EMERGENCY PREPAREDNESS STARTS WITH YOU

ARE YOU 2 WEEKS READY?

BUILD KITS

Have Go Bags ready for work, each family member, pets, & a vehicle safety kit too.

PLAN TO BE ON YOUR OWN FOR AT LEAST 2 WEEKS

Water (1 gal. per person/day)  Flashlight  Pet Supplies
Food (Non-perishable)        Can Opener  Fire Extinguisher
First Aid Kit               Tools       Glasses/Eye Care
Medical Equipment           Warm Clothes  Cash/Identification
Medications                 Sturdy Shoes  Masks/Sanitizer
NOAA Alert Radio            Personal Hygiene Items  Important Documents
Extra Batteries             Toilet Paper  Comfort/Entertainment

Visit: ready.hawaii.gov
COMMUNICATION IS KEY

- Write down important emergency contact information.
- Texts are more likely to go through than calls.
- Have an extra cell phone charger and batteries.
- An out-of-area contact can serve as a relay point for family communication.

PLAN AHEAD!

Determine an accessible meeting place in case you have to leave your home or work, so you can reunite your family.

LEARN ABOUT DISASTER PLANS FOR:

- Your medical and/or transportation provider
- Your workplace
- Your children’s school
- Other places where your family spends time

Check with your local emergency management office to:

- Sign up for emergency alerts and notifications.
- Identify your local emergency alert system (EAS) radio stations.
- Know your evacuation and alternate transportation routes.

WAYS TO HELP EACH OTHER

- Know how you’ll help people & pets who normally rely on you.
- Form a neighborhood group. Please visit ready.hawaii.gov for a listing of preparedness groups.
- Help organizations in your neighborhood that may need support during a disaster.
- Attend free disaster skills workshops offered by your local emergency management office and learn basic survival skills.

©Hawaii_EMA  facebook.com/HawaiiEMA  ready.hawaii.gov
ACTIONS TO TAKE DURING A QUAKE

DROP    COVER    HOLD ON

If there is no table around, get lower than the other furniture.
THINK – BENEATH • BESIDE • BETWEEN

AFTER THE SHAKING

- Check for injuries & apply basic first aid.
- Check your building for structural damage.
- Leave building if unsafe.
- Help your neighbors.

Shut off the water at the main valve.
Shut off gas **ONLY** if you:
  - Smell natural gas
  - Hear hissing
  - See the dial spinning rapidly

FOR MORE INFORMATION

Local television
Your local Emergency Management office
Emergency radio stations
NOAA weather radio channels

@Hawaii_EMA
facebook.com/HawaiiEMA
ready.hawaii.gov