MANDATORY PACKING LIST

(Revised May 2016)

REQUIRED ITEMS FOR ALL CANDIDATES

To be worn:

____ White T-shirt, Black shorts, white socks & Running Shoes

- *Cadets are not allowed to stand around with their hands in their pockets, if you cannot find shorts without pockets.....SEW the POCKETS SHUT!*

To be hand-carried:

____ Hawaii ID card/driver's license

To be packed:

1. ____ 5 Pr. Spandex Shorts, (Black or Gray)
2. ____ 10 Pr. White Cotton Under wear *
3. ____ 10 Pr. Plain White Ankle Socks
4. ____ 10 Pr. White Boot Socks
5. ____ 1 Pr. Extra Running Shoes (***Dark** colors*)
6. ____ 1 Pr. Shower Slippers
7. ____ 1 Black Shoe Polish kit, (2 cans polish)
8. ____ Lined Letter Writing Paper
9. ____ 1 Box of Envelopes
10. ____ Book of First Class Postage Stamps
11. ____ Address Booklet with Mentor/Family Info
12. ____ 2 Blue Bath Towels & 2 Washcloths
13. ____ 2 Standard combination Pad-Locks (Make sure both locks use the SAME combination)
14. ____ 2, 1-Gallon bottles of **Non-Scented, *Hypoallergenic*** Liquid Laundry Detergent
15. ____ 2 Lg. Shampoo (*Conditioner optional*)
16. ____ 1 Nail Clippers, (*No file attached*)
17. ____ Toothpaste & Toothbrush w/Holder
18. ____ Bath Bar Soap with Plastic Holder
19. ____ 2 Pkg. (10 ct.) Disposable Razors
20. ____ 2 Cans Shaving Cream (*Non-aerosol*)
21. ____ 2 Sticks of Deodorant (*Non-aerosol*)
22. ____ Sunscreen = 1 Month Supply (*non-scented*)
23. ____ Prescription Eye Glasses, (*if needed*)
    NO CONTACT LENSES

*Under Wear: Males: Long briefs, white – **No Boxer Shorts**
Females: White panties. **No Thongs/Prints/Bright/Lace or Lingerie types**

REQUIRED ITEMS FOR FEMALE CANDIDATES ONLY

1. ____ 1 Black T-Shirt
2. ____ 5 Sports Bras: White, Nude or Light Gray
3. ____ 1 Bottle Uku (*Lice*) Shampoo
4. ____ Hair Gel (*non-alcohol, non-scented*)
5. ____ 1 Hairbrush or Comb
6. ____ 4 Pkg. Hair Bands (*Match hair color*)
7. ____ 1 Bottle of Scalp Oil (*for textured hair*)
8. ____ 1 Pkg. Hair Barrettes (*Match hair color*)
9. ____ 1 Lg. Box of Pads and/or Tampons

RECOMMENDED but not mandatory

1. ____ 1 Bottle of Medicated Face Cream
2. ____ 1 Bottle of Unscented Body Lotion
3. ____ 1 Dental Floss (*non-flavored*)
4. ____ 1 Bottle of Medicated Foot Powder
5. ____ Gel Insoles for Boots
6. ____ 1 Spiritual or other Motivational Book
7. ____ Maximum of 4, Personal Photos (3 x 5) (no Tobacco, Alcohol, Nudity, or Gang Signs)

NOTE: **DO NOT BRING CASH**

NO ALCOHOL BASED PRODUCTS, SUCH AS MOUTH WASH, ASTRINGENT, ETC.

NO AEROSOL PRODUCTS (*Check bottom of container to make sure there is no rubber plug*)!

**All Contraband items will be returned to your parent or guardian immediately.

- Bring <u>ONLY</u> the items on this packing list. NO JEWELRY, CELL PHONES or other TECHNOLOGICAL DEVICES.
    - Unauthorized items will be returned to your parent or guardian immediately.

- REMOVE ALL body piercings and earrings before arriving.

- Bring ALL of your items in a large STURDY plastic hefty bag. No suitcases, duffel bags, purses or wallets.
    - Neighbor island applicants may bring 1 suitcase.

- CLOTHING – SHOPPING TIPS:
    - New clothing items are not necessary
    - Do not buy expensive clothing.
    - Shirts and socks are to have <u>no name brand logos</u> showing on the outside of clothing.
        - *Small logos on Running Shoes and Shorts are allowed*

- Shorts are to be middle to lower thigh in length.
    - No short shorts or shorts below the knees are allowed. Overly BAGGY or TIGHT clothing is not permitted.

HAIRCUTS:

Males

- Arrive with their hair cut short. **DO NOT** shave your head. No block or cut lines.

Females

- Have hair up in a bun or short enough so that it does not touch your collar.
    - Hair must be all one NATURAL color
    - No extensions or beads are allowed.

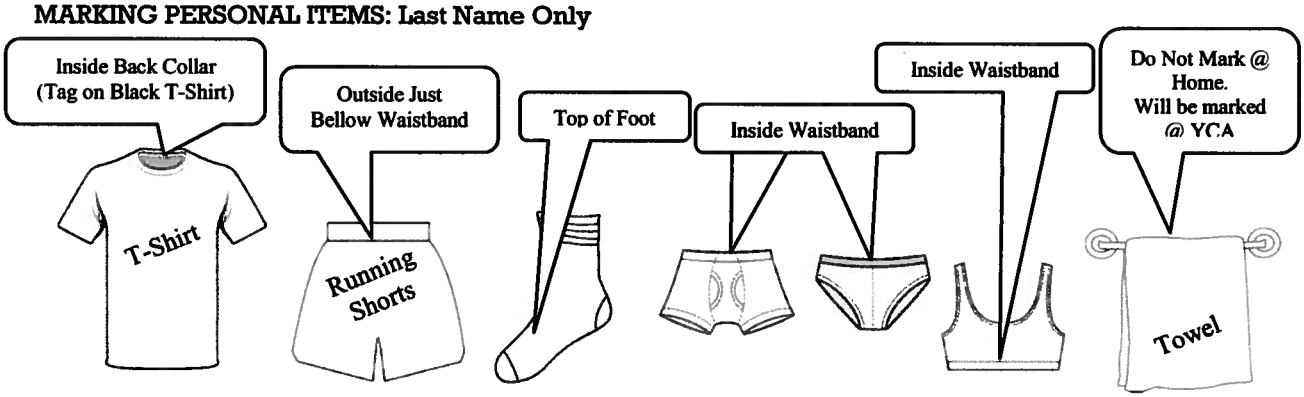
MEDICATIONS:

- If you are taking any medications, do not quit taking anything before arriving.

- Bring all of your medications with you in the original prescription bottle WITH YOUR NAME ON IT.

    - All medications will be checked and signed in at the Medical Aid Station.

MARKING PERSONAL ITEMS: Last Name Only



Mark all with LAST NAME only for identification purposes.

Approved by: _____ Date 23 JUL 16
Mark D. Gleason, Deputy Director,
Hawaii Youth Challenge Academy Barber's Point

<u>Academy uniforms and boots will be issued after you successfully complete the 2-week Acclimation phase.</u>