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154TH FIGHTER GROUP (AD) HAWAII AIR NATIONAL GUARD HICKAM AFB 20 OCT. 68
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## THREE YEARS NORS-FREE

The Hawaii Air National Guard will celebrate three years of NORS free operation with a teahouse party Oct. 27 at Kanraku.

The three years are up Oct. 26 and constitute the worldwide Air National Guard record.

At the two-year mark HANG rated third place among all Air Force units worldwide, but since that time no reports have been received on the status of the other two bases.

Lt. Col. Robert Martinez, Chief of Supply and Services of the California Air Guard's Ontario base, and Lt. Col. Sandlin of the Director of Materiel office, National Guard Bureau, will attend the celebration.

Maj. Frank Carlos, HANG Chief of Supply and Services, and Majs. Dan Au and Harold Mattos, commanders of Supply and CAM squadrons respectively, cited the team effort concept and the thorough professionalism of the NCOs primarily responsible for carrying it out.

## NEXT DRILL

The drill dates for next month are 16-17 November.

### SUPPORT

Support your Aloha United Fund, a worthy and just cause. If you don't, your Federal Government will. Check your fair share when your turn comes.

### ARE YOU PHYSICALLY FIT?

There's a way for you to find out, and the details are available from TSgt Guy Matsuguma of the Flight Similator section or MSgt Saffery in Field Maintenance.

According to the recent directive from the National Guard Bureau all guardsmen must be both physically fit and physically able, with Maj. Cooper's book on Aerobics as a base.

Sgts Matsuguma and Saffery will conduct testing on a strictly voluntary basis at the November UTA, and all wishing to find out how they stand should bring shorts and sneakers at that time.

The test itself will require 12 minutes of participation in a 30-minute period. The time and place of the testing will be determined by response.

#### HANG'S "TAIHO"

Here's congratulations to Sgt George Sasano of the 154th USAF Dispensary, the 1968 All -Hawaii karate grand champion.

Recently in a championship tournament he defeated five of Hawaii's top karate men including defending champion and favorite Kenneth Funakoshi. Sasano also placed second in the kata competition.

He will represent the state at the All-America tournament on the Mainland later this year.

"Doc" Toshi is all smiles these days, as he feels that with Sasano for a bodyguard, he will receive fewer complaints from all. HISTORY OFFICE

THE FIVE-IEVEL PLAN

Majors Jon Parrish and Gerald Sada have returned from their 90-day tours of active duty in Southeast Asia where they flew a variety of missions in the "deuce". Summing it all up, Maj. Parrish said it was comparable to 90 days of continuous summer camp, which we assume was the highest compliment he could pay it. Major Ritchie Kunichika and Capt Rex Hitchcock left Oct. 3 for Clark AFB in the Philippines and Da Nang, also to serve 90 days of Palace Alert.

The Squadron also has three new fighter jocks: Capts. Bill "Mickey" Spillane, Harold "Hal" Simpson, and Paul Eckel. Capt. Spillane is an Air Defense "expert" from the Fresno Air Guard; Capts. Simpson and Eckel both fly for Continental and are upgrading to the dance locally. Teamed up with 2nd Lt. Lee Muller and two newly promoted officers they threw a combination initiation/promotion bash at the now famous Laguna Cove restaurant and bar last night.

Group Safety Officer Maj. Mel Yen received the PACAF "Able Aeronaut" award at last month's final formation and has since received recognition in the National Guardsman magazine for his flawless performance in landing a flamedout F-102 at Barbers Point August 10.

# 100% QUALIFIED

Lt. Col. Claude Caver's 154th USAF Dispensary is believed to be the only unit in the ANG worldwide which is 100% qualified, both officers and airmen, according to the Unit Manning Document.

To be combat ready, all members of a unit must be qualified to the 5-level, and the Dispensary lacks fulfillment of that requirement by two but is working toward it. The two now three-level are designated as such by the UMD, so by that standard the Dispensary's 16 airmen and six officers are 100% qualified.

From Maj. Paul Haygood, Education and Training Staff Officer, comes a memorandum on the purpose of this plan.

The plan interprets the true meaning of OJT by dividing total years of HANG service into 2 main categories: the training investment years and the training dividend or bonus years.

Ideally the airman will complete BMT and qualify for his three-level within 10 months, and be slated for five-level work without delay.

The second year should lead to the five level by the airman's 30th month at the latest. Should this result not be attained, the graph suggests the use of the 45-day active duty tour by the second evaluation, rather than waiting for the third evaluation period.

The purpose of this plan lies in the fact that the third year of service finds the HANG airman qualified at the five level and able to give the HANG three years of productive service. There is also time for the career-minded airman to select his path to the seven level of qualification long before his "six" are up.

#### PROMOTIONS

The following-named airmen have been promoted to the grades indicated, effective Oct. 1: 154th CAMRON TSgt Wright E. Upchurch Sgt Bert K. Aono Sgt Harrington K. Hayakawa Sgt Douglas P. Leite Sgt Norman P.Y. Tan AlC Herbert T. Ishikawa AlC Randall M. Sasaki AlC Leonard Valentin 154th Supply Sq SSgt Warren N. Miura Sgt Carlton K.H. Fong Sgt Alfred A. Tanaka 154th Cmbt Spt Sq SSgt Kenneth Pang Jr Sgt Lawrence H.H. Wong Jr AlC Warren S. Asada 154th USAF Disp AlC Guy S. Watase