



154TH WING
HISTORY OFFICE
FILE # 2.96.390

Kukailimoku

War God of King Kamehameha I - 154th Wing

Vol. 42 No. 07

Hickam Air Force Base
Hawaii

July 13, 1996

154 Wing Officers Promoted

by SSgt. Stephen L Thomas

Richard C Hastings, Walter K Kaneakua, Jr., and Peter S Pawling have been promoted to the grade of Colonel (O-6) effective June 20, 1996.

Colonel Hastings is the Commander of the 154th Support Group. He was born on May 9, 1942 in Chicago, Illinois. He completed his Bachelor of Science degree in Mathematics from Alma College, Alma, Michigan, and earned a Masters degree in Business Administration from the University of Hawaii.

Colonel Hastings was commissioned on December 21, 1964. He completed Undergraduate Navigator Training and was awarded his wings on November 5, 1969. Colonel Hastings is a Master Navigator with over 3,000 hours of flying time, 2,900 of which were logged in the F-4C/D/E/F aircraft.

Colonel Hastings is married to the former Peggy A Mason of Buckeye, Arizona. They reside in Kailua, Hawaii with their two sons, John and Joshua.

Colonel Kaneakua is the

Deputy Commander, Headquarters, 154th Wing. He was born on October 31, 1951 in Honolulu, Hawaii and earned his Bachelor's degree in Economics from the University of Hawaii in May of 1973 and Masters degrees in Systems Management from the University of Southern California in June of 1982, and Economics from the University of Oklahoma in May of 1989.

Colonel Kaneakua was commissioned through the Air Force Reserve Officer Training Corps and entered active duty in August, 1973. On October 6, 1992, he assumed command of the 203rd Air Refueling Squadron, and became Deputy Commander of the 154th Wing on July 16, 1995.

Colonel Kaneakua is a senior pilot with more than 2,900 flying hours in the C-21A, T-37B, KC-135A and EC-135J aircraft.

Colonel Kaneakua married the former Eda Hasegawa of Hoolehua, Molokai, and they have a daughter, Emily.

Colonel Pawling is the 154th Operations Group Commander. He was born in Palm Springs, and earned a Bachelor of Arts degree in Psychology from the University of Hawaii.

Colonel Pawling was commissioned after completing Officer Training School and joined the Hawaii Air National Guard in 1972 as a F-102 pilot assigned to the 199th Tactical Fighter Squadron. He has also flown F-4C/D, F-15A/C, C-74 and C-130A/H aircraft.

Na Koa Ku Makani

This is an invitation to Na Koa Ku Makani, "Warrior Standing Against the Wind", a Hawaii National Guard Drug Awareness event that is to be held at Bellows Air Force Station on Saturday, August 29, 1996 from 11:00 a.m. to 5:00 p.m.

There will be free refreshments and entertainment by big name stars, plus guest appearances by Governor Ben Cayetano, HPD Chief Michael Nakamura, HPD's DARE vehicles and officers, plus an Air and Army Guard talent search competition. Sign up either to attend and/or participate in the talent search competition by August 1, 1996.

Don't miss this great event to recognize Hawaii National Guard member's and family's commitment against drugs.

Chaplain's Corner



by Lt. Col. Walt Harris,
Chaplain, 154th Wing

Interdenominational Worship Service

How about getting your Sunday UTA off to a great start? An interdenominational Christian worship service is held every Sunday UTA at 8:00 a.m. in the 154th Wing Dining Room. Join us! Everyone is welcome! Hope to see you there!

Thoughts Of Mind And Spirit

A Chaplain once suggested that we live our lives in reverse. It went something like this. Life is tough. It takes a lot of your time (most of your life)! It takes all of your weekends, including UTAs, and in the end, what do you get? Death... a great reward. That somehow appears backwards. A person should die first and get it out of the way! Live 20 years in a retirement home, get kicked out as you get too young, receive a gold watch, and go to work for 40 years or so or until we are too young to enjoy our retirement. Then we should go to college, play, party and get ready for High School. Soon we would become a little child; have fun; no responsibilities. Then become a baby, go back to the womb, float around for nine months until we are a twinkle and joy in someone's eye.

Seems a little silly, but the direction feels right. Jesus said we are to become like little children, and being like children can be wise in many ways.

Sometimes children make more sense than we grownups do. Children give answers like: "Noah's wife was Joan of Ark, the fifth commandment is humor your father and mother, and declared that the Bible says one husband and one wife is called monotony". Most of all, children don't seem to dwell on or fear death. They just seem to trust in their little minds that God will take care of them and always be with them wherever they may be.

While children trust, adults reason. Actually, children do more than trust. They laugh and cry with others. They are quick to forgive and ready to reach out and touch. They get excited and point to a beautiful thing. They are tolerant and quick to accept others as they are. Yes, they go through a stage of being self-centered, but unlike some adults, it is for only a short period and not a lifetime.

This whole silly idea makes me realize that Jesus is right. We need to be a little more childlike in many respects if we are to capture the hearts of people and make a difference in life. We can start right in our unit, our family and our community. We need people who smile, and step in quickly to cry or laugh with others. We need people who say "yes, I can help" or "I'll find a way for you."

Too often we say "no" or "you'll have to ask or go somewhere else" or "you don't qualify." Could it be that growing "young" like a child isn't such a silly idea after all? God

tells us that the childlike are the greatest in the kingdom of Heaven.

Promotions

Headquarters, 154th Wing, Hawaii Air National Guard, is proud to announce that the following named airmen have been promoted to the grade indicated effective June 17, 1996.

CMSgt. Aniya, Ronald S
169th Aircraft Control & Warning Squadron
SMSgt. Mishima, Dennis H
154th Aircraft Generation Squadron
MSgt. Awana, Douglas PY
154th Aircraft Generation Squadron
TSgt. Kanayama, Daryl H
169th Aircraft Control & Warning Squadron
TSgt. Samson, Gary W
154th Aircraft Generation Squadron
SSgt. Ardo, Christopher
154th Aircraft Generation Squadron
SSgt. Baltazar, Salvador S. Jr.
154th Aircraft Generation Squadron
SSgt. Hood, Charles J
154th Maintenance Squadron
SSgt. Kissenberger, William A
204th Airlift Squadron
SSgt. Laa, Eric L
154th Mission Support Flight
SSgt. Nishiki, Scott S
154th Maintenance Squadron

Quality News

by Captain Tracey J. Saiki,
Public Affairs Officer, Quality Advisor,
154th Wing

Ask yourself: *Who is your new Quality Advisor? Who is your new Public Affairs Officer?*

Let me answer these for you. All wrapped up into one—it's me, Captain Tracey J. Saiki. I've been in the Hawaii Air National Guard for two years, previously assigned as the Information Management officer at the 293d CBCS. Prior to that, I was on active duty in the Air Force for six years and have been stationed at Dyess AFB, Keesler AFB, and Yokota AB.

The many "hats" I have proudly worn have been base administration, squadron section commander for civil engineering, security police and communications, international military student liaison, and protocol. Whew!

I will be attending the necessary quality and public affairs courses in the upcoming months. So in the meantime, I intend to see and learn more about your unit, and look forward to meeting you. Best wishes to Captain Eric Wong as the new bioenvironmental officer in the Medical Squadron, and my biggest *mahalos* to Major Yoshimoto for the OJT he gives me.

Here's my commitment to you and the Wing: I will accept the challenges that lie ahead, and will do my best to turn them into successes. I am "at your service" to develop and maintain the "organizational excellence" that is inherent in you, to boast and spotlight your

accomplishments, and to showcase and reinforce your "business" to our "customers".

"No one can predict to what heights you can soar. Even you will not know until you spread your wings."

HIANG SEA News

by CMSgt. Delbert D. Dandurant,
Senior Enlisted Advisor, HIANG

This will become a monthly column in the Kukailimoku in order to communicate with as many of you as possible. In addition to this column, you will find general information for all enlisted personnel on the Tackboard under HIANG SEA. New information will be put on the Tackboard as I receive it and will remain there for 30 days. I hope these two methods will keep everyone informed, especially those who do not have an E-Mail address.

What's new...

—Chief Doug Abe has been selected as the 154th Wing Senior Enlisted Advisor and will be assisting Colonel Tice with enlisted issues within the Wing. The overall State Senior Enlisted Advisor is still located at Hq HIANG. Congratulations Chief Abe.

—First Sergeants (E-7) EUMD positions are coming soon for units with over 50 enlisted personnel, except Medics, who will have a First Sergeant no matter how many are in their unit. All selected First Sergeants will be able to sew on the Diamond once the EUMD positions become effective. A two-week in-resident First Sergeant's

Academy is mandatory.

—PME for Airman Leadership School and NCO Academy can be completed right here at Hickam. The HIANG has been given one slot in each class. Our first graduates of the ALS and NCO Academy is SrA Aris Esmena and TSgt. Reihold Butac from the 154th Services.

—If you have completed BMT in the past year and are having problems with the new issued Dress Uniform "coming apart" after dry cleaning, contact the Hickam clothing Sales store. There seems to be a problem across the Nation with the material.

—Effective October 1, 1997, all enlisted personnel will be required to wear the new chevrons on all uniform combinations.

—A committee of Chiefs has met and has recommended to General Kealoha that the Senior NCO Promotion Board be relocated at the 154th Wing or at the 201st CCGP versus State Hq. It didn't recommend that the Board be eliminated as some of you have heard.

—General Kealoha has spoken to the Senior leadership of the HIANG, both Officers and Senior NCOs, and briefed us on his expectations. These expectations go all the way down to the lowest rank and are as follows: professionalism, military courtesy, military bearing, correct wearing of the uniform, weight standards, PME completion and TEAM work.

That's it for this first issue... More next month.

Fulltime Employment

These are the current vacant Federal Civil Service positions open for recruitment. You can read more about the position by checking with your orderly room for complete details or see TSgt. Phillips, Bldg 3400, Rm 210, Monday-Friday.

JVA No.	Position Title	Grade	Closing Date	Location
FY96-092	Production Controller	GS-07	31 Jul 96	154 CES, Hickam AFB
FY96-091	Aircraft Mechanic Supervisor	WS-14	26 Jul 96	154 MXS, Hickam AFB
FY96-090	Supervisory Aircraft Pilot	GS-14	26 Jul 96	HIARNG, Wheeler AFB
FY96-086	Equipment Specialist (Off)	GS-09	18 Jul 96	HIARNG, Honolulu
FY96-085	Personnel Clerk (Typing)	GS-04/ 05	18 Jul 96	HRO, Honolulu
FY96-084	Telecomms Specialist	GS-09	16 Jul 96	201 CCG, Hickam AFB
FY96-083	Support Services Specialist	GS-07	16 Jul 96	293 CBCS, Hickam AFB
FY96-082	Air Traffic Assistant	GS-05/06/07	Until Filled	169 ACWS, Wheeler
FY96-089	Logistics Management Specialist	GS-07	23 Jul 96	154 LSF, Hickam AFB
FY96-093	Automotive Worker	WG-08	13 Aug 96	291 CBCS, Hilo

BEELINE

by MSgt. Laura Masuda,
Bioenvironmental Eng Svcs

Hearing Loss

A steady loss of hearing acuity occurs as we grow older. The normal young ear can hear tones within a range of 20Hz (base on the piano) to a high-pitched sound of 20,000 Hz. As you age, the high-frequency sounds are diminished. If you hear 12,000 Hz in your sixties, you're lucky.

Noise is a pervasive, insidious cause of hearing loss. It causes no particular pain except during a rifle blast, explosion, or similar. The ears have considerable comeback power from temporary, brief exposure to noise and ordinarily recover overnight. However, prolonged exposure to intense noise gradually damages the inner ear.

Noise-induced hearing loss involves damage to the cochlea, the inner ear that turns noise vibrations into electrical impulses to the nerves sending

messages to the brain.

Controls: When possible, apply engineering principles to reduce noise levels. Maintenance of equipment, substitution of machinery or processes and/or isolation of the noise source are considerations.

Administrative controls involve lessening exposure time to workers by alternating production schedules.

Personal hearing protection does nothing to reduce or eliminate the hazard, however, these devices are acoustic barriers that reduce the amount of sound energy transmitted through the ear; therefore, wearing hearing protection properly is crucial.

UTA Dates for Fiscal Year 1996

August 10 - 11, 1996
September 7 - 8, 1996

Enroute Leave

Effective immediately, unit commanders are now authorized to approved enroute leave.

HQ HIANG revised the HIANG Form 102, Request and Authorization for Enroute Leave. The new form is dated October 1995 and makes the old form obsolete.

The form is located on the "W" drive in the W:\info_mgt\milform\hiang subdirectory. The file name is "hiang102.frl".

HQ HIANG will supersede HIANGR 75-8 with HIANGI 24-101. This new instruction will reference these changes. There are no other change to this process.

Questions about this change should be directed to Lt. Col. Clarence Fukumoto at HQ HIANG.



Legal Line

by Maj. James T. Itamura, 154th Wing Staff Judge Advocate

The UCMJ

The Uniform Code of Military Justice (UCMJ) celebrated its 46th birthday on May 5th, 1996. Since its creation by Congress in 1950, it has served as a uniform set of laws designed to promote justice and assist in maintaining good order and discipline in the military.

Periodically, changes are made to the UCMJ, typically in the form of minor fine-tuning, but sometimes encompassing more sweeping changes.

Court decisions also serve to shape and interpret the UCMJ. For example, the United States Supreme Court in 1987 expanded the military's jurisdiction over offenses committed by military members. By virtue of a person's status as a military member alone, any violation found in the UCMJ can be prosecuted in the military courts, regardless of whether the member was on leave or far from any military installation.

One of the hallmarks of the UCMJ is its safeguard of the individual's rights. Did you know that the idea of Miranda rights (that is informing a person suspected of a crime of his right to remain silent, of his right to a lawyer, etc.) was pioneered in the military 16 years before being instituted in the civilian criminal system? Article 31 rights warning is the military equivalent of the

Miranda Act.

One true believer in the Military Justice system is none other than F. Lee Bailey, who is quoted as saying, "A truly innocent person stands a far greater chance of being acquitted every time in a military court than in any other court in America."

Another example of the military's forward thinking is the Article 32 proceeding. This is the equivalent of a grand jury proceeding. In many states, including Hawaii, grand juries are secret affairs held behind closed doors wherein only the prosecution calls witnesses and a suspect has no opportunity to respond. The Article 32 proceeding on the other hand, includes the suspect and counsel who may cross-examine witnesses and call witnesses of their own. Whereas a grand jury often is an unwilling rubber stamp of the prosecutor, I've seen cases where because of evidence or doubts presented by a suspect, the hearing officer dismissed the case.

So the next time you hear people refer to the term "military justice" as an oxymoron, tell them that F. Lee Bailey calls it "...a masterpiece of forward thinking, far more modern than any other US judicial system, state or federal."



Health Matters

by SSgt. Eulalia Pascual, NCOIC, Public Health, 154th Medical Squadron

Self Defense Guidelines for Travelers

People are the same all over the world, but health conditions and disease conditions change from place to place. Wherever people live, their bodies develop natural defenses against the germs that live in the area with them. These defenses are called "immunities".

People who live in different parts of the world tend to have immunities to different diseases. This fact has two important effects:

1. When travelers visit an area they often bring new diseases with them—diseases to which the local inhabitants are not immune.

2. Visiting travelers are often not immune to the germs and diseases already present.

Today, germs acquired by travelers can make a huge difference to the health, wealth and long term well-being of you, your mission, those who deploy with you and those back at home when you return.

In some parts of the world, traditional sanitation and hygiene cannot dependably prevent germs and sewage from contaminating farming water, bathing water and especially drinking water. In many cases, local people have long-term immunities to the

Health, Continued from Page 5
diseases that might be spread by these sources and, therefore, are not infected by them.

You, the traveler, however, are probably not immune and can probably be infected. Preparing yourself to stay healthy while traveling is not much different from preparing yourself to stay healthy at home. Making sure that you are current on all required immunizations is the first step in prevention. Your unit should notify the Public Health office at the 154th Medical Squadron as soon as possible when someone is deploying so that the proper immunizations, preventative medication and briefings can be done.

While deployed or traveling, you should follow some simple practices to keep yourself healthy. Understand that food and water can be risky in developed, industrial or tourist areas as well as in areas off the beaten track. Be careful everywhere. If deployed, be sure and follow any instructions on food and water safety that you have been briefed on. If you aren't sure, ask questions. When in doubt, use bottled water for drinking, washing, and brushing your teeth; it only takes a small amount of contaminated water to make you ill. Wash uncooked foods in boiled or bottled water. Do not eat uncooked foods such as salads that are washed in water.

Do not bathe or swim anywhere unless you are certain the water is sanitary. Use reliable insect repellent on

skin (DEET) and clothing (Permethrin). Follow directions carefully. Use netting. Stay indoors during hours that dangerous insects are most active (usually dusk and dawn).

You might want to bring along the following in your carry-on bag for your own use: calamine lotion, antiseptic cream, painkillers (aspirin, acetaminophen, ibuprofen or similar), diarrhea medication, adhesive bandages, motion sickness prevention, and any prescribed medicines that may be needed.

Snake and venomous insect bites can be prevented by using a flashlight when walking outdoors at night. Check dark corners of your room. Turn your shoes over and empty them out before putting them on.

In lesser developed tropical countries where food and water-borne diseases and diarrhea are day-to-day facts of life, diarrhea is the number one killer of infants and young children.

No matter where you decide to eat, if you are overseas, it is very important to follow the guidelines below, you'll improve your chances of staying healthy.

Eat only meat and fish that is thoroughly and recently cooked, nor re-warmed. Hamburger, chicken and pork should be well done without any pink areas.

Eat only thoroughly cooked fruits and vegetables, and fruits that can be peeled by you.

Wash the surface of fruit before slicing. Bacteria can

otherwise be carried onto the cut surface.

Foods that require little handling are safer.

Order hard-boiled eggs served in the shell because they are safer than those served out of it.

Choose dairy products from large, commercial dairies.

Milk and dairy products in Canada, Western Europe and Australia are considered safe. Canned milk is safe.

You should be suspicious of all food sold by street vendors.

Follow these rules:

Choose food that is cooked, boiled, steamed or grilled directly in front of you. These items are safe if served fresh and hot.

Avoid food handled excessively by the vendor after cooking.

Avoid juices and other drinks unless they are commercially bottled.

Eat only food that is served in a clean container.

If you have any questions regarding this information, please contact SSgt. Eulalia Pascual, Public Health, at 449-2461.

KUKAILIMOKU

This funded Air Force newspaper is an authorized publication for the members of the U.S. military services. Contents of the KUKAILIMOKU are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, the Department of the Air Force or the Hawaii Air National Guard.

This publication is prepared, edited and provided by the Public Affairs Office of the 154th Wing, Hawaii Air National Guard, Hickam Air Force Base, Hawaii 96853-5179.
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Just My View

*SSgt. P.C. Greenwald, 154 Wing
Operations Controller*

Placing principals before personalities, or if possible integrating the two with equal balance of purpose, Inspiration and motivation controls must rest within each person. What is different about a service, as it is compared to a product, a service is personal. It's performed by people. The contact is with people. Perhaps the difference is, that service or the product which is derived from such is by far, much harder to control, since front-line people produce and project the service.

Quality of service as subjective and personal as it is, is easy to master. It takes a little common sense, and can be achieved by anyone who has the inclination. People want to be treated well, and they want to feel good about their experience with you and your organization.

It is perhaps not prudent to think, that if you are associated in a task - oriented section, that your section is exempt from the principals of service. Every section of this organization, is in the service business. In all honesty, some sections must concentrate to a higher degree and some to a lesser extent, for various reasons which are based most certainly on the respective obligations and responsibilities of that activity.

We all have heard and some of us realize, that service is perhaps the most compli-

cated procedure. I personally believe that the culture of a duty section within an organization is relative and directly associated towards quality service, and that quality of that service is the manifestation, of an attitude and philosophy which has it's physical equivalent in the form of methods and results.

I do not concede, that it is inherit upon us; as professionals, we Plan to Fail. In retrospect, perhaps it is a Failure to Plan!

IT'S SIMPLE

M anaged
A ttitude
G enerates
I nitiative
C onfidence

HNGEA News

by SSgt. Stephen L. Thomas

The Hawaii National Guard Enlisted Association (HNGEA) will be holding its quarterly meeting on Saturday, July 27, 1996 at 9:00 a.m. in the 203rd Maintenance Squadron Conference Room, upstairs, in Building #1055 (Hangar #35).

All members are urged to attend. Non-members are most welcome. The HNGEA is your voice, both locally and nationally. Please join and support your HNGEA!

NOTE: The President requests all reports be submitted for the record. Please contact CMSgt. DeRego at 449-5632 if you are unable to attend this meeting. Thank you.

SABC Pays Off After Terrorist Attack In Saudi Arabia

*by MSgt. Dale Warman, USAFE
Public Affairs*

Although 122 people were ultimately transported to local hospitals for treatment and surgery after the terrorist bombing here June 25, responsibility for the initial mass-casualty triage fell to every available person at the Khobar Towers compound—whether they were medical professionals or not.

The Air Force's top doctor at Dhahran credits self aid buddy care with saving lives, keeping the number of serious injuries down, and helping to bring a chaotic situation under control. Self aid buddy care are Air Force terms used to describe people administering medical care to themselves and to their fellow airmen, particularly in the field or away from adequate care facilities.

Lt. Col. (Dr.) Doug Robb estimates that of the more than 400 injured, some 200 to 300 received buddy care from other base members.

From The Editor

If you are a regular contributor to the Kukailimoku and/or have a column in the Wing newspaper, you should have already been issued a "Kukailimoku (red) folder" with the name of your column, the name of your office and who the story is by on the outside. If you haven't been issued one, yet, and you currently have a column, please ask us for a "Kukailimoku folder" and we'll make one up for you. Even though our office is hooked up to the LAN, unless your article is small, we'd prefer you submitting it on a floppy disk (in Microsoft Word 6.0) via distribution or dropping it off at our office.

In the meantime, whenever you submit an article, please make sure you have a title or headline and a by-line on each one (the by-line should include your name, rank, title and office where you work). When submitting through distribution, please also include a printout of your article with your telephone number on it along with a diskette with your story(s) composed on it. Your diskette should also have your name, office symbol and telephone number on it so it'll get back to you.

If you don't have a regular column and you're interested in either starting one, or just putting an article in once in awhile, please still provide a title for your column or story (if you don't have one, we'll help you create one) along with your name (a byline), office symbol and telephone number. Again,

when you submit your story, please download it onto a floppy diskette, label it with your name, office symbol and telephone number, and place it along with a printout of your story in a "puka" envelope and either bring it to the Kukailimoku office or mail it. Submitting your article(s) this way makes it easy to identify and it will also protect your documents and ensure their return. When we've finished with it, we'll return it to you for next time.

Please bring your article(s) to the 154th Wing Public Affairs Office, Room #211, in Building #3400, or mail it to 154 WG PAO, or E-Mail it to: S Thomas@CC@154GP.

Remember, the deadline for each issue is noon on Friday ~~one week~~ before drill. Questions? Call the 154th Wing Public Affairs Office at 449-7745.

ARPC Offers E-Mail Hot Line

Denver (AFNS) — Reservists with personnel-related questions can now get answers on Air Reserve Personnel Center's new E-Mail Hot Line.

To access the ARPC Hot Line, members need a computer, modem and Internet access. The E-Mail address is: HOTLINE@ARPC-EMH1.DEN.DISA.MIL

ARPC personnel specialists will field questions and provide customers with answers in a timely manner, officials said.

Wanted: Your Input

You've seen our request for inputs from our readers on people, or activities or accomplishments by individuals or their unit. Not only does the Kukailimoku want your input, but the Kukini, the 15th ABW Newspaper, would like us to feature someone in the Hawaii Air National Guard.

The Kukini has a column titled, "In The Torchlight". Each week they feature an individual on the active duty side who works here at Hickam. The Kukailimoku has been wanting to do the same thing, but we haven't received any response, yet.

Now we're asking you to not only "feature" someone in your unit for the Kukailimoku, but also for the Kukini.

Please submit the following to the 154th Wing Public Affairs Office: the individual's name; rank; unit; duty phone; duty title; daily job description; how long he or she has been in Hawaii, their hometown; how they feel their job fits into the Air Force mission; what the most enjoyable aspect of their job is; what their long-term personal or professional goal is; what their short-term personal or professional goal is, etc.

Try-Two Drills

The Maintenance Operations Center (MOC) is looking for a few good people to fill some vacancies. Our recruiting efforts are not reaching everyone, so we are offering interested individuals a NO OBLIGATION trial work period in the MOC for two drills. If the trial period sparks your interest to remain in the MOC, we will arrange your transfer. Of course, you may choose to return to your original job. It's OK, there is no obligation. For Air Technicians considering retirement, but wish to remain in the Guard, here is a good place to do the rest of your military years. Check out the requirements for the vacancies.

Rank AFSC MDS Position
No. Required

TSgt 2A371 F-15 Avionics
2 each

TSgt 2A571 KC-135

Crew Chief 1 each

SSgt 2A351C F-15

Avionics 1 each

SSgt 2A353A F-15

Crew Chief 3 each

For more information, call MSgt. Ray Choy at 448-6450 or 1221.

HING Karaoke Challenge

by Captain Tamalani Nakamoto, Hq HIANG

Karaoke Challenge Update... We received 11 entries from the Air Guard and 5 from the Army Guard for the Hawaii National Guard Karaoke Challenge. This year's contest will only be the Air Guard versus the Army Guard since the

Reserves could not be contacted.

Carole Kai was given all the audition tapes and she selected six participants (3 Air and 3 Army).

Taping will be on the 27th of July, 1996. We still have tickets available for the taping at Legends in Concert in Waikiki, from 10:00 a.m. - 1:30 p.m. Please call Captain Nakamoto or Lt. Carlos for tickets. There is no charge, so come out and support the Hawaii Air National Guard by being there with Air Guard signs. We will be given 75 tickets, first come first serve.

For those individuals that entered... Thank you so much!!! I am glad that Carole Kai and her staff did the selection because it would be a difficult task to choose six contestants; you were all really good.

The winners that will be representing the Hawaii Air National Guard are:

TSgt. Blane Kato, 169 ACWS

SSgt. David Heulitt, 154 MXS/NDI

SSgt. Allison Bruce-Maldonado, 154 MSF/DPME

Congratulations to all the participants for taking the time to audition.

Volunteers Needed

Several base organizations are in search of members to fill their ranks. They include:

Hickam's Aerovac Lounge needs volunteers to staff the lounge and greet incoming patients from the Far

East and the mainland. Wednesday's shift from 11 a.m. to 2 p.m. is the area of greatest need. No experience is necessary and child care is provided. For more information, call 449-1488.

Hickam's Civil Air Patrol Squadron. The CAP is involved in emergency services, search and rescue, leadership training, and aerospace education. They're seeking members and volunteers. Members must be 13 and need to have graduated sixth grade. The squadron meets from 6 to 9 p.m. Fridays in Building #2035 (Hangar #11). For more information, call 449-9935.

Hickam's Girl Scouts need adults to act as troop leaders, assistant leaders, and drivers. No experience necessary. For more information, call 422-2671 or 6477.

Hickam's USO Lounge also needs volunteers to staff the lounge at the AMC Terminal. They're in urgent need of individuals to help out on the daytime shifts, either from 10 a.m. to 2 p.m., or 2 p.m. to 6 p.m. Actually, they can use help on all shifts at the present time, including evenings and weekends. Individuals or units can volunteer. If a unit decides to volunteer, it makes it a lot easier on the volunteers. For more information, call Phillip De Porto or Harry Letterman at 449-2887.

International Order of Rainbow for Girls are seeking members. The Masonic-affiliated organization is open to all girls from 11 to 20. For more information, call 923-9483.

All Sport Rainbow Fun Run

by SMSgt. Carl Simmons, Sr.
Recruiter, Hq HIANG

The University of Hawaii, Office of Intercollegiate Athletics, has provided National Guard members an offer to participate in the University of Hawaii's All Sport Rainbow Fun Run and UH Football Game Armed Forces Appreciation Night at a discounted rate. The details are as follows:

The All Sport Rainbow Fun Run will be held on the Manoa Campus on Saturday, August 3, 1996 at 7:00 a.m. There will be two courses; a 10K (6.2 miles) and a 5K (3.1 miles) walk/run. The courses begin at Cooke Field, into Manoa Valley, to Manoa Elementary School, and back to Rainbow Stadium.

The entry fee of \$12.00 entitles you to a 1996 All Sport Rainbow Fun Run T-shirt and... every fun run applicant receives a free North Endzone Admission to the UH vs. Ohio University Armed Forces Appreciation Night game on September 7, 1996... (If you do not participate in the fun run you may purchase discounted tickets at the stadium box office for the game at the following rates: Sideline- \$12.00, North Endzone- \$10.00, and Jr. Bows (18 and under) and Seniors (65 and over)- \$5.00.)

At the fun run, there will also be prizes for division winners, door prizes, food and entertainment (Kapena).

NOTE: To be eligible for the above discounted group military rate, your application,

entry fee and photocopy of military ID must be routed to Hq HIANG, to arrive no later than close of business, July 16, 1996. The free admission to the football game is not noted on the fun run application as it is only being offered to Hawaii Army and Air National Guard personnel.

The UH will honor this discount only for those applications received from this headquarters.

Applications are being distributed to the field and may also be picked up at any 7-Eleven store.

Questions may be directed to SMSgt. Carl Simmons or TSgt. Kathy Fritz at 733-4229.

If you require more details on the fun run, you may call the UH Sports Marketing Department at 956-9630.

HIANG Sports Calendar

HIANG Tennis Tournament

Date: August 24-25, 1996

Place: Wentworth Tennis

Courts, Pearl Harbor

Chairperson: SSgt. Fel

Feria, 169 ACWS - Phone:
655-7068

HIANG Softball Tournament

Date: August 30 - Sep-
tember 1, 1996

Place: Earhart Field,
Earhart Village, Hickam AFB

Chairpersons:

TSgt. Liz Karosich, 154
CES - Phone: 449-5204

TSgt. Robyn Montera, 154
LS - Phone: 449-2274

Outdoor Recreation Offers Activities

The Hickam Services Squadron has planned many programs and activities for both active duty, military retirees, DoD, Reserve and National Guard personnel and their dependents to ensure you and your children have an exciting time filled with learning, leisure and lost of fun!

Besides the bowling center, community center, fitness center, golf courses, skills development center, swimming pool, and tennis courts, the Outdoor Recreation Center offers the following programs throughout the year:

Windsurfing — Students receive two hours of training beginning at 9:30 and 11:00 a.m. and 1:30 and 3:30 p.m. daily at beginner and intermediate levels. Participants must be at least age 10. The cost for one two-hour lesson is \$40.

Water-skiing — Water-skiing is available Wednesday through Sunday with a minimum of two participants required to rent the services of a US Coast Guard-licensed driver, fuel, equipment and instruction. All skiers must be able to swim and must weigh at least 50 pounds. The cost is \$40 per hour.

Picnic Areas — Picnic areas are available at Earhart Village Park, Foster Point and Honeymoon Beach for small parties or special functions. Covered cabanas are also available at Hickam Beach for small group outings.

Wing Safety Tips

by SMSgt. Galen T Redoble, OSH Mgr., 154th Wing

The Role of the Supervisor in Occupational Safety, Fire Protection and Health

Ensure applicable Occupational Safety and Health (OSH) guidance for the workplace and operations are available to personnel.

Ensure compliance with occupational safety, fire protection, and health program requirements in their areas of responsibility.

Ensure personnel evaluations reflect OSH compliance.

(See applicable evaluation instructions.)

Provide safe and healthful workplaces and conduct periodic self-inspections for hazards or deficiencies.

Establish and implement a hazard reporting and abatement program.

Notify installation ground safety personnel of mishaps as soon as possible after the mishap or mishap report.

Establish procedures for employees to follow in situations of imminent danger.

Provide training for employees in job safety, fire protection, and health as required in OSH guidelines.

Enforce compliance with OSH guidelines.

Ensure areas and operations that require Personal Protective Equipment (PPE) or other special precautions are identified and posted as necessary.

Ensure compliance with PPE program requirements. Post AFVA 127-5, Air

Force OSH Program Visual Aid, conspicuously so personnel have reasonable access to it.

Ensure compliance with the AFHCP as outlined in AFOSH Standard 161-21.

One of the Many Benefits of Being in the Guard is... Training

by SSgt. Stephen L. Thomas

"Training individuals is costly, no matter if they are military or civilian", says Sgt. 1st Class Cart T Clark of the New York Army National Guard's 156th Field Artillery. "When one organization can benefit from the training received elsewhere, it's great."

Though few firms need someone adept at firing howitzers or even fixing F-15s, C-130s or C-135s, etc., many jobs benefit from such collateral skills. More important, civilian employers want people who have leadership skills, know management techniques, and—especially in this day of "Total Quality Management"—understand teamwork and customer service. Industries pay big bucks to learn such stuff. Military duty does it for you.

The Hawaii Air National Guard not only offers excellent training, in school and on the job, but experience, too, all while getting paid!

LOST AND FOUND

The 15th Security Police Squadron accepts and maintains a large number of lost and found items including bicycles, keys, eyeglasses, watches and other items. Anyone who has lost or misplaced property is encouraged to call A1C Christopher Magyar at 449-2645 or 449-9701.

Per Diem Rate Changes

Air Force New Service

Government travelers may see a change in the amount of money they receive for per diem. Under a revised federal government policy, people will receive 75 percent of the per diem rate on their first and last days of travel, regardless of when they start travel. Previously, travelers were paid according to their travel times. For example, if they left home before 6 a.m. or arrived back home after 6 p.m., they received 100 percent of the per diem entitlement for that day. If they left home between noon and 6 p.m. or arrived back home between 6 a.m. and noon, they received 50 percent of the per diem. The new rule does not effect interim travel days from one temporary duty location to another temporary duty location. Military finance offices have more information about the new policy.

Space "A" Register Time Extended

Air Force News Service

Registrants for space available travel can now keep their names on the Space "A" registry for up to 60 days, thanks to a suggestion by a military traveler. Officials in the Air Mobility Command Operations Directorate say that the new time limit is effective immediately and replaces the 45-day limit set early last year.

Reserve component personnel are restricted to Space-A travel within the 50 states and four US territories, American Samoa, Guam, Puerto Rico, and the Virgin Islands.

The military uniform is no longer required, but appropriate civilian attire must be worn on all AMC flights. Also, the \$10 administrative fee has been discontinued. However, reservists must present a completed Form 1853 along with their ID card when ready to fly.

Reservations Confirmed for Space "A" Lodging

Air Force News Service

Air Force Lodging has implemented a confirmed reservation policy for space-available customers. The following policy has been implemented by all Air Force bases: Lodging will accept and confirm reservations for space-available customers 24 hours

in advance of their arrival. Reservations by be confirmed for up to a 72-hour stay, space permitting. Duty travelers will not "bump" space-available guests with confirmed reservations, nor will they bump them once they have been assigned quarters for a specific period of time, generally three days. Under the old policy, space-available customers could not receive confirmed reservations and could be bumped by other customers. They were required to check every morning on the status of their rooms and be prepared to vacate their rooms, if necessary.

Some Volunteers Entitled To Medal

Air Force News Service

The Military Outstanding Volunteer Service Medal can now be awarded to active duty, National Guard and Reserve members.

This medal honors people who perform outstanding volunteer service of a sustained, direct consequential nature and recognizes exceptional community support over time, not a single act or achievement.

A person must directly support community activities, not just attend annual membership meetings. Supervisors recommending individuals must ensure the service is on a volunteer-basis, not tasked as part of military duties.

Once awarded, the volunteer medal is worn immediately after the Humanitarian Service

Medal.

For specific criteria and more information, contact your military personnel flight.

What's for lunch?

Saturday

Main Line

Chicken Cacciatore
Baked Potato or Rice Pilaf
Steamed Summer Vegetables

Salad Bar

Rum Raisin Cake

Coffee, Chocolate/White

Milk, Punch, Lemonade

+Snack Line+

Cold Salami Sandwich

Marinated Salad

Assorted Greens

Fresh Fruits

Sunday

Main Line

Roast Beef with Brown

Gravy

Whipped Potatoes

Buttered Mixed Vegetables

Salad Bar

Baking Soda Squares

Coffee, Chocolate/White

Milk, Punch, Lemonade

+Snack Line+

Corndog with Chili Bowl

Cole Slaw

Assorted Greens

Fresh Fruits