Step 1: Access the “Army Benefits Center-Civilians” (ABC-C) website at https://portal.chra.army.mil/abc/ and click on the “GRB” icon.

Step 2: Enter your CAC pin
Step 3: Click on the “Launch” button to watch an informational video.

Step 4: Click on the “Request” icon and select “Retirement Estimate”.
Step 5: Click on “Submit a New Request”

Step 6: Using the drop down menu, select “Retirement Estimate”. Please keep in mind that you won’t be allowed to submit request for if you’ve already submitted for one within the last 365 days.