the Hawaii Army National Guard during Fiscal Year 1978 — a total of 143 men and women.

This is the second Chief's 50 Award for Llanos. He won it for the first time in 1975. He is the first Hawaii Army National Guard recruiter to win the award twice.

Llanos is part of a 15-man recruiting team — nine work on Oahu and six on the neighbor islands. "I feel that we work well as a team. Because I'm part of such a close-knit group of recruiters and friends, I'd like to stay on recruiting duty for as long as I can," says Llanos.

He has been in the Hawaii Army National Guard for 22 years. The first 10 years he spent working on the Nike-Hercules missile defense system of the island until it was phased out in 1970. For the past five years, he has been on recruiting duty.

When asked what his secret is, Llanos said, "There is no secret, it's mainly just selling the Stripes for Buddies Program. Under this program, a new E-1 can become an E-2 by recruiting a buddy. He could become an E-3 by recruiting two buddies. All this could be done before he leaves for recruit training. It means more money for the person and more people for the Army National Guard. "If you can enlist a group leader with a lot of friends," says Llanos, "you enlist a lot of people."



Sgt. 1st Class Edward Llanos.

"Many people are deterred by the six-year obligation. If they are just out of high school, it seems like a long time. But when I explain that it is only one weekend a month plus 15 days of summer training — a total of 39 days a year, they usually like the idea. When I explain the various opportunities for schooling and traveling, they usually enlist," he said.

Llanos was presented the award at the National Guard Recruiting and Retention Convention in Madison, Wisconsin, in October, from Maj. Gen. LaVern E. Weber, chief of the National Guard Bureau.

Llanos and his wife, Annie, accompanied Lt. Col. Rudolph Thomas, Hawaii Army National Guard recruiting and retention manager, to the convention. Llanos and his wife then took a week off to see the sights before returning home.

When Llanos isn't busy recruiting people into the Army National Guard, he is helping as the assistant coach of the Jack Rabbits' football team (10-12 years olds). He also coaches little league baseball.

And if all that doesn't keep him on his toes, he has five children of his own. Llanos, a resident of Waipahu, has been recruiting at home too. His oldest boy, Derrick, 16, plans to join the Hawaii Army National Guard as soon as he's 17.

Does he find it hard not to be in the constant limelight anymore?

Being the media constantly was an experience he enjoyed at the time, and it exposed him to people he never would have met otherwise, he said.

His high visibility, however, did cost him in privacy. Penebaker remembers not being able to walk down the street or drive a car without somebody recognizing him. Then too, some people related to him as a public

image instead of who he really was and that was a letdown at times, Penebaker said.

Recently, he was elected a delegate to the Con Con. While he feels he definitely made a contribution, especially to Hawaiian affairs, he doesn't plan to go back into politics.

Penebaker lives in Waimanalo with his English/Chinese wife, the former Marjorie Choy, who is a registered nurse. They have two daughters: Tonya, 3; Dawn, 1, and are expecting another child in March.

## 1st female AST

by Capt. Bill Rennie  
HQ Install. Command

The Headquarters Installation Command recently chalked up another first when Sgt. Karen Nakayama became the first female administrative supply technician (AST) in the Hawaii Army National Guard.

She took on the challenging job of supply sergeant and AST for the 298th Engineer Detachment in July.

She was formerly a member of the Headquarters, 159th Service Battalion before she assumed her new duties at the Wahiawa Armory.

Prior to her enlistment in the Hawaii Army National Guard, she spent three years with the 411th Engineer Company, U.S. Army Reserve.

Speaking of her new assignment, Karen says, "It's a challenge and the people I work with have all been very supportive. I'm really excited about my new job, and I'm looking forward to attending the AST course at Little Rock, Arkansas."

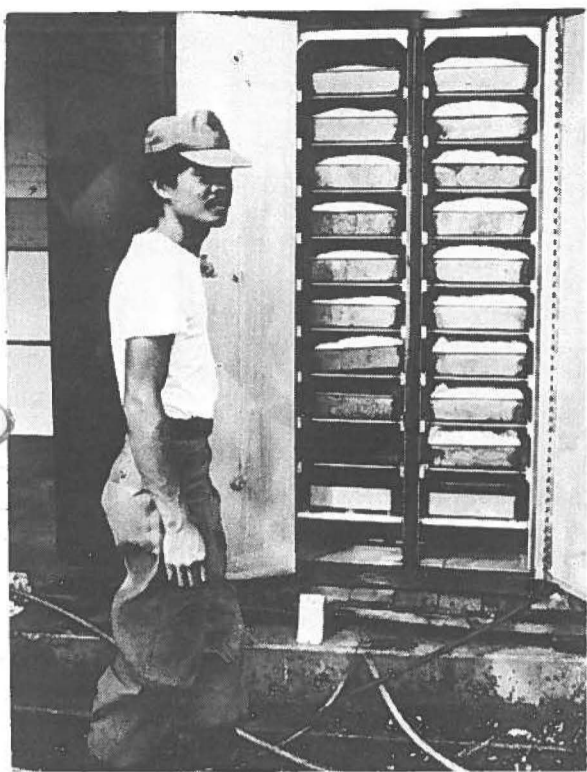
Karen is a Farrington High School graduate and completed her undergraduate work in psychology at the University of Hawaii. She plans someday to return to school and work on her master's degree.



Sgt. Karen Nakayama.

## Pay system assists ASTs

Starting Oct. 1, 1978, all Army National Guard active duty payrolls for duty performed in Hawaii will be mechanically computed and prepared by the Military Pay Branch of the Comptroller Division, USPFO. Procedures were forwarded to the units in USPFO Bulletin 1978-25. This new system should help considerably in reducing some of the workload of unit ASTs.



Spec. 4 Rogelio Sison shows where the dough is kept while it is rising in pans. Photos by Staff Sgt. Wayne Iha.



Spec. 5 Eugene Oyadomori, brother Spec. 4 Marcus Oyadomori and Spec. 4 Joe Penn inspect freshly baked bread.

## Early to BREAD, early to RISE; 292nd bakers . . .

by Spec. 4 Judy Lau  
117th Pub. Aff. Det.

Ninety-six loaves of fresh bread, piping hot, fresh out of the oven . . . medium-hard crust on the outside; moist and soft textured on the inside . . . It's steaming hot and butter just melts on top of it.

You take your first bite, and there's NO way you could have stopped there. You've created an APPETITE! It's simply delicious.

Eight guardsmen in the baking section of the 292d Supply and Service Company of the Headquarters Installation Command turn out about 100 of these delicious loaves of bread every other drill weekend.

At the crack of dawn (5 a.m.), they start up the ovens which take about 45 minutes to

*"Cookery is become an art, a noble science; cooks are gentlemen." From Anatomy of Melancholy. Democritus to the Reader.*

warm up. The ingredients are then poured into the mixer.

If you ever need a hundred loaves of bread, this is the recipe to follow: Put 45 lbs. of cold water in the mixer, then dissolve it in 2½ lbs. of salt and 2½ lbs. of sugar. Next put in 70 lbs. of flour and 2 lbs. of yeast. Then

add 5½ lbs. of non-fat powdered milk, and another 30 lbs. of flour. Finally, throw in 6 lbs. of shortening. The dough is now ready to be mixed, then left to rise to about double its size.

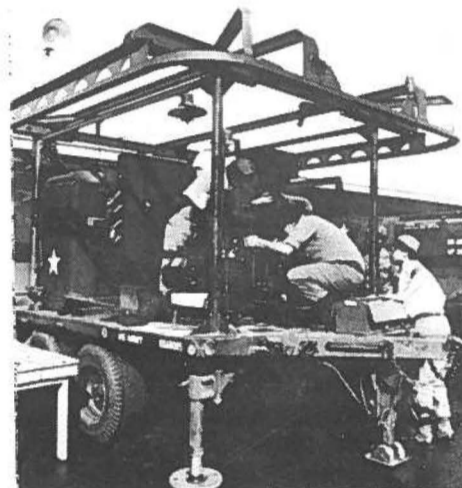
Now it is ready for the "puncher." Spec. 4

Rogelio Sison is responsible for punching the dough down. "It feels good. The dough is soft. I look for the bubbles and punch them down. The dough comes up to my elbows . . . that's the part I enjoy best, besides the eating!" he says.

After the dough is divided and placed onto pans, it goes into the proofer where the dough has a chance to rise again to the proper shape and size. Finally, it's popped into the oven and baked for about 45 minutes at 450° F.

Command Sgt. Maj. Donald C. Bankston, the U.S. Army Readiness Element advisor to the 292d says, "The quality and professionalism of this baking section is as good as that of active Army personnel."

Judging by the taste, I could hardly disagree with him.



Bakers of 292nd disassemble baking equipment prior to cleaning it.

### Briefs pilots and crew

## 199th WF focuses on weather

by Pfc Tom Clements  
117th Pub. Aff. Det.

The eyes of the Hawaii Air National Guard's 199th Weather Flight were on Hurricane Susan during their October drill at Hickam Air Force Base.

The 13-person Air Guard crew, commanded by Maj. Christopher Jay, works closely with the U.S. Air Force's Detachment 4 of the 1st Weather Wing at Hickam AFB and Detachment 7 at Wheeler AFB.

The 199th members kept a close watch on the hurricane as it moved closer to the Hawaiian chain. They recorded its wind velocity, as well as the direction it moved, using sophisticated weather equipment from the 1st Weather Wing.

With information coming from the Air Force weather center in Texas and from the National Weather Service, the Air guardsmen could see the path the hurricane had taken and the predicted path it might take.

The main job of the 199th Weather Flight is to provide weather briefings for the aircrews of the 199th Tactical Fighter Squadron. When weather has any serious impact on any Air Guard unit in the State,

the 199th supplies needed information. They also brief regular Air Force aircrews.

Members of the 199th occasionally travel to Barking Sands, Kauai, for deployment exercises. They train at various locations on the Mainland about once every three years. But most of the time, they perform their duties alongside their active Air Force counterparts at either Hickam or Wheeler AFB as part of a Total Force training program.

In addition to an administrative section, the 199th Weather Flight is basically divided into two groups, observers and forecasters. The observers gather the information from the forecasting machines. The forecasters use this information to make their weather forecast.

The observers record cloud types and height, wind direction and speed, temperature, humidity and barometric pressure for local weather forecasts.

The forecasters when training at Wheeler, brief active Air Force crews that fly to the Mainland and various parts of the world.

They also interpret satellite data covering the entire Pacific.

The members of the 199th also go through extensive training to become either observers or forecasters. They receive their training at Chanute AFB in Illinois. The observers then spend 30 days of temporary duty at an active duty station for more train-

ing. The forecasters spend 45 days of temporary duty.

It's not easy to make predictions, but with the keen knowledge of the 199th and the sophisticated equipment of the Air Force, we won't have to depend on rheumatism. Just ask the 199th, "How's the weather?"



Sgt. Gregg Staffelback cuts weather map off facsimile machine. Photo by Pfc Tom Clements.

# Spotlight

by Dennis Fujii  
Associate Editor

## Waimano Home Clothing drive

Calling on old and used clothing . . . I know you're out there. The Air Guard's Non-Commissioned Officers Academy Graduates' Association, Chapter 18, is holding a clothing drive for the patients of Waimano Home in Pearl City. If you are a male or female, drop your old clothing off by Dec. 19 at the following locations: Aerospace Ground Equipment Shop, the Engine Shop, the Quality Control Shop, at the 169th Aircraft Control and Warning Squadron, and at the Air Guard's Headquarters, Ft. Ruger. Delivery to Waimano will be on Dec. 20.

## HIC . . . Off and running

Capt. George Sheridan, 1st Lt. Keith Tanouye, Staff Sgt. Frank Oshiro, and Capt. Orlan Peterson each ran the full 30 kilometers (18.6 miles) during a recent "30-30" race.

The "30-30" race, sponsored by a national airline company, also attracted Capt. and Mrs. Mike Rawlins, Sgt. 1st Class Randy Melemai, 2nd Lt. Ron Katto and 1st Lt. Vincent Travens who each ran six miles as part of a relay team. Mrs. Rawlins outran her teammates, turning in a time of 43 minutes and 15 seconds, the equivalent of 7 minutes per mile.

HIC runners are looking for a challenge from the 29th Brigade.

## HANG awardees named

The Hawaii Air National Guard recently held its second annual awards banquet at the Pearl Harbor Officer's Club. Highlighting the evening's affair was the naming of the outstanding Air Guard personnel. The winners are:

Outstanding HANG Airman  
Senior Airman Allan Bactad  
150th Aircraft Control and Warning Squadron

Outstanding HANG NCO  
Staff Sgt. Ernest Dela Cruz  
202d Air Traffic Control Flight

Outstanding HANG Senior NCO  
Senior Master Sgt. Lawrence Sugihara  
150th Aircraft Control and Warning Squadron

The winners of the above categories are Air Guard nominees for the National Guard Bureau's Outstanding Airman Program.

Outstanding HANG Officer  
Lt. Col. Edward Richardson  
199th Tactical Fighter Squadron

Outstanding Fighter Pilot  
Maj. Harold Schatz  
199th Tactical Fighter Squadron

Outstanding Weapons Systems Officer  
Capt. David Nishioka  
199th Tactical Fighter Squadron

George R. Miki Memorial Award  
1st Lt. Jerry Bona  
169th Aircraft Control and Warning Squadron

James Y. Sato Memorial Award  
Capt. Myron Dobashi  
150th Aircraft Control and Warning Squadron

Outstanding HANG Unit Award  
199th Tactical Fighter Squadron  
Congratulations to all!!!

## News of State

Since moving to the new administrative building, the planted shrubbery and lawn is gradually being groomed into a beautiful landscape. A key individual responsible for the well-groomed landscape, with the help of the sun and the rain, is Mike Nobriga. Weeding, watering and trimming is only a part of the chore. Hard work is what makes everything fall into place. Keep up the good work, Mike!!!

Carrying an armful of mail, walking through the hallways of the Department and checking each office several times a day, George Nagano ensured that the mail got through. Nagano recently retired at the age of 70 after 12 years of working for the Department as a State employee. Here's wishing him the best during his retirement.

Mrs. Karen O'Brien recently received a Sustained Superior Performance Award for her meticulous cleaning in her area of responsibility as a janitress . . . Congratulations!!!

# Guardsmen save 2 lives with CPR

by 2nd Lt. Kathleen Berg  
201st CCG

Two Hawaii Air guardsmen recently used skills learned in their cardiopulmonary resuscitation (CPR) training.

Airman 1st Class Benjamin K. Palacio of the 202d Air Traffic Control Flight on Kauai

helped save a life. While on duty as a hotel security guard, Palacio responded to an emergency call. He found an elderly woman choking and applied the abdominal thrust maneuver for airway obstruction which he learned in training. After several attempts, the food was dislodged. Palacio comforted

the 71-year-old visitor until the ambulance crew arrived.

Capt. James B. Wiley of the 201st Combat Communications Squadron in Hilo was one of four people who came to the aid of a woman customer at the Pearl City A&W when she suddenly dropped to the floor and struck her head. They rushed to her side, applied CPR and controlled the bleeding

from her head. By the time the ambulance had arrived, they had restored the woman's pulse and breathing — both of which had stopped — and calmed her frantic family.

Other members of this instant CPR team, besides Capt. Wiley, were Kevin Knox of the USS George Washington, Carolyn Hammond of Straub Clinic and her husband Jimmy Hammond of Tripler Hospital.



LIFESAVING CLASS — Capt. James B. Wiley demonstrates CPR techniques using Resusc-Andy to Tech. Sgt. Betram Narita. Photo by Staff Sgt. Lloyd Kurashima.

## New HIC battalion formed

WAIHAWA, Oahu — On Oct. 1, 1978, a new battalion was organized in the Hawaii Army National Guard.

Command Group A, the official designation of this new battalion, is the third battalion under the Headquarters Installation Command and is commanded by Lt. Col. John R. D'Araujo, Jr.

Command Group A is made up of Troop E (Air), 19th Cavalry; the 227th Engineer

Company; and the 293d Service Company. Previously, both the 227th Engineer Company and Troop E were separate units attached to the 29th Infantry Brigade with no parent battalion.

The organization consolidates the Hawaii Army Guard's aviation resources as well as provides battalion level command, control and assistance for these units. The new organization also provides a means for improving readiness of these units.

# 1154th drivers compete for awards

by Staff Sgt. Kin Lo  
117th Pub. Aff. Det.

"Turn right! Back up! Now go straight!" These are some of the basic vocal instructions when directing a driver into a tight situation. Yet when the 25 drivers of the 1154th Transportation Company, Hawaii Army National Guard, compete for their company's top drivers honors, they are completely on their own.

Each year the 1154th holds a "driving roдео" that requires its drivers to negotiate certain obstacles and perform basic skills while being timed and judged on safety, skill and speed. And they do it in two-and-a-half-ton trucks.

Drivers are given the chance to show their driving competence by going through a figure-eight course, an offset alley, by

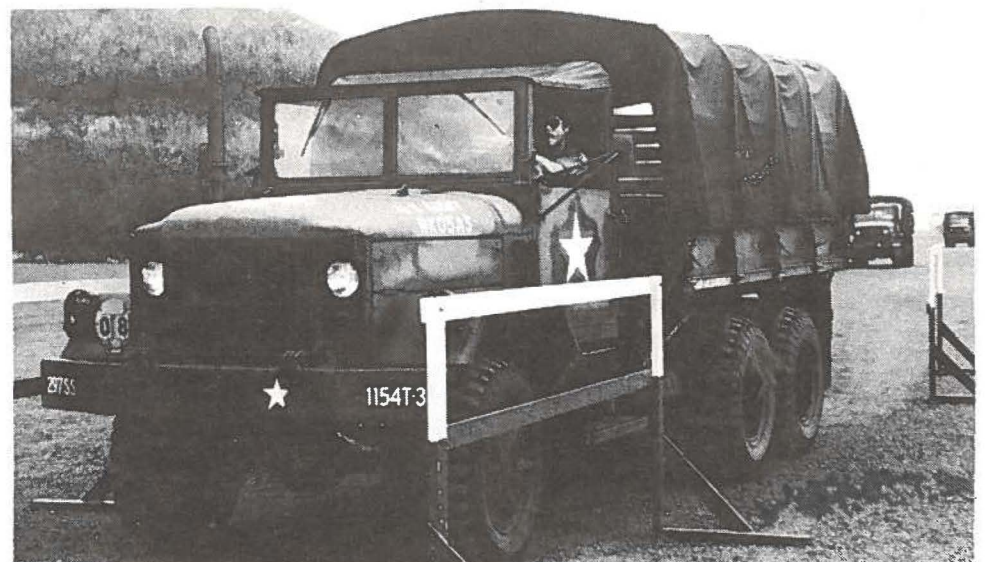
parallel parking, and by stopping their vehicle in front of a barrier to prove their depth perception. The whole series of tests can take no longer than eight minutes.

The figure-eight course requires a driver to back up and then go forward in and out of three closely placed cones. The driver then proceeds to the offset alley, a narrow passage which allows the truck only six inches on either side.

For the parallel parking test, the driver must park within six inches of a simulated curb. In the depth perception exercise, he must stop within six inches of the obstacle in front of the truck.

The drivers were evaluated on a point basis for each task.

After a highly competitive bout of intensive driving and after the dust settled, Pfc's Thomas Valentine and Malu Noa emerged tied for first place. Both scored 240 points out of a possible 250.



RIGHT DOWN THE MIDDLE — Truck drivers of the 1154th carefully steer their 2 1/2 ton trucks between barracades during their driving Roдео. Photo by Staff Sgt. Kin Lo.