EMERGENCY PREPAREDNESS STARTS WITH YOU

Visit: ready.hawaii.gov

ARE YOU 2 WEEKS READY?

BUILD KITS

Have Go Bags ready for work, each family member, pets, & a vehicle safety kit too.

PLAN TO BE ON YOUR OWN FOR AT LEAST 2 WEEKS

Water (1 gal. per person/day)  Flashlight  Pet Supplies
Food (Non-perishable)  Can Opener  Fire Extinguisher
First Aid Kit  Tools  Glasses/Eye Care
Medical Equipment  Warm Clothes  Cash
Medications  Sturdy Shoes  Identification
NOAA Alert Radio  Personal Hygiene Items  Important Documents
Extra Batteries  Toilet Paper  Comfort/Entertainment
COMMUNICATION IS KEY –

- Write down important emergency contact information.
- Texts are more likely to go through than calls.
- Have an extra cell phone charger and batteries.
- An out-of-area contact can serve as a relay point for family communication.

LEARN ABOUT DISASTER PLANS FOR:

- Your children’s school
- Your medical and/or transportation provider
- Your workplace
- Other places where your family spends time

WAYS TO HELP EACH OTHER

- Know how you’ll help people & pets who normally rely on you.
- Form a neighborhood group. Please visit ready.hawaii.gov for a listing of preparedness groups.
- Help organizations in your neighborhood that may need support during a disaster.
- Attend free disaster skills workshops offered by your local emergency management office and learn basic survival skills.

Check with your local emergency management office to:

- Sign up for emergency alerts and notifications.
- Identify your local emergency alert system (EAS) radio stations.
- Know your evacuation and alternate transportation routes.

PLAN AHEAD!

Determine an accessible meeting place in case you have to leave your home or work, so you can reunite your family.

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ACTIONS TO TAKE DURING A QUAKE

DROP

COVER

HOLD ON

If there is no table around, get lower than the other furniture.
THINK – BENEATH • BESIDE • BETWEEN

AFTER THE SHAKING

- Check for injuries & apply basic first aid.
- Check your building for structural damage.
- Leave building if unsafe.
- Help your neighbors.

Shut off the water at the main valve.
Shut off gas ONLY if you:
- Smell natural gas
- Hear hissing
- See the dial spinning rapidly

FOR MORE INFORMATION

- Local television
- Your local Emergency Management office
- Emergency radio stations
- NOAA weather radio channels
- @Hawaii_EMA
- facebook.com/HawaiiEMA
- ready.hawaii.gov