

K ū k ā ' i l i m o k u

War God of King Kamehameha 1 - 154th Wing

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154th Wing Participates In "Top Dollar"

*by SMSgt. Randy Hiyane, 154th
Financial Management*

The 154th Wing sent a Finance and Contracting team to Phelps Collins ANGB, Alpena, MI during the period 13-22 May 97 to participate in the ANG Top Dollar Exercise '97. Each team consisted of five Finance and two Contracting personnel. Although entitled an exercise, Top Dollar was a competition amongst five ANG Finance/Contracting teams from four different states. The overall winner was the team from Charlotte, North Carolina.

The 154th Wing team members from Finance were: SMSgt. Randy Hiyane, MSgt. Brian Tom, SSgt. Kelly Ardo, SSgt. Nani Mahaulu and SSgt. Curt Mutobe. The Contracting team members were TSgt. Steve Lancaster, 154LS and MSgt. Tammy Hanson, an augmentee from the Dallas ANG.

The objective of Top Dollar was to provide training for wartime contingencies and ORI preparation. Role players, from various ANG units, acted as "customers" that required finance and contracting assistance. These scenarios were timed and scored by evaluators also from various ANG units. The finance/contracting scenarios

were the focal point of the training schedule, but Top Dollar also included scoring on: live 9mm pistol firing, litter techniques while going through an obstacle course, OPSEC/COMSEC written test, SABC scenario, unexploded ordnance scenario and chemical warfare scenario.

Our team lived and worked out of a "hootch," which was an open-bay quarters with a small adjoining work area. The average day started with reveille at 0500 hours. Scenarios ended at 2100 hours, but daily end-of-day cash balancing resulted in two Finance personnel to get a total of less than 8 hours of sleep in a 72-hour period. The evaluation periods were very long, but spirits were high and teamwork prevailed.

Top Dollar offered excellent training in an ideal environment. The competitive nature of the exercise raised the intensity of the training. Emotional highs were encountered as soon as a scenario was answered correctly, but emotional lows were experienced a minute later when a scenario was answered incorrectly. Top Dollar tested our ability to function under stressful situations; teamwork was a necessity. The experience never to be forgotten!

154th Wing Goodwill Fishing Tournament

*by SMSgt Pam Goya, 154th
Logistics Squadron*

The 1st Annual 154th Wing Goodwill Fishing Tournament was held on May 17, 1997 at the Hickam Boat Harbor. A total of 20 teams participated in this one-day tournament which, surprisingly, brought in 474.5 pounds of fish.

The Kauai team, "Morning Sun", headed by Captain Lester Matsushima and crew members Herbert Honjo, Bruce Takekuma and skipper Lionel Keohi, brought in the winning catch Marlin weighing in at 76.5 lbs. Although we heard they went to Kauai to catch it.

We would like to thank all the winners for donating their entire day's catch to the awards luncheon held on Sunday. In addition, we also received donations from Byron Ariz and his gang aboard the Na'ia, who caught the only Shibi.

Overall, all of the teams did an outstanding job. Congratulations to the following teams:

Morning Sun - 1st Place
Same Smell II - 2nd Place
Grand Slam - 3rd Place
Same Smell II and Green Bottles
tied for 4th Place
Kuni's Team - 5th Place

We would also like to thank the chairperson, SMSgt. Iris Kabazawa.

★ COMMANDER'S CORNER ★

by Brig. Gen. Michael H. Tice, Commander, 154th Wing

The ORI is coming! The latest information from the PACAF Inspector General indicates that the Operational Readiness Inspection (ORI) will consist of a Combat Employment Readiness Inspection (CERI); our ability to perform our wartime missions. As it currently stands, the inspection will begin as planned on August 7th with Day 1 being an opportunity for us to in-brief everyone and make final preparations for the "fighting phase" which will last from Day 2 through 5; Friday through Monday. The evaluation outbrief is planned for Friday, August 15th.

What's different than what was expected is that we are not beginning with a full-on Initial Response Readiness Inspection (IRRI), as we practiced in our last exercise, wherein we mobilize our people, generate our airplanes and deploy those on mobility before the shooting starts. If that part of the inspection occurs, it appears at this point it will be something smaller than all of the Wing's tasked forces, that can be evaluated using the full-time work force; and prior to the above dates. Message traffic is supposed to begin flowing approximately 30 days prior to the August inspection and is expected to make the actual tasking and exercise scenario clearer. One thing's for certain, though, the F-15 package and as yet unknown other deployed forces will be operating out of a simulated deployed location (actually, the F-15 ramp) that will be subject to conventional, chemical, biological and possibly nuclear attack.

Expect to have some more dialog in your units this weekend on what we know, what we don't know and areas we're focusing on between now and August.

A principal purpose of this article is to talk about ORI scoring and grades. Our objective is an overall OUTSTANDING for the 154th Wing. That's not going to come easy, and it won't come at all if we just "get the job done". There will be five grades. To get the best means having to exceed the basic requirements; and do it in such a manner that the inspection evaluators award us the grade we're after. Grades are "subjective" and assessed based not only on results but also *the impressions we leave the inspectors with.*

Here are the grade definitions. I'll start from the bottom, where we're not ... and where we don't want

to be, for failure to take this evaluation seriously and give it our all.

UNSATISFACTORY: Performance does not meet mission requirements. Procedures and activities are not carried out in an adequate manner. Resources and programs are not adequately managed. Significant deficiencies exist that preclude or seriously limit mission accomplishment.

MARGINAL: Performance does not meet some mission requirements. Procedures and activities are not carried out in an efficient manner. Resources and programs are not efficiently managed. Deficiencies exist that impede or limit mission accomplishment.

SATISFACTORY: Performance meets mission requirements. Procedures and activities are carried out in an effective and competent manner. Resources and programs are efficiently managed. Minor deficiencies exist but do not impede or limit mission accomplishment.

EXCELLENT: Performance exceeds mission requirements. Procedures and activities are carried out in a superior manner. Resources and programs are very efficiently managed and relatively free of deficiencies.

OUTSTANDING: Performance far exceeds mission requirements. Procedures and activities are carried out in a far superior manner. Resources and programs are very efficiently managed and are of exceptional merit. Few, if any, deficiencies exist.

There you have it! Many of you have heard me say that the inspections of flying units in the Air National Guard as a whole in FY '96 and thus far in FY '97 have resulted in approximately 70% of the units achieving scores of EXCELLENT or OUTSTANDING. We are not in the bottom 30% of ANG flying units ... and now it's time to demonstrate it. Throughout the Wing dialog needs to be taking place as regards to the above definitions and every squadron, flight, section, function and even individual determines what they can do to help achieve our goal ... OUTSTANDING. Collectively we can do it.



Personnel News

by SSgt. Sandra DuBrett,
Military Personnel Flight

Address Updates

If you require an address update or a ribbons listing, your orderly room has the capability to do address updates through **Personnel Concepts III (PC3)**. We would like you to utilize your orderly room first for an address update and/or ribbons listing, then, if your orderly room cannot assist you, come to the Customer Assistance Section for these requests.

Point Credit Accounting

Effective 1 October 1995, the Point Crediting Accounting System will have some new changes. Currently, your Retention/Retirement (R/R) date is established on the date a member is assigned to an active reserve component, and is changed for any periods of regular service.

IAW DoDI 1215.7, all members gained to strength on or after October 1, 1995 will have their R/R date established differently. The

date used to determine the anniversary year will be established by the date of initial entry into the uniformed service. This date will not be adjusted for periods of regular service. This date will only be adjusted if the member has a non-creditable break-in-service (ISLRS, Inactive National Guard, Retired Reserve, Civilian Status, Health Professional Scholarship Program, Service Academies, TDRL, and ROTC).

BEE Line

by MSgt. Laura Masuda,
Bioenvironmental Eng. Svcs

Hand Protection

What type of hand protection is so widely used and universally needed? *Gloves.*

According to the National Safety Council, injuries to hands and fingers are 17% of all disabling work injuries with back injuries being number one.

Glove inspection:

Are workers using the right gloves for the hazard?

Do the employees know the reasons for wearing gloves at

this jobsite and what type of exposure(s) they are trying to prevent?

Are their gloves in good working order, free from damage or toxic material saturation?

Do the gloves fit properly?

Do the employees use one type of glove for any and all situations?

Are the employees knowledgeable about how to obtain new gloves or different types of gloves, hazards change?

Does a cross-contamination problem exist at the jobsite?

Lots of Options:

Gloves are made from aluminized fabric, insulated materials, stainless steel mesh, high-voltage, latex, latex-free, and vinyl products so thin that the smallest objects can be handled.

Gloves can have various coatings and textures; they can be long-use, multi-use, disposable, and made of new materials that are practically indestructible.

Gloves protect workers from hazards, chemicals, temperature extremes; from cut resistance to vibration protection to preventing the spread of infection.



Congratulations to the following members of the 154th Wing promoted to the ranks indicated as a result of the May NCO Promotion Board:

<i>SMSgt. Robert Adachi</i>	<i>169th ACWS</i>
<i>TSgt Darren Atabay</i>	<i>154th CES</i>
<i>SSgt Malcolm Chun</i>	<i>154th MXS</i>
<i>SSgt Ragan Shirai</i>	<i>154th AGS</i>

Social Actions

by SSgt. Daniel Izon, Social Actions Office, 154th Wing

How to Help Your Friend

Warning Signs

Are you concerned about a friend's drinking and /or other drug use? Do you wonder if s/he has a problem? You don't need to be an expert to know if your friend has troubles related to alcohol or other drugs. Your friend may need help if s/he:

1. Uses more alcohol and/or another drug than in the past;
2. Denies or tries to hide drinking and/or other drug use;
3. Avoids talking about his/her use and behavior when intoxicated and minimizes the amount and frequency of and problems related to drug use;
4. Forgets or denies things that happened when s/he was intoxicated;
5. Chooses friends who are heavy drinkers or drug users;
6. Often drinks and/or takes drugs to relax or forget about problems;
7. Tries to justify or excuse his/her drinking and/or other drug use;
8. Drives a car or operates machinery while intoxicated, or is arrested for drunk driving;
9. Behaves differently when intoxicated (for example, a person who is normally quiet

and mild-mannered becomes loud and angry when intoxicated);

10. Denies having a drinking problem because s/he drinks only beer or wine, or denies having a drug problem because s/he only uses marijuana, over-the-counter diet aids or some other supposedly "harmless" substance;

11. Has problems related to alcohol/drug use - accidents, conflicts, financial difficulties, absenteeism, frequent illness, hangovers - with work, family and friends;

12. Thinks a lot about alcohol/other drugs;

13. Avoids social functions where alcohol and/or drugs may not be available;

14. Seems to have a low self-image and uses alcohol/drugs to feel better;

15. Makes you embarrassed, anxious or afraid when s/he is drunk or high.

If several of these warning signs apply to your friend, you have good reason to be concerned. The more signs that apply, the worse the drinking or drug problem is likely to be. Your friend may have other problems as well. But alcohol/drug abuse won't solve those problems and may even make them worse.

If you would like more information, please contact the Social Actions Office at 449-8000



Family Support Program

by SSgt. Stephen L Thomas

The Boston Globe conducted a survey of one hundred sixty elementary and middle school students to analyze the TV viewing habits of children. One of the stunning discoveries was that Bart Simpson, the irreverent brat on Fox Television's *The Simpsons*, was kid's favorite TV character. Barney, the cute purple dinosaur, was the favorite of pre-schoolers, but was the least favorite of older children.

A third of the kids watched three or more hours of TV on school nights and more than half watched that much on weekends. Nearly half of the kids' families had four or more TV sets, and 42 percent of the kids had a TV in their own room.

Some good news was that two thirds of the kids turned on the TV to watch a specific program rather than just "vegging out" in from of the tube and watching whatever was on. The worst news was that some of kids' favorite shows were never intended for children, shows like *Tales From the Crypt*, *New York Undercover*, *Married with Children*, and *Baywatch*.



TCA Needs Guard and Reserve Members for Active Duty Tours

by SrA Kate Elliott, CINCPAC TCA Administrator and 154th Services Flight

Are you looking for a job?

Would you like to spend some time working active duty right here on our island? The Traditional CINC Activities (TCA) Program, at USCINCPAC, Camp Smith, is looking for Hawai'i Guard and Reserve members to perform active duty tours here on Oahu.

What is TCA?

The TCA Program is part of the Foreign Military Interaction (FMI) Program. FMI includes activities that promote political neutrality and democracy within the military while working on expanding and enhancing US/foreign military relations. The goal of TCA is to support countries and regions within the Commander in Chief's Area of Responsibility (AOR) in promoting US views on economic growth, political progress, and military cooperation.

What Jobs Are Available?

The lengths of the tours is from 30 to 139 days. Dates of tours and AFSC requirements are flexible. Listed below is each position along with description and minimum requirements.

Political Military/Country Desk Officer

Description:

- Tracks and monitors US relations with foreign governments in the US Pacific Command's (PACOMs) AOR.
- Prepares and presents briefings/reports regarding US relations with foreign governments.
- Acts as a "country expert" on policy and current affairs.

Minimum Requirements:

- Officer; 16P4 AFSC preferred.
- SBI/Top Secret clearance.
- Cultural (and preferably lingual) knowledge of one or more countries in Northeast Asia or Southeast Asia.
- Strong speaking and writing skills.
- Computer literate in e-mail and word processing.

Deputy Executive Assistant

Description:

- Provides direct support to the J5 Director and the Deputy.
- Liaisons with other senior officials to support USCINCPAC Headquarters.
- Manages large volumes of sensitive and vital projects from various strategic planning and policy issues.

Minimum Requirements:

- Officer O-3 or above; 33XX (37A4) preferred.
- Top Secret clearance.

- Proficient in administration and computer tasks.
- Previous plans and or Flag/General Officer aide experience desired, but not mandatory.

Assistant Deputy Foreign Policy Advisor

Description:

- Supports USCINCPAC's Cooperative Engagement Strategy and foreign military initiatives.
- Provides timely political-military and foreign policy guidance and analysis and liaison with the Department of State, US Embassies and posts in the Pacific Command's AOR.

Minimum Requirements:

- O-2 or above; 16P4, 33XX (37A4); 14N AFSCs preferred.
- SCI/Top Secret clearance.
- Cultural knowledge of one or more countries in Northeast Asia or Southeast Asia preferred.
- Computer literate in e-mail and word processing.

How Do I Apply?

If you would like to apply for any of these positions, you will need to send a resume to CINCPAC TCA Programs. Either fax or mail it to the number/address below.

United States Pacific Command

Strategic Planning and Policy Directorate

Attn: Capt. Jennifer Scott and SrA Kate Elliott

153 Box 4015

Camp HM Smith, HI 96861-4015

Phone:

Comm'l (808) 477-0814/0796

DSN (315) 477-0814/0796

Facsimile:

Comm'l (808) 477-0242

DSN (315) 477-0242

As you already know, being on active duty has many added benefits to traditional Guard privileges, including BAS, BAQ, unlimited use of the commissary and medical. Participating in a program that promotes good relations with neighboring countries is an additional bonus. If you have any questions concerning the Traditional CINC Activities Program, feel free to contact Capt. Scott or SrA Elliott at the above number.

Next UTAs: July 12 & 13

Aug 9 & 10

Annual Training Dates:

Aug 7 & 8

Aug 11 - 13



The Seven Habits of Highly Effective People

By Maj Bill Petti, Commander, 154th Logistics Support Flight

The 154th Logistics Group will be holding its second Seven Habits of Highly Effective People Workshop by Stephen R Covey June 25-27, 1997, at the 154th Wing Dining Facility. The first workshop, held March 26-28, 1997, received an enthusiastic response by the sixteen individuals who participated.

Course facilitators this time will be Col. Michael J Melich, Lt. Col. Bruce Minato, and myself. There are eight (8) slots open for non-LG members throughout the HIANG. These individuals will need to contact Capt. Tracey Saiki at 449-6008 for details.

Hope to see you there!

Schofield Rod and Gun Club

by TSgt. Theodore Merrill, Historian, 154th Wing

How many of you firearms enthusiasts out there have ever heard of the Schofield Rod and Gun Club (SRGC)? I know there's probably a few of you die-hard shooters that said "Schofield Rod and Gun Club? Never heard of them".

This article is to let you folks know that there is a central Oahu alternative to having to drive all the way out to Koko Head to shoot your firearms. It's the SRGC.

The Schofield Rod and Gun Club is a volunteer-run rod and gun club located at Schofield Barracks. The SRGC is naturally affiliated with the Army due to it being on an Army base, but the leadership is comprised of volunteers elected by the club's membership. Also, all of the programs are run by club members who volunteer some of their time to make a specific program happen.

Programs offered by the SRGC are: open target shooting at Schofield Barracks for a few hours on most Saturdays and Sundays, depending on if enough range officers volunteer to operate the ranges; informal combat pistol shooting for a few hours on Sunday mornings; and trap and skeet shooting on the weekends (I'm not sure of the exact days/times, but I'll find out if anyone asks me). There is space for an

archery program, but the program is currently inactive, waiting for a volunteer to run it. There had been a small club-operated retail store until recently, but it is currently closed for a few months while it is being relocated. When the club store reopens, club members will be able to buy ammunition and reloading components at discounted prices. A club member benefit is that someone from the club usually offers certified firearms safety classes that are now *required* prior to obtaining a handgun in Hawaii.

Club membership is open to active military, guard/reserve members, civilian DoD employees, active/guard/reserve/DoD retirees, and bonafide dependents of persons in those categories. Club dues are \$15.00 a year and NRA membership is encouraged but not required. The only caveat is that club members must perform 12 hours of volunteer service to the club each year. This can be in the form of range officer duties, range maintenance, or any of several other duties.

If anyone is interested in joining the SRGC or would just like more information, please stop by the Wing history office (old Support Group office) in Bldg. #3400 during drill, or e-mail me at T MERRILL@CC@154GP.

Deadline! Deadline! Deadline!

The deadline for the July edition of the "Kuaka'ilimoku" is Thursday, July 3rd (Friday, July 4th is a holiday).

Quality News

by Capt Tracey J. Saiki
Quality Advisor, 154th Wing

Keeping You On "Q"



To Boldly Go Where No Idea Has Gone Before

(I am a Star Trek fan! Still have a crush on Mr. Spock. I recently read, "*All I Really Need to Know I Learned from Watching Star Trek*", by Dave Marinaccio. The following is an excerpt from this book that I hope you will find insightful and entertaining. "Live long and prosper".)

Lieutenant Commander Montgomery Scott is the perfect ship's engineer. His love for propulsion systems know no bounds. Given shore leave, he would rather go back to his quarters and read technical manuals. All the better to understand the most technologically advanced vessel of his time, his vessel, the Enterprise.

Scotty treats this piece of machinery as if it were a person. He coaxes it, he pushes it, at times he is more wet nurse than chief engineer.

The ultimate goal of all this loving care is speed. If the ship's maximum speed is warp seven, then he just knows he can edge it up to warp nine. And maybe just a *wee* bit more.

He lives in a tug-of-war. One side loves the ship, wants to treat it like a baby. The other side tortures the ship until the last ounce of speed is squeezed out of the warp drive. And then he squeezes just a *wee* bit more.

Scotty loves to break the rules. If he has a theory that's never been tried before, then the Enterprise is a guinea pig for his idea. Never satisfied with the status quo, he

tinkers and changes and improves, making up the manual as he goes along.

The lessons I learned from Scotty is to leave all the options open. When dealing with complex problems, humans want to simplify them, idiot-proof them. We live in a society where everything is idiot-proof.

There is a slight problem with living this way. Idiot proofing is also genius-proofing. Idiot-proofing reduces the impact of judgment. On the Enterprise, all the rules can be broken if there is a good reason. **Greatness is usually achieved by trying something different or putting existing things together in new and unconventional ways. It's called innovation. Idiot-proofing prevents new approaches, ensuring that the same old tired and true methods are used.**

Scotty's genius could not find expression in an engine room with a governor on the warp drive. Idiot-proofing the Enterprise would mean limiting the chief engineer's creativity. Idiot-proofing would mean more rules to follow and fewer options to be exercised. With fewer options, it's safe to say, the ship would have blown up long ago.

Competent people know which rules to follow and which to ignore. **When people of good judgment are allowed to exercise their insights, good results usually follow. When people's hands are tied, they are ineffective.**

The crucial variable here is competence. Sure, if a bunch of trainees are running the ship, idiot-proofing is probably called for. **But when you're working with the best, let 'em loose. Don't restrict them.** And you, just like Captain Kirk, will be the beneficiaries of their genius.



It Out! There are plentiful and informative videos available for all wing personnel to check out from the "Q" library. These videos explore new ways of thinking, illustrate our human nature and enhance our "people skills". These videos run from 10 minutes to 30 minutes. Perfect for the beginning or ending of meetings, or a half-hour "mental field trip" away from your busy work. If you enjoy watching the Discovery Channel, A & E, or The Learning Channel, I'm sure you will enjoy these videos. If you are interested, call me at 449-6008.

You Can Make A Difference! Voluntary Leave Transfer Program (VLTP)

The VLTP offers relief to a technician in the HIANG who is experiencing a medical emergency and does not have adequate paid leave to support his/her absence from work. The program allows the technician to receive transferred (donated) annual leave directly from other federal employees to prevent a financial hardship.

SSgt. Julia M McDowell, our wing commander's secretary, has a condition known as placenta previa which is complicating her pregnancy. She has been placed on strict bed rest until the delivery of her baby in July. SSgt. Harold E. VanEpps, Aircraft Mechanic with the 154AGS, was diagnosed with Stage IV larynx cancer and is currently receiving chemo and radiation therapy. August 5, is the tentative date of return to duty.

These people have exhausted all their available annual and sick leave and could eventually be on leave without pay. We're asking for your support in helping these members of our HIANG family in their time of need.

If you would like to donate any portion of your annual leave to these technicians, please complete OF 630-A, Request to Donate Annual Leave to Leave Recipient (*Within Agency*) Under the Leave Transfer Program. This form is also available on Form Flow.

The minimum amount of annual leave you can donate is one hour. The maximum amount of annual leave you can donate can be no more than half of your accrual entitlement for the leave year. For example, a technician earning 104 hours of annual leave in the leave year could donate a maximum of 52 hours.

Please send the completed form(s) to Lt. Col. Iwamura, MSgt. Redoble at HQ 154WG, or Ms. Sandy Hashimoto at HRO.

Thank you very much for your consideration and support.

Recruiter's Round-up

by TSgt. Bridgett Komine, 154th Wing Recruiting Office

Referral Program Extended

Due to the magnificent response we have received from the referral program, we are extending this program until **31 August 1997**. You, the members of the HIANG, referred a whopping 106 people for possible enlistment!!!! Several of your referrals have enlisted and we are processing more now.

You may call the recruiting office for status of your referral.

We encourage you to talk to your neighbors, your friends, the kid that packages your groceries and delivers your paper. Share the HIANG experience! Mahalo for your support and your home town Air Force.

Any questions, call 449-5601 or 1-800-GO-ANG.

Aloha!!!!

Base Library E-x-p-a-n-d-s

Have you checked out the newly renovated Hickam library? The library is one of the nicest facilities around, with more of everything for you and your family - books, audio and video tapes, computers, etc... Plus, the library is automated!

Safety Tips

by SMSgt. Gaylen T Redoble, OSH Manager, 154th Wing

101 Critical Days of Summer

Summer has begun and this is traditionally a busy time of the year. The wing safety staff would like to remind you to keep safety an integral part of your summertime pursuits. We call the period between Memorial Day and Labor Day the "101 Critical Days of Summer" because many of us try to squeeze too many activities into a short period of time.

- Most mishaps occur off base and during off-duty hours when supervisory influence is least effective. Most of these mishaps occur because of unsafe practices and failure to observe established safety rules and procedures. Each summer thousands of people are killed and hundreds of thousands are injured as a result of mishaps. Keep mishaps from ruining your summer--put safety into everything you do.
- Vehicular mishaps are the number one killer of our armed services people. Please follow the rules of the road, drive defensively and always use seat belts. Using alcohol and driving a vehicle does not make sense; it's also not playing by the rules--and is against the law.
- Recreation during the summer causes too many injuries because fun is in and safety is forgotten. Being examined by the family doctor is not a bad idea before starting any type of exercise program.

- Remember that over-exposure from the sun can cause a lot of problems, such as skin cancer and heat stroke. Sunglasses, sunscreen, and just "taking it slow" can help protect you against the sun.
- Swim only at approved locations and know the water conditions. Never swim alone and always use the buddy system.

Statistics have consistently shown that injuries and death increase during the "101 Critical Days of Summer" between Memorial Day and Labor Day.

The following article was written by Brig. Gen. Orin L Godsey, Air Force Chief of Safety, and published by Air Force News...

"101 Critical Days of Summer"

From Memorial Day through Labor Day, many of us will enjoy summer picnics, recreational water activities and long vacation drives.

For more than 20 years, the Air Force has recognized these as the "101 Critical Days." They're critical because many people die while enjoying summertime fun.

Each year, private motor vehicle accidents and water-related pastimes have taken their toll on Air Force people and their families. And, to make matters worse, most of the losses we've suffered over the years were preventable.

Last summer, 22 Air Force members died while off-duty during the "101 Critical Days". Although even one fatality is unacceptable, there are one or two small silver linings inside this cloud. In 1996, we only lost half

as many people in privately owned motor vehicle accidents as we did the previous year; all but two of the people involved in those mishaps were wearing seat belts, and only one was found to have been under the influence of alcohol.

Since automobiles are the leading cause of accidental death among Air Force members, each of us needs to take every precaution while operating them. In particular, remember to buckle up -- seat belts are proven to save lives -- and, if you're attending a social function, appoint a designated driver.

The summer months should be a time to enjoy with family and friends, planning barbecues, attending baseball games and hiking in the woods -- not a time to mourn. Each of us has to take the time to recognize the risks that accompany whatever we do, both on and off duty. By doing so, you're that much closer to taking the right steps toward reducing those risks or even to head them off entirely.

By taking a few extra moments to think ahead, you, your immediate family and your Air Force family can all look forward to a whole world of opportunities for a pleasant and relaxing summer.

The staff of the 154th Wing Safety office hopes this article helps you have a safe and enjoyable summer. Please give this the widest dissemination possible.

What's for lunch? 154th Wing Dining Room

-Menu-

Saturday

Main Line

Tuna Casserole
BBQ Chicken
Shoyu Chicken
Steamed Rice
Buttered Green Beans
Corn
Portuguese Bean Soup
Salad Bar
Bread/Butter
Sherbet
Yogurt
Yellow Cake
White Milk
Chocolate Milk
Juice

+Snack Line+

Sloppy Joe Sandwich
Bologna/Cheese Sandwich
Hot Dog
French Fries

Sunday

Main Line

Beef Broccoli
Baked Lemon Fish
Steamed Rice
Carrots
Mixed Vegetables
Split Pea Soup
Salad Bar
Bread/Butter
Baked Apple Squares
White Milk
Chocolate Milk
Juice

+Snack Line+

Cold Roast Beef Sandwich
Ham Sandwich
Cole Slaw
Fresh Fruit

*Menu items are subject to
substitution based upon
availability.*

All personnel will present a military ID card in order to eat in the dining room. Traditional Guardsmen will sign in on the AF Form 1339. Officers and AGRs will sign in on the AF Form 79 and pay \$2.75 for the meal.

Dining Room Hours

10:30 a.m. - 12:30 p.m.

Bon Appetite!

Old Photos To Be Given Away

*by TSgt. Theodore Merrill, Historian,
154th Wing*

I've recently inventoried all of the photographs possessed by the Wing History office and found many photos that are duplicates and that will not be retained. These photos are mostly black and white and contain a myriad of different scenes; mostly involving shots of 154th Wing personnel performing various jobs, participating in social functions, sporting events, ceremonies, etc. The vast majority of photos are unidentified as to names, places and dates, and appear to be from the 1970's and 1980's.

To keep a manageable archive system of photographs, I'm disposing of these duplicate photographs and would like to give everyone in the Wing a shot at looking through the stack to

see if there's any photos that you might want.

There's probably a lot of good memories in this stack of photos, so I encourage anyone interested to come up to the Wing history office (old Support Group HQ office) in Bldg. #3400 sometime during the next few drills and take a look at the photos, and take what you want before I get rid of them.

KUKA'ILIMOKU

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