Kūkā'ilimoku

War God of King Kamehameha 1 - 154" Wing

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Hickam Air Force Base, Hawaii

January 10, 1998

* HAUOLI MAKAHIKI HOU! *

Commando Sling 98-2 By Lt. Col. Wayne P. Wakeman

Well. Commando Sling came and went, and it was quite a deployment. I won't bore you with the details, but I'm sure, if you haven't already heard, you can get the whole story from someone who did go or one who tried to go...

After the main body and four of our six jets arrived at Singapore, everyone performed exceptionally well, as we always do when we deploy. This was one of the first times that our 203rd Air Refueling Squadron came with us, and in the true sense of a Wing deployment, this was it. It was unfortunate that our 204th couldn't participate, but sometimes we can't have everything.

Everyone there was busy, no matter what some people say. We all had to deal with two of our F-15's being in Kadena, then Manila because of aircraft problems. By the time the jets were ready to get to Singapore, the decision to not bring them but to send them to Kadena was a big player. This is because we had only two and a half days left of flying and to waste the assets to get them to Singapore was not feasible. The decision to get them ready to get back home was first in everyone's mind. So, to Kadena they went and the pilots came back to Singapore. During the redeployment, the pilots picked up the jets there because the routing home was through Kadena.

The flying was great and the Royal Singapore Air Force learned a lot from us as we did from them. We flew 94% of our dissimilar training with the Singapore Air Force. The commander of the 497th Combat Training Squadron. Col. Cafiero, said that this was the highest percentage of dissimilar training that was accomplished in previous years. Col. Cafiero was highly impressed with our professionalism and 'can do' attitude despite the deficiencies we had to work with. (The 497th CTS is the US Air Force active duty unit that sponsors deployed units participating in Commando Sling.)

We had a few gatherings with almost everyone and we all had a good time. You can ask someone who went about the song, "Wild Thing" and they can fill you in!! We provided a hospitality room for everyone so that if a group wanted to stay up late and talk and have some fun, they had a place to go and not bother anyone else. It was a good set up with Christmas decorations and liquid refreshments to make our folks feel like they were at home during the holiday season.

Fortunately, everyone got home safely and in time for Christmas. I'm sure that I can speak for everyone that went that we all had a good time. Sure we had our questionable times, but the overall attitude was great.

In closing this article, I would like once again to thank everyone that had anything to do with this deployment, whether you went or not. It was an honor to have been your Detachment Commander because each of you made it happen. It wasn't my decision or guidance. You all made the 'smart' choice--the choice of being the professionals that you all are. This is what makes it easy for all commanders.

Thank you again, gang, and please have a safe and prosperous New Year. I will not hesitate to go to war with any of you.

"Wildman"

Commander's Corner

by Col. Walter K Kaneakua. Vice Commander, 154th Wing

Hauoli Makahiki Hou!!

I'm trying a new method to share some thoughts about the people in the Wing and some of the most important things that I observe while roaming around the campus. Drop me an E-mail, a note, or stop me on the street to give me your reaction.

I'd like to start the new year by talking about the Wing values of Integrity, Service, Excellence, and Team work. We see them on the wall plaques in our squadrons, discuss the concepts in seminars, working groups, selection board interviews and formal talk with our people. How much of this do we believe and subscribe to, and how much do we demonstrate by our actions?

There's a section on values in the HIANG leadership seminar, and it's interesting to witness the animated discussions that spring from the subject. I overheard a leader who believed that ethics are situational and dependent upon the circumstances whether to employ truth, honesty and integrity.

I've looked at the difference between acceptance of officers and NCOs based upon their subscription to these pronounced values. Rank and position is a starting point, but without integrity and selflessness, the person is hollow and the followers inconsistent in their lovalties. We also observe our informal leaders without the rank, pomp or circumstance, but full of team building and excellent workmanship who inspire and rally our people to do great accomplishments. It's because we admire the finest things in our partners, and our Wing values are ideals that help make us the best that we can be. Those values are a code of conduct commonly accepted by people of many varied backgrounds and professions. We are bound by the virtues and principals embodied by these values, and work well when surrounded by them.

Watch for the leaders of all levels who demonstrate these values and you'll find success in the organization, but more importantly, in their private and public lives. Every day provides opportunities to demonstrate each of these values. You need to make a concerted effort to make them work in your professional life.

During your next conversation, promote words and promises that will force your actions toward the hallmarks of integrity, service, excellence and teamwork. You'll see the results in the service, products and the customers who value your partnership.

Happy New Year, and best wishes for continued success in 1998!

Chaplain's Corner

by Maj. Robert Nagamine, Chaplain, 154th Wing "Nowadays, our heroes are those who entertain us," someone once commented. On a superficial level, the observation has truth in it, and I would agree with it. However, on a deeper level, I would disagree with it. I believe that our real heroes are ordinary people.

Yet, I can understand why someone would come to that conclusion. Our professional football, basketball, baseball, sumo stars, etc. are paid millions. In like fashion, our famous movie stars and musicians are on that list, and many flock to them.

Let me suggest to you that our heroes *aren't* those celebrities. Our real heroes are those who dedicate their lives in service to others and many times go unnoticed.

The spectacular isn't always more valuable than the ordinary. Some time ago, I watched the movie, "Indiana Jones and the Last Crusade." The movie illustrates my point well. In it, Dr. Jones, the main character, and his adversaries race to find the

cup of Jesus. They think that the cup will guarantee them immortality. After a series of twists and turns searching for the cup. they eventually find the place where the cup was safely kept for centuries. The bad guy has the first attempt to seize the cup. But the trick is to choose the correct cup, purposely hidden among many other cups. To pick the right one would mean immorality. To pick the wrong one and drink from it would mean death. Convinced that the most attractive and spectacular cup is the right one, he picks it. Wrong choice! He drinks from it and dies! Dr. Jones knows what the authentic cup looks like. The real cup is the most ordinary cup. It's the carpenter's cup, a cup of a servant!

Our real heroes are ordinary people, not those who are spectacular. They are those who serve others and cause all of us to succeed. They don't always get the recognition equal to their hard work and sacrifices.

We have many heroes right around us. They are ordinary people who perform in extraordinary ways. You probably are one of them! We are thankful for you!

May God's blessing be upon you in this new year!

Note: Change in location of service -Sunday morning service will be held in classroom in Medical Squadron.

Worship Services

Protestant Worship Service (Support Facility) Sunday UTAs 08:15-08:45 Classroom Medical Squadron -All Welcome To Attend-





by Lt.	Col. Jo	ames	T It	amura,	
Staff	Judge A	ldvoc	ate,	154th	Wing
The	Feres	Doc	tri	ne	

Over 40 years ago, there was a fire in an army barracks that resulted in the death of a solider. The family of the solider filed a wrongful death lawsuit against the government under the Federal Tort Claims Act (FTCA). The case made its way all the way up to the Supreme Court of the United States, which ruled that a serviceman could not recover under the FTCA for injuries "which arise out of or are in the course of activity incident to service."

The reasons given by the high court were:

1. The adverse impact on military discipline such suits would have. 2.

The availability of an alternate compensation system for injured service members, e.g. veterans disability.

This ruling has come to be known as "the Feres Doctrine" and also applies to National Guard members.

While the logic of the Supreme Court is absolutely sound as it relates to a business where killing and maiming and being killed and maimed is standard fare, critics have for years railed at the basic injustice of certain situations, for example, where gross medical malpractice occurs or hazing that turns fatal. A member in those situations would only have the benefit of disability payments and medical services associated with being a veteran.

Safety Tips +

by SMSgt. Gaylen T Redoble Occupational Safety and Health Manager. 154th Wing Safety Office

Safe Back Basic

Nearly 80% of Americans will have back problems that might cause them to lose time from work. A wise way to avoid back injuries is to lift objects correctly. A five-step guideline is given below.

As a general rule, keep the objects as close to your spine as possible: keep your back straight, and move smoothly during the entire process. When in doubt, get help or use a lifting aid.

The five guidelines are:

1. Squat close to the object. Keep your back nearly vertical. Pass the object between your knees if possible, otherwise bend to lift it.

2. Get a *secure grip* with **both hands**. Lift with your **legs**.

3. Hold the object *close to your body*. **Watch** where you *step*.

4. *Turn* with your feet. Don't *twist* your back.

5. Set the object down *smoothly*. Keep your **back** as **straight** as possible.

THINK SAFETY, WORK SAFELY!!!

Job Vacancy

The 154th Wing Safety Office is now accepting applications for the position of *Weapons Safety Manager*. This is a traditional guardsman position, located in the Wing Safety Office.

Minimum Qualifications: Master Sergeant or Technical Sergeant with at least five years retainability in the HIANG, qualified and in possession of AFSC 2W171.

Desirable Qualifications: Ability to work well with others, excellent oral and written communication skills, successful Supervisor Safety completion of Training, successful completion of inresidence NCO Academy, and demonstrated knowledge experience usina Microsoft Office application software, and demonstrated and experience knowledge usina microcomputers in а network environment. The selected individual must attend the Explosive Safety Orientation Course at McGhee Tyson ANGB, Tennessee within one year of selection.

How To Apply: Send a résumé and a list of three references to Lt. Col. James M Hussey, 154th Wing Safety Office, no later than 31 January 1998.

For more information, contact SMSgt. Gaylen T Redoble at 449-8030 or gredoble@hihik.ang.af.mi

Social Actions

by SSgt. Daniel Izon, Social Actions, 154th Wing Alcohol

What is Alcohol?

It's C2H5OH (ethyl alcohol) -- a colorless liquid with a sharp, burning taste.

Medically, it's classified as a depressant drug. It's found in:

-beer, malt liquor, ale

-wine, champagne, sherry

-vodka, whiskey, rum and other distilled spirits

What is Alcohol Abuse?

It's any use of alcohol by a person under age 21.

-Drinking that results in job, social, health or legal problems results from a pattern of regular drinking or from just one instance.

People who drink regularly build up a tolerance: they need more and more alcohol to get the same effect. Some people become addicted to alcohol. If they stop using it, they will suffer severe withdrawal symptoms. Mentally, they need alcohol just to feel "normal."

Alcohol Abuse is the most common and the most costly form of drug abuse.

How does alcohol affect the body and mind? *Physically*, alcohol enters the bloodstream almost immediately - it doesn't have to be digested, first.

-Alcohol circulates to the brain and all the organs.

-Alcohol depresses the central nervous system, slowing thought processes and reflexes: it causes a loss of balance and coordination: it creates vision problems.

-Alcohol is slowly broken down into water, carbon dioxide and energy in the liver; a small amount is eliminated by the kidney, lungs and sweat glands.

Mentally, alcohol's effects vary.

-In small doses, the user may be more talkative, giddy, loud.

-In larger doses, the person often feels confused and moody - feelings of anger, jealousy, depression, etc., become exaggerated.

-Increasing the dose even more may result in unconsciousness, coma, and possibly death.

Prolonged, heavy use of alcohol may lead to:

-An inability to handle daily problems

-Feelings of worthlessness and self-pity

-Severe depression

-Isolation from family and friends

-"Blackouts" - many people who are addicted to alcohol forget whole blocks of time

ALCOHOL CAN HARM IN OTHER WAYS, TOO.

Physical Harm

-Damage to the brain, liver, stomach and other organs.

-Severe birth defects in babies whose mother uses alcohol during pregnancy (fetal alcohol syndrome).

-Cancer of the mouth, tongue and throat when drinking and smoking are combined.

Accidents and Car Crashes

-Drinking and driving is the greatest cause of fatal crashes.

-Alcohol is a factor in many falls, drownings and other accidents.

Social Problems

-Alcohol is a major factor in many divorces, and in family, school and job problems.

-Alcohol costs the nation billions of dollars each year in lost employment, productivity and other related costs.

Legal Problems

-Alcohol abuse is often a factor in crimes and violence. It results in millions of arrests each year. Use of alcohol by anyone under age 21 is illegal.

Mixing alcohol with other drugs is dangerous.

-It intensifies the effects of other depressants, making an overdose much more likely.

-The results of mixing other drugs with alcohol can be deadly.

SO, ALCOHOL ABUSE IS A SERIOUS PROBLEM!

If you're old enough to drink, drink responsibly--or don't drink at all. Get help if you need it, from:

-Family and friends

-Hotlines and referral services

-Alcohol treatment programs-Employee assistance programs

-Mental health agencies

-Alcoholism and drug abuse counselors

-Health care providers

If you have any questions, contact your Social Actions Staff:

Major Gayle Seifullin 1st Lt. Mark Ishiki SSgt. Dan Izon 449-8000/449-2782

Promotions

The commander of the 154th Wing, Brigadier General Michael H Tice, would like you to join him in congratulating the following members of the 154th Wing who were promoted to the rank indicated, in the unit indicated, after meeting our December NCO Promotion Board.

<u>Rank</u>	Name	<u>Unit</u>
TSgt.	Lennard Knutson	154 CES
SSgt.	James Nakagawa	1 54 AGS
SSgt.	Kenneth Uedoi	154 MDS
SSgt.	George Katsumoto	154 MSF
SSgt.	Michael Guerrero	15 4 MS

HNGEA News

by SSgt. Stephen L Thomas

Have you joined the HNGEA. the Hawaii National Guard Enlisted Association, yet? If you haven't, why not? I would really like to know. If you have, you should be receiving the New Patriot magazine. Its loaded with interesting and relevant articles written just for you, the enlisted man or woman. In the past. I have tried to impress on my fellow Guardsmen the importance and value associated with being a member of such a fine organization. The HNGEA, part of the national association, EANGUS, represents you in Washington DC on matters that directly effect you, your benefits, and your future in the Guard.

The following article is from the summer edition of the New Patriot magazine, the official publication of EANGUS...

EANGUS Honors Lt. Gen. Baca

Although he has been an officer for 35 years, Lt. Gen. Edward Baca has never forgotten his enlisted roots with the New Mexico Army National Guard. The Chief of the National Guard Bureau was toasted as the enlisted man's general on August 27, 1997, a warm Wednesday night in Little Rock, Arkansas.

EANGUS, the Enlisted Association of the National Guard of the United States, presented General Baca with its highest tribute, the Minuteman Award, during the final night of its 26th Annual Conference attended by nearly 1,750 Army and Air National Guard enlisted men and women.

Air Guard MSgt. Blaine Ross, the Association's president, gave General Baca an impressive 18inch Minuteman statue after earlier noting that the Chief had demonstrated his concern for enlisted people by making Ross one of his enlisted advisors.

"He has shown through his words and actions that he cares very deeply about the enlisted men and women of the National Guard," Ross said. "He's always been there for us."

Baca, who spent his first five National Guard years as an enlisted solider in New Mexico's 726th Anti-Aircraft Artillery Battalion, reinforced that idea twice that Wednesday.

"America's citizen-soldiers have the responsibility and the honor to defend our nation. We stand ready to do that because we have the highest quality NCOs, soldiers and airmen in our 360-year history," he said that morning during an impassioned keynote address punctuated with six standing ovations. "There's no question that we're relevant," added Baca, recalling how New Mexico Guardsmen helped hold off the Japanese Imperial Army in the Philippines for five months in 1942, giving the United States time to recover from the surprise attack at Pearl Harbor and prepare to lead the allies to victory in Europe and the Pacific.

"Don't ever take away the right for the citizensoldier to defend his or her country," he said, pounding on the podium.

Baca also praised EANGUS for "being recognized as probably the most powerful lobbying group in the United States Congress.

"One Congressman on the Hill said it best when he said. when I get approached by the Enlisted Association, I know that they have one thing in their minds and in their hearts, and that's the care of the enlisted soldier." "That, added Baca. "is what you are all about."

By the way, EANGUS is now 'on line'. Good place to learn all about us. You can reach them at www.eangus.org.

If you would like further information about the HNGEA, don't hesitate to LAN or call me at 449-7745.

Happy New Year!

National Guard Denied Seat on Joint Chiefs

(story courtesy New Patriot magazine)

The Senate version of the Defense Authorization bill contained an amendment that would elevate the Chief of the National Guard Bureau to a fourstar general with a seat on the Joint Chiefs of Staff.

Vigorous opposition from the Joint Chiefs and a veto threat by the President defeated the plan; a compromise agreement was reached which should ensure an increased role for the National Guard within the JCS. Two positions on the JCS will be created, one for matters related to the National Guard, and the other to represent all other Reserve components. The two positions will be called Assistants to the Chairman of the Joints Chiefs of Staff and will hold the rank of Major General.

Council Gives Company Grade Officers a Voice in Washington

by 1Lt. Jamie Baggstrom, ANG Rep, AFA JOAC

How do you voice concerns and ideas from your base to the halls of Capitol Hill? It may be easier than you think.

The Air Force Association's Junior Officer Advisory Council (AFA JOAC), which includes lieutenants and captains representing major commands, the Air National Guard, Air Force Reserve and other Air Force organizations, meets several times a year to discuss the concerns of their peers. The council prioritizes key quality of life issues and provides them to AFA each fall for its annual personnel policy paper that goes to Congress.

In 1997, the council's top five issues were: affordable, accessible military healthcare; pay increases to match private sector growth and keep up with inflation; restoration of military retirement; increase BAQ/VHA to keep down "out of pocket" expenses for housing; and an increase of family separation allowance. These issues, along with several others are included in AFA's Policy for 1998 which can AFA's be viewed on web site. http://www.afa.org. Additionally, AFA JOAC members provide input and ideas to senior Air Force leadership.

"It's an opportunity for junior officers to voice their opinions, their views [about] what the Air Force needs to look at to improve the entire organization," said Brig. Gen. John Regni, Director of Military Personnel Policy for the Air Force and AFA JOAC advisor.

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"We don't have all the answers in Washington," he said. "It's good to get to the grass roots of the Air Force and pull all that information up."

The first AFA JOAC meeting for 1998 will be 25-27 February with the primary focus on issues affected by legislation. Company grade officers with suggested issues may provide them to the Air National Guard representative, 1Lt. Jamie Baggstrom at DSN 278-7065 or mail to:

baggstromj@ang.af.mil NLT 20 Feb 98.

NCOAGA, Chapter 18, to Host National Seminar in 2000

by MSqt. Douglas Awana. President

Firstly, on behalf of the Board of Directors (BOD) of Chapter 18, Non-Commissioned Officers Academy Graduates Association, I would like to welcome everyone back to what I am sure will be a very full and exciting New Year for everyone. We would like to extend to everyone our sincere hope for a safe and prosperous 1998.

Topping the list of excitement is the recent announcement from our National Association that Chapter 18 has been awarded the bid to host the Air National Guard NCO Academy's 32nd Annual Seminar in the year 2000. This announcement came almost one year to the day that Chapter 18's BOD decided to pursue the possibility of hosting a Seminar. A lot of hard work by a lot of dedicated individuals resulted in "...one of the most complete and professional bids that we have ever received", said Master Sgt. Vincent Pravettone (National Association President) in his announcement letter. More information will be shared with everyone at our Annual General Membership Meeting.

Speaking of our General Membership Meeting... it will be held on Friday, the 23rd of January at the Pearl Country Club. The cost is \$26.50 with a social hour scheduled to begin at 5:30 p.m. All graduates of Leadership School, NCO Academy, and SNCO Academy are invited to attend. Please see Master Sgt. Craig Harimoto or any member of the BOD for more information.

With the beginning of the new year, we also begin our 1998 Membership drive. I would like

to make a personal "call-to-arms" appeal to all in-residence PME graduates to become proactive and join Chapter 18. Our Association is only as good as its members make it. With the Seminar coming up in the year 2000, we will need all the help and dedication of all academy graduates to achieve our goal of putting on a first class seminar, and the best that the National Association has ever seen. I have no doubt that the spirit and dedication of our members will prevail in conquering this monumental task.

Until next time, remember... You Can Make a Difference... Be Square!

NCOAGA, Chapter 18 Annual Dinner Meeting

Date: Friday, January 23, 1998 Time: 1730-1830- Social Hour 1830-2230- Dinner and Program

> -Menu-Prime Rib Mahi Mahi dipped in Garlic Mayo Honey dipped Fried Chicken Hot Vegetable of the Day Whipped Potatoes Steamed White Rice Cold Tofu with Ginger Sauce Cold Cuts and Cheese Tray Macaroni Salad Fresh Island Tossed Greens Assorted Pies and Cakes Coffee, Hot Tea, Punch

Cost: \$26.50 per person Please make your check payable to "NCOAGA, Chapter 18" by January 15th.

POCs: TSgt. Anne Salvador - 733-4116 MSgt. Craig Harimoto - 449-5016 SMSgt. Mel Ige - 449-0860 SMSgt. Pam Goya - 449-7913 SMSgt. Don Hashimoto - 655-7068 TSgt. Jackie Jakahi - 449-9756 MSgt Doug Awana - 449-7861

Please join us of some fine food and excellent fellowship.

1998 Family Program Annual Conference

by Maj. Marty St. Louis. Program Coordinator

The 1998 Family Program Annual Conference will be conducted at the Turtle Bay Hilton, on Oahu, April 25-26, 1998.

Unit commanders and a unit military point of contact are invited along with two volunteers from the unit's Family Support Group. Information letters and registration packets for commanders, POCs and key volunteers will be forthcoming soon.

The annual conference is meant to provide new and updated information about the Family Program and how it supports the command in unit readiness. It is conducted in a general session and workshop environment to provide the most information in an environment conducive to learning and networking.

Our intent is not only to present information, but to thank all the great military and family member volunteers.

Your comments on past conferences or how we can best support your unit or families is greatly appreciated. For more information, please call me at 732-1823.

Covey "Seven Habits Class" - '97-6 Produces 25 More Graduates

by Maj Bill Petti, Commander. 15# Logistics Support Flight

The sixth workshop of Stephen R Covey's Seven Habits of Highly Effective People was held December 17-19, 1997 at the 154th Wing Dining Facility. Course facilitators were Col. Mick Melich. Lt. Col. Bruce Minato. and Technical Sgt. Rob Joy. Once again. the presentation proved to be informative and highly responsive, with a well-orchestrated mix of videos. large and small group discussions. and individual exercises.

The twenty-five graduates of the workshop were Col. Walt Kaneakua

(154th Wing/CV), Lt. Col. Alexander "Joe" Fadrowsky (154th MDS), Chief Master Sgt. Mitch Shimabukuro (154th MDS), Chief Master Sgt. Leo Nakano, (HQ 201 CCG), Senior Master Sgt. Jeff Clegg (154th MXS), Senior Master Sgt. Bob Nagao (169th ACWS), Senior Master Sgt. George Ganeko (154th Senior Master AGS). Sgt. Carl Simmons (HQ HIANG), Senior Master Sgt. Iris Kabazawa (154th MSF), Master Sgt. Doug Awana (154th AGS), Master Sgt. Craig Arakaki (154th MXS), Master Sgt. Craig Iwase (154th LS), Master Sgt. Carole Guerrero (154th LSF), Master Sgt. Ken Aoki (154th MXS), Master Sgt. Harold Hewett (154th LG Staff), Master Sgt. Denise Jelinski-Hall (297th ATCS), Technical Sgt. Ken Matsuoka (154th AGS), Technical Sgt. Vern Palomares (154th MXS), Technical Sgt. Stephen Lancaster (154th LS), Technical Sgt. Kevin Shiraki (154th MXS), Technical Sgt. Yolanda "Yolie" Kawano (154th LSF), Staff Sgt. Roxanne "Rocky" Bruhn (154th MSS), Staff Sgt. Eric Becera (154th MXS), Staff Sgt. Al Regina (154th LSF), and Staff Sgt. Neal Sakamoto (154th SFS).

The current number brings the grand total of graduates up to 154. The breakdown of graduates by unit is as follows: 154th MXS-31, 154th AGS-28, 292nd CBCS-23, 154th LS-16, 154th LSF-15, 154th LG Staff-10, 154th MSF-5, HQ 154th Wing-4, 169th ACWS-3, HQ HIANG-3, HQ 201 CCG-2, 154th SVF-2, 154th MDS-2, 154th CF-2, and one (1) each from the 154th SFS, HQ HING, HIARNG, 291st CBCS, 297th ATCS, and 293rd CBCS.

Workshop '98-1 is scheduled for January 28-30 at the Wing Dining Facility. Interested LG members are advised to sign up for classes through their supervisors. Non-LG members are advised to contact Capt. Tracey Saiki at 449-6008

Volunteers Still Needed for



the Great Aloha Run

by Maj. Marty Moerschell, 201 CMBTCG

The Hawaii National Guard (Army and Air) is assisting one of the biggest fund raising events in Hawaii--the Great Aloha Run, which will be held on President's Day, February 16, 1998.

The Great Aloha Run (GAR) Committee is looking for personnel interested in being a part of the volunteer cadre. As you can imagine, to make an event as huge as the GAR a success, it takes the support of many people possessing great attitudes, the desire to assist and help others, and, most importantly, to be recognized as a volunteer.

We had a lot of great volunteers last year who assisted at all three aid stations along the route and at the finish inside Aloha Stadium. This year, the support will be the same, to provide assistance at the aid stations for injured runners and to help filling and handing out water cups. The aid stations will be located at:

1. Kelly's Drive-in on Nimitz Highway

2. Corner of Nimitz and Valkenburg

3. To be announced, but near Makalapa Gate & Kamehameha Highwav*

4. Aloha Stadium

*The GAR course route HAS CHANGED from last year.

If you would like to help in this fun event, please send me the following as soon as you can:

Name/Rank

Phone (work and home)

Unit

Location you want to work at

T-shirt size

Please share this with all your fellow Guard members, family members and friends. Contact Maj. Marty Moerschell at 449-3807 or by LAN if you have any questions. If you're interested in **running** (or walking), contact Maj. Mike Compton at 449-7175 to enter the race (and join the **Sounds of Freedom**)!



Martin Luther King Day

Monday, January 19, 1998

What's for Lunch?

154th Wing Dining Facility

Menu

-Saturday-Lunch 1030-1230

Main Line

Beef Stir Fry Fried Fish with Tartar Sauce Steamed Rice Hot Vegetables Chicken Rice Soup Macaroni Salad Tossed Greens Bread/Butter Assorted Fruits Jell-O Bread Pudding White Milk Chocolate Milk Juice Coffee Iced Tea +Snack Line+ Grilled-to-Order Hamburger/Cheeseburger Hot Dog French Fries Chips/Pickles

Sunday-

Brunch 0800-0930

Main Line

Chopped Ham/Sausage Scrambled Eggs French Toast with Syrup Steamed Rice Fried Rice Bread/Butter Assorted Fruits White Milk Chocolate Milk Juice Coffee Iced Tea

*No Lunch or Dinner Served on Sunday

-Menu items are subject to substitutions based on availability-

All personnel will present a military ID card in order to eat in the dining facility. Traditional Guardsmen will sign in on the AF Form 1339. Officers, AGRs and Traditional Guard personnel on Active Duty and receiving BAS will sign in on the AF Form 79 and pay \$3.20 per meal. Please note the price change for Brunch Service: \$3.60

⇒Deadline

The deadline for the February edition of the Kuka'ilimoku is Friday, January 30th. (Plan ahead... consider submitting your article <u>before</u> the deadline, like the drill before, for next drill's edition.)

Contraction to the second **KUKA'ILIMOKU** This funded Air Force newspaper is an authorized publication for the members of the US military services. of the Contents KUKA'ILIMOKU are not necessarily the official views of or endorsed by, the US Government, the Department of Defense, the Department of the Air Force or the Hawaii Air National Guard. This publication is prepared, edited and provided by the Public Affairs Office of the 154th Wing, Hawaii Air National Guard, Hickam Air Force Base, Hawaii 96853-5517. Telephone: (808) 449-A CARLES AND A CARLES 6008/7745. The punctuation of the name of this newsletter was researched by the Indo-Pacific Languages Dept. at the University of Hawaii. Commander: Gen: Brig. **Michael H Tice** die entend Staff **Public Affairs Officer:** Capt. Tracey J Saiki Editor: SSgt. Stephen L Thomas Assistant Editor: Sgt. James Young Printer: TSgt. David McCulloch

Next UTAs

6

February 7th & 8th March 7th & 8th



THE HNGEA ORGANIZATION

Who We Are

The Hawaii National Guard Enlisted Association (HNGEA) is an organization comprised of Enlisted men and women of the Army and Air National Guard and their supporters who have banded together to pursue mutual goals in support of the National Guard and the national defense.

How We Began

HNGEA was formerly known as the NCO Association in 1964 and conceived by a group of Senior Enlisted individuals interested in expanding the role of Enlisted personnel on National Guard issues. This group met to consider ways to make the Guard a more influential arm of our national defense by improving the status, welfare and professionalism of the Enlisted soldier and airmen. In this aggressive effort, this organization opened the ranks and changed the name to the Hawaii National Guard Enlisted Association in 1973.

Our Purpose

HINGEA is dedicated to the principles of providing an adequate national defense and promoting the status, welfare and professionalism of the men and women of the Army and Air National Guard. The association is nonprofit and does not engage in partisan politics, nor support any candidate for political office.

Our Objectives

HNGEA pursues the goal of providing quality, motivated and professional soldiers, airmen and noncommissioned officers to the National Guard. To accomplish this, HNGEA fully supports:

* Adequate full-time staffing: Technician, Active Guard/Reserves (AGR) and M-Day Drill status positions to perform assigned missions.

- * Adequate pay and allowances for National Guard members.
- * Adequate health, medical, family and death entitlements for National Guard members.
- * Incentive benefits designed to attract and retain quality personnel in the National Guard.
- * Improve entitlements for retired members of the National Guard.
- * First line equipment and weapon systems for the National Guard.

The Guard is your next door neighbor. When the National Guard is called; 'America goes to war.' The Guard Family - Americans at their best! The National Guard: Protectors of freedom, defenders of peace!



154th WING ART GALLERY

Dads and Moms, let your child's artistic talent and creative imagination flow...

"This is What My Dad/Mom Does in the Hawaii Air National Guard"

> "One-of-a-kind" drawing No computer or "grown-up" assistance Size of drawing is no larger than 24"x 18" Special Awards and Recognition will be given at "Family Day" on Sunday, 11 Jan 98

On the back of drawing: Child's Full Name and Age Name of School Rank and Name of Proud Parent Unit Assigned & Duty Phone

Turn-in to Capt Saiki at Wing HQs between 1 - 10 Jan 98



EITHER:1. Run with the UnitOR:1. Run on your own (using Military Sign-Up)

Either Way: It's Cheaper and <u>helps</u> the Guard!

Family members can also use the Military Entry Form!

Sounds Of Freedom J.



General Kealoha and the Guidon will be leading a formation.

If you don't want to commit to all 8 miles, start with us, and split at the first water stop.

If you want to stay with the formation, we will not leave anyone! (our goal is to finish together)

A HIANG T-shirt will be provided and join us for breakfast after the run.

Sound of Freedom \$17, (includes Aloha Run T-shirt and HIANG T-shirt and breakfast)



or regular Military Sign-Up (includes family) \$18 until 23 Jan 98

Sign up with: Major Mike Compton 154 WG/SE 449-7175

If you would rather not run/walk, Maj Moerschell is organizing volunteers for water and first aid.