



Kukailimoku

Pupukahi

My

War God of King Kamehameha I • 154 COMPG

Vol. 38. No.3

Hickam Air Force Base
Hawaii

March 8, 1992

154th on Prime BEEF/Prime RIBS Exercise

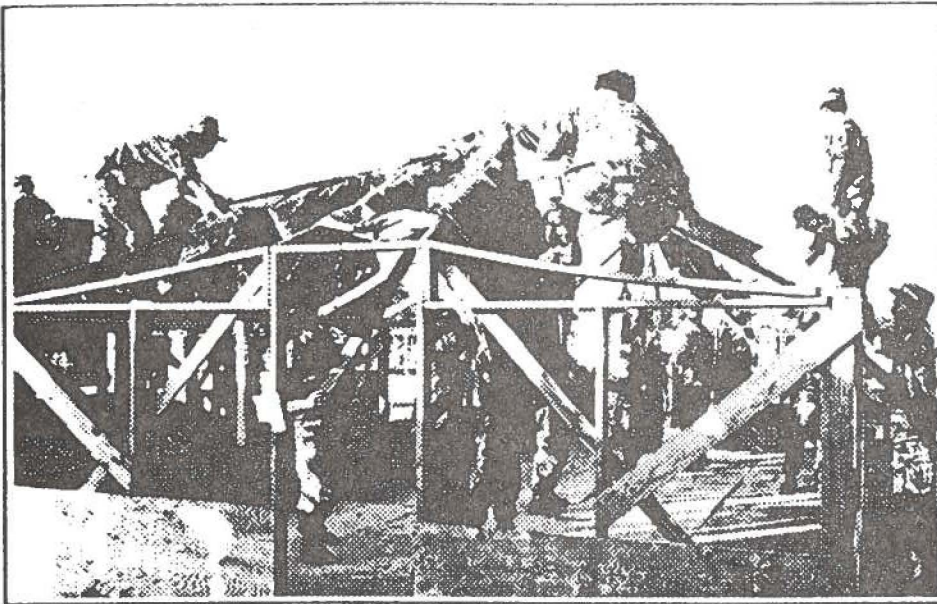


Photo by TSgt. Wayne Pontes

Last month, starting on "Friday" morning, the 7th of February, the 154th Civil Engineering Squadron, the 154th Resource Management Squadron, the 154th Services Flight and the 293rd Combat Communications Squadron, the 15th Civil Engineering Squadron, the 15th Mission Support Squadron, the 15th Services Squadron, and the 6118th Combat Support Training Flight from Kadena AB, Okinawa, went on an "over-nighter". No not an outer-island vacation, but an overnight bivouac here on Hickam to perform their annual Prime

BEEF/Prime RIBS field training. (For sure, no vacation, here).

The objective of the exercise was to hone skills and improve operational proficiency of the combined units under field conditions for worldwide deployment in response to required contingency operations.

It involved camp layout and erection of Harvest Eagle assets, including GP Medium, TEMPER and hardback tent erection and its various uses; base damage assessment; camouflage netting; chemical warfare defense task qualification training; rapid runway repair;

explosive ordnance reconnaissance training; supervisor safety training, plus appropriate multiskills training.

The best part of the exercise was that it was concluded with Family Day activities at noon on Sunday.



Photo by TSgt. Charlie Chang

Social Actions

by TSgt. Carswell Ross

What's That On Your Wall And How Do They Feel About It?

Sexual Harassment is what US Federal District Court Judge Howell W. Melton recently found in a case that involved pornographic pictures displayed in a Jacksonville Shipyard office. According to the court, those pictures contributed to an atmosphere that promoted the stereotype of women as sexual objects rather than skilled workers.

Funny, we don't wait for an accident to happen before we teach safety to the workers. Then why do we wait for harassment to occur before we raise the issues?

What is the role of management in educating workers about sexual harassment? Recent widespread public attention to this issue has exposed men and women workers and their bosses to this subject. Most of us have opinions about the topic, however, few of us really understand why it's such a big deal. Many men question whether sexual harassment is as frequently experienced by women as reported in the media. Nevertheless, like racism, people can and are being educated about sexual harassment and its effects in the workplace and on an individual's career selection.

In vocational classes, sexual harassment is generally cited as the number one reason for the drop-out rate for non-traditional students. A male in nursing school has a gauntlet to run if he is to succeed. His sexual orientation as well as his ability to provide necessary nursing care are often questioned. Unfortunately, it is often easier to drop out than endure this type of treatment. Lewd pictures, sexual comments and unwanted physical contact are frequently reported by female students enrolled in shop or traditionally male dominated classes.

Unfortunately, the individual suffering this treatment is often called a poor sport or accused of having no sense of humor if they complain. These are the main reasons given when asked why they drop the class.

Individuals who endure such treatment will frequently dismiss it as inconsequential, no matter how they actually feel.

People are never too young or too old to learn how to treat others in a fair and humane manner. Males and females can benefit from participating in a complete discussion of how their actions affect others, how to deal with offensive behavior and what per-

sonal actions promote or inhibit such treatment in the work setting. Facilitating such dialogue can prevent specific acts of harassment, whether they are intentional or unintentional.

The Social Actions office is happy to announce that 2Lt. Sandra Nakano has returned from AMS. The Social Actions staff has returned to its complement of two. We look forward to providing you Social Actions training as required by AF and HIANG Regulations.

Legal Brief

by Maj. James T. Itamura

Recently, the Court of Military Appeals upheld the discharge of a Navy senior enlisted person who was convicted of "sullyng" the service's name by wearing women's clothes in public. Navy storekeeper 1st Class Virgilio Guerrero of National City, California, was given a bad conduct discharge in November of 1989 after being convicted of two charges of cross-dressing under circumstances that hurt discipline and discredited the Navy.

Interestingly, the conclusion of the Court is that cross-dressing by military members itself is not an offense. However, it becomes an offense when it is done under circumstances that hurt discipline and the reputation of the Navy. One judge was of the opinion that if a member cross-dressed in the privacy of his own home behind closed curtains and is unaware that he is being watched, no crime is committed.

Guerrero's attorney said that they will appeal to the Supreme Court because Guerrero committed all the acts while off base, in the privacy of his own home. He further contends that it is a question of when the impact on good order and discipline outweigh the right to privacy.

All in all, it's just another example of "things that make you go 'hmmm'".

CPR Day II

On April 12, 1992, the American Heart Association, American Red Cross, and the Hawaii National Guard will be conducting a mass CPR training at seven island locations.

For more information, taking the classes, or volunteering, please call Lt. Col. Fadrowsky at 377-5382 (recording)

Fulltime Employment Available With The HIANG

These are the current vacant federal civil service positions open for recruitment. You can read more about the position by checking with your orderly room for complete details or see TSgt. Phillips, Bldg 3400, Rm 211 Monday-Friday.

JVA#	POSITION	GRADE	CLOSING DATE	LOCATION
FY92-129	Management Assistant	GS-07	01 Apr 92	Hickam (203)
FY92-128	Procurement Clerk (Typing)	GS-05	31 Mar 92	Hickam (COMP)
FY92-127	Asst Acft Maint Officer	GS-12	31 Mar 92	Hickam (COMP)
FY92-126	Supply Clerk	GS-04	30 Mar 92	Hickam (COMP)
FY92-125	Acft Mechanic	WG-10	30 Mar 92	Hickam (COMP)
FY92-124	Logistics Mgmt Spec	GS-09	30 Mar 92	Barbers (297)
FY92-123	Clerk-Typist	GS-04	27 Mar 92	Ruger (ARNG)
FY92-122	Production Controller (Acft)	GS-07	26 Mar 92	Hickam (203)
FY92-121	Acft Mechanic	WG-10	26 Mar 92	Hickam (203)
FY92-120	Acft Pneu Sys Mech	WG-11	26 Mar 92	Hickam (203)
FY92-119	Air Ops Tech	GS-07	26 Mar 92	Hickam (203)
FY92-116	Elect Digital Comp Mech	WG-12	19 Mar 92	Hilo (291)
FY92-115	Air Traffic Cntrl Spec	GS-11	26 Mar 92	Wheeler (169)
FY92-114	Management Asst (Typing)	GS-05	19 Mar 92	Hickam (COMP)
FY92-109	Fabric Worker (2)	WG-09	16 Mar 92	Hickam (203)
FY92-108	Air Ops Tech	GS-06	12 Mar 92	Hickam (203)
FY92-107	Air Ops Tech	GS-07	12 Mar 92	Hickam (203)
FY92-106	Pwr Spt Sys Mech (3)	WG-10	12 Mar 92	Hickam (203)
FY92-105	Acft Electrician (3)	WG-10	12 Mar 92	Hickam (203)
FY92-098	Acft Dispatcher (Alert) (2)	GS-07	23 Mar 92	Hickam (203)

Pilot Training Applications Being Accepted

The 154 COMPG is seeking applications for undergraduate pilot training (UPT). The next selection board will be held October 1992. The board will select two primaries and two alternates for the FY 93 UPT classes.

By Federal law, officers must be United States citizens. Other minimum qualifications for these positions include:

Education: You must have a Bachelors degree or have met the requirements to graduate with a Bachelors degree prior to meeting the board.

Eye Sight: 20/20 or better uncorrected.

Test Requirements: Must successfully pass the Air Force Officer Qualifying Test (AFOQT). The test should be taken by the end of June 1992.

Age: Must complete the Academy of Military Science (AMS) and enter UPT prior to reaching age 27 1/2.

For the October board, your birth date must be after April 1, 1967.

Medical: Must be administered and successfully pass a Flying Class I physical, if selected.

Applications are now being accepted. Interested applicants should contact the 154 COMPG recruiters at 449-5601. The mailing address is 154 COMPG/ DPR, Hickam AFB, Hawaii 96853-5000.

KUKAILIMOKU

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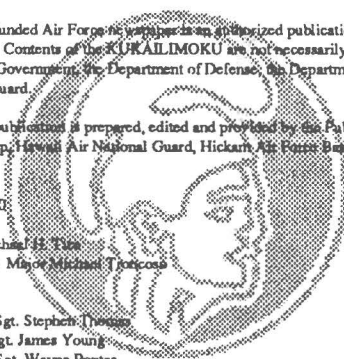
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Have you often wondered what happened to all of the time you had? Do you usually have to play catch up for the lost time that seemed to just slip away? If the answer is "yes" to these two questions, join the party. There are many of us who are in the same situation.

True is the saying, "time waits for no one." Between the demands and expectations of our jobs, families, educational pursuits, special projects, etc., we may find ourselves in a time crunch. There are simply too many things to do, but not enough time to do them all.

Thus, realizing that our time is limited is important. Just consider: right off the bat, we spend a third of our lives sleeping and a third working. And, the remaining third gets partially used up by our daily and weekly chores and activities. Just last week I found out that it will take three months before I'll be able to get together with some of my friends because of our schedules. Three months!

In time management, organization is essential. List all of the things that need to be worked on and then create a plan of attack. Have a game plan with various options in mind to allow for flexibility. If a person can picture

all that needs to be accomplished within the time limitations, then it may be a workable plan. If not, then adjustments are needed.

If a time crunch situation arises, two things may be worth remembering. First, work on the easiest things first. This strategy is commonly used when taking exams. The reason it works is because it helps to get people warmed up and going. And, second, avoid the pitfall of "paralysis by analysis." This occurs when one is confronted with a difficult problem or task. Paralysis sets in when there is too much time spent analyzing the problem without applying possible solutions. So, keep trying to solve the problem until the problem is solved. The solution(s) may not be far away. Then watch the pieces of the puzzle fall into place.

May God help us to manage our time well.

For the Family

Do you realize that anyone of us could lose a family member within this year? I'm not bringing this up from my knowledge of any statistics, but from my personal experience. Several years ago, a good friend of mine died and left his wife and children behind. It was very sad to see him die at such a young age. He was in his late 30s. He was well liked by everyone, and I thought that he had so many great years ahead of him. It still disturbs me to think about all of the positive things he could have done but unable to because of his untimely death. It appears to me that death at an unexpected age isn't uncommon these days because he certainly isn't the only case I'm aware of.

Before we leave this world, one of our major concerns must be for

those we leave behind. Sorrow for the loss of a loved one is usually guaranteed, and it would help if we could minimize the suffering for those we leave behind. Death must not be approached with fear but preparation. It would be an excellent idea to talk with your family about what you desire when your turn comes up. Consider if your will is up to date, if you have adequate life insurance, if your family knows what you



want at your memorial service, and other important plans.

Proper planning may help you in several ways. It will remind you not to take your family for granted. They, as well as you, might not be around as long as you expect. Most of all, it will also relieve lots of confusion when you die because they will know your wishes. So, plan wisely and minimize the pain they will experience.

I hope that the above comments will help you to evaluate your plans, because I know that you care about your family. If you want more information that will help your family and other families, have your spouse or family member join a family support group. To do this, contact your unit.



CAMS

News and Views

By: MSgt. Fred M. Higa, Jr.

Hello again!! Boy, how time flies between drills!! We've got several activities coming up in the next few weeks which you all should be interested in...There's a HIANG volleyball tournament scheduled to take place on March 20-22, at the Kam School gym, with several team divisions able to participate. There'll be a HIANG softball tournament to take place June 13-14, and that event will also allow several team divisions to participate. On March 29, the First Annual Hawaii National Guard Fun Run/Walk will take place here at Hickam. Flyers and entry blanks have been distributed to all workcenter supervisors. Your participation and support of these activities will do much to enhance the OHANA spirit as well as promote physical fitness and wellness in the Hawaii National Guard...And if you haven't done so yet, maybe it's a good time to give credit and thanks to your employer for their support in allowing you to participate in HIANG activities. The Employer Support for the Guard and Reserve program is an ongoing one and is an important way for you to recognize your boss for his support. See your supervisor or the Unit Career Advisor for the 'simple-to-fill-out' forms. After getting the normal signatures of approval, a special luncheon and tour of the HIANG is set up for all the honorees. The whole event is hosted by the HIANG Commander. It's a great program and a terrific way to say thank you to your boss...It's been a long time since we've had a BIG promotion party. Thanks to CMSgt. Tom Hirao and some recent promotees, a CAM Sq promotion party will be held today at the OTF Building (former CRC building) from 3:00-6:00 pm. Everyone in the Group is invited to the party, so come on by and congratulate the folks who are donating to put this party on. If you'd like to participate in the next promotion party, contact CMSgt. Hirao or SMSgt. Doug Abe. Anyone in the Composite Group who has been promoted and would also like to participate, contact Tom or Doug...Now for news of the Squadron...The welcome mat goes out to SSgt. Raymond Lambert who transferred from the New York ANG to join our Munitions Branch. Welcome also to Sgt. Wendi Tyler as she has joined the Plans & Scheduling office and should be off to tech school shortly. The Admin office welcomes SrA. Jennifer Dunne as she joins the unit effective

February. Jennifer will be off to tech school at Keesler soon...SrA. Ray Sherwood is doing well in the Avionics Maintenance tech school, and he should be back in June...Good luck goes to Sgt. Russel Miyamoto and SrAs' Ken Nakamura and Tracy Ogihashi (Avionics Branch) and Scott Matsuura (Missile Maint) as they are presently attending the Airman Leadership School at McGhee Tyson ANGB. Congrats to SSgt's Craig Makiya (Job Control) and Theodore Salmon (Avionics) as they recently completed the NCO Academy course at the same base...The Programs and Mobility office welcomes back TSgt. Richard Shoda as he recently completed the Logistics Plans school at Lowrey AFB...The Flightline Avionics folks welcome back TSgt. Wescott Lee as he returned from McClellan AFB where he attended a PRCA troubleshooting 'tips and tricks' course...Would like to congratulate SSgt. Yolanda Mendigoren as she has joined our full-time staff working in the Engine Tracking office. She takes over the position vacated by SSgt. Yvette Escuadro who resigned from the position to take on a drill status position on the Flight Line. Capt. Dave Snakenberg and a whole entourage of maintenance specialists will be going to Holloman AFB in the next few weeks as the MSIP conversion finally gets in full swing. He is the Squadron point of contact for the conversion and will be overseeing the rotation of many, many specialists over the next 3-4 months. Good luck to all those who will be involved in the conversion...Congrats are in order for recent promotees SSgt. Duane Brede, Amn Frankie Nolasco and Major Terry Hudson...LtCol Michael Melich and yours truly will be attending the Maintenance Analysis Confab in Montgomery, Alabama. I'll be flying on to visit the Connecticut ANG to have a look at the Flightline computer program, then fly down to Holloman AFB to take on the aircraft transfer program...Congrats are in order to A1C Arlene Palakiko and hubby Kimo as they welcomed their first child name Micah Kamuakeikikaneokamahealani Kenji Palakiko (whew). The English translation is 'first male child of the full moon'. Boy, the translation is just as long as the name itself...The 1st Annual Retirees Reunion Party has been set for April 5, at the Pearl Ridge Chinese Restaurant (also known as Rudy's Place). The get-together is chaired by MSgt. (Retired) Rudy Luat. All CAM Squadron retirees are encouraged to join in the fun and relive some of the past with your retired comrades. Call Rudy for additional information...Well folks, that's all the news for now. Not much info this month, so til next issue..."The people who try to do something and fail are infinitely better than those who try to do nothing and succeed." (author unknown).....fhiga

BeeLine

by TSgt. Laura Masuda

You can play a powerful role in municipal solid waste (MSW) prevention through your purchasing decisions, which can ultimately shape demand for products and influence product design. Here are some ways:

- buying items that are reusable instead of disposable
- selecting product brands that are durable or repairable
- buying in bulk or large sizes
- buying lighter versions of products
- composting yard and food wastes in residential backyards
- buying fresh rather than pre-packaged fruits and vegetables
- donating usable but unwanted materials to friends or charities
- buying products that contain fewer potentially toxic substances
- reusing product containers and purchasing beverages in refillable bottles

Changes in technology and in office practices have changed the nature of MSW generated in these areas. Here are some ways:

- more precise inventorying and ordering of materials
- reusing materials (e.g., file folders, paper clips)
- adopting new technologies that use raw materials more efficiently
- negotiating with suppliers to provide goods in more practical packaging
- evaluating waste generation to determine where changes might be made
- using more durable and repairable equipment
- negotiating good service contracts
- dual-sided copying
- converting the blank side of paper to scratch paper
- using electronic mail instead of paper memos
- reducing mailing and distribution lists
- using reusable items for food service

Source: "Facing America's Trash"
Office of Technology Assessment

ANGNCOAGA Chapter 18

by SMSgt. Ken Sonan

The Annual Membership meeting is scheduled for March 27, 1992. All Leadership graduates, NCO Academy graduates, and their spouse/guests are invited to attend.

Date: March 27, 1992

Time: 6:30 pm no host cocktail, with dinner at 7:00 pm

Place: Hee Hing Restaurant, 449 Kapahulu Ave.

Menu: Chinese chicken salad
Imperial scallop soup
Hong Kong style crisp chicken
Roast duck with plum sauce
Steamed fresh fish
Sauteed seafood in taro basket
Mongolian beef tenderloin

Cost: \$21.00 per person, payable to Chapter 18, ANGNCOAGA

Send check to MSgt. Melvin Wong,
154 COMPG/LGX,
Hickam AFB

Deadline: March 16, 1992

Help is needed for the Cerebral Palsy Rubber Duckie Race on March 19, from 6:00-9:00 pm and March 21 from 12 - 3:00 pm at the Island International Moving Company. Call TSgt. Jakahi at 449-3812.

Call TSgt. Jakahi to join Chapter 18. Dues are \$3.00 annually.

MIENU

Beef Stroganoff
Buttered Noodles
Mix Vegetables
Easter Cake
Salad Bar

*Burgers with Soup and Salad Bar

CBPO Connection

by MSgt. Iris Kabazawa

In last month's article, I completely forgot to mention to you what my new job is — I'm called a Personnel Assistant. I assist SMSgt. Kagawa in personnel matters. Congrats to SSgt. June Kline who recently got hired at the 203 AREFS. If anyone is interested in working in Personnel, her job is open, GS-6 or AGR-E6. We're also looking for temporary hires. Contact SMSgt. Kagawa if you're interested.

Featuring our traditional guard members — In Customer Assistance/Records Section, we have TSgt. Richard Lapuente, SSgt. Julie Forgey, SrA. Bruce Park and newest CBPO member, AB. Jacqueline Woodall. Heading our Personnel Utilization Section is 1Lt. Lance Mizumoto (yes-the Col's son). In the Education Office we have 1Lt. Melissa Zen, MSgt. Steven Kamaura, SSgt. Vickie Cabilan and Sgt. George Katsumoto. Our Admin section is headed by SSgt. Alison Bruce-Maldonado. In our Personnel Systems Section we have A1C. Eric Laa. Bet you never realized we had so many different faces up here. Besides all of that, if you didn't already know, the recruiters are also part of CBPO.

Heading that office is (short timer) MSgt. Mauricio Geolina who will be moving to Hilo in a few months. The rest of the Oahu based recruiters are MSgt. Richard Fukui, TSgt. Norman Hu, TSgt. Ben Ormita, TSgt. Dan Romero and SSgt. Henry Laguatan. Now that you know everyone, we hope you will visit us in the near future.

Speaking of visiting us, we have once again started face to face records reviews. This is your chance to review what's in your records and insure accuracy. If possible, please call 449-5669 before reporting.

We now have more information on the Reserve Component Survivors Benefit Plan (RCSBP) and open enrollment for Supplemental Survivor Benefit Plan (SSBP). The Open Enrollment Period applies to members eligible for retired pay (except for attainment of age 60) on or before March 31, 1992 who previously elected not to participate in RCSBP. Also, members who now have RCSBP at less than full coverage may increase coverage; or were married and elected child only coverage may now add a spouse. The open enrollment period is from April 1, 1992 through March 31, 1993. The law further states that if the member dies prior to the end of the two year period beginning on the effective date, the election is void. The SSBP allows members to buy a benefit that is added to the 35% benefit RCSBP pays surviving spouses or former spouses age 62 or older.

If all of this sounds Greek to you, call me at 449-7784 or SSgt. Togami at 449-5669 we will be glad to assist you. That's all for now, hope you're having a great weekend!!

Utah Deployment

by SSgt. D. Hiu

On January 19, seven enlisted personnel from the 154th RMS/LGSD supply warehouse departed the warm and sunny seashore of Oahu for a two week cross training deployment to an "icy and chilly" winter in Utah. The training was with the 151st Salt Lake City Air National Guard that flies KC-135 tankers.

The training was to acquire some experience in preparation for our own KC-135 warehouse in the near future. In addition to acquiring the knowledge, our personnel worked hard and displayed the "can do" attitude. As a result, a large plaque was presented to our personnel, which was accepted by the group leader, MSgt. Jason Chun. The plaque is displayed in the 154 RMS showcase, ground floor of building 3415.

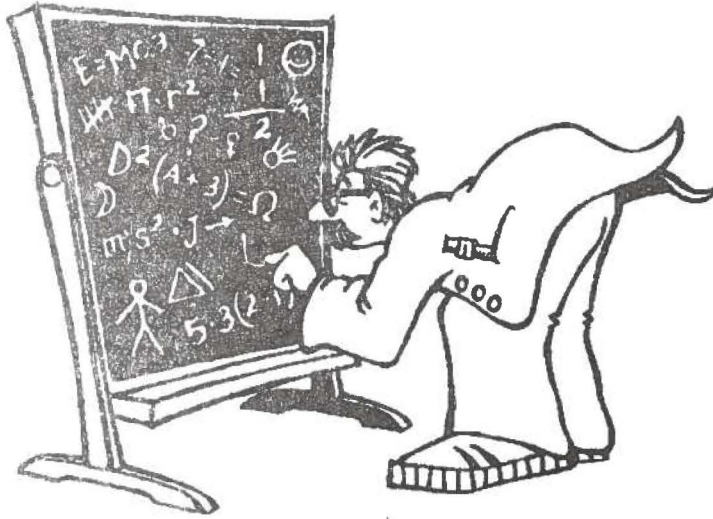
All in all, it was a tremendous deployment and much mahalo goes to Capt. Ronald Han, LGSP-Management and Procedure officer who handled all the logistics.

Interdenominational Worship Service

How about getting your Sunday UTA off to a great start? There is an interdenominational worship service held every Sunday UTA at 6:45 am in CAM Squadron classroom 3. This is open to all interested persons. The service always gets the day off to a good start! See you there!

**NEXT UTA
APRIL
4TH AND 5TH**

Hawaii National Guard Auxilliary Scholarship



Scholarship applications are now being accepted for students entering nationally accredited institutions of higher learning. For applications and information, direct all inquiries to:

NA KUHINA NUI O NA KOA HAWAII / DOD Scholarship Committee, 3949 Diamond Head Road, Honolulu, Hawaii 96816, or Iris Kinoshita, 7226 Naohe Street, Honolulu, Hawaii 96825, or call 944-1625 between 8:00 am and 4:00 pm for information. The deadline for submitting applications is April 30, 1992.

Physical Fitness Testing

The make-up period for your annual physical fitness testing is scheduled for April 5, 1992. Those individuals who have not completed their physical fitness testing should report to the Ewa-mauka end of the aircraft parking ramp no later than 7:15 am.

Annual Softball Tournament

The Air National Guard Softball Tournament will be held August 19-22, 1992 in Tucson, Arizona. Anyone interested in participating, please call SSgt. Bill Ramos or SSgt. David Adams at the 154 SPF, telephone 449-2080. Players will be responsible for their own entry fee and transportation expenses.

HING 1st Annual Fun Run/Walk Breakfast

The first annual HING Fun Run/Walk Breakfast is coming up Sunday, March 29, 1992. It'll take place at the HING Operations and Training Facility starting at 8:30 am. An invitation is extended to everyone: runners, walkers, family members and volunteers. Food and drinks will be provided by the Adjutant General and his staff.

Family members are encouraged to participate as runners, walkers, cheerers, lei greeters, decorators, registration helpers or food service helpers. Registration is still open. Call Maj. Keith Tanouye at 737-9450. The points of contact for the breakfast are Lt Col. Freddie Esperanza at 732-1823 or CMSgt. Darryl Ho at 449-5864 or 449-5701. Come out and join about 500 Guard and family members for a good time!

1st Annual Jack Baker and 6th Annual ESGR Golf Tournament

The Hawaii Committee for Employer Support of the Guard and Reserve and the Governor of the State of Hawaii are proudly hosting the 1st Annual Jack Baker and 6th Annual ESGR Golf Tournament honoring the Guard and Reserve, their employers, employees, friends, and US Armed Forces. The tournament will be at Mamala Bay, Hickam Golf Course on May 1st, starting at 12:30 pm. Check-in time is 11:00 am. The entry fee for Guard and Reserve members is \$35.00; civilians \$50.00. That includes green fees, cart, buffet dinner and refreshments.

St. Patrick's Day March 17

