20090916 Retiree News

1. <u>The Promise</u>. Retiree News will contain information about benefits, National Guard events, and news about current, former, and retired members. There will be no chain e-mail, cute pictures, or sales pitches. Publication of Retiree News is on a random schedule – as topics come up and time permits. If you change your mind about receiving issues of Retiree News, send an e-mail at retireenews@hawaiiantel.net and you will be off the Retiree News mailing list.

2. Business.

- The New 154th Wing Commander. As this issue of **Retiree News** is sent out, the command has not named the new 154th Wing commander. **Col Joseph Kim** continues doing an outstanding job leading the wing until the commander announcement is made. I will get announcement news out to you as soon as it is made by the command.
- <u>Hawai'i National Guard Recruiting Goes Joint</u>. **SMSgt Bridget Komine** sent out the following e-mail announcing the assignment of a HIANG recruiter at the HIARNG recruiting office at Kalaeloa. The recruiting office is located in Building #19, within the Youth Challenge Academy compound.

----Original Message-----

From: Komine Bridget SMSgt HQ HIANG/A1R [mailto:bridget.komine@hihick.ang.af.mil]

Sent: Thursday, September 03, 2009 1:48 PM

To: ALL HIANG

Subject: New Hawaii National Guard Recruiting Location!

Aloha All HIANG,

In line with Gen Lee's vision of having Hawaii National Guard recruiters working together towards the common goal of achieving and maintaining strength in both the Air and Army Guard we now have blue representation at the new Kalaeloa Hawaii National Guard recruiting office. Effective 2 Sep 09 **TSgt Mysti Dowsett** will have an operating location together with our Army Guard brethern and represent the Air National Guard side of the National Guard opportunity.

We are very excited about this associate operation and look forward to providing community members on the west side of Oahu one stop shopping!

In the short term we anticipate having an ARNG recruiter join the team at the Windward City Shopping Center.

If you would like to schedule an appointment with TSgt Dowsett her office is located adjacent to the Hawaii Youth Challenge facility and she can be reached on her cell phone at 234-4547.

Bridget K. Komine, SMSgt, HQ HIANG Recruiting & Retention Superintendent 3949 Diamond Head Road Honolulu HI 96816

Cellular: (808) 216-2515 Office: (808) 733-4228/4229

- <u>More on Joint Base Pearl Harbor-Hickam</u>. As reported last issue, Pearl Harbor and Hickam AFB will merge starting later this year. This action is a result of the 2005 Base Realignment and Closure (BRAC) Commission. The Navy issued a short video about the merger that you can view at: http://www.navy.mil/swf/mmu/mmplyr.asp?id=13123. If the link does not work, copy it to your internet browser.
- <u>Mamala Bay Drive construction</u>. Traffic patterns on Mamala Bay Drive in front of the HIANG area will be under construction from September 21 through October 2, 2009. This is a manhole replacement project and the required detours will slow traffic. Those headed to the HIANG area or the Mamala Bay golf course should plan for additional time to their travel plans.
- TRICARE to Lower Prices. The Defense Department is projected to reduce spending by \$1.67 billion on prescription medications sold in retail pharmacies in fiscal 2010, by providing discounts in the TRICARE retail pharmacy network. TRICARE beneficiaries, who need a prescription filled right away and are unable to get to a military pharmacy, can visit one of the more than 54,000 civilian pharmacies that are part of the TRICARE retail pharmacy network. To locate a retail pharmacies in the network based on ZIP code, call the TRICARE retail pharmacy program at 866-363-8779.

Military.com surveys have found that most servicemembers and their families are confused by TRICARE. Get the facts and latest news on TRICARE at: http://www.military.com/benefits/tricare/understanding-your-tricare-benefits. If the link does not work, copy it to your internet browser.

• <u>National Guard (In Federal Status) and Reserve Activations</u>. Several **Retiree News** readers e-mailed to ask about the number of Guard and Reserve members mobilized. At any given time, services may activate some units and individuals while deactivating others, making it possible for the figures to either increase or decrease.

As of September 1, 2009, the following are the numbers reported by the Department of Defense in a weekly status report. The total number currently on active duty from the Army National Guard and Army Reserve is 111,960; Navy Reserve, 6,505; Air National Guard and Air Force Reserve, 15,752; Marine Corps Reserve, 8,730; and the Coast Guard Reserve, 624. This brings the total National Guard and Reserve personnel who have been activated to 143,571, including both units and individual augmentees.

A cumulative roster of all National Guard and Reserve personnel who are currently activated may be found at http://www.defenselink.mil/news/Sep2009/d20090901ngr.pdf. If the link does not work, copy it to your internet browser.

• <u>Free SAT Prep Software</u>. A group of patriotic NFL and MLB players, and eKnowledge Sponsorship Alliance (ESA) are continuing to work with the DoD to offer SAT/ACT PowerPre software programs free to all military service members and their extended families. The offer includes active duty servicemembers, retired servicemembers, veterans, members of the Guard and Reserve, all DOD employees, and civilians performing military-support and their family members. The FREE v6x SAT/ACT PowerPrep?

Programs (valued at \$200) may be ordered online at http://www.eknowledge.com/nfl, be sure to enter the SponsorshipCode: FBEC67159. There is a shipping and handling fee of \$13.84 (per standard program) which helps ensure that tens of thousands of military families can continue receive the program every year.

For further information, please contact ESA Programs at 951-256-4076 or read the full article at Military.com: http://www.military.com/grad-center/prepare-for-success/free-sat--act-prep-software-for-military-families. If the link does not work, copy it to your internet browser.

• <u>Meals Ready to Eat (MRE) Shelf Life</u>. Many of you probably have one or more MREs at home. You know the ones you didn't eat during your last field exercise or inspection before you retired. Do you know the shelf life of a MRE? After you read the following, you may want to dump them into the trash.

MRE shelf life depends on many factors. Technically, shelf life ranges from 1 month to 10.5 years - depending on "constant" storage temperature. However and regardless of what our instructors might have told us, MREs should be discarded after 7 years to be on the safe side.

MRE Storage Life Chart	
<u>Temperature</u>	Months of Storage
120 F	1
110 F	5
100 F	22
90 F	55
80 F	76
70 F	100
60 F	130

For more information, go to http://www.safetycentral.com/mrfahishliin.html. If the link does not work, copy it to your internet browser.

CMSgt Carswell "Caz" Ross provided this information. Caz retired from the HIANG several years ago, but remains on the staff at the Office of Veterans Service.

• <u>Museum Launches Podcast Audio Tours</u>. The National Museum of the U.S. Air Force launched a free museum tour podcast on their website that gives a virtual tour of the museum. Once the visitor has subscribed to the podcast, they're encouraged to download it to an MP3 player and bring it to the museum during their next visit. Tour segments for the Early Years Gallery and Air Power Gallery are now available on the podcast with the rest of the galleries coming online throughout 2010. In the coming months, visitors will be able to click on a hotspot on a map and see a 360 degree view of that area of the museum.

Visit the National Museum of the U.S. Air Force website to explore the museum tour podcast. http://www.nationalmuseum.af.mil. If the link does not work, copy it to your internet browser.

• Name Confusion between Veteran's Organizations. **Susan Williams**, a retiree from the New Hampshire ANG forwarded the following information.

----Original Message-----From: WILLIAMS, SUE L

Sent: Friday, September 11, 2009 8:29 AM

Subject: FYI: From my DAV Commander

Sue note: I have tried to find out information on Google, but most cites consistently revert to Disabled American Veterans. Did find a single article about the DVA in Iowa & read enough to find out that it's being done by a marketing company based in NJ with solicitation calls being made from Ohio & Kansas. The Iowa postmaster rounded up a lot of mail (over 400 pieces) that had been mis-addressed to a non-existent address & began an investigation.... I hit "X" instead of "-" when I went to check on something else, & couldn't re-locate the article... Anyway – just thought I'd pass this along, since it could surface in the local area & people may respond thinking it's the DAV when in actuality, it's another organization altogether....

WARNING:

There is a veterans' organization with the name Disabled Veterans of America. Yes, it is a play on the name Disabled American Veterans/DAV. They are a legitimate organization, at least with the Attorney General in their state. However, the legitimacy seems to end there. They ask for donations by TELEPHONE, which the DAV does not do. So if anyone asks about them, please pass the word. It is my understanding the AG's in Ohio and possibly Wisconsin are investigating them for misuse of the monies collected. Be Aware and share this awareness.

• <u>The September issue of the 154th Wing's newspaper, the **Kuka'ilimoku**, is on the Hawaii State Department of Defense's website. Go to http://hawaii.gov/dod/hiang/kukailimoku/2009-kukailimoku/2009-kukailimoku%20Sep%202009.pdf/view. If the link does not work, copy it to your internet browser.</u>

The 154th Wing's Public Affairs staff, **MSgt Kristen Stanley, TSgt Betty Squatrito-Martin**, and **SSgt Andrew Jackson**, continues to do an outstanding job producing the monthly **Kuka'ilimoku**.

- <u>The Current Issue of Soldiers Magazine is Online</u>. To view the current issue of Soldiers, the official U.S. Army magazine, just log on to: http://www.army.mil/soldiers/. You can view back issues (electronic issues only) by clicking on "back issues" on the scroll bar when you get to the website referenced. If the link does not work, copy it to your internet browser.
- <u>September-October Issue of Airman Magazine is Online</u>. To view the September-October 2009 issue, just log on to: http://www.airmanonline.af.mil/. You can view back issues (electronic issues only) by clicking on "back issues" on the scroll bar when you get to the website referenced. If the link does not work, copy it to your internet browser.
- <u>Rules of Engagement (ROE)</u>. Periodically, someone e-mails me requesting the e-mail address of another retiree. I forward the e-mail with the address request to the retiree for their action. This preserves the privacy of the retiree and their e-mail address.
- <u>Disclaimer</u>. The views and opinions expressed in **Retiree News** are those of the editor and do not represent official policy of The Adjutant General or the State Department of Defense.
- **3.** The Wanted List. Help! Retiree News is looking for these Hawai'i National Guard members e-mail addresses or their addresses on file for them no longer works. E-mail their addresses to retireenews@hawaiiantel.net if you can share them.

Norman Chang

Russell Woodward

Chris Wilson Byron Kim
Randy Solomon Steve Ware
Tom Gresch Katherine Asato
Wayne Z. Higa Edward Uyeda

Following are the new or updated e-mail addresses sent in by the individuals or **Retiree News** readers – Mahalo for adding or updating your e-mail address.

John Scott Moline Carl Tonaki (update)

Michael Hagsten Joe Penn

The address total just passed 1100+ members. Be sure to ask your fellow retirees that you meet if they receive **Retiree News**. If not, send their e-mail address to retireenews@hawaiiantel.net. Mahalo for your support!

4. <u>Condolences</u>. These Hawai'i National Guard retirees passed away recently. They all served honorably and added something to our unique culture here in the Guard. Aloha Pumehana to all....

Christina "Lani" Luna passed earlier this month after a long battle with cancer. Lani served with the 154th Security Forces Squadron and later with the Air Force Reserve. On the civilian side, she was an officer with the Honolulu Police Department assigned to District 4.

Services are set for Friday, September 25, 2009 at St. John Vianney Church, 920 Keolu Drive in Kailua. Visitation begins at 0930, with a Mass starting at 1100. Burial to follow at 1400 at the Hawaii State Veterans Cemetery in Kaneohe.

5. Retiree Update.

- <u>HIARNG Support of MG Alexis Lum's Funeral</u>. A big Mahalo to all the Hawai'i Army National Guard soldiers who supported the funeral of **MG Alexis Lum**, a retired Adjutant General. The HIARNG support at the Punchbowl service included Military Funeral Honors, the Cannon Salute and rotary wing aviation providing a flyover. An outstanding job honoring a great American!
- New State Department of Defense Inspector General On-Board. The new Inspector General, LTC Tammy Stocking, tammy.stocking@us.army.mil, became part of the Adjutant General's staff in August. She is an active officer assigned to the department as the IG. She completed the Army IG school just prior to her reporting here, and she is awaiting her Air Force IG school class date. Welcome Aboard!
- New HIANG Colonel Pinned. Colonel Michael Compton, Commander, 109th Air Operations Group (109 AOG) hosted a promotion ceremony for Robert J. Hoffman III, commander of the 202^d Air Mobility Operations Squadron (202 AMOS). The ceremony was on Saturday, September 12, 2009, at the J.R. Rockers' Lanai on Hickam AFB. Congratulations to Colonel Hoffman!

The 109th Air Operations Group has approximately 130 HIANG Airmen and will include pilots, navigators, weapons controllers, flight nurses, and intelligence specialists. The 202nd Air Mobility Operations Squadron has approximately 50 Airmen split between tanker, airlift, logistics, and aeromedical branches. Both units augment the 13th Air Force at Hickam AFB.

• <u>Another Colonel Promotion</u>. Congratulations to **William "Bill" Petti** on his promotion to colonel. **Colonel Joseph Kim** sent out the following e-mail announcing bill's promotion.

----Original Message-----

From: Kim Joseph Col 154 WG/CC [mailto:joseph.kim@hihick.ang.af.mil]

Sent: Wednesday, September 16, 2009 3:18 PM

To: ALL 154 WG; 'Tuck, Giovanni K Col USAF PACAF 15 AW/CC'; Marks, Richard Col USAF PACAF 15 MXG/CC; Morgan, Jeffrey W Col USAF PACAF 15 OG/CC; Snakenberg David Col

HQ HIANG/HRO; Yoshimoto, Galen R Mr NGHI/STATE

Subject: Our newest O-6

Please join me in congratulating our newest O-6, Colonel Bill Petti. Bill serves at the forefront of our Total Force Integration as Col Rich Marks' right hand man in the 15 MXG. Additionally, Bill has volunteered to serve as my Special Assistant (Traditional) in the vacant Vice Commander position.

Colonel Petti is an incredible leader, brings tremendous skills and talents, decades of dedicated and selfless service and an unmatched dedication to service. He will continue to make major contributions in shaping our future. A well-deserved, long overdue promotion!

Congratulations Bill and Barb Petti!

JOSEPH K. KIM, Col, HIANG Commander, 154 WG

EMAIL: joseph.kim@hihick.ang.af.mil

Send congratulatory e-mail: william.petti@hihick.ang.af.mil

• 93d Civil Support Team Supports the Kauai Civil Defense Agency. Hawai'i National Guard's 93rd Civil Support Team participated in the Kauai Civil Defense Agency will host the annual, week-long Weapons of Mass Destruction exercise, September 13-19, 2009. In a press release, county officials reported that the goal of the exercise is to ensure that Kauai's first responders are prepared in the unlikely event of a terrorist attack on the Garden Isle. Besides the 93d CST, the county's police and fire departments and public works and water departments participated. State, federal and private industry representatives will also take part in the exercise.

MAJ Joseph Laurel, joseph.laurel@us.army.mil, is the unit commander.

• Retired Guardmember receives the 2nd Richard Shiroma Award. Lt Col William Mossman received the 2nd Richard Shiroma Award during the October 2008 meeting of the Western Pacific Regional Fishery Management council. The award recognizes a person for his or her exemplary dedication and performance as a member of the Council or one of its advisory groups. Mossman has been an active member of the Advisory Panel's Recreational Fisheries Subpanel for many years.

Bill Mossman served as a weapons controller and his last assignment was on the 154th Wing commanders staff. Bill retired in the late 80s.

The award information was taken from the Summer 2009 issue of the Pacific Islands Fishery News. Thanks to **Brig Gen Stan Osserman** for providing the magazine.

• <u>An Additional Job for Brig Gen Osserman</u>. **Brig Gen Stan Osserman** currently serves as the Assistant Adjutant General, Air. He recently became the Special Assistant to Lt. Gen. Harry Wyatt III, director of the Air Guard to the, Air Force A6, Communications/Computers.

Send congratulatory e-mail: stanley.osserman@hihick.ang.af.mil

- New 169th Aircraft Control & Warning Squadron First Sergeant. **TSgt Christopher Cruz** is the new First Sergeant at the 169 ACWS. He is a squadron member who stepped up to accept new responsibilities. Congratulations to the new First shirt! Send congratulatory e-mail: christopher.cruz@hihick.ang.af.mil
- <u>Hawai'i Army National Guard Assist Firefighting on Molokai</u>. HIARNG's aviation soldiers played a key part in controlling the brush fire on Molokai. On September 1, 2009, the C-26 flew a recon mission of the Molokai fire to assist the fire management team. The next morning, two CH-47 Chinook helicopters assisted fire fighters flying with their water buckets. The fire management team declared the fire under control later in the day. Another great job by the flyers and support personnel from HIARNG aviation!
- <u>Hawai'i Army National Guard Leaders Attend Covey Training</u>. About 70 key HIARNG leaders and spouses attended a three-day Seven Habits for Highly Effective People seminar in early September.

The Seven Habits of Highly Effective People, first published in 1989, is a self-help book written by Stephen R. Covey. It has sold over 15 million copies in 38 languages since first publication, which was marked by the release of a 15th anniversary edition in 2004. The book lists seven principles that, if established as habits, are supposed to help a person achieve true interdependent effectiveness. Covey argues this is achieved by aligning oneself to what he calls "true north" principles of a character ethic that he believes to be universal and timeless. The book was enormously popular, and catapulted Covey into public-speaking appearances and workshops.

- <u>HIANG Over 30 Basketball Team Takes Championship</u>. The HIANG Over-30 team won the Hickam AFB Intramural League championship. The team played back-to-back games to win the championship. Another great win for the HIANG and the over-30 team members Congratulations!
- <u>The 154th Mission Support Group's Leadership Team</u>. The 154th Mission Support Group is one of the four groups within the 154th Wing. The units and commanders of the 154th Mission Support Group are:

154th Mission Support Group:

--- Col Ann Greenlee, <u>ann.greenlee@hihick.ang.af.mil</u>, commands the most diverse group within the Hawai'i Air National Guard. If it's not operations, maintenance or medical – it's in the mission support group.

154th Civil Engineer Squadron:

--- Lt Col Gary Teed, gary.teed@hihick.ang.af.mil, commands the squadron. Currently over half of his squadron are mobilized and deployed to desert locations. Unit members volunteered to cover previous deployments requirements since 9/11.

154th Force Support Squadron.

--- Lt Col Randall Tom, randall.tom@hihick.ang.af.mil, commands this brand new squadron that received Federal recognition on September 1, 2009. This squadron combines the now deactivated 154th Mission Support Flight and 154th Services Flight.

154th Logistics Readiness Squadron:

--- Lt Col David Molinaro, david.molinaro@hihick.ang.af.mil, commands this hard working group of Airmen. From the early days of the then154th Supply Squadron, the squadron's manning has remained basically the same over the years. Squadron members continue to do an outstanding job supporting the HIANG, even with the addition of all the new missions.

154th Security Forces Squadron:

--- The commander's billet is currently vacant. Since 9/11, squadron members have volunteered for deployments in Iraq, Afghanistan, and other locations.

154th Communications Flight:

- --- **Capt Victor Talamoa**, <u>victor.talamoa@hihick.ang.af.mil</u>, commands the flight. The flight continues to upgrade and improve HIANG telecommunications services.
- Attending the recent Hawaii New Products Show at the Blaisdell Exhibition Center, I ran into CMSgt Kenneth linuma. He and his wife were manning a booth, offering products she produces. Kenny remains another smiling retiree. Great seeing Kenny!
- **6. Upcoming Events.** Events listed are by the event date.
- <u>Hickam AFB Open House!</u> The 2009 Hickam AFB Open House will be held Friday and Saturday, September 18-19, 2009. The United States Air Force Thunderbirds and the United States Army Golden Knights will be performing at this year's event! For more information about the Open House, go to: http://www.hafb2009openhouse.com/Home.html. If the link does not work, copy it to your internet browser.

POC for the Open House is Lt Col Scott Weber, scott.weber@hickam.af.mil.

- Enlisted & Non-Commissioned Officer Dining-In. The Senior Enlisted Leader, Hawaii National Guard, Command Chief Master Sergeant Denise Jelinski-Hall, and Command Sergeant Major, Hawaii Army National Guard, CSM Elizabeth Kenui, invites all enlisted and non-commissioned officers to a Dining-In celebrating the Year of the NCO. It will be a formal event honoring those who proudly serve as the backbone of "Hawaii's Own."
- When: Saturday, October 17, 2009, starting at 1800
- Where: Hickam AFB Officer's Club Ianai
- Menu: choice of one below
- --- Sliced London Broil
- --- Roasted Stuffed Chicken Breast
- --- Vegetable Lasagna
- Costs:
- --- E6 & below: \$15.00
- --- E7 & E8": \$20.00
- --- E9: \$25.00
- Uniform of the Day:
- --- Male: Army Blue or Green dress (bow tie)
- --- Female: Army Blue or Green dress

- --- Other services: equivalent uniform
- --- Retirees: coat and tie
- POC for retirees:
- --- SGM Charles Pieters, 672-1319 or 630-0139, charles.l.pieters@us.army.mil
- <u>Save the Date the Hawai'i National Guard Birthday Ball</u>. This year's birthday ball is on Saturday, December 12, 2009 at the J.W. Marriott Ihilani Resort and Spa in Kapolei. This joint event celebrates the 373rd Birthday of our National Guard's beginnings. The specifics about the ball are forthcoming! The event chairs is **BG Gary Hara** and **Brig Gen Stanley Osserman**. Division OPRS are:

HIARNG POC: LTC Laura Soares, 672-1321, <u>laura.soares@us.army.mil</u> HIANG POC: Lt Col Peter Ching, 448-8331, <u>peter.ching@hihick.ang.af.mil</u>