

War God Of King Kamehameha I • 154 COMPG

Vol 33, No. 2

Hickam Air Force Base Hawaii February 8, 1987

"RADS"

RAPID AREA DISTRIBUTION SUPPORT (RADS) TEAM

If you're wondering who those hard working mainland blue suiters are running around the Resource Management Squadron, they are regular Air Force supply and transportation personnel sent to us by AFLC to help with the F-15 conversion workload. Their talents and hard bodies have been used in receiving, inventory, storage, war readiness spares kits, document control, cargo traffic management, bench stock, delivery, requisitioning and stock control. At one point in time, before the team got here, RMS had a backlog of approximately 190 pallets, each filled with equipment and supplies which had not been checked in. Through a lot of hard work and hustle, the team has brought the backlog down to a manageable 9 pallets and proven that they are indeed an elite corps of logistics people. If you see people with the following name tags walking around, say, "Hi", and "Thanks"! They are doing a fantastic job keeping the Logistics part of the F-15 conversion on schedule:

MSgt Lanoy Cross TSgt George Konieczny SSgt Fred Deerwester SSgt Angel Colon SSgt Mark Smith SSgt Bobby Balingit SSgt Lonnie Davis Sgt Scott Hudson Sgt Susan Clough SrA Wayne Wittkopp

SENTRY TIGRE - Concludes For Story and photos see Page 5

COPE CANINE

Cope Canine, a Joint Military Air Defense exercise, will be conducted in and around Hawaii February 6 and 7. People and equipment from the U.S. Air Force, Navy, Marines, Coast Guard and Hawaii Air National Guard will participate in the exercise.

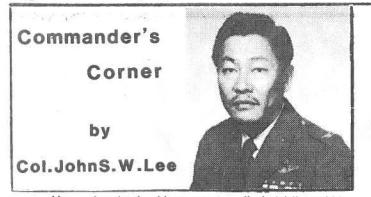
Cope Canine, a U.S. Commander in Chief Pacific Command sponsored exercise, is planned and coordinated by the 326th Air Division and will test the capabilities and readiness of the 326th Air Division, the HANG and other military units to respond to simulated air attacks.

The 326th Air Division headquartered at Wheeler AFB is responsible for directing and evaluating air defense activities during Cope Canine. Exercise activities will be held in designated training areas north and south of the island of Oahu.

Three Navy ships will provide seabased anti-air missile support during the exercise.

Participants in this exercise will also include the 154th Composite Group, 169th Aircraft Control and Warning Squadron, 150th ACWS, 199th Tactical Fighter Squadron, 15th Air Base Wing, and 9th Airborne Command and Control Squadron. Also, the 92nd Bombardment Wing, Fairchild AFB, Washington, 962nd Airborne Warning and Control Squadron, Elmendorf AFB. Alaska, 6924th Electronic Security Group, Wheeler AFB, and the Air Force Reserves' 419th Tactical Fighter Wing from Hill AFB, Utah and 940th Air Refueling Group from Mather AFB, CA.

Other units include Patrol Wing-2 and Fleet Composite Squadron-1 from Naval Air Station, Barbers Point, Coast Guard Air Station. Barbers Point, Marine Aircraft Control Squadron-2 and units of the Marine Air Group-24 stationed at Kaneohe Marine Air Station. This exercise will help in sharpening our skills in our continuing Air Defense mission for the state.



We started the year "right" with exercise Sentry Tigre which put us in the right groove for intensive dogfighting. To culminate our Sentry Tigre exercise, our personnel put up a mouthwatering luau feast for our Tucson guests and also for our friendly adversaries from the 15 ABW T-33 section and the Navy VC-1 aircrews. A lot of hard work was invested by our personnel with a paid dividend from the shared enjoyment for the evening's festivities.

While the Arizona A-7s have left, the Reserve F-16s from Hill AFB, Utah will be here for two more weeks and the air combat missions against them have been sterling engagements; it gets your attention when the F-16 comes right back at you from a 9 G turn. Also, arriving here from Iowa were four A-7s from the 185 IFG; we will have a few missions with them next week.

Leaving during the latter part of this month for F-15 training are Colonel Kunichika, Lt Colonel Hong, Major Pawling and Capt Wakeman. The four pilots will be training at Tyndall AFB, Florida and should be back by mid-May. The conversion is in full swing and we expect our first two HANG F-15s to arrive here on Tuesday afternoon, 10 March; welcoming а celebration is in the planning stage at this time under the chairmanship of Capt Lordy Dowson, 199 TFS. This may be the Year of the Rabbit to many but for us, this is definitely the Year of the Eagle.

UNIFORM TIP

Uniform must be clean, neat, correct in design and specification, fitted properly, pressed, and in good condition (that is, not frayed, worn out, torn, faded, patched, and so forth). Uniform items are kept zipped, snapped, or buttoned, including pockets. Shoes are shined and in good repair. Ribbons are clean and not frayed. Badges, insignia, belt buckles and other metallic devices are kept clean and free of scratches and corrosion. Chrome-like buckles and belt tips are authorized for optional wear. (CBPO, Personal Affairs Section, 449-5669)

AF OVERSEAS RIBBON

Effective immediately, all Air National Guard (ANG) personnel serving as of Jan 6, 1986, who have been credited with an Air Force overseas tour, are entitled to the award of the Air Force Overseas Ribbon. Individuals who were credited with both a long tour (tour length of 18 months or more) and a short tour (tour length of less than 18 months) are entitled to wear both ribbons. Subsequent awards for either ribbon are indicated by oak leaf clusters.

Individuals who performed temporary duty (TDY) at an overseas location are also eligible for this award, provided the following requirements have been met:

1. AF Long Tour Ribbon - must have served a cumulative total of 365 days within a consecutive 3 year period.

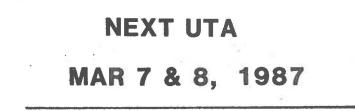
2. AF Short Tour Ribbon - must have served a cumulative total of 300 days or more within a 15 month period.

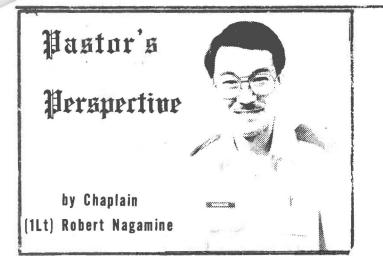
Supporting documents, in the form of special orders assigning you to and from the overseas location and/or DD Form 214, must be presented to the CBPO, Personal Affairs Section, before the AFOR is awarded.

Eligibility applies to those who were on board as of January 6, 1986. The AFOR will not be awarded to prior service individuals who enlisted or were appointed after the above date, nor is it awarded when the overseas tour was recognized by another service medal.(i.e. Army of Occupation Medal (Berlin), Vietnam Service Medal)

Members participating with project Creek Klaxon, Ramstein AB, Germany for a tour length of 6-18 months, are eligible for the Air Force Overseas Short Tour Ribbon. Members must provide the CBPO, Personal Affair Section with a copy of their orders so that their personnel records are updated.

Questions regarding the eligibility requirements should be directed to the Personal Section, SSgts Sing or Phillips, 449-5669.





Valentine's Day is just around the corner. This will be a special day for us. There will be many expressions of love given and received. It will be a great time for the world around us, for our world can always use a little more love.

Valentine's Day can be celebrated by everyone. It is basically meant for sweethearts, however we also can use it as a time to recognize those whom we love and appreciate. They are not hard to find. There are many people who love us and genuinely care for us.

My thought for this occasion is this: it is difficult to accept the idea that sometimes we hold back in loving people; but it is much more difficult to accept the idea that when we want to show love, the opportunity is no longer there. Let us not take those whom we love for granted. Let us take the opportunities we have to show our love to them, not just on Valentine's Day but everyday that we have with them.

May we experience more and more each day how much God loves us and really cares for us. May God fill us with His everlasting love.

SAFETY NOTES: "Awareness"

You can't really wrap safety up in a neat little package that covers everything from A to Z and all the variations inbetween. However, you can cover a lot of territory with just four words. They are:

INSPECTION...not just before a big cleanup drive or top level once-over, but be on the lookout all the time for hazards.

DETECTION...be conscientious and knowledgeable enough to find out what you're looking for.

CORRECTION...correct what hazards you can and report those you can't.

PROTECTION...that's the payoff. That's why you put safe habits and attitudes to work for you.

Furthermore, with just one word, you can summarize all of the above...this word is AWARENESS. Ever wondered why too many hazards are reported after an accident has happened? That's right, AWARENESS...and hindsight. To make it really work for you, use AWARENESS with a little imagination and foresight.

HAWAII NATIONAL GUARD



The President goes snorkeling....Nancy McDowell, President of the EANGUS Women's Auxiliary Association visited the state last month.

She and her husband CSM Donald McDowell, Ohio Army National Guard, combined business and pleasure by going snorkeling at Hanauma Bay. Although they visit the islands frequently, it was her first time underwater. She was simply thrilled.

Nancy also met with some wives to try to establish a local chapter for our state. The National Body has about thirty-five states represented. These ladies/wives are really the hard working and least recognized branch of our National Enlisted Association. So if you get a call to serve, don't say "I can't".

Dues are Due - Get your CY '87 dues paid up before it's too late. Membership drive cutoff date is August 31. E1-E4-\$4 E5-E6-\$6 E7-E9-\$8. Send check or money to TSgt Alfred DeRego, 154 CAM SQ.

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* STAFF	¥					
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Welcome back to good old Hickam AFB, gang. It's time we all rolled up our sleeves as F-15 time is almost upon us. We have many of our CAMRON people in schools and acceptance training, not to mention hands-on-training at various locations on the mainland. All eyes will certainly be on us, the Hawaii Air National Guard, as we embark upon a new era in fighter aircraft. I'm sure we're up to the task and to prove CAMRON is truly "No Ka Oi!"

Now to the news..welcome back goes to AlC Cesar Pudiquet of Missile Shop who returns from tech school at Lowry AFB, Colorado. Must be cold up there, right Cesar? Congrats go to Tsgt Gary Mau who returned an honor grad from the 'precision measurement equipment laboratory specialist' (PHEW!!) course, also held at Lowry AFB. Chief Hiroshi Go must be running out of room, what with all the honor grad letters coming through. Good show, Avionics.

SSgt Bernie Pharr smiling these days as she welcomed SrA Roxanne Williams into the admin office as a temporary hire. Roxanne is on loan from the age shop. Good luck to Roxanne as she is expecting 'twins' very shortly.

Congrats to SSgt Carol Keanini who has been hired as MSgt Ignacio Gabriel who retired as a technician in January. 'Gabe' has graciously decided to stay on til May, helping Carol in sending our people off to various schools for F-15 training. Much thanks Gabe.

Good luck to TSgt's Kyle Kamikawa, Melvin Matsushima and Miles Okihiro who are the newest students at Lowry AFB. TSgt's Gary Fujii and Ron Lee and Sgt Jay Nishimura will be departing about Febuary 9 for Lowry AFB for F-15 precision measurement training. TSgt Ivan Adaniya and Sgt Theodore Salmon depart for training at Lowry AFB on Febuary 25.

Welcome goes to AlC Greg Hrivnak (silent 'H') who has joined the avionics folks in the TITE Station. Greg'll be off to BMT in April and then will attend tech school at Lowry AFB. He'll be returning in January 1988. Enjoy the weather Greg.

Fuel shop welcomes Sgt Roger Fernandez as their newest comrade. If the name sounds familiar, that's because Roger's brother is Sid Fernandez, star pitcher for the New York Mets. Welcome aboard Roger.

Good luck to TSgt James Akau and Sgt Gordon Lau of Egress shop as they do their stint at Creek Klaxon in Germany. Should be back in March.

Good luck to TSgt Alfred DeRego who has been selected to head the R&R Shop in Field Maintenance. Congrats!! Field Maintenance Chief Dave Pontes will be off again for another conference the end of February in Atlanta, Georgia. TSgt Craig Arakaki and SSgt Dale Zuttermeister will be off to 'HOTS' training at Holloman AFB, New Mexico. And off to Composite Repair School in Chanute AFB, Chicago is SSgt Allen Kimura. Don't forget your long johns.

Getting ready for the F-15 aircraft means a lot of hustle and bustle, with tools and equipment being delivered almost daily. According to SMSgt Ken Camara, all this means is everyone should have no problems passing their physical evaluations this Sunday.

Much Aloha and Mahalo goes to MSgt Dave Leong of Engine Shop as he has already sold 130 'kiawe chicken' tickets by himself!!!Right on Dave!!!

Congrats to proud dad TSgt Norman Eclarin and wife on the birth of a 9 lb baby girl. CMSgt Ken Iinuma reports her name is too long for this newspaper article. maybe next time we'll get it.

Weapons shops will be off to 'HOTS' training at Holloman AFB for their weapons training. Good luck guys. And good luck also to SSgts Craig Makiya, Miles Moriyama and Douglas Pilares as they also perform their duty at Creek Klaxon, Germany. Hope they all took to warm clothes too.

This month's article is very limited, due mainly to my TDY to New Orleans and Atlanta for the next 10 days. My thanks to Major Shimomura and staff for typing the article for me in final form.

And finally.... "Knowledge is of two kinds; we know a subject ourselves, or we know where we can find information about it. (Samuel Johnson)...

Til next issue...FHIGA



In January, the 154 COMPG and the 162 TFG Tigres from snowy Tucson tackled our most ambitious Sentry Tigre yet. For many, this was the last of a series. Several of the A-7 pilots are retiring, and won't be back. And, of course, this was our last chance to fight the Tigres with the F-4. They didn't make it easy! (They never do, that's why we like to fight them!) The A-7's rolled in sporting brand new AIM-9M Sidewinder missiles, an even more capable model of our AIM-9L heat seeker. This gave the Tigres their first chance to shoot us in the face. Their excellent defensive equipment (Radar Warning Receiver and Chaff and Flare dispenser) made them even tougher to conquer and as our adversaries get tougher, we get better.



This year, we didn't always fight the A-7's. We started on the same team, and attacked the USS Kitty Hawk and its Battle Group as it steamed by south of the islands. This was part of the Varsity Scrimmage exercise, which also included USAF Reserve F-4D's from Oklahoma; Navy A-4's and P-3's from Barbers Point: Marine A-4's and F-4's from Kaneohe: T-33's from Hickam: KC-135, KC-10 and KC-130 tankers; two Navy ships and a submarine (the USS Honolulu), all going against the carrier with its escort ships, F-14's and attack aircraft, and all controlled by Marine Air Weapons Controllers working out of the 150 ACW at Kokee. The simple part was reaching out

300 miles and attacking the carrier group with the long range A-7's. The hard part was coordinating all the flight plans so that none of the 30-40 airplanes flying in and out of Hawaii airspace would trigger an actual Air Defense Scramble from the Alert Pad. Thanks to thorough planning by 326 AD and the 169 ACW, and close cooperation by Navy, Marine, Guard and Reserve aircrews, not a single scramble occurred: a record for recent Navy exercises!



The rest of the week, we fought the Tigres as hard as ever. The hardest part was going to war on Monday morning, right after drill weekend. We had to do that to take the best advantage of this training opportunity. Those of us who flew Monday want you to know we appreciate all the work done to support the missions. The training we received was well worth it! There is no annual training deployment this year, so this was our only opportunity to fly in a big war scenario. The sorties were in " big demand, and usually went only one to a customer. Next year, however, we hope to schedule better with the Tigres, and take a day off before we go to war with our Eagles against the A-7's and the new F-16's they will bring with them. We can fight them in our sleep, but if the party is anything like the outstanding program put on this year, we'll all need rest.



DIRECT DEPOSIT

The procedures to replace military pay checks (ARPAS and JUMPS) due to nonreceipt, loss, theft, destruction or mutilation have been changed by the Treasury Department.

Our current procedures require us to forward a completed AF Form 326, Request for Replacement Check, to the Air Force Accounting and Finance Center (AFAFC) in Denver, Colorado per a member's request for a replacement check. AFAFC then prepares a SF 1184, Unavailable Check Cancellation Request to Stop Payment. Under the new procedures, AFAFC must delay the release of the SF1184 to the Treasury Department for twenty (20) days after the associated magnetic tape or check issue report is submitted from AFAFC to the Treasury Department.

Therefore, a member should not expect a replacement check for at least six (6) weeks, due to the above reason and waiting/ processing time. Personnel can avoid a financial hardship while awaiting a replacement military paycheck by electing SURE-PAY.

Air technicians do not have to wait as long for a replacement civilian paycheck or cash, but the minimum waiting time is seven (7) calendar days. The 15 ABW/Paying and Collecting section will not issue a replacement civilian paycheck or cash sooner than seven (7) calendar days after the pay date. Air technicians may avoid the worry of not having enough money to pay their bills by requesting direct deposit.

BRONGEONE

Hats off to the following people who were promoted to the following ranks on the dates indicated:

<u>154 COMPG</u> Sgt. Pamela B. L. Hiu	Feb 4 87
<u>154 CAM Sq.</u> Sgt. Angela L. Ho Sgt. Miles T. Kaneshiro Sgt. Rex J. L. Peters SrA Lance K. H. Hanaoka A1C Paul S. Kim	Jan 23 87 Jan 15 87 Jan 15 87 Jan 23 87 Jan 15 87
<u>154 RMS</u> Kelly Ann M. Sunaoka SrA Carole A. M. Fukuda SrA Florentina R. Cukr	Jan 16 87 Jan 9 87 Jan 15 87

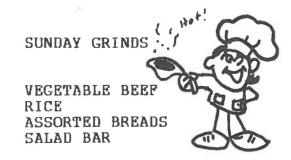
<u>154 CSS</u> Sgt. Tracy N. Oyama Sgt. Wallace M. Horibata AlC John L. Burgess, Jr.	Jan	15	87		
<u>154 CES</u> Amn Darren M. Atabay	Jan	22	87		
<u>199 TFS</u> SrA Magaret Soon Amn Vincent A. Cui	Feb Jan				
<u>169 AC&W Sq.</u> Sgt. Dean Tanimoto	Jan	15	87		
<u>150 AC&W Sq.</u> SrA David J. Kamakea A1C Gilbert S. Nobrega III	Feb Feb				

HICKAM - WHEELER AERO CLUB - GROUND SCHOOL CLASSES

The Hickam- Wheeler Aero Club announces the next class dates for Private Pilot Ground School. This excellent ground training is open to all individuals interested in obtaining aviation training and/or their Private Pilot Certificate. Registration date: Friday, Feb. 27, 1987. at 5:00 p.m. Class nights: Mon-Wed eves 6:00p.m. 9:00p.m. (If needed a Tue-Thur section will be added) Duration: 8 weeks Location: Hickam Air Force Base Registration date: Sat. Feb. 21, 1987

at 9:00 a.m. Class days: Saturdays 9:00-1:00a.m. Duration: 8 weeks Location: Wheeler Air Force Base

The cost for registration is \$75.00. Books and supplies are approximately \$65.00. For enrollment call 449-1228 (Hickam) or 655-1091 (Wheeler). For additional information on other ground school courses, call Cristina Plimmer at 488-3965.



F-15 CONVERSION UPDATE By Wayne P. Wakeman

Well its been a few months since anything new was worthwhile to report so I thought I'd fill you folks in.

As you can see around the compound, the weapons bay area in Building 3416 has been reduced in size and somewhat enclosed to house the F-15 avionics equipment and the Precision Measuring Equipment Lab TPMEL) until their own building is built which is scheduled for construction sometime around December of 1989. If some of you wander around our life support shop, you'll notice some new walls up and some old ones removed. They're getting ready to receive the F-15 Cockpit Egress Trainer. This trainer is a mock up of the F-15 cockpit. The pilots are required every six months to complete an emergency ground egress from the cockpit, fully strapped in, within a minimum amount of time. I can't tell you how much time is allowed yet, but if its anything like our F-4 trainer, you got seven seconds to get completely out. Our unofficial record for the F-4 is around 2.97 seconds. Most of you will notice that our radar dock (next to the Ops building) is also being modified. This will be used for classrooms where some of you will be attending the F-15 transition. Well enough of the construction stuff...I can hear the CE guys burning my ears for saying that!

Some of you might know that our F-15s are now coming from a combat ready unit out of Holloman AFB, N.M. instead of training birds. The other good thing is that these birds are all of the 1977 vintage. We were originally identified to receive aircraft from Tyndall AFB, FL. built in the 1974 and 1975 time period. Our first two aircraft will now be arriving on the 10th of March with some festivities planned for that "first" eagle jet. So unless you come down for the arrival ceremonies, April drill will be your first look. For you unit supervisors, I'll bet you won't get any work out of your people until you let them loose to see our "new toy". It's going to be exciting believe me!

Col Kunichika, Lt Col Hong, Maj Pawling and yours truly will be leaving here on the 21 of February to begin our flying training in the Eagle...you talk about being excited!!! We won't be back until sometime around the 18th of May and when we do get back we'll be the first Eagle drivers of the unit. Sounds conceited doesn't it? Well it was meant that way. Anyway this will be it for F-15 update reporting unless they ask someone else to fill in while I'm "tripping the light fantastic" in the wild blue yonder over the skies of Florida. Until then check six!

THUNDERBIRDS

The Air Force Aerial Demonstration Team, the THUNDERBIRDS, will be winging their way to Hawaii soon to wow the public with their precision aerial skills. The 155 TRG from Lincoln, Nebraska will arrive to provide aerial photographic support during the Thunderbirds visit and will be utilizing the 154 Composite Group ramp during their visit.

The various demonstrations will no doubt prove exciting. And it will be a privilege to be able to support this project.

The 155 TRG will deploy 2 RF-4s between Feb. 13 and 20th, 1987.

GRAFFITI CLEAN UP

The Mayor's Advisory Task Force on Graffiti has been working to eliminate the spread of graffiti around Honolulu since December 1985. On Saturday, February 28, 1987, from 8:00 a.m. to noon, the Task Force will be sponsoring an Urban Oahu Clean Up Day.

Mayor Frank Fasi and volunteers from schools, professional organizations, business and community groups and concerned individuals will be joining together to repaint defaced property between Hawaii Kai and Kalihi. Paint, brushes, and refreshments will be supplied by the city. The City would welcome the participation of our Guard personnel in this effort to preserve the beauty of our island.

If you would like to help, contact Maj. Richard Shimomura at 737-8839 (weekdays) or at 449-9374 (during drill) BEFORE FEB. 12. TAC HOSPITAL



This month the 154th Tac Hospital features some members of its medical staff.



Born and raised in Guam, 2Lt. Margie Miller will serve as an operating nurse for the 154th. Lieutenant Miller works in that same capacity at Queen's Medical Center. She received her nursing degree at Loma Linda University in California.



Maj. Angel Cunanan hails from the Philippines having attended Santa Thomas University. Major Cunanan comes to us from the Public Health Service. He is currently in private practice in Wahiawa, involved in family medicine.



Capt. Tzu Ho is currently in private practice in Honolulu as a urologist. Captain Ho will serve as the surgeon for the 154th Tac Hospital. He was born in Hong Kong and received his residency training at Stanford University in California.

F-15

ARRIVAL CEREMONIES

By Capt "Lordy" Dowson

It appears that those 'Eagle' bumper stickers are getting closer to becoming true. "The Eagle is Coming" will become passe on March 10, 1987 when the first HANG F-15s arrive from Holloman AFB, New Mexico.

This special occasion will truly mark the beginning of a new era for the HANG. The pilots are all looking forward to the F-15's outstanding maneuverability, power, and weapon systems. The maintenance folks are also looking forward to the ease of repairing the aircraft via the "black box" system. With this in mind, it's obvious that this special occasion deserves a special celebration.

Last month, several HANG members formed a committee to organize and plan such a celebration. A ceremony has been planned on that arrival day at 2 pm on the Diamond Head side of the hangar. The program should include a blessing of the aircraft and welcoming speeches by several dignitaries. Music will be provided by the Hawaii Army National Guard Band and the HANG OHANA.

"TOP GUN"

By Capt "Lordy" Dowson



Capt. Kevin Kamita 199th TFS

The 199 TFS was proud to announce that Capt Kevin Kamita recently graduated from the USAF F-4 Fighter Weapons Instructor Course or in layman's terms, "TOP GUN SCHOOL".

Kevin's a local boy from Honolulu. He joined the Air Force right from college and earned his navigator wings in 1978. he has been stationed in Korea, Germany, and the CONUS; flying the F-4 the entire time. He then joined the HANG in May 1984.

The school is the USAF version of the NAVY's school depicted in the movie TOP GUN.

The course which takes place at McConnell AFB, Kansas, takes about 3 1/2 months to complete. Its purpose is to produce qualified instructors who will go back to their units and teach the latest in weapons and tactics. The school is divided into two parts: air-to-air and air-to-ground. In the air-to-air phase Kevin had to relearn basic fighter maneuvers and then the more advanced air combat maneuvers. Dogfights were fought against other F-4s, F-5s, and F-15s.

After finishing the air-to-air phase, he then moved to the air-to-ground phase. Here he had to drop several different kinds of bombs such as, Mark 82s, CBU 52s & 58s, and TV & laser guided bombs. There were also many different ways to drop those bombs, from basic box patterns to the more demanding tactical deliveries.

The culmination of the training was a "Weapons School Red Flag". For one week the whole school deployed to Nellis AFB, NV, to participate in this prestigious exercise. After graduating, Kevin became the proud wearer of the FWIS patch, a patch few are lucky to attain. The squadron would like to say congratulations and welcome back.

NEW ENGINEER

A big 154 Composite Group welcome to 2Lt. Keith T. Nakano, the new Staff Engineering Officer for the 154th Civil Engineering Squadron. Lieutenant Nakano is new to the officer ranks but not to the HANG.

Lieutenant Nakano was born in December 1957, graduated from Kaimuki High School in 1975 and received his Bachelor of Science degree in Engineering at the University of Hawaii in 1981. He enlisted in the HANG as a Weapons Control Systems Mechanic at CAMRON in August of 1979. He then transferred to CES as a Sergeant in March of 1985 and went on to receive his commission in February, 1986.

Lieutenant Nakano works as a Civil Engineer, in his civilian capacity, with the engineering firm Parsons, Brinckerhoff, Quade & Douglas. His wife's name is Kimberly.

--- OFFICER'S COMPETITION -

If you're an officer with a reserve commission from any of the armed forces, who can run five miles in 32 1/2 minutes, swim 50 meters in 36 seconds, shoot well, and have good upper body strength, you'll have a chance to become an international superstar.

The Interallied Confederation of Reserve Officers (CIOR) Military Competition will be conducted in Copenhagen, Denmark from July 24-31, 1987. This event provides an excellent opportunity for the HANG to further extend its good reputation around the world and among other Guard and Reserve units. If you are interested or know someone that might be contact Maj. Richard Shimomura at 737-8839 (weekdays) or 449-9374 (during UTAs).



2LT MELISSA ZEN 88GT CARSWELL ROSS JR.

FALSE POSITIVES: A BAD RAP AT TAMC!

(Information for this article was obtained from an article which appeared in Military Hawaii, January 1987)

A false positive is when someone is identified as using a controlled substance by a drug test when, in fact, the test results are false. According to Maj. Charles A. Moore, Chief Forensic Toxicology Drug Testing Laboratory at Tripler Army Medical Center (TAMC), the drug Lesting facilities have made it impossible to have a "false positive". His opinion is based upon improvements made over the last two years. These improvements include:

Tighting the chain of custody for each specimen. Starting from the time of collection and throughout the entire testing procedure.

Using Radioimmunoassy to screen for positive specimens.

Using Gas Chromatography/ Mass Spectrometer to reconfirm all positive specimens.

Increasing the laboratory quality control.

Maj. Moore reports that some concern has been expressed by persons taking prescription drugs. They believe that their specimen may be identified as positive for marijuana or cocaine. If this should happen and TAMC is told that the person is taking a particular drug. TAMC staff will go to the pharmacy, get the drug, and conduct test to determine if, in fact, a positive reading for either marijuana or cocaine can be obtained. Another expressed concern is by people who claim that they were at a party where marijuana was smoked. Maj. Moore reported

that extensive test have been conducted on the effects of passive inhalation. The results of these test demonstrated that individuals confined in a small room with the smoke from about 40 marijuana cigaretts had 30 nanograms of THC in their specimen. The military cut-off is 100 nanograms for a positive reading.

We in Social Actions thank Maj. Moore and the many others involved in testing for illegal drug use for making it impossible to be identified falsely.

What MARIJUANA can do to YOU!!

The marijuana currently on the street is about five times stronger than what was available on the streets during the 1970's. Following are known and probable effects of marijuana use:

^oMarijuana hinders your ability to drive, fly, play skilled sports and enjoy friends.

°You cannot learn while being under the influence of marijuana.

^oMarijuana slows down sperm production in males and suppresses ovulation in women.

^oMarijuana tar is harmful to the lungs.

°Continued use of marijuana can lead to gradual loss of energy, apathy (not caring), loss of drive, motivation and your HANG or civilian job, some depression, and a passive withdrawl from prior interest.

Your best defense against durg use is to "JUST SAY NO".

The new W-4 forms have been distributed. It is important that these be filled out as soon as possible to insure adequate taxes are deducted from your pay. If you have questions call the Internal Revenue Service at 546-8660.