



Kukailimoku

War God Of King Kamehameha I - 154 Group

Vol. 41 No. 05

Hickam Air Force Base
Hawaii

May 6, 1995

Combat Archer: Prime Time "Live"

by 1st Lt. Charles Anthony

Pilots from the 199 Fighter Squadron (199 FS) and crews from the 154 Maintenance Squadron (154 MXS) deployed to Tyndall AFB, Florida from April 16 to 29 for "Combat Archer" exercises. According to Lt. Col. Gary Peters, the deployment was the first opportunity the 199 FS has had to fire live missiles since the conversion to F-15s under the Multi-Staged Improvement Program (MSIP).

For 1st Lt. Glen Nakamura, the Combat Archer deployment was his "best so far." He fired a live missile for the first time, an Advanced Medium Range Air to Air (AMRAAM) AIM-120 missile. "Let me just say shooting the AIM-120 is very, very impressive," said Lt. Nakamura.

"We also had the opportunity for some very good ACMI (Air Combat Maneuvering Instrumentation) training, flying four-ship DACT (Dissimilar Aircraft Combat Training) sorties against Navy F-18s as well as Air Guard and active duty F-16 units," said Lt. Nakamura.

With an ACMI range,

information from the aircraft is relayed to a central focal point, which allows for a real-time, birds eye view of the DACT.

203 ARS Returns to Iceland

On April 21st, a KC-135 Stratotanker from the 203rd Air Fueling Squadron (203 ARS) deployed to NAS Keflavik, Iceland. Their mission: stand alert with US Air Force F-15s. Iceland affords the opportunity to chalk up some real world experience under sometimes difficult weather conditions. The weather can go from sunny to blizzard like conditions in less than an hour.

A second tanker deployed April 28th and returned April 30th after a crew swap out. The second crew is due back tomorrow, May 7th.

This is the second time members of the 203 ARS have deployed to Iceland. They first deployed in March 1994.

204 Airlift Sq. Honor Graduates

The 204th Airlift Squadron (204 AS) is setting new standards when it comes to technical school training. The squadron has no less than five recent distinguished graduates (DG) from various courses.

The Kukailimoku wishes to salute the following distinguished grads: TSgt. Robert Block, TSgt. Karen Cary, TSgt. Wallace Horibata, TSgt. Gordon Lau and SrA. Anthony Ilagan.

In addition to being a DG from the Basic Loadmaster Course at Little Rock, Arkansas, TSgt. Cary also has the distinction of being the first female aircrew member in the 204 AS. She is a drill-status loadmaster with the squadron and is waiting to go to combat survival and water survival courses.

TSgt. Horibata, TSgt. Lau and SrA. Ilagan are all graduates of the Basic Flight Engineer Course (BFE) at Little Rock. They are all drill-status Flight Engineers in the 204 AS.

After BFE, SrA. Ilagan attended the Flight Simulator course at Tampa, Florida and according to his instructors,

See Graduates, Page 4

NCO Academy Graduate Association Dinner Meeting

The annual NCOAGA Dinner Meeting is scheduled for Sunday, May 21, 1995, at the Pearl Country Club from 6:30 - 10:30 pm. The cost is \$20.00 per person which will include a fabulous prime rib buffet, two main entrees and assorted pies and cakes - IT'S ALL YOU CAN EAT!!! Join us for a night of fun and fellowship. Seating is limited - act now! Please contact the following POCs:

154 MXS - MSgt. Craig Harimoto, 449-5016 or MSgt. Irvin Yoshino, 449-3827; HQ HIANG - TSgt. Anne Salvador, 737-8962; 203 ARS MSgt. Mel Ige, 449-2942 or MSgt. Dennis Mishima, 449-0549; 201 CCGP - TSgt. Jackie Jakahi, 449-3812; 204 MXS - TSgt. Timmy Foo, 449-6030; 154 LS - SMSgt. Pam Goya, 449-7913.

Volunteers Needed for Kid's Day

PACT (Parents and Children Together) needs your help on Tuesday, May 16, 1995. We will be soliciting the daily newspaper (with the PACT special front page insert) from 6:00 am - 6:00 pm. We will assist PACT at the intersection of Nimitz and Puuloa. Two hour shifts are available for any interested HIANG member. Contact SMSgt. Galen Redoble, 449-7175 or MSgt. Irvin Yoshino, 449-3827.

Membership Drive for NCOAGA

Become a member of this prestigious organization! If you have completed PME (Professional Military Education) in residence, you are eligible to join the Non Commissioned Officer Academy Graduate Association. We support military professionalism within the Air National Guard, foster good relations and participate in national and local community projects, promote esprit de corps among fellow guardsmen, and aid in the legislative process for new and existing benefits. Your annual fee is \$5 per year and lifetime membership is available. Contact SMSgt. George Padilla at 449-9769.

1995 HNGA Annual Meeting and Banquet

Annual Meeting:

Date: May 13, 1995

Place: Outrigger Prince Kuhio

Time: 8:00 am - 12:00 pm

Dress: Short Sleeve Uniform

Banquet: Open to all Hawaii

National Guard officers and

enlisted personnel, family

members and guests.

Attire: Best Military Uniform

Place: Hilton Dome Showroom

Showroom: Magic of

Polynesia Dinner Show

Cost: \$36.00 per person tax/

tip included

Time: 4:30 pm - 5:00 pm

(Program)

5:00 pm - 6:30 pm

(Dinner)

6:30 pm - 8:00 pm

(Magic of Polynesia Show)

Deadline

The Kukailimoku staff needs to remind our "reporters" that we have a deadline for the submission of articles for publication in the next drill's edition. This is usually on Friday, one week before drill.

We must establish a publication deadline because we need time to enter, edit and lay out the stories and photos, and get the paper to the printer in time in order to have it ready for our readers on Saturday's drill.

Please submit your article(s) to the Group Public Affairs Office, Room #134, Building #3400, by the close of business day on Friday, May 26th, for the June 3rd edition. You can also place your article(s) in a "puka" envelope and mail it to 154 Gp/PAO or FAX to HIPAO at 734-8527 or E-Mail to C ANTHONY@PAO@HQHING.

Kids Day Newspaper Sale

Chapter 18 NCO Graduates Association is looking for volunteers to help sell newspapers on Kids Day, May 16, 1995.

The location will be at the intersection of Nimitz and Puuloa (by Kelly's Restaurant).

Hours of newspaper sales will 6:00 am to 6:00 pm.

Proceeds from the \$1.00 sale will go to Parents and Children Together (PACT) a family service agency.

If you are interested, contact SMSgt. Gaylen T. Redoble or MSgt. Irvin Yoshino no later than May 10, 1995.

Quality News

by Maj. Galen R. Yoshimoto,
154th Group Quality Advisor

Good Customer Service

An unhappy customer is one who probably will think twice before doing business with your organization again. Having the right attitude is critical to diffusing a situation and demonstrating your commitment to satisfying your unhappy customer — even if you can't actually solve the problem.

Be attentive. Listen carefully. Allow the customer to tell the story to a sympathetic and caring ear. Don't argue, even if you think the customer is wrong. The opportunity to blow off steam gives the individual time to calm down. Sometimes a customer simply needs to have his or her say and doesn't expect anything from you.

Be empathetic. Once you've calmed the customer down by listening, you can disarm him or her by saying, "I'm sure that was frustrating for you." "I can see how disappointed you must have felt." "If that happened to me, I'd be annoyed, too." Showing sympathy and empathy doesn't mean you have to admit error, but it lets the customer know that you regret the situation.

Be natural. Try to avoid mechanical or phony responses. Address the complaint directly and specifically, instead of reciting a scripted reply. Try to convey a consistent message of sincerity and interest.

Be energetic. It is hard

to keep energy levels high all day, but the customer who needs your help at 4:45 p.m. shouldn't be penalized for that. Each customer presents a new challenge that you should be eager to tackle.

Be an agent for change. Try to think of yourself and the customer as partners in problem solving. Be specific about the actions you will take and then carry them out promptly, before other work distracts you. Follow-up when possible, and let your customer know that you appreciate the opportunity to set things straight.

Source: *The Quality Exchange*, Fall 1993.

BEELINE

by MSgt. Laura Masuda,
Bioenvironmental Eng Svcs

Eye Protection

Industry has many potential hazards that could harm the worker. Most vulnerable are the eyes. Eye protection is made for mainly two types of eye hazards existing on the job:

- the intrusion of unwanted objects or materials
- damage from visible and invisible radiation

Choosing the right eye protection for the worker depends on the type of work, the hazard, and comfort.

Polyarbonate or plastic lenses are preferred materials for impact resistance.

Tints are added to lenses to increase protection from

specific wavelengths of light. Tints are categorized into two areas: absorptive and special purpose. Absorptive lenses absorb specific amounts of ultraviolet (UV), visible and infrared (IR) light. They have a number of grades of shades from 1.7 to 14 with the amount of absorption going up. Welders fall in this category.

Special purpose tints are other than absorptive or clear lenses. Cobalt tints, for example, are dark blue lenses used for quick viewing of furnaces in steel, casting, iron, copper and ore melting operations. Anti-glare lenses avoid eyestrain in the worker, such as inspectors in assembly-line settings.

Hospital environment has increased the usage of eye protection due to the mandatory use of "Universal Precautions" when dealing with biohazard products, such as blood and body fluids.

KUKAILIMOKU

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Legal Line

by Maj. James T. Itamura

The 154 GP Legal office is happy to welcome two new staff members:

Captain Chris A. Thomas, Staff Judge Advocate (formerly with HIARANG at Fort Ruger);

MSgt. Harold T. Tanaka, Paralegal Specialist (formerly with 199th Fighter Squadron).

Notary services will continue to be provided to Air Guard members at the 15 ABW Woodring Law Center across the base, preferably between the hours of 10:00 am to 12:00 pm, Mondays through Thursdays. Location of the Base Legal office is 120 Sixth Street, Building 502.

Announcement

A legal technical position for the 154 Group JAG office is currently available. The position is promotable to Master Sergeant. Cross trainees must attend the Legal Services Specialist course at Montgomery AFB, AL.. Course length is six weeks and must be completed within a year of entering.

Applicants should have the following minimum: General AQE score of 50 percentile (60 preferred); minimum typing speed of 40 wpm; average combined score of the eleventh grade or higher on reading comprehension and vocabulary examination by an Air Force Education Office. Prior qualification in any AFSC at the 5-skill level or higher. Applicants must be computer capable. Submit resume to Maj. Itamura at 154 GP/JA.

SABC

by 1LT. Stacy J. Harada

What are chemical Agents? They are chemical that produce lethal or damaging effects. Chemical Warfare agents "CAN KILL AND INJURE YOU", (154 CES/CEXD NBCC-5, pg. 1). The Nuclear, Biological, Chemical, Conventional (NBCC) has intense training and workbooks for you to be able to recognize the signs and symptoms of Chemical Agents to protect yourself and your buddy.

As the SABC Advisor, I have been asked what is the Nerve Agent Pyridostigmine Pretreatment Tablet Set (NAPP). First, let's discuss the signs and symptoms of Nerve poisoning:

- a. excessive salivation
- b. running nose
- c. tightness of the chest and or wheezing
- d. involuntary defecation and urination
- e. twitching and jerking
- f. convulsions
- g. death due to cessation of breathing

Therefore, act fast because "sufficient nerve agent through the skin to cause death can occur within 1 to 2 minutes; however death may be delayed for a couple of hours" (154 CES/CEXD NBCC -5, pg. 4). Second, you will be issued one set of 21 Pyridostigmine tablets. Take only when directed by the Commander! The recommended dosage is one tablet every eight hours, otherwise do as directed by your commander. Do NOT

take more than one pill, even if you have missed an earlier dose. According to the Physicians Desk Reference (PDR) 1994 edition, "Pyridostigmine inhibits the destruction of acetylcholine by cholinesterase and thereby permits free transmission of nerve impulses across the neuromuscular junction" (pg. 1501). In other words, as much as possible, Pyridostigmine allows your nerves and muscles to function.

Finally, take care of yourself and your buddy in this critical time. Remember UTAs are for OJT and follow-up by your units to ensure your safety. If in doubt, ask your immediate supervisor.

Graduates, Continued from Page 1
was "the best ever rated".

TSgt. Block finished the Aircrew Life Support Technicians Course at Shepard AFB, Texas, with a perfect 100% score. He is the 204 AS Life Support technician and Combat Land and Water Survival Instructor.

CMSgt. Green, the Superintendent of the Enlisted Aircrew Loadmaster and Flight Engineer Program at Arkansas ANG Headquarters, 184th Airlift Group said "the Hawaii Air National Guard is setting new standards for academic excellence."

Fulltime Employment

These are the current vacant Federal Civil Service positions open for recruitment. You can read more about the position by checking with your orderly room for complete details or see TSgt. Phillips, Bldg 3400, Rm 210, Monday-Friday.

JVA No.	Position Title	Grade	Closing Dat	Location
FY95-101	Production Controller (Acft)	GS-06	1 Jun 95	203 MXS, Hickam
FY95-100	Aircraft Mechanic Supervisor	WS-10	17 May 95	204 MXS, Hickam
FY95-099	Powered Support Systems Mechanic	WG-10	30 May 95	293 CCSQ, Hickam
FY95-098	Military Personnel Management Officer (Enl/Off)	GS-11	26 May 95	HQ HIANG
FY95-097	Management Assistant (Typing)	GS-05/AGR	26 May 95	154 MXS, Hickam
FY95-096	Military Pay Technician	GS-06	26 May 95	154 Group, Hickam
FY95-095	Quality Management Specialist	GS-09	26 May 95	154 SPTG, Hickam
FY95-094	Purchasing Agent	GS-06 (Competitive)	24 May 95	154 LS, Hickam
FY95-093	Aircraft Ordnance Systems Mechanic	WG-10	24 May 95	154 MXS, Hickam
FY95-088	Airplane Flight Instructor (Off)	GS-13	9 May 95	204 AS, Hickam
FY95-087	Airplane Pilot (Off)	GS-13	9 May 95	204 ARS, Hickam
FY95-084	Electronics Mechanic	WG-12	8 May 95	292 CCSQ, Kahului

Wanted: Your Inputs!

The Kukailimoku is your Group newsletter. It is one of many tools that we use to communicate with each other and share information within the 154th. The 154th Public Affairs Office needs your help. We are looking for information on interesting people and events that have happened or will happen within your unit or section. That way we can get the word out to everyone on your activities or accomplishments. We are looking for articles or information on outstanding individuals who have distinguished themselves in various ways such as graduating from a tech school as a distinguished graduate, done outstanding volunteer work for the community, been given a special award or those who have excelled in other ways.

Act now! Our readers can

be one of our best sources of information. Don't hesitate to call us and don't assume that some one else has already given us a call. We would rather receive many calls on the same subject than no calls.

Family Support Group

by 1st Lt. Laura Jones

154 Group families are on the move. Last weekend, April 29th and 30th, Guardmembers and families from across the Hawaii National Guard came together at the Outrigger Kauai Beach Hotel for a weekend of education and personal development sponsored by the HING Family Program Office. The theme of the conference was "Together We Can" and this was proven again and again throughout the weekend.

Highlights from the conference included welcoming remarks by Maj. Gen. Edward

V. Richardson, a keynote address by Ms. Dorothy Ogilvy-Lee, Director NGB Family Programs, 154 Group reorganization by Col. Tice, and a surprise appearance by Maj. Gen. Donald Sheppard, Director of the Air National Guard.

The conferees, numbering over 160, had a chance to break into small workgroups and participate in classes on stress management, volunteer management and Guard Family Team Building. Through these activities and the talent show Saturday evening, conferees had a chance to get to know their each other and share their experiences in family programs.

The essence of the conference can be accurately summed up by the observations of our guest speaker, Maj. Gen. Donald Sheppard. "You really have something special here. I am really impressed with the motivation and cohesion I see in Hawaii."

Air Force Values

Commentary by Sheila E. Widnall, Secretary of the Air Force, and Gen. Ronald R. Fogleman, Air Force Chief of Staff

Since assuming our respective roles as secretary of the Air Force and chief of staff, we both have traveled to innumerable bases, meeting with officers and enlisted at every level. Buffeted by events that are all too familiar to the readers of daily newspapers, we've seen challenges to our promotion system that raise issues of integrity.

We've had tragic accidents that raised issues of command leadership and accountability. We have called for and received extraordinary levels of operations tempo and personnel tempo from our people, to remind us that military service is not a job, but a noble calling.

Throughout this, we have become convinced of the need to continually articulate the core values of our institution.

The Air Force holds certain ideals, certain values, that are at the heart and soul of the military profession. Over the past few months, we've been in dialog to refine and express the essence of these values in a small number of qualities.

We have looked at the six core values established for the Air Force as part of our quality initiative, as well as those adopted by the major commands, and distilled them into these three:

- Integrity first
- Service before self
- Excellence

Integrity, service, and excellence. Three simple words that epitomize the core of the military profession: the bedrock of integrity, fortified by service to country, which in turn fuels the drive for excellence. These values must be introduced to our new members as they enter the service and must be reinforced throughout their careers.

Integrity is essential. It's the inner voice, the source of self-control, the basis for the trust that is imperative in today's military. It's doing the right thing when nobody's looking.

In this world of "me first" and relative ethics, honesty is still the hallmark of the military professional. Servicemembers must know the right thing to do and have the moral fortitude to do it.

Integrity is the bedrock; next comes service before self. Military service is not just another job. It's an uncommon profession that calls for people of uncommon dedication. Every military member realizes, from day one, that his or her individual needs will be subordinated to the needs of the nation.

The Air Force requires a high level of professional skill, a 24-hour-a-day commitment, and a willingness to make personal sacrifices. When people forget that basic tenet, careerism and self-interest can emerge, doing the most damage when displayed by the leader.

A leader unwilling to sacrifice individual goals for the good of the unit cannot con-

vince other unit members to do so. The mission suffers with potentially devastating effects. While personal goals often coincide with Air Force goals, there is no room for personal agendas at the expense of the institution or the American people.

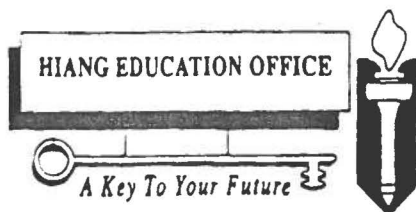
Which brings us to the third core value: excellence. In today's society, some people resign themselves to just getting by. Because we've been entrusted with our nation's security and a good portion of the national treasury — because our mission often involves the risk of human life and sometimes national survival — because we are authorized to act on behalf of our entire society — then the obligation to excel is a moral obligation for members of a professional military force.

The line between incompetence and immorality is a thinner line in the military profession than in any other calling. For that reason, "excellence in all we do" is not just a slogan, it is a first-line core value for every Air Force member.

Integrity first ... service before self ... excellence in all we do.

Such times call for a reminder of the core values of our institution, values which serve as a beacon toward the right path. They set the standard for our behavior, our service to country, and our treatment of one another.

They ennoble us by reminding us of the importance of the profession we've chosen, the oath we've taken, and the demands placed upon us.



Customer Service Hours
 Monday-Friday 7:30 a.m. - 4:00 p.m.
 UTA 9:00 a.m. - 3:00 p.m.
Career Kokua Hours
 Monday-Friday 2:00 p.m. - 3:00 p.m.
 or by appointment
 UTA 11:30 a.m. - 12:30 p.m. or by
 appointment
Location
 Building 3415, 2nd Floor, MPF

CCAF Gradutes

Congratulations are in order for the three additional guard members who have graduated with a degree of Associate in Applied Science. Our kudos to the following:

- MSgt. Irvin Yoshino - Aircraft Systems Maintenance Technology
- TSgt. Gay Ross - Aircraft Systems Maintenance Technology

SrA David Baquiran - Electronic Systems Technology
 Stop by the Career and Education Office to check your requirements for your CCAF degree today!

MGIB, Chapter 1606

As of October 1, 1994, the following rates of payment are in effect:

- School Attendance
- Full Time (12+ Credits) \$192.32
- 3/4 Time (9-11 Credits) \$144.74
- 1/2 Time (6-8 Credits) \$96.16
- Less Than 1/2 Time \$48.00

Enlisted members eligible for this benefit would enlist, reenlist, extend enlistment for

six years on or after July 1, 1985. Officers already serving must commit for six additional years. Members need to complete initial active duty training and must be satisfactory participants.

In May 1994, Governor Waihee signed a bill allowing Guard members to utilize the Montgomery GI Bill, Chapter 1606 and the State tuition waiver simultaneously at any UH system campus. For more information on how to take advantage of this great benefit, call the Education Office at 449-7794.

Unit Career Advisor Workshop

The FY95 annual Unit Career Advisor workshop is scheduled for August 24 -25, 1995. UCAs - please ensure your calendars are marked . More information to come...

CLEP/DANTES Testing

The CLEP/DANTES tests administered by the Hickam Education Center, Hangar 2, is at no cost for AGR and Guard members. Be sure to have your ID card with you at the time of testing. Test results will take eight weeks to process. Copies of the scheduled testing is available in the Career and Education office.

Tuition Waiver

Many rumours have been circulating regarding the status of the tuition waiver. The office staff has been reassured that our local Guard Associations along with top level management is working on the issue. If you have used the tuition waiver and would like to provide favorable testimony (if necessary) , please contact us with

your name and phone number. Your kokua is appreciated!!!!

Recruiting News

by MSgt. M. A. Geolina, Jr., Recruiter

The Hawaii Air National Guard has several units at different locations on Oahu. These locations include Hickam AFB, Wheeler AAF, Barbers Point NAS, and Fort Ruger.

We value your support in trying to fill the vacancies of these units, which include officer positions as well as enlisted. If you know of anyone who may be interested in one of these positions, please call the recruiting office. As you know, the best source of enlistments happen as a result of referrals from you, the unit member.

There are vacancies in communications as well as on the flying side of the house. Give your friends and relatives the same opportunities for training and benefits that you've enjoyed by becoming a member of the Hawaii Air National Guard. Call 449-5601 (Hickam office) or 671-1468 (Waipahu office) with your referral, today!!!

**Next Drill
 June 3rd
 & 4th**

Hawaii National Guard 3rd Annual Golf Tournament

Date: Monday, May 22, 1995
Time: Shotgun start at 12 noon
Place: Mamala Bay Golf Course, Hickam AFB
Format: Handicap stroke play, A-B-C-D flights.
Cost: E-1 thru E-4 \$27.50
E-5 thru O-3 \$30.50
O-4 and up \$33.50
Please make checks payable to: HING SSB Golf'95
Price includes green fee, cart, refreshments, bento, and door prizes.
Deadline for registration is May 1, 1995

Open to all Hawaii National Guard personnel and their military advisors.

Tournament Coordinators: MSgt. Carl Wai, 154 LS/LGTM, 449-5850; MSgt. Rodney Tokuda, 154 LS/LGTM, 449-5850; SSG Homelani Kozeniewski, 103 Troop Command, 456-3232.

The check-in time for the Third Annual Hawaii National Guard Golf Tournament is from 11:00 to 11:45 am at the Mamala Bay Golf Course. Participants will be directed to parking and check-in station by tournament committee personnel.

HIANG Basketball Tournament

by Msgt. Brian Tom

The HIANG Basketball Tournament will be held May 12th thru 14th at the Ft. Ruger and Kilauea gyms. The championship games will start at 11:00 am Sunday, the 14th, starting with the 35 and over game. The 12:00 pm game will feature the Men's Open Consolation championship. The 1:00 pm game will feature the Men's Open championship. Come support your unit's efforts with only positive reinforcement; laughter is acceptable.

The game schedule is as follows:

154 CES vs 154 MXS "B"
6:00 pm Fri. Ft. Ruger
154 MDS vs 154 Comm Fit
7:00 pm Fri. Ft. Ruger
154 MXS "A" vs 203 MXS "A"
8:00 pm Fri. Ft. Ruger
291 CCSQ vs 154 MXS "C"
9:00 pm Fri. Ft. Ruger
154 MXS "D" vs 154 SPF
8:00 am Sat. Ft. Ruger
169 ACW vs 203 MXS "B"
9:00 am Sat. Ft. Ruger
199 FS vs 203 MXS "C"
10:00 am Sat. Ft. Ruger
154 LS vs 201 CCGP
11:00 am Sat. Ft. Ruger
Katsuda's Killers vs Shinsato's Sandbaggers
6:00 pm Sat. Ft. Ruger
Kaneshiro's Knights vs Chun's Crushers
7:00 pm Sat. Ft. Ruger

"Sweet Sixteen"

by TSgt. Anna Marie Fujimoto

Editor's Note TSgt. Fujimoto is the first woman in the Hawaii Air National Guard to retire at age sixty. Sunday is her last day with the 154th Group. We Wish her the very best.

As my "days dwindle down to a precious few" in the Hawaii Air National Guard, I would like to share some thoughts and feelings, having served these past sixteen years.

In a brief review of my military career, I began as a PFC in the Army in August 1957, in my third year of nurse's training. In January 1959, I was commissioned as a 2nd Lieutenant. In July 1960, I was promoted to 1st Lieutenant during my tour of duty at Walter Reed AMC, in Washington D.C. I was discharged from the Army in November 1961 (at that time, women could not be pregnant and be on active duty or in the Reserves). Eighteen years later, in March 1979, at my son's high school Career night at Moanalua High School, I met Carl Simmons who had a recruitment display for the Hawaii Air National guard. He didn't recruit my son, but he interested me in "signing up". Richard Saunders was really my recruiter. He called me up one night at 11:00 pm and told me: "Mrs. Fujimoto, I'm really worried about you, you know. You have to do twenty by the time you're sixty and you don't have much time!" Thus, in April 1979, I joined the Guard. I was first assigned to the 154 CSS as an administrative specialist with the Education

Sixteen, Continued from Page 8

have much time!" Thus, in April 1979, I joined the Guard. I was first assigned to the 154 CSS as an administrative specialist with the Education and Training Section. At that time, the Photo Lab, CCTV, Graphics, Public Affairs, Historian and Small Arms (Security) were all together with Training. In February 1988, I cross-trained to my present assignment as paralegal specialist in the Legal Office.

The motto, "As you sow, so shall you reap", holds true for me as I reminisce about my years with the Guard. I think I've given something to the Guard, but, aside from the military benefits, I think I've reaped so much more, in the areas of job satisfaction, association with people in the Guard, and training.

First, I consider myself very fortunate to have had assignments in areas where I could provide a service to people. I have had a lot of job satisfaction.

Second, in the area of association with people in the Guard, I've found that people have been pleasant and willing to help most of the time. In a group this size, there are bound to be personality clashes between certain individuals, but I've made quite a few friends in the Guard. In general, I've found that the Guard consists of a very nice bunch of people.

Third, in the training area, I've learned a lot through both of my assignments as an admin and as a paralegal. I don't think I would have been a notary

public if I wasn't a paralegal in the Guard. Working in the legal field provides you with a wealth of knowledge for managing your personal affairs both in and outside the military. The knowledge you get, no college course could give you. There are valuable skills that the Guard provides which one can capitalize on as a civilian in the private sector. For example, in the communications technological area and aircraft maintenance.

But, being in the Guard hasn't all been a "bed of roses" for me. I was once on the weight program. (I think I'm going out weighing just about the same as I did when I came into the Guard, in spite of eating all the good food the Services people prepare on drill weekends, right, Stan and Jeffrey?) There were certainly some sad times — like the deaths of Walter Doi, Wally Asato, and Eddy Compoc — good Guardsmen whom I admired and still think about. There was a bit of nostalgia and sadness as I watched co-workers retire, resign or transfer over the years. It's harder to see them go the longer you're worked with them. People like Colonels Settsu, Dave Kennedy, Walter Chang, Alan Fujita, Major Warren Shibuya, Robert Nagamine, Don Ho, Charlie Chang, Alfred Lock, Roy Kawamura, Larry Hayashi, and Ken Takushi, to name some.

All in all, I've enjoyed my sixteen years in the Guard, and I appreciate having had the opportunity to be a part of this great organization. I shall miss the camaraderie and the

creature comforts and the good times at promotion parties and Family Day open house events. I'm sorry I won't be around to see the new support building and dining hall.

To everyone in the Guard, I wish you well. Maybe I'll see some of you in the Legal Office across the base, as I will still be doing notary work there.

To you new members in the Guard: It's true! You do "get back what you put in"! H(I)ANG in there and go on and retire!

Promotions

The following 154 Group personnel were promoted to the following rank:

203 ARS

SMSgt. Vicent J. Ramos
MSgt. Moises L. Felipe Jr.
TSgt. Carl F. Leota
SSgt. Steward S. Y. Leong

204 AS

MSgt. William L. Beck Jr.
TSgt. Patrick J. Moreland
SSgt. Charles A. Barney

154 MXS

MSgt. Francis K. Mahelona
SSgt. Glenn A. Ohara
SSgt. Ivan P. Nacnac

154 ACS

MSgt. Frankie D. Saligumba
154 CES

MSgt. Henry Y. Wakumoto
SSgt. Neil N. Yonamine

154 Ops

TSgt. Richard K. Riehn

154 GP

TSgt. Leroy K. Schuman

154 MS

SSgt. Sean S. Chun
SSgt. Lisa G. Lee