War God Of King Kamehameha I - 154 Group

Vol. 39. No. 6

Hickam Air Force Base Hawaii June 6, 1993

Safety Award

The 154th Group is the recipient of the 1992 ANG Flight Safety Plaque and the 1992 ANG Explosive

Safety Plaque. Congratulations!

Col. David M. Rodrigues, Commander, HIANG, sent the following letter of congratulations to the unit, "It is a distinct pleasure to forward the attached letters and plaques from Maj. Gen. Edward V. Richardson, HITAG, and Maj. Gen. Philip G. Killey, Director, Air National Guard, congratulating the men and women of the 154th Group for receiving a 1992 Air National Guard Flight Safety Plaque and a 1992 Air National Guard Explosive Safety Plaque.

I would also like to add my personal thanks and appreciation to all the members of your organization for their display of professionalism and many outstanding contributions which have made them most

deserving of this recognition.

Congratulations for a job exceedingly well done and we look forward to your continued outstanding

performance."

Maj. Gen. Edward V. Richardson, Adjutant General of the HNG, sent the following letter of commendation to Col. David M. Rodrigues, "I am pleased to forward the 1992 Air National Guard Flight Safety Plaque and the 1992 Air National Guard Explosive Safety Plaque to the 154th Group. No question that their consistent dedication to duty and professionalism continue to reap great dividends. It is indeed an honor to receive this distinctive safety award and recognition at the national level.

Please convey my special well done for another tremendous effort by the 154th Group. I am very proud to have these committed achievers on our State

Department of Defense team."

And, Maj. Gen. Philip G. Killey, Director, Air National Guard, sent his letter of commendation to Maj. Gen. Edward V. Richardson, "It is a distinct pleasure to inform you the 154th Composite Group has been selected to receive a 1992 Air National

Guard Flight Safety Plaque and a 1992 Air National Guard Explosive Safety Plaque. The professionalism and many contributions of the members of this fine unit make them most deserving of this recognition. They are to be commended for their commitment and dedicated team effort in support of safety.

Please extend my personal congratulations to the men and women of the 154th Composite Group. Their selection for these prestigious awards reflect great credit upon themselves, the state of Hawaii, and

the Air National Guard."

154th Defends The Hawaiian Islands

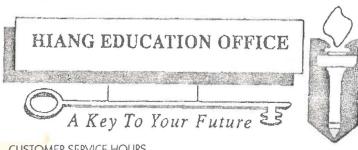
If you've been wondering what all the noise and commotion is all about, the 154th Group has been conducting a joint air defense exercise this weekend along with the 10th Air Defense Squadron, which is assigned to the 15th Operations Group here at Hickam.

The exercise, which usually takes place four times a year, entitled Cope Cage 93-04, involves a lot of people from many areas, from the ground up.

Hawaii Air National Guard F-15 aircraft were tasked with defending the Hawaiian Islands against enemy aircraft. The adversary included F-16s, B-52s and P-3s from the Air Force, Navy and Marine Corps.

Command and control of the exercise is being provided by the 154th Group, HIANG radar units and the 10th ADS.





CUSTOMER SERVICE HOURS
Monday-Friday 7:30am - 4:00pm
UTAS 9:00am - 3:00pm
CAREER KOKUA HOURS
Monday-Friday 2:00pm - 3:00pm or by appointment
UTAS 11:30am - 12:30pm or by appointment
LOCATION
Building 3415, 2nd Floor, CBPO
PHONE: 449-7794

CCAF - Congratulations are in order for TSgt.
Russell Campos, 154 MSS, who has achieved a personal milestone in higher education. He has fulfilled the requirements for an Associates in Applied Science (AAS)-Logistics from the Community College of the Air Force (CCAF). By combining military training and credits with civilian college courses, he was able to obtain his college degree through this unique program. Any enlisted member is eligible for this program. Call us at 449-7794 for more information about this benefit.

Officer PME - Officers eligible for the Air Command and Staff College (ACSC) non-resident course may register at the 15th ABW Education office with MS. Ann Osteen, telephone 449-6363/8330. The seminar program is scheduled to start in August 1993 and the deadline to register is June 25, 1993.

Attention Unit Career Advisors - The annual UCA seminar is scheduled for August 19-20, 1993. Please annotate modifications to your annual training schedule. An information letter regarding details will be forwarded to your unit commander.

Drill Status Vacancy - An E-6 (TSgt) drill status, 751X1 position is available at the 154th Mission Support Flight. Applicants qualified in the training or personnel AFSC may contact Lt. Col. Breedlove at 448-2340.

Mahalo to Civilian Employers - Membership in the Air National Guard and holding down a civilian job is no easy task! A forty-hour work week, drill weekends and active duty for training are all integral parts in the life of a Guardsperson. Civilian employers must contend with the absence of an employee on a regular and usually scheduled basis. The disaster Hurricane Iniki caused was proof of an unscheduled basis. An employer who stands behind you with support is a necessity!

An excellent opportunity for you to say "Mahalo" is to nominate your employer or supervisor on a "My Boss Is A Pro" form. A written nomination to express your gratitude will generate a certificate. Your nominee will be honored at an annual luncheon and your unit commander will present the certificate of appreciation.

All traditional members of the Guard are eligible to nominate their employer or supervisor. Nomination forms are available from your unit career advisors and the Career and Education Office, telephone 449-7794.

CBPO Connection

by MSgt. Iris Kabazawa

This month, I'd like to feature our Quality Force Section (DPMQ). This section in essence is the pulse of CBPO and is comprised of the following workcenters: Performance Reports; Special Actions; Promotions & Testing and Separations & Retirements. They handle all enlistments and officer appointments as well as all reenlistments, extensions and retirements. Other functions of this section include processing officer and enlisted performance reports, promotion and testing requests, and line of duty determinations.

92ND UNIFORM BOARD: The following are some of the changes in uniform as a result of the 92nd AF Uniform Board.

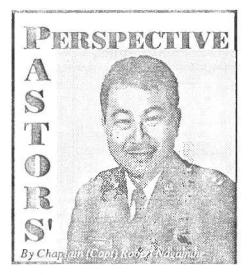
Delete all two line name tags.

Authorize wear of optional cotton long sleeve black turtleneck shirt under BDU.

Return officer rank to BDU collar and enlisted chevrons to sleeves on BDU when Air Crew Style Name Patch (ASNP) is worn. This configuration is optional until October 1, 1995 when it will become mandatory.

Reposition ASNP 1/2 inch above left breast pocket on BDU and Field Jacket. This configuration is also optional till October 1, 1995 and will become mandatory thereafter.

IMC 93-2 to AFR 35-10: This IMC approved the following: The fatigue uniform may be worn off-base to dine at local establishments frequented by civilian workers wearing work clothing comparable to the fatigue uniform, regardless of whether or not the establishment offers waiter and waitress service. Dining at establishments which require a more formal dress code than work fatigues is prohibited.



I once watched this very interesting episode of the television series, "The Twilight Zone." From memory, here's how it goes...

The story highlights the relationship between two men. The main character (who is about middle age) is an elderly man.

At the beginning of the episode, the main character notices a small shop and decides to browse through it. The small shop is filled with inexpensive and ordinary things. After a little while, the two men get into a discussion. The elderly man, who owns the shop, advises him to take a few items "because he will need them later on." He isn't convinced but takes the items anyway. The remarkable thing is that he finds himself actually needing those items. This amazes him. How can this old man know what he will need?

For example, the elderly man gives him a pair of scissors. He doesn't know why he needs them until he encounters trouble in an elevator. While in the elevator, his tie gets caught in the door.

Before he chokes or get seriously injured, he remembers the scissors and cuts himself loose.

Again and again, he returns to the elderly man to get what he needs.

In the last scene, when he gets into a bind, he desperately looks

for the elderly man. After he finds him, he yells out, "Give me what I need, old man!" He treats the elderly man rough, and in his impatience starts to physically hurt him. In desperation, he sees a pair of shoes and yells, "Is this what I need, old man? Is this what I need?" He grabs the shoes and puts them on. The shoes don't fit, but he struggles to put them on anyway. He has a difficult time walking, but continues to leave the shop anyway. He walks out into the street and gets hit by a car. The shoes come off his feet. He dies. End of show.

How does this interesting but strange story relate to us? Father's Day is two weeks away. We can relate to this story if we see the elderly man as our father. The message is: let's not be selfish and wrapped up in our own needs. Especially on Father's Day, recognize your father. Honor him and even give him what he needs.

There's another parallel and message. We must be careful not to rush our Heavenly Father to give us what we think we need. Otherwise, we may find ourselves with "shoes" that don't fit. Don't worry, in time your Heavenly Father will give you what you need.

May God richly bless you with a good Father's Day celebration.

Interdenominational Worship Service

How about getting your Sunday UTA off to a great Start? An interdenominational worship service is held every Sunday UTA at 8:00 am in the Group Dining Room. It is open to everyone. See you there!

For the Family

Everyday, all of us make important decisions concerning our family's financial condition. The decisions that we make or don't make usually will have lasting consequences. We live in a world that is being bombarded with marketing pitches, luring us to spend our money big time. Sometimes, not making a decision to spend money is the best decision. In a weak moment, some people might make a purchase they don't really need. They end up paying dearly the consequences. The financial damage can set their family back for years. Hopefully the financial decisions that we make are to the benefit of our family.

The following are some of the things we must consider when managing our family's financial matters. Important words to remember are control, discipline

and right choices.

Control is important in managing our financial resources. Credit cards are so popular. If you have them, you probably have been tempted a few times to buy all sorts of nice things. I've heard of people who have completely used up their line of credit on all of their cards. I'm not trying to discourage the spending of money. All I'm saying is that there needs to be control.

Discipline is another key to proper management of our family's financial resources. A budget is good to have. A monthly budget may be helpful on the condition that those who use it are disciplined enough to follow it.

With a budget, one can see just what the required expenses are and make the right choices on what to do with any extra funds, if any. This will make us fully aware of

Continued on page 12



June! June is the end of the school year. June is also the month that summer vacation begins for a lot of school kids. June is the month when a lot of people go on vacation trips to various parts of the continent. Whatever you all decide to do, do it with safety in mind...June is also the beginning of the hurricane season for Hawaii. Many of us still remember the devastation of Hurricanes Iniki and Andrew. Make sure you're all prepared for any disaster which might come our way. Again, think safety and everything should be okay...And now for news of the Squadron..... The KUKAILIMOKU news staff won't believe this, but I'm really and truly skosh for news this month, but here goes... This summer is going to be fun for SrA Kathy Higgins as she takes off for almost 2 months hoofing around France and England. She leaves Sunday nite after drill and should be back in time for the August drill. Should be fun, especially since she's been studying the French language for years...Also going on a trip of sorts is SrA Carol Orr of the Admin office. She'll be taking the big plunge, the bungee plunge, this afternoon (after drill) at the 50th State Fair. Engine Shopper SSgt. Mark Peleholani took the bungee plunge last weekend, and says it was quite an "uplifting experience"! We have some brave souls around...The welcome mat goes out to Palace Chase transfer SrA Nelson Ishikawa who comes to us via Luke AFB where he worked as a crew chief on the F-16 aircraft. Welcome to 'Eagle Country'...The Admin office welcomes A1C Roger Ramos and A1C Wendee Kukuwich to their environs. Roger will be going to basic training, then to tech school next month. Keep cool!! Wendee has transferred to the CAM Sq and appears to be in great shape as she has been featured on the Bodies in Motion exercise program on TV. She works part-time at the Base Gym as an aerobics instructor and welcomes everyone to join her and get in shape...Mahalo and good luck goes to SSgt. Calvin Arroyo as he hangs up his CWDT gear and transfers to the USAF Ready Reserves. He was assigned to the Programs & Mobility office and really helped the section during the ORI...Lots of folks promoted recently. And they are: TSgt's David Helmick, Jimmy Williams, Steve Quitevis, Rolf Oudraad, Patrick Murphy, Robert Cabilan, Dale Zuttermeister, Roy Nagasawa, Howard Naone, Franklin Ho and Rogan Kahalehili; SSgt's Randall Fukunaga, Darien Bardago,

Anthony Hall, Roy Hayamoto, Robert Hoggan, Dwayne Yoshioka, Rodney Ng, Owen Kitahara, Michael Shima, Jesse Arcos, Thomas Mahi, David Oliveira, Derek Shimizu, Robert Kissenberger, Gregory Silva and James Welch. Wear 'em with pride, and don't forget the party...From 1st Sgt SMS Doug Abe, we'll be having our second physical fitness run on the July Sunday UTA. Be here at 6:45am to check in and the run will start promptly at 7:00am. If you miss this opportunity, workcenters will need to make arrangements to qualify everyone for the year. Also, we will not have hot meals during the July UTA due to the mess hall people attending some training in their AFSC. Ground meals will be available, however. Proper forms must be submitted for/by each workcenter to the First Sgt's office. SMSgt. Abe will be sending out a memo on procedures to be used to get the meals...From our Training Management Office, MSgt. Lester Ho reports that TSgt's Doug Awana, Timothy Foo and Wayne Kadekawa just returned from Tennessee where they completed the NCO Academy (long course) with flying colors. Off to NCO Academy Phase 2 is TSgt. Edwin Biete... Good luck to A1C Anthony Walters and Amn Steven K Morita as they both are off to BMT and tech school. SrA Martin Beardeaux will be going to the missile tech school next month...Returning from BMT and/ or tech school were Amn Terrance Ito, A1C James Nakagawa, Sgt. David Imai and AB Kent Seo...Welcome to the CAM Sq, folks...Tickets for the CAM Sq Recognition Banquet should be available for purchase real soon. Make sure you contact your supervisor for details. The Flight Line Branch is putting the party together this year and they're working hard to make this year's banquet the best yet. Make sure you keep October 8 (Friday) open as that's when we'll have our banquet. Hale Koa Hotel will be the place. Flyers are forthcoming...Much thanks to all who participated in the POGS (milk caps) sale. The POGS were sold in lieu of the standard chili/saimin sale. Your support of our MWR fundraiser will certainly help in defraying the cost of the annual banquet. We still have some POGS left, so come and get them while they last. Not very many left, though, so hurry!!! Would like to wish MSgt. Clay Chang the best of luck as he entered the 'Hawaii State Bench Press Championships, in the 181 lb Masters Class'. The event was held at the Ward Warehouse Center Stage area. Good luck!!! Well, that's all for now, folks, so 'til next month, "Everything comes to him who waits; if he works while he waits." (author unknown)...fhiga

Shotline

by Capt. Gayle Seifullin

Congratulations to Capt. Adele Auyong and Maj. Walton Auyong on the birth of their baby girl, Vanessa Malia, on May 5, 1993.

Healthful Hints:

Are you having a hard time shrinking those fat cells and losing those extra pounds? Well, we all know it is difficult to lose weight, but it maybe those calories that we are not counting that are adding up and causing the trouble.

The calories that count, but are

not counted:

A little extra butter or margarine on morning toast (75)

A little extra salad dressing on

that salad (50)

A cookie at the office (75) Pupu sample at the grocery store (50)

Licking the bowl clean so it will be easier to wash (100)

Tasting food while preparing it (100)

Last Chocolate in the dish (50) Your total = 500

If you focus and do not do the things above, you'll substantially reduce calorie intake and it will help you reduce those unwanted extra pounds.

Dental Health Awareness:

Plaque Busters:

1. Floss your teeth once a day and brush at least twice a day

2. Use a soft bristled tooth brush and replace it monthly

3. Use a plaque reducing mouth wash prior to brushing and

flossing

4. Have your teeth professionally cleaned every 6 months or more frequently if recommended. If the invisible film of plaque that forms daily on your teeth is not removed, it will calcify into yellow hard deposits called tarter. Tarter cannot be removed with a toothbrush; it can only be removed by your dental hygienist or dentist

with a scaling instrument. Tarter that is not removed at least twice a year will lead to gum disease, which in turn can lead to tooth loss.

Beeline

by TSgt Laura Masuda, Bioenvironmental Eng Sucs

Alcoholism in the Workplace

Alcoholism is a disease, but its etiology is unknown. There is more to alcoholism than the mere urge to drink. Many people have deep, underlying emotional problems. The underlying of mental illness can be part of this problem.

Spotting the alcoholic is not always easy. Eventually, alcohol abuse will result in a deterioration of work performance. If the alcoholic's job relates to moving machinery, driving company vehicles or performing tasks that could endanger him or his coworkers, the worker is restricted from such duties until the drinking problem is under control.

The treatment of the working alcoholic has benefited greatly by industry's enlightened approach to this problem. The employee is confronted with his drinking problem and told that the company will stick by him if he works successfully in controlling this problem, but that the company will not keep his job open for him if he continues to drink. Combined with counseling programs, this approach is often successful.

Alcoholism is a complex and major public health problem. There are different approaches to alcoholism, but everyone agrees that alcohol abuse requires efforts of all interested parties to help rid society of this debilitating disease.

Self Aid and Buddy Care

by Capt. Pamela Gragg, 154 TAC Hosp

This month's SABC article will review internal bleeding. First, here's a quiz to help you review last month's material (external bleeding):

1. What type of bleeding spurts bright red blood?

2. What type of bleeding has a steady flow and is dark red?

3. What are the four ways to stop external bleeding?

4. Which should be used as a last resort only?

5. What are three major pres-

sure points?

Internal bleeding is very serious and can be difficult to detect in your buddy. Pay attention to your buddy and what he/ she is trying to tell you. Here are some signs and symptoms:

1. Pain or abnormal color around the injury.

A swollen, hard abdomen, or swelling in an injured extremity.

3. Bleeding from the mouth or other natural body openings.

4. Coughing up bright red blood or vomiting material that looks like coffee grounds.

5. Pale, cold, moist skin, dull-looking eyes.

6. Large pupils.

7. Breathing fast and weak; a fast pulse.

8. Shaking and trembling; dizziness and weakness.

What to do if you suspect internal bleeding in your victim:

1. Do not give them anything to eat or drink (even if they ask you!).

Place the victim on their side to prevent choking or aspiration, if they are vomiting or bleeding from the mouth.

Keep the victim warm and lying down.

Continued on page 12

Promotions

Hats off to the following individuals who were promoted/appointed to the ranks shown effective on the dates indicated:

154 RMS	
CCCT TILOMAC CODIANO	17 MAY 93
SSGI INOMAS SORIANO	17 IVIA 1 93
SSGT THOMAS SORIANO SSGT LORRIE A MACANAS	17 MAY 93
154 TAC HOSP	
TSGT BRUCE H NAGAO	17 MAY 93
TSGT BRUCE H NAGAO A1C PATRICIA A BULLOCK	5 MAY 93
154 CAMS	
TSGT IIMMY L WILLIAM	17 MAY 93
TSGT JIMMY L WILLIAM TSGT STEPHEN R QUITEVIS TSGT PATRICK MURPHY	17 MAY 93
TSGT PATRICK MURPHY	17 MAY 93
TSGT ROBERT CABILAN	17 MAY 93
TSGT DALE PK ZUTTERMEISTER	
TSGT ROY K NAGASAWA	17 MAY 93
TSGT HOWARD K NAONE	17 MAY 93
TOOT TO ANIVI INIVI IIO	173441/02
TSGT FRANKLIN K L HO TSGT ROGAN H KAHALEHILI	17 IVIA 1 93
SSGT ANTHONY F HALL	17 MAY 93
SSGT ROY I HAYAMOTO	17 MAY 93
SSGT ROBERT W HOGGAN SSGT DWAYNE T YOSHIOKA SSGT RODNEY C M NG	17 MAY 93
SSGT DWAYNE T YOSHIOKA	17 MAY 93
bodi nobiler e mind	17 MAY 93
SSGT OWEN B KITAHARA	17 MAY 93
SSGT MICHAEL Y SHIMA	17 MAY 93
SSGT JESSE ARCOS	17 MAY 93
SSGT THOMAS T MAHI	17 MAY 93
SSGT DAVID A OLIVEIRA	17 MAY 93
SSGT ANSELM H LAU	17 MAY 93
SSGT DEREK K SHIMIZU	17 MAY 93
SSGT ROBERT F KISSENBERGER	
SRA JASON N MATSUOKA	14 MAY 93
SRA MICHAEL F SAMSON	19 MAY 93
AMN TERRANCE R ITO	18 MAY 93
AMN FRITZ SCANLAN	
AMIN FRIIZ SCANLAIN	17 MAY 93
100 4 01110	
169 ACWS	45111100
TSGT RUSSELL T ABE	17 MAY 93
TSGT FREDERICK K HIRAYAMA	17 MAY 93
SSGT JEFFREY P DAOG	17 MAY 93
203 ARS	
TSGT ROBERT T MYINT	17 MAY 93
SSGT VICKI I PRATT	17 MAY 93
SSGT RONALD T MALAE	17 MAY 93
154 SPF	
	483713700

17 MAY 93

SSGT SHERRY K CRANE

Benefits of the Air Conditioning Policy

by Maj. Alvin N. Satogata

"Thanks for your sweat". The HIANG's air conditioning usage policy (using the air conditioning between the hours of 9:00am to 3:00pm) is paying great dividends. With further cuts in the military budget and consequently the HIANG's budget, further energy conservation measures may be implemented. The following is the HIANG's electric bill:

	KW Hrs	\$/KWH	Total \$
Oct 1991 - Mar 1992	1,713,807	.086	147,387
Oct 1992 - Mar 1993	1,539,818	.098	150,902

Although the cost went up because of the \$/KWH increase, the amount of energy used has decreased. In saving terms, the HIANG has saved (1,713,807 KWH minus 1,539,818 KWH multiplied by .098 \$/KWH) approximately \$17,050.

Kauai still needs help

The Kauai Interfaith Iniki Recovery Effort is looking for volunteers to help with construction and home repairs on Kauai. Although it's been eight months since Hurricane Iniki hit the island, a lot of folks are still living in tents, and many homes are still covered in plastic sheets because of roof and other structural damage.

Relief workers say there's still a lot of work to be done to help Kauai return to normal. If you'd like to help, contact Renee Otsuka, on Kauai, at 245-4809.

Attention all AGES:

There will be a special information session on the Active Duty Dependents Dental Plan and it's recently expanded benefits at the Aloha Theater on Thursday, June 17, 1993 from 11:00am-12:00pm.

A DDP DELTA representative will explain the expanded plan, which became effective April 1, and hand out dental health tips and free toothbrushes. DDP DELTA is a government sponsored dental plan for the spouses and children of active members of the uniformed services.

Guard Classifed Information

by F. Peter Wigginton
American Forces Information Service

More that half of the world's 170 nations actively spy on the United States, said a Defense Department official. Thus, despite the end of the Cold War, information must be carefully guarded to protect national defense, he said.

"Too often during these great days after the Cold War, we hear the refrain that 'It's only confidential.' If only the person knew the implications and, sometimes, the awful consequences that stem from this kind of attitude," said David Whitman. He bases his

spying comment on FBI estimates.

It is true that the Soviet Union, "the archenemy," has dissolved, said Whitman, the Department of Defense's deputy director of security classification and safeguard. Nevertheless, a number of "newly minted nuclear powers" — Russia, Ukrane, Byelarus, Tajikistan — replacee it. Also, many other countries lack any sense of benevolence. "Moreover, the use of deadly military force in many quarters of the world continues today," he said.

"The loss of an intelligence source or method can be devastating in terms of maintaining a battlefield edge at some point in the future," added Whitman. "The loss of a secret that constitutes the essence of a technological advantage enjoyed by the armed services can lead directly to the loss of life. And poor operational security can lead to mission failure.

"Remember that every manager and every cleared person has a responsibility to make the system work. Classified information of any level — including confidential — may be shared with only those who have the requisite security clearance and a need to know in order to get the job done," Whitman said.

He defined the effects of disclosing classified information to people not having clearance and without a need to know. Releasing information having a confidential label could reasonably be expected to damage US national security. Releasing information labeled secret could seriously damage national security. Compromising top secret information could cause exceptional grave damage to national security.

Recently the Washington Times newspaper reported that Bush administration officials advocated expelling a Russian military attache from Washington for spying. The article said FBI officials claim Russian intelligence activites, such as information collection

and attempts to recruit Americans with access to secrets, have increased sharply within the past year.

According to the story, the FBI detected a 12 percent increase in Russian intelligence operations in the United States in 1992. The article said then-CIA director Robert Gates recently told Time magazine, "As a matter of fact, we sense that the (Russian) military intelligence, the GRU, has become more aggressive in seeking technical secrets."

Legal Line

by Maj. James T. K. Itamura

Copyright Laws

The writers of the American Constitution believed that free expression is encouraged by protecting the work product of authors from exploitation by others. They recognized that encouragement of individual effort for the purpose of personal gain is the best way to advance public welfare.

As a result, the U.S. Constitution provides that congress shall have power "to promote the progress of science and useful arts, by securing for limited times to authors and inventors the exclusive right to

their respective writings and discoveries."

Under the copyright laws, any original work that authors have created by their own skill, labor and judgment is copyrightable. Copyright is the exclusive right or privilege of authors or proprietors to print or otherwise multiply, publish and vend copies of their literary, artistic or intellectual productions. The owner of the copyright must place a notice of copyright on all publicly distributed copies.

The following are "copyrightable" works of authorship: literary works; musical works; dramatic works; pantomimes and choreographic works; pictorial, graphic and sculptural works; motion picture and other audio-visual works; sound recordings;

architectural works.

Closer to home, National Guard regulations prohibit the copying of software purchased by the Guard. Additionally, any privately owned software may not be used without written approval from the commander.

Reminder...

June through November is Hurricane Season — Be prepared:

Pyramid Schemes Sometimes Generate Serious Legal Problems

by Ewlyn D. Harris, American Forces Information Service

You can earn thousands of dollars quickly and easily, whenever you need it. Achieve your dream now. Own that second home.

Sounds Good?

"If it sounds too good to be true, it probably is," said Brenda Jimenez of the Washington Better Business Bureau. Pyramind schemes lure people with fantastic proimises, but rarely deliver. In fact, they sometimes deliver serious legal problems.

On the other hand, military members and DOD employees interested in second jobs now that can become full-time jobs after retirement might consider ligitimate multilevel marketing companies. In multilevel marketing, independent business people ("distributors") sell consumer products, usually in customer's homes.

According to Jiminez, a good multilevel company rewards hard workers with fair incomes. Being distributors for such companies is appealing because start-up costs are lower than for starting a business. In addition, workers can set their own hours, and earnings are based on energy and talent.

Jimenez said many peope confuse pyramind scams with ligitimate multilevel marketing companies such as Amway or Fuller Brush.

All legitimate companies encourage distributors to recruit a sales force and reward them with a percentage of the sales generated by recruits, she said. Distributors have to work hard to motivate their sales force. A good company has quality products and supports sales people with advertising and timely product shipment. Success is based on product quality and the distributor's ability to sell the product. Recruiting new distributors is secondary. The company should also offer to buy back unsold inventory for at least 80 percent of the cost.

Pyramind schemes are illegal and get their name from the way they pay off. The initial promoter and early players are at the "top" and take money from those "below" who join later. Eventually, the number of people who have to play outstrips the population. A simple, extreme example: A promoter takes \$1 from each of 10,000 recruits. To make the same \$10,000 profit, the second level must find 10,001 recruits each — 100 million people, who in turn would have to find more than a trillion.

A classic example of a pyramid scheme originated in the late 1960s with Glen Turner and Dare To Be Great. Invensotrs paid \$5,000 for distributorships. This enabled them to sell mink oil cosmetics to the public or to participate in a self-motivation course. At revival-type meetings, investors were dazzled by Turner's quasi-religious pitch and promises of enormous wealth.

The company provided limited advertising and product distribution. This encourages investors to try to recoup the losses by selling distributorships to new investors. The scheme collapsed, and thousands lost more than \$40 million. Turner went to jail.

A Better Business Bureau and Securities Administrators Association report warns that operators often target close-knit groups such as religious and social organizations to increase peer-groups pressure to participate. A prospect is led to believe that if the program is promoted by a religious group or does not use the mails, it is safe.

Because of the current interest in entrepreneurship, the number or pyramid schemes is likely to increase, said Scott Stapf, a consultant to the Better Business Bureau. He said complaints are already coming in from former service members who were cheated out of their separation bonuses by such schemes. To avoid being swindled, the report advises extreme caution. Some tips:

*Beware of promises of quick, easy and unreasonably hight profits.

*Be careful if the promoter is more interested in recruiting new distributors than selling a product or service.

*Check state and federal registration agencies; because such schemes advertised by the business will not be registered.

*Get facts about the company, its officers and its products.

*Get written copies of the company's market plan, sales literature and similar material.

*Avoid promoters who fail to provide a detailed explanation of their plans.

*Resist the temptation to invest just because a person is a friend, co-worker or member of your church; that person may have been misled.

*Realize that participation in a pyramid scheme could result in closer Internal Revenue Service scrutiny of your tax return.

If you have questions about the legitimacy of an opportunity, contact your local Better Business Bureau. Finally, if you do join a legitimate multilevel marketing company, DOD legal advisors remind you that it is illegal to sell during duty time and to subordinates. Your commander or local ethics adviser can give you more details.

To check on a business, write to:

Direct Selling Association, 1776 K St., NW, Washington, DC 20006 or call 1-202-293-5760.

Unlimited Exchange Privileges

As long as you have a valid red ID card, you can shop at AAFES and NEX facilities at your convenience, regardless of training status.

You (and your family) must show your ID card to enter the facility (or at the checkout in smaller facilities) to make purchases.

Exchange benefits include:

- -Check cashing
- -Deferred Payment Plan
- -Home Layaway Plan with Home Layaway, you make a down payment and take that new purchase home with you -it doesn't stay in the warehouse until you've paid for it.
 - -Exchange Catalogue
 - -Military Clothing Sales Stores
 - -Military Clothing Sales

Catalogue

- -Shoppettes
- -Food facilities
- -Barber and Beauty Shops
- -Laundry and Dry Cleaners
- -Florists
- -Gas Stations and Auto Repair Centers
 - -Class Six Package Stores
 - -Video Rental
 - -Personalized Services
 - -Motion Picture Theaters

HAZARDOUS ALERT

Potentially defective brake handles on a brand of bicycle sold at Army and Air Force Exchange Service outlets have prompted the manufacturer to issue a hazardous alert on certain models, an AAFES Quality Assurance official said.

Customers who purchased a "Huffy" brand, model 24532, 24583, 24613 or 26671 bicycle with a manufacturing code date be-

tween 048-93 and 074-93 are advised to return the bike to their nearest AAFES exchange for free inspection and repair service.

The manufacturing code date can be found etched in metal on the bottom of the bicycle's crank housing. (Courtesy Army News Service)

GOTTA COMPLAINT?

The Army and Air Force Exchange Service wants its customers to know that if they experience a problem, there are ways to let that dissatisfaction be known.

Customer Service should be the first stop. If the Customer Service representative can't help, he or she has a supervisor. The "chain of command" within the exchange is similar to that of a military organization — each successive level has a larger scope of responsibility.

The store's assistant manager, manger and general manager are also available for help. The GM is responsible for all exchange activities on base, including branch stores, food courts, dry cleaners, barber shops, and other concessions.

When there's no time to seek a manager, the Customer Comment Program may be used. Every main exchange has a Customer Comment box with comment forms. The forms can be used for suggestions, requests, complaints or compliments. The form comes in copies of three — one is for your records. The appropriate level manager handles each concern.

Some problems require AAFES to explain operating policies, or change procedures. This is accomplished by three Customer Relations specialists at AAFES headquarters in Dallas.

One way to avoid problems is saving receipts.

Post and base exchanges issue refunds for merchandise that a customer finds unsatisfactory, and returns within a reasonable amount of time. Reasonable time can often depend on the item and the customer's particular situation. Having the receipt shows the date of purchase and the price.

In being fair to the customer, AAFES must also consider its stockholders — airmen, soldiers and their families. AAFES returns all of its earnings to these stockholders through improved exchange facilities and funds for Morale, Welfare and Recreation facilities and programs.

BESIDES THE EXCHANGES, GUARDSMEN BENEFIT FROM:

- Free tuition at any University of Hawaii Campus up to a Masters Degree
- \$10,00 Federal student loan repayment plan
- New GI Bill for Reservists
 Over \$5,000 dollars
- \$200,00 SGLI (low cost insurance)
 - Space available travel
 - Non-contributing retirement
- Base Exchange and Commissary priviliges
- Prior Service retain rank in most cases

(Up to E-5)

• Inter-island athletic program activities

For more information call Hawaii Air National Guard Recruiters at 449-5601

SAFRIYALERI

The 101 Critical Days of Summer kicked off on the 28th of May and runs through the 6th of September. With school out, family outings, vacations, etc., please be extra careful with kids playing, riding bikes (adults, too) — PUSH! Pick Up Safety Habits.

Recycling in the HIANG

by Capt. Mike Compton, HIANG Environmental Coordinator

OUIZ:

Question: How does buying products made from recycled paper help the environment?

a: It saves forests

b: It saves energy

c: It saves landfill space

d: All of the above

The answer will probably surprise you. It surprised me. I picked d. but that's incorrect. The answer is c. Trees used for paper are grown in farms at a sustainable rate. Old growth forests are used for lumber and furniture, not paper. Recycled paper of the same quality as non-recycled paper uses slightly more energy to produce. So a and b are incorrect. But recycling paper definitely preserves landfill space! Paper makes up 32 percent, by volume, of average municipal solid waste the largest single component. Since we live on an island, landfill space is even more important to us. This is the main reason the HIANG has a recycling program and purchases recycled paper.

Every office is now saving white paper for recycling. Our state maintenance collects the paper and it is picked up by Hickam and recycled at DRMO. This program has had a massive impact on the total waste generated by the HIANG. This waste reduction will also show a real cost savings when the trash contract is

renewed next fiscal year.

The Secretary of the Air Force and the Air Force Chief of Staff jointly issued, in September 1992, a policy that the Air Force will use products containing recycled materials when available. In addition, the Air Force Pollution

Prevention Action Plan objective is that by 1993, at least 50% of all paper products procured shall contain recycled materials. The GSA store now carries copier quality recycled paper. It costs 10 cents more per ream, but it will help us meet the Air Force goal.

I am interested in your ideas on reducing the HIANG's impact on our islands. If you have any suggestions, please call me at the HIANG Environmental Management Office at 449-5711, FAX 449-8023, or write them down and put them in a Puka envelope addressed to 154 GP/EMO.

Environmental Tip: Turn off your monitor instead of using a screen saver (note: leave the computer on to save the hard disk from spin down wear). Monitor life is mostly determined by how long it is on and is little affected by on/off cycles. Monitors use several hundred watts of electricity and generate a lot of heat. This costs us double since the heat must be overcome by the air conditioner. During a walk though HIANG offices on Thursday afternoon, I found 14 computers with screen savers on and only one computer in use. This equates to 194 idle monitors in the HIANG, costing approximately \$10,000 in electricity a year.

2md Ammal 154th Services Flight Cookie Sale

June 5-6 UTA Chocolate Chip and Peanut Butter Cookies \$2.50 per package 154th Group Dining Hall 7:30 - 19:30



Fried Chicken Mashed Potatoes Gravy Corn Hot Dogs/Chili French Fries Tossed Greens Macaroni Salad

Joh Opening

Looking for enlisted personnel interested in counterdrug program. Positions available in supporting U.S. Customs. Please contact TSgt. Mona Fujimoto at 732-2626.

KUKAILIMOKU

This funded Air Force newspaper is an authorized publication for the floations of the U.S. military services. Contents of the KUKAILIMOKE are not necessarily the official vipes of or endorsed by, the U.S. Gas entirent, the Department of Deferise, the Department of the Air Force or the Hawaii Air National Guard.

This publication is prepared, extical end frowled by the Public A fairs Office of the 154 Court Hawaii Adr National Olives Hickam Air Force #1 ... Like it 96853 5000.

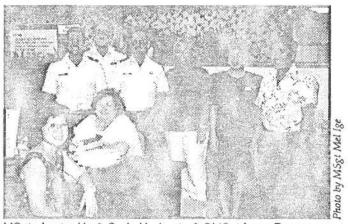
Phone: (80\$) 449-2750

Commande: Col. Michael H. Tice-STAFF

Assistant Editor: Sgt Jurest Young Graphics Specialist: TSgt. Wayne Pontes TSgt. Rodney Pascua

SSgt. Angie Fleenor

NCOAGA-Chapter 18 by MSgt. Rose Vendiola



MSgts Lester Ho & Craig Harimoto & SMSgt Larry Derego along with the American Cancer Society Crew at BOH Aiea

The deadline has been extended to June 6, 1993 for members interested in attending "Seminar 25". The dates for the seminar are July 17-23, 1993 in Knoxville, TN. Please contact the following individuals for an application:

CMSgt. Richard Deveas 449-1518 MSgt. Craig Ha 'moto 449-5016 TSgt. Aurora Lee 449-7793

A big "mahalo" to those twenty-one HIANG members who participated in the American Cancer Society Bank Night on May 18, 1993.

CMSgt. Richard Deveas CMSgt. Darryl Ho CMSgt. Ken Morimoto CMSgt. Calvin Yoshimoto CMSgt. Tommy Hirao SMSgt. Larry DeRego SMSgt. Ron Aniya MSgt. Arthur Takayama MSgt. Mel Ige

MSgt. Geraldo Gapol, Jr. MSgt. Craig Harimoto

MSgt. Pam Goya MSgt. Iris Kabazawa MSgt. Rose Vendiola MSgt. Lester Ho TSgt. Takao Wada TSgt. Edwin Biete SSgt. Doreen Bosco SSgt. Roy Nagasawa SSgt. Glenda Buis SSgt. Ricky Tucay



TSgt Ed Biete and MSgts Geraldo Gapol and Pam Goya with volunteer at BOH Wahiawa

From the Editor

The Kukailimoku is looking for public affairs representatives from units of the 154th Group who are not being represented and whose activities are not currently being covered in our monthly newspaper. The group would like to hear from you, too.

Have you ever noticed that news from some units in the group is covered each month in the Kukailimoku? That's because those units have a public affairs representative that regularly reports to us about what they're doing. Your unit could be in here, too. If you feel that the performance of your personnel or the activities of your particular squadron is not getting the publicity it deserves, maybe it needs a public affairs representative.

Being a public affairs representative for your unit would mean having to take a little extra time out to gather some news or document what's going on. And, that doesn't mean that one person has to cover all the activities of a squadron; one person in each shop could act as a spokesman, and he or she could pass on any news of a shop or section to the squadron public affairs representative, who could in turn compile all the news of the squadron for the past month and give it to us.

The staff here at the Kukailimoku encourages you to get involved with your paper and provide us with input on what's happening in your section. Obviously, your unit is accomplishing things that a lot of us aren't even aware of and probably should be. Why not tell us about it?

Why not volunteer or find someone willing to be a your section's public affairs representative and have that person drop by the 154 GP/PA or call SSgt. Steve Thomas at 449-7750 on drill weekends, and talk story.

Remember, the Kukailimoku is here for you. It's your newspaper. If your unit has news to report, we're here to report it.



Safety Talk

by MSgt. Gaylen T. Redoble, Occupational Safety and Health Manager

The following are items we need to work on. It is important that we emphasize safety as part of our everyday work practice. We must create a safe work environment for ourselves and our personnel.

ST93-01 - In accordance with NGR (AF) 127-012, Para 15f(3), dated February 15, 1991, all assigned personnel are required to have an AF Form 55 for documentation of safety training. This means an AF Form 55 is required for commanders as well as the lowest ranking person. The functional supervisor or manager at each level is responsible to initiate the Af Form 55.

ST93-02 - AFOSH Std 127-100, Para 6-4f(2), (3), states that if seat belts are available, seat belts will be worn at all times while the vehicle is in motion. Passengers are also required to remain seated while the vehicle is in motion.

ST93-04 - AFOSH Std 127-100, Para 6-4k, states that any time a motor vehicle is driven on an unpaved surface, the operator of the vehicle will stop and perform a FOD check on the vehicle tires before entering the ramp area or flightline.

ST93-05 - AFOSH Std 127-100, Para 6-4a, states that Security Police will monitor flightline vehicle operation for compliance with standards and applicable references.

ST93-06 - The 101 Critical Days of summer started May 28 and will end September 6, 1993. Historically, this is the time of the year when we will lose more personnel to mishaps because of increased summertime activities. The Safety staff needs the help of all unit commandeers, managers, supervisors and ADSTs to remind their personnel to have fun, but play safely.

ST93-07 - As a reminder, our hearing plays an important part of our lives. Hearing loss is irreversible. Once hearing loss occurs, the only way to prevent further damage is to take corrective action. The use of double hearing protection should decrease the decibels by at least 30dba. Better hearing protection will lower the decibel level more. Take it for what it is worth. Protect your ears!!!

ST93-08 - AFOSH Std 127-66 (C10), Atch 1, November 24, 1986 states that because of the potential for jewelry catching, snagging, pulling and tearing, the Safety Office policy requires all personnel entering a work area to remove their rings, watches, and jewelry.

ST93-09 - AFOSH Std 127-66 (10), Para 12-24d, requires stacked materials be stored 18 inches away from any electrical fixtures.

As human beings, we must strive to make every effort to reduce and/or eliminate all hazards or potential hazards. A safe and healthful workplace will help us reduce and/or eliminate the possibility of injuries or illnesses.

1993 Softball Tournaments

by CMSgt. Cornwal Matsusaka

HIANG CENTRAL TOURNAMENT. The 1993 softball season kicks off with a triple header on July 31 at the Earhart softball complex. The HIANG Central Double EliminationTournament initially pairs off the following units:

1600 154 COMBOs vs 154 RMS

1600 154 CAM-A vs 154 CAM-C

1600 199 FS vs 154 CES

1715 Ceremony for Brig. Gen. Mizumoto

1730 169 ACWS vs 201 CCGP

1730 203 ARS vs 154 CAM-D

1730 154 CAM-B vs 199FS/CES Winner

The four top HIANG Central teams will represent the Air Guard in the 12-team HING "OPEN" Army-Air State Softball Tournament August 14-15 at Hickam AFB. The HING "Open" Division consists of five Army/four Air teams from Oahu and one team each (Army or Air) from Kauai, Maui, and Hawaii. Tournament Chairman for both the Central and HING State "Open" Tournaments is MSgt Larry Kauleinamoku.

HING STATE 40 PLUS TOURNAMENT. A "Masters" HING State Tournament is scheduled August 14-15 on Kauai. This tournament will run concurrently with the HING "Open" Tournament at Hickam. HIANG senior members interested in participating in the 40+ tournament should contact team manager CMSgt. Ken Morimoto, 449-1500. Three Army teams (Oahu, Kauai, Hilo) will join four Air teams in the "battle of seniors" at Waimea. Kauai committee members indicated it will be baseball and party, party, party. Tournament Chairman is MSgt. Ron Javier.

ANG NATIONAL TOURNAMENT. The Hawaii ANG will send a team to Boise, Idaho to participate in the Men's 35 and Over Slow Pitch Division, 28th ANG Softball Tournament, August 18-22. Team selection was made by panel members from the 154

Continued on page 13

Softball Continued from page 12

how fast money can be designated, distributed and disappear. It also can help us in preparing for bills that are projected months in advance, simply by setting aside money every month for them. Some people, of course, don't practice this and go unprepared to face the foreseeable arrival of big bills. A budget also must reflect preparation for both short and long term goals. A lot of people can't buy a house or condominium because they can't come up with the money for the down payment.

When purchasing items, making the right choices are very helpful. Remember that it's not always wise to buy the most expensive product. If another product does the job just as well but isn't as expensive, then it's worth favorable consideration. For example, purchasing a dependable second hand car may prevent you from being a slave to your debts. On big item purchases a person has to think twice to figure out if it's worth it. One must seriously consider if it's a sound investment of already limited financial resources.

It's always important to emphasize that getting out of a financial hole may take years. Of course, some of us are already in a financial hole. Don't panic or give up because it's quite possible to slowly but surely get out of it.

Finally, but not lastly, another important thing to consider is that most people spend more money than they project rather than less. Therefore, it's advantageous to build a financial cushion, a reserve for the unforeseeable and unexpected future.

I hope that this information is helpful and that the state of your own economy will be healthy.

If you want more information that will help your family and other families, have your spouse or family members join a family support group. To do this, contact your unit.

Self Aid and Buddy Care Continued from page 5

- 4. If you suspect a chest injury, place the victim on their injured side.
- 5. For an injured arm or leg, apply a pressure bandage to the area, over a snug, heavy pad, and elevate the extremity.

Answers to quiz: 1. Arterial; 2. Venous; 3. Direct pressure, elevation, pressure points, tourniquet; 4. tourniquet; 5. throat, upper arm and inside, upper leg.

and 201 Groups. Team Members: Ron Javier (Mgr), Dave Adams, Steve Carvalho, Tony Gabriel, Neal Gima, Karl Kaneshiro, Larry Kauleinamoku, Charlie Kaulukukui, Joe Kim, Greg Makishi, Cornwal Matsusaka, Gervin Miyamoto, Ken Morimoto, Jimmy Pahukula, Dado Paiste, Oscar Sagucio, Richard Silva, Wayne Soma, and Bill Tabe. Project coordinator is MSgt. Soma.

Any questions? Feel free to contact the above responsible individuals. Mahalo to Maj. Gen. Edward V. Richardson; Lt. Col. Melvin Matsui, HINGSSB President; and CMSgt. Darryl Ho, HIANG Athletic Board President; for their financial and moral support of the above events.



VOLUNTEEN

So your teenager can't seem to find a job this summer? How about volunteering and gaining some invaluable work experience at the same time (looks good on their employment application).

The Red Cross is sponsoring its Volunteen program here at Hickam at the 15th Medical Group this summer. The program is for teens 14 and older. Volunteers will meet from 1 to 4 p.m., June 18 in the training room at the clinic. For more information or to sign up, call Joan Morte at 422-0384.



ALOHA GOLF TOURNAMENT FOR BRIG GEN ALLEN M. MIZUMOTO

DATE: 24 June 1993

PLACE: Mamala Bay Golf Course, Hickam AFB, HI

REGISTRATION: 0630-0715 Lower Parking Area SHOTGUN START: 0730

GREEN FEES (Includes cart) Military (Active/Reserve/Retired) E1-E5 \$14.00 E6-03 \$16.00 04-010 \$17.00 CIVILIAN \$37.00 DOD EMPLOYEE \$27.00

ENTRY FEE \$15.00 OPTIONAL JACKPOT \$5.00

FORMAT: Handicap stroke play, use lowest established handicap.
FLIGHTS: A, B, C, and Calloway. A,B, and C flights will consist of
24 handicap and below. Spacing of these flights will depend on the
number of entries received.

Refreshments, lunch, and awards to follow at the 154 GROUP Operations and Training Facility, Hickam AFB, HI.

ALOHA GOLF TOURNAMENT FOR BRIG GEN MIZUMOTO

NAME:	Million distance in the providence	kelyrs dir sambane kangmakan pespenjangan kengas kengan kangma		RANK		UNIT	agga Shakagaan Magha ah qada ah	, Abdalleda. Se	EDCP
GREEN	FEE		JACKPOT	\$	ENTRY	FER	\$15.00	EFRE	Total\$

Make check payable to HINGSSB and forward to: Unit coordinators; HQ HIANG-Capt Randy Tom (732-1951), 154 GROUP-Lt Col Eric Kanja (449-6840), 201 CMBTCG-Lt Col Roy Matsumura (449-9270).

Submit entries by 14 June 1993.