

1. Business.

- **New 40-Year Pay Chart Affects Selected 'Gray-Area' Reservists.** The Department of Defense's new 40-year pay chart took effect April 1, 2007. The pay chart will provide new, higher basic pay levels for selected 'Gray-Area' service members who have served more than 30 years, 34 years and 38. The selected 'Gray-Area' service members affected are: E-8s, E-9s, W-4s, W-5s, and O-6s thru O-10s.

Retired pay for 'Gray-Area' reservists is based on provisions of 10 U.S. Code, Sec. 1406(b) (2) which states: "In the case of a person who is entitled to retired pay under section 12731 of this title, the retired pay base is the monthly basic pay determined at the rates applicable on the date when retired pay is granted."

Given this provision of the Code, the date that retired pay is granted is the controlling factor, a reserve component member in the 'Gray-Area' who reaches age 60 after March 31, 2007, would have his or her retired pay based on the extended pay table.

This link is to an active duty monthly over 26-year chart, but you get a rough idea on how much more you get. <http://www.military.com/military/benefits/0,15465,2007-proposed-military-pay-raise,00.html#ecpay>. If the link does not work, copy it to your internet browser.

(The bulk of this information is from Tom Philpott's column in the Honolulu Advertiser)

- **Lt Regina Berry**, the [154th Wing Public Affairs Officer](#) forwarded this link. Here's a great article the [15th Airlift Wing](#) did for women's history month in the March 16 edition section A: HIANG Female Loadmasters set for historic flight. If the link does not work, copy it to your internet browser. <http://www2.hickam.af.mil/library/hickamkukini/index.asp>
- **Air Force Uniform Updates.** In the 20070320 issue, I mentioned the Air Force is looking to change the Service Dress uniform again. **Maj David Lowery**, [154th Support Group Executive Officer](#), forwarded these AF Times link that show the new female and male versions. If the link does not work, copy it to your internet browser.

<http://www.airforcetimes.com/news/2007/03/AFuniform031807/>

Dave works at the Pentagon and he mentioned that the both the Major & the SMSgt in the photos are the AF/A1 Uniform Board Reps here in the Building. Yoshimoto's comment: check the belt out. Except for the few who are trim and fit, the belt will add an illusion of a wider midriff. But then again we're retired....

- **VA HANDBOOK 2007.** The Department of Veterans Affairs (VA) has released a new edition of the Federal Benefits for Veterans and Dependents handbook. It updates the rates for certain federal payments and outlines a variety of programs and benefits for American veterans. Most of the nation's 25 million veterans qualify for some VA benefits, which range from health care to burial in a national cemetery. In addition to health-care and burial benefits, veterans may be eligible for programs providing home loan guaranties, educational assistance, training and vocational rehabilitation, income assistance pensions, life insurance, and compensation for service-connected illnesses or disabilities. In some cases, survivors of veterans may also be entitled to benefits. The handbook describes programs for veterans with specific service experiences, such as prisoners of war or those concerned about environmental exposures in Vietnam or in the Gulf War, as well as special benefits for veterans with severe disabilities. In

addition to describing benefits provided by VA, the 2007 edition of the 160-page booklet provides an overview of programs and services for veterans provided by other federal agencies. It also includes resources to help veterans access their benefits, with a listing of toll-free phone numbers, Internet addresses, and a directory of VA facilities throughout the country. The handbook can be downloaded free from VA's Web site at

<http://www1.va.gov/opa/vadocs/fedben.pdf> or
http://www1.va.gov/OPA/vadocs/current_benefits.asp or
<http://www1.va.gov/opa/feature/index.asp>

or purchased with credit card or check from the U.S. Government Printing Office (GPO). GPO accepts credit card orders for the publication at (866)512-1800 for a cost of \$5 each to U.S. addresses, or \$67 for bulk orders of 25 copies. It order is by mail make check out to Superintendent of Documents and mail to the GPO at Superintendent of Documents, P.O. Box 371954, Pittsburgh, PA 15250-7954. [Source: www.va.gov Feb 07]

- **Free Military Day at Busch Gardens.** Anheuser-Busch has announced that they are honoring the men and women of our armed forces and their families. Throughout 2007, members of the military and as many as three direct dependents may enter any one of Anheuser-Busch's Sea World, Busch Gardens, or Sesame Place parks with a single-day complimentary admission. Go to <http://www.herosalute.com> to learn more and register on-line.

- **If you still have a Thrift Saving Account.** Alert Issued on Thrift Savings Plans. Military members, their family members, and Federal civilians using their home computers to access Thrift Savings Plan accounts online are vulnerable to identity theft. TSP officials have identified customers who are victims of a computer crime known as "keylogging" or "keystroke logging." Keylogging is a diagnostic tool used in software development that captures a user's keystrokes. The technique can capture a computer user's TSP personal identification number or other personal account information such as a Social Security number. Computer users should follow general computer security principles at home and to download antivirus software. If the link below does not work, copy it to your internet browser.

<http://www.military.com/benefits/military-pay/thrift-savings-plan>

- **Cardiopulmonary Resuscitation (CPR).** CPR is a series of chest compressions and mouth-to-mouth rescue breaths given to cardiac-arrest victims. The process is designed to circulate blood and prolong life until medics arrive or an automated external defibrillator can be located. For years, CPR students were taught to alternate 15 chest compressions and 2 deep rescue breaths on adults, or 5 compressions and 1 breath on children and infants. Students were also taught to check for a pulse and to not give chest compressions to a victim who had a pulse. The new method, established by the American Heart Association in 2005, phased in by the Red Cross last year and made standard procedure this year, calls for alternating 30 chest compressions and two normal (not deep) breath for all victims, regardless of age. It also eliminates the need to check for a pulse, since many lay-responders are not skilled enough to correctly detect one. Following is a summary of the change:

Rescue breaths:

- Old method — Deep breath into a person's lungs for two seconds
- New method — Normal breath for one second, until the person's chest rises

Chest compression-to-rescue breath ratio:

- Old method — 15:2 for adults; 5:1 for children and infants

- New method — 30:2 for all
- Chest compression rate:
- Old method — 100 per minute, adults and children; 120 per minute for infants
 - New method — 100 per minute for all
- Chest compression landmarking method for placement of hands:
- Old method — Trace up the ribs for adults and children; one finger below the nipple line at the center of chest for infants
 - New method — Center of chest for adults and children; just below nipple line at center of chest for infants

[SOURCE: Stars & Stripes Charlie Coon article 4 Mar 07]

2. **Wanted List.** I am still looking for these HIANG members e-mail addresses or their addresses I have for them no longer works.

Gaylen Benanua
Myles Nakastu
David Paahana
Robert Kodama
Michael Delmar
Bruce Jahnke
Michael Wong

Among the new or updated e-mail addresses are:

David Gilbert
Bernard Camacho
Bruce Hara
Seiichi Tsutsui
Leighton Sui
Vern Nakasone
Roy Masaki
Dennis Mishima
James Dang

3. **Retiree Update.**

- Sad News. **CM Sgt Henry Machado** called to report that **MSgt Ed Frost** passed away at the hospice at the old St. Francis West. Services were private. Ed was a long time member of the HIANG and served in the weapons and maintenance control sections. After his HIANG retirement, Ed worked for several years in the City Mill paint department in the Mililani store. Aloha Pumehana
- **Lt Col David Snakenberg**, the **154th Wing Vice Commander**, just returned from a tour in Afghanistan. The Adjutant General announced that Snake will head the Human Resources Office at Ft. Ruger. You can send congratulatory e-mail to: david.saneknberg@hick.ang.af.mil
- Congratulations to **LTC Alika Watts** who pinned on his “eagles” on March 30, 2007 at a ceremony here at Ft Ruger. Alika has done a super job working as the **HIARNG G1 Personnel**. You can send congratulatory e-mail to the new COL Watts at: Alika.Watts@ng.army.mil

- Congratulations to **CCM Denise Jelinski-Hall** - The Adjutant General announced that she is the new Senior Enlisted Advisor, replacing the retired **CSM Vernon Nakasone**. Command Chief Jelinski-Hall served as the 154th Wing Command Chief, and recently became the HIANG Command Chief after **CCM Kent Billings** retired. She just returned from a tour in the desert. You can send congratulatory e-mail to: denise.jelinskihall@hihick.ang.af.mil.
- The Army Chief of Staff announced the assignment of **BG John Y. Ma**, U.S. Army Reserve, to deputy commanding general for mobilization and reserve affairs (individual mobilization augmentee) at U.S. Army Pacific, Fort Shafter, Hawaii. General Ma formerly served as commander of the 9th **Regional Readiness Command**. He will succeed **MG Stephen Tom**. You can send congratulatory e-mail to: john.ma@us.army.mil
- **MSgt Bruce Hara**, 291st **Combat Communications Squadron** just retired after 27 years of military service. Bruce started a job with a company that is involved with the Air Force's Modeling & Simulation program. So, he will be traveling to Yama Sakura, RSO&I or Ulchi Focus Lens and other exercises in the Pacific area. Happy Retirement to Bruce (for now at least from the Guard)!
- I got an e-mail from another former HIANG member, **SMSgt Paula Lindahl**. "PJ" has been living in the Knoxville, Tennessee area for many years now. She once ran the multi purpose facility at McGhee Tyson ANGB, where she led her aerobics classes. She reported she was at SNCOA, from January 3 – February 22, and was still trying to catch up at home. Great hearing from "PJ"!
- **Col Gary "Pork" Peters** checked in. Pork, a former Marine, was a F-4 and F-15 pilot with the 199th **Fighter Squadron**. He served as the squadron commander before accepting a wing commander job in Indiana. Now a Guard retiree, he works as a program manager with the Cubic Corporation in Yuma, Arizona. Pork says it's a great job and he gets to work with the Marines. He went on to say that it appears he will end up retiring in the southwest. Semper Fi
- **Lt Col Mary Ooka** checked in. Mary retired a year ago and has since moved back to downtown Honolulu. She continues to be the world traveler. Last time we talked, she even has cut back on her long time part-time job. Now she is a true retiree!
- Congratulations to the following Air Guard members promoted at the March SNCO Board. You can send congratulatory e-mail to: firstname.lastname@hihick.ang.af.mil

SMSgt Carol Orr, 154th Mission Support Flight
SMSgt Grant Suzuki, 154th Maintenance Squadron
MSgt Marcus Della Sala, 154th Logistics Readiness Squadron
MSgt Michael Gordon, 154th Air Control Squadron
MSgt Clint Ikei, 169th Aircraft Control & Warning Squadron
MSgt Grant Kaneshiro, 154th Maintenance Squadron
MSgt Dwayne Lim, 154th Maintenance Squadron
MSgt Dawn Peters, 154th Operations Support Flight

4. **Upcoming Events**. Listed by date, the events remain posted until they occur.

- There is **A Golfing Celebration** scheduled for retired **CSM Vernon Nakasone**. Mark your calendars - Friday, April 20th 2007 for a round of golf at the challenging, well-manicured Leileihua Golf Club. Registration begins at 0900; with tee-off at begin at 1200 noon. Special events will

20070417

include: a putting challenge on the practice green, two longest drive contests, four closest to the pin challenges, and a \$50.00 Hole-in-One Shootout.

There will be an awards presentation and dinner directly after golf at the 487th FA Armory located just down the street at 77-230 Kamehameha Highway. The social gathering to begin at 1700 or immediately after golf play ends.

The cost for the event is by rank. This price includes entry into all special events, 18 holes of golf, riding cart, and social event, or \$15.00 for the social event only. A portion from both collections will be combined and used to provide the Command Sergeant Major with a parting gift.

Military: E1-E5	\$35.00
Military: E6-O3, WO's	\$40.00
Military: O4+	\$45.00
Federal Civilians	\$50.00
Civilian Guests	\$55.00
Social gathering only	\$15.00

To help us properly plan for this event, please register NLT April 13, 2007. The POCs for this event are:

Mr. Emerick Kaneshi	733-4260
Mr. Bob Zavala	672-1429
COL Alika Watts	672-1289
LTC Robert Lesher	672-1287

Additional information: Golf attire is required - collared shirts and slacks or shorts. No steel spikes allowed on the course. Tournament Committee reserves the right to adjust handicaps. Worm burners are encouraged to participate.

- There will be a change of command for the [93rd Weapons of Mass Destruction – Civil Support Team \(WMD-CST\)](#) on Friday May 11, 2007. **LTC Thomas “Trey” Johnson** will assume command from **LTC Courtney Vares-Lum**. The event will take place at the 93 CST facilities – Building 134 at Kalaeloa, starting at 0900.

5. The Promise. Retiree News will contain information about benefits, National Guard events, and news about retired or former members. There will be no chain e-mail, cute pictures, or sales pitches. Retiree News e-mail is published on a random schedule – as topics come up and time permits. If you change your mind about receiving issues of Retiree News, send me an e-mail at galen.yoshimoto@us.army.mil or call me at **672-1221**, and I will remove you from the Retiree News mailing list.