



Kukailimoku

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War God Of King Kamehameha I - 154 COMPG

Vol. 35 No. 10

Hickam Air Force Base
Hawaii

October 22, 1989

154 COMPOSITE GROUP WEATHERS THE STORM

By Captain Stan Osserman



BY SSGT CHARLIE CHANG

KC-10 "outlaw" unloads happy HIANG Campers before the rains at Andersen AFB came down.

It got off to a shaky start but the 154th Composite Group deployment to Andersen AFB, Guam turned into just another chance to excel for members of the HIANG.

Arriving in less than optimum weather (a typhoon bearing down on the island) threw off the tempo of the whole exercise according to one HIANG officer.

About half the sorties were lost in the first three days due to very heavy rain showers. This resulted in the "re-deployment preparation day" turning into an additional flying day to catch up on missed training for the aircrews.

According to Capt Terry Hudson, many of the intrepid 154 CAMS commandos worked long hours, well into the night, to prepare the aircraft for a safe trip back to Honolulu. But even with the extra efforts of the CAMS, three aircraft and crews along with several maintenance personnel were left in Guam an extra day to enjoy the balmy 99.99% humidity waiting for critical spare parts. The parts arrived and remaining planes repaired with only minutes to spare,

thus avoiding an even longer delay.

Just getting five F-15's and some of the support personnel home on the first try took some fancy footwork, and deadly serious mathematical calculating and recalculating. Only one of the two scheduled KC-10 tankers was available due to maintenance problems, and that's not enough tanker support to do get five thirsty Eagles and 45 tons of equipment back to aloha-land, but with a KC-135 doing some serious refueling of our fighters and the solo KC-10, we were able to sip enough fuel to make it home with most of our gear.

A C-141 that was originally scheduled to carry our cargo was reconfigured for passengers. It's cargo was reconfigured to be loaded on the second KC-10 to come home two days later.

As with every deployment, good planning is essential, but you better be able to adjust to the changes and the unexpected. This deployment was no different in that respect, it was another chance to learn and excel.

PHOTO BY SSGT CHARLIE CHANG



TSgt Herbert Gomes and SRA Lorrie Macanas show that paletizing can be fun if done correctly!

COMMANDER'S CORNER

BY COL. JOHN S.W. LEE



Returning from Guam was an anticipated event for those who participated in the Guam deployment, the weather was less than desirable. The anticipated typhoon did not materialize but did create a scare and generate bad weather forcing the cancellation of some of the flying. We flew 23 of the 42 scheduled sorties and learned a little more about the F-15, on readiness and about ourselves. As my last deployment with the Group, I continue to marvel at the "can do" spirit of our troops in the field. At work and socially, it's been a sheer pleasure working with the Group alongside our active duty counterparts.

Lt Col Mike Tice will be assuming the command reigns when I leave and Lt Col Ken Wicks will take over Col Richie Kunichikas' vacated position as Director of Operations. The fighter squadron will undergo major supervisory changes starting with the selection of the two newest members: Capt Balthazar (Maui product) and Lt Brad Sakai (Mongo) moving into Weapons and Tactics and Scheduling jobs, respectively. Capt Lordy Dowson has assumed the Chief of Safety position. There will be other changes as adjustments are made to renovate the managerial plan. Development of this new team will require dedicated cooperation and diligence on the part of everyone as essential elements in the continued growth of the 199 Tactical Fighter Squadron.

PAYNOTES

As of September 1, 1989 all new enlistees and anyone re-enlisting must sign up for "Direct Deposit" of their pay into a bank or savings account.

The standard form 1199A used to meet this requirement can be obtained from the finance office or unit's orderly room. The 1199A should be filled out 60 days prior to re-enlisted and contains a section that must be completed by your financial institution so plan ahead.

Waivers can be obtained to exempt individuals from the "Direct Deposit" requirement in some rare instances. If you have further questions contact your supervisor. Supervisors can contact MSgt. Randal Hiyane at 449-7900 for further information.

SAFETY NOTES

If you ride with someone, would you rather share the road with a 75-year-old grandpa or his 20-year-old grandson? New research shows that drivers between the age of 16 and 24 have the highest fatality rate of 4 traffic deaths per 10,000 population. Next are drivers between 70 and 84, with an average rate of 2.3 deaths per 10,000.

Up through age 75, most older drivers appear to perform as well as middle-aged ones, according to the Highway & Vehicle/Safety Report. After age 75, older drivers are more likely to be involved in a crash than middle-aged drivers.

Older drivers are also among the most vulnerable to injury in motor vehicle crashes. Vehicle occupants 65 and older are more than three times as likely to die as a 20-year-old occupant from serious injuries of equal severity.

Because elderly are much more susceptible to injury, the research committee recommends that older drivers purchase cars with air bags in addition to wearing safety belts.

But we also caution that age alone is a poor predictor of individual driving ability and should not be the basis for specific restrictive actions.

THINK SAFETY!



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Commander Col. John S.W. Lee

STAFF

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PASTOR'S PERSPECTIVE

By Capt. Robert Nagamine



Have you ever wondered what happened to all the time you had? Didn't it seem to just slip away? True is the saying, "time waits for no one."

More often than not, we might find ourselves in a time crunch. There are so many things to do but not enough time to do them all. Between the demands and expectations of our jobs, families, special projects, educational pursuits, etc., there always seems to be not enough time.

Our time is limited. Before, I always thought that I had all the time in the world until someone pointed out something. He commented that right off the bat we spend a third of the time to sleep and a third to work. All that is left for us is the remaining third. However, a part of that gets eaten up by our daily and weekly chores. Preparing meals, washing clothes, tending to matters around the house, etc., all take up time.

Thus, it is important to use our time wisely. As we manage our time well, let's keep the following in mind.

Organization is important. Organize yourself. Use one of your best assets: your mind. Make a list of things that you need to work on, then create your plan of attack. Have a game plan with various options in mind to allow for flexibility. If you can picture yourself accomplishing all you have to do within your time constraints, you probably have a workable plan. If not, then you may need to adjust your plans.

If you find yourself in a time crunch situation, two things may be worth remembering. First, if possible, work on the easiest things first. This strategy is commonly used when taking exams. The reason it works is because it helps us get warmed up and going. And second, avoid the pitfall of "paralysis by analysis." This occurs when we are confronted with a difficult problem or task. Paralysis sets in when there is too much time spent analyzing the problem without applying possible solutions. So, keep trying until you solve the problem. The solution may not be far away. Then watch the pieces of your life's puzzle come together. May God help us to manage our time well.

FOR THE FAMILY

DEPENDENT CARE PLANNING

By Capt. Robert Nagamine

If you were mobilized on a moment's notice, would you feel confident that your dependents would be taken care of? Do you have a workable plan for them? Periodically, Guard members must reevaluate their current situations and ask themselves questions involving plans for their dependents. Consider the following situations and see if you fall into any one of these categories.

Mobility preparation will change if all of a sudden one finds him/herself a single parent. Through separation, divorce or becoming a widow, one needs to look at setting up plans for the care of his/her children. If you are divorced, consider if it is possible to make arrangements for your former spouse to have the children until you return. If not, how about a close relative?

If both husband and wife are in the military, this also presents a challenge. In the event that both of them are mobilized, who will then care for their dependents?

Important to note is when the term "dependent" is used, it may not refer just to children. Either a couple or a single person may have a dependent(s) who is over 18 that is unable to care for him/herself. Planning must not overlook a dependent such as this.

Also, definite planning must be considered in the event a couple or single parent dies. Who will then take care of their dependents on a permanent basis? Drawing up a will shall alleviate uncertainties.

Necessary and important documents need to be arranged or updated. Legal documents that are helpful are: (1) power of attorney authorizing medical treatment, (2) power of attorney for a temporary designee and/or a permanent designee (person designated to take care of your dependents while you are away), and (3) a will with guardianship provisions.

Of course, there are also financial support concerns and possibly educational concerns that need to be worked out. The designee caring for your dependents must have adequate support to care for them.

For more information, read ANG Reg 35-59; and for more help, seek legal assistance.

I hope you have found the above information helpful. If your spouse or family member care to join me in helping families, he/she can sign up to be in a family support group. Call me, Chaplain Robert Nagamine, at ph 449-9153, 955-3431 or 947-5008.

CAM SQ. NEWS & VIEWS



By MSgt. Fred M. Higa Jr.

I would like to thank everyone for their support in FY89. We accomplished many things and improved in all areas of aircraft maintenance. October 1989 marks the beginning of FY90, the start of a brand new 'year' for us. I ask for your continued support this fiscal year as we embark on a vigorous flying scenario which includes DACT's against other Guard units in addition to the Navy and Marines. We also must prepare for our deployment to Clark Air Base early next year. With all the activities scheduled for this year, we must all remember to work smart and work safe. We will have lots of projects occurring about the same time, mainly construction of the Avionics/Weapons Composite building, completion of the Engine Hush House and construction of the new by-pass road which means we must all be careful and aware of what we're doing to prevent problems from occurring. Again, my sincere aloha and mahalo for your support this past year and for your continued support in the future...LTC Michael Melich, Cmdr..

Now for news of the Squadron...Welcome back goes to Capt Omar Faufata as he returns from the 3-week 'accelerated' Maintenance Officer's School. He returns as the OIC for the Munitions Branch and is getting his feet wet this drill...Congrats to SSG Wayne Kadekawa and wife Carmen on the birth of daughter Crystal in September. Mom and daughter doing fine...The welcome mat goes to Sgt Sue Boulet as she joins the Training office as the Admin person..Also, Amn Sean Malik has returned from BMT/tech school and he joins Sgt Edmund Billena in working with our Flight Line folks as Eagle maintainers...Good luck goes to our newest Unit Career Advisor, SSG Carol Yamaguchi, as she takes over for departed UCA'er Sgt Robert Canez-Jenkins. Roberta and her husband are re-locating to Shenandoah, Virginia. Good luck to you.

TSG's George Kaneshiro and Stan Okazaki just returned from hands-on-training at Robins AFB, Georgia. MSG's Herbert Okamoto, and Ron Muronaga are off to Kelly AFB for F-15 AIS/TITE/ESS PIWG (whew). Herbert

flies on to Robins AFB where he'll be attending the F-15 Avionics PIWG. MSG Richard Kudo flies to Dobbins AFB to attend the F-15 'O&I' Level Calibration Review Confab (whew). Congrats to the following individuals on their recent promotions:

- | | |
|------------------|-------|
| Thomas Hirao | CMSgt |
| William Abilla | SSgt |
| Henry Doane | SSgt |
| Malcolm Hanohano | SSgt |
| Nathan Higa | SSgt |
| Ronald Mori | SSgt |

Wear them new stripes with pride!!!! Squadron 1st Sgt Doug Abe wishes to thank all those individuals who were involved in putting the CAM Squadron Recognition Banquet together. They are too numerous to mention here, however, special mention must go to SSgt Carol Yamaguchi as she did an outstanding job as the MC for the event...From the Unit Career Advisors and Branch Chief's, we need to recruit and retain a few good people. If you know of anyone interested in joining the Guard, call our friendly recruiters so that we can get them into the Guard. If anyone wants to try another type of job in the Guard, approach the UCA and Training Manager for info...From SSG Yvette Miraflor, a whole new batch of CAM Squadron T-shirts have arrived. New colors available in 'peach' and 'purple', in addition to the standard blue, turquoise, yellow, and biege. Price is still \$6. If you're looking for pins and stickers, they're also available at \$2 and \$1 respectively. Come by the Admin office for your very own CAM Squadron T-shirt...The Job Control office welcomes TSG Jim 'Kimo' Puu as he re-joins that office after a short (2-year) stint in the Engine Tracking office. Kimo has had to 're-learn' everything as we've computerized the maintenance function since he left that office. Good to hear his voice on the airwaves again...Well, gang, that's all for now. Don't forget, drill again in 2 weeks. So, til next issue...'We judge ouselves by what we feel capable of doing; others judge us by what we have done.' (Henry Wadsworth Longfellow)...See ya.....fhiga

MENU

- SWEET SOUR PORK
- STEAMED RICE
- POTATO SALAD
- BUTTERED VEGETABLES
- CAKE

SHOTLINE

by 1Lt Arcangeli

"The Flu Shot Makes Me Sick!" About now, a few of you are experiencing a mild reaction to the flu shot. Don't worry, it is not unusual to have mild flu-like symptoms after receiving the shot. Low grade fever, malaise, or soreness in the arm are symptoms that usually disappear within 12-24 hours. If you think they are bad, imagine what the full flu would be like. Be thankful for the technology today to keep us well.

Healthful Hint:

Coming in November is the American Cancer Society Great American Smokeout. Over 5.5 million people were able to stay away from a cigarette for a full 24 hours. Nicotine is an addictive drug, and when you quit you can expect to experience a few drug withdrawal symptoms, such as fatigue, difficulty in concentration and even irritability. The first 3 days are the hardest because there are still traces of nicotine in the body. After the nicotine is flushed out, the going gets easier. Some symptoms to expect are coughing, lack of concentration, tiredness, nervousness, sore throat, headache, constipation and sleeplessness. All these are transient symptoms, but if they do persist consult your physician. Remember: If you drink, don't drive. and considering the recent oil spill - if you swim, don't smoke. -Hope Newsletter

Dental Note:

Periodontal disease ... no, its not a dinosaur, but it could ruin a beautiful smile. Want to prevent it? Heres how: 1. Brush and floss your teeth daily, 2. Eat nutritious meal and avoid sweets, 3. Visit your dentist regularly, 4. Be alert for bleeding gums, loose teeth, bad breath and receding gums.

NEXT UTA NOV 4 & 5

1989 State DOD Christmas FREE! Concert FREE!

The 1989 State DOD Christmas Concert will be held on Sunday evening December 17 at the Neal Blaisdell Concert Hall.

There will also be a concert on the Big Island on Friday evening, December 15, 1989 at the Hilo Auditorium.

These events have traditionally been great fun for both the children and the adults. The evening's entertainment will be provided by the 11th Army Band and the HIANG Ohana. This Christmas Concert is exclusively for members of the Hawaii Air National Guard and their guests.

If you and your family would like to attend, fill out the ticket request (see below) and send it in a "Puka envelope" to 154 COMPG/DOI.

SEE YOU AT THE CONCERT!!!!

YES! I would like to attend the 1989 Christmas Concert. Please put me down for the following tickets.

_____ Children _____ Adults

Check One:

Hilo Friday, 15 December

Honolulu Sunday, 17 December

Name: _____

Unit: _____

Phone No. _____

Check here if change to previous ticket request.

Put in "PUKA EVELOPE"
mail to 154 COMPG/DOI

CBPO CONNECTION

Battle Dress Uniforms (BDUS)

Effective October 1, 1989, camouflage fatigues will become mandatory as the utility uniform for guard and reserve personnel. The Olive Green fatigue uniform is not authorized for wear by any Air Force personnel after September 30, 1990. The exception to this policy will be the olive green field jacket. This item will be worn until September 30, 1992, by which time it will be replaced with the camouflage (BDU) field jacket through attrition.

Undershirts (either V-neck, U-neck, or crew neck T-shirt, or athletic-style undershirt) will be worn with all fatigue uniforms, including the camouflage fatigue BDU, by both men and women. If the undershirt shows, it must be white, green, or brown. Please direct questions to Personal Affairs at 449-5669.

LEGAL BRIEF - STEROIDS

By Capt. James Itamura

It was just September of last year that I applauded Canadian sprinter Ben Johnson as he soundly trounced American Carl Lewis at the summer Olympics. (I was happy to see Carl Lewis lose, quite frankly). Unfortunately, my joy, not to mention Ben Johnson's was short-lived as the story of his illegal use of steroids emerged.

The subsequent notoriety and concern over steroid use by athletes and athletic "wannabe's" has now trickled down to the Air Force and, of course, the Air National Guard.

Use of steroids by active duty Air Force personnel now qualifies them for discharge under AFR 39-10. The Air National Guard is currently putting together a regulation for implementation in the near future. However, anyone who uses steroids (largely weight lifters and body builders) must stop now.

Note that steroids are used as legitimate medicine for some ailments. In these cases, proof of prescription will be required.

Though steroids provide tremendous short-term muscle growth and gains in speed and jumping ability, the long-term effects are significant, i.e., personality changes (explosiveness, irritability), skin problems, kidney problems, sterility, facial hair on women, and heart problems.

Heed the lesson of Ben Johnson: Ten seconds of glory for a truckload of trouble.

FOOD ALLOWANCE CHANGE

Effective October 1, 1989, Air National Guard units are authorized a basic daily food allowance (BFDA) of \$4.50 per day per individual served a total of three meals through appropriated dining facilities. Refer to Chapter 5 in AFR 146-7 and ANGR 146-7 for more information regarding the BFDA.

This daily rate is applied to individual meals served as follows: Breakfast 20% of BDFA is: \$.90, Lunch 40% of BDFA is: \$1.80, Dinner 40% of BDFA is: \$1.80.

A Grand Opening of the Hale Aina Dining Hall will be held on October 16, 1989 from 10:30a.m. for lunch. After nearly 6 months of renovation, the Dining Hall is reopening for service.

KUDOS

Easter Seals Hawaii expressed their thanks and gratitude for the Hawaii Air National Guard volunteer support a Safeway's Summer Extravaganza which was held from June 23 to August 6, 1989.

These self-sacrificing individuals raised more than \$100,000 for the Easter Seals Programs which help support over 3000 of Hawaii's children and adults with disabilities. Their generous help is an example that caring people can make a difference between changing the disabled into able.

An excellent job was performed by MSgt James Yamamoto of the 154th Consolidated Aircraft Maintenance Squadron (CAMS).

MSgt Yamamoto went to 116th CAMS in Georgia from June 4-8, 1989. He provided the expertise on the use of a complicated computer system which allowed the 116th CAMS to improve their flying schedule and incompleted events. His dedication and long work hours was greatly appreciated from Lt. Col Horner, Commander of Georgia ANG.

IT'S A BOY!

Congratulations to Chaplain Robert Nagamine who had a baby boy named Kurt Kalani on September 7.

RMS ROUND-UP

By TSgt Lisa Rodrigues

From the Trenches

Best wishes and good luck to our fearless leader LtCol Willson Sakai. The Commander is currently TDY at McGhee-Tyson ANG Base in Knoxville, Tennessee for the ANG Commander's Orientation Course. Anyone who's had the privilege of attending one of their courses (NCO Leadership School or NCO Academy) knows the value of McGhee-Tyson training...just ask them...

Welcome home Manny! Fresh back from Lowry AFB is Sgt Manuel "Manny" Bolosan. As you may remember, he was up there to attend 3-level training as an Inventory Management Specialist. Manny works as a full-time technician in Operations Support.

Piping aboard...Captain Keith Kunichika a recent transfer from CAMRON to RMS. The Captain is the new Budget Officer for Accounting and Finance. Soon-to-be AB Vanessa Harvey will be leaving for Basic Training in November. When she comes back she'll be joining the Transportation Management Office (TMO). Speaking of TMO, they recently bid aloha to Captain Daniel Tucker, who transferred to the Air Force Reserve unit across the field.

Another brag for TMO! As of October 6, she's SrA Lida Curry! Lida's very progressive too, she's already counting the days till she makes Sgt! 349 days to go! Former TMOer SSgt Tom Ohta looked pretty happy about his promotion too! Thanks for the pastry Tom! Tom says "Promote me again, and I'll bring more!" Congratulations to both of you, and all recent promotees.

Another retirement? For those of you who missed the Honolulu Advertiser's Prep Report..."Howard Okita, Hawaii's most successful high school softball coach, has resigned his position at Kailua High to concentrate on the Hawaii Loa College program, which he began two years ago." Okita, better known to most of us as CMSgt Okita, is Supply's Management and Systems (LGSP) branch Superintendent. Besides boasting a 181-24 record in his 12 seasons at Kailua, the Chief can also be proud of his 35+ years in the Guard. Rumor has it that we won't be hearing his updated version around Supply too much longer though...seems he's counting the days till his July birthday...and retirement? Hey, Chief! If you retire, I'll

have to break-in a new boss! LGSP also has a vacant drill status slot: 645X0, SSgt, Data Processor. If you're interested, or know someone who is, contact Chief Okita.

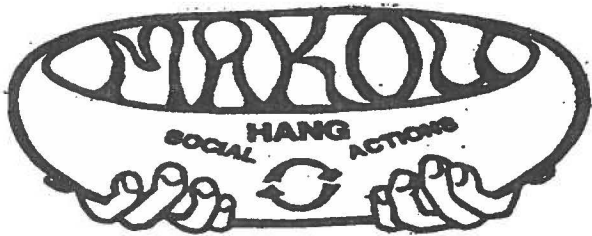
Now that BDU's (camouflage fatigues) are turning up everywhere, MSgt Nevin "Apple" Harada sends these tips from the March 1988 AAFES newsletter...wash by hand or machine (permanent press cycle) using warm water and a mild detergent...rinse in clean warm water...do not use chlorine bleach or starch...do not twist or wring...dry at a low heat (not exceeding 130 degrees F) after drying, use a tumble dryer at room temperature (no heat or fluff) for 10 minutes...remove from the dryer immediately at the end of the 10 minutes...if drip drying, use a rust proof hanger.

Oh where, oh where, have the Squadron T-shirts gone? Oh where, oh where can they be? When asked for official comment, SSgt Henry Laguatan said "We're still taking orders. We only have about half the orders we need, but we'll print what we can. The shirts should be out 'next drill.'"

PRACTICAL ADVICE FOR NATIONAL GUARD MEMBERS FROM THE U.S. DEPARTMENT OF LABOR

1. Give your employer as much advance notice as possible of your drills and active duty training.
2. Make a written request for military leave to avoid misunderstanding.
3. To the extent that you have any control over your military training schedule:
 - A. Try to schedule your training for times that cause least possible inconvenience for your civilian employer.
 - B. Try not to extend your leave beyond the date when you said you would return.
4. Deal with your employer respectfully and give him or her credit for making accommodations for your military duty. You can nominate your employer for a "Pro Patria" award - see your UCA for forms.
5. Be aware that your good or bad faith in dealing with your employer will be reviewed. Do not try to use your right to military leave as a weapon against your employer.

FOR MORE INFORMATION, CONTACT MSGT. IRIS KABAZAWA, CAREER & EDUCATION MANAGER AT 449-7794 OR SEE YOUR UNIT CAREER ADVISOR.



Capt James Hikita, 1Lt Melissa Zen and TSgt Carswell Ross Jr.

KIDS TAKE PARENT'S CUE ON DRUG ABUSE

This article was written by Dr. Kathy Akerlund, it appeared in the Air Force Times, March 2, 1987. The information contained in the article is extremely enlightening and provocative.

"Over the past five years, the proportion of students remaining totally abstinent from drugs - tobacco, alcohol, and others - has dropped from approximately one in three to one in five. According to statistics gathered by the National Institute of Drug Abuse, moderate to heavy use of alcohol has increased from 18% to 37%, marijuana use from 16% to 18%, use of amphetamines and other "uppers" from 8 to 12%.

Less than 1% of 13-year-olds used marijuana in the period between 1953 and 1962. Sixteen percent used it between 1978 and 1982. In 1985, 41% of high school seniors had used marijuana in the past year. Nine percent of high school seniors had used cocaine in 1975, with use increasing to 17% in 1985.

Such frightening statistics and the devastating results of drug use have led parents to ask "WHY?" Researchers are looking for who is likely to use drugs and why. Alcohol use and abuse is the biggest problem among our children, in part because it is legal and accepted among adults. Because its use is accepted by a majority of the population, parents are less likely to be concerned if their child has a drink than if he or she smokes a joint, uses cocaine, or pops pills. It's not unusual to hear a parent say, "I'm glad it's only alcohol; at least it's not drugs." Unfortunately, alcohol is a drug.

Marijuana is the second most commonly used drug, again in part because there is a large segment of the adult population that sees nothing wrong with its use.

One major reason young people use drugs is because they are modeling their behavior on the behavior they observe among adults. In studies of children ages 5-12, researchers found that children's attitudes toward alcohol are set before they even begin to use it. Parents behavior has great influence on these attitudes. Since mothers often do the shopping and may have children along, children see the amount a mother spends on alcohol. The more spent, the more the child sees the mother as endorsing the effects of alcohol, thus affecting the child's attitude toward it. The frequency of hangovers reported by mothers also affects children's attitudes. However, in this case, the more the child sees a mother suffer from hangovers, the less likely he or she is to look at its use as good. Fathers who run into problems with the police because of drinking also have a negative effect on the children's attitudes toward alcohol. *In other words, children develop their attitudes and expectancies of the positive or negative effects of alcohol based upon the observations of parental behavior. This suggests that while parents and schools can preach and teach, children will make up their minds based on the actions they see, not the words they hear. The old saying, "Do as I say, not as I do," doesn't work with children.*

While some drug prevention programs have emphasized increasing self-esteem as the primary prevention method, more recent research is pointing to a sense of control as being more important and appropriate. Many adolescents who use drugs feel they have little control over their lives. Drug use appears to be a way of coping with feelings of inadequacy caused by lack of personal control. Drugs often help them escape from reality. Therefore, one method for preventing adolescent substance abuse may be helping adolescents believe they have some control in their lives.

This has some serious implications for military families. Frequent moves with children having little or no say in the matter can often make them believe that they have no control over their lives. Therefore, parents need to discuss a possible or pending move with their children, especially adolescents, and help them to feel they have some control, whether or not the move actually takes place.

Finally, alcohol abuse is a family disorder. Any child who has an alcoholic parent is at risk for substance abuse. In fact, the sons of alcoholic fathers have a 400% increased risk for alcoholism. Those with a family history of alcoholism are also at increased risk for abusing other substances. Forty-seven percent of people who abuse both drugs and alcohol were children of an alcoholic father, mother, or both. Studies of twins and adoptive children have shown that there may be a genetic component to such addiction in males.

Parents must realize that the most important drug abuse preventive for their children is **THEIR OWN BEHAVIOR.**"



Photo by SSgt Charlie Chang

Maj Gary "PORK" Peters is captured on film for the first time, doing his famous "Rain Rain Go Away" RAP song!

SHOPLIFT OR ABUSE DRUGS ON BASE AND WALK

By Lt.Col. Leonard S. Clarke
Deputy Staff Judge Advocate

Under a recent change to AFR 125-14, the joint service directive regulating motor vehicle operation, it is now appropriate for installation commanders to suspend or revoke driving privileges and motor vehicle registrations for lawful reasons both related and unrelated to traffic violations or safe vehicle operation. In response to this approved change in the regulation, Hickam AFB under the direction of the wing commander, Col. Don A. Lyon, has taken steps to approve and implement a new driving program which will become effective November 1.

Under this new enforcement program, anyone who is apprehended for larceny or shoplifting from on-base facilities will, in addition to losing certain ID card privileges, have his or her on-base driving privileges suspended for a period of one year or longer depending on the value of merchandise or items taken. Likewise, those who are identified as drug abusers will have their privilege of operating a motor vehicle on all Air Force installations on Oahu suspended for a period of at least one year, and those individuals to include minors who are apprehended for illegal or underage consumption of alcohol will also find themselves walking for a year.

Please ensure that all your family members and guests are briefed on this very important subject because effective November 1, the program will go into effect and the excuse of "I didn't know" will not help.

 Come Join the Airmen Reunion
at the Tuskegee University "Eagles' Nest" 

If you are a commissioned officer and received your degree from Tuskegee, we ask that you return to the Eagles' Nest during Tuskegee University Homecoming Week, October 23-28, 1989. Share the Tuskegee Experience with our future Air Force leaders. Make a difference — Join other Airmen as they return to the "Eagles' Nest" to participate in our week-long activities leading up to Homecoming. If you can attend, please call, or write, so we can schedule you for a seminar with our cadets. Come Join the Reunion of the Eagles'. (Capt Charles M. Weaver, Det 15, AFROTC; Tuskegee University, Tuskegee Institute, AL 36088; Phone (205) 727-8372/8387)

PROMOTIONS

Hats off to the following individuals who were promoted/appointed to the ranks shown effective on the dates indicated:

HQ 154 COMPG

TSGT BARBARA T.K. CHUN 18 SEP 89

150 ACWS (FXD)

MAJ WINFRED T. INOUE 20 OCT 89

SRA BLAIRE K. HIGA 11 OCT 89

SRA BLANE H. VILORIA 11 OCT 89

A1C KYLE A. WATANABE 13 OCT 89

AMN DAMIAN A. LOO 11 OCT 89

154 CAMS

CMSGT THOMAS F. HIRAO 18 SEP 89

MSGT GREGORY S. MAKISHI 18 SEP 89

SSGT DARRELL A. CHUNFAT 16 AUG 89

SSGT HENRY W.F. DOANE 18 SEP 89

SSGT WILLIAM L. ABILLA 18 SEP 89

SSGT MALCOLM M. HANO HANO 18 SEP 89

SSGT NATHAN Q.C. HIGA 18 SEP 89

SSGT RONALD T. MORI 18 SEP 89

SSGT MICHAEL Y. MATSUURA 18 SEP 89

SGT LEONA T. CHANDLER 13 OCT 89

SGT RICKY Y. YAMAMOTO 21 AUG 89

SRA DANNY K. ARDO 13 OCT 89

SRA SEAN M. TAO 21 AUG 89

A1C DEREK K. SHIMIZU 21 AUG 89

AMN GLEN L. PRIMERO 3 OCT 89

AMN JEFFREY J.U. SAGUCIO 3 OCT 89

154 CES

SGT LUKE K. SAKANASHI 12 SEP 89

A1C BRIAN A. IWANAGA 16 AUG 89

AMN DANA A. RATLEDGE 29 SEP 89

154 MSS

SMSGT LLOYD H. KAGAWA 18 SEP 89

A1C BOYINGTON J.K. PARKS 17 SEP 89

154 RMS

TSGT BRIAN A. TOM 16 SEP 89

SSGT THOMAS A. OHTA 18 SEP 89

SRA LIDA E.K. CURRY 6 OCT 89

154 SVF

MSGT STANLEY T. TANIGAWA 18 SEP 89

SRA EDWARD E. LEE JR 2 OCT 89

A1C KIPP Y. TANAKA 20 SEP 89

154 TAC HOSP

SGT DANA L. HARADA 22 AUG 89

SGT JAMIE A. HARADA 23 AUG 89

SGT SUSAN K. IWAI 22 AUG 89

AMN SABRINA A. CARREIRO 22 SEP 89

154 SPF

TSGT RAMON R.K. DELCASTILLO 18 SEP 89

TSGT RAY G. DUROPAN 18 SEP 89

199 TFS

MAJ CLYDE Y. TORIGOE 25 SEP 89

SRA KRISTIE A. CRUCE 19 OCT 89

TAKE THE KUKAILIMOKU HOME TO THE FAMILY

OFFICER POSITION VACANCIES

Announcing 6 officer positions on Kauai. One Air Traffic Control Officer Position and five Air Weapons Directors positions. Individual must be willing to commute to Kauai at own expense and meet the following qualifications:

- * Be between the ages of 17 to 34
- * Have a Bachelor Degree
- * Qualify on written and Physical Examinations
- * Complete CBPO Certified College Transcripts
- * Be interviewed and accepted for a commission

TO APPLY CONTACT: MSgt Daniel L. Romero (471-6490).

UPCOMING ...SPORTS

WHAT: SOFTBALL GAME (35 AND OVER VS 35 AND UNDER)

WHEN: 5 NOVEMBER 1989 (SUNDAY) 1600 HRS

WHERE: COMPOSITE RECREATION CENTER FIELD

WHO: OPEN TO 154 COMPG PERSONNEL

PRIZE: WINNING TEAM TO POLICE FIELD AND SECURE EQUIPMENT

IF INTERESTED, SIGN UP WITH:

35 AND OVER

35 AND UNDER



MGR: LARRY KAULEINAMOKU
(449-5545)

MGR: CRAIG ARAKAKI
(449-5712)

ASS'T: CORNWAL MATSUSAKA
(449-0301)

ASS'T: BOBBY FURTADO
(449-6582)

SUPERSONIC SAYONARA

*Col John
S.W. Lee*



*Date: Nov 30, 1989 at the CRC
Time: 1530 to 2030*

Cost: \$20.00 (incl. gift) \$ 5.00 gift only!

*Contact: your Unit Rep for Tickets: ** Checks payable to HNG Air Techn ***

Your Unit Rep _____

HOVA/HNGEA Presents Triples/Sixes GRASS VOLLEYBALL

DIVISIONS: Mens/Women Open/B/
Novice(Triples)

Men/Women/Co-ed(Sixes)

FORMAT: Pool Play

WHEN: October 28, 1989

WHERE: Diamond Head Crater

ENTRY FEE: \$10 HOVA/HNGEA members
\$15 non-members

DEADLINE: October 26

CONTACT: HOVA at
P.O. Box 30812