

Kūkā'ilimoku

Apr. 7, 2001

Vol.47 No.04

More evidence that our people are world-class...

(Forwarded by Capt Tammi L. Peacock, ANG Logistics Plans)



Please help pass through the Guard channels our many thanks to the Hawaii Air National Guard. We're closing our runway for 5 days, and our final scheduled C-141 before runway closure broke. We had an AFE Band, mail, and other important cargo scheduled to come in on the C-141. The Hawaii ANG stepped up to the plate and put together a KC-135 mission to support us at the last minute, they were able to call a crew in only a day before,

and they got us our cargo and pax this morning. This mission was very important for the morale of the 1,200 people on the island...we appreciate their support!

On another note, the Hawaii ANG C-130s support us with weekly flights on Thursdays to bring in cargo and passengers (usually, they have our fresh fruits/vegetables and bread). We also receive cargo through other airlift sources. Recently, we've had a string of bad luck with planes breaking, etc. through our other airlift sources. But, the HIANG C-130s have been reliable - always here on time. It's been nice to have them to count on.

I'm sure our commander will personally be in contact with the HIANG unit to pass on our thanks, but I wanted to let you all know how much we appreciate their support.

Very Respectfully,

Maj Jo Anne Pinney Chief, Logistics Division Johnston Atoll Airfield

1st Sergeant Position Available

Must be a MSgt., or a TSgt. that is eligible for promotion to MSgt. Those interested should contact CMSgt. Claesen Apo on his cell phone at 258-7549 or via email.



Commander's Call

By Colonel Albert "Putt" Richards, 154th Wing Commander

If you, like I, have been looking at the calendar lately, you have noticed that we have five months remaining to prepare for our PACAF UCI in September. Seems like a long way off, but in "traditional guardspeak" we have 10 days (5 UTA weekends), to ensure that our programs are in order, our T's are crossed and I's are dotted. Our best tool is the UCO

report from last September. If you can review your discrepancies and look squarely in the mirror and be certain that all required actions have been completed then you will do well. Don't put off requesting help from wing or base agencies if you still have some open actions to be done. Then, look into your areas that the UCO did not look at and make sure that every rock has been kicked over in your efforts to strive for perfection. I am very pleased with the progress we have made and want to make sure that you all get the recognition you deserve for all the hard work you have done in getting ready for this inspection.

Speaking of hard work, I would like to take this opportunity to publicly thank the entire 154th team that dealt with the very short notice grounding of our F15 fleet. You dove in with both hands (after thinking the problem through), and completed all the inspections and required follow-on actions in a superb manner. Our down time was minimized and the 199th pilots had safe jets to fly again. Mahalo.

I would also like to express a very sincere mahalo for all the kind thoughts from many of you on my recent selection for promotion to Brigadier General. As I have said, I am the one that is very privileged to be able to work with all of you. We are one Wing going down the same path together and I am very proud to be one of you.



HOOKANAKA OHANA - A Look at the HIANG Family By Lt Col Ann Greenlee, 154 WG/CCE

This month I received news on a couple of web sites with great information for families. The first is www.aafes.com. You can shop the Air Force BX on line. Over 12,000 items are available and shipping is free! You can also access weekly sales information and even sign up to evaluate stores as a mystery shopper. While I was checking out this site, I also

found some facts of note on AAFES. The have 7.5 million customers, 31% are in the Guard/Reserves. :last year sales were over \$7.5 billion of which \$250 million were paid as dividends to Air Force bases in support of MWR programs. It appears the price is also right. In a comparison with Wal-Mart for 281 items, AAFES beat their price on 55% of the identical items, and again out priced Wal-Mart on 70% of the comparable items. BX shopping is one of the many benefits that come with our membership in the Hawaii Air National Guard.

The other site I learned about is the National Military Family Association web page at www.nfma.org. This association is dedicated to providing information on services available to military families. Their site contains hundreds of links to organizations ranging from government agencies to health care sites, family member education programs and shopping opportunities. You could spend days checking out all the links.

So, until next month, happy surfing!



HIANG Mission

Provide America and Hawaii the Right Aerospace Teams for Service in Peace and War

HIANG Vision

Launa'ole – Beyond Comparison or Without Peer **HIANG Values**

Integrity, Service, Excellence, Teamwork, Aloha

Happy Easter



April 15, 2001

Next UTA's



May 5th and 6th

June 2nd and 3rd

KUKA'ILIMOKU

This funded Air Force newspaper is an authorized publication for the members of the US military services. Contents of the KUKA'ILIMOKU are not necessarily the official views of, or endorsed by, the US Government, the Department of Defense, the Department of the Air Force or the Hawaii Air National Guard.

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The KUKA'ILIMOKU can be seen on the 154th Wing intranet web page at http://154web/

The punctuation of the name of this publication was researched by the Indo-Pacific Language Dept. at the University of Hawaii.

COMMANDER

Col. Albert P. Richards, Jr. STAFF

PAO: Maj. Tracey J Saiki Editor: SrA Debbie Weidner

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154 Wing Public Affairs Office

by Maj. Robert K Nagamine, Chaplain, 154WG

Have you ever noticed something missing in your life but couldn't put your finger on it? On occasion, that might happen to all of

us. It also might be a common thing for people who are simply too busy.

That feeling of missing something may be a result of an imbalance in our lives. Consider this: our lives need to have a balance in at least five areas.

The spiritual, physical, intellectual, emotional and social areas of our lives need attention. Spiritually, we need direction, insight and nurture. Physically, we need take care of our physical bodies and condition them. Intellectually, we need to feed our minds with healthy, mental stimulation. Emotionally, we relate to others with feelings, as well as intellectually when we deal with daily issues. Socially, there is a need to bond with other people. If we live in isolation within our technological and computer generation, life becomes empty. The point is if anyone of these areas doesn't receive attention, then we will eventually sense that something important is missing.

This time of the year reminds us how important our spiritual lives are. Three events readily come to mind: (1) for the Islam faith, there recently was the spiritual pilgrimage to Mecca, (2) for the Jewish faith, the Passover, and (3) for the Christian faith, Easter.

With positive spiritual input, we will be encouraged to embrace a winning attitude. The attitude quote placed around our Wing communicates very this principle. Attitude is described as a drop in the pond. While a drop seems so small, its rippling effect has a great and very noticeable impact to the pond. This offers to us a clear picture of how our attitude can have a profound and positively synergistic effect in our lives and others. And, like a drop in the pond, our spiritual life can be an unassuming but powerful force to our winning attitude. Hope you will be fully blessed with this spiritual time of the year.

If you need to get in contact with me, call me at 947-3582 (hm) or 448-7275 (office).

Worship Services All are Welcomed To Attend Protestant Service Sunday UTAs Catholic Services 0815-0845 (across base) 154th Logistics Group Conference Room **Daily** 1130 (Building #3416) Saturdays 1700 Nelles Chapel Jewish Service (Pearl Harbor) Sundays 715 Nelles Chapel Fridays 1015 Chapel Center 1930 Pearl Harbor Aloha Chapel

Chaplain's Corner Diversity Dialogue

by MSgt Carswell J. Ross, Jr., 154WG HR Advisor

Setting the Record Straight

I received an email from one of our guard members advising me that the Diversity Dialogue article in the February edition of the Kuka'ilimoku spread an Urban Legend. For those of you who may not remember the story, here is the encapsulated version.

An elder woman carrying a bucket of quarters she had won hesitantly gets into an elevator with two African-American men. One of the men says, "Hit the floor." Because of her prejudices, the woman assumes she is being held-up, and falls to the floor throwing her quarters into the air. The men help her up and insure she is okay. The story ends with the woman receiving a bouquet of \$100 bills with a card signed by the two men -- the famous entertainer, Eddie Murphy, and basketball great, Michael Jordan. Unfortunately, although this sounds like a "true story" it is indeed fictional. Below you will find website addresses that verify that this type of story has been around for many years and that it is not true.

http://urbanlegends.about.com/science/ urbanlegends/library/blfloor.htm

http://www.truthorfiction.net/rumors/ womaononelevator.htm

http://www.snopes2.com/spoons/legends/hitfloor. htm

However, this story, and people's willingness to believe that it could have happened, speaks to what diversity is all about. Diversity in the Air Guard is all about the Guard's response to demographic changes. On the twenty-first of last month the US Census released data showing that Hawaii is becoming even more diverse. The 2000 Census allowed individuals to select more than one race for the first time. In Hawaii more than one in five or 21.4% of the population selected this option to report that they were multiracial. Only 2.4% made this selection nationally. The findings are not surprising given the fact that 45% of the marriages in Hawaii involve partners of different races and more than 30% of the children born in Hawaii last year were multiracial.

Based upon these census findings, more of us will be calling individuals of other races brother, sister, cousin, mother and dad.



Recruiter's Round-up

by TSgt. Vickie Padello, Recruiter

Aloha! Join the Recruiting Team in welcoming the newest recruits to the Hawaii Air National Guard! Each individual is ready and highly motivated to make an impact in the HIANG! They are:

A1C Daniel Feiteira AB David Guerrero AB Kyle Kim A1C Julia Rosales AB Skip Saito A1C Jessica Peru AB Gavin Shito A1C James Omerod A1C Elanor Anderson A1C Keola Lanai A1C Keni Devine A1C Kellen Shimabukuro A1C Frederico Waikiki TSgt Craig Honda AB Ryne Sagisi AB Richard Tapia

Referral Program ~ Our referral program is better than ever! Effective 1 Oct 00, any referral that leads to an actual enlistment will receive:

- Fabulous and famous HIANG Recruiter
 T-Shirt
- ☐ Recruiting Ribbon (2 referrals enlist within a 12 month period)

(ONLY THE FIRST 300 will receive one of the following)

- Top Quality HIANG Recruiter Gym Bag OR
- Awesome HIANG Recruiter Sweat Shirt AND
- ☐ Your name will be entered for one of 3 grand prize trips for 2 to any Hawaiian Island of your choice(Overnight, Room, Air Fare, Car)

Referral Campaign for FY2001 Grand Prize drawing will occur 30 September 2001. The more referrals that enlist, the more your names are entered into the grand prize. To be eligible you must complete a referral slip. Check out the new posters around your unit or call 448-7447 and refer someone today!

Speaker's Bureau ~ We are still looking for speakers who are interested in taking on this worthwhile cause. In order to become one of our speakers and be listed on our ever increasing list of speakers, complete a biography form and send it to: HQ HIANG Attn: SMSgt Simmons. The yellow

biography forms are located in the Recruiting Office on our brochure rack. Stop by and pick one up! If there is an organization that you belong to and are interested in having a speaker come out and share "Our Story", contact SMSgt Simmons at 733-4228.

"MAHALO!" to all of the Speaker's Bureau volunteers who have graciously accepted the challenges of public speaking. The Speaker's Bureau has been receiving speaking engagement requests since early December of 2000. The success of this program depends on all of its volunteers. We have been invited to middle schools, elementary schools and several Lion's Club organizations. Once again, thank you to all that have volunteered for this community awareness program!

SPEAKER'S BUREAU MEETING ~ There will be a meeting for speaker's and interested speakers on Wednesday, 11 April 2001. Watch for detailed information through e-mail. Contact MSgt Padello at 448-7578 for more information.



TSgt Machado's recruit, Keola Lanai enlisted into the 297th ATCS as an Air Traffic Control Apprentice. He is the oldest and last of a trio of Lanai siblings to join the HIANG. Proud parents and brothers were available to attend his enlistment.

CHAPTER 18

By SMSgt Miles Moriyama, President

Aloha from Chapter 18 NCOAGA. After an exhausting but truly rewarding experience in hosting Seminar 32, Chapter 18 is finally back on its feet! In January 2001, I had the privilege of being sworn in as President by Chapter 18's immediate past President MSgt Sam Kekuna. In February, I had the opportunity and privilege of swearing in Chapter 18's new officers and directors at the HIANG's SNCO conference. Mahalo to the following individuals who have dedicated their time and energy to serve as your officers and directors, SMSgt Craig Harimoto (V.P), MSgt Brian Tom (Treas) and, SMSgt Takao Wada (Sec). Chapter 18's new directors-at-large are, CMSgt Pam Goya, CMSgt Anna Blair, SMSgt Doug Awana, MSgt Sam Kekuna, MSgt Irvin Ed Essman, SMSgt Irvin Yoshino, MSgt Rudy Luat (retired).

Chapter 18's three primary goals for this calendar year are, first, to rebuild local chapter membership to a minimum of 350 members, second, to make visible and promote the Hawaii Air National Guard within our local community and third, to have a notable contingency attend Seminar 33 in Reno, Nevada, to expand on our knowledge and leadership capabilities.

Being a Volunteer is what distinguishes the men and women of the Air National Guard as unique. You can also distinguish yourself by your accomplishments as an NCO by becoming a member of the Non-Commissioned Officer Academy Graduate Association (NCOAGA). To be eligible for local membership in Chapter 18 NCOAGA you must be a graduate of an accredited enlisted in-residence PME course (leadership school, NCOA or SNCOA) or have completed correspondence course 1,5,6 or 8. With your nominal annual chapter dues of \$5.00, you will registered as a regular member of Chapter 18 and will receive a member T-shirt. Will you accept my invitation to again volunteer and join Chapter 18, NCOAGA? Together, WE WILL MAKE A DIFFERENCE in our unit, community and America!

On Memorial Day, May 28, 2001, Chapter 18 is hosting a "special meeting" luncheon for our membership and their families. It is a small token of appreciation to our most valuable "volunteers", our family, those who sacrifice the time to allow us the opportunity to promote and meet our organization's objectives. Detailed information on this event will soon be posted in your local areas. I look forward to seeing our membership along with their families at this upcoming event.

There will be a membership drive during April UTA Chapter 18 dues are \$5.00. A table will be set up outside of the dining facility where all currently paid members of Chapter 18 will receive a member T-shirt.

154th Wing News on Deployments

By TSgt. David McCulloch, 154 WG/XP

To find the latest news on 154th Wing on Deployments visit the 154th Wing Plans web page at (https://154web. ang.af.mil/Hq154wg/Plans/current_events.htm).

It provides the most up-to-date happenings on current deployments. Most information is updated daily, including briefing times, mobility requirements, and important (lastest) reporting times. This page is updated continuously, so check it out and be prepared.



PLEASE, DON'T FORGET TO DONATE!

JOB VACANCIES

Officer Vacancy: There is a military vacancy (Traditional) in the 154th Aircraft Generation Squadron. The position is a Aircraft Munitions Maintenance Officer, AFSC 021A3 in the F-15 AMU. Tentative plans are to convene an interview/selection board during the June UTA weekend. To apply for this position, you must submit the following documents to any HIANG recruiters by COB, Friday, 11 May 2001. Please direct questions about the position duties to Maj William Petti, commander of the 154th Aircraft Generation Squadron.

- « Completed AF Form 24, Application for Appointment as Reserve of the Air Force or USAF without Component
- « Military/Civilian resume.
- « College transcripts (must be originals). Completion of a bachelors' degree is mandatory.
- « Letters of recommendation. One must be from your current unit commander and/or supervisor.
- « AFOQT scores.
- « Prior service documents; DD 214 if applicable.
- « Completed AF Form 2030, USAF Drug and Alcohol Abuse Certificate.
- « Copies of your last three OPRs, if you are already a commissioned officer.

Officer Vacancy: There is a military vacancy (Traditional) in the 154th Security Forces Squadron; which requires cross training into AFSC 31P3, Security Forces. This is a commander position. The position is open to Hawaii Air National Guard commissioned officers in the grade of captain or major. This position is also open to someone immediately promote-able to first lieutenant. Interested officers should submit their military/civilian resume and their last three OPRs to the 154th Support Group commander, Lt Col Edwin Vincent. Lt Col Vincent should receive your resume and OPRs by COB 13 April 2001. Interviews will occur shortly thereafter.

Kuka'ilimoku on the 154th Web

Be sure to check-out the Kuka'ilimoku in color on the intranet!

Just go to the Public Affairs page!!

Have any questions or comments about the newsletter? E-mail them directly to KUKA'ILIMOKU.

THE WHOLE TOOTH

by Major Robert Baysa, 154th MDS/SGD

Readiness Updates...WHERE ARE WE?

Colin Powell once said, "There are no secrets to success. It is the result of preparation, hard work, and learning from failure."

Our 154 Wing Commander has SUCCESS on his agenda most recently placing an importance to the weight program and the dental issues. He envisions READINESS for the Guard to be strong on manning. It is for the individual to be responsible toward their dental and physical needs. It is not for the individual to wait and later be screened in the clinic during UTAs. We must look at the WHOLE picture. The Commander is emphasizing SUCCESS toward READINESS.

DENTAL READINESS - The most frequent profile of concern is the wisdom tooth. The type diagnosed is the "IMPACTED HORIZONTAL" and represents 15% of the 87 Class 3 P4Ts. At 5 years a steep horizontal change was noted and has a matured root formation. The other P4Ts...are bombed out, large cavities, gum disease, Category 5 overdue physical or incomplete records.

FINANCES: To make it easier for all of us, the Air National Guard took part in a new insurance program effective Feb 01. www.ucci.com It will enable the Guard members and their families to have treatment through United Concordia, a company the Active Duty already implemented for the dependants.

SUPPLEMENTAL AID: There are other clinics on Oahu (Palolo, Institute for Human Services, Waianae Comprehensive) or the Department of Social Service that can do teeth extractions on an emergency basis. There are others that are not mentioned but can be researched.

The P4Ts are three fold: 1. People overdue on the 5 year Physical cycle. 2. 90day overdue gains and BMT/ Techs returning their records (past due via 154 MPF database). 3. Treatment of Dental discrepancies. The AFI 47-101 details this process.

As of Mar01 the State Air Surgeon (LTC Wyrick) may issue future IDT's upon proof of a treatment plan by the treating dentist, and upon the Unit Commander's written request. There is a 90day interim for a period in a Class 2T (trackables). The Guard individual can earn pay while getting the dental restorations completed. Any default will be issued a P4T after those 90 days.

Current areas of accountability (local): 1. An Inprocessing-check-list from HQ HIANG has dental included for the Active Duty screening AFI 47-101 6.9.

2. Commanders can relay to their people the status of their mobility from the W: drive under the 154MDS folder.

3. The 2-appointment physicals are reflected on the W: drive as Y1 or Y2 and YD (dental).

Let's be mission ready and make sure records are updated.



Health Watch

by SSgt Rose Tagura, Health Promotions

People who talk about or who have actually attempted suicide, are usually crying out for help. Over 30,000 people commit suicide each year ,yet, in most cases it can be prevented

There are many factors that may lead to suicide. Besides depression and mental illnesses, alcohol and drug use can also intensify the situation. People who have either lost a family member through suicide, or suffer from a serious illness may feel that suicide is a way to relieve problems. There are also some individuals who have low serotonin levels that will indeed cause high risk for suicide

Mentioning suicide, preparing for death, displaying changes in attitude or habits, may be warning signs of suicide - especially if it was attempted before. To give support, you should listen, show that you care. Explain that with help and support they are able to recover. Try not to argue or analyze the person's motives or reasons. Encourage positive action, and suggest solutions to problems.

I.G.

The following article comes from the Jan-Feb 2001 edition of 'TIG Inspection Digest', and was submitted by the new 154 Wing IG, Lt Col Robert Freeburg.

'The Higher You Start, the Longer it Can Take to Resolve an IG Complaint'

By Capt. Kristina Meyle, SAF/IGQ

Instead of bringing an allegation of reprisal to the wing IG, Airman Jones writes her Congressman.

Now that I've brought this to the attention of the highest levels, she reasons, things will happen quick!

To her surprise, they don't, although a letter arrives from her Congressman saying her complaint has been forwarded to the proper channels.

Several weeks go by before she is finally contacted by... her wing IG!

Why did the system take so long to get back to her? And how come the upper echelons didn't get directly involved?

People often send IG complaints to the highest possible level, thinking their complaint will get more attention and be worked faster. Ironically, the opposite can happen. Usually, complaints are handled at the lowest possible level. Complaints entering the system from above take several weeks, maybe even months, to finally filter down to the right place — precious time which could have been spent looking into them.

In this situation, the congressional office reviewed and tasked Airman Jones' complaint to the Air Force (Continued on page 7)

A Word from the Chief

by CMSgt Stanley J. Gomes, Jr. State Command Chief Master Sergeant

Last reminder for the Exceptional Promotion Program

Hawaii is allocated two E-8 and two E-9 promotion opportunities this year.

Nomination must be prepared on AF Form 1206, Nomination for Award, and submitted, through the chain-of-command, to HQ HIANG/DP NLT 15 Apr.01 for selection processing. Instructions for completing the AF Form 1206 and criteria verification are attached. A promotion board held by the State CCM at HQ HIANG will meet in June to recommend nominees to HIANG/CC. State HQ will forward the completed AF Form1206, endorsed by the TAG, to ANGRC/DPSS NLT 01 Jul. 01.

The goal of the EPP is to provide promotion opportunity for TRADITIONAL guard members by allowing those exceptional individuals to attain a higher Senior NCO rank when UMD authorizations may not exist.

Criteria for eligibility:

1-Be a traditional (drill status) guard member.

2-Not be excess to unit requirements or become excess within the subsequent two years after promotion.

3-Meet minimum time-in-grade ((TIG), time-in-service (TIS), and AFSC requirements of the grade being promoted to.

4-Completed Senior NCO Academy (in-residence highly desirable).

5-Have at least 17 years of retainability prior to mandatory separation (age 60), and must agree to remain in the ANG for three years subsequent to promotion.

6-Nominee must agree to be discharged on the third anniversary of the promotion unless the assigns member to a valid position vacancy at the member's grade.

(Continued from page 6)

Congressional Liaison Office (SAF/LLI). Since it dealt with IG matters, SAF/LLI reviewed and tasked it to the Air Force Inspector General Inquiries Directorate (SAF/IGQ), who reviewed and tasked it to the appropriate major command and informed SAF?LLI of the transfer (SAF/LLI told the Congressional office, who then told the complainant). The MAJCOM reviewed and tasked the complaint to the most appropriate office (normally the complainant's unit IG).

After six weeks, Airman Jones' allegation finally reached her wing IG for action.

But you don't need to waste any time! Take your complaint directly to your unit IG office – they'll probably be the level which looks into it (or they will assist you in transferring it to the appropriate place).



Congratulations!

The following Enlisted HIANG personnel were promoted to the rank indicated effective March '01

CMSgt Larry D Arnold 291 CBCS

SMSgt Bill D Cruz 154 WG

MSgt Fel D Feria 169 ACWS

TSgt Jan K N Derego 154 LS
TSgt Irenio A. Mateo 154 LS
TSgt Sheena K Miyamoto 154 LS
TSgt Mark S Edwards 203 ARS
TSgt James A Klippert 293 CBCS

SSgt Gilbert S Nobrega III 154 ACS
SSgt Glen K T Hayase 169 ACWS
SSgt Nathan K Oda 199 FS
SSgt Terrence T L Akana 203 ARS
SSgt Bryan Y Solomon 291 CBCS
SSgt Amnadth Hamilton 293 CBCS
SSgt Steven J K C K Kau 293 CBCS

Veterans of Foreign Wars of the United States



Col. Horace Hickam Post 970 Hickam AFB, Hawaii

The Veterans of Foreign Wars of the United
States is looking for new members.
The VFW is offering a free membership
at-large till the end of this year to Active Duty,
Reserve or National Guard personnel who
have earned a campaign medal, an expeditionary
medal or who have served 30 days consecutively
or a total of 60 day in Korea.

If you think your eligible, please contact Ralph Moore 455-7631 Robert McLean 449-5509



HIANG HONOR GUARD PROTOCOL AWARENESS

By TSgt Tommy Chock, Chief, HIANG Honor Guard

"Familiarize yourself with PROTOCOL and the Customs and Courtesies which are the lifeblood of Armed Forces tradition. Learn these, and make them the framework of your professionalism."

PLEDGE OF ALLEGIANCE TO THE FLAG PROTOCOL

Reference: AFPAM 36-2241, Vol. 1, July 1, 1999

Pledge of Allegiance to the Flag of the United States, oath of loyalty to the U.S. national emblem and to the nation it symbolizes. "In military formations and ceremonies, the Pledge of Allegiance is "NOT" recited. At protocol functions, social, and sporting events that include civilian participants, military personnel should do the following."

(7.2.7.1) When in uniform outdoors, Stand at attention, remain silent, face the Flag, and Render the hand salute

(7.2.7.2) When in uniform indoors, Stand at attention, Remain silent, Face the Flag; do not render the hand salute.

(7.2.7.3) When is civilian attire, Face the flag, Place right hand over the heart, Recite the Pledge of Allegiance. *MEN SHOULD REMOVE HEAD COVER WITH THE RIGHT HAND AND HOLD IT OVER THEIR LEFT SHOULDER, HAND OVER THE HEART.

CWT — Mask Fit Testing Guidelines

Filthy Masks:

masks MUST be cleaned before coming for testing Contact Lenses:

CANNOT BE WORN WITH MASK, bring mask inserts **Tobacco:**

DO NOT smoke or chew tobacco products for at least ONE HOUR prior to testing

Aftershave, Perfume, etc.:

If you can smell it, it is too much

Hair:

MUST meet AF "dress and appearance" standards

SPORTS LINE

Mark your calendars! The schedule for the HIANG Athletic events for calendar year 2001 is:

Softball Tournament 6-8 Jul 01
Basketball Tournament 24 Sep - 16 Nov 01

More info on place, time and points of contact to follow. If you are interested in playing any of these sports, contact your supervisor or unit career advisor.

HIANG State Softball Tournament By SSgt Stephen Abear



Ladies and Gentlemen, It's time to dust off your gloves and lace up your cleats, because it's time for SOFTBALL. This years HIANG State

Softball tournament will be held on 6-8 July at the Earhart Village Softball Complex, Hickam AFB. The divisions will be Men's Open, Co-ed, Masters 35 and over, and Golden Masters 45 and over(Contingent on enough participants). Anyone in HIANG can participate and any one can form their own teams. The only rules you have to follow is GROUP integrity for teams in the Men's Open. And all Co-ed teams MUST have at least 5 women and men participating. Their will be a minimal entrance fee depending on the amount of teams participating so keep that in mind when you start forming your teams. The Softball Complex is open to anyone on the weekends on a first come first serve basis so you can plan your practices accordingly. YES their will be SLIDING this year. The first coaches meeting will be Sunday 8 April at 1430 at 154th LS Motor Pool break room. Coaches you will have two drills to organize your teams. Your Rosters will be due on 6 May.

Remember you can't get a hit if you don't go to bat. So Batter's up and PLAY BALL.

Send your submissions, suggestions or questions to us via e-mail!



Our address is KUKA'ILIMOKU

Next Deadline is APRIL 24