

# Kūkā'ilimoku

## HIANG lends a helping hand

by Tech. Sgt. Betty J. Squatrito-Martin

The 154th Wing deployed assets from the 204th Airlift Squadron in conjunction with the 15th Airlift Wing to Charleston Air Force Base, Jan. 20, in support of the Haitian relief effort, Operation Unified Command.

A 7.0 earthquake struck Haiti Jan. 12, resulting in over 200,000 deaths, widespread damage and thousands of injuries. In response to the devastation, the U. S. Air Force has been a part of a joint, interagency team supporting an international effort to bring humanitarian assistance to the Haitian people.

"Seeing the devastation in Haiti makes us very aware of how lucky we are to have what we have," said Lt. Col. Andrew Leshikar, 535th Airlift Squadron, commander. "We look forward to being able to provide critical supplies to the people of Haiti in their time of need."

"It's definitely exciting," said Capt. Robert Zeitz, 204 AS pilot. "I'm a pretty new pilot with the 204th Airlift

see RELIEF page 8



Members of the Hawaii Air National Guard assist a Haitian citizen as he boards the C-17 in Port-au-Prince Haiti. (Air Force Times photo/Sheila Vemmer)

## 154th Wing named outstanding unit

by Tech. Sgt. Betty J. Squatrito-Martin

The 154th Wing garnered the Air Force Outstanding Unit Award Jan. 4, for meritorious service from Aug. 2, 2007 to May 31, 2009.

"This Air Force Outstanding Unit Award reflects the Wing's many achievements over the award period," said Maj. Gen. Robert G.F. Lee, Hawaii Adjutant General.

"These achievements were a collaborative effort of 154th Wing's operations, maintenance and support functions," The dedication and commitment of the members of these organizations enable the Air National Guard to fulfill its commitment to the missions of peacekeeping, humanitarian relief, domestic improvement, and most important

of all-defense of America, said Lt. Gen. Harry M. Wyatt II, director Air National Guard.



This is the seventh time the 154 WG has been named Outstanding Unit.

The Department of the Air Force authorized the Outstanding Unit Award in 1954.

The Secretary of the Air Force awards numbered units that have distinguished themselves by exceptional meritorious service or outstanding achievement that clearly sets the unit above and a part from similar units.

Performance can come in the form of outstanding achievement of national or international significance, combat operations against an armed enemy of the United States, or military operations involving conflict with or exposure to hostile actions by an opposing foreign force.

Guard members who were assigned to the 154th Wing from June 1, 2007-May 31, 2009, will be authorized to wear the Outstanding Unit Award. No action is required by any Guardsmen as validation of names and a mass update in MIL-PDS is underway by the 154 Force Support Squadron.

The AFOUA will be presented to the 154th Wing during the HIANG Launa Ole Award Ceremony Mar.7.



## Commander's Call: Recognizing a job well done

by Brig. Gen. Joseph K. Kim, Commander 154 WG

Aloha! It seems that with every turn of the calendar, the new year, is busier

than the previous year.

Our stellar reputation, brought about by the amazing work all of you do out there, keeps your talents in high demand. Keep up the good work!

On January 4, 2010, the 154th Wing was awarded the 2009 Air Force Outstanding Unit Award (AFOUA) for meritorious service. If you were assigned to the 154th Wing or any of its subordinate units between June 1, 2007 and May 31, 2009, you will be awarded the AFOUA. Congratulations!!

The time since our last UTA has been event-rich. In the first of major MILCON projects begin-

ning this year, the KC-135 simulator building had its groundbreaking on January 15. Our Alert Force Evaluation has come and gone and we are validating the results, and a hearty congratulations to our Contracting Section, who passed their UCI relook with flying colors. As a result of his superior performance, Master Sgt. Clesson Paet was coined by the PACAF Inspector General as an Outstanding Performer!

In major deployments, the KC-135s are deploying to CENTCOM for the first time ever and equally impressive is the C-17's participation in Pacific Angel, a major PACOM mission promoting civil-military relations in areas of need. Thank you for representing us so well!

On a final but important note, Col. Ann Greenlee is our newest Brigadier General select! A well deserved promotion is on the horizon, congratulations Ann!

Please keep your personal well-being and the safety of you and your

families in your thoughts as we look forward to another eventful year!



Brig. Gen. Joseph K. Kim, 154th Wing commander, Hawaii Air National Guard, pins the Meritorious Service medal on Master Sgt. Colosse Eliapo, Feb. 21 during a retirement recognition ceremony for Master Sgt. Eliapo. This was Master Sgt. Eliapo's final UTA as he retires and moves on to the next phase of his life. (U.S. Air Force photo/Tech. Sgt. Betty J. Squatrito-Martin)



Brig. Gen. Joseph K. Kim conducts his first re-enlistment as the 154th Wing commander by giving the oath of office to Master Sgt. Glenda Buis. (U.S. Air Force photo/Master Sgt. Kristen Stanley)

### Kuka'ilimoku

This funded Air Force newspaper is an authorized publication for the members of the US military services. Contents of the Kuka'ilimoku are not necessarily the official views of, or endorsed by, the US Government, the Department of Defense, and the Department of the Air Force or the Hawaii Air National Guard.

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The Kuka'ilimoku can be seen on the 154th Wing intranet web page at <http://154web/>. The punctuation of the name of this publication was researched by the Indo-Pacific Language Department at the University of Hawaii.

All photos are United States Air Force photos unless otherwise noted.

#### COMMANDER

Brig. Gen. Joseph K. Kim  
STAFF

Tech. Sgt. Betty J. Squatrito-Martin  
NCOIC PA

Tech. Sgt. Michelle Thomas  
Tech Sgt. Andrew Jackson  
Staff Sgt. Lena Lopez

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# Get to know your new Command Chief

by **Command Chief Master Sgt. Willie Rafael**



As the new 154th Wing Command Chief, I believe a brief introduction of me is in order. I was born and raised in the Philippines back in the days when the Pittsburgh Pirates were the World Series Champions, the Philadelphia Eagles were the NFL Champions, and Brian Hyland's "Itsy Bitsy Teenie Weenie Yellow Polkadot Bikini" was the number one hit song on

the Billboard Chart. I Graduated from high school and attended Adamson University majoring in Mechanical Engineering prior to moving to Hawaii.

I spent some time at Honolulu Community College and held a couple of part time jobs to make it through school. I decided to join the active duty Air Force and was on my way to basic training in March of 1981. After several months of basic training and technical school, I became an Aircraft Mechanic working on heavy aircraft; and on to my first base, Dyess AFB, Texas where I met my wife who has given me two wonderful children in the process.

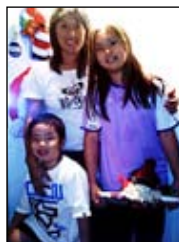
We were pretty lucky as we only moved to a couple bases; Yokota AB and Hurlburt Field, during my 12

years of active duty service. I landed a civilian job and joined the Air Force Reserves after Desert Storm in 1993, hoping to finish up my military career as a traditional. While I was working on a C-5 one drill weekend, I noticed a C-130 aircraft parked on the AMC ramp with a Hawaii tail flashing and later learned that it belonged to the Hawaii Air National Guard. I really didn't know a whole lot about the HIANG much less the guard unit here at Hickam. I was curious!

After extensively researching the HIANG; and since the Reserves did not have any aircraft permanently assigned to Hawaii to keep my mechanical skills current; a transfer to the Air Guard was in order. I pursued full-time employment on the outside, and was finally hired by Chief Master Sgt. (Ret) Jack Uhrig and now Chief Master Sgt. (Persistent) Noreen Lucuab, as a Weapons Systems Controller in 1995. The rest is history! It took some time but, I think I went through the normal rank progression both militarily and as a civilian; now a Technician Supervisor on the weekdays and the Wing Command Chief ALL the time!

Some other facts about me: I'm bilingual, hobbies include cars, motorcycles, exercise, and food. I Love kids, and I'm very easy to get along with. I'm here on the 5/4/9 technician schedule and am always available militarily. That concludes my ice breaker. So, if you see me out there, stop and chat with me. Aloha and God Bless America!

## Christmas 2009, not soon forgotten by some



154th Wing 1st Sgts. bring gifts, smiles and joy to children of deployed fathers and mothers during the Christmas season. (courtesy photos)



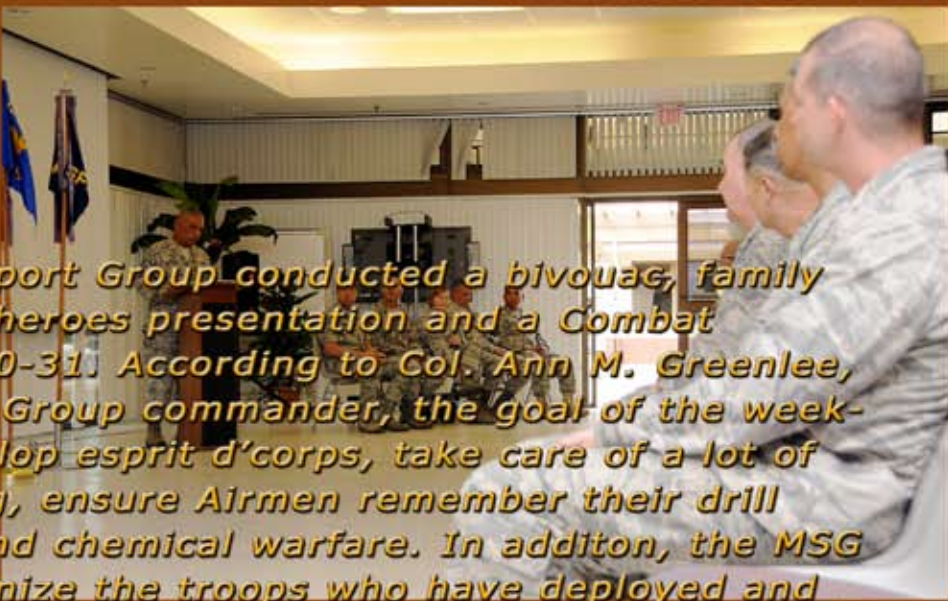








*The Mission Support Group conducted a bivouac, family day, Hometown heroes presentation and a Combat Dining-In Jan. 30-31. According to Col. Ann M. Greenlee, Mission Support Group commander, the goal of the weekend was to develop esprit d'corps, take care of a lot of ancillary training, ensure Airmen remember their drill and ceremony and chemical warfare. In addition, the MSG wanted to recognize the troops who have deployed and their families.*





## News Briefs

### Financial Preparedness

The National Guard launched the Financial Management Awareness Program (FMAP) recently to help National Guard members and spouses improve their financial preparedness.

The new program helps prepare National Guard members by providing free resources, and partnering with MilitarySaves.org to promote a culture of financial preparedness within the National Guard community. National Guard members should complete the financial awareness survey at:

**[www.jointservicesupport.org/financialawarenesssurvey](http://www.jointservicesupport.org/financialawarenesssurvey)**

This short survey will help FMAP determine current awareness levels of National Guard members concerning financial education programs.

Additional information on FMAP's partnership with MilitarySaves.org can be found on the Joint Services Support System at [www.jointservicesupport.org](http://www.jointservicesupport.org) or [www.militarysaves.org](http://www.militarysaves.org)

### Troy Barboza Run

T-Shirts now on sale for the annual Troy Barboza Law Enforcement Torch Run. Proceeds for the T-Shirt sales support the Special Olympics. To purchase T-Shirt and support Special Olympics go to: <http://specialolympicshawaii.ecrater.com/>.

In order to credit the HIANG for the sales, list the HIANG as the company during check out. Direct questions to Chief Master Sgt. Ray Duropan: 448-7262.

#### Promoted to CMSgt. (E-9)

154 MXG Wada, Eric S.

#### Promoted to SMSgt. (E-8)

154 FSS Joy, Robert J. Jr.  
154 MXG Partika, Christopher S.

154HQ Colon, Anthony

#### Promoted to TSgt. (E-6)

154MXS Corvera, John M.  
154WG Madriaga, Jerry R.  
199WF Onodera, Luke A B  
154AMXS Robinson, Shirley B..  
297ATCS Wright, Brian A.

#### Promoted to SSgt. (E-5)

154MXS Gillum, Daniel S.  
154 WG Harris, Carolyn M  
291CBCS Hirae, Kendall M.  
203 ARS Kam, Travis  
199 FS Mattson, Sherri  
201IS Mello, Christopher  
154AMXS Robinson, Noah E.  
154MXS Shiraishi, Ross K.

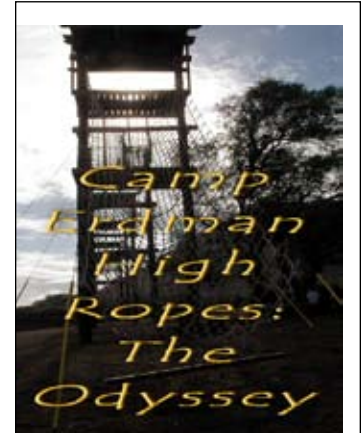
### 154 WG Drill Dates

**April 17-18 , 2010**  
**May 1-2, 2010**  
**June 5-6, 2010**

### Operation Military Kids

Operation Military Kids, along with the YMCA, is offering several weekend camps at various locations for military families whose spouse have deployed, are currently deployed, or will be deploying.

Families need a break from regular life before, during, and after deployments.



Camps will be offered on each island for \$20 per person, ages 2 and above.

The next camp is scheduled on Oahu Apr 9-11 at YMCA Camp Erdman.

The application for this camp is due Mar 12. Contact Art at 808-956-4125 or [omk@ctahr.hawaii.edu](mailto:omk@ctahr.hawaii.edu) if interested in at-

### UPT board nears

Those people interested in becoming a pilot need to submit their packages no later than April 1.

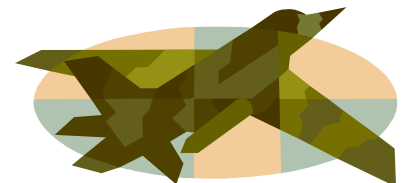
Send packages to Master Sgt. Charlsyee Yoshimoto.

In order to qualify applicants must have a bachelor's degree in any degree field. Applicants can not be older than 27 years and 9 months at the time the board meets.

Applicants must also have a scheduled Air Force Officer Qualifications Test (AFOQT).

For more information contact Master Sgt. Yosimoto via email:

[Charlsyee.yoshimoto@hick.ang.af.mil](mailto:Charlsyee.yoshimoto@hick.ang.af.mil)



# Understanding spiritual resiliency

by Lt. Col. Robert K. Nagamine, Chaplain, 154th Wing



Last month when I attended the National Guard Joint Chaplaincy Conference, we discussed the need for those of us in the military to be spiritually resilient. Let's first look at three questions concerning spiritual resilience.

First, what is resilience? Basically, is it the ability to face the changes in our lives and adapt ourselves to overcome those changes, whether positive or negative. It is the ability to bounce back and adapt.

Second, why do we need to be resilient? We need to be resilient in order to handle all of the tough things that we have gone through or are currently going through. The War on Terrorism, including the two ongoing wars in Iraq and Afghanistan, for these many years have taken a toll on most of us. In addition, likewise the Great Recession, with a huge number of people out of work, has taken a toll on our state and our nation. Most of us have felt our share of turbulence since 9/11. Also, there are a number of us who have deployed and could still be dealing with deployment issues.

Third, what does it mean to be spiritually resilient? This is different from being religiously resilient. It is not about going to church or being involved in the rituals, though that could be very helpful. It is about nurturing or tending to the spiritual needs we all have, which we might or might not get from attending church or following religious rituals. More precisely, it is dealing with the spiritual side of a person. It is fulfilling the need for peace, meaning, purpose and connectedness with others who are important to us. It is getting our hearts and souls to be at peace and the ability to deal with both internal and external conflicts. That is what

they were talking about.

If we seek spiritual resilience and find spiritual wholeness, then we will be more resilient and better equipped to face tough times. There is a famous quote that I once heard from a speaker: "The same sun that melts the butter hardens the clay." People who are spiritually resilient are able to deal with harsh situations, rather than become hardened and eventually crack under the pressure.

There is a website that might help us to become more resilient. Look up: [afterdeployment.org](http://afterdeployment.org).

Finally, consider seeking and following God. If we do, then we all could have the hope and strength to face life and become more spiritually resilient people, able to face life's challenges everyday.

Let's nurture our ability to be spiritually resilient!

## WORSHIP SERVICES

### Non-Denominational Service

10 a.m., UTA Sundays, C-17 Combined Maintenance Complex, Bldg 2133 main break room.

### Protestant Services

Traditional Style Service 8:30 a.m. Sundays Nelles Chapel  
Gospel Style Service 10:30 a.m. Sundays, Nelles Chapel  
Contemporary Style 8:30 a.m. Sundays, Chapel Center

### Catholic Services:

5:00 p.m., Saturdays, Nelles Chapel  
10:30 a.m., Sundays, Chapel Center

### Jewish Services:

7:30 p.m., Fridays, Pearl Harbor Aloha Chapel on Makalapa Road.

### Buddhist, Muslim or other faith groups:

call either the Wing Chaplain's office at 448-7275 on drill weekends or during other times the Chapel Center at 449-1754.

## Coach Dave Shoji speaks to HIANG members

by Tech. Sgt. Michelle Thomas

Dave Shoji, the University of Hawaii at Manoa women's volleyball head coach, spoke to Hawaii Air National Guard members at the C-17 operations auditorium Feb. 3.

Major Gen. Darryll Wong, HIANG Commander asked Shoji to speak about leadership, vision and teamwork concepts.

Shoji, keeping to what he knows best, talked about how he coaches his volleyball team.

"People have different strengths. It's up to coaches, commanders,

leaders to figure out how to tactically be successful," said Shoji, "and then they have to 'coach' the people working for them using that strategy. They can't do it without a good strategic plan."

Shoji, who has coached women's volleyball at the University of Hawaii for more than 35 years, earned career victory No. 1,000 last October.



Coach Dave Shoji receives a gift from Maj. Gen. Darryll D. M. Wong. (U.S. Air Force photo/Master Sgt. Kristen Stanley)

see **COACH** page 9



## Relief

Squadron, so I haven't been able to do any humanitarian missions yet. This is the first one, so it feels good to help out."

According to Lt. Col. Gregory Woodrow, commander 204th Airlift Squadron, the Hawaii crews will be thrown into a mix of active duty and Guard members. They fly Mainland C-17s as well as Hawaii's planes into Haiti.



Master Sgt. Sal Baltazar, 154 AMXS documents final details for the launch of a Hickam based C-17. The aircraft will fly in support of humanitarian efforts for Haiti. (U.S. Air Force photo/Master Sgt. Kristen Stanley)



Members of the Hawaii Air National Guard help unload supplies in support of Operation United Command. (Air Force Times photo/photo/Sheila Vemmer).



Maj. Noa Allen provides the mission brief to the C-17 aircrew before they take off for Charleston, South Carolina, the staging base for humanitarian efforts in Haiti. (U.S. Air Force photo/Master Sgt. Kristen Stanley.)

## HIANG members volunteer at Great Aloha Run

by 154th Wing Public Affairs

As the sun rose over the Ko'olau President's Day, several members of the Hawaii Air National Guard made their way to the 26th Annual Great Aloha Run as either participants or volunteers.

"It takes a special person to wake up early on a holiday morning, fight traffic, and hand out water or give medical aid to over 25,000 runners and walkers from across the globe," said Capt. Jason Matsuoka, who organized the Guard volunteers.

Approximately, 100 HIANG members volunteered to work at first aid and water stations along the 8.15 mile course from Aloha Tower to Aloha stadium. They supported both the runners and the Great Aloha Run organizers by passing out water, providing

medical assistance or just giving some encouraging cheers.

"All in all, I have to say that it was a job well done and a day well spent," said Tech. Sgt. Carissa Maxson, 154th Wing Medical Group.

The HIANG was there to support the community and help make the fund-raising event a success she added.

Some of the HIANG volunteers were assigned to the medical team. The majority of the injuries treated were blisters, but there were also runners with cramps, sore ankles and feet, chafing, scrapes, cuts, stomach pain, dehydration, overexertion and even a boy who had passed out. HIANG members also helped runners who requested ankle or foot wraps for support.

Tech. Sgt. Maxson and others



courtesy photo

Great Aloha Run volunteers from the Hawaii Air National Guard.

provided first aid support on Station 3. "I'd go so far as letting people know that if they want Self Aid Buddy Care practice or just want some live, fast-paced action, come to volunteer at Station 3 next year. Help is always needed."



# Families get free access to caregiver network

by Elaine Wilson: American Forces Press Service

**WASHINGTON**— Military families now have free access to an online network of caregivers who can assist with everything from babysitting to dog walking.

Sittercity is the nation's largest online source for local babysitters, nannies, elder care providers, dog walkers, housekeepers and tutors, and contains more than 1 million caregiver profiles, officials said.

Military members and their families can activate their membership by going to <http://www.sittercity.com/dod> <<http://www.sittercity.com/dod>> .

The Sittercity Corporate Program, funded by the Defense Department, offers military families, including active-duty, Guard and Reserve members, with a paid membership to the site.

The paid membership enables military families entry

to a custom-built Defense Department Web site portal where they can match up caregivers to their situation; gain instant access to caregiver profiles that include background checks, references and reviews; and find military-certified care providers as well as caregivers who are military-subsidized and authorized access to a military installation.

The site will help meet the unique needs of military families as they face deployments, long hours at work and assignments to remote locations, Thomas said.

While the membership is free, servicemembers will be responsible for the hiring and payment of caregivers, officials said.

Military members and their families can activate their membership by going to <http://www.sittercity.com/dod> <<http://www.sittercity.com/dod>>

## Coach

He is the second coach in the history of Division I women's volleyball to reach that milestone. Shoji's leadership has earned UH Manoa's volleyball program four national championships, eight trips to the Final Four and 13 consecutive Western Athletic Conference titles.

Although he was the one named coach of the year, Shoji noted, "there's no way I could do what I do without my staff. I think it's important to understand the 'team' concept, and it's something I try to stress to my players as well.

I know it's the same for you here. No one works alone."



UH volleyball coach, Dave Shoji speaks to members of the 204th Airlift Squadron. (U.S. Air Force photo/Master Sgt. Kristen Stanley.)

## Step up and take the Airman Battle Uniform survey

All HIANG guardmembers are encouraged to take the Airman Battle Uniform survey. For those who already have completed the survey, Mahalo for your time and participation.

To take the survey:

Please use the link below and follow the instructions. If you get a negative response from the link, copy the URL from end to end then launch internet ex-

plorer and paste it to the internet bar and hit enter.

<<https://154wg-sp-03/sites/msg/lrs/LGRD/LGRMS/IEE/Lists/ABU%20Questionnaire/overview.aspx>>

At the link:

**Click Respond** to this Survey

**Click Yes** if you've received 4

complete set's of the Airman Battle Uniform from the LRS' IEE.

**Click No** if you've never been issued 4 set's of the Airman Battle Uniform from the LRS' IEE.

**Click N/A** if you're Aircrew and do not require the Airman Battle Uniform.

To complete the survey, click Save and Close.



# ANG recruiters, retainers celebrate the best of times

by Air Force Master Sgt. Mike R. Smith  
National Guard Bureau (excerpt)

2/23/2010 - DALLAS -- The Air National Guard's top recruiters were celebrated for their accomplishments here last night after what many described as a tough, but landmark recruiting year in 2009.

The formal awards banquet was held on the first day of the Air Guard's annual Recruiting and Retention Training Workshop this week.

The winners were:

## **Recruiting and Retention Superintendent of the Year**

Senior Master Sgt. Connie M. Bacik,  
Headquarters, Wisconsin

## **Recruiting Office Supervisor of the Year**

Master Sgt. Loren M. Bell,  
146th Airlift Wing, California

## **Production Recruiter of the Year**

Tech. Sgt. Jereme H. Tate,  
146th Airlift Wing, California

## **Recruiting/Retention Noncommissioned Officer of the Year**

Master Sgt. Gary D. Dowling,  
103rd Air Communications Squadron, Conn.

## **Rookie Recruiter of the Year**

Tech. Sgt. Eric D. Martin, 188th Fighter Wing, Ark.

## **Retention Office Manager of the Year**

Master Sgt. Roselina B. Weldon,  
154th Wing, Hawaii

## **Rookie Retention Office Manager of the Year** Tech. Sgt. Paul F. Havran, 132nd Fighter Wing, Iowa **Unit Career Advisor of the Year**

Master Sgt. Terri L. Rogers,  
142nd Fighter Wing, Oregon

"I cannot thank you all enough for the tremendous work that you do each and every day," said Col. Mary Salcido, director of Air Guard Recruiting and Retention. "I feel a great passion for the outstanding people in recruiting and retention."

They are celebrating, because the Air Guard's recruiters and retainers are on a two-year win streak with back-to-back fiscal year end-strength goals exceeded.

It's a dramatic turnaround from years of missed goals.

In January, the Air Guard reported its monthly accession goal of 470 Airmen was exceeded with a total of 563 Airmen, or 120 percent. In December, it was 154 percent.

The numbers are proof of their success, but challenges remain in officer recruiting and in filling technical vacancies and the health professions.

But Salcido told the crowd that she is extremely confident that they would excel.

"We set our goal this year . battlefield weather was our hard-to-fill, and we filled them, just like that," said Tech. Sgt. Jereme H. Tate, the recruiter of the year, who brought in 101 people in 2009, which is nearly double the yearly work of one recruiter.



Marty Wyal

In 1944, she was a member of the first class of the Women's Army Auxiliary Corps (WAAC) at Fort Monmouth, New Jersey. While serving in the WAAC, she was the first woman to be promoted to the rank of sergeant. She was the first woman to be promoted to the rank of sergeant in the WAAC.



Sgt. Vanessa Sheffield

She was the first woman to be promoted to the rank of sergeant in the Air National Guard. She was the first woman to be promoted to the rank of sergeant in the Air National Guard.



Betty Gillies

In 1945, she was the first woman to be promoted to the rank of sergeant in the Air National Guard. She was the first woman to be promoted to the rank of sergeant in the Air National Guard.



Maj. Nicole Malachowski

She was the first woman to be promoted to the rank of major in the Air National Guard. She was the first woman to be promoted to the rank of major in the Air National Guard.

MARCH  
WOMEN'S HISTORY MONTH

Airman