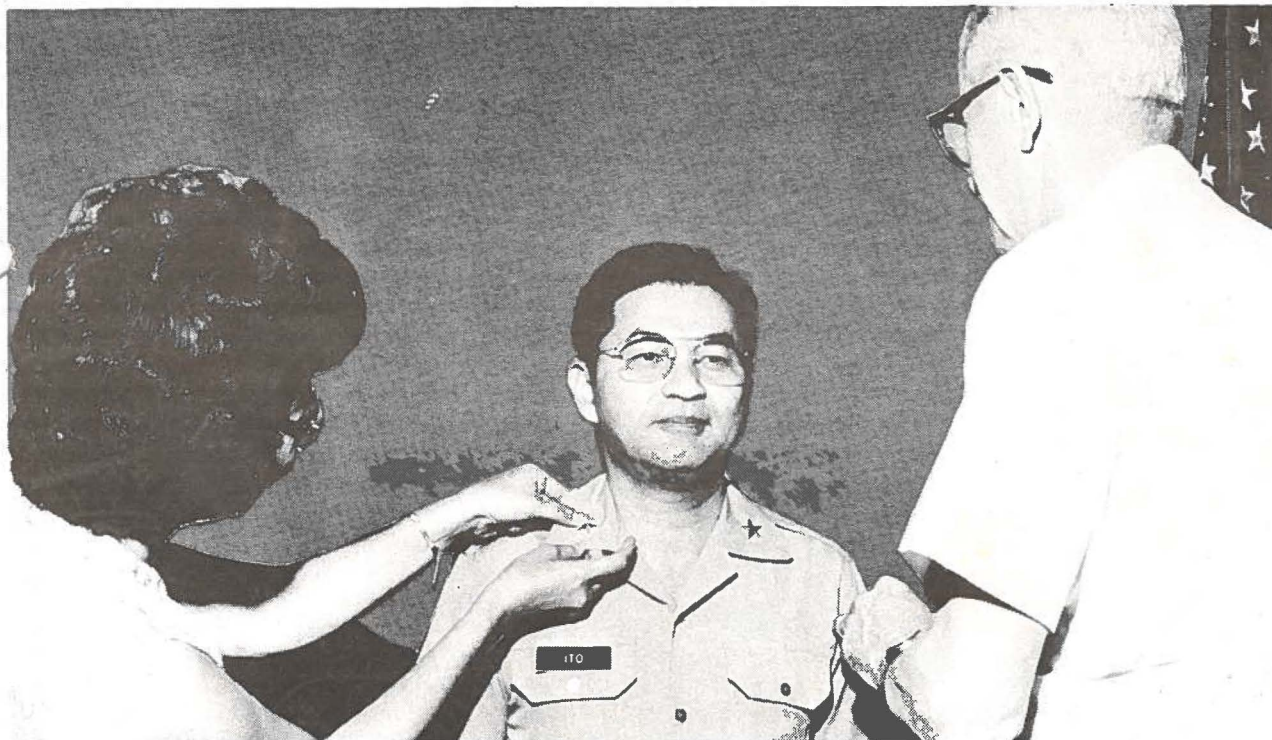


Ito promoted to Brigadier General



Mrs. Doris Ito and Maj. Gen. Valentine A. Siefermann do the honors with the pinning of Brig. Gen. Thomas S. Ito.

by 1st Lt. Gail Warok
Editor

It was not the typical staff meeting that aloha Friday, as staff members gathered in the adjutant general's office. They were there to congratulate HARNG's newest general, just about to be pinned.

Brig. Gen. Thomas S. Ito, deputy adjutant general, was the last to enter the room, and did not expect to find his wife there, nor the cameras and reporters.

A momentous occasion for Ito, he had his stars pinned on him by his wife Doris and by Maj. Gen. Valentine A. Siefermann, adjutant general.

Ito now is the fourth general officer in the U.S. military service who is of Japanese-American ancestry. The others are: Francis S. Takemoto and Edward M. Yoshimasu (Army National Guard, retired), and Theodore Kanamine (Army).

On Sept. 1, 1976, Ito became the deputy adjutant general for the State Department of Defense. His promotion to brigadier general was official on Feb. 4.

In expressing his feelings about his promotion, Ito said: "I am reminded of a quote from Gov. Ariyoshi's 1974 inaugural address—'No man is an island, yet we are an island of men.' This would all not be possible if it were not for the help of so many people in the Guard."

pupukahi

Pupukahi: Harmoniously United

STATE OF HAWAII

DEPARTMENT OF DEFENSE

Volume XIII, No. 1, March 1977



Members of the Royal Guard and the 111th Army Band marching down Pennsylvania Ave.

Guardsmen represent Hawaii in Inaugural Parade

by PFC Judy Lau
117th PID Staff Writer

Presidential Inaugural Parade 1977 is one parade that members of the Hawaii National Guard's 111th Army Band and four Royal Guardsmen from the Hawaii Air National Guard will never forget.

They marched in it.

Imagine all 37 of them marching down Pennsylvania Avenue Jan. 20 in snappy blue uniforms set off by white, double carnation leis.

They dazzled the parade crowds with their spirit of aloha.

Trombonist Sp5 Roy Miyahira recalls how excited the spectators got when the announcer over the

PA system said, "This unit is from Hawaii." "People cheered, waved, and yelled out 'Aloha!'"

"I felt nervous—you're marching in front of thousands of people all bundled up, and we knew we were on national TV too," SSgt. Robert Chang said.

"The men should be very proud of themselves. They performed exceptionally well under extremely difficult conditions," said Capt. Robert Fishman who was appointed by Maj. Gen. Valentine A. Siefermann, adjutant general, as Hawaii's liaison officer for the inauguration.

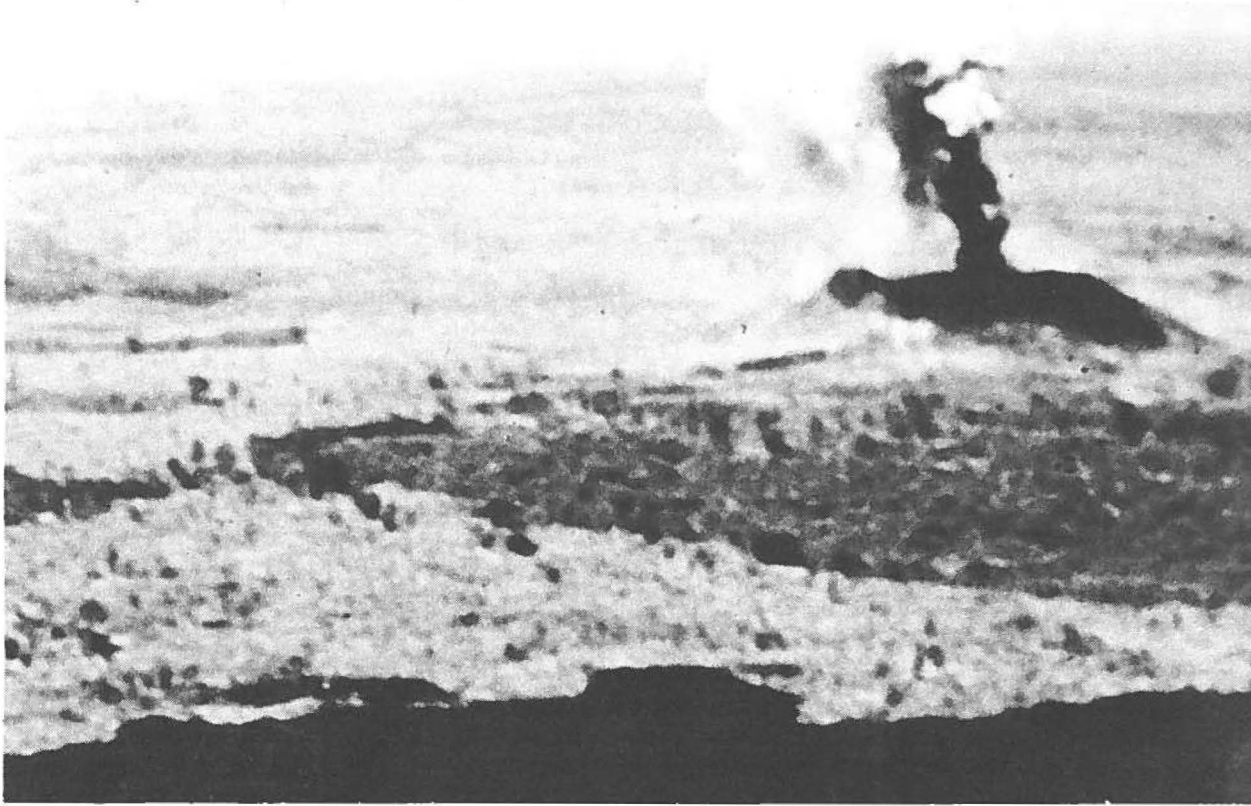
Enlisted bandleader, MSgt. William T. H. Yuen commented, "This occasion was one we've been look-

ing forward to for years. I feel any band would be proud and honored to be selected to perform in this parade."

The band played five marches along the two-mile route. The selections were specially arranged by one of the band members, Sp5 Dale Senaga, a professional musician.

See related story
Langsi—page 8

Civil Defense tests lava diversion methods



THE BOMBING (TOP) AND AFTER-EFFECT (BOTTOM) INSPECTION.



by 1st Lt. Gail Warok
Editor

State Civil Defense is involved in a number of interesting projects as part of its preparedness for natural disasters. One of these is the coordination of plans and experiments to slow, turn or stop possible lava flow which could threaten the city of Hilo, Hawaii. It has been predicted by the Hawaiian Volcano Observatory that such a flow may occur by mid 1978.

Basically, State CD is responsible for coordinating with all Federal and local military agencies in its attempt to safeguard the local community against this danger.

In May of last year, part of this project took the form of experiments with explosives for diverting lava flow. The testing was carried out by a team of Army combat engineers from the 25th Infantry Division. They conducted a week-long series of explosive charges detonated in various types of lava above the 7,000-foot level on the 13,680-foot Mauna Loa mountain.

Explosives weighing 40 to 240 pounds were placed in lava flows, spatter cones, lava levees and lava tubes.

The 47 charges were exploded at depths from three to eight feet in lava flows, against 10-foot spatter cones and levee walls, and against 10-foot lava tube ceilings.

The rationale for the use of explosives is that any diversion of hot lava near its vent is good because dispersal allows cooling, and cooling slows the flow. Also charges in or ahead of lava flows may be useful in creating new channels, lava dikes, or lava lakes.

Explosives against lava tubes at high elevations offer much potential also. Lava tubes which channel lava flows for miles under still surfaces, can keep the lava hot and flowing unimpeded. By collapsing these tubes, there is the effect of rubble stopping or changing the force of the flow, as well as dispersing the lava into the air to solidify.

Ground placed explosives and also aerial drops of explosives (with coordination of the U.S. Air Force) were tested on separate occasions. Data from the Army and Air Force tests were all turned over to the State of Hawaii.

Other possible methods of slowing and/or diverting lava flow are being considered. Construction of dikes and dams at certain midpoint sites are being studied by the Corps of Engineers, Pacific Ocean Division in Honolulu.

The use of water to cool approaching lava is another possibility under investigation. Yet, this does not appear very feasible to pump water to lava eruption points that would be up to 30 miles from the sea. The availability of the huge pumps that would be needed is being discussed with the U.S. Navy and the U.S. Air Force.

At any rate, it is reassuring to know that plans are in progress to increase protection of a segment of our population in the event of a natural disaster.

Moriguchi takes command of 150th AC&W

by 1st Lt. Norman Nitta
IO, 150th ACW Sq

Lieutenant Colonel Raymond J. Moriguchi, 46, was appointed commander of the 150th Aircraft Control and Warning Squadron, Kokee Air Force Station, on Nov. 22, 1976.

Moriguchi succeeds Lt. Col. DeWitt C. Bye, who will be transferring to the Retired Reserves. Bye will make his new home in Texas around March or April.

Moriguchi was previously the officer-in-charge of radar operations at the Kokee AFS. The vacated position is now occupied by Lt. Col. Owen Ota.

Moriguchi has spent three and a half years in the U.S. Air Force as a radar observer in the F-94C Starfire. He was assigned to the 48th Fighter Interceptor Squadron at Langley AFB, Virginia.

Originally from Honolulu, Moriguchi earned his business degree at the University of Hawaii. He also



Lt. Col. Raymond J. Moriguchi

did graduate work at George Washington University. He currently is studying for an associate degree in Police Science at the Kauai Community College.

Moriguchi has been actively involved with the community. He has served as past president of the Waimea Heights Association, Waimea Intermediate School PTA, and the West Kauai Lions Club. He is currently the second vice president of the Waimea Betterment Association.

A resident of Waimea Heights, Moriguchi resides with his wife, Frances, and daughters Cheryl, Jill and Donna. His son, Jaime, is a senior studying medicine at Stanford University.

PUPUKAHI

Published by the Department of Defense

Maj. Gen. VALENTINE A. SIEFERMANN
ADJUTANT GENERAL OF HAWAII

1st Lt. GAIL WAROK
EDITOR

1st Lt. GREGG KAKESAKO
117th PID (HARNG)
ASSOCIATE EDITOR

Sp5 DENNIS FUJII
ASSOCIATE EDITOR

Pupukahi is an authorized unofficial publication of the State of Hawaii's Department of Defense. It is distributed free to all members of the Department, including Army and Air Guardsmen, and to other interested people. Views expressed in this publication are not necessarily those of the Department.

Published at Ft. Ruger, Hawaii 96816

487th Field Artillery: Serving the community yet still keeping high training standards



AIRBORNE WITH THE 105MM HOWITZER (photo by SSgt. Wayne Iha)

With help from their military counterparts in the 25th Infantry Division, 50 Army National Guardsmen of the 487th Field Artillery Battalion participated in an airmobile exercise at Schofield Barracks' East Range in Leeward Oahu.

The purpose of the joint Army and Hawaii Army National Guard exercise was to move men and equipment under simulated battlefield conditions.

The 25th Infantry Division's Chinook helicopters helped lift 50 men and five howitzers in seven loads.

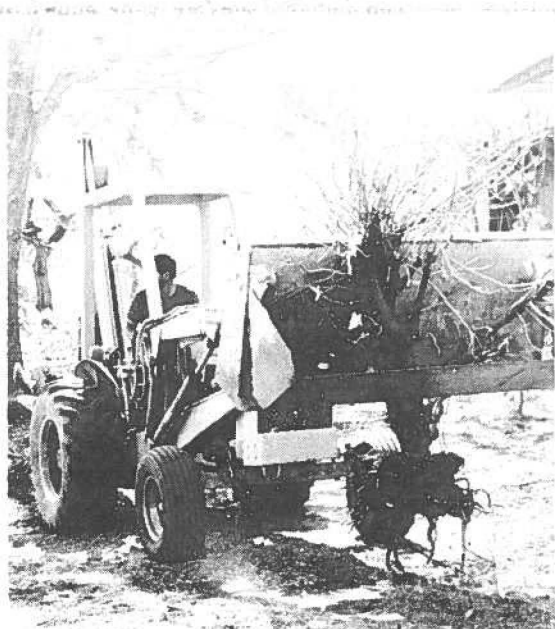
As part of the 29th Infantry Brigade, the guardsmen, when called to active duty, would become the third brigade under the regular Army's Roundout Program.

After the 105mm howitzers were airlifted and moved into position, the Hawaii Army National Guard's artillery battalion prepared to fire the weapons in a later exercise.

This exercise was aimed at improving the mobility of the Army Guard's artillery unit and giving the guardsmen realistic and meaningful training.



WAITING FOR THE BIG HOOK-UP (photo by SSgt. Wayne Iha)



NOTHING WAS TOO BIG OR TOO SMALL THAT DAY (photo by 1st Lt. Gail Warok)

"We're citizens helping our fellow citizen," summarized the feelings of the men from the 487th Field Artillery Battalion as they undertook their latest community service project.

Volunteers from the 487th, on their own time, helped clear and clean the area surrounding the site for the future live-in training center of the Fort Ruger Center, Hawaii Association for Retarded Citizens.

The site, located at the corner of Diamond Head Road and the road leading into Diamond Head Crater, will house adults between the ages of 30 and 40.

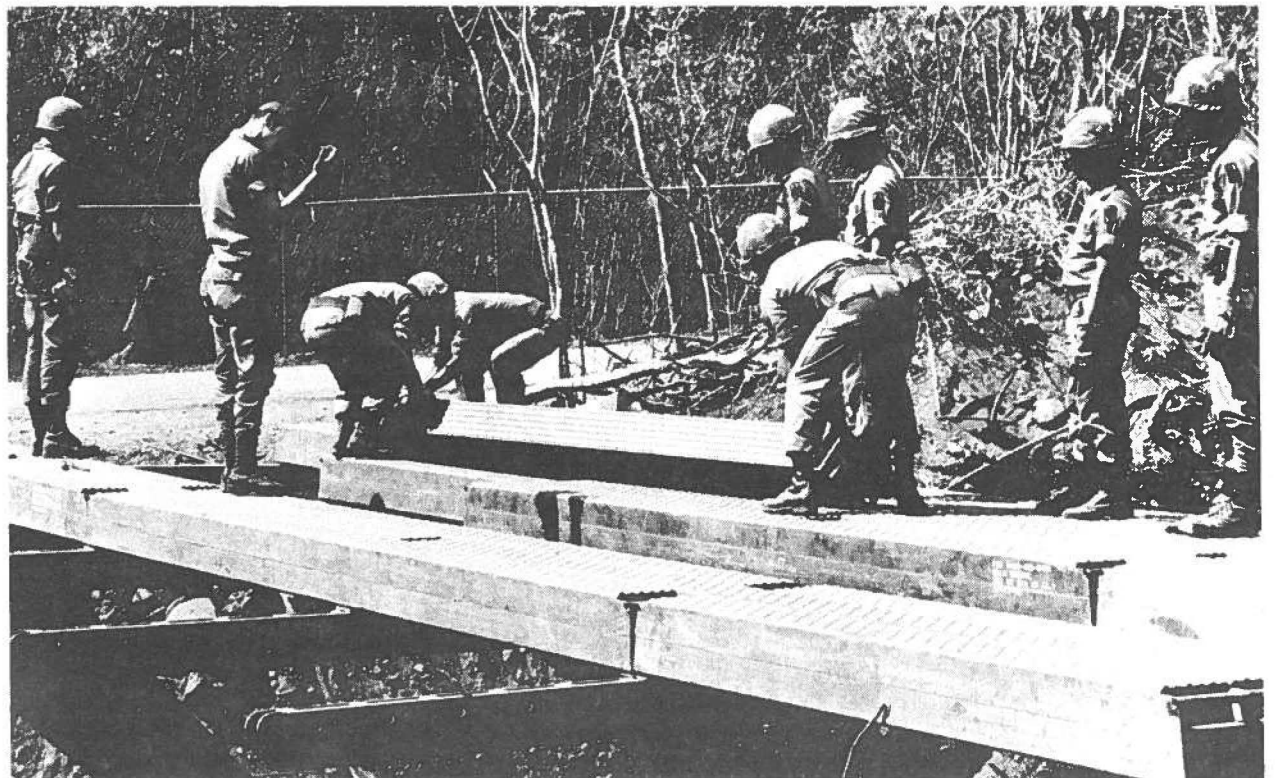
"I don't know how to thank the Guard for all the help they have given our center," said Suzannah Chung, director for the Fort Ruger Center. "Besides hosting our center for an annual Christmas party, the 487th volunteered to help us when we asked for their help this time."

The officers and men of the 487th picked up their rakes and sickles and began their work at 9 a.m.

As the noon hour approached, the volunteers were served lunch provided by the 487th's officers' association.

227th ENG AT WORK

Members of the 227th Eng. Co. pitch in to lift into place a balk. The construction M4T6 Dry Span Bridge was one of only three bridge projects which the 227th was constructing simultaneously.



Two Kauai Air guardsmen receive awards

by 1st Lt. Norman Nitta
IO, 150th ACW Sq

SSgt's Lawrence A. Rego and Eugenio H. Soto were recently awarded the 150th Aircraft Control and Warning Squadron's (ACW Sq) HOKU HOU and HOKU Awards, respectively. These squadron awards were established to recognize an individual's initiative, leadership, and personal effort during a six-month period.

SSgt. Rego is an ACW Radar repairman at the Kokee Air Force Station (AFS) and is from Koloa. He enlisted in the 150th ACW Sq in 1975 after getting his discharge from the United States Air Force (USAF). Since joining the squadron, Rego has been to Wallace Air Force Base (AFB) in the Philippines to provide maintenance and training to the regular Air Force personnel. He also has been on temporary duty at the Kokee AFS to augment the regular technician force there.

Rego's supervisor, MSgt. Ben Pescador, states that "his proficiency and experience are valuable assets to the radar maintenance shop," and that "he has the ability to work with anyone and shows an extremely high degree of the 'can do' spirit." Rego's goal is to become a better qualified radar repairman and to become a career guardsman. He has been nominated for the National Guard Bureau's (NGB) Outstanding Airman Program—1977.

Turn to page 5



SSgt. Lawrence A. Rego



SSgt. Eugenio H. Soto

Hawaii guardsman honored by Chief, NGB



SFC Harold K. Pukahi was the Outstanding Recruiter for the State during Fiscal Year 1976. He recruited 135 personnel. Pukahi was awarded the Chief's 50 Award by the chief of the National Guard Bureau, Maj. Gen. La Vern E. Weber. The award ceremony was held in Washington, D.C.

How the Equal Opportunity Program affects you



Maj. Ronald J. Silva

by Maj. Ronald Silva
State Equal Opportunity Officer

(This is the first of a series of EEO articles to be appearing in the PUPUKAHI.)

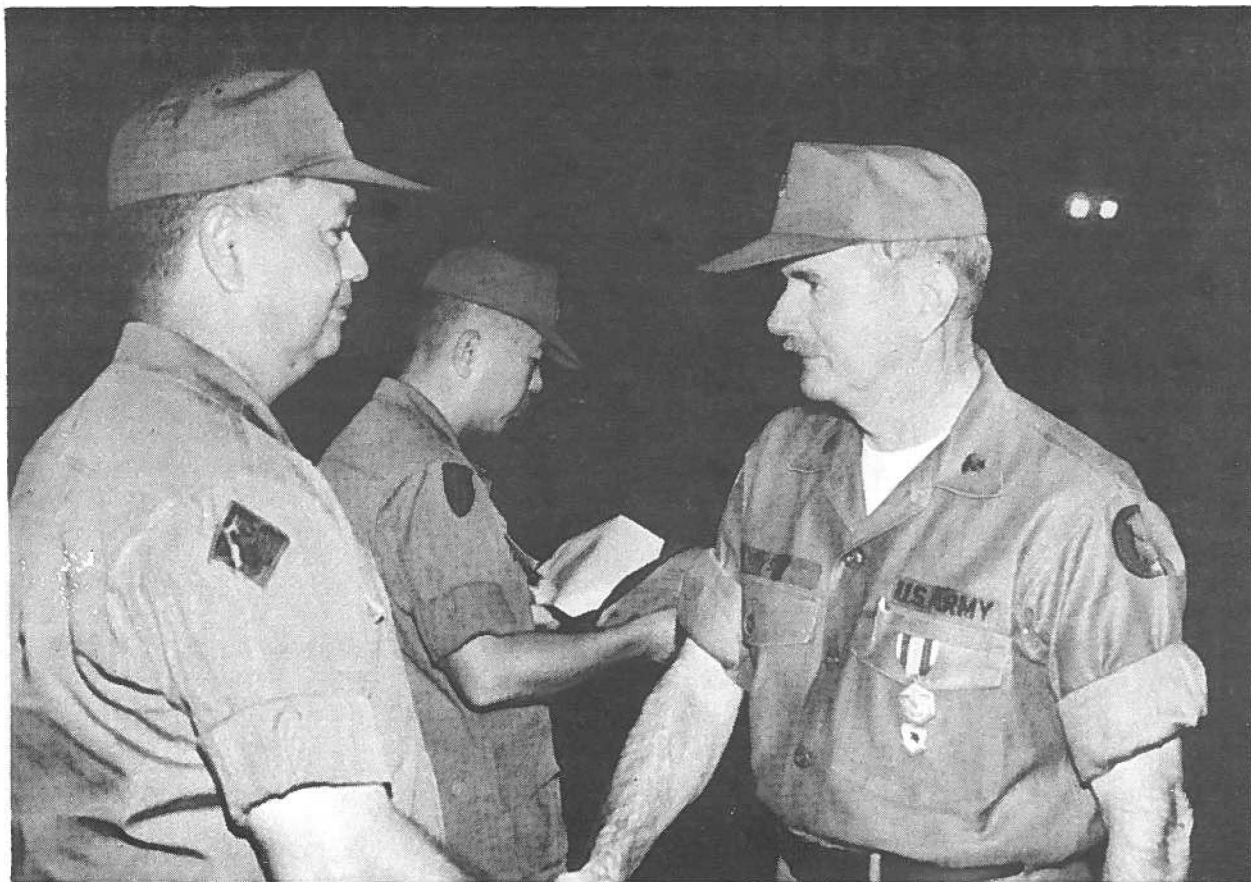
Public law and executive orders have prescribed that both employees of the Federal Government and members of the military organizations of the United States should be made aware of certain aspects of social and human relations. Therefore, the Hawaii Army National Guard has established a Human Relations/Equal Opportunity Program. Similarly, the Hawaii Air National Guard has established its Social Actions Program to enhance our awareness of equal opportunity and treatment.

This article is intended to tell you about the Equal Opportunity Program in the National Guard... why it exists... what are some of the goals and objectives to be accomplished... what are some of the policies of the Department of Defense in this area.

The National Guard is a potent force in the total defense structure of the United States. Each unit, however small or large, has a specific mission to accomplish in the event of mobilization. Each individual needs to be as free of non-productive influences as possible. **Unfriendly antagonism** caused by racial/ethnic conflicts could destructively influence mission accomplishment. So, we must make every effort to minimize the potential effects of the unknown, internal enemy of racial or ethnic discord through the awareness and support of equal opportunity and treatment.

Maintaining standards of performance, conduct and bearing in an environment void of the debilitating effects of open prejudice is no small task for commanders. It requires better communication between members of the Guard, an active educational program, and the total support and commitment of all commanders at all levels of command.

Turn to page 6



Lt. Col. Kerwin R. Keys (right) recipient of the Army Commendation Medal, is congratulated by Col. Alexis Lum, commander, Headquarters Installation Command.

Soto wins Hoku Award

Continued from page 4

SSgt. Eugenio H. Soto received the HOKU Award for the second half of 1976 for his outstanding performance at the Kokee AFS. Soto, from Kalaheo, is a security police specialist. Prior to enlisting in the 150th, he served in the USAF, USAF Reserves and the Hawaii Army National Guard.

A high level of job performance and knowledge has earned Soto this award. He has assisted in the training program of less experienced airmen, conducted close-order drills, and handled security problems without question. He is a leader of a security alert team, the primary small arms custodian, and the security police primary armorer. Security Police Officer In Charge, Capt. Myron Dobashi, has commended Soto for his initiative taken in improving the security program at the Kokee AFS.

Soto is employed by Dynalectron Corporation at Barking Sands as a senior craftsman in the transportation section. He is involved with the Kauai Pop Warner League, the Koloa Lions Club, and the Kalaheo Boy Scouts.

NCO Honor Graduates receive promotions

by 1st Lt. Gregg Kakesako
Associate Editor

Commencement exercises were held Feb. 13 for 27 graduates of the Hawaii Army National Guard's Non-Commissioned Officers (NCO) Academy.

The top honor graduate was Sgt. Harry C. Miller, Jr. of the 487th Field Artillery. He received the Adjutant General's Award for his outstanding performance and academic excellence.

Also singled out for their outstanding performances were Sp5's Lloyd G. Kurashima and Paul M. Imada, both of the 117th Public Information Detachment, and Alton S. Arakaki from the 297th Supply and Service Battalion.

"In addition to the honors bestowed on the top four graduates during the ceremony, each of the individuals were further recognized with an accelerated promotion," said Lt. Col. Alvin S. Cabrinha, Academy commandant.

The distinguished graduates were awarded their new stripes during the graduation ceremonies held at the 487th Field Artillery's gymnasium, located on 22nd Avenue in Kaimuki.



A BIG CONGRATULATORY KISS—Sgt. Dwight Lee, 411th Eng. Bn. from the Army Reserve, receives a hug from a well wisher.



THE TOP FOUR GRADUATES PLUS ONE—(Bottom row from left) Sp5 Paul Imada, Sp5 Lloyd Kurashima, (top row from left) Sp4 Clifford Birgado, Sgt. Harry Miller, and Sp5 Alton Arakaki.

"Participants in the program spent six weeks consisting of 138 hours of demanding training in advanced military sciences," Cabrinha said.

"The curriculum includes courses in weaponry, tactics, administration, supply, map reading, methods of instruction, drill and ceremony, and leadership," he said.

For the first time since the Academy has been in existence, U.S. Army Reservists participated in the six-month course held at the Guard's Academy located near Koko Head Crater.

Five Army Reservists were among the 27 graduates.

The Most Improved Student Award, presented by the Guard's Enlisted Men's Association, went to Sp4 Clifford A. Birgado of the U.S. Army Reserve's 411th Engineer Battalion.

Maj. Gen. Valentine A. Siefermann, adjutant general of the State of Hawaii, in his address, commended the 27 graduates for their enthusiasm and perseverance.

Among the other distinguished guests attending the graduation ceremonies was Brig. Gen. Forrest C. Murphy, Jr., commanding general of the U.S. Army Reserve.

The ceremony marked the fourteenth graduation exercise for the Hawaii Army National Guard's NCO Academy.

The next NCO Academy class, which will begin March 18, will be the first with female applicants. Good luck, ladies!

Equal Opportunity

Continued from page 4

The policy of the Hawaii National Guard is to operate in a manner which is free from discrimination and which provides equal opportunity and treatment for all members regardless of their color, creed, race, national origin or sex, yet consistent with requirements of physical capabilities. Discrimination by act or inference will not be tolerated.

The Human Relations/Equal Opportunity Office exists to eliminate or minimize the potential for problems created by racial disharmony and the lack of equal opportunity and treatment. For technicians, the department's annual EEO affirmative actions plan outlines goals and establishes timetables for civil service-related objectives. This annual plan tasks supervisors and managers to accomplish desired equal opportunity goals so that each technician gets a "fair shake" and good personnel management practices are fostered. There is a complaint process provided for all technicians by law. The EEO counselor acts as the frontline of defense fielding any equal opportunity-related problem, attempting to resolve it at the lowest level possible.

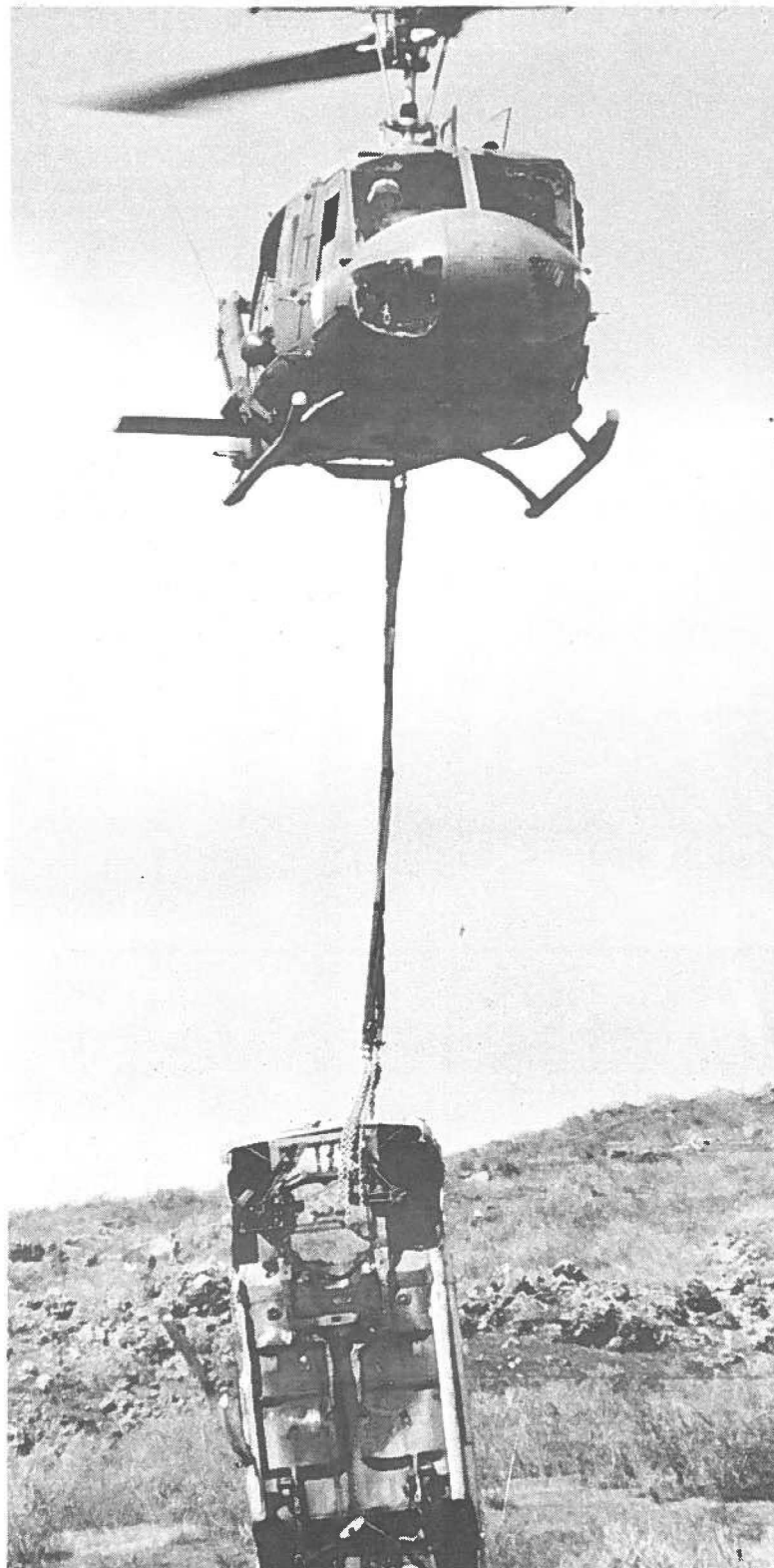
A technician or an applicant for employment who feels there has been discrimination based on race, color, creed, sex, national origin or age **must** first discuss his or her problem with a designated equal employment opportunity counselor. This must be done within 30 **calendar** days of the date of the alleged discrimination or, if a personnel action, within 30 **calendar** days of the effective date of the action. An interview will be conducted by the counselor to find an acceptable solution to the matter. There will be 21 **calendar** days permitted to attempt an informal settlement. If no settlement can be made, the complainant will be advised of the right to file a formal complaint at any time thereafter, up to 15 **calendar** days from the date of the final counseling interview.

At this point, the adjutant general or his designee, the State equal opportunity officer, will attempt an informal resolution of the problem with the complainant. If the informal resolution is not acceptable, the State will acknowledge in writing that the "formal complaint" is accepted. Once accepted, the National Guard Bureau-Equal Opportunity Branch (NGB-EO) is asked to provide an investigator to conduct a clear and unbiased inquiry. The resulting report is transmitted from the chief, NGB, to the concerned adjutant general, who shall provide the complainant the opportunity for adjustment of the problem. If the complainant accepts the resolution of the complaint, it is done so, in writing, and the case is closed. Should the technician still not be satisfied, he may request, in writing, a hearing with subsequent decision by the chief, NGB. A complaint examiner then conducts a hearing to make recommendations. Based upon this hearing, the chief, NGB, makes a decision and transmits it to the State adjutant general. If an adjustment of the complaint still does not satisfy the complainant, he or she is further entitled to appeal to the U.S. Civil Service Commission's Appeals and Review Board.

Thus, the National Guard Bureau does provide for a fair, prompt and impartial method of processing complaints of its technicians to insure that every avenue is explored in its desire to engender non-discrimination within its ranks.

(Next article: The RR/EO and Social Actions Programs.)

Army Guard aviators train on Maui Isle



Two UH-1H Huey helicopters, accompanied by 21 Guard pilots and ground crew members, recently trained at the Kanio ranges on Maui. (photo by Capt. Charles Lindsey)

NCO's are committed to training

by Sp4 Sandra Mascoto
117th PID Staff Writer

The Sergeant Major of the Army, William C. Bainbridge, is concerned about the men and women in the Army today. Though there has been some criticism of the "All Volunteer Army," Bainbridge feels that today's soldier is the best yet.

"Today's non-commissioned officer is the very best our Army has ever seen. Our NCO's today are more mature, more aggressive, confident, highly motivated and mission oriented," he said in a recent Department of the Army publication.

Similar enthusiasm about Hawaii Army National Guard NCO's is expressed by Command Sergeant Major William C. K. Mahaulu, HARNG's top NCO.

"Although the National Guard only drills on weekends, our NCO's are totally committed to their training and are professionals in the true sense," commented Mahaulu. "Our people are not afraid to work when the work has to get done, and this spirit is a valuable contribution to the Guard."

Mahaulu, the former first sergeant of Company C, 329th Supply and Transportation, has been a guardsman for 26 years. He is presently with Headquarters and Headquarters Detachment, Hawaii Army National Guard.

Recently promoted to the rank of command sergeant major, Mahaulu was one of 37 applicants out of 68 nominees nationwide to be approved by the National Guard Bureau.

A supervisor with the Navy printing office in the Microfilm Reproduction Section at Pearl Harbor, Mahaulu lives in Waipio with his wife, Rhoda, and their family.



CSM William C. K. Mahaulu

Guard needs recruits

Recruiting is the name of the game for both the Army and Air Guard. It is important to get good, capable people into our organizations.

In order to do this, the Army Guard is presently involved in an all-out, intensive recruiting drive. The drive began Feb. 22 and will continue until March 14. Teams of recruiters are working into the night, telephoning high school students to interest them in the Guard.

The Air Guard has similar objectives, and is sponsoring a recruiting competition, "The Sky's the Limit," beginning April 1 and ending Sept. 30. They will be awarding monetary prizes to recruiters and recruiting teams.

Every guardsman is asked to go out and recruit at least one person into the Guard. Do your part!

Guard WSO receives "Top Gun" Award

by Maj. Gar Pillgrim

IO, 199th Tactical Fighter Squadron

Capt. William A. Jelks, a recent addition to the weapon system officers (WSO) of the 199th Tactical Fighter Squadron (TFS), received the "Top Gun" Award during the January drill weekend.

Jelks, the "perfect bombardier," earned the award during his last six months on active duty with the United States Air Force in Europe (USAFE).

He outscored 50 fellow F-4 aircrew mates in bombing reliability and was the only man in his wing, the 52d Tactical Fighter Wing (TFW), to achieve 100 percent strike reliability Jan. 1 through June 30, 1976.

The 52d TFW, located at Spangdahlem Air Base, Germany, is comprised of two smaller units, the 81st TFS (Jelks's home unit) and the 23d TFS.

Flying F-4C's on gunnery and bombing ranges in Germany, the Netherlands, Belgium and Spain, Jelks out bombed all of his squadron mates plus those in the 23d TFS as well. The 23d flies the F-4D model Phantom, which has a newer, more sophisticated bombing system than the "C" model.

The USAFE "Top Gun" Award is presented semi-annually to the WSO who achieves the highest training reliability on three types of bombing runs: 1) radar laydown; 2) low angle drogue delivery (a kind of pop-up and "lofting" of the weapon in a trajectory toward the target while the fighter recovers and flies away); and 3) radar bomb scoring (electronically-simulated attack).

Jelks did this while flying a variety of day and night attack training missions in both visual and instrument flight conditions at altitudes ranging from 6500 ft. down to 100 ft.

In addition to the "Top Gun" Award, Jelks received the Commander's Recognition Certificate from Maj. Gen. Benjamin Bellis, commander of the 17th Air Force, Sembach, Germany. This certificate was presented for his achievements as one of Europe's top wing strike/attack WSO's for the same six-month period.



REACHING OUT—Capt. Bill Jelks reaches to adjust his rear vision mirror just before a mission.

TOW Missile System: Army guardsmen qualify as instructors for weekend drills



GOT THAT TANK IN SIGHT—Sp4 Calvin Grace, Det. 1, Combat Support Company from the Big Island, takes a visual sighting of his moving target.

"The 'Can Do' attitude of our gunners and outstanding assistance by the 25th Infantry Division assure a successful TOW program," remarked Col. John E. Aiona, Jr., 29th Infantry Brigade commander.

Eighteen members from the Combat Support Companies, 1st and 2d Battalions, participated in a TOW Cadre Training course Feb. 7-13, at Wheeler AFB, Oahu.

The TOW Missile System, the Army's latest anti-tank weapon, will be added to the 29th Infantry Brigade's inventory in March.

The course, conducted by the 25th Infantry Division, qualified the guardsmen to use the new weapon and to instruct others in its use.

The objective of this training was to provide instructors capable of training National Guard personnel on drill weekends in the use of the weapon.



QUALIFYING DOWN THE LINE—Members of Det. 1, Combat Support Company from the Big Island and Combat Support Company from the 1st Bn. trained during the week to qualify with the new TOW missile system.

Spotlight

...about people and events

by Sp5 Dennis Fujii

ONE PADDLE, TWO PADDLES... The Hawaii Air National Guard is planning to organize a canoe club. They are looking for people, men and women, who are just waiting to get into something different... paddling the "All Air Guard" canoe. There will be a special meeting to come up with ideas on how to raise money needed to finance the project. The meeting will be held March 6, at 2 p.m., in the 199th TFS briefing room. For further information, contact 2nd Lt. Wayne Wakeman at the 199th TFS... I understand that there will be a challenge made to HARNG to do something like this... is that a challenge, HARNG, or isn't it?

★★★★

KUKAILIMOKU PLAYS CUPID... the 154th TFG's monthly newsletter can be credited with the starting of a romance between two members of the Air Guard. Sgt. Donna E. Culnan, a weather specialist with the 199th WF and SSgt. Gary K.L. Von, an aircraft mechanic with the 154th CAMRON, are the two members mentioned above.

In the Nov. 1975 issue of KUKAILIMOKU, Donna was recognized with the HANG Airman Award. Also in that article, it was mentioned that tickets could be obtained through her for a musical. Gary called for tickets. Since then Cupid has been doing his thing... on Valentine's Day, 1976, they were engaged... then they finally tied the knot and were married on Dec. 26, 1976... the happy ending for a new beginning.

★★★★

ATTENTION ALL AIR AND ARMY GUARDS-WOMEN... are you a swinger???... a swinger who is willing to hit a few home runs in an inter-service softball league??? You're just the person SrA Aurora Lee, 201st CCG, is looking for. For further information, contact her at the Group.



AWARDS AND MORE AWARDS... the following individuals have received the following awards:

The HNG Service Medal—25 Year Service Bar
SSgt. Frank H. Murakami, 293d Svc. Co.

The HNG Service Medal—20 Year Service Bar
SFC Clarence Kookala, 298th Eng. Det.

SSgt. Benjamin Almadova, HHD, HARNG
The HNG Service Medal—15 Year Service Bar

SSgt. Earl S. Iwata, 293d Svc. Co.
Sp6 Richard S. Gima, 293d Svc. Co.

The HNG Service Medal
Sp5 James R. Solomon, Det. 1, Spt. Co., 1st Bn.

The Guard wishes to thank you for all those years of honorable and faithful service. We wish you continued good health and keep making the Guard even better.

Next issue:

HARNG's reply to HANG's canoe challenge!!!

ASSOCIATION BANQUET... The Hawaii Department of Defense Employees' Association (HDODEA) will be holding its annual banquet meeting on March 25. For an evening of fun, topped off by a nine course dinner, free to HDODEA members, contact TSgt. Oscar Nakamura, 154th CSS, HANG, or MSgt. Wally Inouye, HHD, HARNG.

★★★★

MONEY!... MONEY!... MONEY!... SMSgt. Darryl D.J.R. Ho, and TSgt. James H. Suzuki, both from 154th TFG, SFC Nobuichi L. Hamada, HHC, 297th Sup & Svc Bn, SFC (Ret.) Thomas A. Kida and SFC Robert C. Fukuhara, both from CSMS #1, have all received monetary awards, the Sustained Superior Performance Award, for their outstanding performances in duties critical to the total job... **OTHER MEMBERS IN THE MONEY...** SMSgt. Cornwall K.S. Matsusaka, HQ, HANG, and MSgt. Ronald C. Fukuhara, CSMS #1, have received monetary awards for their suggestions to improve the safety or conditions at work... **AND STILL MORE MONEY...** MSgt. Howard A. Okita and TSgt. Herbert M. Funasaki, both from the 154th TFG, have received a Quality Salary Increase for work performance which substantially exceeded the requirements of their positions... **THE TAXMAN COMETH...** And on a final note... TSgt. Melvin M. Ige, 154th CAMRON, received a Letter of Appreciation for his suggestion to have HANG personnel perform key punching services... Congratulations to all!!!

★★★★

FIRST ANNIVERSARY... This issue marks the big NUMERO UNO for Spotlight... and during the first year, many of our friends have received special recognition... this year I'll be trying even harder to recognize everyone whose service and dedication to the Department makes the Hawaii National Guard... **OUR NATIONAL GUARD!!!**

Langsi heads Royal Guard troop in Washington, D.C.

by Maj. David F. Howard
201st Combat Communications Squadron

MSgt. David P. Langsi, 201st Combat Communications Squadron, HANG, was in charge of the color guard that represented the State of Hawaii at Jimmy Carter's Inaugural Parade. All four members of the color guard were Hawaii Air National Guardsmen of Hawaiian ancestry, who belong to the ceremonial Royal Guard.

Langsi also participated in the inaugural parades for Presidents Johnson and Nixon, and stated that this year's weather was the worst. "It was so cold," he said, "I had to wear two sets of 'long-johns' to remain warm during the parade." That sounds pretty cold, doesn't it?

The parade route was actually five miles long for those who marched. First aid stations were available at numerous points along the route to care for the participants who had to drop out. Yet, the Royal Guard had no problems.

When they arrived at Dulles Airport in Virginia, they were met by Senator Sparky Matsunaga. Later, after touring the city, they met Senator Daniel Inouye and Representative Dan Akaka and Mrs. Patsy Mink. Langsi and the other guardsmen were made to feel right at home by the Congressmen.

The highlight of the trip, however, was their attendance at the Inaugural Ball held in the Smithsonian Institute—one of seven attended by President Carter.

"All in all," Langsi said, "it was a very thrilling experience, and we were proud to represent Hawaii."



Royal Guardsmen (from left to right), SSgt. James N. Pahukula, TSgt. Randall K. H. Lum, MSgt. David P. Langsi, and TSgt. Ronald Cozo, march proudly in Inaugural Parade.

What You Should Know



About Heart Attacks

An estimated 4,050,000 Americans have coronary disease, and 650,000 will probably die from heart attacks this year. Many thousands of these could be saved if the victims know and heed the body's warning signals.

The Signals of Heart Attack:

- Uncomfortable pressure, fullness, squeezing or pain in the center of chest lasting two minutes or more.
- Pain may spread to shoulders, neck or arms.
- Severe pain, dizziness, fainting, sweating, nausea or shortness of breath may also occur. Sharp, stabbing twinges of pain are usually not signals of heart attack.

Emergency Action:

If you are having such chest discomfort which lasts for two minutes or more, call your physician immediately. If you can get to a hospital faster by car, have someone drive you.

Be A Heart Saver:

If you are with someone who is having the "signals," and if they last for two minutes or longer, act at once.

- Call the emergency rescue service, or
- Get to the nearest hospital emergency room;
- Give mouth-to-mouth breathing and chest compression (CPR) if it is necessary and you are properly trained.