

KUKAILIMOKU

(WAR GOD OF KAM THE FIRST)

154TH COMPOSITE GROUP

Vol. 25 No. 5 April 1979

MAY

APRIL A RED-LETTER MONTH FOR 154TH (NOTE MASTHEAD!)

154TH WING
HISTORY OFFICE

Group Does A "Super Job" -- and Aces the April O.R.I.

FILE # 2.98.199

The Pacific Air Forces operational readiness inspection team slammed into our Group early and hard last month's drill...but by mid-afternoon Sunday, initial results of crucial evaluations already had us looking better than many of us even had hoped.

"It's super! You guys have done a terrific job!" That's how 154COMPG Commander John S. W. Lee described it as the UTA and (effectively) the ORI drew to a close. He was proved absolutely correct four days later when the IG team ORI outbriefing came up with essentially the same description of our total effort.

Perhaps Colonel Ritchie Kunichika, Group Deputy Commander for Operations, summed it all up in the shortest and sweetest way: "You people did 'SOME GOOD!' on this ORI. That's the only way to put it. You're all really 'SOME GOOD!'"

The Group got hit April 6 and 7 with the toughest kind of inspection Pacific Air Forces command can throw at flyers, maintenance crews and radar controllers - and all our units passed with flying colors.

The ORI involved men and women hustling to 154th units recalled at Hickam, 169th ACW at Wheeler, and 150th ACW at Kokee Air Force Station, Kauai, as well as their active duty counterparts in the 326th Air Division, which serves as the Air Force command and control agency for the Guard.

The PACAF inspection team conducted two days of intensive evaluation and testing of various operational capabilities, including quality of maintenance, proficiency of aircrews and radar intercept controllers, and performance of support personnel at all three bases. According to the inspectors, the results, "met or far exceeded Air Force standards in all areas of evaluation."

As has happened in the past, the Guard's maintenance of the F-4 Phantom aircraft was singled out as "well above average"--especially compared with similar fighter units throughout the Pacific area.

"The terrific results of the ORI show that the total force concept--teamwork between the Air Guard and the regular Air Force--really works. My hat is off to all of you," said Maj Gen Valentine Siefertmann, adjutant general for Hawaii.

Commander of the Hawaii Air National Guard, Brig Gen Arthur U. Ishimoto, lauded personnel for a "superb" performance. "Everyone of you--and the people of Hawaii--should be proud; I know I am (proud) to be your commander," he said.

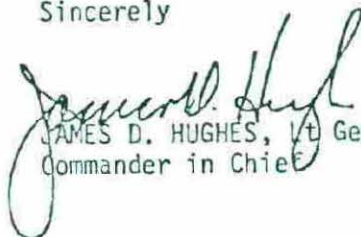
Brigadier General Arthur U. Ishimoto
Commander, Hawaii Air National Guard
3949 Diamond Head Road
Honolulu HI 96816

Dear General Ishimoto

I have just been briefed on the ORI of the Hawaii Air National Guard and the overall excellent rating. I was quite impressed with the results and wish to convey my congratulations on a job well done by you and your fine organization.

I have rarely seen such a collection of excellent and outstanding ratings. It is obvious that the teamwork and professionalism displayed by maintenance, aircrews, weapons controllers, and support personnel are the result of highly effective training. The 154th Composite Group aircraft maintenance complex was the best observed to date by the HQ PACAF IG. You and your people should be justifiably proud of the skill and dedication exhibited by all members of the Hawaii Air National Guard throughout this inspection effort. The results of this ORI once again graphically support the combat readiness of your people and the viability of the total force concept.

Sincerely


JAMES D. HUGHES, Lt General, USAF
Commander in Chief

KUKAILIMOKU'S "NEW LOOK"

Reflecting the changeover from Fighter Group to Composite Group status, the scroll under the 154th unit emblem and shield - plus a dashing new shot of a HANG F-4 Phantom over Diamond Head - add up to a revamped masthead for our newspaper beginning this issue. This month only we used red because of the slashing success and the "Bloody Good Job" that the 154th did on the ORI.

Note that we have clarified the title also. Many people, new and old in our unit, apparently weren't aware that "KUKAILIMOKU", the wargod represented on many HANG unit emblems, was a personal war god of King Kamehameha I and indeed was carried with him into all battles and military campaigns. So for our own information, and that of outsiders who read our newspaper, we indicated that fact on the masthead itself.

Again our thanks go to LtCol Kurt Johnson, fighter operations officer, for providing us the new and clarified details.

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Time Can Be the LIFE or DEATH Factor in Emergencies

National Safety Council
Newsletter

A Michigan man bagged a deer on the second day of the hunting season and took it home to dress it. His seven-year old son stood by and watched as the man hung the deer in the garage and started to work on it. The boy picked up a skinning knife to help, but the blade slipped on the tough hide and slashed deep into the youngster's knee.

The man put his son in the car and headed for the nearest doctor. The 14 miles seemed to stretch on forever. When he finally arrived, the office was empty; everyone had gone home for the day.

Frantic now, the father pushed the accelerator to the floor and sped to the nearest hospital, half an hour away. His son was no longer crying, but lay quiet on the seat beside him.

At last he pulled up at the hospital. A nurse opened the door, and the father carried his son into the emergency room and laid him on the table.

Relieved that help was finally at hand, the exhausted man dropped into a chair in the waiting room. At that moment the doctor appeared in the doorway. He just stood there, shaking his head. The father was paralyzed with fear.

"How is he?" he asked.

"Your son was dead on arrival," the doctor replied. "He bled to death along the way."

The distraught father probably could have saved his son's life just by applying a pad or gauze or a clean handkerchief, wrapping the knee firmly

with a strip of cloth, and having the boy lie down with his leg propped up.

But like so many of us, he felt helpless in the face of a medical emergency—ignorant of what to do, or afraid that he would do the wrong thing. So the boy died.

Many of us have been led to believe that saving lives is a complex task that should be left to the medical profession. But not always.

In some emergencies, time counts more than all the medical expertise in the world. Life slips away as the seconds pass. The ambulance will never make it in time. A life is in your hands and you must act!

"Promptness rather than professional expertise matters most," noted a recent editorial in the Journal of the American Medical Association. The Journal cited a Norwegian study of 631 persons who suffered cardiac arrest. Most of the victims received no treatment until the ambulance arrived (average time: eight minutes). Only eight percent survived. But some of the victims were resuscitated by bystanders, and in this group 36 percent survived.

When resuscitation was started in the first minute after the heart stopped, the survival rate shot up to 61 percent. Results like those have led some experts to predict that 100,000 lives could be saved in the U.S. each year if enough people could apply CPR.

The publicity about so-called "Good Samaritan" actions has made some people afraid to act for fear of being sued. Yet a recent study failed to turn up a single case in which a layman was found liable for applying CPR. Common law doctrines and Good

Samaritan statutes protect the bystander who makes a sincere effort to give first aid in an emergency.

A Vermont law actually requires the bystander to give "reasonable assistance" to a victim "exposed to grave physical harm." In West Germany, motorists are required to carry first-aid kits in their cars, and a person who applies for a driver's license must present a certificate showing that he has received instruction in first aid.

Everyone should get first aid training, especially for CPR, which requires a little practice on a special dummy. First aid courses take only a few hours and cost little or nothing. Check with your local Heart Association, Red Cross, or your employer.

But just because you haven't had formal training doesn't mean you can't help in an emergency. You can learn enough to save a life just by reading the following instructions.

When Breathing Stops

This condition may be caused by suffocation, immersion in water, choking, electric shock, or other emergencies. The remedy is mouth-to-mouth breathing—and it's a lot simpler than you may have thought. All you do is clear the air passage and breathe into the mouth.

With the victim lying on his back, check his mouth and clear out any foreign matter. Then put your hand under his neck and lift it gently, tilting his head back. This will prevent his tongue from blocking the air passage, and may be enough to restore breathing with no further assistance. (But don't move the head or neck if you suspect spine injury.)

Now just cover his mouth with yours and breathe in, a few quick breaths at first, and then your normal rate (about once every four or five seconds for adults, a little faster for children). Pinch the nostrils shut so that air you breathe in won't go out his nose. Remove your mouth after each breath to let the victim exhale.

Drowning

You don't have to be an expert swimmer to save a person from drowning. Just throw him something that floats, such as a life preserver, a spare tire, a cooler chest, a beach ball, or a piece of wood. Or, throw him a rope and pull him in.

If you're close enough, you may be able to throw him one end of a shirt or coat, while you hold onto the other end (but don't get close enough for him to grab you, unless you've had training in water rescue).

Severe Bleeding

To stop a person from bleeding to death, apply direct pressure over the wound. Your bare hand will do. A clean handkerchief or other cloth would do better, because your hand will have to be removed eventually, while the cloth could be left in place to aid clotting. A clean piece of gauze wrapped in a firm bandage would be best, since the victim can then be moved more easily.

Elevating the injury above the level of the heart may help. The flow of blood to the wound will be slowed because it will be moving against gravity.

Choking

Choking is often confused with a heart attack. In a severe case there is no coughing; the victim just turns blue and collapses. But you can usually tell the difference because a choking victim cannot speak at all, while a heart attack victim usually can.

Wait a few seconds to see if the victim's automatic reflexes can dislodge the object that is blocking the windpipe. If not, you should act quickly to try to force the object out. Stand behind the victim, put your arms around him, press your fist into his abdomen just below the ribs, grasp your fist in the other hand, and squeeze inward and upward quickly. The object in the windpipe should pop out like a cork from a champagne bottle. If the victim is lying on his back you can achieve the same effect by placing one hand over the other on his abdomen just above the navel and pressing quickly upward with the weight of your body.

Burns

Burned skin is like a roast in the oven: it keeps cooking after the heat is removed. A burn that affects only the top layers of skin at first may penetrate deeper and destroy the full thickness of the tissue, exposing the internal organs to life-threatening infection.

The proper treatment is to immerse the burned area immediately into cold water and hold it there until the heat is dissipated (unless the skin has been completely destroyed; in that case, just cover it with a clean sheet or other cloth).

As you can see, first aid need not be complicated. The biggest obstacle may be your fear and nervousness. That's natural. Just remember that your goal is not to cure the victim, but to keep him alive until expert help is provided. When time is crucial, your simple action may save a life.

—Al Finch
General Services Administration
Region 6

154 CAM SQUADRON NEWS

....It seems like Green and Blue are the CAM Squadron favorite colors. The final tally of the recent ORI conducted by the PACAF IG Team produced many greens and blues within the Group and especially the CAM Sq. Green represents Excellent and Blue Outstanding. The CAM Sq certainly lived up to its motto "No Ka Oi"...

....Anyone interested in joining the 154COMPG Gun Club contact TSgt RONALD MURONAGA at 449-2133 or Sgt BARBARA CHUN at 449-5672. The Gun Club was formed back in January and so far about 23 HANG members are actively supporting the Club. Instructors are MSgt GEORGE PADILLA, TSgts BILL ABERILLA, WALLY YARA, and ERIC KANAZAWA of the CAM Sq, Sgt BARBARA CHUN of 154CSS, ALC NORA CHAN of the Clinic, TSgt TOM ODA from AFRES, SSgt DON MOCHIZUKI and SSgt WALLY KAWAKAMI both from the 829th Maint Co...

....Congratulations to MSgt JOHN JOYCE and SSgt LARRY DEREGO both worked together on a suggestion and received cash award given to them personally by the Adjutant General Major General Valentine Siefertmann...and in the Mill being further evaluated are 3 of HAL DEREGOS suggestions.

....The Motor Cycle trend is on..First it was STEVE, then GEORGE and JERRY, now GARY and URBAN, who will be next?....

....A sight to see, DAVID PONTES wearing his original suit, Plits and Cuffs... Man, that's from way back then DAVE....

....MSgt JIMMY YAMAMOTO returned from the MMIX course at Chanute and MSgt ED FROST will be leaving on the 16th of May to attend the same course. MSgt GABRIEL finally departed for the mainland after waiting one week to catch a military hop, he left on a commercial jet, I guess our military connection did not connect this time.

....Heard over the Job Controllers during the recent ORI, "Please and Thank You", now that the ORI is over, its back to normal....

....This year the tax man really put the bite on some of our people, one guy had to pay about \$2300, another \$1100 and still others paid over \$1300. Wow, that's heavy man...Take time out to talk to the finance people and see what they can do to ease the pain, maybe by withholding more money for tax, then you won't have to feel the pain at the end of next year....

....Hard Travelers: GMSgt ROBERT CHOI flew to Okinawa to pull acceptance inspection on F-4Cs heading for Indiana ANG, he flew back home arriving one Sunday evening played golf the next day and flew to Maui a few days later to attend the Safety Conference, returned home, rested couple of days and flew back to Okinawa for another acceptance inspection tour. Chief CHOI was requested by name by NGB to go to Okinawa, quite an honor...Col AULT flew to Hill AFB for a few days attending a maintenance conference, flew back home, rested couple of days and flew to Korea to visit an AF F-4C unit... At the end of May he will fly to Molokai to attend the Log Conference for HANG... Also maintenance personnel headed by Capt MINATO will deploy to Guam the latter part of May.

....Last month we reported SrA GLENN POLLER flies in from Maui to attend UTA, well now, how about SrA ED SUGAI of the INS shop who flies in from Hilo every month to attend UTA, his drill pay just about covers his plane fare from Hilo and back....With people like this, how can we lose?

....Chief BOB CHOI, MSgts BEN GOO and GEORGE KANESHIRO on their way to play golf at Kalakaua Golf Course had car trouble and was stalled just outside the main gate at Schofield Barracks, along came SMSG TOSH OSHIRO in his Volkswagon and all three golfers piled into his small car. GEORGE didn't let the incident bother him as he shot a 74 for the day, 34 for the first nine and 40 the second nine....

....Transferring from the New Jersey ANG TSgt LAWRENCE "LARRY" FRIEDMAN brings to the HANG a very impressive record both military and civilian. He is a former AF vet stationed at Adana Turkey as a 463XO Nuclear Weapons technician. He joined the Air Refueling Gp 170th NJANG as a plumbing specialist. A graduate of the NCO Academy in 1973, he was also an instructor at the Academy returning there 2 times to instruct. Also he taught 2 years for the Army Guard in NJ Military Academy. LARRY decided to come to Hawaii because he was tired of all the hassels and especially the cold weahter there. He wanted to come to a fantastic place to live and join up with a fantastic unit so he chose Hawaii and the 154 CAM Sq No Ka Oi unit. Incidentally, LARRY's uncle ROY J SCHLIECH is in his 32nd year in the NJANG and is the Senior Enlisted Advisor of the State. LARRY is a former trustee of Clifton Boys Club, past president of NJ plumbers association and a member of NCOA graduate association...Wow that's a lot of handle man...We sure welcome to the unit a go getter like LARRY, from all indications we will probably hear more about this young man in the future....Last month we had "HEATHER", this month "LARRY", anymore of this kind of talent we will become the bestest of the best..Right on Bra, Welcome to the best in the Guard.....



"Now remember, Garlock--it's "Bandits, 12 o'clock high," not "Here comes those dirty, rotten no good SOBs way up over our----noses."