

KUKA'ILIMOKU

154th WING HAWAII AIR NATIONAL GUARD | JOINT BASE PEARL HARBOR-HICKAM



Inside KUKA'ILIMOKU

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Articles:

- Articles range from 200 to 2,000 words. All articles should be accompanied by multiple high-resolution images.
- Include first names, last names and military ranks. Always verify spelling.
- Spell out acronyms, abbreviations and full unit designations on first reference.

Photographs:

- Highest resolution possible: MB files, not KB.
- No retouched photos, no special effects.
- Include the photographer's name and rank, and a caption: what is happening in the photo, who is pictured and the date and location.

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Strengthening our force by developing Airmen into effective leaders



Message from COMMAND

Knowledge is Power, Application is “Empower-MEANT”

by **Master Sgt. PRISCILLA K. CALUYA**

This title is a “play on words” you may have heard in association to the intentional development, meaningful mentorship, or leadership building amongst the ranks. How do you gain knowledge thereby feeling empowered to apply what you’ve learned? Do you feel empowered with that newfound knowledge, and more importantly, what are you doing to empower others?

I enlisted into the United States Air Force, Hawaii Air National Guard, 154th Wing, Mission Support Group in 2002, and served a decade in the 154th Security Forces Squadron alongside my fellow Defenders. During that first year of my enlistment our squadron failed an Operational Readiness Inspection and spent many Unit Training Assemblies in preparation for a scheduled relook. The initial mood within the squadron was one I’ll never forget, and the dose of humility served as the main active ingredient to the remedy we would undergo thereafter.

As an Airman 1st Class, I sat amongst the audience through many leadership visits from neighboring squadrons voicing their support toward our success in overcoming our recent failure. One leadership visit in particular stood out to me, because not only were we provided words of comfort in hopes of lifting our spirits, but given tangible information and an opportunity to see this failure as a way to move forward. This was the first time I had been introduced to the concept of “Failing Forward” by Dr. John C. Maxwell, a well-known author on leadership development. Command Chief Master Sergeant Denise Jelinski-Hall (retired) deliberately communicated the need for us to seek self-improvement beyond that of which we already knew. I found myself engrossed in the pages of the book to the point of exhaustion, as the renewal of my mind attempted to wrap itself around the

idea of redefining failure and success. Armed with this information I felt a strong sense of duty to share it amongst the rank in file, resulting in peer-to-peer mentorship for those who were able, ready, and willing to grow beyond failure. Someone once told me, “The person with the most information DOES NOT win” because we are all in this together and in order to truly thrive and not just survive, we must share our knowledge and experience with one another. Our squadron got through this very tough time in our proud history and went on to deploying in support of many overseas contingencies. It took our failure of the ORI to seize the positive benefits of a negative experience and we now have the mental stretch marks a.k.a. “resiliency” as part of our muscle memory.

Whether you’re in your first, second, third enlistment or contemplating separation to implement your exit plan, take notice of those around you and ask yourself, “Do I empower others?” It’s never too late to make a difference in someone’s life and no matter the past failures or successions, I believe life is designed to make us better and not bitter, when we apply our knowledge in service to others.



Master Sergeant Priscilla K. Caluya serves as the First Sergeant assigned to the 154th Logistics Readiness Squadron located on Joint Base Pearl Harbor-Hickam, Hawaii. She tackles all matters regarding the welfare, readiness, morale, as appropriate, in addition to the advancement of the enlisted force.

Master Sergeant Caluya enlisted into the 154th Hawaii Air National Guard in 2002 and graduated from the Security Forces course at San Antonio, TX, in April 2004. She is also the Operations Manager for the Hawaii National Guard Counterdrug Support Program. Master Sergeant Caluya deployed in support of OPERATION IRAQI/ENDURING FREEDOM and served overseas in the Netherlands Antilles.



Hawaiian Raptors say goodbye to one of their own

Story and Photos by **154th Wing Public Affairs Staff**

10/08/2016 – **JOINT BASE PEARL HARBOR-HICKAM, Hawaii** -- With an F-22 Raptor serving as a backdrop, members of the Hawaiian Raptors, and family and friends gathered at the Daniel K. Inouye Fighter Squadron Ops and Maintenance facility to say goodbye to a husband, father, and friend.

Capt. Jeffrey “Bull” Braden was an active duty F-22 pilot with 15th Wing and member of the 19/199th Fighter Squadron – a TFI [Total Force Intergration] unit collectively known as the Hawaiian Raptors.

Braden passed away Sept. 23 while on TDY in Guam where he had been part of the Hawaiian Raptor detachment participating in Exercise Valiant Shield.

“Capt. Braden was an outstanding officer, fighter pilot, and leader,” said Col. Keven Gordon, Commander, 15th Wing. “He will forever be our Air Force brother.”

A native of Texas, Braden attended

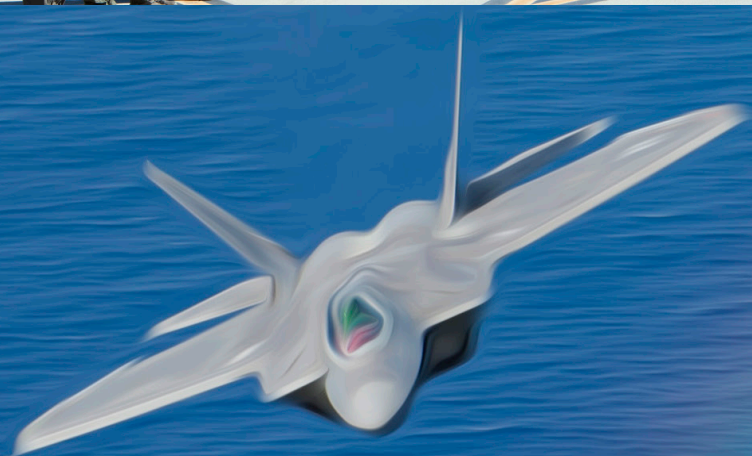
the United States Air Force Academy and commissioned in 2011. He was recognized as a Distinguished Graduate several times throughout Air Force pilot training.

While with the Hawaiian Raptors, he served as its Electronic Combat Pilot, Chief of Scheduling, and Mission Commander and flew combat mission in support of Operation Inherent Resolve.

His passing leaves the Hawaiian Raptors with a hole it will be hard-pressed to fill.

“Bull’s passing is a huge loss for the Air Force and the Hawaiian Raptors,” said the Hawaii Air National Guard’s Lt. Col. Kristof Sills. “He exuded a fighter pilot spirit unrivaled by anyone I have flown with in my career. He will be missed by all who knew him.”

Braden leaves behind his wife, the former Layne Smith of Waco, Texas, his daughter Makenzie, and unborn son Jeffrey Jr.



154th Security Forces Squadron volunteer at U.S. Vets

Story and Photos by **Airman 1st Class Stan Pak, 154th Wing Public Affairs**

KALAELOA, HAWAII – The Hawaii Air National Guard's 154th Security Forces Squadron prepared and served meals to U.S. Veterans at the U.S. Vets at Barber's Point on Oct. 8, 2016.

Members of the 154 SFS arrived at the U.S. Vets Barber's Point location at 6 am to begin breakfast set up for the veterans.

The whole meal was sponsored and prepared by the 154 SFS and the Key Ohana Team. Many members also brought items ranging from toiletries to non-perishable foods. The event concluded around 9 am.

U.S. Vets is the nation's largest nonprofit provider of comprehensive services to homeless and at-risk veterans.

They provide services such as counseling, job placement, case management, employment assistance, and drug and alcohol free housing. There are twenty residential sites and nine service centers across five states including Arizona, California, Nevada, Texas and Hawaii.



70 Years of Raising Up the HIANG

Story and Photos by **Master Sgt. JOHN TAPPER, 154th Wing Historian**

The first ten years, the birth and infancy of the HIANG, began when the HIANG was federally recognized on November 4, 1946. Through six different airframes, with moves from Honolulu Armory to Bellows and finally to Hickam, coming from the ending of WWII and the Korean War, the first decade of the HIANG ended in the Jet Age, as protectors of Hawaii, with round the clock active air defense starting 1 July 1956.

The next ten years of growth and growing pains included the reorganization of the HIANG into a headquarters with two Groups, the upgrade from the F-86 Sabrejet to the F-102 Delta Dagger and from the C-47 Gooney Bird to the C-54 Skymaster, the 154th Fighter Group's movement from Area 61 to their newly constructed hangar complex, and the start of the HIANG Royal Guard. In its first two decades, the HIANG had grown from 56 personnel to over a thousand.

The HIANG was just starting its twenties when the 201st Mobile Communications Squadron was activated at Battery Selfridge. The 201st grew quickly and deployed often, providing high visibility mission support such as Apollo 8, 9, and 10 from Samoa. The whole HIANG grew in fact, to well over 1,500 personnel by its 25th year. By that time the 201st had won numerous prestigious awards already. The HIANG was firmly in the communication business!

The next ten years, 1976 to 1986, featured the all-weather, long-range, supersonic, fighter-bombers - the F-4 Phantoms. And though the 204th AS was not yet born, the HIANG had started receiving C-130s, A-models, which were assigned to the 199th. Approaching middle age, the HIANG was pursuing more global missions to go with the Hawaii air defense priority. And after 40 years, the HIANG got it!

In 1987, at 40 years old, the HIANG

started flying F-15 Eagles, which would dominate Hawaii's skies for over 20 years. Five years later, the 203rd Air Refueling Squadron was activated and the HIANG received the KC-135 Stratotanker. A year after that, the 204th Airlift Squadron was activated and received the first C-130H Hercules. The HIANG was busy abroad with the Bosnian War and Gulf War, and at home with Hurricanes Val and Iniki, let alone the new aircraft and new missions.

The next decade, 1996 to 2006, the HIANG, all grown up, still maintained the same three, dependable, aircraft. At 55 years old, the HIANG was prepared for the worst attack on America soil since Pearl Harbor. On September 11, 2001, HIANG F-15s on alert were scrambled to escort all inbound commercial airliners. Afterward, the wars in Afghanistan and Iraq, Operation Enduring Freedom, Operation Noble Eagle... We were prepared.

Mature, experienced, and hardened, the HIANG started its sixties in November 2006 with the new C-17 Globemaster III. A decade of Total Force Integration had begun. After the active duty 535th Airlift Squadron integration with the 204 AS, the 96 ARS integrated with the 203ARS, and in 2010, the 19th Fighter Squadron integrated operations with the 199 FS, while the F-22 Raptors replaced the F-15 Eagle. The HIANG had gone stealth just in time to fight on two more fronts, ISIS and sequestration, battles still being hard won as the HIANG turns 70, November 4, 2016





An Interview with Chief Yoda

by Tech Sgt. ALISON BRUCE-MALDONADO, 154th Wing Public Affairs

We sat down with Chief Master Sgt. Kelvin Yoda, a 35 year guardsman with the 169th Air Defense Squadron to discuss his experience with the Hawaii Air National Guard.

Q When and why did you join the Hawaii Air National Guard?

A 17 Sep 1981, I had just finished 6 years of active duty with the Navy and didn't want those years to go to waste so I checked out the Hawaii Air National Guard to see what they had to offer and joined.

Q Is there a moment that stands out to you as your proudest moment to wear the uniform?

A When I had my induction ceremony for CMSgt and my parents and family were there in person to witness that.

Q How would you describe your 35 years of experience with the guard as it celebrates its 70 year anniversary?

A As a maintenance person - I've worked on 3 generations of the air defense system from equipment that was vacuum tubes to solid state technology to the current integrated circuits. Each time it was due to the growing air defense mission in Hawaii and the need for it in the Pacific. As an Airman - I've been able to see the various missions grow in the HIANG and as we grew so did the requirements that challenged us not only in our job but also in the demands for leadership and fitness. As a leader, over the years I've worked with the changing generations of Airmen who've joined the Guard and to watch them take on the challenges of the missions today is awesome.

Q Is there anything else you would like to add?

A It's an honor to serve with the men and women of the Hawaii Air National Guard and their enthusiasm and dedication sets the foundation for the challenges yet to come.



Maui Airmen and Soldiers team up to clear flood debris

Story and Photos by **Senior Airman ORLANDO CORPUZ, 154th Wing Public Affairs**

10/25/2016 – **JOINT BASE PEARL HARBOR-HICKAM, Hawaii** -- Hawaii Air and Army National Guard members based out of Maui teamed up to help clear debris from the Wailuku River Sept. 21-27.

To protect life, property, and infrastructure and to provide humanitarian assistance, Airmen from the HIANG's 292nd Combat Communications squadron and Soldiers from the HIARNG's 230th Engineering Company volunteered to remove the debris.

Debris settled in the Wailuku River following the heavy rains that besieged Maui on Sept. 13. Like the drain pipe blocked with too much waste, the debris that settled in the Wailuku River redirected the flow of water causing damage to the surrounding community.

Area residents were directly impacted or at risk of being affected as overflow from the river flooded homes and severely damaged state and county property and infrastructure.

"The situation when we responded was a high priority," said Chief Master Sgt. Charles Tomlinson, Plans and Resources Superintendent with the 292nd CBCS

and Air Guard liaison to Maui county emergency officials. "The area was at risk of [additional] flooding from even the slightest rainfall due to the changes in the river. This put several homes at risk as well as infrastructure in the area."

The Maui News reported that river flow during the height of the rainstorm was at three billion gallons a day; normal flow for the river is 150 million gallons a day.

The situation prompted Maui county officials to request assistance and Gov. Ige to issue an emergency proclamation.

Once on site, Hawaii National Guard Airmen and Soldiers along with a local trucking company, worked to clear debris from the river and transport green waste to a county landfill.

"The amount of devastation is hard to describe and pictures do not do it justice," Tomlinson said. "You would have had to see it first hand to really get a feel for it."

Domestic operations such as these illustrate the National Guard's dual mission. On one hand, National Guard Airmen and Soldiers serve their country as elements of the U.S. military. But unlike Active Duty



members, Guard members also have a responsibility to the state and communities they serve in. State governors or the President of the United States can call on the Guard in a moment's notice.

"The experience enhanced and validated the existing Maui county procedures for inter-agency relief efforts in support of natural disasters," said Sgt. 1st Class Brandon Cabanila, a readiness non-commissioned officer for the 230th Engineering Company and Army Guard liaison to Maui county emergency officials.

"State active duty missions such as these demonstrate to the community that the National Guard [members] are truly citizen Soldiers who can be counted on during time of need for their local communities," Cabanila said.

According to Tomlinson, the event provided a valuable learning experience for the Soldiers and Airmen involved.

"Since this was not what we normally train for—we are a communications squadron, it was a learning experience for all," Tomlinson said. "This was the first time being activated in support of the state mission for many of the individuals as well as the first time being involved in a joint Army/Air operation."

Stats indicate that 73 truckloads consisting of over 328 tons of debris were removed from the Iao Valley riverbed and transported to Maui county green waste landfill during the seven day activation period.

"It was great to see everyone come together in their efforts," Tomlinson said.



Maui island based Hawaii National Guard Airmen and Soldiers work to remove debris from the Wailuku river September 2016. Storm generated heavy rains on Sep. 13 caused river swelling and flash flooding impacting area residents and damaging property and infrastructure. The service members volunteered for state active duty from Sep. 21 to Sep. 27 for domestic operations to provide humanitarian assistance. (courtesy photo)

Logistics Readiness Squadron welcomes new commander

Story and Photos by **Staff Sgt. JAMES RO, 154th Wing Public Affairs**

10/02/2016 – **JOINT BASE PEARL HARBOR-HICKAM, Hawaii** -- The leadership of the Hawaii Air National Guard's 154th Logistics Readiness Squadron changed hands during a Change of Command Ceremony held here Oct. 2.

Maj. Grady Green assumed command from Maj. Regina Komine during the ceremony presided over by Col. Duke Ota, 154th Mission Support Group commander.

"This is a very significant day for Maj. Grady Green, whom today will become the second traditional commander of the 154th Logistics Readiness Squadron in the last 20 years," said Ota.

Green most recently served as 154th Wing Chief of Weapons and Tactics and pilot for the 204th Airlift Squadron where he was the squadron's first airdrop qualified pilot. This will be his first assignment as a squadron commander.

Outgoing commander Komine handed the guidon to Green as she embarks on her new assignment as the 154th WG Director of Staff.

"I am very excited and humbled at the same time," Green said. "I cannot express enough gratitude for those who have mentored and guided me along the way."

As a drill status airmen, Green currently flies full-time for a commercial logistics service. Prior to joining the Hawaii Air National Guard in 2003, he served as a Warrant Officer and helicopter pilot in the United States Army.

When asked what he looked forward to the most as the new LRS commander? He replied, "The ability to take care of the airmen and give back to the squadron, group, and wing that has given me so much."

A change of command ceremony offers moments of time and reflection.

"Looking [into the LRS squadron members' eyes] and knowing that they are entrusting me to lead them and take care of them—it was a humbling moment," Green said. "I also enjoyed the moment when I



U.S. Air Force Col. Duke Ota, commander, 154th Mission Support Group presents the 154th Logistics Readiness Squadron guidon to U.S. Air Force Maj. Grady Green during Green's assumption of command ceremony held at Joint Base Pearl Harbor-Hickam, Hawaii, Oct. 02, 2016. The assumption of command ceremony is a time honored military tradition in which the incoming commander assumes command of a unit. (U.S. Air Force National Guard photo by Airman 1st Class Stan Pak/released)

was passed the guidon and I handed it off to the 1st Shirt...just a symbolic measure that has deep traditions."

Green has nearly 26 years of combined experience in military and civilian aviation with over 8,500 hours combined flight time in multiple airframes.

"I feel absolutely confident Maj. Green will do a very fine job as the 154th LRS Commander," Ota said. "He brings some great logistics experience in transportation and urgent delivery experience via his civilian job."

154th Logistics Readiness Squadron provides logistics support to all Hawaii Air National Guard units and oversees the management of HIANG assigned equipment including over 25,000 line items of supplies.



Mongo says Aloha





Interview: Retired Brig. Gen. Braden Sakai

Story and Photos by **Senior Airman ORLANDO CORPUZ, 154th Wing Public Affairs**

11/02/2016 – JOINT BASE PEARL HARBOR-HICKAM, Hawaii -- Now retired Brig. Gen. Sakai first received his commission with the U.S. Air Force back in 1984. In that year, Wham! with its hit song “Wake me up before you go-go” was rocketing up the music charts, Magnum P.I. was a hit television show and Ronald Reagan was re-elected to the Presidency in a landslide election.

Throughout his years of service, Sakai has been to many places, met many faces, and has been a part of the evolution and growth of the Hawaii Air National Guard.

Sakai's retirement ceremony on Oct. 28th at the Hickam Officer's Club marked the end of 32 years of service to state and country as both airman and guardsman and ushers in the next chapter in his life as, in his own words, a “retiree in training”.

Sakai recently took time out of his “busy” schedule to reflect on a career spanning over three decades and how he intends to write the next chapter in his life.



Q How does it feel to be retired from Air Force?

A Unfamiliar, yet, great. I get up every morning feeling like I should be doing something at work then realize I'm retired. What's great about retirement, I watched the whole World Series Live...I love that part of retirement. Now that the series is over, what should I do next...hmmm?

Q What do you plan to do now that you are retired?

A Relax for about six months while focusing on my wife in taking care of her with hopes it doesn't back fire on me. I have to be careful and not get in her way now that I'm home all the time---don't want her to kick me out of the house and make me go back to work. I'm going to try and impress her by learning how to work the kitchen, clean the garage and other things around the house. Thankfully, I don't have to learn all that for another two months because we have back to back trips to China and New Zealand. If I do decide to go back to work, I'm going to be patient until I find another passion like I had for the Guard. Until then, my number one goal is to impress my wife without getting kicked out of the house.

Q What is the biggest thing you'll take away from your time with HIANG?

A Learning the deeper meaning of Aloha. Aloha is what makes the Hawaii National Guard so outstanding. Although I grew up with this word from childhood, it was in the Hawaii Air National Guard that I truly started to learn what Aloha means and how to live it. As I learned more, I began to open up more which allowed me to be mentored better—I started listening to everyone I came in contact with and really walked away with something so valuable from each person. I will be doing my best to practice and live Aloha till the day I die and I'm so thankful I got to understand more of it during my last critical years in the Guard. It definitely taught me how to treat people better while being firm when you have to be. Our airmen deserve and need to be treated with dignity and respect---that is part of what Aloha is.

Q What fond memories of the HIANG do you have?

A I would take up too many issues of Kukailimoku to answer this. I grew up in the guard and made a lot of lifetime



friends. I'm going to miss flying the best aircrafts in the world and all the great times I've had with everyone. Not only are our people the best at what they do, they are so enjoyable to be around. I truly just have so much Aloha for the HIANG.

Q Any messages for the men and women of the HIANG?

A Two things, first, Big Mahalo for the outstanding jobs you all do every day in taking care of our airmen and defending our great state and nation. Second and lastly, I would like to ask all of you for one favor, please thank your family and friends for all their love and support, you just can't do what you do without them. They are a key part of the team.

Much Aloha,

Mongo

MARIGOLD MANALO

Technical Sergeant

1. When did you join the HIANG?

Sometime in December of 2007; previous to this date, I was in the HI Army National Guard for 6 years

2. What do you do for the HIANG?

Production recruiter

3. Explain the most enjoyable part of your job with the HIANG.

Every day is different. One day, you're doing a class presentation to a JROTC class at a high school, the next day you're meeting an applicant at a Starbucks.

4. Explain why your job is important to the HIANG.

We are the gateway to the HIANG. My job is to find quality applicants who are willing to not only serve their community but the country as a whole.

5. Describe your ohana.

I come from a family of 3. Yes, I am an only child. When my mom was born, she was the second oldest from a sibling set of 14. All she did was baby sit and could never play with the other kids. So when she decided to have her own, she only wanted one. We're a tight-knit family to include my extended family. I have over 60 first cousins and I treat them like my own siblings.

6. What do you like to do for fun?

I am very active in my faith so my husband and I participate in many church activities. We participate and also help coordinate sports fests on Oahu, competing with the members from the other 6 branches in our church: basketball, volleyball, softball, bowling, ping pong. I also sing in the choir. Our closest friends are also from the same church whom I grew up with.

7. Describe something about yourself that most people don't know about you.

I was a part of a dance company called Studio 808, dancing hip-hop and jazz. I also danced while I was in college at Leeward Community College for a year.

8. What are your short term and long term goals?

(Short term) – NCOA Course 15; (Long term) - continue my work in recruiting; start a family; possibly get my masters in the nursing field.



STATE OF HAWAII 911 CALL IF YOU CAN TEXT IF YOU CAN'T

- Requires a text enabled/capable cellular phone.
It is necessary that Location Services on the phone be turned on.
- Text messages only. No group messages, photos, videos or emojis will be accepted.
- Text messages must be brief and easily understood.
- Use plain English. No abbreviations, short cuts or slangs.
- Text to 9-1-1 services may not be available everywhere and at all times.
- No guarantee a text message will be sent or received.
- Voice call preferred. Text only when you cannot make a call.



www.hawaiiextto911.com



Hawaii Text to 911

Frequently Asked Questions

For the most current information go to www.hawaiitextto911.com

What is Text to 911?

Text to 911 is an emergency service that is provided to all mobile users in the State of Hawaii. It allows someone to use their activated cell phone to contact the 911 center via text message instead of calling 911.



That's Awesome! So I should just use the texting because it's easier than calling?

Actually, no. Calling 911 is still a faster, more efficient way of relaying an emergency to the Police, Fire, Ambulance, or Ocean Safety. Calling 911 will also provide the 911 center with access to your location. Texting to 911 should only be done when you are unable to make a voice call.

So, when would someone use text to 911?

Some examples would be:

- If you are in a situation where it is not safe to place a voice call to 911.
- If you are experiencing a medical emergency that renders you incapable of speaking or hearing.
- If you are unable to call 911 due to being in a location with sporadic cellular voice service.
- If you are unable to speak or hear due to injury or physical restraint.

If I am able to text to 911, will the 911 center automatically know my location?

No. Per the FCC: Texting to 911 is different from making a voice call to 911 in this respect. When you make a voice call to 911, the call taker will typically receive your phone number and your approximate location automatically. This is called "Enhanced 911" or "E911." However, in most cases when you text 911 from a wireless phone, the call taker will not receive this automated information. For this reason, if you send a text message to 911, it is important to give the 911 call taker an accurate address or location as quickly as possible, if you can.

I see...so what do I do to text if I have to?

You simply send a text to the number 911 like you would any other text. Keep in mind, text messaging was never meant to provide emergency services, so your text may take longer to reach help, and the 911 Center will not automatically know your location so you'll have to be specific in providing that.

What do I say in a text?

You will need to provide your location and the type of emergency you have (Police, Fire, or Ambulance) and address if you know it, including floor or room number if you are in a building. Send brief messages, but please don't use abbreviations. Also remember to use plain English language. The 911 Center Dispatcher will then respond with text questions pertaining to your situation.

Can I send a picture or video of a bad accident I just saw?

No, unfortunately Text to 911 only can support ordinary SMS (Short Messaging Services), which is a plain text message limited to 160 characters per text. Pictures and videos currently can't be sent to us. Emoji won't work either.

Does my phone number have to be a Hawaii phone number to use this?

No. The service will work as long as you send a text to 911 and have an active (US) cell phone. For example, if you are from California and visiting Hawaii, your text message will reach a local 911 Center in Hawaii.

What about a cell phone that has no service? I know those phones can still call 911; can they text to 911 too?

Sorry, no they can't. It has to be a text enabled phone with a current text plan to work.

Tradition

Story by **Chaplain Leah Boling, 154th Wing**

"Tradition" is the first song in the movie Fiddler on the Roof. The lyrics go like this: "Tradition, tradition! Tradition! Tradition, tradition! Tradition! Who, day and night, must scramble for a living, feed a wife and children, say his daily prayers? And who has the right, as master of the house, to have the final word at home?" Tradition is basically the overall theme of the movie. According to Dictionary.com, tradition is "a mode of thought or behavior followed by a people continuously from generation to generation; a custom or usage."

In my family, we try to honor certain traditions. When our daughter was born, my husband started a tradition that, in my humble opinion, was quite endearing. From her birth and every birthday afterwards, my husband wrote a poem, prayer, or song for her. I then enhanced this tradition by transferring them on to a quilt fabric so guests at each birthday party signed their names around the poem. The last poem and quilt block was done on her 17th birthday. Afterwards, I made them

into a huge quilt and ultimately gave it to her when she graduated from high school. Our hope was for her to take this quilt to college and remind our daughter of how she was loved over the years and how this quilt will provide comfort and warmth no matter what situation she encounters.

In the military, we are also known for our traditions. Some of these are promotion and retirement ceremonies, graduations, Dining-In and Dining-Out, giving and receiving coins, just to name a few. These traditions promote esprit de corps and teamwork.

As a culture, we are known for certain traditions. Each year, people tend to come up with tons of New Year's resolutions. Some families celebrate the new year by staying up late watching what used to be Dick Clark at Times Square while others sit at home and eat black eyed peas in the hopes of bringing themselves good luck or light a firecracker to bring prosperity. One American tradition is just around the corner—Thanksgiving! The food,



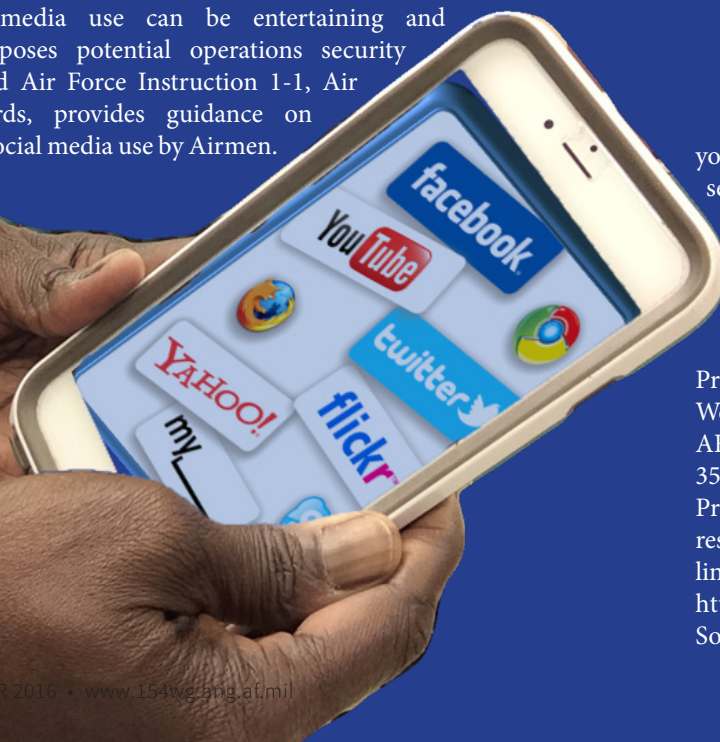
especially turkey, football, drinking, games, family, etc. all contribute to this tradition.

Some traditions we can live without, others add meaning and fulfillment to our lives. As you celebrate certain traditions in your family, it is my hope you continue the traditions that enhance your lives as well as the lives of those around you.

"I praise you for remembering me in everything and for holding to the traditions just as I passed them on to you." 1 Corinthians 11:2

Social media and you

While social media use can be entertaining and informative, it poses potential operations security weaknesses, and Air Force Instruction 1-1, Air Force Standards, provides guidance on appropriate social media use by Airmen.



Air Force Social Media

Social Media Guidance

You are personally responsible for what you say and post on social networking services and any other medium. Regardless of the method of communication used, Air Force standards must be observed at all times, both on and off-duty.

For further guidance, reference: (AFI 31-401, Information Security Program Management; AFI 33-129, Web Management and Internet Use; AFH 33-337, Tongue and Quill; AFI 35-101, Public Affairs Policies and Procedures; and AFI 35-107, Public Affairs responsibilities and Management. The link to the Air force Social media guide: <http://www.af.mil/Portals/1/documents/SocialMediaGuide2013.pdf>



154 Wing Safety Office, Safety quiz

How many things are wrong in these pictures?



Consider this a reminder of the importance of training. Its message is clear, if you are using a ladder you must make sure that you are competent, otherwise you really are taking your life in your hands.

AFI91-203 Chapter 7

**As a good Wingman,
what will you do?**

Pictures are from The Ladder Association Facebook page.

Questions or comments please call Wing Safety @ 448-8120

ia Guidance...you'll like these facts!

Social Media perspectives from Security: **Master Sgt. Kaikala's Do's and Don'ts**

Master Sgt. Kalani Kaikala is the Program Security Manager for the 154th Wing Advanced Program Office. He offers some guidance on handling social media for service members.

- Do:** Know what you are talking about or posting before you put it out there for the world to see.
- Don't:** Misrepresent the AF in an unprofessional manner.
- Don't:** Post classified pictures/information.





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September 26, 2016

FREEDOM AWARD NOMINATION SEASON OPENS OCTOBER 1

Does your employer go above and beyond in support of a Guardsmen or Reservist?

WASHINGTON – Army 1st Sergeant John Zagyya's employer lobbied for changes in state law to allow differential pay for deployed Guard and Reserve service members. Tech. Sgt. Daniel Mills' employer participates in Warrior Yoga sessions with his military employees to address PTSD and other service-related issues. Navy Lt. David Nelson's employer refused to sell American and Marine flags to a family gathering to honor their fallen Marine son, and instead donated the flags, poles and flower baskets to the grieving family.

These are stories from just a few of the employers to receive the Department of Defense's highest employer award – the Secretary of Defense Employer Support Freedom Award – in 2016. Of 2,424 organizations nominated by their Guard and Reserve employees, just 15 became recipients this year.

If your organization goes above and beyond in its support for Guardsmen or Reservists, nominate it for the 2017 Secretary of Defense Employer Support Freedom Award! Nomination season opens October 1 and runs through December 31. For more information about the Freedom Award, or to nominate your employer, visit www.FreedomAward.mil.

Nominations for the Freedom Award must come from a Guard or Reserve member employed by the organization they are nominating, or from a family member. Each year, the nominated organizations represent large and small employers from almost every industry, including health, transportation, hospitality, entertainment, banking, service and security, as well as from federal, state and local government agencies.

History of the Freedom Award

- The Freedom Award began in 1996 and is overseen by Employer Support of the Guard and Reserve.
- The award serves to recognize outstanding employers and draw attention to support from the employer community.
- Only 235 employers have received the award.
- More than 14,000 nominations have been received since 2011.

To learn more about ESGR, visit www.ESGR.mil.



Facebook.com/GoESGR



Twitter.com/ESGR



Linkedin.com/groups/1597897



TRACKING STATION

Workshops/Classes

Defense Travel System (DTS) Training
POC 154WG154CPTFalo@us.af.mil

PTL and Be-well classes
POC 15mdg.hparcfitness@us.af.mil

Green Dot Training

Saturday, November 5, 2016, 0900-1030,
Bldg 3386 Training Room
Saturday, November 5, 2016, 1330-1500,
Bldg 3386 Training Room
Sunday, November 6, 2016, 0900-1030,
Bldg 3392 (CES) Training Room
Sunday, November 6, 2016, 0900-1030,
Bldg 3392 (CES) Training Room
Monday, November 14, 2016, 0900-1030,
Bldg 3386 Training Room
Monday, November 28, 2016, 0900-1030,
Bldg 3386 Training Room
Saturday, December 3, 2016, 0900-1030,
Bldg 3386 Training Room
Saturday, December 3, 2016, 1330-1500,
Bldg 3386 Training Room
Monday, December 12, 2016, 0900-1030,
Bldg 3386 Training Room
Monday, December 19, 2016, 0930-1030,
Bldg 3386 Training Room

Announcements

Hawaii National Guard Marksmanship Team
Please contact SMSgt Dwayne Lim if you have any questions.

Nov 19 - Puuloa F-Class Tournament
Nov 20 - Puuloa NRA HP Rifle 800 Agg Match
Dec 11 - Puuloa Vintage rifle match

154th MDG M-50 and respirator fit testing
The 154th Medical Group now offers respirator and M-50 gas mask fit testing during the week, by appointment only.
Fit testing will be conducted at 154 MDG, Bldg 3417, and to schedule an appointment, email john.bolton.6.ctr@us.af.mil or call 448-8226 ext 444-6425.
POC is Mr. John Bolton.
For RSD weekend appointments, contact TSgt Wesley Barlow or SrA Ericka Ronduen at 448-8226 option 9.

POPE'S PUNS



NOVEMBER PROMOTIONS



MASTER SERGEANT

Thu M. Dahl
154th CS

Jonathan C. Fukumoto
154th AMXS

Noah K. Keaulii
154th MXS

Joey C. Mariano
154th MOF



TECHNICAL SERGEANT

Travis Pascua
154th CES

Elisha Timoteo
201st AMOS

Radson Tactay
154th MXS

Melanie Deguzman
154th MDG

Randy Lum
169th ADS



STAFF SERGEANT

Christopher Pillsbury
154th MOF

Nolan Miranda
154th MXS

Jesse Quinata
154th MXS

Isaiah Locquiao
154th MXS

Ken Hayashi
201st IS

Strengthening our force by developing Airmen into effective leaders

Story by Senior Airman JAMIE GREGORIO, 154th CES

Picture this: you're a Senior Airman with 4 years of time in service. You just completed your 5 level for your AFSC and you're thinking "It's almost time to get promoted!" But what are the requirements? One of them is Airman Leadership School (ALS). The most common method for most Guardsmen to complete this is the distance learning option, which entails self-studying of 5 lesson volumes and passing 2 end of course tests within one year. The other option is to take the in-residence course, where you attend a 5 week-long school. Both are designed to develop Airmen into effective front-line supervisors.

I highly suggest you pursue the in-residence option for ALS because it is in my opinion, the better of the two. I can attest that there is a large disconnect between those who complete ALS via distance learning and the few that have attended in-residence. Granted, distance learning EPME demands greater commitment and self-discipline, but as far as developing our members into leaders, one can't simply take a book, read it and automatically develop good leadership traits. Like with everything else in life, practice makes perfect and though there is no such thing as a perfect supervisor, at the in-residence course, Airmen are pushed to a level that forces them to improve their leadership skills.

An all too common picture in our organization is that Airmen simply do not know what great leadership looks like. At the in-residence ALS course, effective leadership is a big focus of the training. Having more of our soon-to-be NCO's attend the in-residence course, the future leadership of our organization will have more effective tools to execute the mission and guide Airmen in the right direction. To be more effective we need to have Airmen seek the right avenues to pursue. An underlying issue to not enroll into the in-residence course is the misconception that

there is a lack of seats available to them. This leaves them discouraged to submit their packages. However, it is all about seeking the right guidance, asking the right questions, knowing the facts, and



meeting all requirements.

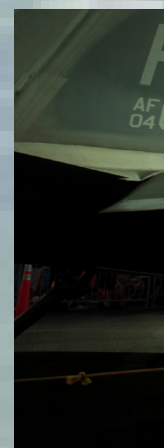
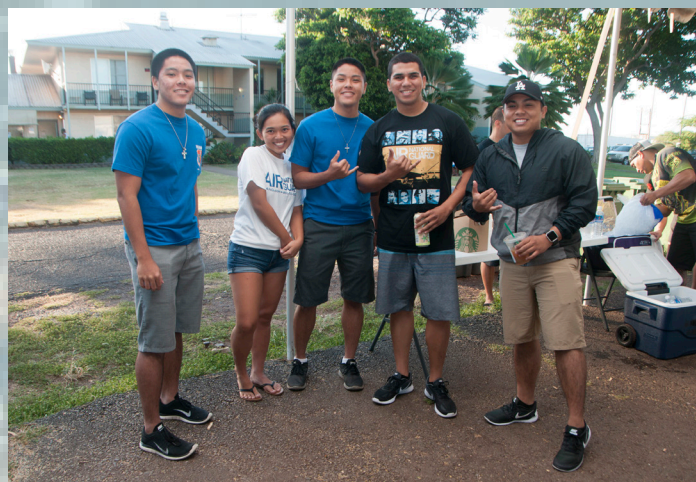
In my experience of attending in-residence ALS it was better than I could have ever anticipated. The challenger was worth every minute because I benefitted so much from the experience. Between

reading assignments, participating in class discussions, completing extensive amount of homework, performing speeches, drill and ceremonies exercises, supervisory communication exercises, uniform inspections, physical training, and taking the trickiest test I have ever experienced, I was able to grow professionally and personally. I connected and developed friendships with classmates who were a mix of Guard, Active Duty and Reserve. I got a small glimpse of what it's like being in a deployed environment and having to work with individuals from the different components of the Air Force.

I learned the different roles supervisors need to take on and all the responsibilities that come with this next stripe. I gained an appreciation for discipline, having and setting standards, and holding people accountable. Being there exposed me to the Air Force's idea of what an effective leader looks like. Therefore, it is an imperative course to accomplish as Airmen strive to advance in their careers and become the best they can be as leaders.



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SMSgt Randal Fukunaga

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