



# Kukailimoku

## War God Of King Kamehameha I • 154 COMPAG

Volume 28, No. 7

Hickam Air Force Base, Hawaii July 18, 1982

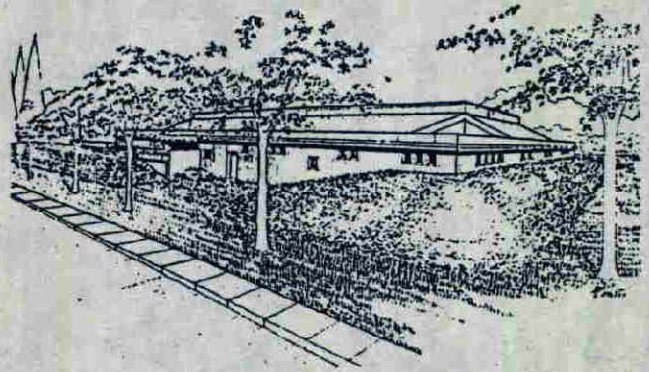
154th USAF Clinic

Deploys to the

Philippines



## 169th Gets New HIROCC Bldg.



VIEW FROM WRIGHT AVENUE

(Artist's depiction of bldg at Wheeler.)

The 154th USAF Clinic will deploy to the Regional Medical Center, Clark AB, from 5 through 19 August. This will be the first deployment to the Republic of the Philippines as an unit. Forty-three clinic members will be given on-the-job training to meet their mobilization requirements. According to MSgt Tosh Watabayashi, NCOIC, "We are there for training and will bring two cooks for hospital dietary training and nine other various sections scattered over Clark Regional Medical Center." He further commented that this deployment will help fulfill the training in a fixed hospital. The Clinic has two mission requirements; one in a fixed hospital, and the other in a tactical hospital environment. The Clinic members look forward to this deployment as an essential part of mission readiness.

The 169 Aircraft Control and Warning Squadron at Wheeler AFB will have a new home as a groundbreaking ceremony for the new HIROCC (Hawaii Region Operations Control Center) building has been scheduled for mid September. According to the unit commander, Lt Col Donald M. O'Day, the new facility will be "a vast improvement over the current system being that it is semiautomated." The 26,000 square foot facility was planned by R.G. Wood and Associates and will greatly enhance the working environment for the 169th. Lt Col O'Day further commented that "the impact will be on operations in retraining for the computerized display console." He looks at the facility as being a "quantum jump" for his unit and anxiously awaits the actual move in date.

## CE Returns

(see page 7)

154TH WING  
HISTORY OFFICE  
FILE # 2-98-234



## COMMANDERS CORNER

by Col. John S. W. Lee

It's been great to witness the athletic successes of a Wimbledon winner, the World Cup Italian victors and the individual achievements of local sportsters. We are a nation of watchers, and sports bring out the awe of inspiring human feats made possible by evolutionary genetic improvement of the species as well as through human self-conditioning and emotional perseverance.

We in the Air Guard however, do not have the luxury of sustaining a spectator role for the major part of our lives. On the contrary, we are obligated to assume the responsibility of an active player on the field because of the kind of business we're in. It is therefore incumbent for each player to be in the best physical shape to contribute to team play. As you well know, this is not the situation as we would like it. A small indicator which points this out is the number of overweight personnel we have in our ranks. This undesirable situation has been further aggravated by a significant change in our "fitness" regulation which previously made allowances for extra weight due to aging. For the Composite Group our overweight status picture looks like this: We had 68 overweight as of 30 June 1982, for CY 82 up to today our overweight numbers went from 99 to 68. Those in the overweight category have been identified and have until 31 January 1983 to remove themselves from this less than desirable select group.

But weight control is only a small reflection of desired physical fitness. Our interest in maintaining good physical fitness is due to our deemed esteem for many of

the accompanying performance results of a physically fit person such as high-performance stamina, alert and responsive judgment and wholesome social/human interaction capability. A physically fit person is better able to cope with the most demanding challenges.

## CAREER NEWS

MSgt Iris Kabazawa, Base Career Advisor periodically publishes an informative newsletter, "Career News". The July issue features current benefits/entitlements privileges, an entitlements table, the point system, and retirement benefits. Copies have been distributed to each unit career advisor. The information will prove useful to all Guard members.

☆☆
4th ALL HANG GOLF TOURNAMENT
☆☆

Date: 16 August 1982

Place: Hickam AFB

Check in: 0700 hrs

Tee off: 0800 hrs, shotgun start

Entry fee: \$12.00 (Includes prizes, lunch, refreshment, & cart)

Green fees: E1 to E5 = \$4.00  
E6 to O3 = \$5.00  
O4 & up = \$6.00

Deadline for entry: 31 July 1982  
The first 144 golfers will be accepted.

**\*\*See your unit coordinator\*\***

**next uta**  
**august 7&8**

# Chapel News

## HICKAM CHAPEL SERVICES

Protestant - 8:00 a.m. Hickam Harbor  
8:45 a.m. Chapel One  
11:15 a.m. Chapel Center

Catholic - 7:45 a.m. Chapel Center  
10:00 a.m. Chapel Center  
11:30 a.m. Chapel One

Jewish - Contact Jewish Chapel,  
Pearl Harbor...471-0050  
for information.

## 4TH COMPG - SUNDAY

3:00 p.m. - Interdenominational devotions  
followed by study/discussion  
group, CAMRON Training Room.

The KUKAILIMOKU is a funded Class 1 newspaper published monthly by and for the members of the 154th COMPG, HANG, Hickam AFB, HI. Opinions expressed herein are not necessarily those of the United States Air Force or the Hawaii Air National Guard.

Some of the material used has been provided by the American Forces Press Service and the Air Force News Service, official Department of Defense activities. Inquiries should be directed to: 154 COMPG/PA, HANG, Hickam Air Force Base, HI 96853. PH: 449-9374

Colonel John S. W. Lee, 154th COMPG  
Commander.

Capt. Richard K. Shimomura, Public  
Affairs Officer.

## KUKAILIMOKU STAFF

TSgt. Charles S. Gravitt.....Editor  
SrA. Charles Silva.....Assoc. Editor  
SSgt. Anna M. Fujimoto.....Asst. Editor



# Padre's Patter

by  
Chaplain (Lt. Col.)  
David Kennedy

## NEEDING AND GIVING

Have you considered the effect your presence may have on people around you? Do they need you? The answer is YES. We are somewhat selfish with our presence at times. We want to withdraw and think our own thoughts and read quietly rather than entertaining someone or just listening to them. But we never really know how much they need us, not to perform good deeds for their good, but only to be company to share a happening of the day.

Perhaps within their minds we can quiet some restlessness, assure them that they are needed, or give them a feeling of tranquillity. To many, life is no simple matter, and to hear them out may be the remedy.

It has been said by a very wise man that if you never make a mistake, you're not doing anything.

It is a relief to know that every day, without fail, we come in contact with people who put such confidence in us that we strive ever harder to never fail. Such people build human beings--and there is no job more worthy, or more creative.

Building character and confidence in a human being is a delicate task...for no two people respond in the same way. A challenge may be the way to boost one up, while another may need encouragement and praise to guide him on the way. But, oh, how human we all are, having the need for accomplishment...for attention...for approval!

And, how great the responsibility for leaders who must have the wisdom to inspire...the integrity to trust...the heart to understand! The race is hard for leader and follower, for each must understand the other--and there must be compassion for the slow, courage for the weak, and  
(Continued on Page 4.)

## 199TFS F-4 "A" Flight Fighters

by Capt. Peter Pawling

The "Heart" of the 199th Tactical Fighter Squadron has taken a change over the years. The "old F-102 pilots" who made the squadron tick, way-back-when, now beat to a different tune composed by many new and younger pilots and WSO's who came here to fly the F-4 fighter.

Since many of the faces are new to the rest of you, we thought this to be a good time to introduce or re-introduce you to the "Heart" of the squadron.

Four flights make up the 199TFS fighters starting with "A" Flight, spearheaded by Major Jim Haruguchi. When not performing his duties as flight commander or piloting the F-4, he's busy flying a 737 jet for Aloha Airlines. Major Danny Stone is assistant flight commander who works flying DC-9's for Hawaiian Airlines and part-time flying the F-4.

Other pilots are Major Bob Yee, who works for the City as an Electrical Engineer. Capt. Peter Pawling works as an Air Technician flying the F-4 and C-7. Capt. Alan Robinson, when not at the 199th, co-pilots Aloha's 737 jets. And 1st Lt. Art Hicks is the Alert Pro at the Alert Pad.

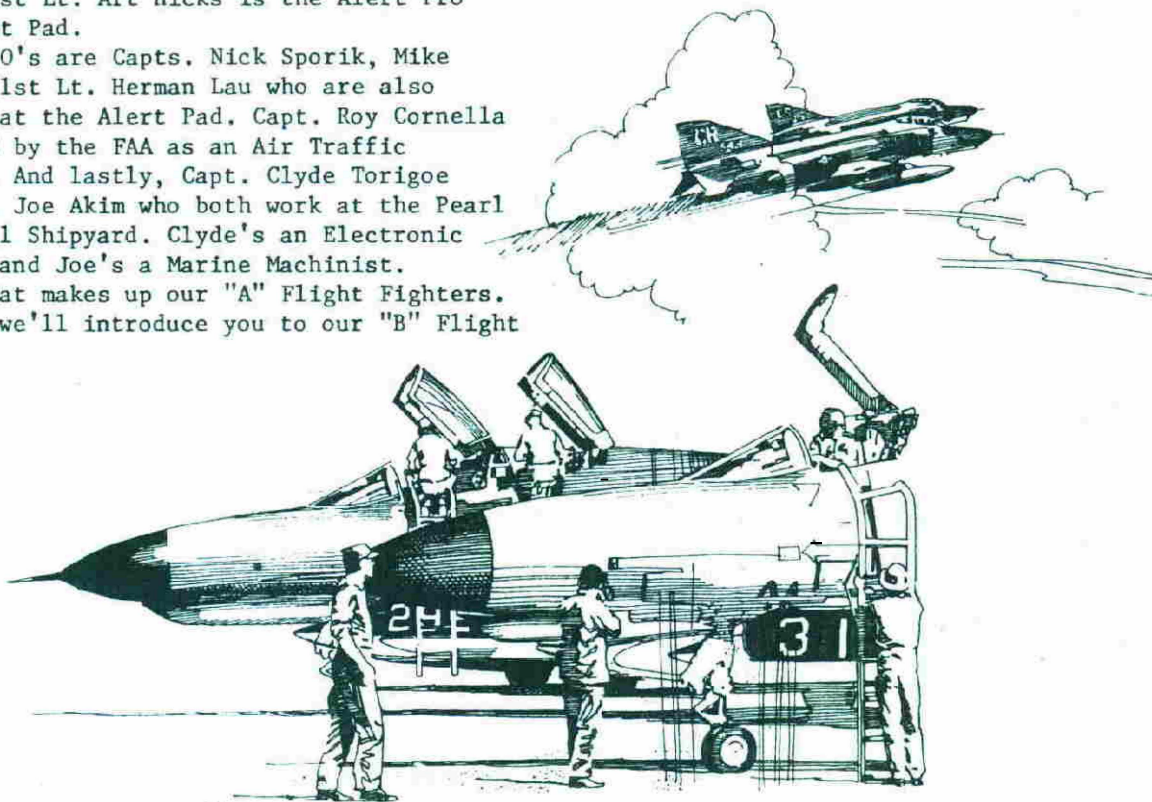
The WSO's are Cpts. Nick Sporik, Mike Dudley and 1st Lt. Herman Lau who are also Alert Pros at the Alert Pad. Capt. Roy Cornella is employed by the FAA as an Air Traffic Controller. And lastly, Capt. Clyde Torigoe and 1st Lt. Joe Akim who both work at the Pearl Harbor Naval Shipyard. Clyde's an Electronic Specialist and Joe's a Marine Machinist.

And that makes up our "A" Flight Fighters. Next month we'll introduce you to our "B" Flight Fighters.

## New Instructor Weapons System Officer

by Capt Michael Weathersby

Captain Robert J. Fleming will assume duty as the new Instructor Weapons System Officer with the Advisory Group to the Hawaii Air National Guard (HANG) effective mid-July 1. He will be assigned to the 326 Air Division but will work for the office of Air Force Senior Advisor to the HANG. Captain Fleming is arriving from the 43rd Tactical Fighter Squadron (TFS), Elmendorf AFB, Alaska, where he served as Stan/Eval Flight Examiner for the F-4E aircraft, so he's no newcomer to the F-4. Prior to his being stationed in Alaska, Captain Fleming has held positions as Instructor Weapons System Officer at Clark AB, Philippines and George AFB, California. One unique facet of Captain Fleming's career is that since his graduation from undergraduate Navigator Training in 1974, his entire flying career has been in the F-4. Captain Fleming is replacing Captain Michael R. Mitchell, who has separated from active duty to join the Air Force Reserves in Dayton, Ohio.



# AWARDS



Lt. Col. Tai Sung Hong receives the Air Force Commendation Medal from Lt. Col. Kurt Johnson. Colonel Hong received the award for meritorious service as Chief of the Standardization and Evaluation Branch, Operations, for the 154th Composite Group.)



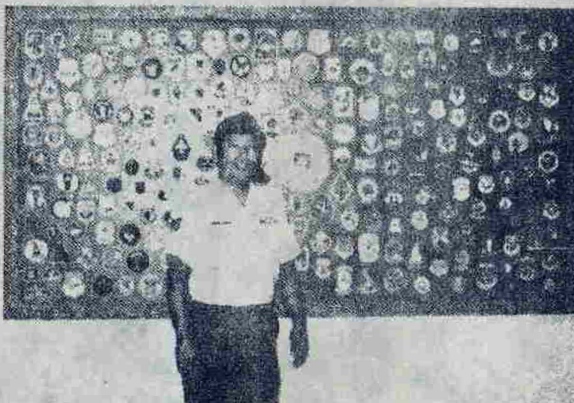
(MSgt. Kalfred K. Chang receives the Air Force Achievement Medal from Lt. Col. James Iwamura. MSgt. Chang is the Traffic Management Supervisor for the 154th RMS.)

Other AFCM recipients:  
 CMSgt. George H. Oshiro  
 SMSgt. Kiyoshi Koge  
 MSgt. Wallace M. Asato  
 MSgt. Harvey K. Maeda  
 MSgt. Kenneth H. Q. Young

Other AFAM recipients:

MSgt. Reginald K. Q. Chun

## Patches



(MSgt. Abe displaying his collection of squadron patches.)

MSgt. Doug Abe, Camron Career Advisor, started a patch collection in 1979 and it has since grown to almost 200 patches. If you have the opportunity, stop by and take a look at the collection in the parachute shop. The shop's seven members maintain and pack the F-4C drag chutes, pilot chutes and flotation equipment. A new patch board has been started and any contributions will be greatly appreciated.

## CAM sq. news & views

# HANG Night Out?

by SMSgt Art Lee

...The Weapons Shop finally got their first female weapons loader. She is ALC Lydia Bauman a mother of 2. Her husband is in the Army. Lydia possesses a blue belt in Karate. She will leave sometime in September for BMT/School. Another enlistee assigned to the Electrical Shop is Carolyn Hunt, prior service and also a mother.... So far we got gals in the Admin Office, Fabrication Shop, Engine Shop, Avionic Maintenance, NDI, Environmental, Electric and Weapons Shop. A few more and we will have one in every field of maintenance. Right on!...Sory to see Melissa Reynolds leave the squadron. She will be moving on to Alaska to work and live. We certainly will miss a lovely lady and a good mechanic. Good luck to you, Melissa!

...Congratulations to Capt Philip Tokunaga on the birth of number two son. Good work, Captain! You too, Mom.

...Still more congratulations on recent promotions: SSgt James Puu, ALC's Richardo Manaois, George Goula, Richard Moriyama and Richard Tom, and to SrA Jeff Namihara also.

...Aloha to SSgt Richard Capello from the AGE Shop who will be transferring to the Ontario Guard to take a job in the AGE Section; also to SSgt Carol Keanini who will be working for the State and to SSgt Abel Huihui who took a job with the Comptroller here in Group.

...ALC Robert Frabigas received a \$600 check from the Government but didn't know why so he came to see his supervisor and found out it was the bonus check for being assigned to a special AFSC. Eh bra, you lucky you join up, eh?  
(Continued on page 7.)

DATELINE ALOHA STADIUM--  
HANG NITE WITH THE ISLANDERS--Follow-up

The HANG All-Stars took a nose-dive by losing to the HANNG All-Stars, 5-1 in their VIP-umpired softball game on 25 June. Coach Val Wong attributed the defeat to the fact that his All-Stars were too keyed up. This writer thinks that they were well lubricated and too loose!

Our gate count was 662 warm bodies for the event, 2,027 total. It wasn't a total loss because the islanders beat the Vancouver Canadians 4-2. The familiar cry was "wait til next year".

Thanks to: Drew Hurley and his Parachute Jump Team, SSgt's Jan DeRego and Donna Von, the Royal Guard and all you ticket holders. Our Scholarship Fund received about six hundred dollars from this fund-raiser. Still got so more monies coming in. Mahalo.

HNCEA MEMBERSHIP DRIVE IS ON ITS WAY....

Don't forget to renew your annual membership this year-\$3.00-to MSgt Wayne Y. Soma. Name and address if you're a new member.



HAWAII  
ISLANDERS

...SSgt Doug Awana was awarded the Military Achievement Award at the Phase I Leadership Course at McGhee Tyson. This award is the only award given to an individual attending Phase I who is the outstanding student.

...Sgt Gary Mau was sixth in his leadership class but they do not give any awards for the ten distinguished students like they do at the NCO Academy. Anyway, to both Doug and Gary, you guys are just super. Right on!

...Lt David Snakenberg, OIC for the Avionics Branch is presently attending the Aircraft Maintenance Officer Course at Chanute AFB. MSgt Richard Kudo is finishing up the second phase NCO Academy at Tenn and SMSgt Art Lee will leave on 31 July to attend the Files Maintenance Course at Chanute. Can you imagine Art and Dick not playing golf for over two weeks? Hey you guys, you can catch them when they get back from school on the first day.

...We received work of the new HNGEA Officers for the coming year: MSgt Rodney Leong is the incoming President, MSgt Doug Abe the VP. MSgt Dick DeVeas, SSgt's Jan Derego and Jose Madrid will be on the Council. Both the Army and Air National Guard enlisted men are involved in the HNGEA.

...MSgt George Padilla, his wife and daughter just returned from a 21 day tour of Canada, East and West Coast and ended up at Vegas. According to George, he didn't win or lose. The fact of the matter is, he didn't even gamble. He came home with all his money.. Smart guy, this George.

...CAM bowlers practically won everything in the recent HANG/Handicap Bowling Tourney. The Farrington Billiard Team which comprised personnel from the Squadron, won the championship. Team members were: Mel Ara, Steward Lee, Rex Koga, Clifford Ono, Gerald Gono and Greg Makishi. Incidentally, 2nd, 3rd and 4th place teams were mostly CAM personnel, right on! Fishing and golfing appeared to be the favorite past-times during the past month. With the 150th Ahi Tourney, the recent HANG/HADD Golf Tourney and also the Tennis Tourney,

the HANG certainly can be proud of some good athletic programs. The next tourney is General Ishimoto's 4th ALL HANG Tourney to be held at Hickam on the 16th of August.

...The Group's beautification program is really coming along with the likes of the Avionics Branch, AGE Section, Benny Goo's planters, RMS greeneries; but the one we think will win first prize in time will be the Weapons Shop Country Club. They completed their putting green which is expected to take shape within a few weeks. Their gazebo is completed and in place. Trees and plants are being landscaped into the area. Their fish pond is already thriving with talapia and maybe some other items will be added to make this place look like a Country Club. Good work men. When will the Open House take place?

## CE Returns

by Sgt. Lisa A. Rodrigues

On June 19th, a 39 member composite team from the 154th CEF and 150th ACW left for their YFT (that's Yearly Field Training, or Summer Camp, for all you semi-civilians). This year's camp took the team to Cheyenne, Wyoming just in time for the state's annual thunder storms and tornado watches.

Despite the strange weather conditions, the hard working "Uthers" went at their assigned projects full force and completed all major work ahead of schedule. Some of the work completed included a loading ramp, sidewalk and curbing, renovations to existing buildings and entrances and some minor plumbing repairs.

In addition to spreading the fame of the Hawaii Air National Guard to Wyoming, the "Uthers" managed to save Uncle Sam about \$60,000. There is also an unconfirmed rumor that several individuals made sizeable personal donations to the state of Nevada.

The "Uthers" are all back now hard at work on the home front until next summer finds them? ? ?

PADRE'S PATER (Continued from Page 3)

appreciation for the loyal. To follow, one must be secure; to lead, one must be very wise.

It should be the practice of all of us that when we hear something complimentary about someone to tell them. It is so true that man does not live by bread alone, and to be recognized in having done something that rated approval is a very great reward.

Nothing so builds character in a child than to let him know someone believes he has a fine potential. That feeling that "someone believes in me" can be the very thing that will anchor his faith deep in hope for humanity.

To be able to see the good acts of others renders a service to ourselves. Swiss theologian John Casper Lavater once said: "He is incapable of a truly good action who finds not a pleasure in contemplating the good action of others."

Appreciation for the achievement of others is akin to sunshine--we simply can't help it shine on other people without feeling the glow ourselves.

by Capt John C. Ramos, GSO

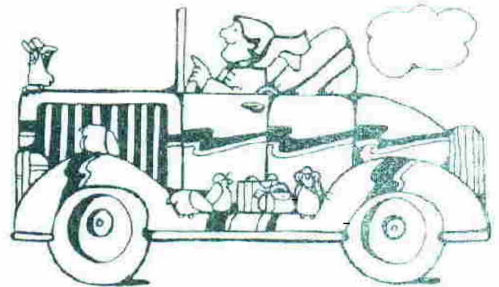
The National Safety Council has reported the results of a "health and fitness" study. This study concluded that life expectancy of the average person can be increased by about 11 years if at least six of the following habits are followed. These include:

1. Abstaining from tobacco.
2. Being within 20% of normal weight.
3. Getting some form of regular exercise.
4. Eating breakfast.
5. Avoiding snacks between meals.
6. Drinking in moderation.
7. Sleeping not substantially more (or less) than 8 hours a night.

Combined with good safety practices in your daily tasks and activities, the above would be a lot easier to realize. Think about it! That's 11 more years of collecting an enjoying that hard-earned and long-awaited retirement pay!

It's been said that little things can cause big worry. People generally feel that they are overworked, and this is justified in some cases. But others are simply exhausted by the worry of what has to be done. This builds up tension. A simple way to get rid of this mental load is to first write a list of jobs undone. Then tackle a few of these "nuisance" chores the next day. Just keep at it and your list will soon be completed. You'll have a feeling of accomplishment and your mind will be free for important decisions.

In June, 378 Buckle-Up pledges were received. If you haven't signed up yet, you may use the form below.



## 101 MOST CRITICAL DAYS BUCKLE-UP PLEDGE

I PLEDGE TO BUCKLE-UP, TO PROTECT CHILDREN BY PLACING THEM IN SAFETY BELTS OR CHILD SAFETY SEATS, AND TO REQUIRE MY FELLOW PASSENGERS TO BUCKLE-UP. I FURTHER RECOGNIZE THE AIR FORCE REQUIREMENT TO USE SAFETY BELTS WHILE OPERATING A GOVERNMENT MOTOR VEHICLE AND WHILE OPERATING A PRIVATE MOTOR VEHICLE ON A DEPARTMENT OF DEFENSE INSTALLATION.



Signature \_\_\_\_\_

Date \_\_\_\_\_



## cise & Your Heart

by Stephen Havas, M. D. and Sheila Pohl  
from Lifeline, May/June 1982  
(Adaptions from their booklet)

Coronary artery disease kills almost one-quarter of all the people who die between the ages of 35 and 64. Three Americans suffer heart attacks every minute of the day.

Most Americans get little vigorous exercise at work or during leisure hours.

Benefits of regular vigorous exercise. If you exercise regularly, it can:

- 0 give you more energy
- 0 help in coping with stress
- 0 improve your self-image
- 0 increase resistance to fatigue
- 0 help counter anxiety and depression
- 0 help you relax and feel less tense
- 0 improve sleep
- 0 provide an easy way to share an activity
- 0 help your heart and lungs work more efficiently
- 0 tone your muscles
- 0 burn off calories
- 0 help control appetite

You need to burn off 3,500 calories more than you take in to lose 1 pound.

You can eat fewer calories and exercise more. This is an even better way to lose weight.

The calories spent in a particular activity vary in proportion to one's body weight.

A better way to burn up calories is exercising longer and/or covering more distance.

Compared to the well conditioned heart, the average heart pumps up to 36,000 more times per day.

Coronary disease is the major cause of heart attack in America.

There are several factors that can increase your risk for developing coronary artery disease.

The most important of these risk factors are cigarette smoking, high blood pressure and high blood cholesterol. Other important risk factors include: Having diabetes, which doubles the risk for coronary artery disease; Being overweight increases the likelihood of getting high blood pressure, high blood cholesterol and diabetes.



Inactive people have 1½ to 2 times the risk of having a heart attack. Chances of dying immediately after a heart attack is also 3 times greater in physically inactive people.

Regular exercise is associated with lower blood pressure.



"I hear the doctor put you on a pretty strict diet"

# Disaster Quiz

(The following are questions designed to prepare you for disaster and for the upcoming MEI/ORI. -Ed.)

1. Fallout is radioactive debris resulting from a nuclear detonation.
  - a. True
  - b. False
2. What is the major hazard involved in a nuclear weapon accident (Broken Arrow)?
  - a. Fallout contamination
  - b. High explosive
  - c. Thermal radiation
  - d. Gamma radiation
3. Which of the following is the best way to remove fallout dust particles from your body?
  - a. Blow it off
  - b. Brush it off
  - c. Wash with soap and water
  - d. Vacuum it off
4. During disaster operations, you should:
  - a. Sightsee, take pictures, and collect souvenirs
  - b. Use emergency telephones for normal business
  - c. Handle substances or equipment of unknown origin
  - d. Not spread rumors or make false reports
5. Which of the following types of radiation is associated with high penetrating ability and results in serious radiation sickness?
  - a. Alpha particles
  - b. Beta particles
  - c. Gamma rays
  - d. Delta particles
6. Most typhoons are accompanied by torrential rains which could cause flooding
  - a. True
  - b. False
7. Chemical warfare reached a peak in sophistication following the Korean conflict. As a result, there has been no change in the USAF concept of operations for CW defense and related training programs.
  - a. True
  - b. False
8. The Unit Disaster Preparedness Information Program covers actions to be taken during:
  - a. Attack and nuclear fallout conditions
  - b. Chemical or biological warfare
  - c. Tropical storms
  - d. All of the above
9. Air Force dependents and dependents of civilian personnel who work on base will be trained by:
  - a. Squadron Disaster Preparedness NCO
  - b. Squadron Disaster Preparedness Officers
  - c. Their sponsor
  - d. Nobody, because they don't have a need to know.
10. Nuclear radiation can be in the form of alpha particles, beta particles, or gamma rays. All of them cause damage to body tissue and body organs. The most deadly and the greatest hazard from fallout is:
  - a. Alpha particles
  - b. Beta particles
  - c. Gamma rays
  - d. High speed electrons

(ANSWERS: a, b, c, d, c, a, b, d, c, Good = 10-8 Not Bad = 7-6

11. The M-17 Protective Mask is a combat mask which protects the face, eyes, and respiratory tract of the wearer from field concentrations of:

- a. Chemical or biological agents
- b. Ammonia or carbon monoxide
- c. Gamma radiation
- d. None of the above

12. Protective fallout shelters are managed and controlled by:

- a. Squadron commander
- b. Shelter management team
- c. Disaster Preparedness Support Team
- d. Personnel of the Base Disaster Preparedness Division

13. Who is responsible for insuring dependents are aware of the proper actions to take during a disaster situation?

- a. Disaster Preparedness Division
- b. The Sponsor
- c. Housing Office
- d. Public Affairs Office

14. Radiation can be detected by:

- a. Sight
- b. Smell
- c. RADIAC equipment
- d. All of the above

15. After a nuclear detonation you find canned goods. You should:

- a. Discard them, as they are surely neutron activated
- b. Wash the containers with clean water and then use the contents
- c. Open the cans and rely on thorough cooking to deactivate any radioactive contamination
- d. None of the above

16. All personnel within the disaster cordon must take cover when the fire department sounds withdrawal.

- a. True
- b. False

17. During recovery operations af-

ter a major accident, the security police will allow who to enter the cordoned area?

- a. No one
- b. Fire Dept only
- c. EOD, medical, and Fire Dept
- d. Personnel approved by the On-Scene Commander

18. When you are notified of a disaster situation that requires response, you should:

- a. Respond immediately without regard to normal safety precautions
- b. Take your time and respond when you can
- c. Respond rapidly without increasing risk of injury
- d. Think it over and make recommendations to improve response actions

19. After the initial disaster situation is over, personnel should be watchful for secondary hazards caused by downed power lines, fuel leaks, damaged facilities, etc.

- a. True
- b. False

20. After the evacuation of a cordon, you should:

- a. Continue with your normal duties, if possible
- b. Take a smoke break and, if not given instructions within 15 minutes, go home
- c. Wait for further instructions
- d. Call the Command Post and volunteer to help

21. The Fire Chief sounds withdrawal during exercise or actual disaster situations.

- a. True
- b. False

(ANSWERS: a, b, b, c, b, a, d, c, a, c, a) Good = 10-8 Not Bad = 7-6

22. If liquid blister agents come in contact with your eyes, you should:

- a. Apply ointment
- b. Flush them with water
- c. Use reimpregnating powder to protect your eyes
- d. Use Solution I from the

M258 Kit

23. Blood agents prevent the blood from furnishing oxygen to the body cells.

- a. True
- b. False

24. The dosimeter is designed for measuring accumulated exposure doses of gamma radiation.

- a. True
- b. False

25. Generally the phases of operations to cope with a major accident consist of:

- a. Response, withdrawal, recovery and reporting
- b. Response, withdrawal, transfer of command recovery
- c. Notification, response, withdrawal and transfer of command
- d. Notification, response, withdrawal and recovery

26. The primary office within the commander's staff for disaster preparedness planning, and the office of primary responsibility for the base disaster preparedness operations plan is:

- a. Base Command Post
- b. Base Safety Office
- c. Base Operations
- d. Base Disaster Preparedness

Division

27. Notification of an emergency/disaster/accident should be reported to:

- a. Base Operations and Control Tower
- b. Fire/Crash Station
- c. Command Post
- d. Any of the above

28. Actions taken by an individual

who is first aware of an emergency or accident situation are to:

- a. Suppress the accident (if possible) and shout for help.
- b. Report the situation to proper authority and warn personnel in the area.
- c. Aid the injured
- d. All of the above

29. What are toxic chemical agents?

- a. Agents capable of producing serious injury or death when used in field concentrations.
- b. Agents that produce only a temporary irritating or incapacitating effect when used.
- c. Agents used primarily for starting fires.
- d. Agents authorized for training purposes.

30. Accidents involving chemical agents require an initial cordon of:

- a. One mile radius downwind
- b. 2,000 feet radius downwind
- c. 1,500 feet radius upwind and crosswind
- d. One mile radius upwind and crosswind; two miles downwind.

31. The most important piece of protective equipment for protection from toxic chemical agents for an individual is the:

- a. RADIAC equipment
- b. Chemical detection kit
- c. Steel helmet and flak vest
- d. Protective mask

(ANSWERS: b, a, a, d, d, d, d, a, d,  
Good = 10-8 Not Bad = 7-6

# Tennis Anyone?



(Standing: Wayne Blankenship, Troop E, HARNG; Tai Hong, 199 TFS; Ed Mitchell, USARE; Ralph Pryor, USARE; Nelson Mau, USARE; Sitting: Bob Watanabe, HQ HARNG; Ron Watkins, Trp E; Jerry Bona, 169 ACW; Sanford Dobashi, 154 PG. Left to right.)



(Standing: Chris Jay, 199 WF; Henry Chu, USARE; Larry Mun, 159th HARNG; Dennis Carlin, USARE; Roy Nitta, Trp E; Sitting: Reginald Lee, 169 ACW; Stanley Shinsato, 169 ACW; Vernon Nakasone, 1293rd HARNG.)

Some 46 members of the Army and Air National Guard recently participated in a tennis tournament sponsored by the Hawaii National Guard Enlisted Association. Trophy winners are pictured above. Actual results are listed below. The Tournament was held at Makalapa Courts at Pearl Harbor Saturday, July 10.

"A" Division Doubles Champions: Jerry Bona - Tai Hong defeated Max Velasco, Jr - Edward Poe 6-3, 3-6, Tie-breaker (5-2)

"B" Division Doubles Champions: Chris Jay - Henry Chu defeated Nick Sporik - Howard Hironaka 1-6, 6-3 Tie-breaker (5-3)

"C" Division Doubles Champions: Larry Mun - Dennis Carlin defeated Ron Watkins - Wayne Blankenship 8-6 (Pro set)

"C" Division Doubles Consolation Winners: Sanford Dobashi - James Hikita defeated Mel Asai - Ed Richardson 8-2 (Pro set)

Novice Doubles Champions: Ralph Pryor - Ed Mitchell defeated Nelson Mau - Bob Watanabe 8-3 (Pro set)

Novice Doubles Consolation Winners: Stanley Shinsato - Reginald Lee defeated Norbert Luke - Ronald Aniya 9-7 (Pro set)

Novice Singles Champion: Vernon Nakasone defeated Roy Nitta 8-1 (Pro set)

Novice Singles Consolation Winner: Reynold Tamayei defeated Lincoln Yamashita 8-1 (Pro set)

# Use Hotline To Stop Waste —Not To Report Grievance

The DoD Hotline is a means for reporting crimes against the Department of Defense and the military services involving fraud, waste and the abuse of authority for personal gain.

The Hotline is NOT to be used for reporting:

- people who are mean
- people who are overweight
- a supervisor who gave you an unfair evaluation
- poor plumbing in the barracks
- rubbery eggs in the messhall

Those who have legitimate complaints about sexual harassment, discrimination or other wrongful practices not related to fraud or waste should report them through appropriate command channels.

Using the right channel for reporting grievances is more likely to result in faster corrective action or investigation of the complaint.

If you do become aware of a crime involving fraud or waste of DoD property or resources, report it promptly to the DoD Hotline, even if it hasn't happened yet. The faster such abuses are reported, the faster the proper authori-

ties can act. If you have reason to believe a crime of this sort is about to take place, your DoD Hotline report may help to prevent it or to nab the perpetrators in the act.

DoD Hotline numbers are:

- 800-424-9098 (TOLL FREE)
- 693-5080 (Washington Area)
- 223-5080 (Autovon)

## 'Giant Leap For Mankind'

**JULY  
20TH  
1969**

