(ISC)² Safe and Secure Online® P@sswords

Create Strong, Complex Passwords

Combine lower case, upper case, numbers, and special characters such as # $!

Use substitute letters or characters in common words to help make the password more complex, while easier to remember like E = 3 a = @

Here are a few examples:

S	=	$
E	=	3
a	=	@
i	=	!
o	=	0
B	=	8

! Don't forget to use passwords at lock screens on all mobile devices and computers! This means laptops, phones, tablets, or anywhere you have the option to use a password.

Change your passwords often!

Do not reuse the same passwords for different sites and devices.

Talk to kids about privacy and explain why we have passwords- to keep private information private and to keep the bad guys out.

Try a "Passphrase"

String several words together in a phrase thats easy for you and the kids to remember such as "ilovebunnyr@bbits!"instead of the single password "rabbits." Passphrases are significantly stronger than an individual (pass)word.