MANDATORY PACKING LIST
(Revised June 2022)
"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

REQUIRED ITEMS FOR ALL CANDIDATES

To be worn:
Males: Men’s white button-down short sleeve shirt (No T-shirts), black tie, black slacks, white underwear, dark colored belt, dark colored dress shoes & face mask.

Females: Black Slacks, (No leggings or skirts), white blouse with sleeves (No see through or T-shirts), white underwear, white sports bra, dark colored closed sandals/dress shoes and face mask.

Additionally: Parents are encouraged to purchase the YCA Physical Training clothing from the Super Threads vendor who will be onsite during in-processing. Cost is $95 via money order, cash or credit card. There will also be a $18 cost for a water Backpack (cash only for this item). Payment will be accepted on in-processing day.

To be hand-carried:
____ Hawaii State ID card/Driver’s license or Drivers permit/Passport/Military ID card.

To be packed:
1. ____ 5 Pr. Spandex Shorts, (Dark Colors)
2. ____ 1 Gray Sweatshirt (No hoods & No logos)
3. ____ 10 Pr. White Cotton Underwear *
4. ____ 10 Pr. White Crew Socks Only
5. ____ 2 Pr. Running Shoes (Dark Colors)
6. ____ 1 Pr. Shower Slippers (All rubber) 
   NO SLIDES or SANDALS
7. ____ 1 Black Shoe Polish kit, (3 cans polish)
8. ____ Lined Letter Writing Paper
9. ____ 1 Box of Envelopes
10. ____ Book of First-Class Stamps
11. ____ Address Book (Mentor/Family Info)
12. ____ 2 Bath Towels & 2 Washcloths (Dark Blue)
13. ____ 2 Standard Combination Padlocks
14. ____ 2, 1-Gallon bottles of Non-Scented, Hypoallergenic Liquid Laundry Detergent
   (Oahu Residents Only - Item will not be returned)
15. ____ 2 Lrg Shampoo (Conditioner optional)
16. ____ 1 Nail Clippers, (No file attached)
17. ____ Toothpaste & Toothbrush w/Holder
18. ____ Bath Bar Soap with Plastic Holder
19. ____ 2 Pkg, 10 ct. Disposable Razor
   NO SHAVING CREAM
20. ____ 2 Sticks of Deodorant (Non-aerosol)
21. ____ Prescription Eyeglasses, (if needed) 
   NO CONTACT LENSES
22. ____ 2 White Plastic Hangers
23. ____ Aloha Attire (Males – Aloha Shirt & Females – Aloha Print Blouse)

*Underwear: Males: White Cotton Briefs – No Boxer Shorts
Females: White Cotton Panties. No Thongs/Print/Bright or Lingerie types

REQUIRED ITEMS FOR FEMALE CANDIDATES ONLY

1. ____ 5 Sports Bras: (White, Nude or Light Gray)
2. ____ 1 Bottle Uku (Lice) Shampoo
3. ____ Hair Gel (non-alcohol, non-scented)
4. ____ 4 Pkg Hair Bands (Match hair color)
5. ____ 1 Btl of Scalp Oil (for textured hair ONLY)
6. ____ 1 Pkg Snap hair clips (Match hair color)
7. ____ 1 Large box of Pads and/or Tampons
8. ____ 1 Shower cap & 1 white bath towel
9. ____ Gel Insoles for Boots
10. ____ 1 Spiritual or another Motivational Book (No Tobacco, Alcohol, Nudity, or Gang Signs)
11. ____ Maximum of 4, Personal Photos (3 x 5)
12. ____ $10 Wristwatch (no expensive/apple watches)

RECOMMENDED but not mandatory.

1. ____ 1 Btl. of Medicated Face Cream
2. ____ 1 Btl. of Unscented Body Lotion
3. ____ Sunscreen = 1 Month Supply (non-scented)
4. ____ 1 Dental Floss (non-flavored)
5. ____ 1 tube, Lip Balm (non-flavored)
6. ____ 1 Btl. of Medicated Foot Powder

NOTE: DO NOT BRING CASH
NO ALCOHOL BASED PRODUCTS, SUCH AS MOUTH WASH, ASTRINGENT, ETC.
NO AEROSOL PRODUCTS (Check bottom of container to make sure there is no rubber plug)!
**All Contraband items will be returned to your parent or guardian immediately or put back in their bag they came in with.**

**Bring ONLY the items on this packing list.**

- **NO JEWELRY, CELL PHONES or other TECHNOLOGICAL DEVICES.**
  - Unauthorized items will be returned to your parent or guardian immediately.

- **REMOVE ALL body piercings and earrings before arriving.**

- **Bring ALL of your items in a duffle bag or suitcase. No purses or wallets.**
  - Neighbor island applicants may bring 1 suitcase.

- **CLOTHING – SHOPPING TIPS:**
  - New clothing items are not necessary.
  - Do not buy expensive clothing.
  - Socks are to have **no name brand logos showing** on the outside of clothing.
  - **Small logos on Running Shoes are allowed.**
  - **FEMALES:** No fake nails or nail polish, no wigs or hair extensions no fake eye lashes.

**HAIRCUTS:**

Males

- Arrive with their hair cut short. **DO NOT** shave your head Lowest to #1. No block or cut lines.

Females

- Have hair up in a bun or short enough so that it does not touch your collar.
  - Hair must be all one **NATURAL** color.
  - No extensions or beads are allowed.

**MEDICATIONS:**

- If you are taking any medications, do not quit taking anything before arriving.

- Bring all your medications with you in the original prescription bottle **WITH YOUR NAME ON IT.**
  - All medications will be checked and signed in at the Medical Aid Station.

**MARKING PERSONAL ITEMS: Print Last Name Only**

Mark items with **LAST NAME** only for identification

*Academy uniforms and boots will be issued after you successfully complete the 2-week Acclimation phase.*