



Kukailimoku

File
log

War God Of King Kamehameha I - 154 COMPG

Vol. 35, No 5

Hickam Air Force Base
Hawaii

May 7, 1989

COMBAT SAGE A SUCCESS!

With a contingent of 125 personnel and eight F-15s, the 154 Composite Group deployed to Clark Air Base in the Philippines from May 20 to June 1. The primary objectives of the deployment was to test the fighting capability of the 154th under field conditions to fire live AIM 7 radar and AIM 9 heat seeking missiles. Secondly, the 199 Tactical Fighter Squadron would engage the U.S. Navy F-18s and A-4s in mock combat scenarios to validate four ship employment tactics.

The direct flight by our eight F-15s took 10.25 hours with eight refuelings. To set the tone of the deployment, Capt. Sakamoto scored a direct hit on our first missile firing sortie; the second drone shot down later was credited to Capt. (H.R.) Hademan.

In general both our ground crews and pilots did exceptionally well as attested to by the Combat Sage officials. The climate was hot and exceptionally humid resulting in heavy evening showers. This however did not deter some of the 154th personnel from visiting Baguio, Manila and Cornigidor during their days off and sampling the Filipino gourmet cuisine.

This deployment was the first 154th deployment in the F-15 aircraft and through sheer hard work, dedication and professional zeal all eight F-15s and 125 personnel reported home safely and a little wiser than when they left.



Capt Harold Fujii thanks his Tuscon "IP" for the ride in the F-16 Falcon. Photo by: MSgt Ron Biho

SENTRY TIGRE

by TSgt Charles S. Gravitt

Exercise Sentry Tigre is in full swing with the Hawaii Air National Guard's F-15s taking to the skies to train with F-16s from the Arizona Air National Guard, F-18s from Kaneohe MCAS, and A-4s from NAS Barbers Point. The emphasis is on DACT (Dissimilar Aircraft Combat Tactics) training. The exercise will expose pilots of five fighter units flying four different aircraft, three air weapons controller squadrons, and one tanker crew to the rigors of employment in the DACT arena. Areas covered during the exercise include area defense, escorting, strike, and basic fighter maneuvers.

The exercise began June 3 and continues through next weekend. Four F-16s from Tucson, AZ and KC-135 tankers from the Phoenix ANG have deployed to support the exercise, along with F-18s from VMFA 212 and 232 at KMCAS, and A-4s from VC-1 at NAS Barbers Point.

Some of the highlights of the exercise have been a simulated strike at Barking Sands, Kauai which pitted four F-15s and four F-16s against 14 adversary aircraft (F-18s and A-4s); and a "high value asset protection" mission in which HIANG F-15s and 162 TFG F-16s escorted a KC-135 tanker along a 160 mile route while under "attack" by F-18s and A-4s.

Aircraft performance, weapons, and avionics capabilities vary and success in combat depends on the ability to optimize strengths against the enemy's weaknesses.



Excited HIANG members waving "Shaka" to the family and friends as they board the KC-10 on their way to the Philippines. Photo by Capt Stan Osserman

Commander's Corner

by
Col John S.W. Lee



Well, we're back. Compliments to all those who participated in our Combat Sage deployment as players and as supporting cast for making this a "picture book" deployment. The excellent planning and coordination facilitated our ambitious flying program.

On our deployment out to Clark, the second four ship lead air aborted and was readily replaced by Capt. Peters who flew for over 11 hours. We thus made it there with 8 F-15s and all 8 aircraft were checked out as SAGE capable.

Capt. Sakamoto initiated our missile firing program by shooting down the drone on his first pass. He was later joined by Capt. Haldeman to enter the ranks of drone killers.

We met all of our training objectives and made it home with eight because of the untiring effort of our supply and maintenance personnel. Sgt. Kalani flew from Hawaii to hand carry three parts needed to repair two aircraft. He arrived at 9 p.m. the night before we were programmed to redeploy home. Our personnel (TSgt. Henry Machado, SSgt. Rolf Oudraad (Hyd) and Sgt. Noel DeMello (R&R)) sacrificed paying their bar fines and worked and fixed aircraft until 4 a.m. of the morning of our departure. It was humid, hot and hard work...but it was also refreshing to appreciate another culture. Besides San Miguel, sightseeing and shopping, we proved to ourselves that we can work effectively in a deployed posture.

Our next challenge is already here: Sentry Tigre X marks an anniversary period of excellent dog fighting and comradery between the Tucson and Hawaii Flying units. Because of the cracked wing problems with their A-7s, the Los Tigres unit brought four F-16s for this year's engagement. Coupled with Marine F-18s and the Navy's A-4s we expect to have another world war scenario deftly developed by Hitman Balthazar.

MANDATORY DIRECT DEPOSIT

The military pay mandatory direct deposit program for all Air Force personnel is in the final stages of development and coordination. The Air National Guard must also implement within 120 days, after approval of this directive which is approximately Sept. 1, 1989. Finalized direction will be provided as soon as possible including waiver approval guidelines by the Comptroller Office as soon as it is received.

JUNE UTA PAY CHECKS

Pay checks for the June 10-11, 1989 UTA should be dated June 23, 1989.



Crewchief from the 162nd TFG, recovers his F-16 after a grueling mission with the 199 TFS. Photo by, MSgt Ron Biho, HIANG.

CHECK SIX

by Lt Brad Sakai

Aloha, or should I say Mabuhay! to all the returning personnel who participated in Combat Sage in the Philippines. We took 8 jets up, flew the hell out of them, and brought them back. That right tells you the kind of people we have working for the Guard. Everyone did an outstanding job.

The 154th CAMRON is to be commended for the long hours they put in to keep all the jets flying while still maintaining a high spirited atmosphere. The inspectors who worked with us at Clark AB were really impressed with this and the attitude we all had throughout the two weeks we were there.

A statement made to the inspectors by Sgt Tokoro during the first few days we were in the Philippines summed up why the Guard is so good, "We're here to learn everything you have to offer". Our jets, although older, are rated right up there with Kadena's and other unit's newer jets in all areas of operation. The inspectors even compared our Combat Sage firing scores and flying rate to that of William Tells scores (the SuperBowl for fighter pilots); we were right right up there with them.

The pilot's main goal during the missile firing was not only to shoot down the drone but to challenge the edge of the missile's envelope, something other units don't do. There's a lot of data on how effective a missile is if shot in the heart of the envelope (which means the parameter where a missile will have the best chance of hitting and blowing up a target), but not enough data on shots taken on the missile's edge of the envelope. The 1st Test Squadron at Combat Sage was extremely impressed with this, because not only do we get good training and a lot of questions answered about minimum and maximum effective ranges of the missiles (which is the edges of the missile's envelope) but so does everyone else in the fighter pilot community. What a feeling to finally see a missile come off your jet and guide toward the drone! An awesome sight, especially if it was your first time shooting a missile! This missile exercise allowed the pilots the opportunity to see a missile fired during

cont'd on page 7



SEXUALIZING THE NON-SEXUAL

The various difficulties men and women have in working together grows from behavior which is the opposite of trust: sexual harassment. One of the major causes of harassment is how we learn to express emotions.

Starting with little children, boys and girls are teased for being friends ("Johnny has a girlfriend!"). Though some people are strong enough to resist this sexual hint, most give in. The most common response is to drop the relationship. The second common response is to make the hint true, to make the relationship sexual.

Dropping the relationship means that most people have few friends or colleagues of the other sex. It means that adult women and men avoid working together for fear of "What will people say?" This prevents women and men from developing the skills of friendship, of comfortable non-sexual interaction.

The second response is to believe the myth and make the relationship sexual. This means that if women and men have warm feelings towards each other, that these feelings become confused. With a member of their own sex they would easily recognize this as friendship. With a member of the other sex, they may misinterpret these friendly feeling as sexual attraction. Acting on this confusion, they may even start an affair. Sometimes such affairs are entered into in a spirit of politeness. Sexuality does exist in the work place, but starting affairs to be polite is taking things to far.

Thus the groundwork is laid for sexual harassment. Women and men have not been given permission to practice the skills of working together. They have been taught, instead, that ALL male-female relationships are sexual. Sexual harassment may be a logical outcome. We are fortunate that this outcome does not happen as often as it could.

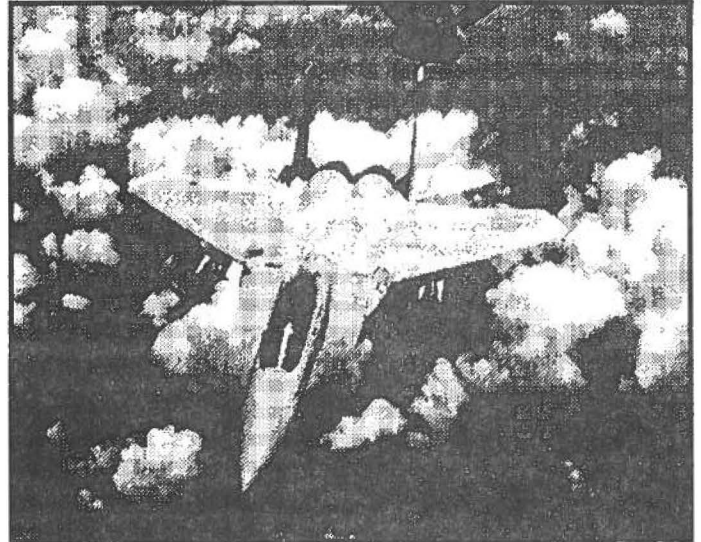
When the pattern of expressing non-sexual emotions through sexuality is exaggerated, it can cause real trouble. This is how it happens. A child (male) is forbidden to express emotions such as fear or anger, specially toward women. Yet, he feels these emotions. Such a child finds that the door to sexual expression is wide open. As a result, the fear or anger comes out in a sexual way.

This expression is the beginning of many major problems. An example is rape. There are many kinds of rape. One is "rage rape", the expression of rage toward all women or one particular woman. Appropriate expressions of anger, which starts with words, may lead to blows, may even lead to blowing off the target's head. But sexual intercourse is not part of the process — So angry at someone that you want to make love to them? For this event to take place another part needs to be added. That part is sex and violence. In the American culture

sex-and-violence is a hyphenated word.

Just so, this is the beginning of Sexual harassment. A man with little experience working on the job with women may respond to a woman's presence with friendliness, curiosity, suspicion, envy, anxiety, hostility.... He may express any or all of those sexually — if he has no other skills. If his sexual advances are rejected, he will experience hurt feelings, rejection, and anger — all still to be expressed sexually. If he has personal power, or the power of tacit social support for his behavior, she can't stop him. Presto: a case of sexual harassment.

(From "Sexual Harassment the Underlying Dynamics" By Amanda J. Smith)



HIANG's F-15 being refueled by the 161st ARW, Phoenix's KC-135 during Sentry Tigre exercises.

Photo by: MSgt Ron Biho

Next UTA JULY 15-16

KUKAILIMOKU

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Phone: (808) 449-7750

Commander: Col. John S.W. Lee
Public Affairs Officer: Capt. Stan Osseman

STAFF

Editor: Sgt Gaye Sakamoto
Illustrator: Tsgt George Galasinao

Pastor's Perspective

by
Chaplain (Capt)
Robert Nagamine



This past Memorial Day's service at Punchbowl was a special event. It was an occasion dedicated to those who had served their country and had died with this distinction. A total of approximately 50 organizations were involved in the service. Among them were: the Boy Scouts and Girl Scouts, public and private schools, the Army Guard and our own Air Guard.

The fly-by was performed by our pilots and F-15s. Although it was a salute to all who had served in the military, it was a special salute to the Air Guard's personnel who had passed on. Their contributions to the Air Guard have made the Hawaii Air National Guard the unique and special organization it is today. We remember these people and give them a special salute.

In further reflection on this year's Memorial Day service, two thoughts come to the forefront. First, because we place great value on our freedom, we really appreciate those who have fought for freedom and those who have preserve it. Second, let's pray for the situation in China. With all of the confusion and turmoil in China, China needs God's help. Pray that someday peace and democracy will reign in that country. Let's be reminded that God is against those who oppress people. I believe that the same God who opposed the Pharaoh (from the Exodus of the Old Testament) for oppressing His people is once again crying out: "Let my people go". So, pray for China. Also, let's continue to strive to be understanding and considerate of the people we work with so that little "pharaohs" will not appear in our land.

May God grant you grace and wisdom, as you serve our great country.

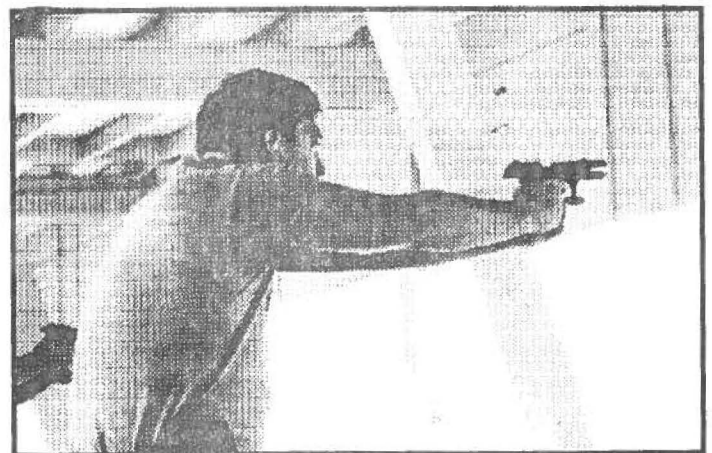
FOR THE FAMILY

SECURITY FOR FAMILIES

If you were mobilized today, would your spouse or family have access to important papers, documents or valuables? Some people place their valuables all around their home while others store them in a well organized fashion. In the event of an emergency, can your family locate your valuables? If you died, would your family know exactly where your important documents are? If your home was burglarized, would your valuables be well protected? If your home was to burn down, would you have any valuables left? The point is that it would be wise to place your important papers, documents or valuables in a designated, accessible and safe place.

One place you may store your valuables is in a safe deposit box. Most banks provide these boxes for a small fee. Your valuables will be safe and accessible. Here are some of the things you may want to store: birth certificates, marriage certificate, wills, saving bonds, stocks, insurance papers, deeds, contracts, annuity papers, jewelry, or whatever you consider valuable enough. Whatever you decide, I hope that your valuables will be stored in a well designated, accessible and protected place.

I hope that the above information will help you plan better because I know you care about your family. If your spouse or family member care to join me in helping families, he/she can join a family support group. All he/she needs to do is call me, Chaplain Robert Nagamine, at 449-9153, 955-3431 or 947-5008.



TSgt Robert DeCoster of the 154th SPF demonstrates the proper "form" during the 7th Annual Police Week Pistol Match. The HIANG Team took 6th Place. Photo by: Sgt Gaye Sakamoto

HNGEA NEWS

By SSgt. Jan DeRego

Twelve official delegates will be attending the 18th Annual EANGUS Conference on August 27-31, 1989 in Reno, Nevada. There are a few seats left for members interested in catching the hop over to Reno. July 7th is the deadline for names to be submitted to MSgt. Wayne Soma, Hawaii Delegation Chairman - 449-6986.

The HNGEA has established a medical I.D. card called the "Kupuna Alert Card". It is a medical identification card for grandparents and/or Senior Citizens who are stricken with illness or in the case of emergency. It's at no cost to the HNGEA member. More information will come out in the July issue of the "Puali Koa" newsletter. The "Keiki I.D. Club" card is still in existence. It's at no cost to the member also.

The Scholarship Committee will be meeting July 16th to select recipients for this year's 1989 \$1000 Scholarship Award. Awardees will be announced in the July issue of the "Puali Koa".

Mark your calendar—for the 17th Annual HNGEA Business Meeting and Banquet to be held on the Big Isle. The chairpersons are CSM Mitsuo Hasegawa (ret) HIARNG and TSgt. Donna Hara, HIANG.

Support the HNGA Benefit Concert to be held at the Waikiki Shell on July 2nd. Members purchasing tickets should indicate on your ticket purchase form that you're a member of HNGEA.

Lastly, next HNGEA Council Meeting will be held on July 8th at the 201CCGP Conference Room. The Council sends our sincere appreciation and gratitude to CMSgt. George Sato, HIANG Senior Enlisted Advisor for his dedication and support rendered to HNGEA....Have a nice day.



JOB VACANCY ANNOUNCEMENTS

The 293 Combat Control Squadron, Hickam Air Force Base is looking for a Unit Training Manager. Applicant must possess a 5 skill level in any AFSC. Contact MSgt. Iris Kabazawa - 449-7794 for details.

The 154 Consolidated Aircraft Maintenance Squadron Training Office has an opening for an Administrative Specialist. Experience preferred. Contact TSgt. Carol Keanini at 449-5961 or MSgt. Iris Kabazawa 449-7794 for details.

THANKS TO OUR GOOD SAMARITANS

A special thank you from the Institute of Human Services (IHS) goes out to SMSgt. Richard DeVas and members of the Hawaii Air National Guard. These good samaritans volunteered their valuable time and support at the Peanut Butter Festival and Super Jam fundraiser for the homeless which was held on Sunday March 19 at the Aloha Tower. Approximately \$20,000 was raised to help Father Claude DuTeil of the IHS to continue his good work.

The HIANG contributed a great deal to the positive results of the benefit, which not only raised much needed funds, but also helped to bring the severity of the homeless problem to the attention of the public and private sectors.

HANG RECRUITMENT

Hawaii Air National Guard AROUND THE FASTEST CROWD IN TOWN: All you happy members out there. We need you to do your friends or family a favor. So that they too can HANG AROUND WITH THE FASTEST CROWD IN TOWN. Tell them about the many opportunities in the HAWAII AIR NATIONAL GUARD. As you know membership comes with free college, BX and commissary privileges, and free space available travel on military aircraft anywhere in the United States, just to name a few of the benefits.

Currently we are looking for people to fill the following AFSCs

**MACHINIST
JET ENGINE MECHANIC
ARMAMENT SYSTEMS
HEATING SYSTEMS
MEDICAL SVC
AVIONICS
FUEL SYSTEMS
GRAPHICS
FOOD SERVICE
MEDICAL ADMINISTRATION
FLIGHT LINE
MUNITIONS SYSTEMS
POWER PRODUCTION
FREIGHT TRAFFIC**

The HAWAII AIR NATIONAL GUARD will train people for these positions or we will be more than happy to accommodate people who are already qualified.

We urge you to call the following for more information or better yet, with your personal referral. Hawaii Air National Guard recruiting office - 449-3835.

CAMS

News & Views

BY MSGT FRED M. HIGA, JR.



Hi again folks. Here we are, the month of June, and only three months to go this fiscal year. We just completed a successful deployment to Clark AB in the Philippines, and from all reports so far, everything went well. According to LTC Melich, our maintenance people did an outstanding job in aircraft maintenance, insuring our aircrews had mission ready aircraft capable of 'fighting the war' in a whole new environment. Overall, it was a good deployment, with our maintenance troops eager for the next 'PI' trip...If anyone has been promoted recently and wants to throw a promotion party, contact LTC Mick Melich and/or LTC Bruce Minato. Due to their recent promotions, they will be planning a party, possibly during the August UTA, and they invite anyone who has been promoted to join them in putting it on. Flyers are forthcoming so keep your eyes and ears open....And speaking of promotions, congratulations to the following on their recent promos:

David Paahana	SMSGt
Peter Espiau	TSgt
Andrew Keaunui	TSgt
Victor Saclot	Sgt
Randy Solomon	Amn

Congrats are in order for former CAM Sq UCA Faye-Starr Melemai on the birth of her 6 lb 11 oz son in March...Training Manager TSG Carol Keanini welcomes SSG Randy Casaquit to her office as he replaces Sgt Chris Williams as an ADMINISTRATOR person...Welcome aboard goes to temporary hire Rochelle Flores as she recently started work for the Engine Shop as their ADMINISTRATOR person...The C-130 Flight again welcomes SSG Eleonore Lawson to their working force as she assumes a temporary position to assist in the transition from the C-130A to C-130H aircraft. MSG Ray Bermudez is waiting anxiously for the new airplane as it has been many, many months of training, inspections and hard work for his entire flight. CMS Ken Morimoto, MSG Jim Yamamoto and TSG's Takao Wada and Preston Ares are performing an acceptance inspection on our new airplane (79-0478) at Charleston, West Virginia, and hopefully, if everything goes well, we should have OUR new C-130 on Sunday, 18 June. 'Berma' invites all to come out and greet the new aircraft. In fact, the West Virginia Guard will be here from 11-25 June to support some Army units here. Hands-on-training may be in store for our part-time folks as we may be able to work alongside the C-130 'experts'..... SSG Terence Masuda and his wife on the last leg of their European vacation. Must have been weeks since we last saw him here. Hope we get all the scoops and pictures...The welcome mat goes to MSG Larry Rosen of the 142FIG (Oregon ANG) as he gets hands

on training with our Avionics folks...Best wishes and good luck goes to MSG 'Pete' Espina as he contemplates retirement the end of this month after some 40 years with the Guard. You'll surely be missed by all of us...Would like to congratulate the PAO people on the outstanding KUKAILIMOKU issue put out last month. The 'NEW' computer toy you all have makes all of our articles look terrific. Well, gang, that's all for now, so til next issue: "To succeed, don't learn the tricks of the trade; learn the trade!" (author unknown).....fhiga

CHAPTER 18 ANG NCOAGA NEWS

A big MAHALO goes out to the people listed below who helped make the American Cancer Society's Annual Bank Night a success:

Melvin Ige, Melvin Taira, Douglas Awana, Melvin Wong, Kenichi Sonan, Kenneth Morimoto, George Padilla, Thomas Hirao, James Akamine, Renee Tavares, Gaylen Redoble, Melvin Enoki and Gay Ross.

The semi-annual general membership meeting is right around the corner, in July. Look for the flyer in the mail.

Summer projects ahead... We will be working with Easter Seals on projects at Safeway Stores. For more information, contact Gay Ross-449-5545.



154 Civil Engineering Squadron

WHERE'S THE BEEF?

By CMSgt. Rod Correa

Six enlisted members of the 154 Civil Engineering Prime BEEF (Base Emergency Engineering Force) Squadron recently returned from the Heavy Equipment Warskills Proficiency Training program which was held at Nellis AFB, Nevada. This was the first time the 154 CES attended this intense training program of one full week on the latest Air Force Construction equipment, including Rapid Runway Repair (RRR) techniques.

Sgt. Darren M. Atabay of the engineering squadron was selected as the Honor Graduate among sixteen seasoned heavy equipment operators nationwide. Sgt. Atabay excelled in all phases of equipment operations. Well done Darren!

Ten other 154 CES members are scheduled for this training during the remainder of the summer months. Considering the location of this training, all returning equipment operators are stating their intentions to reapply for this valuable training.

CHECK SIX , cont'd from page 2

peacetime and not for the first time in war.

A lot of learning take place, as for myself, I'll never forget the sequence of events that occurred during the missile launch i.e.; the sound of the missile; the feel of the jet at launch; the time it took the missile to fire from my initiation and just how fast the missile actually went (a lot faster than I expected). This experience will stay with me forever (or until the next live missile fire) along with the comraderie among the pilots and other Guard personnel during the two weeks in the Philippines.

In closing, I'd like to take this time on behalf of myself and the other pilots, to thank all those responsible for the outstanding work done on the jets and missiles. Their dedication made it possible for the pilots to witness an actual firing of a missile after hundreds and for some, thousands of hours spent simulating firing missiles.

DRESS AND PERSONAL APPEARANCE OF AIR FORCE PERSONNEL - BASIC PHILOSOPHY AND ENFORCEABILITY

The Air Force philosophy is that the uniform will be plain, distinctive, and standardized.

Individual pride in one's personal appearance and wearing the uniform greatly enhances the esprit de corps essential to an effective military force. Therefore, it is most important for all members to maintain a high standard of dress and personal appearance.

The four elements of this standard are neatness, cleanliness, safety, and military image. The first three are absolute, objective criteria needed for the efficiency and well-being of the Air Force. The fourth, military image, is subjective, but necessary.

The American public and its elected representatives draw certain conclusions on military effectiveness based on the image Air Force members present. The image must instill public confidence and leave no doubt that service members live by a common standard and respond to military order and discipline. Each member has the responsibility to maintain an "acceptable military image", as well as the right, within limits to express individuality through his or her appearance.

Members will wear only the uniform items prescribed by AFR 35-10. Personnel who violate the specific prohibitions and requirements of this regulation will be prosecuted under the Uniform Code of Military Justice (UCMJ) or may be subject to appropriate administrative action.

Commanders do not have the authority to waive appearance and grooming standards except as identified in AFR 35-10, table 6-1, line 1.

NEW UNIFORM IN SIGHT, BUT EXPENSIVE NOW

Deadline for KUKAILIMOKU SUBMISSIONS IS 1200 Hrs on UTA Saturday!

SHOTLINE

BY 1LT ADELE ARCANGELI

Although everyone at the 154 Tac Hospital has been busy with preparation for the Health Services Readiness Inspection, about 15 personnel took some time out to help with the Special Olympics. It was a great opportunity to work with the special people with more determination and courage than most of us have. It was a lot of fun and hopefully those that missed out on the opportunity this year will volunteer to help out next year.

HEALTHFUL HINT: "Exercise Becomes You"

It has been said that exercise is the closest thing we have to an anti-aging pill. Regular exercise can:

- help you feel less stressed (by reducing feelings of frustration, anger, tension, depression and/or boredom).
- help you get down to and maintain an ideal weight
- help strengthen your bones
- help improve your "mental muscle" (concentration)
- help reduce your risk of heart disease, diabetes and possibly colon and breast cancer
- help keep your digestive system in good working order
- help you look and feel great!

Simple brisk walking is perhaps the best all around aerobic (fat burning and heart training) exercise because you've been a pro since age one. It requires no special equipment and it's easy to stick with since there is virtually no risk of injury. So make it a habit to go for a brisk 30-60 minute walk every day before breakfast or dinner. Its guaranteed to work miracles!—Hope Newsletter

HNGEA CONCERT

The Hawaii National Guard Association needs your support to make it's first concert on July 2, 1989 a success. All Hawaii National Guard officers and enlisted personnel are invited to participate in a ticket sales contest. First prize is a trip for two to Kauai, compliments of Oahu Travel, which includes plane fare, an overnight stay at the Poipu Sheraton, and a Rent-A-Car. Second Prize is a trip for two to an island of your choice, sponsored by Hawaiian Airlines. Third prize is two \$20.00 concert tickets, sponsored by HNGA.

For more information, see your unit supervisor for details.



L-R TSgt Gary Momohara, SSgt P.J. Lindhal, & MSgt Owen Iha, Photo by: MSgt Ron Biho Story by: SSgt P.J. Lindhal

BORN TO RUN

Sunday, May 7, 1989, may have seemed like just another drill weekend for most, but for eight Guardsmen it was different. We had trained long and hard for this morning. Our mission was to run the Lincoln Nebraska Marathon.

As we moved to the starting line we kept in constant motion. This was not from pre-race jitters, but for fear of being frozen in our tracks. At last the gun sounded and we began the 26.2 miles of soul searching questions like: Why?, Did I train enough?— on and on.

The Lincoln Marathon was the trial for the 50-member All Guard Marathon Team for the sixth straight year. Of all the participants in the marathon, the National Guard was the largest group with some 385 strong, representing most of the 50 states and U.S. possessions.

All of Hawaii's National Guard Marathon eight-member team finished the marathon in under four hours! We completed the Lincoln Marathon strong, proud, and united. The team consisted five Army Guardsmen and three members of the Air Guard. Representing the Air Guard were: Owen Iha, 154 Mission Spt. Flt.; Gary Momohara, 154 RMS/AC; and PJ Lindahl, 154 COMPG/SEG.

The All-Guard Marathon Team will have two representatives from Hawaii this year; Lynn Kuda, Army Guard and PJ Lindahl, Air Guard. Lynn and PJ were the third and sixth overall Guard women finishers, respectively, and will be members of the 10 woman All-Guard Marathon Team. They will be running in the Marine Corps Marathon in Washington D.C. in November.

1989 SOFTBALL TOURNAMENT

by CMSgt. Cornwal S. Matsusaka

Two-hundred and forty-four Hawaii Air National Guard (HIANG) members have signed up for the 1989 HIANG Central Softball Tournament. All are eager to get started. Some teams have been practicing hard while others have not...but all have assured me that they are ready for the tournament. Team managers and players welcome all to come out and cheer your unit to victory. The 10 team, 18 game, double elimination tournament will be held at the Earhart Village Park (Area 61) from June 30 to July 2, 1989. The four top teams will represent Oahu in the HIANG State Softball Tournament during July 29-30 at Waimea Valley Park, Kauai HI.

Note: Anyone in need of a fielder's glove may sign-out for them free of charge. Gloves will be issued on a first come, first serve basis. See CMSgt Cornwall Matsusaka, HQ 154 COMPG, Building 3400, Room 211, from 8:00a.m.- 4:00p.m.

VOLUNTEERS NEEDED....

Volunteers are needed on Saturday, June 24, 1989 for the MacDonald Fun Run at Mililani High School from 5:30a.m.-8:30a.m. as course marshalls. For more information, contact MSgt. Wayne Soma -449-6986.

Anyone interested in being scorekeepers for Women's Volleyball on June 24, 1989 at the Kamehameha High School Gym should contact SSgt. Jan DeRego at 449-0602.

SPORTS

The HIANG Women's Volleyball is progressing on schedule... we have enough players for 4 teams.

"A" Team - 199 TFS/154 COMPG

"B" Team - 154 RMS/MSF/TAC HOSP/201/HQ HIANG

"C" Team - 154 CAMS/169 ACW SQ

"D" TEAM - GSU's

The tournament will be held on June 24 at 9:00 a.m. in the Kekuhaupio Gym at Kamehameha School. Come experience a day in HIANG athletic history!